

GLADE L. TOPHAM
Curriculum Vitae: May 1, 2021

Couple and Family Therapy
Applied Human Services
Kansas State University
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EDUCATION

- B.S. Brigham Young University, April, 1998
Major: Family Sciences
- M.S. Brigham Young University, December, 2000
Marriage and Family Therapy, COAMFTE Accredited
Major Professor: Jeffry H. Larson, Ph.D.
Thesis: *The longitudinal study of family-of-origin predictors of hostile conflict in early marriage*
- Ph.D. Texas Tech University, December, 2003
Marriage and Family Therapy, COAMFTE Accredited
Major Professor: Karen S. Wampler, Ph.D.
Dissertation: *Predicting retention in a filial therapy program*

POSITIONS HELD

Administrative

- 8/16 – present Program Director. Couple and Family Therapy Specialization, Kansas State University.
- 5/07 – 8/16 Program Coordinator. Marriage and Family Therapy Specialization, Oklahoma State University.

Research

- 1/21 – present Vera Mowrey McAninch Endowed Professor.
- 8/16 – present Associate Professor. Applied Human Sciences, Kansas State University.
- 2018-2019 National Chair, USDA Multistate Research Team (W3003; Member, October 2014 to present). Parental practices supporting positive eating behaviors during independent eating occasions among early adolescent children.
- 7/11 – 8/16 Associate Professor. Department of Human Development and Family Science, Oklahoma State University.
- 8/03 – 6/11 Assistant Professor. Department of Human Development and Family Science, Oklahoma State University.
- 1/02 – 8/03 Project Director. *Parenting Young Children.* Texas Tech University. Funded research.

Clinical

8/16 – present	<u>AAMFT Approved Supervisor.</u> Family Center, K-State
11/08 – 8/16	<u>AAMFT Approved Supervisor.</u> Center for Family Services, OSU
9/03 – 8/16	<u>Family Therapist.</u> Center for Family Services, OSU.
8/03 – 11/08	<u>Supervisor-in-Training.</u> Center for Family Services, OSU.
9/02 – 8/03	<u>Supervisor-in-Training.</u> Family Therapy Clinic, Texas Tech University.
12/00 – 8/03	<u>Parenting Counselor.</u> Interfaith Hospitality Network of Lubbock.
1/01 – 8/03	<u>Family Therapy Clinic Intern.</u> Texas Tech University.
4/01 – 8/01	<u>Children’s Counselor</u> Women’s Protective Services.
9/98 – 8/00	<u>Comprehensive Clinic Intern.</u> Brigham Young University.

SCHOLARSHIP

*Graduate student co-author

Refereed Publications

Journal Articles Under Review

Stith, S., **Topham**, G. L., Spencer, C., *Jones, B., *Coburn, K., *Kelly, L., *Langston, Z.
(Revise and Resubmit). Systemic treatment of violence in the family. *Journal of Marital and Family Therapy*.

Journal Articles Accepted for Publication

- *Astle, S., Toews, M., **Topham**, G. L., Vennum, A. (2021). To Talk or Not to Talk: An Analysis of Parents’ Intentions to Talk with Children about Different Sexual Topics Using the Theory of Planned Behavior. *Sexuality Research and Social Policy*.
- *Lawless, M., Shriver, L. H., Hubbs-Tait, L., **Topham**, G. L., Swindle, T, Harrist, A. W. (2021). Bidirectional associations between restrained eating and body mass index in middle childhood. *Nutrients*, 13.
- *Dell’Isola, R., Durtschi, J., **Topham**, G. L., Gimarc, C. (2020). A New Approach to Marriage Preparation: The Attachment-Differentiation Premarital Model. In Press at *Journal of Couple & Relationship Therapy*,
- +Banna, J., Richards, R., Jones, B., Anderson, A., Reicks, M., Cluskey, M., Gunther, C, Hongu, K., Lora, K., Misner, S., Monroe-Lord, L., **Topham**, G. L., Wong, S., & Lim, E. (2020). Describing Independent Eating Occasions Among Low-Income Adolescents. *International Journal of Environmental Research and Public Health*, 17, 981-993.
+alphabetical order after second author.
- +Reicks, M., Banna, J., Anderson, A. K., Da Silva, V., ...**Topham**, G. L.,...(2020). Development of parent and adolescent questionnaires to assess food parenting practices that address adolescent intake during independent eating occasions. *Journal of Nutrition Education and Behavior*, 52, 307-313. +alphabetical order after first author.
- Spencer, C. M., **Topham**, G. L., & King, E. L., (2020). Do online parenting programs create

- change?: A meta-analysis. *Journal of Family Psychology*, 34, 364-374.
- Gunther, C., Reicks, M., Banna, J., *Suzuki, A., **Topham**, G. L., Richards, R... (2019). Food parenting practices that parents use to influence early adolescents' food choices during independent eating occasions. *Journal of Nutrition Education and Behavior*, 51, 993-1002.
- Rutledge, J. M., Harrist, A. W., Swindle, T., Hubbs-Tait, L., **Topham**, G. L., Larzelere, R. E., Shriver, L. H. (2019). Parenting style effects on children's weight longitudinally and the moderating effects of mother ethnicity on this relation for American Indians. *Parenting: Science and Practice*.
- +Reicks, M., Davey, C., Anderson, A. K., Banna, J., Cluskey, M., Gunther, C., Jones, B., Richards, R., **Topham**, G., & Wong S. S. (2019). Frequency of eating alone among adolescents is associated with parent support, dietary intake and BMI: cross-sectional FLASHE Study results. *Public Health Nutrition*, 22, 1555-1566. +*alphabetical order after first author*.
- Harrist, A. W., **Topham**, G. L., Hubbs-Tait, L., Swindle, & Shriver, L. H. (2017). Psychosocial Aspects of Child Obesity: Individual, Family, and Peer Influences. *Child Development Perspectives*, 11, 275-281.
- Harrist, A. W., Hubbs-Tait, L., Swindle, T. M, **Topham**, G. L., Page, M. C., & Shriver, L. H. (2016). The social and emotional lives of children with obesity. *Child Development*, 87, 1564-1580.
- +Reicks, M., Banna, J., Cluskey, M., Gunther, C., Hongu, N., Richards, R., **Topham**, G., Wong, S. (2015). Influence of parenting practices on eating behaviors of early adolescents during independent eating occasions: implications for obesity prevention. *Nutrients*, 7(10), 8783-8801. +*alphabetical order after first author*.
- Shriver, L. H., Hubbs-Tait, L., Harrist, A. W., **Topham**, G. L., & Page, M. C. (2015). Child gender and weight status moderate the relation of maternal feeding practices to body esteem in 1st grade children. *Appetite*, 89, 62-69.
- Harrist, A. W., Hubbs-Tait, L., **Topham**, G. L., Shriver, L. H., & Page, M. C. (2013). Emotion regulation is related to children's emotional and external eating. *Journal of Developmental & Behavioral Pediatrics*, 34, 557-565.
- Shriver, L. H., Harrist, A. W., Page, M., Hubbs-Tait, L., Moulton, M., & **Topham**, G. L. (2013). Differences in body esteem by weight status, gender, and physical activity among young elementary school-aged children. *Body Image*, 10, 78-84.
- *Wilson, J., Gardner, B., Brosi, M., **Topham**, G. L., Busby, D. M. (2013). Dyadic adult attachment style and aggression within romantic relationships. *Journal of Couple & Relationship Therapy*, 12, 186-205.
- Harrist, A. W., **Topham**, G., L., Kennedy, T. S., Hubbs-Tait, L., & Page, M. C. (2012). What developmental science can contribute to a multidisciplinary understanding of childhood obesity: An inter- and intrapersonal risk model. *Child Development Perspectives*, 6, 445-455.
- Shriver, L. H., Harrist, A. W., Hubbs-Tait, L., **Topham**, G. L., Page, M., & *Barrett, A. (2011). Weight status, physical activity, and fitness among 3rd Grade Low-income Rural Children. *Journal of School Health*, 81, 536-544.
- Topham**, G. L., & VanFleet, R. (2011). Filial therapy: A structured and straightforward approach to including young children in family therapy. *Australian and New Zealand Journal of Family Therapy* 32, 144-158.
- Topham**, G. L., Wampler, K. S., Titus, G., & *Rolling, E. (2011). Predicting parent and child

