

Briana S. Nelson Goff, Ph.D.

Department of Applied Human Sciences (Formerly the School of Family Studies and Human Services)
 College of Health and Human Sciences (Formerly the College of Human Ecology)
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 Kansas State University
 Manhattan, KS 66506
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EDUCATION

Doctor of Philosophy, Texas Tech University, August 1998

Major: Marriage and Family Therapy

Dissertation: *Systemic Effects of Trauma: A Quantitative Study of Individual and Relational Post-Traumatic Stress*

Major professor: Dr. Karen S. Wampler

Master of Science, Kansas State University, December 1993

Major: Marriage and Family Therapy

Master's Report: *Post-Traumatic Stress Disorder Symptomatology: Correlations and Implications in Female Partners of PTSD Veterans.*

Major professor: Dr. David W. Wright

Bachelor of Science, Kansas State University, May 1991

Dual Major: Psychology and Life Science

Graduated *magna cum laude*

PROFESSIONAL EXPERIENCE

Kansas State University

Department of Applied Human Sciences (Formerly the School of Family Studies and Human Services)

Professor, 2009 – present; Associate Professor, 2004 – 2009; Assistant Professor, 1998 – 2004

Conflict Resolution Program (2010 – present); Marriage and Family Therapy Program (1998 – 2005)

Founder and Director, Institute for the Health and Security of Military Families, 2009 – 2017

Conflict Analysis and Trauma Studies Academic Minor, Co-Developer and Co-Coordinator, 2011 – 2017

FHS Military Family Programs Coordinator, 2007- 2009

College of Human Ecology

Associate Dean for Academic Affairs, 2007 – 2011

Interim Assistant Dean for Academic Affairs, 2005 – 2007

Office of the Provost

Interim Director, Office of Assessment, 2008 – 2009

Texas Tech University

Graduate Research Assistant, 1995 – 1997

Graduate Teaching Assistant (independent instructor), 1996 – 1997, Course: Courtship and Marriage

Lubbock Regional Mental Health Center, Lubbock, Texas

Child and Adolescent Counselor (part-time), February 1996 to August 1996

Pikes Peak Mental Health Center, Colorado Springs, Colorado

Mental Health Therapist, 1994 - 1995

Kansas State University

National Institute of Mental Health Clinical Trainee, 1992 - 1993

AWARDS AND HONORS

- 1st Infantry Division and Fort Riley Big Red One Year of Honor Virtue Panel Selected Participant, 1st Infantry Division and Fort Riley, 2021
- Recipient, University Distinguished Faculty Award for Mentoring of Undergraduate Students in Research at Kansas State University, 2019; Nominee, 2007, 2011, 2013, 2014, 2016, 2017
- Nominee, Commerce Bank and WT Kemper Foundation Distinguished Graduate Faculty Award, 2018
- Recipient, Honorary Noncommissioned Officer, 97th Military Police Battalion, 1st Infantry Division, 2017
- Nominee, International Society for Traumatic Stress Mentor Award, 2016
- Recipient, Outstanding Civilian Service Award, Salute from the Chief, U.S. Department of the Army Chief of Staff, 2016
- Recipient, Fort Riley Distinguished Trooper Award, 2015
- Recipient, Kansas State University Excellence in Engagement Award, 2015
- Nominee, Association of Public & Land-Grant Universities Community-University Engagement Awards, 2015
- Recipient, U.S. Department of the Army Outstanding Civilian Service Award, 2014
- K-State Women of Distinction Honoree, Kansas State University, 2012
- Recipient, Dean Barbara Stowe Endowed Faculty Development Fund Award, College of Human Ecology, 2011
- Recipient, Undergraduate Research Mentor Award, The Association of Public and Land-grant Universities Board on Human Sciences, 2010
- Faculty Honoree, Kansas State University Chapter of Mortar Board National College Honor Society, 2008
- Recipient, College of Human Ecology Council Faculty of the Month, November 2008
- Nominee, Dr. Ron and Rae Iman Outstanding Faculty Award for Research, Kansas State University Alumni Association, 2008
- Kansas Emergency Management Association Outstanding Service Award, Awarded to the Kansas All-Hazards Behavioral Health Program, 2008
- Recipient, Texas Tech University College of Human Sciences New Achiever Award, 2007
- Nominee, KSU College of Human Ecology (CHE) Faculty Research Excellence Award, 2004, 2006, 2014, 2015, 2017
- Recipient, Dawley-Scholer Award for Faculty Excellence in Student Development, College of Human Ecology, 2003; Nominee, 2005, 2015
- Selected Participant, KSU 2nd Annual James R. Coffman Leadership Institute, 2005
- Recipient, Kansas State University Faculty Member of the Week, 2003

SELECTED AWARDS AND HONORS RECEIVED BY STUDENT MENTEES

- Monk, J. K. (Spring 2019). Recipient, Rising Professional Award, College of Human Ecology Kansas State University
- Monk, J. K. (Spring 2019). Recipient, Distinguished Young Alumni, Kansas State University Alumni Center
- Cless, J. (High) (Spring 2018). Recipient, Outstanding Graduate Student—Engagement/Outreach, School of Family Studies and Human Services, Kansas State University
- Ruhlmann, L. (Oseland) (Spring 2018). Recipient, Graduate Award for Outstanding GRA, Graduate Student Council, Kansas State University
- Ruhlmann, L. (Oseland) (Spring 2018). Recipient, Graduate Award for Outstanding Academics, K-State Alumni Association, Kansas State University

IMPACT ANALYTICS

	<i>h</i> -Index	i10-Index	First Author Publications	Total Citations
Google Scholar	24	37	22	2,602

PUBLICATIONS

** Denotes publications from TRECK Team projects (Undergraduate students in **BOLD**)

++ Denotes publications from Down Syndrome Team projects (Undergraduate students in **BOLD**)

Denotes publications from KAHBH Program projects (Undergraduate students in **BOLD**)

Refereed Journal Articles

1. Cless, J., & Nelson Goff, B. S. (in press). Student history and reactions to trauma-related course content: A mixed methods pilot study of undergraduate students. *Teaching in Higher Education*.
2. ++**Krueger, K., Alexander, P., Dyster, M., Steele, R., Nelson Goff, B. S., Cless, J., Reves, M., & Wedekind, M.** (2023). A mixed methods study of relationship satisfaction in parents of children with Down syndrome. *Journal of Family Issues*, *44*(6), 1466-1487. <https://doi.org/10.1177/0192513X211059827>
3. Monk, J. K., Ruhlmann, L., Nelson Goff, B. S., Ogan, M., & Miller, M. B. (2023). Translating Discovery Science. Fostering relationships: Service provider perspectives on community building among veteran families. *Family Relations*, *72*(3), 1351–1367. <https://doi.org/10.1111/fare.12724>
4. Bentley, G. E., Thomas-Jackson, S. C., Nelson Goff, B. S., & Piland, N. (2022). Ambiguous loss and coping strategies in couples raising a child with Down syndrome: A qualitative directed content analysis study. *Medical Research Archives—European Society of Medicine*, *10*(11), 1-21. <https://doi.org/10.18103/mra.v10i11.3267>
5. **Mullet, N., **Fuss, C., Lyddon, L., Mondloch, D., Neal, S., Nelson Goff, B. S., Parson, D., & Ruhlmann, L. M.** (2022). Finding our new normal: A qualitative analysis of a 10-year follow-up study with a sample of U.S. Army couples. *Journal of Couple and Relationship Therapy*, *21*, 366-390. <https://doi.org/10.1080/15332691.2021.1945986>
6. ++**Farkas, L., Cless, J., Cless, A., Nelson Goff, B. S., Bodine, E., & Schmelzle, A.** (2019). The ups and downs of Down syndrome: A qualitative study of positive and negative parenting experiences. *Journal of Family Issues*, *40*, 518-539. <https://doi.org/10.1177/0192513X18812192>
7. ++**Krueger, K., Cless, J., Dyster, M., Reves, M., Steele, R., & Nelson Goff, B. S.** (2019). Understanding the systems, contexts, behaviors, and strategies of parents advocating for their children with Down syndrome. *Intellectual and Developmental Disabilities*, *57*, 146-157. <https://doi.org/10.1352/1934-9556-57.2.146>
8. Ruhlmann, L. M., Gallus, K. L., Beck, A. R., Nelson Goff, B. S., & Durtschi, J., (2019). A pilot study exploring PTSD symptom clusters as mediators between trauma exposure and attachment behaviors in married adults. *Journal of Couple & Relationship Therapy*, *18*, 65-84. <https://doi.org/10.1080/15332691.2017.1399848>
9. **Beck, A. R., Ruhlmann, L. M., & Nelson Goff, B. S. (2018). Pilot data on the nature of trauma exposure in military couples. *Journal of Veterans Studies*, *3*, 67-84. <https://journals.colostate.edu/jvs/article/view/117>
10. ++Cless, J., Nelson Goff, B. S., & Durtschi, J. A. (2018). Hope, coping, and relationship quality in mothers of children with Down syndrome. *Journal of Marital and Family Therapy*, *44*, 307-322. <https://doi.org/10.1111/jmft.12249>

11. **Love, H. A., Durtschi, J. A., Ruhlmann, L. M., & Nelson Goff, B. S. (2018). Army soldiers and suicidal thoughts: The impact of negative relationship dynamics moderated by the dissolution of romantic relationships. *Journal of Marital and Family Therapy, 44*, 265-276. <https://doi.org/10.1111/jmft.12252>
12. Monk, J. K., Ruhlmann, L., Nelson Goff, B. S., & Ogolsky, B. G. (2018). Brief-systemic programs for promoting mental health and relationship functioning in military couples and families. *Journal of Family Theory and Review, 10*, 566-586. Special Issue: Military and Veteran-Connected Families: Advances in Theory and Methodology. <https://doi.org/10.1111/jftr.12280>
13. **Ruhlmann, L. M., Nelson Goff, B. S., Novak, J. R., **Fuss, C., Gnagi, T., & Schiferl, M.** (2018). Psychological and relational health profiles of soldiers in committed romantic relationships. *Journal of Family Psychology, 32*(8), 1057-1067. <https://doi.org/10.1037/fam0000471>
14. Cless, J., & Nelson Goff, B. S. (2017). Teaching trauma: A model for introducing traumatic materials in the university classroom. *Advances in Social Work, 18*(1), 25-38. <https://doi.org/10.18060/21177>
15. **Summers, K., **Campbell, A., Gray, H., Zetmeir, L.** & Nelson Goff, B. S. (2017). A comparison study of low trauma disclosure participants and their partners in Army couples. *Marriage and Family Review, 53*, 556-575. <https://doi.org/10.1080/01494929.2016.1247762>
16. Monk, J. K., Oseland, L. M., Nelson Goff, B. S., Ogolsky, B. G., & Summers, K. (2017). Integrative intensive retreats for veteran couples and families: A pilot study assessing change in relationship adjustment, posttraumatic growth, and trauma symptoms. *Journal of Marital and Family Therapy, 43*, 448-462. <https://doi.org/10.1111/jmft.12230>
17. **Nelson Goff, B. S., **Hartman, K., Perkins, D., Summers, K., Walker, L.,** & Monk, J. K. (2016). Talk to me: Disclosure of trauma experiences to spouses in a sample of military couples. *Journal of Veterans Studies, 1*, 98-128. <http://doi.org/10.21061/jvs.v1i1.40>
18. ++Nelson Goff, B. S., Monk, J. K., **Staats, N., Malone, J., Tanner, A.,** & Springer, N. (2016). Comparing parents of children with Down syndrome at different life span stages. *Journal of Marriage and Family, 78*, 1131-1148. <https://doi.org/10.1111/jomf.12312>
19. **Oseland, L. M.,** Gallus, K. L., & Nelson Goff, B. S. (2016). Clinical application of the Couple Adaptation to Traumatic Stress Model: A pragmatic framework for working with traumatized couples. *Journal of Couple and Relationship Therapy, 15*, 83-101. (Special Issue: *Research and Treatment Models Addressing Trauma in Couples*). <https://doi.org/10.1080/15332691.2014.938284>
20. Bell Carlson, M. M., Britt, S., & Nelson Goff, B. S. (2015). Factors associated with a composite measure of financial behavior among soldiers. *Journal of Financial Counseling and Planning, 26*, 30-42.
21. Bell Carlson, M. M., Britt, S., Nelson Goff, B. S., & Archuleta, K. (2015). Similarities and differences in financial behaviors of students and soldiers. *College Student Journal, 49*, 542-552.
22. **Nelson Goff, B. S., **Summers, K., Hartman, K., Billings, A., Chevalier, M., Hermes, H., Perkins, D., Walker, L.,** Wick, S., & Monk, J. K. (2015). Disclosure of war deployment experiences: A qualitative study of the relationship impact on military couples. *Military Behavioral Health Journal, 3*, 190-198. <https://doi.org/10.1080/21635781.2015.1055865>
23. ++**Staats, N.,** Nelson Goff, B. S., Springer, N., & Monk, J. K. (2015). Parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups. *Journal on Developmental Disabilities, 21*, 83-94. https://oadd.org/wp-content/uploads/2015/01/41021_JoDD_21-2_v23f_83-94_Staats_et_al.pdf
24. Bell, M. M., Nelson, J. S., Spann, S. M., Molloy, C. J., Britt, S. L., & Nelson Goff, B. S. (2014). The impact of financial resources on soldiers' well-being. *Journal of Financial Counseling and Planning, 25*, 41-52.
25. Monk, J. K., & Nelson Goff, B. S. (2014). Military couples' trauma disclosure: Moderating between trauma symptoms and relationship quality. *Psychological Trauma: Theory, Research, and Practice, 6*, 537-545. <https://doi.org/10.1037/a0036788>

26. **Nelson Goff, B. S., Irwin, L., **Devine, S., Cox, M., Orrick, K., & Schmitz, A.** (2014). A qualitative study of single-trauma and dual-trauma military couples. Special section: Dual-Trauma Couples. *Psychological Trauma: Theory, Research, and Practice*, *6*, 216-223. <https://doi.org/10.1037/a0036697>
27. Wick, S., & Nelson Goff, B. S. (2014). A qualitative analysis of military couples with high and low trauma symptoms and relationship distress levels. *Journal of Couple and Relationship Therapy*, *13*, 63-88. <https://doi.org/10.1080/15332691.2014.865983>
28. ++Nelson Goff, B. S., Springer, N., **Foote, L. C., Frantz, C., Peak, M., Tracy, C., Veh, T., Bentley, G. E., & Cross, K. A.** (2013). Receiving the initial Down syndrome diagnosis: A comparison of prenatal and postnatal parent group experiences. *Intellectual and Developmental Disabilities*, *51*, 446-457. <https://doi.org/10.1352/1934-9556-51.6.446>
29. Baptist, J., & Nelson Goff, B. S. (2012). An examination of the broaden-and-build model of positive emotions in military marriages: An actor-partner analysis. *Journal of Couple and Relationship Therapy*, *11*, 205-220. <https://doi.org/10.1080/15332691.2012.692942>
30. Hanson, J. A., Haub, M. D., Walker, J. J., Johnston, D. T., Nelson Goff, B. S., & Dretsch, M. N. (2012). Attention deficit hyperactivity disorder subtypes and their relation to cognitive functioning, mood states, and combat stress symptomatology in deploying U.S. soldiers. *Military Medicine*, *177*(6), 655-662. <https://doi.org/10.7205/MILMED-D-11-00340>
31. McIntyre, J., & Nelson Goff, B. S. (2012). Federal disaster mental health response and compliance with best practices. *Community Mental Health Journal*, *48*(6), 723-728. <https://doi.org/10.1007/s10597-011-9421-x>
32. **Aducci, C. J., Baptist, J. A., George, J., Barros, P. M., & Nelson Goff, B. S. (2011). The recipe for being a good military wife: How military wives managed OIF/OEF deployment. Thematic Issue, *Journal of Feminist Family Therapy*, *23*, 231-249. <https://doi.org/10.1080/08952833.2011.604526>
33. Anderson, J. R., Johnson, M. D., Nelson Goff, B. S., **Cline, L. E., Lyon, S. E., & Gurss, H.** (2011). Factors that differentiate distressed and non-distressed marriages in Army soldiers. *Marriage and Family Review*, *47*, 459-473. <https://doi.org/10.1080/01494929.2011.619301>
34. **Baptist, J., Amanor-Boadu, Y., Garrett, K., Nelson Goff, B. S., **Collum, J., Gamble, P., Gurss, H., Sanders-Hahs, E., Strader, L., & Wick, S.** (2011). Military marriages: The aftermath of Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) deployments. *Contemporary Family Therapy*, *33*, 199-214. <https://doi.org/10.1007/s10591-011-9162-6>
35. **Henry, S. B., Smith, D. B., Archuleta, K., **Sanders-Hahs, E., Nelson Goff, B. S., Reisbig, A. M. J., Schwardtfefer, K. L., Bole, A., Hayes, E., Hoheisel, C. B., Nye, B., Osby-Williams, J., & Scheer, T.** (2011). Trauma and couples: Mechanisms in dyadic functioning. *Journal of Marital and Family Therapy*, *37*, 319-332. <https://doi.org/10.1111/j.1752-0606.2010.00203.x>
36. Collins, N., Hyman-Parker, S. Mitstifer, D., & Nelson Goff, B. (2010). Perceptions of the value of undergraduate research: A pilot qualitative study of human sciences graduates. *Family & Consumer Sciences Research Journal*, *38*(3), 303-316. <https://doi.org/10.1111/j.1552-3934.2009.00026.x>
37. Collins, N., Mitstifer, D., Nelson Goff, B., & Hyman-Parker, S. (2009). Undergraduate research in the human sciences: Three models. *Journal of Family and Consumer Sciences*, *101*(3), 24-31.
38. **Hamilton, S., Nelson Goff, B. S., Crow, J. R., & Reisbig, A. M. J. (2009). Primary trauma of female partners in a military sample: Individual symptoms and relationship satisfaction. *American Journal of Family Therapy*, *37*, 336-346. <https://doi.org/10.1080/01926180802529965>
39. **Nelson Goff, B. S., Crow, J. R., Reisbig, A. M. J., & Hamilton, S. (2009). The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress in female partners. *Journal of Couple and Relationship Therapy*, *8*, 291-305. <https://doi.org/10.1080/15332690903246085>
40. Britt, S., Grable, J., Nelson Goff, B. S., & White, M. (2008). The influence of perceived spending behaviors on relationship satisfaction. *Financial Counseling and Planning*, *19*, 31-43.
41. **Doyle, T., **Strader, L., Nelson Goff, B. S., & Sanders-Hahs, E.** (2008). *Coming home: The impact of*

military deployments to Iraq and Afghanistan on relationship satisfaction. Undergraduate Research Journal for the Human Sciences, 7, Online [http://www.kon.org/urc/v7/doyle.html]

