
AMBER VENNUM

Couple and Family Therapy Program, Department of Applied Human Sciences
 College of Health and Human Sciences, Kansas State University
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Education

- Ph.D. 2011 Marriage and Family Therapy, The Florida State University, Tallahassee, FL
- Certificate in Educational Measurement and Statistics
 - Dissertation: Understanding Young Adult Cyclical Relationships
 - Major Professor – Dr. Kay Pasley
- M.A. 2007 Marriage & Family Therapy, University of Houston-Clear Lake, Clear Lake, TX
- B.A. 2003 Psychology, Rice University, Houston, TX
 School for International Training Semester Abroad- Tibetan Studies
- Independent Study Project- Tradition versus the west: The corporal punishment debate in a Tibetan exile community

Professional Positions

- 2011-present Associate Professor of Couple and Family Therapy, Department of Applied Human Sciences, Kansas State University, Manhattan, KS.
- Courses taught: Clinical Theory & Practice, Family Therapy, Advanced MFT Research Methods: Structural Equation Modelling 2, Practicum in Marriage & Family Therapy, Working with Parents
- 2007-2011 Graduate Research Assistant, Family and Child Sciences, Florida State University
- 2007-2011 Graduate Teaching Assistant, Family and Child Sciences, Florida State University

AWARDS & HONORS

- 2019 *Remarkable Applied Contributions on Emerging Adulthood*, Society for the Study of Emerging Adulthood: The Relevance Team
- 2019 *Civic Engagement Fellow*, Kansas State University: \$500.
- 2019 *Excellence in Engagement Award*, Office of the Provost and the Center for Engagement and Community Development, Kansas State University: \$2,500.
- 2015 *Mentoring Fellowship*, Kansas State University: \$6,000.
- 2015 *Dawley-Scholar Award for Faculty Excellence in Student Development*, College of Human Ecology, Kansas State University
- 2009, 2010 *Family Institute Robison Award*, Florida State University
- 2007 *Cora B. and Ross Evans Scholarship*, Department of Family and Child Sciences, Florida State University

PROFESSIONAL SCHOLARSHIP

* Co-authors were students when the bulk of the paper was written or presentation was created.

Refereed Journal Articles

- *Washburn-Busk, M., *Morgan, P., & **Vennum, A.** (in press). The interaction of health stressors and power imbalances in partnered women and men: Wellbeing outcomes. *Journal of Feminist Family Therapy*.
- *Kanter, J., **Vennum, A.**, *Conner, S., *Deitz, S., & *Taylor, L. (in press). The impact of relational stressors and enduring vulnerabilities on emerging adults' desires for romantic relationships and relationship education. *Family Relations*.
- *Washburn-Busk, M., **Vennum, A.**, *McAllister, P., & Busk, P. (2020). Navigating “breakup remorse”: Implications for disrupting the on-again/off-again cycles in young adult dating relationships. *Journal of Marital and Family Therapy*. Advance online publication. <https://doi.org/10.1111/jmft.12425>
- *Scroggs, B., & **Vennum, A.** (2020). Gender and sexual minority group identification as a process of identity development during emerging adulthood. *Journal of LGBT Youth*. Advance online publication. <https://doi.org/10.1080/19361653.2020.1722780>
- Monk, J. K., **Vennum, A.**, & *Kanter, J. (2019). How to use Crowdfunding in Extension: A relationship education case study. *Journal of Extension*, 57(4), Tools of the Trade 4ToT3. Retrieved from https://joe.org/joe/2019august/pdf/JOE_v57_4tt3.pdf
- *Lawson, D., *Scroggs, B. & **Vennum A.** (2019). The influence of parental warmth on income and well-being during the transition to adulthood: A life-span approach comparing sexual minority and heterosexual individuals. *Journal of Financial Counseling and Planning*, 30, 202-212.
- *Torgerson, C., *Love, H. A., & **Vennum, A.** (2018). The buffering effect of belonging on the negative association of childhood trauma with adult mental health and risky alcohol use. *Journal of Substance Abuse Treatment*, 88, 44-50. <https://doi.org/10.1016/j.jsat.2018.02.005>
- *Brown, C. C., *Conner, S. & **Vennum, A.** (2017). Sexual attitudes of classes of college students who use pornography. *Cyberpsychology, Behavior, and Social Networking*, 20, 463-469. <https://doi.org/10.1089/cyber.2016.0362>
- Vennum, A.**, *Monk, J. K., Pasley, B. K., & Fincham, F. D. (2017). Emerging adult relationship transitions as opportune times for tailored interventions. *Emerging Adulthood*, 5, 293-305. <https://doi.org/10.1177/2167696817705020>
- *Clifford, C., **Vennum, A.**, *Busk, M., & Fincham, F. D. (2017). Testing the impact of sliding versus deciding in cyclical and non-cyclical relationships. *Personal Relationships*, 24, 223-238. <https://doi.org/10.1111/pere.12179>
- *Berryhill, B. & **Vennum, A.** (2015). Joining forces for child success: Bringing parents and schools together. *Contemporary Family Therapy*, 37, 351-363. <https://doi.org/10.1007/s10591-015-9357-3>
- Vennum, A.**, *Hardy, N., *Sibley, D. S., & Fincham, F. D. (2015). Dedication and sliding in emerging adult cyclical and non-cyclical romantic relationships. *Family Relations*, 64, 407-419. <https://doi.org/10.1111/fare.12126>
- Johnson, M. D., Nguyen, L., Anderson, J. A., Liu, W., & **Vennum, A.** (2015). Shame proneness and intimate relations in mainland China. *Personal Relationships*, 22, 335-347. <https://doi.org/10.1111/pere.12083>