- outcomes of a filial therapy program. *International Journal of Play Therapy*, 20, 79-93.
- Topham**, G. L., Hubbs-Tait, L., Rutledge, J. M., Page, M. C., Kennedy, T. S., Shriver, L. H., & Harrist, A. H. (2011). Parenting styles, parental response to child emotion, and family emotional expressiveness are related to child emotional eating. *Appetite*, 56, 261-264.
- Topham**, G. L., Harrist, A. W., Page, M. C., *Rutledge, J. M., Kennedy, T. S., Shriver, L. H., & Hubbs-Tait, L. (2010). Maternal depression and socioeconomic status moderate the parenting style/child obesity association. *Public Health Nutrition*, 13, 1237-1244.
- Hubbs-Tait L., Kennedy T. S., Page, M. C., **Topham**, G. L. & Harrist, A. W. (2008). Parent feeding practices predict authoritative, authoritarian, and permissive parenting styles. *Journal of the American Dietetic Association*, 108, 1154-1161.
- Topham**, G. L., & Wampler K. S. (2008). Predicting retention in a filial therapy program. *American Journal of Family Therapy*, 36, 60-78.
- Topham**, G. L., Larson, J. H., & Holman, T. B. (2005). A longitudinal study of family-of-origin predictors of hostile conflict in early marriage. *Contemporary Family Therapy*, 27, 101-121.
- Larson, J. H., Newell, K., **Topham**, G. L., & Nichols, S. (2002). Comprehensive premarital assessment instruments: A user's guide. *Journal of Marital and Family Therapy*, 28, 233-239.

Book Chapters

- Topham**, G. L., Messmore, C. P., Sesemann, E. M. (2020). Systemic interventions for problems emerging in early childhood (0-5). In K. S. Wampler (Ed.), *Handbook of systemic therapy* (Vol. 2, in press) Hoboken, NJ: Wiley.
- Holtrop, K., Krauthamer Ewing, E. S., **Topham**, G. L., Miller, D. (2020). Prevention of parent-child relational problems: The role of parenting interventions. In K. S. Wampler (Ed.), *Handbook of Systemic therapy* (Vol. 2, in press) Hoboken, NJ: Wiley.
- Topham**, G. L., (2019). The Circle of Security intervention: Building early attachment security. In A. C. Williams & A. S. Morris (Eds.), *Building early social and emotional relationships in infants and toddlers: Integrating research and practice*.
- VanFleet, R., & **Topham**, G. L. (2016). Filial Therapy. In K. J. O'Connor, C E. Schaefer, L. D. Braverman, & C. Schaefer, (Eds.), *Handbook of Play Therapy* (2nd Ed., pp. 135-164). NY: Guilford.
- Topham**, G. L., & VanFleet, R. (2015). Incorporating Parents in Young Children's Psychotherapy: Filial Therapy. In E. J. Green, J. Baggerly, and A. C. Myrick (Eds.), *Counseling Families: Play-Based Treatment* (pp. 35-52). NY: Rowman & Littlefield Publishers.
- Topham**, G. L., & Sniscak, C. C. (2014). The Evidence and Filial Therapy: Effectively Integrating Parents into Child Psychotherapy. In E. J. Green & A. Myrick (Eds.), *Play therapy with vulnerable populations: No child forgotten*. NY: Rowman and Littlefield.
- Topham**, G. L., VanFleet, R., & Sniscak, C. C. (2013). Overcoming complex trauma with Filial Therapy. In C. Malchiodi and D. A. Crenshaw, *Creative arts and play therapy for attachment problems*. NY: Guildford.
- VanFleet, R., & **Topham**, G. L. (2011). Filial Therapy for maltreated and neglected children: Integration of family therapy and play therapy. In A. A. Drewes, Bratton, S. C., & C.E. Schaefer (Eds.), *Integrative play therapy*. Hoboken, NJ: John Wiley & Sons.
- Harris, S. H., & **Topham**, G. L. (2004). Assessment and treatment of trauma and loss through a

Bowen family systems framework. In D. R. Catherall (Ed.), *Handbook of the family, stress and trauma* (pp. 283-306). NY: Brunner-Routledge.

Manuscripts in Preparation

*Nicholson, B., Morgan, P., **Topham**, G. L., & Durtschi, J., (In preparation). Early father-child play and children's outcomes at age 5.

Topham, G. L., Washburn, I. J., Hubbs-Tait, L., Kennedy, T. S., Rutledge, J. M., Page, M. S., Swindle, T., Shriver, L. H., & Harrist, A.W. (In preparation). The Families and Schools for Health Project: A Cluster Randomized Controlled Trial Targeting Overweight and Obese Children.

Invited Publications

Hubbs-Tait, L., Kennedy, T. S., Page, M. C., **Topham**, G. L., & Harrist, A. W. (2008). Parenting practices and nutrition practice. *Journal of the American Dietetic Association*, 108, 1161-1162.

Topham, G. L., Wampler, K. S., & Titus, G. (2005). Recruitment and engagement of single parents in a filial therapy program. *Journal of the Texas Association for Marriage and Family Therapy*, 10, 33-52.

Published Abstracts

Suzuki A, Anderson A, Choi YC, Cluskey M, Gunther C, Hongu N, Jones B, Lora K, Misner S, Monroe-Lord, L, Penicka C, Reicks M, Richards R, **Topham** G, Wong SS, Banna J. Characterizing eating behaviors of adolescents ages 10-13 in Hawaii while eating alone. University of Hawaii at Manoa, College of Tropical Agriculture and Human Resources and College of Engineering Student Research Symposium Program, 2018, Honolulu

Richards R, Jones B, Anderson A, Banna J, Cluskey M, Gunther C, Hongu N, Lora K, Misner S, Monroe-Lord L, Reicks M, **Topham** G, Wong SS. Parental practices and its impact on 10-13 year-old children. *J Acad Nutr Diet*. 2018;118(9):A76

Banna J, Richards R, Jones B, Anderson A, Cluskey M, Gunther C, Hongu N, Lora K, Misner S, Monroe-Lord L, Reicks M, **Topham** G, Wong SS, Lim E. Describing independent eating occasions among low-income adolescents ages 10-13 in the US: a multi-state study. *Curr Dev Nutr*. 2018;2(11), nzy048, <https://doi.org/10.1093/cdn/nzy048>

Suzuki, A., Anderson A, Choi SY, Cluskey M, Gunther C, Hongu N, Jones B, Lora K, Misner S, Monroe-Lord L, Penicka C, Reicks M, Richards R, **Topham** G, Wong SS, Banna J. Characterizing eating behaviors of early adolescent in Hawaii while eating alone. *Curr Dev Nutr*. 2018;2(11), nzy048, <https://doi.org/10.1093/cdn/nzy048>

Reicks M, Davey C, Anderson AK, Banna J, Cluskey M, Gunther C, Jones B, Richards R, **Topham** G, Wong SS. Frequency of eating alone among adolescents, perceptions of parenting practices, and dietary intake: results from the FLASHE Study. *J Nutr Educ Behav*. 2018;50(7S):S19.

Shriver, L. H., Harrist, A. W., Hubbs-Tait, L., Page, M., & **Topham**, G. (2013). "Mommy, Does This Make Me Look Fat?" Body Esteem and Parental Concern about Child Weight among 1st Grade Children. *Journal of the Academy of Nutrition and Dietetics*, 113, A91-

