You've Been Dealt
The Cards of Life
Created by the Center on Aging
Sexual Dysfunction

Emphysema

Osteoporosis

Arthritis

Memory Loss

Alzheimer’s Disease

Sensory Loss

Loss of Balance
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Created by the Center on Aging
Lower BMR
Stroke
Gout
Loss of Hair
Loss of Muscle Mass
Diabetes
Shingles
COPD
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Gray Hair

Presbycusis

White Hair

Slowed Reaction Time

Age Spots

Parkinson’s Disease

Acid Reflux

Loss of Taste
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Presbyopia  Constipation  Reduced VO2 Max  Dementia

Baldness  Cataracts  Sleep Disorders  Hiatal Hernia
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Depression

Wrinkles

Loss of Libido

Macular Degeneration

Diabetic Retinopathy

Slower Metabolism

Hearing Loss

Heart Disease
Liver Spots

Glaucoma

High Cholesterol

Incontinence

Halitosis

Hypertension

Cancer

Loss of Taste
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Loss of Skin Elasticity

Dementia

Tinnitus

Decreased sensitivity to cold/heat

Varicose Veins

Kyphosis or Dowager's Hump

Arteriosclerosis

Thicker or brittle nails