



GERONTOLOGY

OUR PROGRAM

Gerontology is the multidisciplinary study of physical, psychological and social aspects of aging.

The population of older adults is drastically increasing and will continue to do so for decades. As a result, there is a strong demand for professionals who understand aging and have the necessary skills to work with older adults. Students can add the secondary major to their current program of study giving them the competitive-edge they need to excel in their chosen career path.

FAST FACTS

The population of those 65+ is projected to almost double to 98 million people by 2060 • For the first time in history, older adults are projected to outnumber children by 2034 • Adults 85+ represent the fastest growing segment of the U.S. population

Secondary majors are taken alongside a primary major. Secondary majors are open to all degree-seeking undergraduate and graduate students.

The secondary major in gerontology requires 24 credit hours and can be completed within a typical four-year program. Students take 9 required credit hours and then customize 15 credit hours of electives to best meet their interests and career goals.

Contact us:
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Gerontology and Health and Human Sciences

How does gerontology work with our programs?

Athletic Training and Rehabilitation Sciences:

Practice the prevention, management and treatment of exercise injuries among older adults

Communication Sciences and Disorders:

Assess, diagnose, and help older adults who struggle with problems related to hearing, speaking or swallowing

Dietetics:

Apply the science of food and nutrition to improve the wellness of older adults

Early Childhood Education:

Enhance intergenerational relationships and programs that connect young children with older adults

Family and Consumer Sciences Education:

Promote lifelong wellness among the next generation of educators

Fashion Studies:

Design and market functional and fashionable textiles for older adults

Integrative Human Sciences:

Connect aging issues with a variety of careers in health and human sciences

Hospitality Management:

Implement age-friendly practices and environments in events, travel, or niche housing and long-term care facilities

Human Development and Family Science:

Design and implement interventions with individuals, families, and communities that integrate and address lifelong developmental needs.

Integrative Physiology:

Develop and implement effective practices that mitigate age-related disease.

Kinesiology:

Assist in developing and maintaining functional movement activities that enhance adults' physical and psychological wellness

Nutrition and Health/Nutritional Sciences:

Discover the function and metabolism of nutrients across the lifespan to promote optimal nutrition for long-term wellness

Personal Financial Planning:

Work alongside adults at all stages of life to prepare for retirement and future needs

Public Health:

Enhance wellness for older adults and their communities through effective public health interventions

Sports Nutrition:

Enable older adults to achieve and maintain optimal health through nutritional wellness