A91. doi:10.1016/j.jand.2013.06.323

- Harrist, A. W., **Topham**, G. L., Hubbs-Tait, L., Shriver, L. H., & Page, M. C. (2010). Does young children's emotion regulation predict emotional and external eating? [Abstract]. *The Federation of American Societies for Experimental Biology (FASEB) Journal*, 24, 730.3.
- Harrist, A. W., Hubbs-Tait, L., **Topham**, G. L., Kennedy, T. S., & Page, M. C. (2009). Families and Schools for Health: Preliminary Findings from a Rural Obesity Intervention [Abstract]. *The Federation of American Societies for Experimental Biology (FASEB) Journal*, 23, 102.3.
- Hubbs-Tait, L., Babb, D., Page, M. C., **Topham**, G. L., Kennedy, T. S., *Rutledge, J., *Barrett, A. J., Shriver, L. H., & Harrist, A. H. (2009). Maternal characteristics differentiating first grade children above 75th versus below 50th percentile on BMI [Abstract]. *The Federation of American Societies for Experimental Biology (FASEB) Journal*, 23, 552.8.
- Shriver, L. H., Barrett, A., Page, M., **Topham**, G. L., Hubbs-Tait, L., & Harrist, A. (2009). Differences in Physical Activity and Fitness by Weight Status in a Sample of Rural School-Aged Children [Abstract]. *The Federation of American Societies for Experimental Biology (FASEB) Journal*, 23, 735.11.
- Hubbs-Tait, L., Kennedy, T. S., Page, M. C., **Topham**, G. L., & Harrist, A. W. (2008). Do parental feeding practices predict authoritative, authoritarian, and permissive parenting styles? [Abstract]. *The Federation of American Societies for Experimental Biology (FASEB) Journal*, 22, 874.9.
- *Rutledge, J. M., **Topham**, G. L., Kennedy, T. S., Page, M. C., Hubbs-Tait, L., & Harrist, A. W. (2007). Relation between parenting style and child weight [Abstract]. *The Federation of American Societies for Experimental Biology (FASAB) Journal*, 21, 353.4.
- *Choate, K. M., Kennedy, T. S., **Topham**, G. L., Hubbs-Tait, L., Page, M. C., & Harrist, A. W. (2007). Dietary pattern of first grade children using the Healthy Eating Index [Abstract]. *The Federation of American Societies for Experimental Biology (FASAB) Journal*, 21, 527.2.
- *Herrin, J., Kennedy, T. S., **Topham**, G. L., Page, M. S., Hubbs-Tait, L., & Harrist, A. W. (2007). School Environment and Child Weight [Abstract]. *The Federation of American Societies for Experimental Biology (FASAB) Journal*, 21, 527.4.

Book Reviews

- Topham**, G. L. (2003). [Review of the book *Innovations in Play Therapy*]. *Journal of Marital and Family Therapy*, 29, 430-431.
- Topham**, G. L. (2002). [Review of the book *The Dark Side of Close Relationships*]. *Journal of Couple & Relationship Therapy*, 1, 86-87.

Other Publications

- Topham**, G. L., Briggs, K., Hendrix, C., & Fournier, D. (2006). *Barriers to help-seeking for economically disadvantaged parents and children*. A report distributed to the professionals and stakeholders in child mental health in the state of Oklahoma.

Research Grants Funded

External

Jan 2005-Dec2006: “Barriers to Help-Seeking and Treatment Completion for Disadvantaged Parents and Their Children” (Anne and Henry Zarrow Foundation), **Topham** as Principal Investigator, Briggs and Hendrix as Co-Principal Investigators. (\$125,000)

Jan 2005-Dec 2008: “Intervening in Family and Peer Contexts to Decrease Child Overweight” (USDA), Harrist as Principal Investigator, Kennedy and **Topham** as Co-Principal Investigators, Hubbs-Tait and Page as Co-Investigators (\$1,000,000) [aka Families and Schools for Health (FiSH) Project]

September 2007-August 2008: “Families and Schools for Health: Follow-up and Follow-Forward into 2nd and 3rd Grade.” (Oklahoma Center for the Advancement of Science and Technology), Harrist, A. W. as Principal Investigator, Page, M., **Topham**, G., Humenikova, L. & Hubbs-Tait, L. as Co-PIs. (\$45,000)

September 2008-August 2009: “Families and Schools for Health: Follow-up and Follow-Forward into 3rd and 4th Grade.” (Oklahoma Center for the Advancement of Science and Technology), Harrist, A. W. as Principal Investigator, Page, M., **Topham**, G., Humenikova, L. & Hubbs-Tait, L. as Co-PIs. (\$45,000)

July 1, 2020 -June 30, 2021: USD 383 Early Learning Community Quality Improvement grant (Administration for Children & Families). Hutchinson, A., & **Topham**, G. L. (\$55,000).

July 1, 2021 -June 30, 2022: USD 383 Early Learning Community Quality Improvement grant (Administration for Children & Families). Hutchinson, A., & **Topham**, G. L. (\$55,000).

Total Externally Funded Awards: \$1,325,000

Internal

Mar. 2007-Feb. 2008: “Follow Up Data for Interventions Designed to Decrease Child Overweight” (OSU Arts & Sciences SEED Grant), M. Page as Principal Investigator, Harrist, **Topham**, Kennedy, and Hubbs-Tait as Co-PIs. (\$10,000)

Jan. 2009-Jul. 2010: “*Intervening in Family and Peer Contexts to Decrease Child Overweight: Follow-up and Follow-Forward into 4th and 5th Grade.*” (Oklahoma Agricultural Experiment Stations), Harrist, A. W., **Topham**, G., Shriver, L. H., Page, M., & Hubbs-Tait, L. (\$10,000).

Jan. 2009-Dec. 2009: “*Intervening in Family and Peer Contexts to Decrease Child Overweight: Follow-up and Follow-Forward into 4th Grade*” (Research Bridge Funding, College of Human Environmental Sciences, OSU). Harrist, A. W. Page, M., **Topham**, G., Shriver, L. H., & Hubbs-Tait, L. (\$15,000).

Aug. 2013-Aug. 2014: “*Early Parenting and Peer Factors in the Development of Child Obesity: Analyzing 1st -4th Grade Data to Develop Efficacious Prevention and Intervention Programs.*” (Endowed Parenting Professorship Bridge Grant) Harrist, A. W., Hubbs-Tait, L., **Topham**, G., Shriver, L. H., & Page, M. (\$9,009.70).

May 2016-Jun. 2016: “*Twelfth-Grade Follow-Up to Early Child Obesity Assessment and Intervention.*” (Center for Family Resilience Seed Grant). Harrist, A. W., **Topham, G.**, Hubbs-Tait, L, Swindle, T. M. (\$2,000).

Jan. 2016-May 2017: “*Where are They Now? Parenting and Peer Factors in Obesity Development through Adolescence.*” (Bridge Grant). Harrist, A. W., **Topham, G.**, Hubbs-Tait, L, Swindle, T. M. (\$9,000).

Total Internally Funded Awards: \$53,009.70

Research Grants Not Funded

Briggs, K., Hendrix, C., **Topham, G.**, & Fournier, D. (Submitted 9/30/03). *Needs Assessment and Evaluation: Tulsa Service Delivery for Disadvantaged Children and Their Families.* Anne and Henry Zarrow Foundation, **\$447,704.**

Briggs, K., Hendrix, C., **Topham, G.**, & Fournier, D. (Submitted 4/1/04). *Barriers to Help-Seeking and Treatment Completion for Disadvantaged Parents and Children.* Anne and Henry Zarrow Foundation, **\$257,000.**

Harrist, A. W., Page, M., **Topham, G.**, Humenikova, L, & Hubbs-Tait, L. (Submitted 7/5/08). *Intervening in Family and Peer Contexts to Decrease Child Overweight: Follow-Up and Follow-Forward into 5th Grade.* U. S. Department of Agriculture (USDA), **\$498,693.**

Harrist, A. W., Page, M., **Topham, G.**, Hubbs-Tait, L., & Humenikova, L. (Submitted 2/17/09). *Families and Schools for Health: Follow-Up and Follow-Forward into 4th Grade* (OCAST), **\$45,000.**

Harrist, A. W., Page, M., **Topham, G.**, Humenikova, L, & Hubbs-Tait, L. (Submitted 7/5/09). *Behavioral/Psychosocial Aspects of Obesity: The Pre-Adolescent Critical Period.* National Institute for Diabetes and Diseases of the Kidney (NIDDK), **\$1,008,359.**

Topham, G. L., Harrist, A.W., Hubbs-Tait, L., Shriver, L., & Hildebrand, D. (Submitted 6/5/13). *Focusing Low-Income Parents on Early Child Self-Regulation to Prevent Obesity.* National Institute of Health (NIH), **\$405,555.** (Scored 19th percentile).

Topham, G. L., Harrist, A.W., Hubbs-Tait, L., Shriver, L., & Hildebrand, D. (Resubmitted 3/16/14). *Focusing Low-Income Parents on Early Child Self-Regulation to Prevent Obesity.* National Institute of Health (NIH), **\$405,555.** (Scored 20th percentile).