- *Sibley, D. S., Springer, P. R., **Vennum, A.**, Hollist, C. S. (2015). An exploration of the construction of commitment leading to marriage. *Marriage & Family Review*, *51*, 183-203. <https://doi.org/10.1080/01494929.2015.1031424>
- *Hardy, N. R., **Vennum, A.**, Anderson, J. R., Johnson, M. D., Luu, S., Liu, W. (2015). Associations between attention to warning signs, marital confidence, and interactional problem-solving among emerging adult couples in mainland China. *Emerging Adulthood*, *3*, 194-203. <https://doi.org/10.1177/2167696814551385>
- Johnson, M. D., Nguyen, A., Anderson, J. R., Liu, W. L., & **Vennum, A.** (2015). Pathways to romantic relationship success among Chinese young adult couples: Contributions of family dysfunction, mental health problems, and negative couple interaction. *Journal of Social and Personal Relationships*, *32*, 5-23. <https://doi.org/10.1177/0265407514522899>
- Vennum, A.**, & *Johnson, M. D. (2014). The impact of cycling on early marriage. *Family Relations*, *63*, 439-452. <https://doi.org/10.1111/fare.12082>
- *Monk, J. K., **Vennum, A.**, Ogolsky, B. G., & Fincham, F. D. (2014). Commitment and sacrifice in emerging adult romantic relationships. *Marriage & Family Review*, *50*, 416-434. <https://doi.org/10.1080/01494929.2014.896304>.
- Vennum, A.**, *Lindstrom, R., *Monk, K., & *Adams, R. (2013). "It's complicated": The continuity and correlates of cycling in cohabiting and marital relationships. *Journal of Social and Personal Relationships*, *31*, 410-430. <https://doi.org/10.1177/0265407513501987>
- Vennum, A.**, & Vennum, D. C. (2013). Expanding our reach: Marriage and family therapists in the public school system. *Contemporary Family Therapy*, *35*, 41-58. <https://doi.org/10.1007/s10591-012-9226-2>
- McWey, L., Pazdera, A., **Vennum, A.**, & Stevenson Wojciak, A. (2013). Breaking intergenerational patterns of maltreatment in families as risk for foster care. *Journal of Marital and Family Therapy*, *39*, 133-147. <https://doi.org/10.1111/j.1752-0606.2012.00289.x>
- Vennum, A.**, & Fincham, F. D. (2011). Assessing decision making in young adult romantic relationships. *Psychological Assessment*, *23*, 739-751. <https://doi.org/10.1037/a0023287>
- Lee, M. M., & **Vennum, A. V.** (2010). Using critical incident journaling to encourage cultural awareness in doctoral marriage and family therapy students. *Journal of Family Psychotherapy*, *21*, 238-252.
- Lee, M. M., Lee, R. E., & **Vennum, A. V.** (2010). Voices of foster parents of Sudanese refugee youths: Affirmations and insights. *International Social Work*. *53*, 807-821. <https://doi.org/10.1177/0020872809358396>

Articles under Peer Review

- *Washburn-Busk, M., **Vennum, A.**, & *McAllister, P. (revise & resubmit). Power to bargain: How do power imbalances manifest in cyclical relationships?
- *McAllister, P., & **Vennum, A.** (revise & resubmit). Sexual violence and mental health: An analysis of the mediating role of self-compassion using a feminist lens.
- *McAllister, P., *Aste, S., & **Vennum, A.** (revise & resubmit). Sex feelings: A mediated multiple group analysis of the effect of parent communicated sexual values on sexual outcomes in emerging adulthood through sexual attitudes.
- *Jones, D., & **Vennum, A.** (revise and resubmit). Black emerging adults' experiences of ethnic-racial socialization messages from diverse sources across adolescence to emerging adulthood.

*Scroggs, B., & **Vennum, A.** (under review). Familial understanding and the development of self-esteem across the transition to adulthood: Comparing sexual minority and heterosexual individuals.

Spencer, C., King, E. L., Foster, E. R., **Vennum, A.**, & Stith, S. M. (under review). Resources and support for sexual assault survivors in the United States Air Force: What survivors say they need for recovery.

Non-Refereed Journal Articles

Lindstrom, R., Monk, J. K., **Vennum, A.** (2014, Winter). Together again: The emerging trend of on-again/ off-again relationships. *National Council on Family Relations Report Magazine*, 59, F5- F6. Retrieved from <https://www.ncfr.org/ncfr-report/focus/family-focus-dating-and-mate-selection>

Chapters in Edited Books

Vennum, A., & *Goodcase, E. (2020). Interventions for challenges encountered in childcare and school settings. In L. M. McWey (Ed.), *The Handbook of Systemic Family Therapy: Vol. 2. Systemic Therapy with Children and Adolescents*. Wiley Publishing.

Durtschi, J. A., Bartle-Haring, S., & **Vennum, A.** (2020). Promoting innovative systemic research through improved graduate training. In R. B. Miller, & R. B. Seedall (Eds.), *The Handbook of Systemic Family Therapy: Vol. 1. The Profession of Systemic Family Therapy*. Wiley-Blackwell.

Vennum, A., *Kanter, J. & Baptist, J. (2019). Relationship maintenance in couple therapy and relationship education. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context* (pp. 339-368). Cambridge University Press.