42. **Schwerdtfeger, K. L., Osby-Williams, J., Hoheisel, C. B., **Nye, B.**, Nelson Goff, B. S., Reisbig, A. M. J., Archuleta, K., Blalock Henry, S., **Bole, A.**, Hayes, E., **Sanders-Hahs, E.**, **Scheer, T.**, & Smith, D. (2008). Individual symptoms and coping resources reported by trauma survivors and their partners: A qualitative research study with clinical couples. *Journal of Couple and Relationship Therapy, 7*(3), 187-209. <https://doi.org/10.1080/15332690802238043>
43. Schwerdtfeger, K. L., & Nelson Goff, B. S. (2008). The effects of trauma-focused research on pregnant female participants. *Journal of Empirical Research on Human Research Ethics, 3*, 59-67. <https://doi.org/10.1525/jer.2008.3.1.59>
44. **Nelson Goff, B. S., Crow, J. R., Reisbig, A. M. J., & Hamilton, S. (2007). The impact of individual trauma symptoms of deployed soldiers on relationship satisfaction. *Journal of Family Psychology, 21*, 344-353. <https://doi.org/10.1037/0893-3200.21.3.344>
45. Schwerdtfeger, K. L., & Nelson Goff, B. S. (2007). The intergenerational transmission of trauma: Exploring mother-infant prenatal attachment. *Journal of Traumatic Stress, 20*, 39-51. <https://doi.org/10.1002/jts.20179>
46. Higgins Kessler, M. R., & Nelson Goff, B. S. (2006). Initial treatment decisions with adult survivors of childhood sexual abuse: Recommendations from clinical experts. *Journal of Trauma Practice, 5*, 33-56. https://doi.org/10.1300/J189v05n03_03
47. **Nelson Goff, B. S., Reisbig, A. M. J., **Bole, A.**, **Scheer, T.**, Hayes, E., Archuleta, K. L., Blalock Henry, S., Hoheisel, C. B., **Nye, B.**, Osby, J., **Sanders-Hahs, E.**, Schwerdtfeger, K. L., & Smith, D. B. (2006). The effects of trauma on intimate relationships: A qualitative study with clinical couples. *American Journal of Orthopsychiatry, 76*, 451-460. <https://doi.org/10.1037/0002-9432.76.4.451>
48. **Nelson Goff, B. S., Peterson, F. R., Berg, N., Williams, T., & Clark, C. (2006). The single trauma couple: A case analysis of a clinical session transcript. *Journal of Couple and Relationship Therapy, 5*, 59-77. https://doi.org/10.1300/J398v05n03_04
49. **Nelson Goff, B. S., & Smith, D. (2005). Systemic traumatic stress: The Couple Adaptation to Traumatic Stress Model. *Journal of Marital and Family Therapy, 31*, 145-157. <https://doi.org/10.1111/j.1752-0606.2005.tb01552.x>
50. Higgins Kessler, M. R., Nelson, B. S., Jurich, A. P., & White, M. (2004). Clinical decision-making strategies of marriage and family therapists in the treatment of adult childhood sexual abuse survivors. *American Journal of Family Therapy, 32*, 1-10. <https://doi.org/10.1080/01926180490255800>
51. Higgins Kessler, M. R., White, M., & Nelson, B. S. (2003). Group treatments for adults sexually abused as children: A review of the literature and recommendations for future outcome research. *Child Abuse and Neglect, 27*, 1045-1061. [https://doi.org/10.1016/S0145-2134\(03\)00165-0](https://doi.org/10.1016/S0145-2134(03)00165-0)
52. Nelson, B. S. (2003). Post-war trauma and reconciliation in Bosnia-Herzegovina: Observations, experiences, and recommendations for marriage and family therapy. *American Journal of Family Therapy, 31*, 305-316. <https://doi.org/10.1080/01926180390201990>
53. Wampler, K. S., Shi, L., Nelson, B., & Kimball, T. G. (2003). The Adult Attachment Interview and observed couple interaction: Implications for an intergenerational perspective on couple therapy. *Family Process, 42*, 497-516. <https://doi.org/10.1111/j.1545-5300.2003.00497.x>
54. Nelson, B. S., & Wampler, K. S. (2002). Further understanding the systemic effects of childhood sexual abuse: A comparison of two groups of clinical couples. *Journal of Child Sexual Abuse, 11*, 85-106. https://doi.org/10.1300/J070v11n03_05
55. **Nelson, B. S., Wangsgaard, S., Yorgason, J., Higgins Kessler, M., & Carter-Vassol, E. L. (2002). Single and dual trauma couples: Relationship characteristics and dynamics. *American Journal of Orthopsychiatry, 72*, 58-69. <https://doi.org/10.1037/0002-9432.72.1.58>

56. Fees, B. S., Nelson, B. S., O'Conner, N. T., Sheehe, C., & McIntyre, J. (2001). Home-based intervention: A collaborative model for service-learning among early childhood educators and marriage and family therapists. *Journal of Teaching in Marriage and Family, 1* (4), 39-52. https://doi.org/10.1300/J226v01n04_03
57. Nelson, B. S., Wright, D. W., & Vaughn, M. (2001). Sleeping single in a family bed: Themes and issues on singlehood from National Council on Family Relations roundtable discussion groups. *Journal of Teaching in Marriage and Family, 1* (1), 112-132. https://doi.org/10.1300/J226v01n01_05
58. Nelson, B. S., & Wampler, K. S. (2000). Systemic effects of trauma in clinic couples: An exploratory study of secondary trauma resulting from childhood abuse. *Journal of Marital and Family Therapy, 26*, 171-184. <https://doi.org/10.1111/j.1752-0606.2000.tb00287.x>
59. Nelson, B. S., & Wright, D. W. (1996). Understanding and treating post-traumatic stress disorder symptoms in female partners of veterans with PTSD. *Journal of Marital and Family Therapy, 22*, 455-467. <https://doi.org/10.1111/j.1752-0606.1996.tb00220.x>

Edited Journal

1. Nelson Goff, B. S. (Special Issue Editor). (2016). *Journal of Couple and Relationship Therapy—Special Issue: Research and Treatment Models Addressing Trauma in Couples, 15*(2).
 - Articles include:
 - Nelson Goff, B. S. (2016). *Research and treatment models addressing trauma in couples: Editor commentary.*
 - Oseland, L., Gallus, K., & Nelson Goff, B. S. (2016). *Clinical application of the Couple Adaptation to Traumatic Stress Model: A pragmatic framework for working with traumatized couples.*
 - Murray, C., & Wilson, H. (2016). *The experience of deployment for partners of military personnel.*
 - Dekel, R., Nuttman-Shwartz, O., & Lavi, T. (2016). *Shared traumatic reality and boundary theory: How mental health professionals cope with the home/work conflict during continuous security threats.*
 - Lewis, M., Lamson, A., & White, M. (2016). *The state of dyadic methodology: An analysis of the literature on interventions for military couples.*
 - Monk, J. K., Ogolsky, B., & Bruner, V. (2016). *Veteran Couples Retreat Model: A PTSD intervention for military veterans and their partners.*

Published Proceedings

1. Bell, M. M., Britt, S. L., & Nelson Goff, B. S. (2013). The financial behaviors of soldiers before and after deployment. *Proceedings of the Association for Financial Counseling Planning and Education, 2013 Annual Research and Training Symposium*. Retrieved at: http://www.afcpe.org/assets/2013_Symposium_Proceedings_flipbook/files/inc/c5c9d5098d.pdf

Published Book

1. Nelson Goff, B. S. (2023). *Bulletproof vows: Stories of couples navigating military deployments and life's battles*. New Degree Press.

Edited Book

1. Nelson Goff, B. S., & Piland Springer, N. (Eds.) (2018). *Intellectual and developmental disabilities: A roadmap for families and professionals*. Routledge/Taylor & Francis.
 - Co-authored chapters:
 - ++Cless, J., Bodine, E., Edelman, A., Farkas, L., Cless, A., Nelson Goff, B. S., & Piland Springer, N. (2018). Advice to new parents from parents: Reflecting on the journey. In B. S.

Nelson Goff & N. Piland Springer (Eds.), *Intellectual and developmental disabilities: A roadmap for families and professionals*. Routledge/Taylor & Francis.

- Turns, B., Nelson Goff, B. S., Masterson, M., Cless, J. D., & Cless, A. W. (2018). Intellectual and developmental disabilities: An introduction and overview. In B. S. Nelson Goff & N. Piland Springer (Eds.), *Intellectual and developmental disabilities: A roadmap for families and professionals*. Routledge/Taylor & Francis.

Published Chapters in Books

1. Cless, J., & Nelson Goff, B. S. (in press). Trauma-informed teaching of sensitive subjects: Strategies for instructors. In L. Tufford & A. Dylan (Eds.), *Trauma-informed care in social work education: Implications for students, educators, pedagogy, and field*.
2. Gallus, K. L., & Nelson Goff, B. S. (2021). Intellectual and developmental disabilities: Understanding stress and resilience in family systems. In K. R. Bush & C. A. Price (Eds.), *Families and change: Coping with stressful events and transitions*, 6th Ed. Sage.
3. Blow, A. J., Nelson Goff, B. S., Farero, A., & Ruhlmann, L. M. (2020). Posttraumatic stress and couples. In K. S. Wampler & A. J. Blow (Eds.), *Handbook of systemic family therapy: Volume 3. Systemic family therapy with couples*. John Wiley & Sons.
4. Nelson Goff, B. S., Ruhlmann, L., Dekel, R., & Huxman, S. (2020). Trauma, posttraumatic stress, and family systems. In K. S. Wampler, M. Rastogi, & R. Singh (Eds.), *Handbook of systemic family therapy: Volume 4. Systemic family therapy and global health issues*. John Wiley & Sons.
5. ++Nelson Goff, B. S., High, J., Cless, A., Koblitz, K., Staats, N., & Springer, N. (2017). Special needs in families. In C. A. Price, K. R. Bush, & S. J. Price (Eds.), *Families and change: Coping with stressful events and transitions*, 5th Ed. (pp. 79-94). Sage.
6. ++Nelson Goff, B. S., Springer, N., & Bentley, G. A. (2014). Children with special needs. In R. Nazarinia Roy, W. Schumm, & S. Britt (Eds.), *Transition to parenthood* (pp. 171-188). Springer.
7. **Nelson Goff, B. S., & Schwerdtfeger, K. L. (2004). The systemic impact of traumatized children. In D. Catherall (Ed.), *Handbook of stress, trauma, and the family* (pp. 179-202). Brunner-Routledge.
8. Nelson, B. S. (2002). Trauma and reconciliation in Bosnia and Herzegovina: Observations, experiences and recommendations from a marriage and family therapist. In M. Tokaca (Ed.), *Pokidani pupoljci (The Plucked Buds)* (pp. 385-394). Commission for Gathering Facts on War Crimes in Bosnia and Herzegovina.
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10. Wright, D. W., Nelson, B. S., & Georgen, K. (1994). Marital problems: An overview of research during the 1980s. In P. McKenry & S. Price (Eds.), *Contemporary family issues: Coping with problems and change*. Sage.

Other Publications

1. ++Nelson Goff, B. S. (2019, May/June). Understanding the journey of Down syndrome: A research perspective. *Family Therapy Magazine*, 18 (3), 10-14
2. ++Nelson Goff, B. S. (2019). Understanding the journey of Down syndrome. *Connections: Newsletter of the Down Syndrome Guild of Kansas City*, 24(100), 2.
3. ++Nelson Goff, B. S., & Springer, N. (2011). Finding hope: When Down syndrome enters your life. *Down Syndrome News: Newsletter of the National Down Syndrome Congress*, 34(3), 38-39.

4. **Nelson, B. S., & Schwerdtfeger, K. L. (2003, November). Trauma in the family: The systemic impact of traumatized children. *The Child Survivor of Traumatic Stress*, 9, 3-4.
5. **Nelson, B. S., & Schwerdtfeger, K. L. (2003). Shattered home: The impact of trauma on children and families. *Kansas Child*, 2(4), 7.
6. Nelson, B. S. (2003, August). Turning the tide on trauma: Lessons learned in Bosnia show need for long-term humanitarian aid in Iraq. *K-Stater*, 53 (1), 15.
7. **Nelson, B. S., & Schwerdtfeger, K. L. (2002). Trauma to one family member affects entire family. *Traumatic Stresspoints*, 26(3), 7.
8. Nelson, B. S. (2001). [Review of the book *Resilient adults: Overcoming a cruel past.*] *Journal of Marital and Family Therapy*, 27, 412-413.
9. Nelson, B. S. (2000/2001, December/January). MFT shares experience helping trauma survivors in Bosnia. *Family Therapy News*, 31, 23.

Publications Submitted or In Process

1. Bentley, G. E., Thomas-Jackson, S. C., Nelson Goff, B. S., & Piland, N. (In process). *Down syndrome and mothering: A mixed methods exploration of hope, satisfaction, and coping.*
2. Cless, J., & Nelson Goff, B. S. (in process). *Assessing the impact of student reactions in a trauma-related undergraduate course: The Reactions to Trauma Course Participation Scale.*
3. Cless, J., & Nelson Goff, B. S. (in process). *Learning about trauma: Cortisol responses and trauma exposure in students in an undergraduate trauma course.*
4. Moss, R., Vilches, S., & Nelson Goff, B. S. (in process). *Relational and social well-being before, during, and after incidences of commercial sexual exploitation.*
5. **Staats, N., Nelson Goff, B. S., & Huxman, S. (in process). *A latent growth analysis of outcomes from veterans and spouses participating in a systemic PTSD retreat intervention.*

RESEARCH PROGRAM

Couple and Family Functioning in Special Populations:

The Effects of Crisis and Trauma on Individual, Couple, Family and Community Systems

Research Area #1:

Trauma Research, Education, & Consultation at K-State (TRECK) Team (1998 to present)

Project #1: Primary and Secondary Traumatic Stress in Couples (1998 to present)

This project has sought to obtain an empirical understanding of the systemic effects of traumatic events on adult interpersonal relationships. Trauma research traditionally has focused on how traumatic events impact the individual trauma victim. Literature on the long-term couple and family system effects in adults previously exposed to traumatic events has been limited. This program of research seeks to expand the empirical work on trauma in couples. In addition, this research project provides a unique educational and research opportunity by including both graduate and undergraduate students in the *Trauma Research, Education, and Consultation at K-State (TRECK) Team*, who are actively involved in learning and conducting the research methodology (under the direction of the PI). Since 1998, over 150

students have been involved with the TRECK Team, over 130 of whom have been undergraduate students.

The TRECK research program has consisted of three phases:

Phase 1: Beginning in June 2002, this phase focused on the secondary effects of trauma in couples where one or both partners have been exposed to a previous traumatic event (e.g., childhood abuse, war trauma, accidents). Qualitative and quantitative data were collected with 14 couples through the KSU Family Center and other community contacts. Qualitative data analysis was complete in January 2005, with manuscript preparation immediately following. Graduate and undergraduate student research assistants were involved in the research teams. All presentations and publications include undergraduate and graduate students as co-presenters/authors. Three publications have resulted from these data.

Phase 2: From August 2004 to September 2005, Phase 2 included 50 military couples from Fort Riley, Fort Leavenworth, and other areas of Kansas to understand how their recent deployment to *Operation Iraqi Freedom* (OIF) or *Operation Enduring Freedom* (OEF) (war trauma) impacts the soldiers, their partners, and their couple relationship. This second phase of research provided an additional participant pool facing an important current trauma-related issue in the U.S. As with Phase 1, graduate and undergraduate students have been involved in the research teams. Eleven published manuscripts, four in review/in process manuscripts, and several student projects have resulted from these data.

Phase 3: Beginning in August 2015, we are conducting a 10 year follow-up study with the 50 Army couples from Phase 2. We are currently in the process of contacting these couples, and to date, we have collected data from 18 of the original participants. In addition, we have secured two internal grants for this follow-up study and are currently in the process of completing an NIH grant for additional data collection.