Morris, A. S. (PI), Williamson, A. (Co-PI); Smith, J. M. (Co-PI); **Topham, G. L.** (Co-I), Beasley, L. (Co-I), Hays Grudo, J. (Co-I), Teague, K. (Co-I). (Submitted July 2015). *Building Relationships Among Parents, Teachers, and Early Head Start Children: Integrated Interventions that Improve Biobehavioral Responses to Stress & Emotion Regulation.* Administration for Children and Families, **\$2,500,000.**

Total Unfunded Proposals: \$5,567,866

Instruction-Related Grants Funded

June 2012: “*Interdisciplinary Graduate Program in Substance Abuse Prevention.*” (OSU Planning Grant for Establishing an Interdisciplinary Program, Provost’s Office), Carlozzi, A. as Principle Investigator, McGaha, V., Clark, J., **Topham, G.L.**, & Leffingwell, T as

Co-Principle Investigators. (\$15,299)

Instruction-Related Presentations

Topham, G. L., & Clarke, S. (2014). Participant Reflections of their Experience in the Inaugural College of Human Sciences Instructional Learning Community. Round Table presentation at the *Inaugural Big XII Teaching and Learning Conference*.

Research Presentations (National and International Conferences)

- *Guyette, E., Markham, M., **Topham, G. L.**, Troilo, J., Beckmeyer, J. (2021). *Effect of Parental Boundary Ambiguity on Children's Adjustment to Divorce*. Paper to be presented at the National Council on Family Relations annual conference.
- Holtrop, K., Krauthamer Ewing, E. S., **Topham, G. L.**, Miller, D. L. (2021). *Using Parenting Interventions to Prevent Parent-Child Relational Problems and Nurture Supportive Parenting*. Paper to be presented at the National Council on Family Relations annual conference.
- *Corkins, C. M., Hubbs-Tait, L., †Swindle, T. M., **Topham, G. L.**, Shriver, L. H., & Harrist, A. W. (2021, April). *Do teachers who endorse DAP believe they can and should intervene in children's social relations?* [Poster session]. Biennial meeting of the Society for Research in Child Development, Minneapolis, MN, United States.
- George, C., Hubbs-Tait, L., **Topham, G.**, Rutledge, J. M., Swindle, T., Shriver, L., & Harrist, A. W. (2020). *Importance of elementary school climate and children's anger regulation for high school outcomes*. [Poster presentation]. Society for Research in Human Development, Jacksonville, FL, United States. <http://www.srhdonline.org> (Conference canceled)
- Robinson, N., George, C., Hubbs-Tait, L., Cui, L., Swindle, T., Shriver, L. **Topham, G.**, Cole-Lade, G., & Harrist, A. W. (2020). General parenting and adolescent emotion regulation predict positive youth development connection in high school seniors. [Poster presentation]. Society for Research in Human Development, Jacksonville, FL, United States. <http://www.srhdonline.org> (Conference canceled)
- *Dell'Isola, R., Durtschi, J. **Topham, G. L.**, *Gimarc, C. (2020). *The attachment-differentiation premarital model*. Poster presented at the National Council on Family Relations annual conference.
- *Astle, S. M., Toews, M. L., **Topham, G. L.** (2020). *To talk or not to talk: A quantitative analysis of parents' intentions to teach children about different sex topics*. Paper presented at the National Council on Family Relations annual conference.
- *Corkins, C., Harrist, A. W., Hubbs-Tait, L., **Topham, G. L.**, Shriver, L., Lansford, J. E., Swindle, T. (2020). *Look how tiny and cute!: Peer relations among underweight and major/minor health concern children*. Poster presented at the Society for Research in Human Development.
- Rutledge, J. M., Swindle, T., Harrist, A. W., Hubbs-Tait, L., **Topham, G. L.** Larzelere, R. E., & Shriver, L. H. (2018, September). *Comparison of newly introduced weight trajectories to structure equation modeling to explore children's weight longitudinally*. Poster presented at the Developmental Methods Conference, Whitefish, MT.
- Anderson, A., Rickards, R., **Topham, G. L.**, Banna, J., Cluskey, M., Gunther, C. Hongu, K., Jones, B., Lora, K., Monroe, L., Reicks, M., Wong, S. (2018, September). Challenges in

- Collecting Pictorial Data and Identifying Foods in Dietary Assessment of Early Adolescents. Workshop on Technologies for Dietary Intake Measurements. London, England.
- Banna, J.C., Richards, R., Jones, B., Anderson, A., Cluskey, M., Gunther, C., Hongu, N., Lora, K., Misner, S., Monroe-Lord L, Reicks, M., **Topham**, G., Wong, S.S., Lim, E. Describing independent eating occasions among low-income adolescents ages 10-13 in the United States: a multi-state study. Poster presented at Nutrition 2018, Boston, Massachusetts.
- Richards, R., Jones, B., Anderson, A., Banna, J., Cluskey, M., Gunther, C., Hongu, K., Lora, K., Misner, S., Monroe-Lord, L., Reicks, M., **Topham**, G. L., Wong, S. (October, 2018). *Parental practices and impact on child weight among succeeders and strivers*. Food & Nutrition Conference & Expo (FNCE), Academy of Nutrition and Dietetics.
- *Suzuki, A., Anderson, A., Rickards, R., Choi, Y. C., Cluskey, M., Gunther, C. Hongu, K., Jones, B., Lora, K., Monroe, L., Reicks, M., **Topham**, G. L., Wong, S., Banna, J. (2018, June). Characterizing Eating Behaviors of Adolescents Ages 10-13 in Hawaii While Eating Alone. Nutrition, Boston, MA.
- Reicks M., Davey, C., Anderson, A.K., Banna, J., Cluskey, M., Gunther, C., Jones, B., Richards, R., **Topham**, G., Wong, S.S. Frequency of eating alone among adolescents, perceptions of parenting practices, and dietary intake: results from the FLASHE Study. Society for Nutrition Education and Behavior Annual Meeting July 2018, Minneapolis.
- *Morgan, P., **Topham**, G. L., Harrist, A., Hubbs Tait, L., Shriver, L., Durtschi, J. A. (2017). *Relation between children's self-efficacy and depressive symptoms*. Paper presented at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Atlanta, GA.
- Harrist, A. W., Rutledge, J. M., Swindle, T. M., Hubbs-Tait, L., Shriver, L. H., & **Topham**, G. L. (2017). *Can a social intervention in the classroom impact obesity? Results of a randomized controlled trial*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium submitted for presentation at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- *Kimble, A., Hubbs-Tait, L., Swindle, T., Rutledge, J., **Topham**, G., Kennedy, T. Shriver, L., & Harrist, A. (2017). *Learning experiences and cognitive self-competence of overweight, obese, and severely obese children in early elementary school*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium submitted for presentation at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- *Kimble, A., Hubbs-Tait, L., Larzelere, R. E., **Topham**, G L., Page, M., Harrist, A. W., (2015, March). *Relation of Maternal Permissive versus Uninvolved Styles and Punitive Response to Child Behavioral and Social Competence*. Paper presented at the meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- *Rutledge, R., Swindle, T., Harrist, A. W., Hubbs-Tait, L., **Topham**, G., (2015, March). *Exploring Parenting Styles as Protective Factors for the Bullying and Social Exclusion of Children in Differing Weight Groups*. Poster presented at the meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- *Kimble, A., Hubbs-Tait, L., **Topham**, G. L., Larzelere, R. E., Page, M., Harrist, A. W. (2015,