*Washburn-Busk, M., **Vennum, A.**, Dailey, R., & Monk, J.K. (under review). On-again/off-again relationships. In J. L. Hartenstein (Ed.), *Marriage and divorce in America: Issues, trends, and controversies*. Santa Barbara, CA: ABC-CLIO

Refereed Presentations

Toews, M. L., Clifford, C., *Gevoek, S., Anders, K. M., & **Vennum, A.** (2019, November). *The five c's of positive youth development as promotive factors of mental health among adolescents*. Paper presented at the National Council on Family Relations annual conference, Fort Worth, TX.

*Astle, S., *McAllister, P., Anders, K. M., **Vennum, A.**, Toews, M. L., *Morrison, K., & *Taylor, L. (2019, November). *Examining depression, sexual decision making and gender on adolescents' motivations for sex*. Paper presented at the National Council on Family Relations annual conference, Fort Worth, TX.

Astle, S., **Vennum, A.**, McAllister, P., *Kanter, J. B., Monk, J. K., *Morrison, K., & *Taylor, L. (2019, November). *Relevate resources for scholars and educators: Disseminating your research digitally*. Roundtable presented at the National Council on Family Relations annual conference, Fort Worth, TX.

*Washburn-Busk, M., *McAllister, P., & **Vennum, A.** (2019, November). *"Power to bargain": Who has the upper hand in on-again/ off-again relationships?* Poster presented at the National Council on Family Relations annual conference, Fort Worth, TX.

*Bridges, J. G., *Washburn-Busk, M., *Kelly, L. C., & **Vennum, A.** (2019, November). *Research with versus research on: Community-engaged quantitative research*. Roundtable presented at the National Council on Family Relations annual conference, Fort Worth, TX.

*Astle, S., *McAllister, P., **Vennum, A.**, Toews, M. (2019, October). *#RelationshipGoals: Lessons Learned from a Relationship-based Sex Education Curriculum*. Poster presentation at the Society for the Scientific Study of Sexuality annual conference, Denver, CO.

- *McAllister, P., *Astle, S., & **Vennum, A.** (2019, October). *Sex feelings: Impact of perceived parental values on sexual attitudes and functioning in emerging adulthood*. Paper presented at the Society for the Study of Emerging Adulthood annual conference, Toronto, Canada.
- Vennum, A.**, Monk, J. K., *McAllister, P., *Astle, S., Anders, K. M., & *Goodcase, E. (2019, October). *Reducing disparities in relational and mental health outcomes through adaptive mobile relationship education*. Paper presented at the Society for the Study of Emerging Adulthood annual conference, Toronto, Canada.
- *Astle, S., **Vennum, A.**, *McAllister, P., Anders, K., *Morrison, K., *Washburn-Busk, M., *Taylor, L., *Goodcase, E., *Kanter, J. B., & Monk, J. K. (2019, October). *So you want to broaden your impact but aren't sure how... Start here!* Preconference workshop presented at the Society for the Study of Emerging Adulthood annual conference, Toronto, Canada.
- *Scroggs, B. & **Vennum, A.** (2019, October). *Measurement invariance in the Inventory of the Dimensions of Emerging Adulthood: The moderating effect of gender and sexual minority identity*. Paper presented at the Society for the Study of Emerging Adulthood annual conference, Toronto, Canada.
- *Goodcase, E., **Vennum, A.**, *Ruhlman, L., *Washburn-Busk, M., & *Taylor, L. (2019, August). *Agents of social change: Re-storying the identity of MFTs*. Workshop presented at the American Association for Marriage and Family Therapy annual conference, Austin, TX.
- *Scroggs, B., & **Vennum, A.** (2019, March). *Sexual minority self-esteem development across the transition to adulthood: The influence of familial understanding*. Poster presented at the Society for Research in Child Development annual conference, Baltimore, MD.
- *Astle, S., **Vennum, A.**, & Monk, K. (2019, March). *Relevate: A mobile-based intervention for delivering relationship education*. Oral presentation at the SciComm 2019 Conference, Manhattan, KS.
- *McAllister, P., **Vennum, A.**, Toews, M., & *Morrison, K. (2019, March). *We wake up at 5:30 once a month to teach teens about relationship science...here are 10 things we've learned*. Presentation given at the SciComm 2019 Conference, Manhattan, KS.
- *Washburn-Busk, M., **Vennum, A.**, Monk, J. K., *Jones, D., & *Kanter, J. (2018, November). *Using your social positioning as scholars to promote social justice through public scholarship*. Roundtable presented at the annual meeting of the National Conference on Family Relations, San Diego, CA.
- *Washburn-Busk, M., **Vennum, A.**, & McAllister, P. (2018, November). *An exploration of the change mechanisms for ambivalence reduction in young adult cyclical relationships*. Poster presented at the annual meeting of the National Conference on Family Relations, San Diego, CA.
- *Washburn-Busk, M., **Vennum, A.**, Anders, K., & Toews, M. (2018, November). *Predictive factors of certainty about sexual values in adolescence*. Lightning paper presented at the annual meeting of the National Conference on Family Relations, San Diego, CA.
- Anders, K.M., *Goodcase, E., *Scroggs, B., Toews, M.L., **Vennum, A.**, & *Colburn, S. (2018, November). *Social norms in adolescence: Perceptions of peers' sexual and romantic behaviors and sexual values*. Lightning paper presented at the annual meeting of the National Conference on Family Relations, San Diego, CA.
- Johannes, E., Wiles, B., & **Vennum, A.** (2018, August). *Trauma aware, trauma-informed, and trauma-ready: Where is your extension programming?* Workshop given at the August Extension Update meeting, Manhattan, KS

