KINESIOLOGY
MINOR

Exercise Behavioral Science Emphasis

Required Courses (13 hours)

KIN 220: Biobehavioral Bases of Physical Activity
KIN 310: Measurement and Research Techniques in Kinesiology
KIN 345: Exercise Behavioral Science

Elective Courses (3 hours)

KIN 600: Interpersonal Aspects of Physical Activity
KIN 602: Social Structural Determinants of Physical Activity
KIN 610: Program Planning and Evaluation
KIN 612: Policy, Built Environment and Physical Activity
KIN 614: Physical Activity Behavior Settings: Youth Sport to Senior Centers
KIN 655: Individual Physical Activity Promotion
KIN 797: Topics in Public Health Physical Activity Behavior

Exercise Physiology Emphasis

Required Courses (13 hours)

KIN 220: Biobehavioral Bases of Physical Activity
KIN 310: Measurement and Research Techniques in Kinesiology
KIN 335: Physiology of Exercise

Elective Courses (3 hours)

KIN 601: Cardiorespiratory Exercise Physiology
KIN 603: Cardiovascular Exercise Physiology
KIN 605: Topics in the Biological Basis of Kinesiology
KIN 607: Muscle Exercise Physiology
KIN 609: Environmental Physiology
KIN 611: Neurological Exercise Physiology
KIN 615: Cardiorespiratory/Comparative Physiology
KIN 635: Nutrition and Exercise
KIN 657: Therapeutic Use of Exercise in the Treatment of Disease
KIN 796: Topics in Exercise Physiology

Students may earn a minor in kinesiology upon completion of 16 required credit hours. The minor provides students with the basic knowledge of the physiology and behavioral aspects of human movement.

NOTE: Some classes have required pre-requisites, and are only offered during specific semesters. Check the K-State online course catalog for further information.