- March). *Family Affective Involvement Mediates the Relation between Uninvolved Parenting Style and Child Depression Ratings*. Poster presented at the meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Topham**, G. L., Harrist, A. W., Kennedy, T. S., Hubbs Tait, L., Larzelere, R., Washburn, I., Shriver, L., Page, M. (2014, November). *Effectiveness of an interdisciplinary child obesity treatment program integrating nutritional sciences and family systems approaches*. Paper presented in symposium at the annual conference of the National Council on Family Relations (NCFR), Baltimore, MD.
- *Rutledge, J. M., Swindle, T. M., Hubbs-Tait, L., Harrist, A. W., & **Topham**, G. L. (2014, March). *Exploring Parenting Styles As Protective Factors for the Social Competence And Acceptance of Children in Differing Weight Status Subgroups*. Poster to be presented at the Society for Research in Human Development (SRHD) Biennial Meeting, Austin, TX.
- Harrist, A. W., Swindle, T. M., Rutledge, J. M., **Topham**, G. L., Hubbs-Tait, L., Shriver, L. H., & Page, M. C. (2014, June). *Classroom Intervention to Decrease Peer Rejection Improves Obese Children's BMI Over Time*. Poster presented at the Annual Conference of Society for Nutrition Education and Behavior, Milwaukee, WI.
- Shriver, L. H., Harrist, A. W., **Topham**, G., Hubbs-Tait, L., & Page, M. (2013, October) *Mommy, Does This Make Me Look Fat?* Poster presented at the Food and Nutrition Expo (FNCE) of the Academy of Nutrition and Dietetics, Houston, TX.
- *Cui, L., Harrist, A., Hubbs-Tait, L. **Topham**, G. L., Page, M. C., & Shriver, L. H. (2013, April). *Classroom Climate and Child Peer Acceptance and Adjustment Problems: The Mediating Role of Anger Regulation*. Poster presented at the biennial meeting of Society for Research in Child Development, Seattle, WA.
- *Rutledge, J. M., *Swindle, T. M., Harrist, A. W., Hubbs-Tait, L. **Topham**, G. L., Page, M. C., & Shriver, L. H. (2013, April) *The Interaction Of Weight And Income On Children's Peer Social Status*. Poster presented at the biennial meeting of Society for Research in Child Development, Seattle, WA.
- Topham**, G. L., Harrist, A. W., Hubbs-Tait, L., Page, M., Shriver, L. (2012, October). Influence of parenting style and child emotion regulation on the development of emotional and external eating. Paper presented at the annual meeting of the National Council on Family Relations, Phoenix, AZ.
- Harrist, **Topham**, G. L., Shriver, L. H., Hubbs-Tait, L., Page, M. C. (2012, August). *Families and Schools for Health: A multidisciplinary approach to understanding childhood obesity*. Poster presented for the Presidential Theme session at the annual meeting of the American Psychological Association, Orlando, FL.
- Harrist, A. W., *Cui, L., Swindle, T. M., Page, M. C., Hubbs-Tait, L., & **Topham**, G. L. (2012, April). *Are obese and overweight children disliked in 1st grade? Teacher and classmate ratings*. Paper presented in symposium at the annual meeting of the Federated American Societies for Experimental Biology, San Diego, CA.
- *Cui, L., **Topham**, G. L., Hubbs-Tait, L., Page, M. C., Shriver, L. H., & Harrist, A. W. (2012, March). *Anger Regulation Increases Peer Acceptance among Young Children: An Additive Model*. Paper presented in symposium at the biennial meeting of Society for Research on Human Development, New Orleans, LA.
- *Swindle, T. M., Harrist, A. W., Hubbs-Tait, L., Shriver, L., Page, M., & **Topham**, G. (2012, March). *The severely Obese Child: An Exploration of Social Status*. Poster presented at the biennial meeting of Society for Research on Human Development, New Orleans, LA.
- *Rutledge, J. M., *Swindle, T. M., Harrist, A. W., Hubbs-Tait, L., Page, M., Shriver, L., &

- Topham, G.** (2012, March). *Gender and Ethnic Trends in the Dimensions of Self-Evaluation as Risk and Protective Factors among Overweight and Non-Overweight Children*. Poster presented at the biennial meeting of Society for Research on Human Development, New Orleans, LA.
- *Wilson, J. B., Gardner, B. C., Brosi, M. B., **Topham, G. L.**, Busby, D. (2011). *Insecure dyadic adult attachment and relationship aggression*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- Harrist, A. W., *Anderson, J. S., *Swindle, T. M., Page, M. S., *Rutledge, J., Hubbs-Tait, L., **Topham, G. L.**, Shriver, L. H. (2011, April). *Classroom social position of obese and at-risk rural 1st grade children*. Paper presented at the biennial meeting of Society for Research on Child Development, Montreal, Quebec, Canada.
- *Gillespie, M., *Oliver, M., **Topham, G. L.**, Briggs, K., & Hendrix, C. (2010, September). *Barriers to help-seeking for disadvantaged parents*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Harrist, A. W., **Topham, G. L.**, Hubbs-Tait, L., Shriver, L., & Page, M. (2010, April). *Does young children's emotion regulation predict emotional and external eating?* Paper presented at the annual meeting of the Federated American Societies for Experimental Biology, Anaheim, CA.
- *Swindle, T., Harrist, A. W., Hubbs-Tait, L., Shriver, L., Page, M. & **Topham, G.** (2010). *The interaction of sociometric status, weight, and self-esteem among first grade children*. Paper presented at the biennial meeting of the Society for Research and Human Development, San Antonio, TX.
- Harrist, A. W., Hubbs-Tait, L., **Topham, G. L.**, Kennedy, T. S., & Page, M. C. (2009, April). *Families and Schools for Health: Preliminary Findings from a Rural Obesity Intervention*. Paper presented at the annual meeting of the Federated American Societies for Experimental Biology, New Orleans, LA.
- Harrist, A. W., **Topham, G. L.**, Kennedy, T. S., *McConnell, M., Page, M. C., & Hubbs-Tait, L. (2009, April). *Preliminary Findings from the Families and Schools for Health (FiSH) Intervention*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Hubbs-Tait, L., *Babb, D., Page, M. C., **Topham, G. L.**, Kennedy, T. S., *Rutledge, J., *Barrett, A. J., Shriver, L. H., Harrist, A. W. (2009, April). *Maternal characteristics differentiating first grade children above 75th versus below 50th percentile on BMI*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, New Orleans, LA.
- Hubbs-Tait, L., **Topham, G. L.**, Harrist, A. W., Kennedy, T. S., *Longoria, A., & Page, M. C. (2009, April). *Child Overweight and Parental Concern in First Grade: Links to Parental Feeding Behaviors, and Parenting Style*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- *Moore, N. L., Hubbs-Tait, L., *Baker, E. R., Kennedy, T. S., & **Topham, G. L.** (2009, April). *Parental concern and child overweight: Mismatch, feeding behaviors, and parenting style*. Submitted for presentation at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Page, M. C., Harrist, A. W., Shriver, L. H., Hubbs-Tait, L., & **Topham, G. L.** (2009, April). *An Interdisciplinary Model of Childhood Obesity: Bridging Developmental, Family, and Nutritional Science Approaches*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.

- *Rutledge, J. M., Larzelere, R. E., Page, M. C., Harrist, A. W., Hubbs-Tait, L., & **Topham**, G. L. (2009, April). *Gender and Ethnic Differences of Parenting Style and Child Weight Over Time: A Latent Growth Curve Analysis*. Poster presented at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Shriver, L. H., *Barrett, A. J., Page, M. C., Hubbs-Tait, L., **Topham**, G. L. & Harrist, A. W. (2009, April). *Physical Activity and Fitness Level of Low-income Rural 3rd Grade Children*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Shriver, L. H., Harrist, W. A., Page, M. C., **Topham**, G. L., *Barrett, A. J., & Hubbs-Tait, L. (2009, April). *Differences in Physical Activity and Fitness by Weight Status in a Sample of Rural School-aged Children*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, New Orleans, LA.
- Topham**, G. L., Harrist, A. W., Page, M. C., Kennedy, T. S., *Rutledge, J. M., & Hubbs-Tait, L. (2009, April). *Maternal Depression and Socioeconomic Status Moderate the Parenting Style/Child Obesity Association*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- *Anderson, J., Page, M. C., **Topham**, G. L., Hubbs-Tait, L., Kennedy, T. S., & Harrist, A. W. (2008, May). *Relation between Body Mass Index and Aggression in First Grade Children*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.
- Hubbs-Tait L., Kennedy, T. S., Page, M. C., **Topham**, G. L., & Harrist, A. W. (2008, April). *Parental Feeding Practices Predict Authoritative, Authoritarian, and Permissive Parenting Style*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, San Diego, CA.
- Briggs, K., **Topham**, G., *Stevenson, A., & Hendrix, C. (November, 2007). *Vulnerable Families with Children: Predicting Perceived Barriers to Treatment*. Paper presented at the National Council on Family Relations Annual Conference, Pittsburgh, PA.
- Briggs, K., *Stevenson, A., **Topham**, G., & Hendrix, C. (November, 2007). *Social Support Factors for Disadvantaged Families: Predicting Openness to Treatment*. Paper presented at the National Council on Family Relations Annual Conference, Pittsburgh, PA.
- *Choate, K. M., Kennedy, T. S., **Topham**, G. L., Hubbs-Tait, L., Page, M. C., & Harrist, A. W. (2007, April). *Dietary pattern of first-grade children using the Health Eating Index*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, Washington, DC.
- Harrist, A. W., Page, M., Kennedy, T. S., **Topham**, G., L., Hubbs-Tait, L., *Ledoux, T., & *Longoria, A. Q. (2007, March). *A Multidisciplinary Model of Childhood Obesity: Integrating Developmental, Family, and Nutrition Science Approaches*. Poster presented at the biennial meeting of the Society for Research on Human Development, Boston, MA.
- *Herrin, J., Kennedy, T. S., **Topham**, G. L., Page, M. C., Hubbs-Tait, L., & Harrist, A. W. (2007, April). *School Environment and Child Weight*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, Washington, DC.
- *Rutledge, J. M., **Topham**, G. L., Kennedy, T. S., Page, M. C., Hubbs-Tait, L., & Harrist, A. W. (2007, April). *Relation between Parenting Style and Child Weight*. Paper presented at the annual meeting of the Federated American Societies for Experimental Biology, Washington, DC.