- *Washburn-Busk, M., & **Vennum, A.** (July, 2018). *An exploratory study of change mechanisms for ambivalence reduction in young adult cyclical relationships: Factors that promote and detract from decision-making resiliency.* Paper presented at the annual meeting of the international Association for Relationship Research, Fort Collins, CO.
- Monk, J. K., & **Vennum, A.** (2018, April). *Using a relationship education mobile platform for public scholarship and the engagement of diverse audiences.* Training provided at the annual meeting of the National Alliance for Broader Impacts, Brown University, Providence, RI.
- *Beck, A., *Denzel, J., & **Vennum, A.** (2017, November). *Chronic pain and adverse mental health outcomes moderated by insurance.* Poster presented at the National Council on Family Relations Annual Conference in Orlando, FL.
- *Busk, M, **Vennum, A.**, *Torgerson, C., *Goodcase, E., & *Jones, D. (2017, November). *Healing school systems through trauma-informed practices: A call to action for Marriage and Family Therapists.* Roundtable presented at the National Council on Family Relations Annual Conference in Orlando, FL.
- *Scroggs, B., **Vennum, A.**, *Busk, M., & *Bridges, J. (2017, November). *Risk and resiliency factors predicting dyadic satisfaction trajectories with a history of premarital relationship cycling.* Poster presented at the National Council on Family Relations Annual Conference in Orlando, FL.
- *Jones, D., *Beck, A., *Taylor, L., & **Vennum, A.** (2017, November). *Stress and relationships on college students' GPA and dropout intentions.* Poster presented at the National Council on Family Relations Annual Conference in Orlando, FL.
- *Torgerson, C. *Love, H., & **Vennum, A.** *Childhood trauma, belonging, and alcohol use in adulthood.* Poster presented at the National Council on Family Relations Annual Conference in Orlando, FL.
- Toews, M., & **Vennum, A.** (2017, June). *Strategies for success: Working together to develop and implement a sustainable adolescent pregnancy prevention program.* Workshop presented at the FYSB Adolescent Pregnancy Prevention Grantee Conference.
- *Conner, S., **Vennum, A.**, Kanter, J., *Deitz, S., *Washburn-Busk, M., *Tran, K., *Morrison, K., *Taylor, L., & *Super, K. (2016, November). *Understanding young adults' inclinations towards relationship education.* Poster presented at the National Council on Family Relations Annual Conference in Minneapolis, MN.
- Vennum, A.**, *Dharnidharka, P., Shilts, L., *Torgerson, C., *Clifford, C., & Berryhill, B. (2016, September). *Working on What Works: School-based systemic change.* Workshop presented at the annual conference of the American Association for Marriage and Family, Indianapolis, IN.
- McMillan, B., *Sibley, D. S., Springer, P. R, **Vennum, A.**, (2016, September). *Investigating deciding factors of commitment leading to marriage.* Formal research poster presented at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- *Potempa, R., *Sibley, S., & **Vennum, A.** (2016, September). *The construction of commitment during emerging adulthood.* Formal research poster presented at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- *Torgerson, C., **Vennum, A.**, *Dharnidharka, P., *Grant, D., *Van, K., & *Gonzales, N. (2016, September). *WoWW: Impact of solution-focused classroom interventions.* Formal research poster presented at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- *Lyon, S. E., Stith, S. M., **Vennum, A.** (2016, July). *Dating violence and the stay/leave decision of young women in college.* Poster presented at the International Family Violence and Child Victimization Research Conference in Portsmouth, NH.

- *Conner, S., & **Vennum, A.** (2016, April). *Exploring young adults' preferences for mobile relationship education*. Poster presented at the International Society for Research on Internet Interventions Annual Conference in Seattle, WA.
- *Conner, S., & **Vennum, A.** (2016, April). *Sounding board on integrating mental health care components within a relationship education app*. Sounding board presented at the International Society for Research on Internet Interventions Annual Conference in Seattle, WA.
- *Deitz, S.L., **Vennum, A.**, *Kimmes, J., *Conner, S., *Dharnidharka, P., & *Tran, K. (2015, November). “*For this achievement you get three hearts*”: *Relationship focus group findings*. Poster Presentation at the National Council on Family Relations Annual Conference in Vancouver, Canada.
- *Dharnidharka, P., & **Vennum, A.** (2015, November). *From friends to romantic partners: An exploration of non-arranged romantic relationship development among young adults in India*. Paper presented at the National Council on Family Relations Annual Conference in Vancouver, Canada.
- Vennum, A.**, *Dharnidharka, P., *Clifford, C., & *Brown, C. (2015, November). *Emerging adult patterns of relationship quality*. Poster presented at the National Council on Family Relations Annual Conference in Vancouver, Canada.
- *Clifford, C., **Vennum, A.**, & *Busk, M. (2015, November). *The impact of relationship uncertainty and sliding in emerging adult relationships*. Poster presented at the annual conference of the National Council on Family Relations, Vancouver, Canada.
- *Hardy, N., Anderson, J., **Vennum, A.**, *Conner, S., *Deitz, S., *Busk, P., *Busk, M., *Peters, N., & *Casteel, M. (2015, November). *Self-development in marriage and relationship education*. Poster presented at the National Council on Family Relations Annual Conference in Vancouver, Canada.
- *Conner, S., **Vennum, A.**, *Kimmes, J., *Deitz, S., *Dharnidharka, P., *Bialas, M. (2015, November). *Expanding tools for wellness through mobile health (mHealth)*. Roundtable presented at the National Council on Family Relations Annual Conference in Vancouver, Canada.
- Vennum, A.**, Shilts, L., *Bird, N., *Berryhill, M., *Clifford, C., & *Dharnidharka, P. (2015, September). *Working on what works: School-based systemic change*. Workshop presented at the annual conference of American Association of Marriage and Family Therapy, Austin, TX.
- *Conner, S., **Vennum, A.**, *Deitz, S. L., *Kimmes, J., *McVey, K., *Cook, E. (2015, September). *Promoting relationship health through technology*. Poster presented at the annual conference of American Association of Marriage and Family Therapy, Austin, TX.
- *Hardy, N. & **Vennum, A.** (2014, November). *Patterns of stability and marital satisfaction in newlywed couples*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
- *Sibley, D. S., *Springer, P., **Vennum, A.**, & Hollist, C. S. (2014, November). *An exploration of the construction of commitment leading to marriage*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
- *Dharnidharka, P., & **Vennum, A.** (2014, November). *Relationship cycling among emerging adults in China*. Poster presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
- *Sibley, D. S., *Springer, P., **Vennum, A.** (2014, October). *An exploration of the construction of commitment leading marriage in young adult couples*. Poster presented at the annual meeting of the annual meeting of the American Association of Marriage and Family Therapy, Milwaukee, WI.
- *Berryhill, B., **Vennum, A.**, *Clifford, C., *Dharnidharka, P. (2014, September). *School-based family therapy: bridging the gap for student success*. Workshop given at the fall workshop of the Kansas Association for Marriage and Family Therapy, Newton, KS.

