

 KANSAS STATE UNIVERSITY College of Health and Human Sciences Physician Assistant Program	Effective Date: January 1, 2020
	ARC-PA Standards Addressed: A1.04, A3.07, A3.12f, B1.01a, B2.06, B3.02
POLICIES	
Responsible Party: Program Director	Revised: 2/21
Approved by: K-State PA Program Principal Faculty	
Subject: International Elective Rotation	
PURPOSE: The purpose of this document is to define policies, procedures and availability of international elective rotations for physician assistant students.	
ARC-PA Associated Standards: A1.04 – The sponsoring institution <i>must</i> provide academic support and <i>student</i> health <i>services</i> to PA students that are <i>equivalent</i> to those services provided to other <i>comparable</i> students of the institution. A3.07 - A3.07 The program <i>must</i> define, publish, make <i>readily available</i> and consistently apply: a) a policy on immunization and health screening of students. Such policy must be based on then current Centers for Disease Control and Prevention recommendations for health professionals and state specific mandates. b) written travel health policies based on then current CDC recommendations for international travel for programs offering elective international curricular components. A3.12 – The program <i>must</i> define, publish and make <i>readily available</i> to enrolled and <i>prospective students</i> general program information to include: f) estimates of all costs (tuition, fees, etc.) related to the program, B1.01a – The curriculum <i>must</i> : a) be consistent with the mission and goals of the program, B2.06 – The curriculum <i>must</i> include instruction to prepare students to provide medical care to patients with consideration for: a) disability status or special health care needs, b) ethnicity/race, c) gender identity, d) religion/spirituality, e) sexual orientation, and f) social determinants of health.	

B3.02 - Clinical sites and *preceptors* located outside of the *United States* must only be used for *elective rotations*.

POLICY STATEMENT:

- The International Elective Rotation is an elective rotation that is encouraged by K-State to provide students with an opportunity to expand their global mindset and provide care for the medically underserved, which is part of Kansas State University's Physician Assistant Program's mission (B1.01a). Also, this elective experience is a great opportunity for students to immerse themselves in a different culture and better understand the challenges of providing medical care to diverse populations and how culture, religion, economics, and law affect the delivery of healthcare. (B2.06)
- Clinical sites and preceptors outside of the United States will only be used for the program's single clinical elective rotation. The remaining required clinical rotations in the following disciplines: Family Medicine I, Family Medicine II, Internal Medicine, Emergency Medicine, Pediatric Medicine, Women's Health, General Surgery, Behavioral Medicine, Orthopedics, and Geriatrics, must be completed in the United States. This policy will be discussed with students during the orientation seminar to the clinical year.
- Students interested in the International elective must be in good academic standing with the program and secure a recommendation from an advisor to apply for the rotation. The student **MUST** attend an information session on International Elective rotations and submit an application through the University's Studio Abroad program (provide link) to be selected for this rotation.
- The application will include the advisor recommendation, requested international sites in rank order, language skill level, past international experiences, verify a review of the course/site/country, and an essay. The essay will expound upon the student's goals for the rotation, plan to achieve these goals, and anticipated challenges and skills needed to manage the international rotation. The essay should also describe the impact the rotation will have on the student and the anticipated impact the student may have on the community.
- The student will be responsible for all costs associated with the international rotation to include air travel, lodging, food, and translator fee. Students who are heritage/native Spanish speakers may be exempt from the translator requirement. Students who have a Spanish Major/Minor and have completed a Medical Spanish course may have the opportunity to undergo a Spanish proficiency test performed through the Department of Modern Languages to test the translator requirement. (A3.12f)

- Through the University's Studio Abroad Program, students can obtain a \$20 weekly rate for Healthcare insurance coverage while on their International Elective Rotation.
- Once selected for the International Elective Rotation, the student must accept the rotation in writing (as it may not be the first choice on their list) and then complete the International Travel Checklist.
- While on their International Elective, students will have continued access to all K-State online resources, including access to Libraries databases and Exxat. Students will continue to be required to keep a patient and procedure log consistent with other rotations. The student is also responsible for a presentation upon return to campus on either an evidence-based case presentation unique to that rotation or a Health Care Systems presentation (see International Elective SCPE).
- Students may apply for international service abroad scholarships through the K-State Foundation.
- Through K-State's Studio Abroad program, the student will be entered into the university's database for monitoring and the STEP program for government alerts. The student must ensure that their Emergency contact information is updated at both the PA program and with the university before departure for their International Elective Rotation.
- Students should research and be aware of any travel advisories for the country where they will be rotating through the use of the U.S. Department of State travel resources: <https://travel.state.gov>

Specific	ESTIMATED COSTS OF INTERNATION ELECTIVE ROTATION	
	Guatemala	Paraguay
Airfare	\$800	\$1600
Shuttle to/from Airport (Guatemala -Panjachel)	\$50	\$50
Housing/meals (Guatemala \$175/wk-Paraguay \$200/wk)	\$700	\$800
Placement fee	\$400	\$200
Program Manager fee	\$300	\$200
K-State OIP fee	\$300	\$300
Translator fee/Medical Spanish	\$200	\$200
Passport/Visa/Immunizations	<u>\$200</u>	<u>\$300</u>
TOTAL	\$2,950	\$3,850

Health/Immunization Requirements (A3.07):

- **Guatemala:** Routine vaccinations must be up to date to include: MMR, Varicella, Diphtheria-Tetanus-Pertussis, Polio, and yearly Flu vaccine. Additional required vaccines: Hep A, Typhoid, and Hep B. Optional: Malaria prophylaxis (only needed if going to a rural

area in Guatemala. The planned clinical rotation is not in an area where malaria is endemic).

- Up to date guidance on immunizations for Guatemala can be found at <https://wwwnc.cdc.gov/travel/destinations/traveler/none/Guatemala>
- **Paraguay:** Routine vaccinations must be up to date to include: MMR, Varicella, Diphtheria-Tetanus-Pertussis, Polio, and yearly Flu vaccine. Additional required vaccines: Hep A, Typhoid, and Hep B. Recommended Vaccine: Yellow Fever unless travel is limited to only the city of Asuncion. Optional: Malaria prophylaxis (risk of malaria in Paraguay is low)
- Up to date guidance on immunizations for Paraguay can be found at <https://wwwnc.cdc.gov/travel/destinations/traveler/none/paraguay>

Resources for Medical Spanish:

- There are several online courses that students can take to help bolster their Spanish-speaking skills. If students enroll in an online Medical Spanish course, they will have Tuesday afternoons off during their International Elective Rotation scheduled day to complete their Medical Spanish course work. However, students are strongly encouraged to take a Medical Spanish course before the rotation.
- Here are some available Online Medical Spanish resources:
 - a) www.medicalspanish.com (2 courses available for \$99 each, 6 month access to program)
 - b) <https://withcanopy.com> (3 courses available, \$195 per level, \$495 for all 3)
 - c) www.learnmedicalspanish.org (PA student rate is \$295, geared to ED encounters)
 - d) <https://www.ed2go.com/courses/health-and-fitness/medical/ilc/spanish-for-medical-professionals> (2 courses, 1stcourse \$149 for 24 hours of coursework over 6 weeks)
 - e) www.practicingspanish.com (free online resource for healthcare providers)
“Medical Spanish Made Incredibly Quick” (pocket sized spiral book, leans on yes/no questions and has a picture dictionary to assist with patient understanding, \$25-\$35).