

FOCUS

ALUMNI MAGAZINE | FALL 2010

Operation Enduring Family

K-State combats
challenges facing
military families





Dean Virginia Moxley, Ph.D.

Letter from the dean

I'm enthusiastic when I flip through the pages of a new book about the history of the College of Human Ecology. I can't help but feel proud of our past and ecstatic about our future. The college was founded as the first of its kind in the 1800s and has since grown into one of the best and largest. While we have changed buildings and even names, one thing has remained the same: We are dedicated to helping everyone live a better life.

That attitude has never changed. Now the college is providing assistance to military personnel, veterans and their families with the Institute for the Health and Security of Military Families. You'll read how our faculty members are helping military families face the new challenges of deployment (page 8). The college would not be able to offer this service without our dedicated faculty members. They have strived to build strong connections and reputations in their fields. For example, Shawna Jordan has turned athletic training into a nationally recognized program (page 4).

Our faculty members ensure that our college will have a bright future. Facilities are critical for student and faculty success. Justin Hall is beginning a renovation and addition (page 13) made possible by the investment of alumni and friends like Victoria Seitz, who is funding a new professorship (page 6). You're invited to our Celebration of Excellence event on Oct. 7 and 8. We'll celebrate 50 years in Justin Hall and break ground for its expansion.

Sincerely,

Dean Virginia Moxley

Please join us this fall at our hospitality tent.

NO RESERVATIONS NECESSARY

Just stop by.

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Begins two hours before kickoff.

FAVORITE TAILGATING FARE

Eat food prepared by
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**SATURDAY,
OCT. 30**

K-State vs. Oklahoma State

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sandwiches*

QUESTIONS?

Contact Jennifer Rettele-Thomas at jenniferr@found.ksu.edu or
800-432-1578 (toll free).

In the event of a morning kickoff, breakfast will be served.

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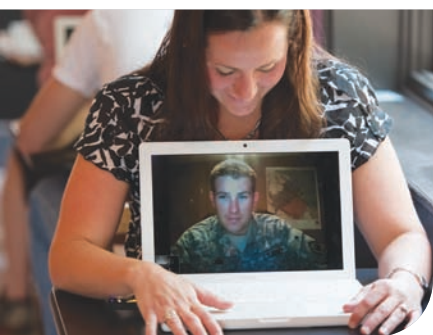
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FOCUS creative team

Designer: Breanna Day
Photographer: Dave Mayes
Staff writer: Trevor Davis
Copy editor: Sharon Morrow

Kansas State University Division of
Communications and Marketing
vpcm@k-state.edu, 785-532-2535

Molding minds, mending bodies

Students learn how to prevent, treat injuries in elite athletic training program led by Shawna Jordan



by TREVOR DAVIS

A soldier flies down a ski jump. In an instant he hits a soccer ball with his forehead. Before long he's breathing deeply while doing yoga.

The soldier is playing with Nintendo's Wii video game console for more than rest and recuperation. It's also helping him recover from a traumatic brain injury.

This case study is just one example of how the athletic training program improves the lives of soldiers, athletes and anyone involved in a physical activity. Shawna Jordan, the athletic training program director, has built K-State's nationally recognized program into one of the largest of its kind with the help of generous private support.

The efforts have allowed athletic trainers at K-State not only to rehabilitate soldiers, but also to act as the unsung heroes in the sports world.

Sometimes jarring, jolting collisions under the lights of Bill Snyder Family Stadium send Wildcat football players off the field, but an athletic trainer always waits on the sideline to nurse players back to health. A player once grimacing in pain can return to action with an athletic trainer's help, and Wildcat fans clad in purple can keep roaring and cheering.

The athletic training program partners with the athletic department, and some students in the program work for K-State's sports teams. Students, who are required to gain clinical experience before graduation, can also find many opportunities outside of K-State sports in high schools and clinics.

“When we talk to alumni of our program, and in follow-up surveys, they said they feel they were prepared and were ready to handle all the situations they were placed in,” said Jordan, an assistant professor in human nutrition.

Recent K-State alumna Laurie Hildebrand, who headed the Wii case study for an honors project, shadowed physical therapists at a clinic and helped patients exercise. The experience confirmed her career ambitions, and now she’s studying physical therapy at the University of Kansas School of Medicine.

“I thought about going to medical school, but a big drawback is that you only see the patient for 15 minutes a day,” she said. “In my field, you get to build a relationship with patients, and you get to see a lot of progress.”