- Rambo, A., **Vennum, A.**, Sebung, K., Collins-Ricketts, J. (2014, June). *Removing social/emotional barriers to achievement*. Workshop given at the annual meeting of the American School Counselor Association, Orlando, FL.
- Vennum, A.**, & *Johnson, M. D. (2013, November). *The impact of premarital cyclical on early marriage*. Poster symposium presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.
- *Nguyen, L., Johnson, M. D., Anderson, J. R., **Vennum, A.**, & Liu, W. (2013, November). *Family support influences relationship outcomes in Chinese couples*. Poster presented at the annual meeting of the San Antonio, TX.
- *Monk, K., **Vennum, A.**, & Ogolsky, B. (2013, November). *Commitment and sacrifice in emerging adult cyclical and non-cyclical romantic relationships*. Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.
- Vennum, A.**, & Sebung, K. (2012, September). *School-based family therapy: Practical tips for success*. Seminar presented at the annual meeting of the American Association of Marriage and Family Therapy, Charlotte, NC.
- Vennum, A.**, Pasley, K., & Fincham, F. D. (2012, July). *Exploring the role of sliding and uncertainty in young adult cyclical and non-cyclical relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, Chicago, IL.
- *Lindstrom, R.L., *Monk, K., *Adams, R., & **Vennum, A.** (2012, July). *The impact of cyclical on cohabiting and married relationships*. Poster presented at the annual meeting of the International Association for Relationship Research, Chicago, IL.
- Vennum, A.** & Fincham, F. D. (2011, November). *Assessing decision making in young adult romantic relationships*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Pazdera, A., Stevenson, A., **Vennum, A.** (2011, September). *Breaking intergenerational patterns of violence in families*. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Fort Worth, TX.
- Vennum, A.**, Garneau, C. L., & Pasley, K. (2010, November). *Family influences on young adult romantic relationships*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Vennum, A.** (2010, September). *Ethical challenges and clinical advantages of MFTs in schools*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Vennum, A.**, & **Pasley, K.** (2009, November). *Signs the end is near: Causes of relationship breakups in young adults*. Paper presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.
- Vennum, A.**, & Vennum, D. C. (2009, October). *The experiences of MFTs in schools*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Sacramento, CA.
- Lee, M. M., Lee, R. E., Troupe, F. Y., & **Vennum, A.** (2008, October). *Voices of foster parents of Sudanese refugee youths: Affirmations and insights*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Memphis, TN.
- Vennum, A.**, Koenig-Reed, M., & Jalali, S. (2006, January). *The relationship between partner emotional intelligence and dyadic adjustment: A multi-method study*. Poster presented at the annual conference of the Texas Association of Marriage and Family Therapy, Houston, Texas.

Invited Professional Presentations and Trainings

- Vennum, A.** (2019, October). *Using effective infographics to communicate research*. Presentation for the tenure-track faculty meeting series in the Kansas State University College of Engineering, Manhattan, KS.
- Vennum, A.** (2019, October). *Relationship cycling*. Keynote presented at the Sexuality and Romantic Relationship Topic Networks Preconference meeting at the Society for the Study of Emerging Adulthood annual conference, Toronto, CA.
- Vennum, A.** (2019, March). *Trauma informed people*. Keynote presented at the United Associations KS Affiliate Conference, Wichita, KS.
- Vennum, A.** (2018, October). *Understanding relationship cycling*. Invited colloquium speaker, Department of Human Development and Family Studies, Texas Tech University, TX.
- Vennum, A.** (2018, October). *Infographics 2.0- How to turn scholarship into an infographic*. Workshop provided as part of the KSCI Works Series, Kansas State University, Manhattan, KS.
- Vennum, A.** (2018, October). *Infographics 1.0- The basics of when and how to use infographics*. Workshop provided as part of the KSCI Works Series, Kansas State University, Manhattan, KS.
- Vennum, A.** (2018, May). *Tools for broadening your impact: Introduction to infographics*. Workshop provided for the College of Human Ecology, Kansas State University, Manhattan, KS.
- Vennum, A.** (2014). *First steps for creating a course in canvas*. Workshop provided for the School of Family Studies and Human Services, Kansas State University, Manhattan, KS.
- Vennum, A.** (2012, May). *Emerging adult romantic relationship development in the US*. Invited lecture given at Beijing Normal University-Zhuhai, Zhuhai, China.

