



# ATHLETIC TRAINING & REHABILITATION SCIENCES

**KANSAS STATE**  
**UNIVERSITY**

College of Health and  
Human Sciences

## OUR PROGRAM

Athletic training and rehabilitation sciences prepares students for a career as an allied-health professional as well as entry into a professional degree program. Graduates will have met the admission requirements for many health professional programs, specifically the master's degree in athletic training at K-State. Courses use hands-on activities and trainings to teach on the concepts that are foundational to develop the skills needed to manage health care needs of physically active individuals at all levels and ages.

Students may enter our program on the pre-professional track, a 5-year program where students remain at K-State to also earn their Master of Science in Athletic Training or they may enter as a student only intending to gain their bachelor's degree from K-State.

## PROGRAM HIGHLIGHTS

Undergraduate research opportunities • Dedicated student organization  
Education abroad opportunities • Opportunities to connect and network with professionals through conferences and annual meetings

## POTENTIAL CAREER SETTINGS

- Intercollegiate Athletics
- Professional Sports Teams
- Secondary Schools
- Performing Arts
- Sports Medicine Clinics
- Public Safety
- Recreational Centers
- Military Installations

\*Some careers require additional education

### Contact us:

College of Health and Human Sciences  
785-532-5500 [hhs@k-state.edu](mailto:hhs@k-state.edu)  
[hhs.k-state.edu](http://hhs.k-state.edu)

### Schedule a visit:

K-State Admissions  
785-532-1521 [apply@k-state.edu](mailto:apply@k-state.edu)  
[k-state.edu/admissions/visit](http://k-state.edu/admissions/visit)



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# BACHELOR OF SCIENCE IN ATHLETIC TRAINING AND REHABILITATION SCIENCES

## ATHLETIC TRAINING AND REHABILITATION SCIENCES

Sample course sequence guide

### Fall

Expository Writing I  
General Chemistry & Lab  
*OR*  
Chemistry I  
Math & Statistics Course  
Basic Nutrition  
Introduction to Nutrition & Health Professions

**16 hours**

# 1

### Spring

Public Speaking I  
General Psychology  
Principles of Biology  
Biobehavioral Bases of Physical Activity  
Well-being 1: You & Community

**15 hours**

### Fall

Anatomy & Physiology  
*OR*  
Human Body I & II  
Care & Prevention of Athletic Injuries  
Introduction to Gerontology  
Well-being 2: Mind & Body

**15 hours**

# 2

### Spring

Physiology of Exercise & Lab  
Expository Writing II  
Nutritional Assessment  
Medical Documentation  
Introduction to Statistics

**15 hours**

### Fall

Evaluation of Athletic Injuries of Extremities  
Physics I  
Social Science Course  
Arts & Humanities Course  
Unrestricted Elective

**16 hours**

# 3

### Spring

Rehabilitation & Conditioning of Athletic Injuries  
Pathophysiology & Clinical Evaluation  
Natural & Physical Science Course & Lab  
Arts & Humanities Course

**14 hours**

### Fall

Sports Nutrition  
Biomechanics  
Social Science Course  
Unrestricted Elective  
Unrestricted Elective

**15 hours**

# 4

### Spring

Research Methods in Health Sciences  
Well-being 3: Money & Meaning  
Unrestricted Elective  
Unrestricted Elective  
Unrestricted Elective  
Unrestricted Elective

**14 hours**

120 hours are required for degree completion. The College of Health and Human Sciences requires a "C" or higher in professional studies courses.