The research questions for these studies are:

- In what ways are the partners of trauma survivors (soldiers) affected by the primary survivor's previous deployment and trauma exposure (intrapersonal secondary traumatic stress symptoms)?
- In what ways are the couple's interpersonal functioning affected when there is a history of trauma exposure (interpersonal/systemic secondary traumatic stress symptoms)?
- In what ways do trauma survivors and their partners describe the impact of previous trauma exposure on their dyadic relationship? What mechanisms or moderating factors related to trauma exposure affect the couple system and functioning of the dyad?

A mixed-method research design was used in this research, which includes quantitative questionnaires that identify post-traumatic stress symptomatology in both partners and quality of the current dyadic relationship. The quantitative instruments included the Traumatic Events Questionnaire (Vrana & Lauterbach, 1994), Purdue Post-Traumatic Stress Disorder Scale-Revised (Lauterbach & Vrana, 1996), Trauma Symptom Checklist-40 (Briere, 1996), and Dyadic Adjustment Scale (Spanier, 1976). The qualitative interviews focused on the interpersonal impact of trauma on the couple relationship, intrapersonal effects of trauma exposure on both partners, and current dyadic functioning. All research projects have included a team-based approach, which includes undergraduate students, graduate students, and the TRECK faculty advisor. Students are included as co-authors and co-presenters on all TRECK projects if they commit to at least 2 semesters on the project and participate in the data analyses process.

Project #2: The Institute for the Health and Security of Military Families (2007-2017; Institute established in 2009) – www.militaryfamilies.ksu.edu

The Institute for the Health and Security of Military Families at Kansas State University provides research, outreach, training, and clinical service programs to address the complex effects of wartime service on the long-term health and well-being of military personnel, veterans, and their families. Topics of

recent research include the effects of trauma and deployment on marriages, military children and deployment, financial behaviors of soldiers, health and well-being of military spouses, and violence prevention in military families. Launched in 2009, the Institute also provides clinical programs and retreats for service members, veterans, and their caregivers. The Institute is the “tip of the spear” for K-State’s alliances with area military installations, the Kansas National Guard, Army Reserve, US Department of Veteran’s Affairs, the Department of Defense, and other state and national organizations, providing support to the scientists and practitioners, students and faculty, from diverse disciplines across K-State who are addressing the health and well-being of current and former military service members and their families. The Institute engages graduate and undergraduate students through research, academic partnerships, and outreach programs with our military partners. The Institute Director was recognized in 2014 with a Department of the Army Outstanding Civilian Service Award for developing collaborations between key stakeholders working on behalf of veterans and military families. In 2016, the director received the Outstanding Civilian Service Medal from the Chief of Staff of the Army. The Institute is uniquely positioned to provide national leadership for engaged programs that target the needs of today’s military personnel and their families.

Partnerships

Selected programs conducted at K-State and in partnership among the Institute and specific military and community partners are described below. The programs described here provide exemplars of the breadth of the Institute’s engaged work.

Engaged Research Programs

Fort Riley KS Military Family Survey: Family Decisions to Accompany Soldiers Study (2008)

The purpose of this project was to better understand why families choose to accompany or not to accompany their Soldier when he/she is transferred to Fort Riley, Kansas. The study results provided Fort Riley commanders with information about the key factors and decisions that motivated families to accompany soldiers to Fort Riley, the factors that caused families to not accompany soldiers to Fort Riley, and recommendations for programs to improve family relocation to Fort Riley. Data from this study were utilized in developing the Fort Riley 2015 Strategic Plan.

Reintegration: Strong Marine Couples Program Evaluation (2015-2016)

The purpose of this project is to evaluate an educational workshop designed to help Marine couples with reintegration following deployment. This project involves a subcontract from the Military Family Research Institute at Purdue University. The Institute will conduct the evaluation of one program, the Marine Corps Mobilization and Deployment, Reintegration: Strong Marine Couples program, which targets couples 45 to 60 days following a Marine's return from deployment. The program includes workshops on understanding common changes that result from deployment, stressors and how to overcome them, communication, and other issues throughout the reintegration process.

Engaged Academic and Educational Programs

The Kansas National Guard Resiliency Project: Family Advocacy Program (2008-2009)

Operation FAST: Family Adaptation and Sustainability Training: Completed a resilience training manual that included information for spouses and soldiers for the Kansas National Guard, which consisted of current knowledge, practice, and application information relevant to current family issues (e.g., family financial resilience, coping with grief and loss, healthy relationships, conflict resolution, child and youth development). Developed and provided the family resilience training component for the KNG Front Line Leaders resiliency course.

Academic Partnerships and Internships (2012-2017)

Fort Riley KS Academic Internship Program: Developing academic partnerships with Fort Riley, specifically expanding the potential for academic internships for K-State students on post. We have worked with Fort Riley leadership and have estimated that there are currently around 25 K-State students in 7 academic areas completing academic internships at Fort Riley. The goal of this project is to expand opportunities for K-State students to 125 students in up to 35 different academic disciplines. This project has provided the

opportunity for K-State to partner directly by providing academic expertise and students completing internships who can assist with the various programs for soldiers and families related to direct support efforts.

Other Academic Internship and Volunteer Programs: Since 2012, 12 undergraduate students have completed formal academic internships with the Institute, with another 15 students volunteering with various Institute programs. We also have referred 10 undergraduate students to two DoD/USDA Partnership national internship programs: Project Y.E.S! (North Carolina State University) and the Military Extension Internship Program (Purdue University). In addition, the Institute staff has included 1 AmeriCorps VISTA volunteer since 2013, who works collaboratively with the Institute, Operation: Military Kids, and Joining Community Forces throughout Kansas. We will be serving as the host organization for 3 VISTAs in 2015-2016, and will be submitting applications for 5 VISTA positions for 2016-2019.

Engaged Military Community Outreach Programs

Military Child Education Coalition (2012)

The Institute hosted the Military Child Education Coalition (MCEC) Public Engagement Event for Kansas, May 1-2, 2012, attended by 90 invited representatives from across Kansas. The Institute served as the primary facilitator for ongoing work implementing the action plan throughout Kansas. Key individuals in attendance included: Dr. Mary Keller, CEO/President, Military Child Education Coalition; Mrs. Patty Shinseki, Board member, Military Child Education Coalition (MCEC), Chair of MCEC's Living in the New Normal Initiatives and Board member of the White House Joining Forces Initiative; MG Lee Tafanelli, The Adjutant General of Kansas, and Mrs. Tammy Tafanelli, co-chair of the Public Engagement; BG Eric Peck, Deputy Adjutant General, Kansas National Guard; BG Donald MacWillie, Commanding General (Rear) Fort Riley, and Mrs. Sherri MacWillie.

National Military and Veteran Couples Retreats Program: National Veterans Wellness and Healing Center, Angel Fire NM (2011 to present); GratitudeAmerica, Marineland FL (2013-2015); Walter Reed Foundation, Bethesda MD (2015-2016)

The Institute has collaborated with these organizations in conducting military support retreats for Soldiers/Veterans and their spouses. The Program is specifically designed to assist Military Service Members, Veterans and their Families (SMVF) affected by deployment and/or combat by using a community-based, holistic, and multi-modal/integrative approach that provides a structure that includes ongoing **community-based programming** and peer support. The Retreats Program encompasses a psychoeducational and skills-training approach toward empowerment and destigmatization of post-deployment/post-combat stress effects. The program utilizes evidence-based traditional and holistic modalities when working with Veteran Couples/Families to include: psychoeducation, mind-body and complementary treatment interventions (e.g., yoga, massage, Tai Chi), and animal-assisted therapies. The Institute conducts the program outcome research for the Retreats program, as well as completing online applications and program evaluations. Preliminary data collection was completed in Summer 2015 with GratitudeAmerica; additional data are currently being collected with the National Veterans Wellness and Healing Center, Angel Fire NM, and the Walter Reed Society Foundation, Bethesda MD.

Project #3: Structural Equation Modeling Analyses with National Soldier and Veteran Datasets (2015-2018)

In the Fall 2015 semester, I audited FSHS 910 Advanced MFT Research Methods, with Dr. Jared Durtschi. My involvement with this class, which also included my two doctoral students in MFT, has piqued my excitement for statistics and using advanced analysis methods with large datasets. We are currently in the process of obtaining and conducting advanced statistical analyses with two large national data sets, described below. These projects provide cutting-edge quantitative and qualitative data to further bridge the fields of trauma and couple/family systems.

- Army STARRS (www.armystarrs.org)
 - Army STARRS is the largest study of mental health risk and resilience ever conducted among

- o military personnel. Army STARRS data collection occurred from July 2009 - June 2015.
- o Public use datasets of Army STARRS data became available in June 2015 through the Inter-university Consortium for Political and Social Research (ICPSR) at the University of Michigan.
- o All Army Study (AAS)
 - The AAS includes representative Army-wide samples of Soldiers across all phases of Army service in quarterly samples.
 - The AAS survey data are available for 21,449 US Soldiers.
- o Our goal with the Army STARRS data will be to address systemic and interpersonal risk and protective factors for mental health and other health-related outcomes in Soldiers and families.

Research Area #2:

National Down Syndrome Families Study: The Journey to Resilience and Hope in Parenting a Child with Down Syndrome (2009-present)

PIs: Briana S. Nelson Goff, PhD
Kansas State University

Nicole (Springer) Piland, PhD
Texas Tech University

OBJECTIVE AND SPECIFIC AIMS

Although this research project arose from the PIs' personal experiences, the research program focuses on understanding the impact, particularly the positive effects, of parenting a child with Down syndrome (DS), as well as understanding the various aspects in this journey for families. The project includes a national dataset of 645 parents and/or caregivers (including fathers), that explores the journey to resilience and hope experienced by families with a member with DS. This research will identify the key resilience factors in families who have successfully navigated this difficult transition and provide empirically-based information and resources for families facing this journey in the future.

EXPECTED OUTCOMES AND SIGNIFICANCE

There are two primary outcomes from this project: 1) peer-reviewed journal or book chapter publications based on the research data, and 2) an edited book for helping professionals working with intellectual and developmental disability (IDD) populations and their families. This research will have a significant impact on the disability community, because the publications in this area often are not empirically-based. Many of the current mainstream publications for parents focus on either the plethora of problems facing children with DS in technical, medical language, or stories of experiences of parents that are not based on empirical information; they only include chapters of the parent's stories. The goal of developing an edited publications for professionals and parents of children with IDD, which will include the experiences of parents in their own words, as well as several key resources to help families on this journey, makes this long-term project of benefit to the IDD community, including parents, caregivers, professionals, and others working with children and adults with intellectual and developmental disabilities.

These projects will be further developed into academic publications/presentations, as well as other mainstream publications (e.g., newsletter articles, publications for parents and professionals, trainings for professionals). We are working directly with several national IDD organizations to identify avenues where this information will be most beneficial, as well as impacting legislative and public policy. This research has resulted in numerous publications, including the book, *Intellectual and Developmental Disabilities: A Roadmap for Families and Professionals* (2018).

Previous Research Projects:

Trauma and Reconciliation in Bosnia-Herzegovina (2000 to 2003)

This project, funded by the National Research Council (a division of the National Academy of Sciences), addressed the current needs of the people of Bosnia-Herzegovina. In 2000, an interdisciplinary team of researchers from the US worked in Bosnia-Herzegovina to determine potential resources for developing research programs and develop collaborations with international and US scholars. In 2001, I conducted research through a follow-up grant at Dom Bjelave Children's Home in Sarajevo. Information gained in this project have been developed into educational and research programs that focus on post-war recovery, particularly with the KSU Community Service Program International Summer Team in Bosnia, where I served as a consultant and collaborator with Marina Pecar, former College of Architecture faculty, for the team.

In 2003, this project involved the *Creative Education for Peace: Children and Families in Post-War Bosnia-Herzegovina Project*. The Co-PI was Marina Pecar, previously with the K-State Department of Architecture, who is from Bosnia and has coordinated previous student projects in that region. We collaborated with Training Workshops International (TWI), a Virginia-based organization that has been working with children's homes in Bosnia since 1996. The teams consisted of graduate students, primarily in MFT, who provided educational and therapeutic activities with the children in the homes for two months during the summer semester. In 2003, two students participated in this project. In preparation, the CEP team met for 1.5 hours weekly for language and culture training, development of individual and group projects, and team coordination for their work in Bosnia. Funding was requested from the following federal sources and private foundations: ROTARY International (individual student funding was received), US Department of Education, and the Greenville Foundation.

Kansas All-Hazards Behavioral Health Program (KAHBH) (2005 to 2007)

The KAHBH program was developed through a contract between the Kansas Department of Health and Environment, Kansas Mental Health Authority (KMHA) of the Kansas Department of Social and Rehabilitation Services, and the Kansas State University School of Family Studies and Human Services. KMHA, KAHBH, and Community Mental Health Center coordinators form a linked network without hierarchy that works to ensure resources are adequate to meet the behavioral health needs of people in Kansas following disaster. The KAHBH program was responsible for the development of a State-wide behavioral health disaster response plan, recruitment of behavioral health volunteers, and maintenance of on-call disaster behavioral health volunteer list. KAHBH also was responsible for identifying and coordinating disaster related training for behavioral health disaster response workers. KAHBH developed a database of resources, including needs of special populations, interpreters, language banks, clergy, and family and peer support groups.

KAHBH was involved with community mental health centers (CMHCs) to design behavioral health disaster team structures and develop disaster response procedures. KAHBH consulted with CMHCs about planning and management of their responses to local disasters. KAHBH and local CMHCs worked closely with the local disaster agencies, behavioral health service providers, and other trained persons to provide crisis counseling services.

In May 2007, the first KAHBH response was initiated due to an EF5 Tornado that struck Kiowa County and the city of Greensburg in southern Kansas, followed by severe flooding in Southeast Kansas in late June. The response by KAHBH to these two Presidentially-declared disasters included behavioral health crisis counseling and outreach services to residents and responders in approximately 15 of the counties affected by the storms. The KAHBH Program, through SRS, received initial FEMA/SAMHSA Crisis Counseling Program grants to provide ongoing services in these regions through the KARE (Kansas Assisting Recovery Efforts) Projects. KSU served as the primary service provider, providing direct oversight and management of both KARE Projects, serving as the agency employing approximately 35 staff in these two regions, providing data reporting for the federal grants, and assisting with the coordination of services to residents in the affected areas. Responsibilities included:

- Activating KAHBH Teams and notifying CMHC Coordinators about need for KAHBH presence in Southwest and Southeast Kansas

- Providing outreach and crisis counseling services in Southwest and Southeast Kansas
- Organizing and coordinating KAHBH Team members and On-Site Supervisors responding to Southwest and Southeast Kansas
- Providing frequent updates on Southwest and Southeast Kansas response and continued need to CMHC Coordinators and KAHBH Stakeholders
- Preparing, revising, and submitting Immediate Services Program (ISP) and Regular Services Program (RSP) Grant materials with SRS coordinator to FEMA
- Providing education to responders and residents about crisis reactions and stress reduction
- Working with local and state responders to address behavioral health needs in the affected areas
- Conducting phone conference calls with local, state and federal offices
- Providing checks with KAHBH responders after they return home from their deployment
- Preparing Regular Services Program (RSP) Grant materials for extended funding of Crisis Counseling Program.