GRANTS & CONTRACTS

External Funding Received

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|-----------|---|
| 2019-2020 | Co-PI, North Central Regional Center for Rural Development: <i>Reducing Rural Young Adult Health Disparities through an Adaptive Mobile Relationship Intervention</i> .
PI: Kale Monk, PhD. Co-PI: Elaine Johannes, PhD
Amount: \$24, 690. |
| 2016-2019 | Co-PI, US Dept. of Health and Human Services, HHS-2016-ACF-ACYF-SR-1197: <i>Healthy REWARDS: An Evidence-Based Approach to Sexual Risk Avoidance</i> .
PI: Michelle Toews, PhD. Co-PI: Elaine Johannes, PhD.
Amount: \$1,298,359. |
| 2016-2017 | PI, crowdfunded through Indiegogo.com: <i>Relevate</i> .
Amount: \$6,850. |
| 2016-2017 | PI, crowdfunded through Experiment.com: <i>Working on What Works: Testing the Power of Highlighting the Positive</i> .
Amount: \$5,651. |
| 2014-2017 | Co-PI, National Institute of Food and Agriculture: United States Air Force 2015 <i>Family Advocacy Program Research Project</i> . Lead Researcher on the Meeting the Needs of Sexual Assault Survivors in the Air Force project.
PI: Sandra Stith, PhD. Co-PIs: Jared Anderson, PhD, & Jared Durtschi, PhD
Total contract amount: \$2,064,716.00. |

2014 –2015 PI, The Greater Manhattan Community Foundation: *Adaptation of Working on What Works to a High School Context*.
Amount: \$3,000

Internal Funding Received

2020 Co-PI, Kansas State University, School of Family Studies and Human Services, Public Service Award: *Increasing access to public scholarship through a mobile platform for communities and scholars: Working to elevate MyRelevate through a twine assessment*.
PI: Kristin Anders, Collaborator: Kale Monk.
Amount: \$5,000

2018-2020 Co-PI, Kansas State University, Reser family and Community Innovation Award: *Relationship empowerment: Addressing the effects of poverty through quality, innovative relationship education*.
Co-PI: Elaine Johannes, Collaborator: Kale Monk.
Amount: \$20,000

2017- 2019 Co-PI, Kansas State University, Center for Engagement and Community Development Community Engagement Incentive Grant: *Developing Connections between Communities and Researchers: MyRelevate as a mechanism for adaptive and accessible relationship education*.
PI: Natalie Pennington.
Amount: \$10,000

2015-2016 Principal Investigator, Kansas State University Mentoring Fellowship. Mentor: Dr. Frank Fincham.
Amount: \$6,000

2013– present Principal Investigator, Kansas State University Small Research Grant program: *Needs Assessment and prototype development of a relationship education smart phone app for emerging adults*.
Amount: \$3,500

2012 - present Principal Investigator, Kansas State University, College of Human Ecology: *Evaluating the impact of school-based family therapy on student and family outcomes*.
Amount: \$2,500

2012 – 2014 Principal Investigator, Kansas State University, University Small Research Grant program: *A pilot study on the effectiveness of school-based family therapy*.
Amount: \$3,000

PUBLIC SCOLARSHIP & ENGAGEMENT

Community Partnerships

Kansas Alliance for Healthy Public Schools:

2012-current Manhattan High School (USD 383) & K-State Family Center Partnership

- Increase access to mental health services for students and their families though school-based multi-disciplinary teams.
- Provide teacher trainings on student mental health issues and family system dynamics' impact on school success and classroom behavior.

- Enhance teacher, student, and parent engagement through Working on What Works (WoWW)
- 2013-current Junction City Freshman Success Academy (USD 475) & K-State Family Center Partnership
- Increase access to mental health services for students and their families through school-based multi-disciplinary teams.
 - Support teachers, school personnel, families, and students in their efforts to reach their vision of a positive school climate.
 - Enhance teacher, student, and parent engagement through Working on What Works (WoWW)

Curricula and Programs Developed

#RELATIONSHIPGOALS - a trauma-informed healthy relationship education curriculum for high school youth

Working on What Works - a trauma-informed classroom management approach for group educational settings

Invited Community Presentations and Trainings

- Vennum, A., Menon, J., & Steen, J.** (2020, May). *Crowd funding: When traditional fundraising is limited*. Webinar presented through K-State Extension, Kansas Pride Program. Retrieved from <https://www.youtube.com/watch?v=Rvok-B2nERI>
- Vennum, A.** (2019, August). *Promoting health and well-being*. Workshops presented to Junction City Middle School students at The Force is Within You Peer Mentoring Program, Junction City, KS.
- Vennum, A.** (2019, March). *Being trauma informed can help every student succeed*. Keynote Address at the Bridging the Gaps Seminar, Hamilton Co., KS.
- Vennum, A.** (2019, March). *Working on What Works*. Two workshops provided at the Bridging the Gaps Seminar, Hamilton Co., KS.
- Monk, J. K., **Vennum, A.**, Johannes, E. (2019, February). *Healthy relationships*. Presentation at the Stronger Ground Gathering, Topeka, KS.
- Vennum, A., Roche, J., Wagers, G., & Shuckman, M.** (2018, December). *WoWW- Working on What Works*. Professional Development workshop for USD 475, Junction City, KS.
- Vennum, A.** (2018, November). *Reducing student anxiety through taking care of yourself*. Professional development presentations to staff at Manhattan High School, Manhattan, KS.
- Vennum, A.** (2018, August). *Trauma-informed relationship education for youth*. Workshop provided at Extension Family and Child Development Program Focus Team meeting, August Extension Update meeting, Manhattan, KS.
- Vennum, A.** (2017, April). *Trauma-informed schools*. Invited professional development presentations to staff at Manhattan High School, Manhattan, KS.
- Vennum, A.** (2017, February). *Trauma-informed schools*. Invited professional development presentation to staff at Junction City High School, Junction City, KS.
- Vennum, A.** (2017, January). *Trauma-informed schools*. Invited presentation to staff at the Freshman Success Academy, Junction City, KS.
- Vennum, A.** (2015, September). *Working on What Works*. Invited professional development presentations to staff at Manhattan High School, Manhattan, KS.

