

PEAK 2.0 EVALUATION PREPARATION AUDIT | CORE: DAILY ROUTINES

DOCUMENT REVIEW

Instructions: Review the Screening tool used to gather information before the resident moves into your home and answer the questions below.

	Question	YES	NO
1	Does the move-in tool used to gather clinical information prior to move-in, (diagnosis, meds etc.) include information about residents' personal routines and preferences?		

Instructions: Review Care Plan attendance records for the past 3 months. Select your best month in the past 3 months to report attendance and answer the questions below.

	Question	YES	NO
1	Were 90% of care plans attended by a resident or family member/designee?		
2	Were 90% of care plans attended by a direct caregiver?		

Instructions: Review a few comprehensive care plans for current residents.

	Question	YES	NO
1	Do the person-centered care plans include information about resident's personal routines and preferences?		

Notes: _____

Discuss the findings of the audit as a team. Any "No" response *could* indicate an area of concern during your evaluation. Review the criteria for this core and discuss your current practices to see if they meet the criteria for this core. If not, discuss changes that may need to be made.

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RESIDENT INTERVIEWS

Instructions:

Ask team members to interview a few residents asking the following questions:

Supporting Practice #1- Move-In Assessment

- How is your daily routine different here than it was at home?
- Why is it different?
- What do you think the reason for this is?
- If you want something about your care to change, how do you go about getting it changed?

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RESIDENT INTERVIEW FOLLOW-UP

Once resident interviews are complete, review the responses. Responses other than the following examples *could* indicate an area of concern.

Supporting Practice #1-Move-in Assessment

- **How is your daily routine different here than it was at home?**
- **Why is it different?**
- **What do you think the reason for this is?**
Residents should describe living a daily routine in the home similar to the routine they enjoyed prior to moving in. If they feel they are unable to do so, the home should consider changes in practice that may be necessary to support residents in their daily routine.
- **If you want something about your care to change, how do you go about getting it changed?**
Residents should describe a sense of being in charge of their own care and supported in the decisions they make. Residents should report they are able to tell any team members of changes they want made in their care and it will be taken care of for them.

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TEAM INTERVIEW

Instructions: Gather team members from different areas of the organization to discuss the following questions. Be sure to include direct caregivers in this discussion. **Any “No” response *could* indicate an area of concern during your evaluation. Review the criteria for this core and discuss your current practices to see if they meet the criteria for this core. If not, discuss changes that may need to be made.**

Supporting Practice #1- Move-in Assessment			
	Question	YES	NO
1	Is the information you are gathering about resident routines and preferences adequate to enable the team to support the residents’ preferred daily routine?		
2	Is the information you gather about resident routines and preferences gathered PRIOR to move in?		
3	Is information about resident routines and preferences available to direct caregivers PRIOR to move in?		
4	Do all direct caregivers know how to access this information prior to move in?		
5	Do direct caregivers feel they have adequate information to support new residents in their daily routine from Day 1?		

Supporting Practice #2- Person-centered Care Plan development			
	Question	YES	NO
1	Are residents or their family/designee involved in setting care plan goals?		
2	Are direct caregivers involved in creating resident care plans?		

Supporting Practice #3- Care Plan delivery			
	Question	YES	NO
1	Are direct caregivers able to access the care plan?		
2	Is there a way that direct caregivers can make changes to the care plan as requested by residents beyond simply “telling a nurse”?		
3	Are the residents daily routines lived as outlined in the Care plans?		
4	Does the team regularly check with residents/family/designee to see if daily routines and preferences are being met?		