- *Nichols, J. P. & **Topham**, G. L. (2006; October). *The influence of emotion coaching on children's behavior*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Austin, TX.
- Parra, J. R., Gardner, B. C., **Topham**, G. L., & Yorgason, J. (2006; November). *Funding and new professionals: The importance of integrating a clear research agenda*. Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Topham**, G. L., Briggs, K., Hendrix, C., Fournier, D., *Clayton, M., *McConnell, M. (2006; November). *Answering the difficult question: Why do families with young children avoid therapy? Identifying and overcoming barriers to help-seeking*. Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Topham**, G. L., Briggs, K., Hendrix, C., Fournier, D., *Clayton, M., *McConnell, M. (2006; November). *Recruitment of hard to reach populations: Implications for research and practice*. Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Fournier, D. G., Briggs, K., **Topham**, G. L., & Hendrix, C. (2005; November). *Role of divergent meaning systems on escalating negative cycles in couples*. Paper presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.
- Topham**, G. L., Briggs, K., Hendrix, C., Fournier, D. G., *McConnell, C. M., & *Nichols, J. P. (2005; October). *Understanding retention in therapy for child abuse/neglect*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Kansas City, MO.
- Fournier, D. G., Briggs, K., Hendrix, C., & **Topham**, G. L. (2004; November). *Marital therapy with low income clients: Factors associated with outcomes*. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- Topham**, G. L. (2004, September). *Predicting and preventing dropout in a filial therapy program*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Atlanta, GA.
- Topham**, G. L. (2001, October). *A meta-analysis of the effectiveness of parent training*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Nashville, TN.
- Coleman, M., Weaver, S. E., Ganong, L. H., & **Topham**, G. (2000, November). *Take it from us: Stepfamily members' advice for remarriage*. Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Topham**, G. L., & Larson, J. H. (1999, November). *Mitigating negative family-of-origin influences on marriage, premaritally, using a multigenerational approach*. Poster presented at the annual conference of the National Council on Family Relations, Irvine, CA.
- Topham**, G. L., & Larson, J. H. (1999, October). *The longitudinal study of family-of-origin predictors of hostile conflict resolution in early marriage*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Chicago, IL.
- Gardner, B. C., Butler, M. H., **Topham**, G. L., & Zitzman, B. K. (1998, October). *Gender patterns in religious couple's use of prayer during marital conflict*. Poster presented at the American Association of Marriage and Family Therapy annual conference, Dallas, TX.
- Larson, J. H., Nichols, S., & **Topham**, G. L. (1998, October). *Comprehensive premarital assessment instruments: A user's guide*. Invited Research Update for Practitioners

presented at the annual conference of the American Association for Marriage and Family Therapy, Dallas, TX.

TEACHING AND MENTORING

Courses Taught

Kansas State University

HDFS 670 Working with Parents
CFT 864 Clinical Theory and Practice
CFT 879 Systemic Assessment and Treatment of Psychopathology
FSHS 824 Parent-Child Interaction
CFT 886 Clinical Intervention with Parents and Children
CFT 885 Practicum in CFT
CFT 896 Advanced Family Therapy
CFT 970 Clinical Specialization
CFT 985 Doctoral Practicum in CFT
CFT 996 Practicum in CFT Supervision

Oklahoma State University

HDFS 3533 Observation and Assessment
HDFS 4850 Exploring Marriage and Family Therapy
HDFS 4573 Introduction to Marriage and Family Therapy
HDFS 5613 Theoretical Models of Marriage and Family Therapy
HDFS 5690 Marriage and Family Therapy Practicum
HDFS 5643 Child and Adolescent Treatment in Marriage and Family Therapy
HDFS 5633 Couples Treatment in Marriage and Family Therapy
HDFS 5693 Child Treatment Practicum in Marriage and Family Therapy
HDFS 5653 Systemic Approaches to Psychopathology and Psychopharmacology

Texas Tech University

HDFS 2320 Basic Interpersonal Skills
HDFS 3312 Development During Childhood

TEACH (Teaching Effectiveness and Career Enhancement) Fellow. Selected as one of 20 Texas Tech University TEACH fellows

Undergraduate Mentoring and Advising

Freshman Scholars

Angela Flaming (2003 to 2004)
Kalyn McAlister (2004 to 2005)

Honors Thesis Reader

Holly Webster (Spring, 2005)
Melissa Fore (Fall, 2006)

Graduate Mentoring and Advising

Committee Chair

Oklahoma State University

Clayton, Macee (M.S., MFT Creative Component; January, 2006)

“Barriers to Treatment for Economically Disadvantaged Families”

Nichols, Josh (M.S., MFT Creative Component; January, 2006)

“The Relation of Maternal Sensitivity and Emotion Coaching to Child Behavior Problems in Single-Mother Households”

Kara Niccum (M.S., MFT Creative Component; December 2007)

“Strengthening the Parent-Child Bond to Enhance Parental Effectiveness: A Parenting Program”

Michelle McConnell (M.S., MFT Thesis; December 2007)

“Mediating Effect of Mother Invalidation on The Relation Between Mother Depression and Child Internalizing Problems”

Deborah Eck (M.S., MFT Creative Component; December 2008)

“Influence of Family Functioning on Child Weight: A Literature Review”

Angela Baugher (M.S., MFT Creative Component; December, 2008)

“A Critical Evaluation of Oklahoma’s Foster Parent Training Curriculum Based on a Comprehensive Literature Review of Foster Parent Needs”

Tabitha Valtr (M.S., MFT Thesis; December, 2011)

“Parental emotional health and parent feeding practices”

Heather Warfield (M.S., MFT Thesis; December 2012)

“Child Emotion Regulation as a Mediator of the Relation between Parent Response to Child Emotion and Child Internalizing Symptoms.”

Desiray Doherty (M.S., MFT Creative Component; December 2013)

A Review of Experiential Therapy for Depression

Jill Soucek (M.S., MFT Creative Component; December 2013)

A Review of the Efficacy of Experiential Therapy

Natalie Yandell (M.S., MFT Creative Component; December 2013)

A Review of Emotionally Focused Therapy for Couples

Kelly Johnson (M.S., MFT Thesis; December 2014)

“Parenting Style as a Moderator of the Association between Parenting Feeding Practices and Child Body Esteem.”

Erin Sesseman (M.S., MFT Thesis, December 2015)

“Effects of Maternal Depression, Maternal Temperament, and Parenting Behaviors on Child Overweight and Obesity.”

Recipient of the college of Human Sciences Outstanding Master’s Student award, 2015

One of two master students at OSU to receive the Graduate Commencement Marshal

Award for December 2015 graduation.

Stephanie Drymon (M.S., MFT Thesis, December 2015)

“Relation between Parenting Style, Classroom Environment, and Child Self Evaluation.”

Emily Popplewell (M.S., MFT Creative Component; December 2015)

A Review of Emotionally Focused Therapy for Couples

Kendra Hughes (M.S., MFT Creative Component, August, 2016)

Natalie Cleverdon (M.S., MFT Creative Component, August, 2016)

Kansas State University

MS

Rebecca Sorenson (M.S., CFT Capstone Project, December 2018).

Treatment of Adult Male Survivors of Child Sexual Abuse

Erin Guyette (M.S., CFT, Co-advisor with Mindy Markham, Thesis, August 2020).

Impact of Parental Boundary Ambiguity on Children’s Adjustment to Divorce

Katherine Linn (M.S., CFT Capstone project, estimated Dec 2021).

Marcelina Grynechko (M.S., CFT Capstone project, estimated Dec 2021).