Vennum, A. (2014, June). *Systemic classroom interventions*. Invited workshop at A Camp to Enhance School Counseling in Kansas: An adventure in the Little Apple, Manhattan, KS.

Media Interviews

Krupnick, E. (2014). 7 unexpected reasons marrying young might be the best decision you ever made. *Mic.com*. Retrieved from <https://mic.com/articles/104708/7-unexpectedly-beautiful-truths-about-getting-married-young#.UmGQnpbsK>

Dahl, M. (2014). You don't really want to 'get her back'. *The Cut, New York Magazine*. Retrieved from <https://www.thecut.com/2014/06/you-dont-really-want-to-get-her-back.html>

Thore, K. (2013). 5 tips for getting back together with your ex. *Women's Health*. Retrieved from <https://www.womenshealthmag.com/relationships/a19914136/5-tips-for-getting-back-together-with-your-ex/>

Hussar, A. D. (2012). Why you shouldn't get back together with your ex. *Self Magazine*. Retrieved from <https://www.self.com/story/why-you-shouldnt-get-back-together>

Halperin, K. (2012). On-off couples should stop recycling romance, and call it quits. *ABC News*. Retrieved from <https://abcnews.go.com/Health/off-couples-cyclical-couples-call-quits/story?id=16000441>

Sweeney, C. (2012). Cyclical relationships common in college, often hard on marriage. *K-State Collegian*. Retrieved from <https://www.kstatecollegian.com/2012/03/15/cyclical-relationships-common-in-college-often-hard-on-marriage/>

Heid, M. (2012). How to send her packing for good. *Men's Health*. Retrieved from <https://www.menshealth.com/sex-women/a19524973/how-to-send-her-packing-for-good/>

Online Published Infographics

Vennum, A. (2018). *Signs your relationship may be headed for a breakup*. Infographic retrieved from <https://create.piktochart.com/output/6874653-young-adult-cyclical-relationships-ready>

Vennum, A. (2015). *Did you know a bad relationship can hurt your health?* Infographic retrieved from <https://create.piktochart.com/output/6922926-relationships-and-health-ready>

Vennum, A. (2015). *Are you in a cyclical relationship?* Infographic retrieved from <https://create.piktochart.com/output/6874653-young-adult-cyclical-relationships-ready>

TEACHING

Courses Taught at Kansas State University

HHS 202: Social Well-being

HDFS 670: Working with Parents

CFT 910: Advanced Structural Equation Modeling

CFT 864: Clinical Theory and Practice

CFT 872: Family Therapy

CFT 885/ 985: Practicum in CFT

FSHS 899: Thesis or Clinical Project

CFT 982: Research Practicum

CFT 986: Practicum in Supervision of CFT

FSSH 990/ 999: Dissertation

Chaired or Co-Chaired Graduate Student Committees

Doctoral Dissertations:

- Upcoming Coburn, K., Kelly, L., McAllister, P., Taylor, L., Grey, C.
- 2020 Bridges, J. *Clinical implications of privilege awareness raising for couple and family therapists: A phenomenological qualitative design*
 Washburn-Busk, M. *Examining manifestations of power in couples: Influence tactics, self-concept, and wellbeing across time*
- 2019 Goodcase, E. T. *Every picture tells a story: A directive content analysis of the investment model on Instagram posts for new romantic relationships*
- 2018 Torgerson, C. N. *What does it mean to belong? An in-depth look at the effects a sense of belonging in emerging adulthood has on coping.*
 Jones, D. L. *The impact of ethnic-racial socialization messages from socialization agents on Black ethnic-racial identity.*
- 2017 Dharnidharka, P. *Differentiation, negative attributions and sexual desire in committed relationships.*
- 2016 Clifford, C. E. *Testing the instrumental and reactive motivations of romantic relational aggression.*
- 2015 Sibley, S. D. *Exploring the theory of resilient commitment in emerging adulthood: a qualitative inquiry.*
- 2014 Lyon, S. E. *Dating violence and the stay/leave decisions of young women in college.* Co-chaired by Dr. Sandra Stith.

