



# HUMAN DEVELOPMENT AND FAMILY SCIENCE

DEPARTMENT OF APPLIED  
HUMAN SCIENCES

**KANSAS STATE**  
UNIVERSITY

College of Health and  
Human Sciences

## OUR PROGRAM

The human development and family science program provides students with the opportunity to integrate classroom knowledge and real-world experiences to achieve a sophisticated understanding of how individuals, relationships, and families develop and function across the life course. Students can tailor their degree to fit their career goals by selecting a minor, certificate, area of concentration, or internship. HDFS graduates are well prepared to improve the lives of individuals and families by enhancing their socioemotional, psychosocial, and relational health and well-being.

## PROGRAM HIGHLIGHTS

Approved program by the National Council on Family Relations for the Certified Family Life Educator designation • 93% of graduates are employed or seeking higher education • Award winning faculty who are dedicated and committed to providing high-quality undergraduate education • Paid undergraduate research opportunities • Internship placement through dedicated internship coordinator • Graduates of the program who complete all degree requirements and an internship are qualified to apply for the Provisional Certified Family Life Education designation

## POTENTIAL CAREER SETTINGS

- Health Care
- Human Services
- Student Affairs
- Family Intervention
- Government
- Public Policy

\*Some careers require additional education

### Contact us:

College of Health and Human Sciences  
785-532-5500 [ahsinfo@k-state.edu](mailto:ahsinfo@k-state.edu)  
[hhs.k-state.edu/ahs](http://hhs.k-state.edu/ahs)

### Schedule a visit:

K-State Admissions  
785-532-1521 [K-state@K-state.edu](mailto:K-state@K-state.edu)  
[k-state.edu/admissions/visit](http://k-state.edu/admissions/visit)

# BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE

## HUMAN DEVELOPMENT AND FAMILY SCIENCE

Sample course sequence guide

### Fall

Introduction to Human Development & Family Science  
Introduction to Well-being  
Financial Well-being  
College Algebra  
Expository Writing I  
Minor, Certificate, Concentration Course

**13 hours**

# 1

### Spring

Interpersonal & Family Relationships  
Community Well-being  
Physical Well-being  
Introduction to Statistics  
Unrestricted Elective  
Expository Writing II  
Life Science Elective & Lab

**16-17 hours**

### Fall

Introduction to Research Methods in Human Development & Family Science  
Family Violence Across the Life Course  
Social Well-being  
Career Well-being  
General Psychology  
Public Speaking  
Physical Science Elective & Lab

**15-17 hours**

# 2

### Spring

Early Childhood  
Introduction to Human Sexuality  
Introduction to Sociology  
Unrestricted Elective  
Minor, Certificate, Concentration Course

**15 hours**

### Fall

Interpersonal Skills for Helping Professionals  
Adolescent & Emerging Adult Development  
Love & Money  
Social Science Elective  
Unrestricted Elective

**15 hours**

# 3

### Spring

Midlife & Late Adult Development  
Community Mental & Relationship Health  
Application of Theories in Human Development & Family Science  
Humanities Elective  
Social Science Elective

**15 hours**

### Fall

Families & Social Policy  
Orientation to Human Development and Family Science  
Humanities Elective  
Minor, Certificate, Concentration Course  
Unrestricted Elective  
Unrestricted Elective

**14-16 hours**

# 4

### Spring

Social Justice Approach to Prevention  
Development & Implementation of Prevention Science Programs  
Human Development & Family Science Internship  
Minor, Certificate, Concentration Course  
Minor, Certificate, Concentration Course  
Minor, Certificate, Concentration Course

**15 hours**

120 hours are required for degree completion. The College of Health and Human Sciences requires a "C" or higher in Professional Studies courses, and the K-State 8 requirements must be met.