GRANTS AND CONTRACTS

External

1. *Military and Veteran Retreats Program: Bridging the Gap*. Co-collaborators: V. Bruner, B. S. Nelson Goff, A. Veseth-Nelson, & D. Veseth-Nelson, Walter Reed Foundation, 2016, \$100,000.
2. *Measuring Communities: Mapping Progress for Military and Veteran Families*. Nelson Goff, B. S., & Johannes, E., Military Family Research Institute at Purdue University, 2015, \$12,000.
3. *Family Support Programs Evaluation Plan Development and Implementation*. USDA/DoD Contract with Purdue University; S. MacDermid Wadsworth (PI), \$1,300,000 total, 2014-2016—K-State Subcontract, Nelson Goff, B. S., \$271,277.
4. *USDA-NIFA Military Family Readiness System Grant (Subcontract from the University of Arizona)*, Nelson Goff, B.S., Johannes, E., & Olsen, C., 2011-2013, \$28,835.
5. *NISH Army Hospitality Services Initiative*. Nelson Goff, B. S., American Military Communities, 2010, \$19,647.
6. *Family Resilience Program for Kansas National Guard Members and Their Families*. Nelson Goff, B. S., & Anderson, J., Kansas National Guard (USPFO for Kansas), 2009, \$115,610
7. *Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard Families*. Nelson Goff, B. S., Johannes, E., Schumm, W., Maddux, E., Olsen, C., Anderson, J., McCants, T., & Kahl, J., Kansas National Guard (USPFO for Kansas), 2009, \$75,000.
8. *Fort Riley Military Family Survey: Family Decisions to Accompany Soldiers Study*. Nelson Goff, B. S., & Anderson, J. R., Fort Riley Kansas (ACA Fort Riley), 2008, \$30,778.
9. *Crisis Counseling Assistance and Training Program Regular Services Program: FEMA-1699-DR-KS (May 2007)*. Rinehart, R., Federal Emergency Management Agency, 2007, Original SRS Request \$790,879; Received by SRS \$683,812; KSU Subcontract \$677,778 (Assisted with development and submission of RSP Grant to provide crisis counseling services to Kiowa, Stafford, Edwards and Pratt County KS through KAHBH K.A.R.E. Program)
10. *Crisis Counseling Assistance and Training Program Immediate Services Program: FEMA-1711-DR-KS (July 2007)*. Rinehart, R., Federal Emergency Management Agency, 2007, Original SRS Request \$421,257; Received by SRS \$295,507; KSU Subcontract \$288,755 (Assisted with development and submission of ISP Grant to provide crisis counseling services to Miami, Linn, Allen, Neosho, Wilson, Elk, Cowley, Montgomery, and Labette Counties in Southeast Kansas through KAHBH K.A.R.E. Program)

11. *Crisis Counseling Assistance and Training Program Immediate Services Program: FEMA-1699-DR-KS (May 2007)*. Rinehart, R., Federal Emergency Management Agency, 2007, Original Request SRS \$237,313; Received by SRS \$204,972; KSU Subcontract \$174,973. (Assisted with development and submission of ISP Grant to provide crisis counseling services to Kiowa, Stafford, Edwards and Pratt County KS through KAHBH K.A.R.E. Program)
12. *Kansas All-Hazards Behavioral Health Program*. Nelson Goff, B., & Griffin, C., Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2007, \$110,000
13. *Mental Health All-Hazards Preparedness, Response, and Recovery Plan for Kansas*. Nelson Goff, B., & Griffin, C., Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2006, \$90,000
14. *A Program for Training and Consultation of CMHC Practitioners Delivering Intensive Home Based Family Therapy Services*. O'Conner, N. T., Meredith, W., Jurich, A. P., Russell, C. S., Baptist, J., & Nelson Goff, B., Kansas Department of Social and Rehabilitative Services, 2006, \$174,525.
15. *Mental Health All-Hazards Preparedness, Response, and Recovery Plan for Kansas*. Nelson Goff, B., & Griffin, C., Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2005, \$90,000
16. *Trauma and Reconciliation in Bosnia-Herzegovina*. Nelson, B. S., National Research Council, 2001, \$3,000
17. *Family Preservation Services Contract*. Bollman, S. R., O'Conner, N. T., White, M. B., Nelson, B. S., & Fees, B. S., Kansas Social and Rehabilitation Services, 2000-2001, \$232,560
18. *Trauma and Reconciliation in Bosnia-Herzegovina*. Nelson, B. S., National Research Council, 2000, \$4,500

Internal

1. *Learning About Trauma: A Mixed-Method Study of the Impact of Trauma-Informed Teaching on Undergraduate Students*. Nelson Goff, B. S., & Cless, J. C., Kansas State University University Small Research Grant, 2017-2018, \$4,568.
2. *Identifying and Predicting Classes of Sex Trafficking Survivors in the United States*. Nelson Goff, B. S., & Ruhlmann, L., K-State Center for Engagement and Community Development Grant, 2017-2018, \$10,000.
3. *PTSD and Cortisol Levels in Military Veteran Couples*. Nelson Goff, B. S., College of Human Ecology Faculty Research Grant, Kansas State University, 2016, \$5,000.
4. *A 10 Year Follow-Up Study of 50 Army Couples*. Nelson Goff, B. S., Kansas State University University Small Research Grant, 2015-2016, \$4,500.
5. *10-Year Military Couples Cohort Study*. Nelson Goff, B. S., Kansas State University Academic Excellence Award, 2015, \$12,000.
6. *MIL-SERV Retreats Program: Military Support and Educational Retreats for Veterans (MIL-SERV) – Communities Serving Our Service Members, Veterans, and Their Families After War*. Nelson Goff, B. S., K-State Center for Engagement and Community Development Grant, 2014-2015, \$9,500.
7. *National Veterans Wellness and Healing Center/Gratitude America Service Members, Veterans and Families Retreats*, Nelson Goff, B. S., School of Family Studies and Human Services GRA Funding, Spring 2014, \$2,300.
8. *Institute for the Health and Security of Military Families Women and War Film and Panel Events*, Nelson Goff, B. S., K-State Academic Excellence Fund Award, 2013, \$4,000 approved (\$5,500 requested).

9. *DCE Course: The Army Family: From Challenge to Resilience*. Olsen, C., Johannes, E., & Nelson Goff, B. S., Division of Continuing Education Grant, 2009, \$2,500.
10. *Development of the Conflict Analysis and Trauma Studies (CATS) Minor*. McCants, T., & Nelson Goff, B. S., Division of Continuing Education Grant, 2009, \$4,707.
11. *Primary and Secondary Post-Traumatic Stress in Couples*. Nelson Goff, B. S., College of Human Ecology Faculty Research Grant, Kansas State University, 2004, \$4,800
12. *Primary and Secondary Post-Traumatic Stress in Couples*. Nelson Goff, B. S., University Small Research Grant, Kansas State University, 2004, \$1,700
13. *Primary and Secondary Post-Traumatic Stress in Couples*. Nelson Goff, B. S., School of Family Studies and Human Services Competitive Faculty Research Grant, Kansas State University, 2004, \$2,000
14. *Primary and Secondary Post-Traumatic Stress in Couples*. Nelson, B. S., College of Human Ecology Faculty Research Grant, Kansas State University, 2002, \$500
15. *President's Faculty Development Award*. Nelson, B. S., Kansas State University, 2001, \$1,000
16. *Kansas Marriage Preservation Project: Enhancing Marriages and Communities in Rural Kansas*. White, M., & Nelson, B. S. (Co-directors). Agricultural Experiment Station, Kansas State University, 2000-2002, \$66,000
17. *Development of a Research Program on Interpersonal Attachment and Stress Symptoms in Adult Survivors of Traumatic Events*. Big 12 Faculty Fellowship Program, Kansas State University, 2000-2001, \$1,015.

CONSULTING ON EXTERNAL GRANTS AND CONTRACTS

1. *Reintegration Difficulty of Military Couples Following Deployment*. Knobloch, L. K., & Knobloch-Fedders, L. (PIs), Congressionally Directed Medical Research Programs through the Military Operational Medicine Research Program, 2014-2018, University of Illinois, \$834,061 (External consultant).
2. *Mobilizing Interprofessional Care Teams toward Improving the Behavioral and Physical Health of Medically Underserved Veterans with Multiple Chronic Conditions*. Peterson, J. (PI), Health Resources and Services Administration Nursing Division – Advanced Nursing Education Program, 2014-2017, University of Missouri-Kansas City School of Nursing and Health Studies, \$1,011,000 (External consultant).

REFEREED PRESENTATIONS

** Denotes presentations from TRECK Team projects (Undergraduate students in **BOLD**)

++ Denotes publications from Down Syndrome Team projects (Undergraduate students in **BOLD**)

Denotes presentations from KAHBH Program projects (Undergraduate students in **BOLD**)

1. Storm, A., Friedmann, E., Scrandis, D., Mooney-Doyle, K., Day, J., & Nelson Goff, B. S. (2023, March). *Precariously balanced on a wave of sick people?: A descriptive phenomenology qualitative study of nurses' lived experiences two years into COVID-19*. Research poster presented at the annual meeting of the Southern Nursing Research Society, Orlando, FL.
2. Bentley, G. E., Jackson, S. C., Nelson Goff, B. S., & Piland, N. (2020, November). *Down syndrome and mothering: A mixed method exploration of hope, satisfaction, and coping*. Research poster presented at the annual meeting of the National Council on Family Relations (NCFR), Virtual Conference.

3. Bentley, G. E., Thomas-Jackson, S. C., Clinton, D., **Ross, A.**, Nelson Goff, B. S., & Piland, N. (2019, November). *Understanding paired data of parents of children with DS: A qualitative directed content analysis*. Research poster presented (NCFR), Fort Worth, TX.
4. Cless, J. C., & Nelson Goff, B. S. (2019, November). *"I should have dealt with it sooner": Undergraduate student reactions to trauma-related course content*. Paper presented at NCFR, Fort Worth, TX.
5. Ruhlmann, L. M., & Nelson Goff, B. S. (2019, August). *Sex trafficking survivor profiles and differences in help-seeking*. Forum presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT), Austin, TX.
6. **Millar, S.**, & Nelson Goff, B. S. (2019, March). *Evaluating the efficacy of veteran couples retreats on veterans and caregivers*. Research poster presented at the Undergraduate Research Day at the Capitol, Topeka, KS.
7. Bentley, G. E., Thomas-Jackson, S., Nelson Goff, B. S., & Piland, N. (2018, November). *Understanding fathers of children with Down syndrome*. Roundtable presented at NCFR, San Diego, CA.
8. Cless, J. C., & Nelson Goff, B. S. (2018, November). *Teaching trauma: Cortisol responses in college students across three semesters*. Research poster presented at NCFR, San Diego, CA.
9. **++Krueger, K., Alexander, P., Dyster, M., Reves, M., Steele, R., Wedekind, M.**, Nelson Goff, B. S., & Cless, J. (2018, November). *Relationship factors: A study of parents of children with Down syndrome*. Research poster presented at NCFR, San Diego, CA.
10. Ruhlmann, L. M., Nelson Goff, B. S., Novak, J. R., **Fuss, C., Gnagi, T., & Schiferl, M.** (2018, November). Psychological and relational health profiles of soldiers in committed romantic relationships. In C. M. Marini (Chair), *Mental health among military couples: Innovations in theory and practice*. Symposium presented at NCFR, San Diego, CA.
11. ****Millar, S.**, & Nelson Goff, B. S. (2018, September). *Evaluation of a couple and family retreat for veterans with PTSD*. McNair Scholars Project, Kansas State University, Manhattan, KS. Research presentation at the MKN McNair Heartland Research Conference, Kansas City, MO, September 2018.
12. ****Fuss, C.**, Ruhlmann, L. M., & Nelson Goff, B. S. (2018, April). *Insomnia as a moderator between posttraumatic stress disorder and soldiers' ability to manage stress*. Research poster presented at the Kansas State University College of Human Ecology Undergraduate Research and Creative Activity Forum, Manhattan, KS
13. **++Krueger, K.**, Cless, J., **Dyster, M., Reves, M., Steele, R.**, & Nelson Goff, B. S. (2018, April). *Understanding the systems, contexts, behaviors, and strategies of parents advocating for their children with Down syndrome*. Research poster presented at the Kansas State University College of Human Ecology Undergraduate Research and Creative Activity Forum.
14. Cless, J., & Nelson Goff, B. S. (2017, November). *Teaching trauma: Salivary cortisol data in a sample of undergraduate students*. Research poster presented at NCFR, Orlando, FL.
15. Cless, J., & Nelson Goff, B. S. (2017, November). *Trauma-informed pedagogy: The Trauma-informed Classroom Care (TICC) Model*. Paper presentation at NCFR, Orlando, FL. (**Received the 2017 NCFR Advancing Family Science Section Wesley Burr Graduate Student Scholarship Award).
16. **++Krueger, K., Steele, R., Dyster, M., Reves, M.**, Cless, J., & Nelson Goff, B. S. (2017, November). *A qualitative study of advocacy amongst parents of children with Down syndrome*. Research poster presented at NCFR, Orlando, FL.
17. Monk, J. K., Ruhlmann, L. M., Nelson Goff, B. S., & Ogolsky, B. G. (2017, November). *Systemic relationship and psycho-education programs for military couples*. Paper presentation at NCFR, Orlando, FL. (**Received the 2017 NCFR Education & Enrichment Section Student Proposal Award).
18. Ruhlmann, L. M., Durtschi, J. A., Beck, A. R., Nelson Goff, B. G., & Staats, N. (2017, November). *Analysis of the adverse effects of sexual assault on behavioral health intensified by couple hostility*. Paper presentation at NCFR, Orlando, FL.

19. Ruhlmann, L. M., Monk, J. K., Gallus, K. L., Cless, J., & Nelson Goff, B. S. (2017, November). *"It's not herding cats": Facilitating collaborative multi-tiered research teams*. Presentation at NCFR, Orlando, FL.
20. Staats, N., Ruhlmann, L. M., Nelson Goff, B. S., **Fuss, C., Parsons, D., Mondloch, D., & Neal, S.** (2017, November). *Long-term effects of trauma exposure on couples: A 10-year follow-up*. Research poster presented at NCFR, Orlando, FL.
21. Ruhlmann, L. M., Nelson Goff, B. S., Novak, J. R., **Fuss, C., Gnagi, T., & Schiferl, M.** (2017, November). *Identifying and predicting typologies of married soldiers: A latent profile analysis*. Research poster presentation at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
22. Ruhlmann, L. M., Nelson Goff, B. S., Durtschi, J. A., Beck, A. R., & Staats, N. (2017, November). *Adverse effects of sexual assault on behavioral health intensified by couple hostility in a sample of US Army soldiers*. Research poster presentation at ISTSS, Chicago, IL.
23. ++Cless, J., **Krueger, K., Steele, B., Dyster, M., Reves, M., & Nelson Goff, B. S.** (2017, October). *Advocacy amongst parents of children with Down syndrome: Gender differences in parental responses*. Research discussion presented at AAMFT, Atlanta, GA.
24. Cless, J., Ruhlmann, L., & Nelson Goff, B. S. (2017, October). *Teaching trauma and trauma-informed teaching*. Seminar presented at AAMFT, Atlanta, GA.
25. **Fuss, C.,** Ruhlmann, L., & Nelson Goff, B. S. (2017, February). *Hostility as a mediator between trauma exposure and health outcomes in married soldiers*. Research poster presented at the Undergraduate Research Day at the Capitol, Topeka, KS.
26. Nelson Goff, B. S., Oseland, L. M., Gallus, K. L., Kiser, L. J., & Dekel, R. (2016, November). *The interpersonal paradox of trauma: Principles and practice of treating trauma in couple and family systems*. Pre-meeting institute at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Dallas, TX.
27. Oseland, L. M., Gallus, K. L., Beck, A. R. & Nelson Goff, B. S. (2016, November). *PTSD as a mediator between trauma exposure and attachment behaviors in married adults: Uncovering unique gender differences*. Poster presentation at ISTSS, Dallas, TX. (**Featured as the Gender and Trauma Special Interest Group endorsed poster)
28. Oseland, L. M., Novak, J., Nelson Goff, B. S., & **Fuss, C.** (2016, November). *Relationship conflict as a mediator between trauma exposure and health outcomes in soldiers*. Poster presentation at ISTSS, Dallas, TX. (**Nominated for a student poster award)
29. Nelson Goff, B. S., Oseland, L. M., & Monk, J. K. (2016, November). *Collaborating with underserved veteran couples to promote post-deployment resilience*. Poster presentation at ISTSS, Dallas, TX.
30. **Oseland, L. M., Beck, A. R., Nelson Goff, B. S., **Lechtenburger, R., Betthausen, E., & Beneke, B.** (2016, November). *The moderating role of trauma type in married couples*. Poster presentation at ISTSS, Dallas, TX.
31. **Oseland, L. M., Beck, A. R., Nelson Goff, B. S., **DiDio, N., Fuss, C., & Sunderman, A.** (2016, November). *The moderating role of perpetrator type in trauma couples*. Poster symposium at the annual conference of the National Council on Family Relations (NCFR), Minneapolis, MN.
32. Monk, J. K., Oseland, L., & Nelson Goff, B. S. (2016, November). Collaborating with underserved veteran couples to promote mental health. In J. K. Monk (Chair), & B. L. Letiecq (Co-Chair), *Collaborative health: Community-based action with families on the margins*. Symposium presentation at NCFR, Minneapolis, MN.
33. Cless, J., Nelson Goff, B. S., & Oseland, L. M. (2016, November). *Teaching trauma and trauma-informed teaching in the field of social sciences*. Roundtable and resource exchange presented at NCFR, Minneapolis, MN. (**Received the 2016 NCFR Advancing Family Science Section Wesley Burr Student Scholarship Award).