Brookelynn Thingvold (M.S., CFT, estimated Dec 2022)

Lindey Schmechel (M.S., CFT, estimated Dec 2022)

PhD

Bornell Nicholson (PhD, CFT Dissertation, May 2020)

Father-Child Religious Transmission from Adolescence to Young Adult: The Moderating effect of Father-Child Relationship Quality.

Ben Jones (PhD, CFT Dissertation, estimated May 2023)

Predictors of Parent and Teenager Value Differences

Lindsay Howard (PhD, CFT Dissertation, estimated May 2025)

Committee Member

Year Completed	Student
2005 (2)	MFT – Gomez, Chrystal (M.S., MFT); Ernst, Travis (M.S., MFT)
2006 (3)	Gosney, Sherri (M.S., ECE); Miller, Angie (M.S., MFT); Morgan, Martha (M.S., MFT)
2007 (14)	Gotcher, Jennifer (M.S., MFT); Hicks, Marissa (M.S., MFT); Wiedower, Sarah (M.S., MFT); Jamie Johnson (M.S., ECE); Tracy, Leighann (M.S., MFT); Thompson, Dana (M.S., MFT); Rutledge, Julie (M.S., DFS) Williams, Dustin (M.S., CFS); Perkins, Emily (M.S., NSCI); Kristin Atchley (M.S., MFT); Jay Burke (M.S., MFT); Megan Smith (M.S., MFT); Melissa Cluff (M.S., MFT); Annaleise Mitchell (M.S., MFT)
2008 (5)	Emily Rolling (M.S., MFT); Jennifer Patterson (M.S., MFT); Stephanie Legako (M.S., MFT); Julianna Buller (M.S., MFT); Lyda Fincham (M.S., MFT)
2009 (5)	Dan Hubler (M.S., DFS); Chris Peters (M.S., MFT); Deidre Werner (M.S., MFT); Brooke Scott (M.S., MFT); Rutledge, Julie (Ph.D., HDFS)
2010 (5)	Shana Kaufman (M.S., MFT); Lauren Gervais (M.S., MFT); Jonathan Wilson (M.S., MFT); Grace Wilson (M.S., MFT); Rebekah Campbell (M.S., MFT)
2011 (6)	Courtney Palmer (M.S., MFT); Brianne Heckathorn (M.S., MFT); Joseph Ransom (M.S., MFT); Tabitha Valtr (M.S., MFT); Misty Gillespie (M.S., MFT); Gabe Yandell (M.S., MFT)
2012 (6)	Camron Shekarforoosh (M.S., MFT); Josh Engle (M.S., MFT); Nikole Dominique-Maikel (M.S., MFT); Jenna Bolzenius (M.S., MFT); Allison

	Williams (M.S., MFT); Sarah Scott (M.S., MFT)
2013 (4)	Lashonda Edwards (M.S., MFT); Mary Gibons (M.S., MFT); Sarah Zingerman (M.S., MFT); Tamara Scherich (M.S., MFT)
2014 (6)	Ashley Kimball (M.S., HDFS); Chelsea Tull (M.S., NSCI); Jessica Todd (M.S., MFT); Jill Buery (M.S., MFT); Lauren Oesland (M.S., MFT); Antionette London-Johnson (M.S. HDFS)
2015 (4)	Pitipa Chongwatpol (Ph.D., NSCI); Courtney Schmitz (M.S., MFT); Tim Welch (M.S., MFT); Jenny Smith (M.S., MFT)
2016 (5)	Sarah Sadler (Ph.D. Counseling Psychology); Gabby Waxman (M.S., MFT); Mackenzie Jantsch (M.S., MFT); Morgan Pettyjohn (M.S., MFT); Jordania Smallwood (M.S., MFT)
2017 (1)	Cameron Brown (Ph.D., MFT)
2018 (6)	Chelsey Torgerson (Ph.D., CFT), Denzel Jones (Ph.D., CFT), Austin Beck (Ph.D., CFT), Thomas Childs (M.S., CFT), Tom Su (M.S., CFT), Sandra Galta (Ph.D., Sociology).
2019 (3)	Kelsey Casey (PhD., Nutrition), Loren Taylor (M.S., CFT), Kimi Morrison (M.S., CFT)
2020 (4)	Jimmy Bridges (PhD, CFT), Shelby Astle (M.S. AFS) Sunny Patel (MS, CFT), Hailey Moore (MS, CFT)
2021 (2)	Rich Dell'Isola (PhD, CFT), Hallie Zimmerman (M.S. CFT)

DEPARTMENT & COLLEGE SERVICE

Kansas State University

- 8/20 to present Member, AHS Undergraduate course and curriculum committee
- 8/20 to present Member, AHS departmental committee on planning (DCOP)
- 8/18 to present: Health and Human Services, Academic Affairs Committee
- Fall 2019: Member, School of FSHS Director search committee.
- 10/16 to 5/17: Chair, Family Center Clinic Director search committee.
- Fall 2016 Member, Family Center administrative assistant search committee.
- Summer 2017 Member, Family Center administrative assistant search committee.

Oklahoma State University

- 8/15 to 8/16: Chair, Human Sciences Faculty Advisory Council
- 8/14 to 8/15: Member Human Sciences Faculty Advisory Council.
- 8/14 to 5/15: Chair Search Committee (Early Childhood Education position)
- 7/13 to 8/16: Institute for Teaching and Learning Excellence (ITLE) Faculty Teaching Fellow (one of two for the college of Human Sciences)
- Fall 2005, 2011, 2012, 2013, 2014, 2015: Discussion leader for Human Sciences Freshman book group
- Fall 2013 to Sum 2014: Member of HDFS Advisory Council.
- Fall 2013 Faculty mentor to Julia Atilas

Summer-Fall 2013: Member, Search Committee (methodologist position)
 Spring 2012 to Fall 2012: Co-chair HDFS department head search committee.
 Fall 2008-2013: Instructor for HDFS TA training. Communicating with students and dealing with disruptive students.
 Fall 2011: Participant on 3 undergraduate curriculum career track workgroups (Pre counseling/therapy, pre-social work, infant mental health)
 Summer and Fall 2011: Member HDFS RPT Task Force (charged with modifying and updating the procedures in the RPT document).
 Fall 2010 to 2012: OSU HDFS faculty representative on Great Plains Idea Consortium group developing an online degree in Family and Community Services
 Fall 2010: Faculty participant, CHES “first year tradition” for incoming students
 Fall 2009 to 2010: Chair, Human Sciences Technology Committee
 Fall 2009 to 2011: Member, Human Sciences Action Team 3 (CHES External Relations)
 June 2007 to June 2009: MFT Representative to HDFS Council
 8/09 to 8/16: Member, HDFS Action Team 1 (Research and Graduate Studies)
 8/08 to 8/09: Member, HDFS Action Team 3 (Outreach and Extension)
 Spring 2007: Member, Dean’s MFT Task Force
 Spring 2007: Member, Dean’s HDFS Council
 Fall 2007: Member, Faculty Search Committee, 3 new HDFS faculty hires
 4/06 to 8/16: Advisor, Human Sciences Chapter of Phi Upsilon Omicron National Honor Society
 8/05 to 8/16: Member, Human Sciences Technology Committee
 Spring 2005: Member, Search Committee, Human Sciences recruitment coordinator
 Fall 2003: Member, Faculty Search Committee, 2 New HDFS faculty hires

UNIVERSITY SERVICE

Kansas State University

8/21 -- Member, Graduate Council
 Spring 2019 Member, Task Force Graduate School Handbook Review (clinical faculty member section).

Oklahoma State University

8/15 to 8/16: Chair, University Faculty Committee
 8/14 to 8/15: Human Sciences representative on University Faculty Council (Faculty and Student Affairs and Learning Resources committees).
 Jan, Aug ‘12; Aug ‘14 Instructor for University GTA training. Dealing with Disruptive Students.
 April, 2014 Guest panel member, ITLE Live providing ideas for improving quality of instruction to the university community.

PROFESSIONAL SERVICE

11/20 to present Chair, Family Therapy Section of the National Council on Family Relations (NCFR). Also, member of national conference planning

- committee.
- 2020 to present Editorial Board Member: *Journal of Marital and Family Therapy*
- 11/18 to 11/20 Chair Elect, Family Therapy Section of the National Council on Family Relations (NCFR).
- 2013 to present Site Visit Chair, Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).
- 2019 & 2020 Trainer for Site Visitors and Program Directors, Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE). Also assisted with developing online training materials in 2020.
- 2014 to present Editorial Board Member: *Family Relations*
- 2011 to present Site Visitor, Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).
- 2011 to 2013 Site Visitor, Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).
- 2006 to 2009 Board Member, Oklahoma Association of Marriage and Family Therapy (OKAMFT).
- 2007 & 2008 Co-Chair Annual Conference Committee, Oklahoma Association of Marriage and Family Therapy (OKAMFT).

