



NUTRITION AND HEALTH

KANSAS STATE UNIVERSITY

College of Health and Human Sciences

OUR PROGRAM

The nutrition and health program is one of the best programs for students seeking an education and training for a health career, with the flexibility to make it adaptable to many different needs. It prepares students for professional schools leading to careers including physician assistant, nurse practitioner and other health professions. Graduates also pursue careers such as public health nutritionists; cooperative extension agents; nutrition experts for mass media; or nutrition specialists in food-related industries.

The large number of elective hours in the program allow students to potentially study abroad; pursue minors/secondary majors; or choose additional courses in dietetics, gerontology, kinesiology, business, food science, leadership studies or a foreign language.

This program is offered on the Manhattan campus and through K-State Online.

PROGRAM HIGHLIGHTS

World-renowned faculty • Receive a unique nutrition education that won't be taught in professional school • Undergraduate research opportunities • Education abroad opportunities in Guatemala and around the world • Dedicated health career meet-ups • CAT Community availability • Student organizations with other pre-health students across campus

POTENTIAL CAREER OPPORTUNITIES

- Community Health Professional
- Physician Assistant
- Dentist
- Nurse
- Optometrist
- Physician
- Public Health Professional
- Corporate Wellness
- Occupational Therapist

*Some careers require additional education

Contact us:

College of Health and Human Sciences
785-532-5500 hh@k-state.edu
hhs.k-state.edu

Schedule a visit:

K-State Admissions
785-532-1521 apply@k-state.edu
k-state.edu/admissions/visit



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BACHELOR OF SCIENCE IN HUMAN NUTRITION

NUTRITION AND HEALTH

Sample course sequence guide

Fall

Expository Writing I
Public Speaking
Social Science Course
Introduction to Nutrition & Health Professions
Basic Nutrition
Well-being 1: You & Community

16 hours

1

Spring

General Chemistry & Lab
OR
Chemistry I
Principles of Biology
Math & Statistics Course
Arts & Humanities Course
Well-being 2: Mind & Body

15 hours

Fall

Expository Writing II
Social Science Course
Arts & Humanities Course
Unrestricted Elective
Professional Elective

15 hours

2

Spring

Human Body I & II
OR
Anatomy and Physiology
Math & Statistics Course
Unrestricted Elective

14 hours

Fall

Science of Food
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

16 hours

3

Spring

Human Nutrition
Nutritional Assessment
Professional Elective
Professional Elective
Unrestricted Elective

14 hours

Fall

Public Health Nutrition
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

15 hours

4

Spring

Research in Health Sciences
Life Span Nutrition
Nutrition Education & Program Planning
Well-being 3: Money & Meaning
Unrestricted Elective
Unrestricted Elective
Unrestricted Elective

15 hours

120 hours are required for degree completion. The College of Health and Human Sciences requires a "C" or higher in Professional Studies courses.