34. ++**Farkas, L.**, Cless, A., Cless, J. D., **Bodine, E.**, **Schmelzle, A.**, & Nelson Goff, B. S. (2016, November). *Positive and negative experiences of parents of children with Down syndrome*. Poster session presented at NCFR, Minneapolis, MN.
35. ++**Schmelzle, A.**, **Bodine, E.**, Cless, A., Cless, J. D., **Farkas, L.**, & Nelson Goff, B. S. (2016, November). *Advice from the experiences of parents with a child with Down syndrome*. Poster session presented at NCFR, Minneapolis, MN.
36. ++Cless, J., Nelson Goff, B. S., & Durtschi, J. A. (2016, September). *Hope, coping, and relationship quality in mothers of children with Down syndrome*. Poster session presented at the annual meeting of AAMFT, Indianapolis, IN.
37. Monk, J. K., Oseland, L. M., Nelson Goff, B. S., & Ogolsky, B. (2016, September). *Mental health disclosure and responsiveness in military couples*. Research discussion at the annual meeting of AAMFT, Indianapolis, IN. (**Cutting Edge Research selection; Selected presented at the 2017 AAMFT International Institutes Program, Dublin, Ireland)
38. ++Cless, J., Nelson Goff, B. S., & Durtschi, J. A. (2016, March). *Hope, coping, and relationship quality in mothers of children with Down syndrome*. Poster session presented at the Kansas State University Graduate Research, Arts, and Discovery (GRAD) Forum, Manhattan, KS. (**Awarded 2nd place Social Sciences/Humanities/Education Poster Presentations)
39. ++Cless, A., **Schmelzle, A.**, **Bodine, E.**, **Farkas, L.**, & Nelson Goff, B. S. (2016, March). *Advice from the experiences of parents with a child with Down syndrome*. Poster session presented at the Kansas State University Graduate Research, Arts, and Discovery (GRAD) Forum, Manhattan, KS.
40. Oseland, L. M., Gallus, K. L., Beck, A. R., & Nelson Goff, B. S. (2016, March). *An exploration of PTSD as a mediator between trauma exposure and attachment behaviors in married adults*. Poster presentation at the Kansas State University Graduate Research, Arts, and Discovery Forum, Manhattan, KS. (**Awarded 3rd place Social Sciences/Humanities/Education Poster Presentations)
41. Bruner, V., Nelson Goff, B. S., & Monk, J. K. (2015, September). *Veteran couple retreats: A systemic PTSD intervention*. Seminar presented at AAMFT, Austin, TX.
42. Gallus, K., High, J., & Nelson Goff, B. S. (2015, September). *The cost of caring: Trauma and grief in clinicians*. Workshop presented at AAMFT, Austin, TX.
43. ++Springer, N., & Nelson Goff, B. S. (2015, September). *Intellectual disabilities: A workshop for clinicians*. Workshop presented at AAMFT, Austin, TX.
44. ++Springer, N., Nelson Goff, B. S., **Staats, N.**, Monk, J. K., **Malone, J.**, & **Tanner, A.**, (2015, September). *Coping in parents of children with Down syndrome*. Poster presented at AAMFT, Austin, TX (Cutting Edge Research Selection).
45. **Summers, K., Nelson Goff, B. S., **Gray, H.**, **Campbell, A.**, & **Zetmeir, L.** (2015, September). *Low trauma disclosure in a sample of military couples*. Poster presented at AAMFT, Austin, TX.
46. Monk, J. K., Ogolsky, B. G., & Nelson Goff, B. S. (2015, April). *Healing together: Distress and trauma intervention for modern military-veteran couples*. Paper presented at the annual meeting of the Illinois Council on Family Relations, Champaign, IL.
47. McCants, T., & Nelson Goff, B. S. (2014, November). *Retrospective surveys to assess indirect outcomes of student learning*. Workshop presented at the Institute for Student Learning Assessment, Kansas State University, Manhattan, KS.
48. Monk, J. K., & Nelson Goff, B. S., (2014, November). *Trauma disclosure as a buffer in military couples' relationships*. Paper presented at the National Council on Family Relations (NCFR) Conference, Baltimore, MD. (Received the Best Paper Award, Student Category, Family Therapy Section)
49. ****Summers, K.**, **Billings, A.**, **Chevalier, M.**, **Hermes, H.**, **Hartman, K.**, **Perkins, D.**, **Walker, L.**, Nelson Goff, B. S., & Monk, J. K. (2014, November). *Disclosure of deployment experiences in military couples*.

Poster presented at NCFR, Baltimore, MD.

50. ****Walker, L., Perkins, D., Hartman, K., Summers, K.,** Nelson Goff, B. S., & Monk, J. K. (2014, November). *Trauma disclosure in military couples: A mixed method research study*. Paper presented at NCFR, Baltimore, MD.
51. **++Malone, J., Staats, N., Hein, A.,** Nelson Goff, B. S., Springer, N., Monk, J. K., & Bowers, J. (2014, March). *Phases of coping for parents of a child with a developmental disability: Exploring a new lifespan model*. Undergraduate research poster presented at the K-State Research Forum, Manhattan, KS.
52. **++Staats, N.,** Nelson Goff, B. S., & Springer, N. (2014, March). *Hope, coping, life satisfaction, and relationship satisfaction in parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups*. Undergraduate research poster presented at the K-State Research Forum, Manhattan, KS.
53. ****Summers, K., Billings, A., Chevalier, M., Hermes, H., Hartman, K.,** Nelson Goff, B. S., & Monk, J. K. (2014, March). *Trauma disclosure and deployment experiences in military couples*. Undergraduate research poster presented at the K-State Research Forum, Manhattan, KS.
54. **** Walker, L., Perkins, D., Hartman, K., Summers, K.,** Nelson Goff, B. S., & Monk, J. K. (2014, March). *Trauma disclosure in military couples: A comparison of trauma symptoms and relationship quality*. Undergraduate research poster presented at the K-State Research Forum, Manhattan, KS. (Received 1st place designation)
55. Bell, M.M., Britt, S. L., & Nelson Goff, B. S. (2013, November). *The financial behaviors of soldiers before and after deployment*. Workshop presented at the AFCPE Annual Research and Training Symposium, Greenville, SC.
56. Bell, M.M., Britt, S. L., Nelson Goff, B. S., Archuleta, K., & Eltringham, R. (2013, September). *In charge or discharged? Comparing the financial behavior outcomes between college students and Soldiers*. Workshop presented at the Financial Therapy Association Conference, Lubbock, TX.
57. **++Nelson Goff, B. S., Springer, N., & Bentley, G.** (2013, July). *The up-side of Down syndrome: A workshop for new parents and parents to be*. Workshop presented at the National Down Syndrome Congress Convention, Denver, CO.
58. Schwardtfefer, K. L., & Nelson Goff, B. S. (2012, October). *Beyond boundaries: The interpersonal paradox of trauma in couple and family systems*. Pre-meeting institute presented at the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.
59. Schwardtfefer, K. L., & Nelson Goff, B. S. (2012, October). *Conducting ethical and responsible trauma-focused research with special populations: Developing skills and tools to reduce participant risk*. Workshop presented at ISTSS, Los Angeles, CA.
60. Bell, M. M., Nelson, J. S., Spann, S. M., Molloy, C. J., Britt, S. L., & Nelson Goff, B. S. (2012, April). *Impact of financial resources on soldiers' well-being*. Poster presented at The American Council on Consumer Interests, Memphis, TN.
61. ****Devine, S., Cox, M., Orrick, K., Schmitz, A.,** Irwin, L., & Nelson Goff, B. S. (2012, March). *A qualitative study of single-trauma and dual-trauma military couples*. Undergraduate research poster presented at the K-State Research Forum, Manhattan, KS.
62. Aducci, C.J., Baptist, J. A., George, J., Barros, P. C., & Nelson Goff, B. (2011, November). *The recipe for a good military wife: How military wives managed OIF/OEF deployment*. Poster presented at NCFR, Orlando, FL.
63. **++Nelson Goff, B. S., & Springer, N.** (2011, August). *"My kid has more chromosomes than yours!": Positive outcomes in parenting a child with Down syndrome*. Workshop presented at the National Down Syndrome Congress Convention, San Antonio, TX.

64. Wick, S., & Nelson Goff, B. S. (2011, April). *The effects of war-related trauma and deployment on the couple relationship*. Poster presented at the 2011 DoD/USDA Family Resilience Conference, Chicago, IL.
65. Nelson Goff, B. S. (2011, April). *Institute for the Health and Security of Military Families at Kansas State University*. Showcase presented at the 2011 DoD/USDA Family Resilience Conference, Chicago, IL.
66. ++Springer, N., Nelson Goff, B. S., McCallum, S., & Pounds, M. (2011, March). *Resilience and hope: Embracing life with Down syndrome!* Poster presented at the Texas Association for Marriage and Family Therapy (TAMFT), Austin, TX.
67. ++Springer, N., Cross, K., & Nelson Goff, B. S. (2010, September). "My kid has more chromosomes than yours!": Research results from parents of children with Down syndrome. Poster presented at AAMFT, Atlanta, GA.
68. ++Veh, T., Peak, M., Cline, L., Tracy, C., Nelson Goff, B. S., & Springer, N. (2010, April). "My kid has more chromosomes than yours!": The journey to resilience and hope in parenting a child with Down syndrome. Undergraduate research paper presented at the K-State Research Forum, Manhattan, KS.
69. ++Springer, N., Nelson Goff, B. S., & Cross, K. (2010, March). "My kid has more chromosomes than yours!": The journey to resilience and hope in parenting a child with Down syndrome. Poster presented at the Texas Association for Marriage and Family Therapy (TAMFT), Houston, TX.
70. Dekel, R., Kiser, L., & Nelson Goff, B. S. (2009, November). *Family systems approaches to trauma: Relational issues and the DSM-V*. Workshop presented at ISTSS, Atlanta, GA.
71. Nelson Goff, B. S., & Schwerdtfeger, K. L. (2009, November). *Family systems approaches to trauma: Theory and techniques for working with couples and families*. Pre-meeting institute presented at ISTSS, Atlanta, GA.
72. Nelson Goff, B. S., & Schwerdtfeger, K. L. (2009, November). *Skills and tools for conducting ethical and responsible trauma-focused research*. Poster presented at ISTSS, Atlanta, GA.
73. Collins, N., Mitstifer, D., Nelson Goff, B. S., & Hymon-Parker, S. (2009, June). *Undergraduate research: Does it make a difference?* Paper presented at the American Association for Family and Consumer Sciences, Knoxville, TN.
74. **Baptist, J., Amanor-Boadu, Y., Garrett, K., Nelson Goff, B. S., Collum, J., Gamble, P., Gurss, H., Sanders-Hahs, E., & Strader, L. (2008, November). *The aftermath of war trauma exposure on military couples*. Poster presented at ISTSS, Chicago, IL.
75. **Garrett, K., Sanders-Hahs, E., Baptist, J., & Nelson Goff, B. S. (2008, November). *Trauma research teams: A template for design, development, and administration*. Poster presented at ISTSS, Chicago, IL.
76. **Nelson Goff, B. S., & Schwerdtfeger, K. (2008, November). *Conducting ethical and responsible trauma-focused research with special populations*. Workshop presented at ISTSS, Chicago, IL.
77. **Sanders-Hahs, E., Nelson Goff, B. S., Strader, L., Doyle, T., Archuleta, K. L., & Blalock Henry, S. (2007, October). *The impact of 21st century war trauma on military couples*. Poster presented at the American Association for Marriage and Family Therapy (AAMFT), Long Beach, CA.
78. **Vargas, L., Doyle, T., Sanders-Hahs, E., & Nelson Goff, B. S. (2007, April). *Coming home: The impact of deployments to Iraq and Afghanistan on relationship satisfaction*. Poster presented at the Council on Undergraduate Research Poster Session on Capitol Hill, Washington, DC.
79. **Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Sanders-Hahs, E., Schwerdtfeger, K. L., Smith, D. B., Archuleta, K., Henry, S. B., Osby-Williams, J., Hayes, E., & Hoheisel, C. B. (2006, November). *Coming home: Impact of deployments to Iraq and Afghanistan on relationship satisfaction*. Poster presented at ISTSS, Hollywood, CA.
80. **Nelson Goff, B. S., & Schwerdtfeger, K. (2006, November). *Family systems approaches to trauma: Conducting trauma-focused research with special populations*. Poster presented at ISTSS, Hollywood, CA.

81. Schwerdtfeger, K., & Nelson Goff, B. S. (2006, November). *Trauma focused research: Is it distressing to pregnant female participants?* Poster presented at ISTSS, Hollywood, CA.
82. **Henry, S. B., Walker, A. B., Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Schwerdtfeger, K., Smith, D. B., Archuleta, K., Osby-Williams, J., Hayes, E., Hoheisel, C. B., **Sanders-Hahs, & Vargas, L.** (2006, March). *Trauma in military couple relational systems.* Poster presented at the 11th Annual KSU Graduate Research Forum, Manhattan, KS, and the 3rd Annual Capitol Graduate Research Summit, Topeka, KS.
83. **Nelson Goff, B. S., Osby-Williams, J., Schwerdtfeger, K. L., Hoheisel, C. B., **Nye, B.**, Reisbig, A. M. J., Archuleta, K., Henry, S. B., **Bole, A.**, Hayes, E., **Sanders, E.**, **Scheer, T.**, & Smith, D. B. (2005, November). *Systemic traumatic stress: Primary and secondary trauma in couples.* Poster presented at ISTSS, Toronto, Canada.
84. **Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Schwerdtfeger, K. L., Smith, D. B., Archuleta, K., Henry, S. B., Osby-Williams, J., Hayes, E., Hoheisel, C. B., & **Sanders, E.** (2005, October). *Trauma in military couple relational systems.* Poster presented at AAMFT, Kansas City, MO.
85. **Nelson Goff, B. S., Smith, D. B., Henry, S. B., & Schwerdtfeger, K. L. (2005, October). *Systemic traumatology: Skills and implications for MFTs.* Workshop presented at AAMFT, Kansas City, MO.
86. Schwerdtfeger, K. L., & Nelson Goff, B. S. (2005, October). *Exploring trauma and maternal prenatal attachment.* Poster presented at AAMFT, Kansas City, MO.
87. **Nelson Goff, B. S., Schwerdtfeger, K., Joy, A., Smith, D. B., Archuleta, K., Henry, S. B., Osby, J., Hayes, E., Hoheisel, C. B., **Bateman, L.**, **Bole, A.**, **Burks, T.**, **Nye, B.**, **Scheer, T.**, & **Sanders, E.** (2004, November). *Trauma in couples: A qualitative study of interpersonal relationships.* Poster presented at ISTSS, New Orleans, LA.
88. **Hoheisel, C. B., & Nelson Goff, B. S. (2004, October). *The TRECK Team: An innovative research and community outreach program at K-State.* Workshop presented at the North Central Association for Counselor Education and Supervision, St. Louis, MO.
89. **Nelson Goff, B. S., Schwerdtfeger, K., Joy, A., Smith, D. B., Archuleta, K., Henry, S. B., Osby, J., Hayes, E., Hoheisel, C. B., **Bateman, L.**, **Bole, A.**, **Burks, T.**, **Nye, B.**, **Scheer, T.**, & **Sanders, E.** (2004, September). *Trauma in couples: Intrapersonal and relational dynamics.* Poster presented at AAMFT, Atlanta, GA.
90. **Hoheisel, C. B., & Nelson Goff, B. S. (2004, April). *Looking at the impact of trauma from the perspective of traumatic stress theory and family systems theory.* Workshop presented at the American Counseling Association (ACA), Kansas City, MO.
91. **Nelson Goff, B. S., Hoheisel, C. B., & **TRECK Team Members** (2004, April). *The TRECK Team: Trauma Research, Education, and Consultation at K-State.* Poster presented at ACA, Kansas City, MO.
92. **Nelson Goff, B. S., Smith, D. B., Hoheisel, C., Archuleta, K., Schwerdtfeger, K. L., & Kelley, S. (2003, October). *Clinical application and integration of family systems theory to trauma.* Workshop presented at ISTSS, Chicago, IL.
93. **Nelson Goff, B. S., Schwerdtfeger, K., Jones, N., Hoheisel, C., Smith, D. B., Archuleta, K., Henry, S. B., Joy, A., **Krug, S.**, **Tompkins, A.**, **Bateman, L.**, Peterson, F. R., & Kelley, S. M. (2003, October). *The TRECK Team: Trauma Research, Education, and Consultation at K-State.* Poster presented at ISTSS, Chicago, IL.
94. **Schwerdtfeger, K., Jones, N., Nelson Goff, B. S., Hoheisel, C. B., Smith, D. B., Archuleta, K., Henry, S. B., Joy, A., **Krug, S.**, **Tompkins, A.**, **Bateman, L.**, Peterson, F. R., & Kelley, S. M. (2003, October). *Trauma in couples: Relationship fragmentation and integration.* Poster presented at ISTSS, Chicago, IL.
95. **Nelson, B. S., Pecar, M., Pomykalo, J., & Proffitt, J. (2002, November). *Weapons and war, pears and peace: Children's perspectives in Bosnia-Herzegovina.* Poster presented at ISTSS, Baltimore, MD.

96. **Nelson, B. S., Peterson, F. R., Schwerdtfeger, K. L., & Smith, D. B. (2002, October). *Systemic traumatology: Theoretical development revisited*. Workshop presented at AAMFT, Cincinnati, OH.
97. Nelson, B. S. (2001, December). *Childhood sexual abuse: Individual and relational symptoms in couples*. Poster presented at ISTSS, New Orleans, LA.
98. **Nelson, B. S., Berg, N., Cromwell, T., Dunbar, C., Peterson, R., Anderson, J., Carter, S., Allison, J., Schwerdtfeger, K., & Bruner, B. (2001, December). *Traumatized couples: Characteristics and clinical interventions*. Workshop presented at ISTSS, New Orleans, LA.
99. Nelson, B. S. (2001, November). *Trauma and reconciliation in Bosnia-Herzegovina*. Paper presented at NCFR, Rochester, NY.
100. **Nelson, B. S., & MacDougall, K. (2001, November). *Trauma Research, Education, and Consultation at K-State: A unique approach to stress and trauma pedagogy*. Roundtable presented at NCFR, Rochester, NY.
101. White, M. B., Nelson, B. S., West, D., Smith, J., Schwerdtfeger, K., & Bruner, B. (2001, November). *The Marriage Preservation Project: Enhancing marriages in rural communities*. Poster presented at NCFR, Rochester, NY.
102. Anderson, J. R., Nelson, B. S., & White, M. B. (2001, October). *The transtheoretical model of change in couples therapy*. Poster presented at AAMFT, Nashville, TN.
103. **Nelson, B. S., Higgins-Kessler, M. R., & Anderson, J. R. (2001, October). *Development of a systemic model of traumatic stress*. Workshop presented at AAMFT, Nashville, TN.
104. Nelson, B. S., & Wampler (2000, November). *The relation of unresolved loss and childhood abuse to current relationship functioning in clinic couples*. Paper presented at NCFR, Minneapolis, MN.
105. Higgins-Kessler, M. R., Nelson, B. S., & Jurich, A. P. (2000, November). *Clinical decision strategies with sexual abuse survivors*. Poster presented at AAMFT, Denver, CO.
106. Nelson, B. S. (2000, November). *The long-term impact of trauma on veteran systems*. Poster presented at AAMFT, Denver, CO.
107. Korinek, A. W., & Nelson, B. S. (1999, November). *MFT and religion: Bridging the gap in training and practice*. Roundtable presented at NCFR, Irvine, CA.
108. Nelson, B. S. (1999, November). *Systemic effects of trauma on veterans and their partners: A qualitative evaluation*. Paper presented at NCFR, Irvine, CA.
109. Wright, D. W., & Nelson, B. S. (1999, November). *Mentoring: Developing and expanding pre-and post-graduate training opportunities*. Roundtable presented at NCFR, Irvine, CA.
110. **Nelson, B. S., Wangsgaard, S., Yorgason, J., Carter-Vassol, E. L., Nelsen, T., Beggs, M., Reimer, J., & Higgins-Kessler, M. (1999, October). *Clinical approaches to single and dual trauma couples*. Workshop presented at the AAMFT, Chicago, IL.
111. Nelson, B. S., & Wampler, K. S. (1999, October). *Dual trauma couples: Sharing a common bond*. Poster presented at AAMFT, Chicago, IL.
112. Wampler, K. S., Shi, L., Nelson, B. S., & Kimball, T. (1999, April). *Adult attachment style and conflict resolution behaviors in a clinical sample*. Poster presented at the Society for Research on Child Development, Albuquerque, NM.
113. Nelson, B. S. (1998, November). *Sleeping single in a family bed revisited: Results from a 1997 NCFR roundtable discussion*. Roundtable presented at NCFR, Milwaukee, WI.
114. Lord, D., Andrews, E., & Nelson, B. S. (1998, October). *The clinical internship in an academic setting*. Roundtable presented at AAMFT, Dallas, TX.
115. Nelson, B. S., & Wampler, K. S. (1998, October). *A quantitative study on the systemic effects of trauma*. Poster presented at AAMFT, Dallas, TX.

