



# HUMAN DEVELOPMENT AND FAMILY SCIENCE

**KANSAS STATE**  
**UNIVERSITY**

College of Health and  
Human Sciences

## OUR PROGRAM

The human development and family science, HDFS, program provides students with the opportunity to integrate classroom knowledge and real-world experiences to achieve a sophisticated understanding of how individuals, relationships, and families develop and function across the life course. Students can tailor their degree to fit their career goals by selecting a minor, certificate, area of concentration, or internship. HDFS graduates are well prepared to improve the lives of individuals and families by enhancing their socioemotional, psychosocial, and relational health and well-being.

This program is offered on the Manhattan campus and through K-State Online.

## PROGRAM HIGHLIGHTS

Approved program by the National Council on Family Relations for the Certified Family Life Educator designation • 93% of graduates are employed or seeking higher education • Award winning faculty who are dedicated and committed to providing high-quality undergraduate education • Paid undergraduate research opportunities • Internship placements through a dedicated internship coordinator • Opportunity to qualify to apply for the Provisional Certified Family Life Education designation

## POTENTIAL CAREER SETTINGS

- Health Care
- Human Services
- Student Affairs
- Family Intervention
- Government & Public Policy

\*Some careers require additional education

### Contact us:

College of Health and Human Sciences  
785-532-5500 [hhs@k-state.edu](mailto:hhs@k-state.edu)  
[hhs.k-state.edu](http://hhs.k-state.edu)

### Schedule a visit:

K-State Admissions  
785-532-1521 [apply@k-state.edu](mailto:apply@k-state.edu)  
[k-state.edu/admissions/visit](http://k-state.edu/admissions/visit)



# BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE

## HUMAN DEVELOPMENT AND FAMILY SCIENCE

Sample course sequence guide

### Fall

Introduction to Human Development & Family Science  
Well-being 1: You & Community  
Expository Writing I  
Math & Statistics Course  
Social Science Course

**13 hours**

# 1

### Spring

Interpersonal & Family Relationships  
Natural & Physical Science Course & Lab  
Public Speaking I  
*OR*  
Interpersonal Communication  
Expository Writing II  
Introduction to Personal Financial Planning  
*OR*  
Love & Money  
**16 hours**

### Fall

Interpersonal Skills for Helping Professionals  
Early Childhood  
Well-being 2: Mind & Body  
Arts & Humanities Course  
Minor, Certificate or Concentration Course  
Unrestricted Elective

**16 hours**

# 2

### Spring

Introduction to Human Sexuality  
Social Science Course  
Unrestricted Elective  
Minor, Certificate or Concentration Course

**15 hours**

### Fall

Family Violence Across the Life Course  
*OR*  
Coping with Life Crisis  
Adolescent & Emerging Adult Development  
Introduction to Research Methods in Human Development & Family Science  
Arts & Humanities Course  
Unrestricted Elective

**15 hours**

# 3

### Spring

Midlife & Late Adult Development  
Community Mental & Relationship Health  
*OR*  
Family Violence Across the Life Course  
Minor, Certificate or Concentration Course  
Well-being 3: Money & Meaning  
Unrestricted Elective  
Unrestricted Elective

**16 hours**

### Fall

Application of Theories in Human Development & Family Science  
Program Development & Implementation  
Minor, Certificate or Concentration Course  
Unrestricted Elective  
Unrestricted Elective

**15 hours**

# 4

### Spring

Social Justice in a Family Context  
Families & Social Policy  
Minor, Certificate or Concentration Course  
Minor, Certificate or Concentration Course  
Unrestricted Elective

**14 hours**

120 hours are required for degree completion. The College of Health and Human Sciences requires a "C" or higher in professional studies courses.