

BATHING ALTERNATIVES GUIDE FOR CAREGIVERS:

Do you have a resident who consistently refuses showers, baths or whirlpools? Does this resident holler, scream or become combative and tense during bathing?

Have you tried any of these alternative methods?

- Towel/Recliner Bath
- Bed Bath/Sink Bath/Sponge Bath
- Basinless Bath
- Toilet or Commode Bath
- Singing Bath
- Seven-Day Bath
- Under-the-Clothes Bath
- Spouse/Intimate Partner Supported Bath

A description and basic instructions for each of these methods are _____.



WHAT CAN YOU DO IF A PERSON IS CONSISTENTLY RESISTANT WITH BATHING/SHOWERING EVEN AFTER TRYING VARIOUS TIPS FOR A SUCCESSFUL BATHING EXPERIENCE SUCH AS:

*RE-APPROACHING ** ENSURING BATHING AREA IS WARM AND COMFORTABLE ** TIME OF DAY CHANGES ** DIFFERENT CAREGIVER, ETC.?*

1. Discuss things you have tried with fellow caregivers and determine what seems to be the cause of resistance.
2. As a team, review the list of alternative methods on the reverse side. What might be the best method to try based on what the team identified as the cause of resistance? Who will try it? Do you have supplies on hand? Chart reactions to different methods tried.
3. Once it is determined which method works best, add the method to the PCC care plan.
4. Ensure the care plan team has included monitoring and assessment of the resident's skin integrity in the PCC care plan.