116. Nelson, B. S., Clark, K., Vaughn, M., & Bryan, L. (1997, November). *Sleeping single in a family bed: The experience of single adults in MFT and family studies graduate programs*. Roundtable presented at NCFR, Arlington, VA.
117. Nelson, B. S., & Wampler, K. S. (1997, September). *Secondary trauma and childhood abuse in clinic couples*. Poster presented at AAMFT, Atlanta, GA.
118. Wampler, K. S., Shi, L., & Nelson, B. S. (1997, April). *Self-report and interview-based approaches to the measurement of adult attachment style: An exploration of differences in a clinical sample*. Poster presented at the Society for Research on Child Development, Washington, DC.
119. Wampler, K. S., Shi, L., & Nelson, B. S. (1996, November). *Adult attachment style, observed couple interaction, and stress symptoms*. Poster presented at NCFR, Kansas City, MO.

Invited Lectures/Workshops

1. Nelson Goff, B. S. (2023, September). *Bulletproof vows: Working with couples navigating military deployments and life's battles*. Keynote presented at the Association of Community Mental Health Centers of Kansas Annual Conference for Behavioral Health, Topeka, KS.
2. Nelson Goff, B. S. (2023, September). *The costs of caring: Understanding trauma and self-care for professionals working with trauma survivors*. Workshop presented at the Association of Community Mental Health Centers of Kansas Annual Conference for Behavioral Health, Topeka, KS.
3. Nelson Goff, B. S. (2023, August). *Bulletproof vows: Tools for couples navigating military deployments and life's battles*. Workshop presented for the Warriors Ascent Refresher Course, Parkville, MO.
4. Nelson Goff, B. S. (2023, February). *Bulletproof vows: Tools for couples navigating military deployments and life's battles*. Workshop presented for the Fort Riley Army Community Services National Marriage Week, Fort Riley, KS.
5. MacDermid Wadsworth, S., Thompson, B., & Nelson Goff, B. S. (2022, December). *Barbara Thompson excellence in research on military and veteran families award recipient recognition*. Online panel presented for the Barbara Thompson Excellence in Research on Military and Veteran Families Award at Purdue University, West Lafayette, IN.
6. Wick, S. (presenter), & Nelson Goff, B. S. (discussant) (2022, January). *Head space: Mental health seminar, part 2*. Seminar presented at University Christian Church, Manhattan, KS.
7. Nelson Goff, B. S. (2022, January). *The costs of caring: Understanding trauma, compassion fatigue, and self-care for education professionals*. Workshop presented for the USD 320 Wamego High School Staff Inservice, Wamego, KS.
8. Nelson Goff, B. S. (2021, December). *The costs of caring: Understanding trauma and self-care for professionals working with trauma survivors*. Workshop presented for the Family Service and Guidance Center Staff Training, Topeka, KS (Workshop conducted online due to COVID-19).
9. Nelson Goff, B. S. (2021, November). *You matter! Victory wellness for BRO senior spouses*. Lecture presented for the 1st Infantry Division and Fort Riley Senior Spouses, Fort Riley, KS.
10. Nelson Goff, B. S. (2021, October). *Understanding trauma, systemic trauma, and secondary traumatic stress for professionals working with trauma survivors and their families AND The costs of caring: The ethics of self-care for professionals working with trauma survivors*. Two-Part Workshop presented at the Nebraska Association for Marriage and Family Therapy, Nebraska (Workshop conducted online due to COVID-19).

11. Nelson Goff, B. S. (2021, September). *The costs of caring: Understanding trauma and self-care for professionals working with trauma survivors*. Workshop presented at the Association of Community Mental Health Centers of Kansas 42nd Annual Conference for Behavioral Health, Manhattan, KS.
12. Bolden, C., Nelson Goff, B. S., Kieffer, M., Scott, B., & Hilton, S. (2021, August). *Big Red One Year of Honor Virtue Panel: Service and Community Commitment*. Panel presented for the 1st Infantry Division and Fort Riley Big Red One Year of Honor Event, Fort Riley, KS.
13. Nelson Goff, B. S. (2020, December). *The costs of caring: Understanding trauma, systemic trauma, and self-care when working with trauma survivors*. Workshop presented at Grief Support Network, Shawnee Mission, KS. (Workshop conducted online due to COVID-19)
14. Nelson Goff, B. S. (2019, November). *Military Culture 101*. Workshop presented at Andrews & Associates Continuing Education for Behavioral Health Professionals, Manhattan, KS.
15. Cless, J., & Nelson Goff, B. S. (2019, September). *When bad things happen to good people: Understanding trauma and traumatic stress to promote resilience*. Workshop presented at the Women of Light Conference, Manhattan, KS.
16. Nelson Goff, B. S. (2019, June). *The costs of caring: The ethics of self-care for professionals working with trauma survivors AND Understanding trauma, systemic trauma, and secondary traumatic stress for professionals working with trauma survivors and their families*. Two-Part Workshop presented at the Infant-Toddler Technical Assistance Specialist Kansas Inservice Training, Manhattan, KS.
17. Nelson Goff, B. S. (2019, March). *The costs of caring: The ethics of self-care for professionals working with trauma survivors AND Understanding trauma, systemic trauma, and secondary traumatic stress for professionals working with trauma survivors and their families*. Two-Part Workshop presented at the VA Eastern KS Healthcare System, Topeka, KS.
18. Nelson Goff, B. S. (2018, November). *The costs of caring: Understanding trauma, secondary trauma, and self-care for working with trauma survivors*. Workshop presented at Saint Francis Community Services Foster Parent Training, Manhattan, KS.
19. Nelson Goff, B. S. (2018, November). *My kid has more chromosomes than yours! Confessions of a special needs parent*. Workshop presented at the KNEA Student Conference, Topeka, KS.
20. Nelson Goff, B. S. (2018, September). *The costs of caring: Understanding trauma, secondary trauma, and self-care for mental health professionals*. Workshop presented at Andrews & Associates Continuing Education for Behavioral Health Professionals, Manhattan, KS.
21. Nelson Goff, B. S. (2018, September). *The costs of caring: Understanding trauma, secondary trauma, and self-care for mental health professionals*. Workshop presented at the Association of Community Mental Health Centers of Kansas 39th Annual Conference for Behavioral Health, Manhattan, KS.
22. Nelson Goff, B. S. (2018, May). *Understanding trauma, systemic trauma, and self-care for professionals working with trauma survivors*. Keynote presentation at the Oklahoma Association for Marriage and Family Therapy, Norman, OK.
23. Nelson Goff, B. S. (2018, April). *Understanding grief, loss, and trauma in survivors of human trafficking*. Workshop presented at the Homestead Ministry Training, Westview Community Church, Manhattan, KS.
24. Nelson Goff, B. S. (2017, October). *The costs of caring: Understanding trauma, secondary trauma, and self-care for military professionals*. Presentation at the Fort Riley Chaplains Monthly Briefing, Fort Riley, KS.
25. Nelson Goff, B. S. (2017, October). *Note to self: A perspective on family, success, and enjoying your life journey*. Presentation at the K-State Book Network #GetCurious: Life, the Universe, and Everything, Manhattan, KS.
26. Nelson Goff, B. S. (2017, June). *Post-traumatic stress and military families*. Presentation at the Fort Riley Chaplains Monthly Briefing, Fort Riley, KS.

27. Cless, J., & Nelson Goff, B. S. (2017, May). *The costs of caring: Understanding trauma, secondary trauma, and self-care for professionals working with trauma and violence in children*. Workshop presented at CYS Professional Development Day, Fort Riley, KS.
28. DeGroat, A., Nelson Goff, B. S., & Panel of OIF/OEF Veterans (2017, April). *Talkback panel after The Trojan War: Our Warrior Chorus*. Panel presentation at McCain Auditorium, Kansas State University, Manhattan, KS.
29. Nelson Goff, B. S. (2017, February). *When bad things happen to good people: Understanding trauma and traumatic stress*. Presentation at the 40th Annual Manhattan Christian College Woman's World, Manhattan, KS.
30. Behnke, B., Nelson Goff, B. S., Orthel, B., Roberts, K., & Rosenkranz, R. (2017, February). *RSCAD in the College of Human Ecology*. Panel presentation for the CHE New Faculty Orientation, Kansas State University, Manhattan, KS.
31. Nelson Goff, B. S. (2017, January). *PTSD 101: Understanding trauma and traumatic stress*. Presentation for the Kansas State University First Scholars Program, Manhattan, KS.
32. Nelson Goff, B. S. (2016, December). *The Kansas State University Institute for the Health and Security of Military Families*. Presentation at the Manhattan Chamber of Commerce Military Relations Committee, Manhattan, KS.
33. Heinrich, K., Nelson Goff, B. S., Rosenkranz, S., & Sauer, K. (2016, November). *Mentorship*. Panel presentation for the Human Ecology Graduate Student Council, Kansas State University, Manhattan, KS.
34. Nelson Goff, B. S., Gallus, K., & High, J. (2016, September). *The costs of caring: Self-care and secondary trauma in providers*. Workshop presented at the Association of Community Mental Health Centers of Kansas and Kansas Association of Addiction Professionals Annual Conference for Behavioral Health, Manhattan, KS.
35. Nelson Goff, B. S. (2016, August). *The Kansas State University Institute for the Health and Security of Military Families*. Presentation at the Manhattan PILOT Club, Manhattan, KS.
36. Nelson Goff, B. S. (2016, August). *Reflections of a researcher...Or how to manage an octopus!* Panel presentation at the College of Human Ecology Fall Forum, Kansas State University, Manhattan, KS.
37. Nelson Goff, B. S., & Cless, J. (2016, June). *Secrets to success*. Presentation for the 24th CTC Leadership Luncheon, 541st CSSB, Fort Riley, KS.
38. Nelson Goff, B. S., Gallus, K., & High, J. (2016, May). *The costs of caring: Understanding trauma, secondary trauma, and self-care for professionals working with trauma and violence in children*. Workshop presented at CYSS Professional Development Day, Fort Riley, KS.
39. Nelson Goff, B. S., Gallus, K., & High, J. (2016, May). *The costs of caring: Understanding trauma, secondary trauma, and self-care for professionals working with survivors*. Workshop presented at the Consortium for Title IX and Equity Officers in Higher Education, Kansas State University-Olathe, Campus, Olathe, KS.
40. Nelson Goff, B. S. (2016, April). *The Kansas State University Institute for the Health and Security of Military Families*. Presentation for Fort Riley DFMWR, Manhattan, KS.
41. Nelson Goff, B. S. (2016, January). *The Kansas State University Institute for the Health and Security of Military Families*. Presentation at the Kansas State University Foundation, Manhattan, KS.
42. Nelson Goff, B. S. (2015, October). *The Kansas State University Institute for the Health and Security of Military Families: Community Engagement and Program Development*. Presentation for the Kansas State University Center for Engagement and Community Development Brown-bag Series, Manhattan, KS.
43. Summers, K., & Nelson Goff, B. S. (2015, September). *The Kansas State University Institute for the Health and Security of Military Families*. Workshop presented at the Association for Community Mental Health

Centers of Kansas and Kansas Association of Addiction Professionals Annual Conference for Behavioral Health, Wichita, KS.

44. Nelson Goff, B. S. (2014, November). *The Kansas State University Institute for the Health and Security of Military Families: Building community partnerships*. Presentation at the Fort Riley ASAP, Fort Riley, KS.
45. Bell, M. M., Britt, S. L., & Nelson Goff, B. S. (2014, August). *The financial readiness of our force*. Invited presentation at the Defense Credit Union Council Annual Conference, Dallas, TX.
46. Hughey, J., Nelson Goff, B. S., Sauer, K. & Fitzgerald, H. (Respondent) (2014, April). *Engagement as scholarly activity*. Panel presentation at the 2014 Engagement Symposium, Kansas State University, Manhattan, KS.
47. Nelson Goff, B. S. (2014, April). *Understanding grief, loss, and trauma in survivors of human trafficking*. Workshop presented at the Homestead Ministry Training, Westview Community Church, Manhattan, KS.
48. Nelson Goff, B. S., & Schwerdtfeger Gallus, K. L. (2014, March). *When trauma hits home: Understanding the impact of trauma on couples and families*. Presentation at the Northern Regional College Counselling Professional Development Seminar, University of Ulster—Jordanstown, Northern Ireland.
49. Bell, M. M., Britt, S. L., Nelson Goff, B. S., Archuleta, K., & Eltringham, R. (2014, March). *The financial behaviors of Soldiers before and after deployment*. Invited presentation to the Military Relief Societies, Arlington, VA.
50. Bell, M. M., Britt, S. L., Nelson Goff, B. S., Archuleta, K., & Eltringham, R. (2014, March). *Game changers: How soldiers' rank and deployment status affect their financial behaviors, knowledge, and anxiety*. Presentation at the K-State Military Education and Family Initiatives Symposium, Fort Riley, KS.
51. Nelson Goff, B. S., & Schwerdtfeger Gallus, K. L. (2014, March). *Trauma and the military family: Research on the impact of trauma and PTSD on spouses and families*. Presentation at the K-State Military Education and Family Initiatives Symposium, Fort Riley, KS.
52. Nelson Goff, B. S., & Summers, K. (2014, March). *Military outreach programs with K-State's Institute for the Health and Security of Military Families*. Presentation at the K-State Military Education and Family Initiatives Symposium, Fort Riley, KS.
53. Bell, M. M., Britt, S. L., Nelson Goff, B. S., Archuleta, K., & Eltringham, R. (2013, December). *The financial behaviors of Soldiers before and after deployment*. Invited presentation to the First Infantry Division Headquarters, Fort Riley, KS.
54. Bell, M.M., Britt, S. L., Nelson Goff, B. S., Archuleta, K., & Eltringham, R. (2013, September). *The financial behaviors of Soldiers before and after deployment*. Invited presentation to the Department of Defense and All Service Branch Headquarters. Washington, DC.
55. Nelson Goff, B. S., Johannes, E., Jones, W., Fittel, J. & Floyd, L. (2013, September). *Helping veterans and families during deployment and return home: Reintegration into the community and family*. Panel presentation at the Association for Community Mental Health Centers of Kansas and Kansas Association of Addiction Professionals Annual Conference for Behavioral Health, Wichita, KS.
56. Nelson Goff, B. S. (2013, September). *Transitions: Preparing and coping with the challenges of change in families with special needs members*. Workshop presented at the Developmental Delays, Autism, and Behavioral Learning Conference, Fort Riley, KS.
57. Nelson Goff, B. S. (2013, July). *Marriage and relationships*. Sharing session at the National Down Syndrome Congress Annual Convention, Denver, CO.
58. Nelson Goff, B. S. (2013, May). *Trauma and traumatic stress in military families*. Workshop presented at the Military Culture Training, Kansas OSD/OMK Camp Training, Rock Springs 4-H Center, Kansas.
59. Nelson Goff, B. S. (2013, January). *Working with special needs populations in dental settings*. Class presentation at the Manhattan Area Technical College Dental Hygiene Course, Manhattan, KS.

