



KINESIOLOGY

DEPARTMENT OF KINESIOLOGY

KANSAS STATE
UNIVERSITY
College of Health and
Human Sciences

OUR PROGRAM

Kinesiology is the study of physical activity as it ranges from basic mechanisms of movement to the complex dynamics of physical activity in the context of human health and well-being. Kinesiology students explore the importance of physical activity across a range of tasks, including exercise, daily living, play, sport and work. Using both biological and behavioral approaches, the program combines biomechanical, physiological and sociological perspectives to examine physical activity from cell to society.

PROGRAM HIGHLIGHTS

Opportunities to participate in undergraduate research and internships • Dedicated student organization • Opportunity to work with the Exercise is Medicine - On Campus month initiative • Education abroad opportunities • Elective credits available from internships

POTENTIAL CAREER OPPORTUNITIES

- Physician
- Physician Assistant
- Chiropractor
- Public Health Officer
- Personal Trainer
- Physical Therapist
- Registered Nurse
- Occupational Therapist
- Strength and Conditioning Coach

*Some careers require additional education

Contact us:

College of Health and Human Sciences
785-532-5500 kines@k-state.edu
hhs.k-state.edu/kines

Schedule a visit:

K-State Admissions
785-532-1521 K-state@K-state.edu
k-state.edu/admissions/visit

BACHELOR OF SCIENCE IN KINESIOLOGY

KINESIOLOGY

Sample course sequence guide

Fall

Biobehavioral Bases of Physical Activity
Expository Writing I
General Psychology
College Algebra
Introduction to Sociology

1

Spring

Public Speaking
Principles of Biology
Principles of Macroeconomics
Humanities Elective
Introduction to Well-being
Community Well-being

16 hours

14 hours

Fall

Measurement and Research Techniques
in Kinesiology
Exercise Behavioral Science and Lab
Physical Science and Lab
Introduction to Statistics
OR
Biometrics I

2

Spring

Expository Writing II
Human Body I & 2
OR
Anatomy and Physiology
Unrestricted Elective
Financial Well-being
Social Well-being

16 hours

15 hours

Fall

Physiology of Exercise and Lab
Exercise Behavior Elective
Unrestricted Elective
Unrestricted Elective
Physical Well-being
Career Well-being

3

Spring

Exercise Physiology Elective
Kinesiology 300-level or Higher Elective
Unrestricted Elective
Unrestricted Elective
Humanities Elective

14 hours

15 hours

Fall

Kinesiology 600-level or Higher Elective
Kinesiology 300-level or Higher Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

4

Spring

Kinesiology 300-level or Higher Elective
Kinesiology 300-level or Higher Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

15 hours

15 hours

120 hours are required for degree completion. Kinesiology majors must receive a "C" or better in all kinesiology courses. The College of Health and Human Sciences requires a "C" or higher in Professional Studies courses, and the K-State 8 requirements must be met.