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http://www.he.k-state.edu/aging/outreach/peak20
Note from PEAK 2.0 Coordinator

PEAK 2.0 Participants,

I hope your new year is starting off well. The offices at the KSU Center on Aging are bustling as we prepare to head out to do action plan and leadership training with Foundation homes and then begin to evaluate 167 PEAK participating homes. We are excited about the possibilities ahead.

In this issue, you will find some great tips to help your home prepare for your evaluation. We love to hear from you, so please call if you have any questions or want some encouragement going into the process.

It is another great year to strive for excellence in Kansas nursing homes!

All the best,

Laci Cornelison, PEAK 2.0 Project Coordinator

Congratulations 2015 PEAK Award Winners

Recently, former Secretary Kari Bruffett presented the PEAK award winners with their plaques. Governor Sam Brownback awarded on local home it’s plaque in person. These recognitions were a celebration of the accomplishments these homes have made in improving the lives of elders through person-centered care. Residents, families, staff and community members came out to recognize the accomplishments and share their stories. We hope to recognize your home soon as you advance your person-centered care goals in the PEAK 2.0 program!

Level 5:
Brewster Place- Topeka, KS
Evergreen Retirement Community- Olathe, KS
Meadowlark Hills Retirement Community- Manhattan, KS
Pleasant View Home- Inman, KS

Level 4:
Schowalter Villa- Hesston, KS
Medicalodge Columbus- Columbus, KS

Level 3:
Lone Tree Retirement Community- Meade, KS
Parkside Homes, Hillsboro, KS
PEAK Award Winner Presentations in Pictures

Governor Sam Brownback and KDADS Secretary Kari Bruffett present the PEAK award to Brewster Place staff members Shay Mason, Shavonne Bennett and Dian Morris and resident Alice Eisele.

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KDADS Secretary Kari Bruffett presents the PEAK award to Evergreen Community staff member Verna Hickman and resident Betty Holden.

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Meadowlark Hills’s Health Services Director Annie Peace accepts the PEAK award from KDADS Secretary Kari Bruffett.

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KDADS Secretary Kari Bruffett presents the PEAK award to Pleasant View Home staff (l-r) Yajaira Reves, Lotia Conley, Cassie Britton and Cassie Crane.

KDADS Secretary Kari Bruffett presents the PEAK award to Pleasant View Home staff (l-r) Yajaira Reves, Lotia Conley, Cassie Britton and Cassie Crane.

KDADS Secretary Kari Bruffett poses with Schowalter Villa’s Lee-Anna Martinez, CNA; Fran Clark, Health Care Resident and Council President; and Amber Schroeder, Life Enrichment Coordinator (l-r).

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Medicalodges of Columbus staff pose with KDADS Secretary Kari Bruffett and the PEAK plaque.

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KDADS Secretary Kari Bruffett presents to the PEAK award to Lone Tree Director of Nursing Janie Chaloupek. Lone Tree Director Sheila Brown planned a very special event for her staff and residents. Staff members sang “You Are My Sunshine” to residents, followed by residents and staff singing “The Rose” together.

KDADS Secretary Kari Bruffett presents to the PEAK award to Lone Tree Director of Nursing Janie Chaloupek. Lone Tree Director Sheila Brown planned a very special event for her staff and residents. Staff members sang “You Are My Sunshine” to residents, followed by residents and staff singing “The Rose” together.

KDADS Secretary Kari Bruffett presents the PEAK award to Parkside Homes resident Pearl Koch and team member Susan Shields.

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Evaluation Tips

We are approaching the evaluation point in the PEAK 2.0 year. Homes at levels 1-3 will be evaluated this year (that’s 167 homes). This is an off year for level 4 and 5, as they are evaluated every other year. Evaluations will occur in January, February, March and April. Homes in the Foundation are not evaluated, but will have action plans due May 1, 2016. We have begun communicating with Level 1 and 2 homes about the evaluation process and will continue to send information in the weeks to come.

If your home is receiving an evaluation, there are a few things you might do to prepare your team.

**Evaluation Preparation:**

Now that you have worked on four core areas of the PEAK 2.0 program it is time to prepare for your evaluation. You will have a limited time to show your stuff. Make the most of it.

The evaluation is your opportunity to tell us about the work you have done and the changes you have made to meet the KDADS criteria. Be prepared to brag about yourselves. Here are some things to consider as you prepare for the evaluation.

**First,** review the required submissions for the cores you have selected. These are items the reviewers will look at when evaluating your home. They should help support your case for meeting the PEAK criteria. Take time to look at these items before submitting them to the review team to make sure they do that.

**Next,** look at the “basis for evaluation” listed in the criteria for each core. This will explain what the review team plans to look at during the evaluation process to make their decisions. Again, look at these areas before the review team arrives to identify any concerns or problem areas that may prevent your home from meeting the criteria.

Now, it’s time to pull your teams together to review the criteria for each core you addressed. Talk about the required outcomes for each core. Ask your teams to tell you how they are currently meeting each of the required outcomes. Talk about examples of PCC in your home that demonstrate you are meeting the criteria. Reminisce about your experiences and tell stories that showcase your efforts and show the benefits of PCC in your home.

As you move through the change process it is easy to forget about all of the work you have done. Make a cheat sheet as you talk by listing some of these examples and stories. Keep it handy during your evaluation so you remember to tell us about them. Again, this is your opportunity to demonstrate to the review team that you have met the criteria. Make the most of the time you have.

**Our final suggestion** is probably the most important and most likely to ensure your success. Talk to the people who live in your home. With the criteria in mind ask them about the care they receive. Your team may have had great plans for change but if the changes were not sustained they are not being lived out in your home. Talk directly to the people providing and receiving care to find out. Keep in mind the reviewers are going to talk to people who live and work in your home. **HINT:** If they do not describe care that meets the criteria for PCC it is safe to assume it is not being provided.

Remember the evaluation is intended to be a transparent process. There should be no surprises. The program expectations are spelled out in the criteria.

The required submissions and basis for evaluation describe what reviewers will look at during the evaluation process. Your goal during the evaluation is to demonstrate to the review team how you are meeting the program criteria in your home. If you think something will help do that, tell us about it. Take time to shine!