60. Nelson Goff, B. S. (2013, January). *The Kansas State University Institute for the Health and Security of Military Families: Building community partnerships*. Presentation at the Fort Riley ACS Redeployment Lunch, Fort Riley, KS.
61. Nelson Goff, B. S. (2012, September). *Relationships, resiliency, and TBI*. Seminar presented for the Brain Injury Association of Kansas and Greater Kansas City, Manhattan, KS.
62. Meredith, W. H., Burnett, D., Nelson Goff, B. S., Haub, M., Kaup, M., Sauer, K., & Webb, F. (2012, August). *Undergraduate research*. Panel presented at the College of Human Ecology Fall Forum, Manhattan, KS.
63. Nelson Goff, B. S. (2012, April). *Understanding grief, loss, crisis and trauma in survivors of human trafficking*. Workshop presented at the Homestead Ministry Training, Westview Community Church, Manhattan, KS.
64. Nelson Goff, B. S. (2012, February). *Understanding the impact of trauma and war on soldiers and their family members*. Presentation at the Fort Riley Extension and ACS Couples Workshops, Fort Riley, KS.
65. Nelson Goff, B. S. (2011, October). *Understanding the impact of trauma and war on soldiers and their family members*. Presentation at the Fort Riley Army Career and Alumni Program, Fort Riley, KS.
66. Nelson Goff, B. S. (2011, March). *Moving human sciences forward: The role of undergraduate students in human sciences researcher*. Presentation at the Board of Human Sciences (BoHS) & Council of Administrators of Family and consumer Sciences (CAFCS) Annual Conference, Arlington, VA.
67. Nelson Goff, B. S. (2011, February). *Understanding the impact of trauma and war on soldiers and their family members*. Presentation at the Fort Riley Extension and ACS Couples Workshops, Fort Riley, KS.
68. Jones, C., Niehoff, B., Kiefer, S., Cortez, A., Shanklin, C., Nelson Goff, B. S., & Denell, R. (2011, January). *Letting your students experience leadership in the learning process: Exploring opportunities for undergraduate research*. Panel presentation at the 8th Annual K-State Teaching Retreat, Manhattan, KS.
69. Nelson Goff, B. S., & Springer, N. (2010, December). *"My kid has more chromosomes than yours!": Research on hope and resilience in parenting a child with Down syndrome*. Presentation at Meadowlark Retirement Center, Manhattan, KS.
70. Nelson Goff, B. S. (2010, November). *Refreshing your College Assessment Review Committee*. Workshop presented at the K-State Assessment Showcase, Manhattan, KS.
71. Springer, N., McCallum, S., Pounds, M., & Nelson Goff, B. (2010, November). *What your doctor may not tell you when Down syndrome enters your life*. Poster presentation at Living With Disabilities: It Takes a Village, Lubbock, TX.
72. Allison, A., Nelson Goff, B. S., & Campbell, J. (2010, July). *Changing lives: Down syndrome and the health care professional*. Presentation at Mercy Regional Health Center, Manhattan, KS.
73. Nelson Goff, B. S. (2010, May). *The Institute for the Health and Security of Military Families: Supporting our military families*. Presentation at the Manhattan Chamber of Commerce Military Relations Committee, Manhattan, KS.
74. Nelson Goff, B. S. (2010, March). *The personal face of tragedy*. Panel presentation at the Community Readiness Communications Conference. Manhattan, KS.
75. Nelson Goff, B. S. (2009, November). *Veterans services and support: Supporting veterans reintegration to campus*. Panel presentation by the Non-traditional Student Services Office, Kansas State University, Manhattan, KS.
76. Nelson Goff, B. S., & Phillips, A. (2009, October). *Reviewing assessment APRs: A session for CARC reviewers*. Workshop presented at the K-State Assessment Showcase, Manhattan, KS.

77. Schwerdtfeger, K. L., & Nelson Goff, B. S. (2009, September). *The intergenerational transmission of trauma: Exploring prenatal attachment*. Paper presented at the CONFER Intergenerational Trauma Conference, London, England (Web conference presentation).
78. Nelson Goff, B. S., & Wick, S. (2009, April). *Family resiliency: What it is...How to get it*. Workshop presented for the Kansas National Guard, Wichita, KS.
79. Nelson Goff, B. S. (2008, November). *Family systems approaches to trauma: Understanding the impact when trauma hits home*. Workshop presented for the ASPIN Behavioral Health Clinical Network Indianapolis, IN.
80. Nelson Goff, B. S., & Hawks, S. J. (2008, October). New Faculty Workshop: *Completing an assessment plan: Utilizing available tools and resources*. Assessment Showcase, Kansas State University, Manhattan, KS.
81. Nelson Goff, B. S., & Anderson, J. R. (2008, August). *Fort Riley Military Family Survey*. Victory Leaders Symposium, Fort Riley, KS.
82. Nelson Goff, B. S. (2008, May). *Family systems approaches to trauma: Understanding the impact when trauma hits home*. Keynote presented at the Mental Health America of Greater Indianapolis Conference, Indianapolis, IN.
83. **Nelson Goff, B. S., & Irwin, L. (2008, April). *Compassion fatigue: Understanding secondary traumatic stress for ALL*. Workshop presented at the Annual Kansas Crime Victims Rights Conference, Topeka, KS.
84. ## Nelson Goff, B. S. (2007, October). *KAHBH Community Mental Health Centers coordinators training*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
85. ## Nelson Goff, B. S., & Wick, S. L. (2007, September). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Kansas Emergency Management Association Annual Conference, Hays, KS.
86. Nelson Goff, B. S. (2007, September). *Parenting a child with Down Syndrome*. Invited lecture presented at Kansas State University, Manhattan, KS.
87. ## Griffin, C., Rosmann, M., Wiley, J., Bulling, D., Nelson Goff, B., & Harmon, K. (2007, August). *Behavioral health preparedness, response, and recovery: Keeping people connected in times of crisis and disaster*. National Association of Rural Mental Health, Kansas City, MO.
88. **Nelson Goff, B.S., & Strader, L. V. (2007, June). *The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress and relationship satisfaction in the next generation of veterans*. Soldier and Family Support Center, Fort Riley, KS.
89. Nelson Goff, B. S. (2007, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
90. **Nelson Goff, B. S., & Sanders-Hahs, E. (2007, May). *Forgotten victims: Child and adolescent victims of trauma*. Boys and Girls Club, Manhattan, KS
91. ## Nelson Goff, B. S., & Wick, S. L. (2007, April). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Emergency Management Support Association of Kansas Annual Conference, Mayetta, KS.
92. ## Nelson Goff, B. S. (2006, November). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Community Readiness Communications Conference, Manhattan, KS.
93. Nelson Goff, B. S. (2006, November). *The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress and relationship satisfaction in the next generation of veterans*. Invited workshop presented at the Coping Skills for Loving Your Veteran Seminar, Topeka, KS.

94. ## Nelson Goff, B. S., & Rinehart, B. (2006, October). *KAHBH CMHC coordinators training*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
95. Nelson Goff, B. S. (2006, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
96. Nelson Goff, B. S. (2006, April). *Academic interviewing and developing a research program: Taming the academic hurricane*. Workshop presented at the Kansas State University Graduate School Forum, Manhattan, KS.
97. Nelson Goff, B. S. (2006, January). *You mean I have a choice? Helping students establish effective learning experiences through selection of learning activities*. Workshop presented at the 4th Annual Kansas State University Teaching Renewal Retreat, Manhattan, KS.
98. ## Harmon, K., & Nelson Goff, B. S. (2005, October). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
99. ## Harmon, K., & Nelson Goff, B. S. (2005, October). *Creating local crisis teams: Preparing your community and agency*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
100. Nelson Goff, B. S. (2005, October). *Forgotten victims: Child and adolescent victims of violence and trauma*. 2005 Educational Symposium, College of Education, Kansas State University, Manhattan, KS.
101. Davenport, B., Nelson Goff, B. S., Parra Cardona, R., Sandberg, J., & Werner-Wilson, R. (2005, October). *Developing a research program/Surviving the pre-tenure years*. 2005 Family Therapy Student Research Conference, Manhattan, KS.
102. ## Nelson Goff, B. S. (2005, August). *The Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Invited lecture presented at the Rotary Club, Manhattan, KS.
103. Nelson Goff, B. S. (2005, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
104. ## Cauble, B., Dinkel, J., Griffin, C., & Nelson Goff, B. S. (2005, May). *Behavioral health preparedness and agricultural security: Learning from the past to educate the future*. KSU Agricultural & Food Security Forum, Manhattan, KS.
105. **Nelson Goff, B. S., & Henry, S. B. (2004, October). *The bad news, the good news, the new news: What we know and what we are learning about the effects of war trauma on veterans and their partners*. Invited workshop presented at the All Veterans Reunion, Ottawa, KS.
106. Nelson Goff, B. S. (2004, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
107. Nelson, B. S. (2003, September). *Forgotten victims: Infants and toddlers who witness violence and trauma*. Invited workshop presented for the Kansas Infant Toddler Conference, Wichita, KS.
108. **Nelson, B. S., Archuleta, K., & Kelley, S. (2003, April). *Post traumatic stress disorder: Beyond the basics*. Workshop presented for the Kansas Children's Service League, Salina, KS.
109. Nelson, B. S., & Schwerdtfeger, K. L. (2002, August). *Beating foster care burnout*. Workshop presented for the Kansas Children's Service League, Topeka, KS.
110. Nelson, B. S. (2002, June). *Weapons and war, pears and peace: Trauma and reconstruction in Bosnia-Herzegovina*. Invited lecture presented at the Hiawatha Kiwanis Club, Hiawatha, KS.
111. Nelson, B. S. (2002, June). *Children and trauma: Facing a new millennium*. Workshop presented at the Topeka Family Service and Guidance Center, Topeka, KS.

112. Nelson, B. S., Murphy, M., & Smith, A. (2002, May). *Developing a research program: Panel of junior researchers share advice*. Invited panel presentation at the Marriage and Family Therapy Student Research Conference, Ames, IA.
113. **Nelson, B. S., et al. (2002, March, April, May). *Forgotten victims: Children and adolescents who are exposed to violence and trauma*. Workshops presented for the Kansas Children's Service League, Topeka, KS.
114. Nelson, B. S. (2002, April). *Weapons and war, pears and peace: Trauma and reconstruction in Bosnia-Herzegovina*. Invited lecture presented at the University of Kansas Center for Russian and East European Studies, Lawrence, KS.
115. O'Conner, N. T., & Nelson, B. S. (2002, January). *The Kansas State University Family Center: The best kept secret on campus*. Invited lecture presented at the KSU College of Agricultural Workshop Series on Enhancing Teaching Effectiveness in Agriculture, Manhattan, KS.
116. **Nelson, B. S., & Higgins Kessler, M. R. (2001, October). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Association for the Education of Young Children, Manhattan, KS.
117. Nelson, B. S. (2001, September). *Trauma and reconciliation in Bosnia-Herzegovina: Rebuilding families*. Invited paper presented at The International Conference "Children—Victims of the War and Peace," Sarajevo, Bosnia-Herzegovina.
118. Nelson, B. S. (2001, September). *Weapons and war, pears and peace: The mental and physical health of war-affected children*. Invited workshop presented at the International Bureau for Children's Rights Tribunal Training Sessions, Sarajevo, Bosnia-Herzegovina.
119. Nelson, B. S. (2001, June). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Topeka Family Service and Guidance Center, Topeka, KS.
120. **Nelson, B. S., & Higgins Kessler, M. R. (2001, April). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Franklin County Extension Service Training, Ottawa, KS.
121. Nelson, B. S., Fees, B. S., & Bridgham, C. (2001, April). *Providing interdisciplinary early childhood interventions with at-risk families*. Invited workshop presented at the Kansas Attorney General's Crime Victims' Rights Conference, Wichita, KS. **Nelson, B. S., & Higgins Kessler, M. R. (2001, February). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Children's Advocacy Day 2001, Topeka, KS.
123. Nelson, B. S. (2000, December). *Trauma and reconciliation in Bosnia-Herzegovina*. Invited lecture presented at the Vernon Larson International Luncheon Series, Kansas State University, Manhattan, KS.
124. Nelson, B. S. (2000, November). *Trauma and reconciliation in Bosnia-Herzegovina*. Invited lecture presented at the Rotary Club, Manhattan, KS.
125. Nelson, B. S. (2000, June). *Forgotten victims: Indicators, effects, and interventions with children exposed to violence and trauma*. Invited workshop presented at the Johnson County Court Services Human Services Coalition, Olathe, KS.
126. Nelson, B. S. (2000, April). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Attorney General's Crime Victims' Rights Conference, Topeka, KS.
127. Nelson, B. S. (2000, March). *Children and trauma: Facing a new millennium*. Invited workshop presented at the Wichita Mental Health Association Conference, Wichita, KS.
128. Nelson, B. S. (1999, October). *Ethics, trauma, and the helping professional*. Invited workshop presented at the Kansas Association for Marriage and Family Therapy conference, Wichita, KS.

PODCASTS

1. Coombs, E. O. (Host). (2022, Oct 12). Opening Up The Military, Marriage and Money Conversation with Dr. Briana Nelson Goff [Audio podcast episode]. In *Healthy Love & Money*. Riverside-FM. <https://www.healthyloveandmoney.com/podcasts/healthy-love-and-money/episodes/2147804549>
2. Saunders, J. (Host). (2023, Feb 17). How Couples Stay Resilient Through Deployments & Life's Battles | Briana S. Nelson Goff PhD, S6 E6. *The Creator Community Podcast*. New Degree Press. <https://www.youtube.com/watch?v=VJEcrdlf2bU>

CLINICAL EXPERIENCE

Kansas Licensed Marriage and Family Therapist (License #0407), 1999-2000

Kansas Licensed Clinical Marriage and Family Therapist (License #178), 2000-present

- Part-time private practice, Andrews & Associates, Manhattan, KS, 2018-present

PROFESSIONAL ORGANIZATIONS AND NATIONAL LEADERSHIP

American Association for Marriage and Family Therapy (AAMFT)

Clinical Member, 1998-2017, 2022-

Approved Supervisor, 1999-2007

Ad Hoc Reviewer, AAMFT Clinical Update/Consumer Update on *Post-traumatic Stress Disorder* and *Intrafamilial Childhood Sexual Abuse*

AAMFT Summer Research Conference

Invited participant, 1999, 2001

Kansas Association for Marriage and Family Therapy, 1992-1993, 1997-2017

Presented 1999 KAMFT Ethics Conference, *Ethics, Trauma, and the Helping Professional*

Texas Association for Marriage and Family Therapy, 1995 -1997

Eye Movement Desensitization and Reprocessing International Association (EMDRIA)

Member, 2019-

EMDRIA Certified Therapist, 2022 - 2024

EMDRIA Consultant-in-Training, February 2022 -

International Association for Relationship Research (IARR)

Member, 2017-2020

International Society for Traumatic Stress Studies (ISTSS)

Member, 2000-2017

Co-Chair, *Family Systems Approaches to Trauma Special Interest Group*, (2004-2014)

Presenter at annual conferences

Pre-Meeting Institute Proposal Reviewer, 2008

Ad Hoc Reviewer, ISTSS Fact Sheet, *Trauma and Relationships*

Invisible Wound—National Organization addressing PTSD outcomes in Veterans

Advisory Board Member, 2014-2017

National Council on Family Relations (NCFR)

Member, 1996-2002

Reviewer for Family Therapy Section conference proposals, 1998-2002

Reviewer for Family Therapy Section Student Award applications, 2000

Family Therapy Section Student/Young Professional Representative, 1998-2000

Family Therapy Section Liaison, 2000-2002

National Down Syndrome Congress (NDSC)

Member, 2010-

EDITORIAL/REVIEW EXPERIENCE

Editorial Boards

- *Journal of Marital and Family Therapy*, 2001- 2014
- *Journal of Couple and Relationship Therapy*, 2012 - present.

Journal/Publication Reviewer

- *AAMFT Clinical Update/Consumer Update on PTSD*
- *Couple and Family Psychology: Research and Practice*
- *Disability and Health Journal*
- *Disability and Rehabilitation*
- *European Journal of Psychotraumatology*
- *Family Process*
- *Journal of Couple and Relationship Therapy*
 - *Special Issue Editor, Models for Treatment of Trauma in Couples*
- *Journal of Family Issues*
- *Journal of Family Psychology*
- *Journal of Family Theory and Review*
- *Journal of Marital and Family Therapy*
- *Journal of Sexual Medicine*
- *Journal of Traumatic Stress*
- *Military Behavioral Health*
- *Military Medicine*
- *Psychological Trauma: Theory, Research, Practice, and Policy*

Scientist Reviewer

Congressionally Directed Medical Research Programs (CDMRP), U.S. Army Medical Research and Development Command, *Department of Defense (DoD)*

- *Post Traumatic Stress Disorder and Traumatic Brain Injury (PTSD/TBI) Research Program*, 2007, 2008, 2013
- *Psychological Health and Readiness Research Program (PHRRP)*, 2020
- *Joint Warfighter Medical Research Program (JWMRP)*, 2020

Grant Reviewer

- National Institutes of Health Director's Early Independence Award, 2017
- US Army Medical Research and Materiel Command, 2012, 2013
- Israel Science Foundation, 2009, 2021

DIDACTIC TEACHING EXPERIENCE

- Courtship and Marriage (Undergraduate)
- Family Violence (Undergraduate)
- The Helping Relationship (Undergraduate)

- Introduction to the University Honors Program (Undergraduate honors)
- Conducting Honors Research (Undergraduate honors)
- Understanding Trauma and Traumatic Stress (Undergraduate)
- Prevention and Intervention of Violence (Undergraduate)
- Coping with Life Crises (Undergraduate)
- Foundations of Trauma and Traumatic Stress (Graduate)
- Violence Prevention and Intervention (Graduate)
- Crisis Across the Lifespan (Graduate)
- Individual and Family Assessment in MFT (Masters)
- Principles of Marriage and Family Therapy (Masters)
- Marriage and Family Therapy Practicum (Masters and doctoral)
- Trauma and the Family (Doctoral)
- Clinical Specialization in Marriage and Family Therapy (Doctoral)

CONTINUING EDUCATION TEACHING EXPERIENCE

- Understanding Trauma and Traumatic Stress (12 CEU Credits provided; online course)
- Military Culture 101 (1 CEU Credit provided; online course)

GRADUATE STUDENT PROJECTS

Doctoral Dissertations Advised

1. Cless, J. (High) (Spring 2018). *Learning about trauma: Cortisol responses, trauma exposure, and emotional reactivity in undergraduate students*. Unpublished doctoral dissertation, Kansas State University.
2. Ruhlmann, L. (Oseland) (Spring 2018). *Profiles of trauma exposure and biopsychosocial health among sex trafficking survivors: Exploring differences in help-seeking attitudes and intentions*. Unpublished doctoral dissertation, Kansas State University.
3. Bell, M. (Summer 2013). *The financial behaviors of soldiers before and after deployment*. Unpublished doctoral dissertation, Kansas State University. (Co-chair with S. Britt)
4. Henry, S. B. (Spring 2011). *"Walking on eggshells": A qualitative study on the effects of trauma and deployment in military couples*. Unpublished doctoral dissertation, Kansas State University.
5. Wick, S. (Fall 2010). *Understanding the effects of war-related trauma and deployment on the couple relationship: Evidence for the Couple Adaptation to Traumatic Stress (CATS) Model*. Unpublished doctoral dissertation, Kansas State University.
6. McIntyre, J. M. (Fall 2009). *Federal disaster mental health response and compliance with best practices*. Unpublished doctoral dissertation, Kansas State University.
7. Smith, D. B. (Summer 2006). *The interpersonal impact of a history of individual sexual trauma in the couple system*. Unpublished doctoral dissertation, Kansas State University.
8. Gfeller-Strouts, L. (Fall 2004). *The development of emotional exhaustion, depersonalization, and reduced personal accomplishment in in-home family service providers*. Unpublished doctoral dissertation, Kansas State University.
9. Higgins Kessler, M. (Spring 2002). *Initial treatment decisions with adult survivors of childhood sexual abuse: Recommendations from clinical experts*. Unpublished doctoral dissertation, Kansas State University.