Ad Hoc Reviewer, 2012 to present

Academic Pediatrics
International Journal of Behavior Development
Public Health Nutrition
Parenting: Science and Practice
Appetite
Child Development
Journal of Pediatrics
Child Obesity
Obesity Science and Practice
Family Systems and Health

External Reviewer for Tenure and Promotion 2014 to present

The Ohio State University
University of Houston Clear Lake
Texas Tech University
East Carolina University

Brigham Young University
University of Akron

OUTREACH

Aug. '19-present: Member, Greater Manhattan Area Interagency Coordinating Council

Presentations

- April 2021: Understanding the impact of toxic stress on children: What parents, providers, and policy makers need to know. *Hosted by Stepping Stones Child Advocacy Center and Sunflower CASA with a local, national, and international audience (over 100 participants).*
- Sept. 2019: Center for Child Development staff. *Parent-Infant Toddler Dyadic Treatment Programs.*
- April 2019: Court appointed special advocates (CASA) in Manhattan. *Parent-Infant Toddler Dyadic Treatment Programs.*
- May 2019: Presentation to the Kansas Infant Mental (KAIMH) Conference. *Sorting out the Alphabet Soup of Infant Early Childhood Mental Health Treatment.*
- March 2019: Presentation to the Crisis Center staff in Manhattan. *Parent-Infant Toddler Dyadic Treatment Programs.*
- Jan. 2019: Presentation to Infant and Toddler Services staff in Manhattan. *Parent-Infant Toddler Dyadic Treatment Programs.*
- Dec. 2018: Presentation to St Francis Riley County Child Welfare staff in Manhattan. *Parent-Infant Toddler Dyadic Treatment Programs.*
- April 2018: Presentation to extension educators in Salina. *Early Parent-Child Relationships: Building Blocks of Healthy Development.*
- September 2017: Invited presentation at the annual Air Force Family Advocacy Training. Orlando, FL. *Toxic Stress and ABC: Understanding Early Adversity, Impact, and Care*
- May 2016: Presentation to the Oklahoma Children's Behavioral Health Conference. *An Overview of Three Highly Effective Treatment Approaches to Strengthening Early Parent-Child Relationships.*
- Nov 2015: Guest presentation to Payne County Child Abuse Prevention Team on ABC followed by discussion about how to make ABC available to families in Payne County.
- September 2015: Presentation to 30 Wings of Hope Family Crisis Services staff and administrators on *Helping children manage their behavior from the inside out.*
- July 2015: Keynote speaker for TFI Family Connections Foster Parent Conference. Provided instruction on caring for children who have experienced early adversity (50 participants)
- June 2015: Provided caregiving training in Port-au-Prince, Haiti to five Haitian caregivers caring for 11 Haitian orphans. In addition, provided training to the I'm Me foundation staff on how to improve their orphan care model to more effectively address the attachment and developmental needs of the children.
- 8/14 to 4/16: Provide the Attachment and Biobehavioral Catchup (ABC) intervention to at-risk families in their homes and in the Wings of Hope Domestic Violence shelter.
- 8/14 to 4/16: Provided parent education in Circles of Security to local church congregation.
- January 4, 2013: *Treatment approaches for parents and young children.* A presentation to Medical doctors and residents with the Great Plains Medical clinic.
- June 29, 2012: Interviewed for a short video on why it is important to start early to strengthen

- families. Video produced by Smart Start North Central Oklahoma and KJ Productions and disseminated to civic and community leaders.
- May, 2012: Assisted Smart Start North Central Oklahoma and two MFT students in providing an innovative training to Payne County child care workers focused on improving workers self awareness and emotional health as a foundation for quality care.
- October 16, 2011: *Promoting child emotion regulation*. A presentation to the Sower's Sunday school class at the 1st United Methodist church.
- April 12, 2011: *Fostering self discipline in young children*. A presentation to a women's group of the L.D.S. church.
- December 14, 2010: *Strategies for fostering child emotional regulation*. A presentation to the mothers' group at the United Methodist Church.
- February 6, 2010: *Using child-centered play to foster children's emotional health*. A presentation to North Central Oklahoma Smart Start.
- January 16, 2010: *Overcoming barriers to help-seeking for disadvantaged families with young children*. A roundtable presentation to Extension Educators and Specialists.
- March 25th 2009: Participant, Stillwater community mental health partners meeting. Presented ideas for creatively treating maltreating families.
- October 23rd 2009: Participant, multidisciplinary team of Payne County professionals discussing ways to address the problem of child abuse.
- September 2009: Panel Member, OKAMFT Student/New Professional Conference. Presented ideas to MFT students in the state on obtaining quality supervision.
- Fall 2005 to 2012: Member, Family Resiliency Impact Coalition for the Oklahoma State University Cooperative Extension Service.
- July, 2004: Introductory training in filial family therapy. Training provided to counselors with Tulsa Women's and Children's Center and Family and Children's Services.
- February, 2004: *Emotions in motion: How to promote children's emotional intelligence*. A presentation to child care workers as part of the "Growing Successful Kids" program.
- May, 2002: *Filial Therapy and its effectiveness in promoting parent and child change*. A presentation at the monthly meeting for the Lubbock County Partners for Parenting Coalition.
- April, 2002: *Using parent-child play in the healing process*. A presentation to Lubbock county Child Protective Service case workers.
- March, 2002: *Filial Therapy and its effectiveness in promoting parent and child change*. A presentation to Mental Health and Mental Retardation in-home therapists.
- March 3, 2002: Guest on the *Si Se Puede Show* (a local bilingual talk show). "*Filial therapy and the importance of parent-child play*," taped and broadcast, Lubbock, TX.

Resource Updates

- Okwonga, A. B., Topham, G. L., & Hubbs-Tait, L. (March, 2011). Effects of maternal depression and socio-economic status on the parenting style/child obesity link. Family and Consumer Sciences Resource Update.
- *Pena, C. A., & Topham, G. L. (December, 2010). Predicting parent and child outcomes of a filial therapy program. Family and Consumer Sciences Resource Update.
- *Scott, S., & Topham, G. L. (December, 2010). Relation of parenting to child emotional eating. Family and Consumer Sciences Resource Update.

PROFESSIONAL AFFILIATIONS

American Association of Marriage and Family Therapists (AAMFT)

National Council on Family Relations (NCFR)

LICENSURE & CERTIFICATIONS

AAMFT Approved Supervisor (2008 to present)

Licensed Clinical Marital and Family Therapist (Kansas, 2016 to present)

Licensed Marital and Family Therapist (Oklahoma; 2006 to 2016)

Certified Couple Communication Instructor

Certified PREPARE Instructor

Certified Filial Therapist

Certified Filial Therapy Instructor

Certified Attachment and Biobehavioral Catchup (ABC) Therapist (infant, and toddler), supervisor, and trainer.

Rostered Child Parent Psychotherapy Supervisor

AWARDS & HONORS

2016 Recipient of the Human Sciences Graduate Advisor Award, OSU

2015 Nominated for the Human Sciences Graduate Advisor Award, OSU (2 nominations)

2007, 2011, 2014, 2015 Nominated for the College of Human Sciences Regents' Distinguished Teaching Award

2012 Presidents Cup for Creative Interdisciplinarity 2nd Place Families and Schools for Health (FiSH) project.

2012 College of Human Sciences Student Organization of the Year: Excellence in volunteerism to impact the lives of others. Presented to Phi Upsilon Omicron for which I am the faculty advisor.

2012 Recipient of the Friends of CASA award for service to maltreated children in Payne County. Awarded by the Court Appointed Special Advocates (CASA) for children in the Child Welfare system.

March 2011 Professor of the month for the Kappa Delta Sorority

2010 Recipient of the Bernard and Louise F. Guernsey Award for Outstanding Contributions to Research in Filial Therapy from the Association for Filial and Relationship Enhancement Methods (AFREM).

2008 Recipient of the Family Enhancement & Play Therapy Center's award for Outstanding Contributions to Professional Training in Filial Therapy