MS Theses & Clinical Projects:

- Upcoming Parker, E., Keilholtz, B., Dillon, K., Davis, K.
- 2019 McAllister, P. *Sexual violence and mental health: An analysis of the mediating role of self-compassion using a feminist lens.* Masters thesis.
 Taylor, L. *Sexual violence and healing.* Clinical capstone.
 Morrison, K. *Trauma in early childhood (0-5 years): Implications for parent-child therapy.* Clinical capstone
- 2018 Craig, B. *Systemic treatment of sexual assault survivors.* Clinical capstone.
- 2017 Bialas, M. *Military couples in marriage and family therapy.* Clinical capstone.
 Bridges, J. G. *Instrumentalism and couple's therapy: influential impacts on therapist's values, neutrality, and perceived role in couple's therapy.* Masters thesis.
 Washburn-Busk, M. *An exploratory study of change mechanisms for ambivalence reduction in young adult cyclical relationships.* Masters thesis.
- 2015 Andsager, K. *Perceptions of boundary ambiguity and parentification effects on family satisfaction, family support, and perceived stress in young adults of divorced families.* Masters thesis.

- Busk, P. *Perceived sex addiction and religiosity*. Clinical Capstone
- 2014 Dharnidharka, P. *From friends to romantic partners: an exploration of non-arranged romantic relationship development among urban young adults in India*. Masters thesis.
- Webb, S. *Differentiation in emerging adulthood: An examination of the development of “solid self” through a Bowen Family Systems theory perspective*. Clinical capstone.
- 2013 Beyer, K. *Working with children transitioning to a new family structure*. Clinical capstone.
- Lindstrom, R. A. *Cyclical and the relationship between neuroticism, communication, and relationship satisfaction in cohabiting couples*. Masters thesis o-chaired with Dr. Jared Anderson.
- Monk, K. J. *Commitment and sacrifice in emerging adult cyclical and non-cyclical romantic relationships*. Masters thesis.

Graduate Student Committee Membership

<u>Year defended</u>	<u>Doctoral Dissertations:</u>	<u>MS Theses & Clinical Projects:</u>
Upcoming	Sarah Barrett	Shelby Astle, Erica Cebulski, Brooke Balderson, Araceli Velasco, Abby Doersken
2020	Preston Morgan	Hailey Moore, John Iglesias, Claudia Tedoni
2019	Emel Genc, Derek Lawson, Penny Peng	Becky Sorensen
2018	Lauren Ruhlman, Barrett Scroggs	Sally Hodges, Nada Alalwani
2017		Nicole Gonzales, Jordan Weideman, Laura Schachtner
2016	Darin Knapp, Sharon Luu	Christyne Stephenson, Emily Engel
2015	Nathan Hardy	Laura Lee Baird, Kim Van
2014	Blake Berryhill	Nicole Bird, Maria Dominguez, Jenna Tripodi, Jennifer Brown
2013	Cole Ratcliffe, Adryanna Siquiera, Kyle Horst, Marcos Mendez	Bo Minner
2012		Nathan Hardy

Undergraduate Student Mentoring

McNair Scholars Faculty Mentor: 2015-2016, 2019

Guide to Personal Success Mentor: 2013-2014

CLINICAL EXPERIENCE

Clinical Positions

- 2011-present Kansas State University Family Center, Manhattan, KS.
- Provide individual, couple, and family therapy to the community.

- Supervise Masters and PhD students providing individual, couple, and family therapy.
 - Provide trauma-informed classroom interventions in schools: Working on What Works.
- 2010-2011 Lee's Place, Tallahassee, FL.
- Provided individual, couple, child, and family therapy for the community around issues of grief, loss, and trauma.
- 2007-2009 Center for Couple and Family Therapy, The Florida State University, Tallahassee, FL.
- Provided individual, couple, and family therapy to the community.
 - Supervised visitations for court-ordered families through the Supervision Plus Program.
- 2006-2007 Marriage and Family Therapy Internship - Clear View Education Center, Clear Lake, TX.
- Provided individual, group, and family therapy to students and families within Clear Creek Independent School District.
 - Conducted solution-focused classroom interventions: Working on What Works.
- 2005-2006 Marriage and Family Therapy Practicum- University of Houston-Clear Lake
- Provided couple and family therapy to the community surrounding University of Houston-Clear Lake.

Licensures & Certifications

- 2013-present AAMFT Approved Supervisor
- 2011-present Licensed Marriage and Family Therapist (License No. 2320), Kansas
- 2011-2018 Licensed Marriage and Family Therapist (License No. 4101006502), Michigan
- 2010-present Certified Family Life Educator
- 2007 Trainer, Within My Reach, PREP, Inc.

PROFESSIONAL MEMBERSHIP & SERVICE

Professional Leadership

- 2015-present Executive Director of Relevate

Editorial & Grant Review Boards

- 2017 – present Editorial Board Member for *Family Relations*
- 2014 - present Editorial Board Member for *Journal of Marital and Family Therapy*
- 2011 - 2014 Member of the Kansas Department of Children and Families Grant Peer Review Panel

Professional Affiliations & Service

American Association for Marriage and Family Therapy (AAMFT)

- Student member since 2007
- Clinical member since 2011
- AAMFT Approved Supervisor since 2013
- Conference Abstract Reviewer: 2012, 2013

National Council on Family Relations (NCFR)

- Member since 2007

- Conference Abstract Reviewer: 2014, 2016, 2018, 2019
- CFLE: Provisional since 2010, Full since 2015
- Secretary/Treasurer for the Family Therapy Section of NCFR Fall 2016-2018

International Association for Relationship Research (IARR)

- Member since 2011

Society for Prevention Research (SPR)

- Member since 2014

Society for the Study of Emerging Adulthood (SSEA)

- Member since 2015

University Service

2017- present	Kansas State University Kansas Science Communication Initiative Advisory Board
2017	Kansas State University Cat's Cupboard Preliminary Advisory Board
2014 – present	Kansas State University Institutional Review Board (IRB) Committee Member