Master's Theses and Reports Advised

1. High, J. (Fall 2015). *Hope, coping, and relationship quality in mothers of children with Down syndrome*. Unpublished master's thesis, Kansas State University.
2. Summers, K. (Summer 2015). *A comparison study of low trauma disclosure participants and their partners*. Unpublished master's thesis, Kansas State University.
3. Sanders-Hahs, E. (Fall 2008). *The impact of hate crime trauma on interpersonal relationships*. Unpublished master's thesis, Kansas State University.
4. Hamilton, S. (Spring 2007). *Relational impact of female primary trauma in a military sample*. Unpublished master's thesis, Kansas State University.
5. Newsom, K. (Fall 2006). *Mental health and relational effects in women survivors of childhood sexual abuse*. Unpublished master's report, Kansas State University.
6. Fleming, E. (Spring 2006). *Women and substance use disorders*. Unpublished master's report, Kansas State University.
7. Bruning, B. (Spring 2006). *The impact of hemophilia on children and their families: A new challenge for marriage and family therapists*. Unpublished master's report, Kansas State University.
8. Wick, S. (Fall 2005). *Death and bereavement: An examination of public policy and the workplace*. Unpublished master's report, Kansas State University.
9. Heidesch, A. (Spring 2005). *Men in therapy*. Unpublished master's report, Kansas State University.
10. Hull, V. (Fall 2004). *Becoming a first generation marriage and family therapist in a general hospital setting*. Unpublished clinical specialty master's report, Kansas State University.
11. Schwerdtfeger, K. L. (Summer 2004). *Intergenerational transmission of trauma: Exploring mother-infant prenatal attachment*. Unpublished master's thesis, Kansas State University.
12. Frick, R. (Spring 2003). *Spirituality, religion and therapy: A look at two different worlds, the challenges that occur and the bridges between them*. Unpublished master's report, Kansas State University.
13. Carter Robinson, S. (Spring 2003). *Intimate partner violence among high school and college students*. Unpublished master's report, Kansas State University.
14. Dunbar Clark, C. (Summer 2002). *Puberty, the self, and the family*. Unpublished clinical specialty master's report, Kansas State University.
15. Anderson, J. R. (Fall 2001). *The transtheoretical model of change applied to couples therapy*. Unpublished master's thesis, Kansas State University.
16. Parry, M. (Fall 2000). *Working with adjudicated adolescents*. Unpublished clinical specialty master's report, Kansas State University.

Undergraduate Research Projects Advised

1. Millar, S. (2019). *Evaluation of a couple and family retreat for veterans with PTSD*. McNair Scholars Project, Kansas State University, Manhattan, KS.
2. Dyster, M., Krueger, K., Reves, M., Steele, R., Alexander, P., & Wedekind, M. (2018). *A qualitative analysis of high and low relationship satisfaction groups in a sample of parents of children diagnosed with Down syndrome*. Undergraduate research team project, Kansas State University, Manhattan, KS.
3. Huxman, S. (2018). *Family systems approaches to trauma: Theory and techniques for working with couples and families*. Undergraduate research project, Kansas State University, Manhattan, KS.
4. Fuss, C., Gnagi, T., & Schiferl, M. (2017). *Identifying and predicting typologies of married soldiers: A latent profile analysis*. Undergraduate research team project, Kansas State University, Manhattan, KS.

5. Dyster, M., Krueger, K., Reves, M., & Steele, R. (2017). *Parent as advocate: A study comparing advocacy experiences of parents of children with Down syndrome*. Undergraduate research team project, Kansas State University, Manhattan, KS.
6. Fuss, C., Harper, E., Lyddon, L., Mondloch, D., Neal, S., & Parson, D. (2017). *Where are they now? A qualitative analysis of a 10 year follow-up study with a sample of U.S. Army couples*. Undergraduate research team project, Kansas State University, Manhattan, KS.
7. Lechtenburger, R., Betthausen, E., & Beneke, B. (2016). *The moderating role of trauma type in married couples*. Undergraduate research team project, Kansas State University, Manhattan, KS.
8. Bodine, E., Cless, A., Farkas, L., & Schmelzle, A. (2016). *The ups and downs of Down syndrome: A qualitative study of parents' reports of their most positive and most negative experiences parenting children with Down syndrome*. Undergraduate research team project, Kansas State University, Manhattan, KS.
9. Bodine, E., Cless, A., Farkas, L., & Schmelzle, A. (2016). *Reflecting on the journey: Advice to parents from parents*. Undergraduate research team project, Kansas State University, Manhattan, KS. (Students received OURCI Undergraduate Research Grant, 2015).
10. DiDio, N., Fuss, C., & Sunderman, A. (2016). *The moderating role of perpetrator type in trauma couples*. Undergraduate research team project, Kansas State University, Manhattan, KS.
11. Gray, H., Summers, K., Andres, E., Campbell, A., & Zetmeir, L. (2015). *The systemic effects of trauma in a sample of military couples with low trauma disclosure between partners*. Undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
12. Gatts, C. (2015). *A framework for understanding posttraumatic stress disorder as a chronic illness*. Undergraduate University Honors Program project, Kansas State University, Manhattan, KS.
13. Staats, N., Malone, J., & Hein, A. (2014). *Phases of coping for parents of a child with a developmental disability: Exploring a new lifespan model*. Undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
14. Summers, K., Hartman, K., Billings, A., Chevalier, M., Hermes, H., Perkins, D., Walker, L., & Monk, J. K. (2014). *Trauma disclosure and deployment experiences in military couples*. Undergraduate research team project, Kansas State University, Manhattan, KS.
15. Hartman, K., Summers, K., Perkins, D., Walker, L., & Monk, J. K. (2014). *Trauma disclosure in military couples: A comparison of trauma symptoms and relationship quality*. Undergraduate research team project, Kansas State University, Manhattan, KS.
16. Frantz, C. (2013). *Literature review on social inclusion programs in elementary schools for students with special needs*. Undergraduate University Honors Program project, Kansas State University, Manhattan, KS.
17. Staats, N. (2013). *Hope, coping, life satisfaction, and relationship satisfaction in parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups*. Undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
18. Staats, N. (2012). *Guide for New Parents: Special health conditions in parenting children with Down syndrome*. Undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
19. Peak, M. (2012). *Guide for New Parents: Understanding legal issues in parenting children with Down syndrome*. Undergraduate University Honors Program project, Kansas State University, Manhattan, KS.
20. Ritz, K. (2012). *Guide for New Parents: What your doctor may NOT tell you (but the rest of what you should know) and other things you might be told about your child with Down syndrome*. Undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
21. Cline, L., Frantz, C., Peak, M., Tracy, C., & Veh, T. (2011). *"My kid has more chromosomes than yours!": The journey to resilience and hope in parenting a child with Down syndrome*. Undergraduate research project, Kansas State University, Manhattan, KS.

22. Devine, S., Cox, M., Orrick, K., & Schmitz, A. (2011). *Dual and single trauma in military couples*. (Undergraduate research project that was developed into an invited manuscript submission for a special section on dual trauma couples in the journal, *Psychological Trauma: Theory, Research, and Practice*. Manuscript also served as S. Devine's Undergraduate honors project, Kansas State University).
23. Plank, M. (2011). *Developing a university partnership program for individuals with developmental disabilities*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
24. McCluney, S. (2010). *Effects of trauma and deployment on military couples: What helps them to sustain and be resilient to the war and/or deployment cycles?* Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
25. Monk, J. K. (2010). *Development of a trauma studies and conflict resolution minor at Kansas State University*. (Co-advisor with T. McCants). Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
26. Gurs, H. (2009). *Today's Army couples: A quantitative study of relationship satisfaction in a Fort Riley Kansas sample*. (Co-advisor with J. Anderson). Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
27. Irwin, L. (2009). *Effects, treatment, and implications for secondary trauma and compassion fatigue*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
28. McCluney, S. (2009). *Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard families*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
29. Doyle, T. (2007). *Coming home: The impact of military deployments to Iraq and Afghanistan on relationship satisfaction*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS. (*Joint project with L. Vargas Strader)
30. Vargas Strader, L. (2007). *Coming home: The impact of military deployments to Iraq and Afghanistan on relationship satisfaction*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS. (*Joint project with T. Doyle)
31. Vargas, L. (2006). *The Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
32. Bateman, L. (2003). *The effects of traumatic events on couple relationships*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
33. Von Fange, K. A. (2003). *The effects of violence on intimate relationships of women*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
34. Darnauer, J. C. (2000). *Parental satisfaction during the empty nest*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.

Students Mentored in Formal Undergraduate Research Programs:

Kansas Bridges to the Future Program:

- Lizette Vargas Strader (2005-2007)
- Dixie Lopez (2005)
- Stefani McCluney (2008)

Developing Scholars Program:

- Cameo Terrell (2002)
- Lori Bateman (2003)
- Lizette Vargas Strader (2005-2007)
- Stephanie McCluney (2008-2010)
- Kelsey Ritz (2011-2012)
- Natira Mullet Staats (2011-2014)
- Hannah Gray (2014-2015)

McNair Scholars Program:

- Scott Millar (2018-2019)

CHE/University Honors Program:

- | | |
|---|---|
| <ul style="list-style-type: none"> • Kristina Von Fange (2002) • Julie Stithem (2006–2007) • Laura Irwin (2007–2009) • J. Kale Monk (2007–2010) • Madison Peak (2009–2012) • Sara Devine (2009–2012) • Theresa Doyle (2006–2007) | <ul style="list-style-type: none"> • Amber Ziegler (2006) • Holly Gurss (2008–2009) • Taylor Veh (2009–2010) • Courtney Tracy (2009–2010) • Courtney Frantz (2010–2013) • Caysi Gatts (2013–2015) |
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Other Student Mentoring*Trauma Research, Education, and Consultation at K-State (TRECK) Team*

In the Fall 1998 semester, I organized a focus group of four graduate students with interests in the area of traumatology. Since 2002, the group has seen incredible growth. Over 150 students have been involved in the TRECK Team since it began in 1998, including over 130 Undergraduate student research assistants. Members of the team, both undergraduate and graduate, have submitted and published professional journal articles; presented workshops at state, national, and international conferences; provided workshops and education for non-professionals and community members throughout Kansas; and provided clinical therapy services for trauma survivors and their family members.

UNIVERSITY COMMITTEES/ACTIVITIES**Kansas State University**

Student Access Center Advisor Search Committee Member (Fall 2022)

Kirmser Undergraduate Research Award Committee Member (2022 – 2023)

Committee on Program Modifications for Students with Disabilities, Appointed Committee Member (2019),
Chair (2020 – 2023)

Office of Research and Sponsored Programs Faculty Development Grants Review Committee (2018 – 2019)

Center for Engagement and Community Development Engagement Grants Review Committee (2018)

Center for Engagement and Community Development Engagement Scholarship Consortium Proposal
Review Committee (2016)

Office of Research and Sponsored Programs University Small Research Grants Review Committee (2016
– 2019)

Undergraduate Research & Creative Inquiry Advisory Council (2014 – 2015)

Center for Engagement and Community Development 2015 Symposium Planning Committee (2014)

University Veteran Student Advisory Council (2010 – 2017)

K-State 150th Celebration, Military Traditions subcommittee (2010 – 2013)

Coffman Leadership Institute Alumni Planning Committee (2009 – 2013)
 K-State for ALL! Committee (2007 – 2012)
 University Carnegie Engagement Application Working Group (2010)
 Office of Assessment Director Search Committee, Chair (2009)
 University Higher Learning Commission Steering Committee (2009-2011)
 University K-State 8 General Education College Council (2009-2011)
 University Performance Agreement Task Force (2009)
 University President's Commission on Multicultural Affairs (2006-2011)
 University International Activities Committee (2006-2011)
 University Distinguished Lectures Committee (2005-2008)
 University Diversity Award Selection Committee (2006-2008)
 University Assessment Facilitators Committee (2006-2011), Chair (2009-2010)
 University Kassebaum Scholars Selection Committee (2008-2009)
 University Human Subjects Institutional Review Board (2006-2009)
 Kauffman Scholars Summer Institutes at K-State (2006, 2007, 2008)
 KSU Ombudsperson (July to August 2005; unable to continue due to new administrative position)
 University Undergraduate Research Experiences Committee (2004-2008)
 KSU Office of International Programs Search Committee (2006)
 Faculty Advisor, *Trauma Research, Education, and Consultation at K-State (TRECK) Program*
 (1998-present)
 Faculty Advisor, *American Red Cross Club of Kansas State University* (2001-2004)
 Faculty Mentor, *Developing Scholars Program* (2002-2007, 2008-2015)
 Faculty Mentor, *Kansas Bridges to the Future Program* (2005, 2008)

Department of Applied Human Sciences (Formerly the School of Family Studies and Human Services)
College of Health and Human Sciences (Formerly the College of Human Ecology)

AHS HDFS Search Committee (2022-2023)
 CHE Faculty Council, FSHS Representative (Fall 2017)
 CHE Tenure and Promotion Committee, FSHS Representative (2012-2014)
 CHE Communications and Marketing Committee, Chair (2010-2011)
 CHE Academic Affairs Committee (2009-2011)
 CHE Honors Program Coordinator (2005-2011)
 CHE Diversity and Internationalization Committee, Chair (2005-2008)
 CHE Diversity Point Person (2005-2008; 2009-2011)
 CHE Academic Standards Committee (2006-2009)
 CHE Sego Award Selection Committee (2007-2008)
 CHE Legacy of Excellence Planning Committee (2008)
 CHE Internationalization Review Committee (2004)
 CHE Associate Dean of Scholarship and Research Search Committee (2004)
 CHE Faculty Search Committees (1999, 2006, 2012)
 CHE Faculty Affairs Committee (1999-2000)
 Co-advisor for Kappa Omicron Nu Honor Society (2005-2008)
 FSHS Clinical Track Faculty Review Committee, Chair (2013)
 FSHS Personal Financial Planning Search Committee, Chair (2012)
 FSHS Priority Setting Committee, Chair (2005-2006)
 FSHS Student Advising Ad Hoc Task Force (1999-2003)
 Family Center Ad Hoc Task Force (2000)

COMMUNITY COMMITTEES/ACTIVITIES

Flint Hills Down Syndrome Families Group, Coordinator (2009 – present)

Special Olympics Young Athletes—Coordinated events in Manhattan, Fall 2010, Spring 2011, Fall 2012

USD 320 Wamego KS

Kansas Teacher of the Year District Selection Committee (2019 – 2021)

West Elementary School

Site Council (2018 – 2021)

Literature Club Parent volunteer (2018 – 2019)

Wamego Middle School

Site Council (2021 –)

Wamego High School

Forensics Tournament Judge (2019)

Site Council (2021 –)

Columbian Theater Winter Theater Academy, parent volunteer (2021 – present)

University Christian Church, nursery volunteer, First Impressions ministry volunteer

The Homestead Ministry, Westview Community Church (2012 – present)

Manhattan Chamber of Commerce, Military Relations Committee, Executive Committee (2012 – 2017)

Little Apple Brigade Member (2017 – present)

Governor's Behavioral Health Services Planning Council, Veterans Subcommittee (2011 – 2017)

1st Infantry Division and Fort Riley KS

Ready and Resilient Campaign, Commander's Update Assessment Board of Directors (2014 – 2017)

Behavioral Health/Public Health Working Group for Ready and Resilient Campaign (2013)

Social Services Agency Committee (2013 – 2014)

Fort Riley - Army Force Structure and Stationing Listening Session, Working Group (2014 – 2015)

Army Community Partnership Program, Working Group (2017)

Riley County Critical Incident Stress Management Team (1999-2003)

American Red Cross, Riley County Chapter

Board of Directors, 2001-2004

DSHR Member, assisted with Supertyphoon Pongsona, Guam recovery efforts, Dec 2002 – Jan 2003