THTRE 675 Drama Therapy with Older Adults

Coming Spring 2021: Tuesdays and Thursdays 10:00-10:50 (2 credits)
Approved for gerontology secondary major or minor credit

As a student in drama therapy with older adults, you will learn how drama therapy benefits older adults in celebrating life, making new friends, learning new skills, and working through the tasks of the last stage of life. Differences in activities used with older adults with normal cognitive functioning and with dementias will be addressed as well as how to address adaptations required by disabilities and medical conditions. The class will be delivered face-to-face, and guest speakers, both drama therapy practitioners and older adults who have participated in DT, will visit via Zoom to talk about the value of the arts in addressing issue of aging.

Instructor: Sally Bailey, MFA, MSW, RDT/BCT, Professor of Theatre and director of the K-State Drama Therapy Program