Students gaining real-world experience is one reason K-State maintains a strong reputation in the field. The athletic training program was one of the first in the nation among Division I-A schools. All graduating students in the program have moved on to jobs, graduate degree programs or professional schools.

Jordan is credited with building the program. Since the 1990s, athletic training has called three K-State colleges home, and students back then had to major in another area, such as kinesiology. K-State launched

the athletic training program as a bachelor’s degree program in 2001, and it has grown from about 15 students to more than 100.

“We’re small compared to most K-State degree programs, but when you look across the nation at athletic training programs, we have one of the largest,” said Jordan, who won K-State’s Presidential Award for Undergraduate Teaching Excellence in 2010 and the Presidential Award for Undergraduate Advising in 2006.

Jordan has had some help turning the program into a success. Supporters like Greg Miller of Venice, Fla.; Cramer Products Inc. of Gardner, Kan.; and Duane Saunders of Eden Prairie, Minn., have provided equipment and scholarships. Miller, Saunders and Cramer executives act as mentors, often visiting campus to talk to students about job hunting and current industry issues.

“Students have that chance to talk to someone outside K-State and in the real world,” Jordan said. “They have a chance in an informal setting to ask questions of someone in the field.”

Private support has allowed Jordan to offer scholarships to most juniors and seniors that allow students to obtain unpaid clinical experience. Hildebrand, for instance, earned the Greg B. Miller scholarship, which helped pay for expenses while she shadowed physical therapists at a clinic.

Learn more

Athletic trainers manage health care problems associated with physical activity and typically work at secondary schools, colleges and universities, professional athletic franchises and sports medicine clinics.

Students in K-State’s athletic training program, part of the College of Human Ecology’s department of human nutrition, obtain hands-on training in clinical settings. All graduating students have moved on to jobs, graduate degree programs or professional schools.

Visit www.he.k-state.edu/hn/programs/ugrad/athtr to learn more about the athletic training program, or contact Shawna Jordan, the program’s director, at jordan@k-state.edu or 785-532-5508.

“Donors recognize the value of students having some financial support while they’re in school,” Jordan said. “Students commit a lot of time to the program and to clinical hours, and they’re not paid during that learning experience.”

How you can help

From scholarships to equipment to facilities, K-Staters have many opportunities to advance the athletic training program.

If you would like to learn more about how you can make a difference in the lives of athletic training students, please contact Jennifer Rettele-Thomas, director of development for the College of Human Ecology, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).



Students gaining real-world experience is one reason K-State maintains a strong reputation in the field of athletic training.



[Making a Difference]

Fashioning a LEGACY

Alumna creates visiting professorship in apparel, textiles and interior design



Photos courtesy of Victoria Seitz.

by SHANNA WILLIAMS

Victoria Seitz has jumped out of a plane. She's written three books, two of them in Romanian. She spent a month traipsing around Europe by herself. Seitz has moved from one end of the country to the other, and stayed in a few places in between. Did she plan to do any of this? Kind of, but ... not really.



[Above] Victoria Seitz, right, stands outside a historical home in Curtea de Arges, Romania, with Mariana Nicolae, the vice dean for Bucharest Academy of Economic Studies.

[Below] Victoria Seitz, left, poses with a student during a graduate seminar at the Bucharest Academy of Economic Studies in Romania.



"I haven't planned much of my life," said Seitz, a professor of marketing at California State University, San Bernardino. "I've just dealt with what's in front of me and tried to make my own way."

Although she admittedly has a hard time trying to predict her life five years from now, Seitz is definitely thinking about the future — or more specifically, the future of the department of apparel, textiles and interior design at K-State.

Seitz established a visiting professorship in the department through a \$500,000 bequest in her will. The professorship will allow the department to bring in a faculty member from another school or organization for a semester. Why a professorship in apparel, textiles and interior design?

"Because that's what I'm drawn to," Seitz said. "I developed a love of creating a 'look' very young in life. My mother had a lot to do with it. She'd walk into a room and heads would turn. She was the epitome of style."

After graduating from K-State in 1978 with a bachelor's degree in clothing and textiles, Seitz went to work in the retail industry. She accepted a position as a fashion coordinator in Miami with

Burdines, which later became Macy's. She realized the world of fashion held great interest for her, but retail management wasn't precisely her forte.

"I decided I wanted to be a professor, and to do that I had to get my Ph.D.," Seitz said. "So I made the five-year commitment and just did it."

She earned her master's degree in 1984 and her Ph.D. in 1987 from Oklahoma State University. She accepted a faculty position in the School of Merchandising and Hospitality Management at the University of North Texas.

The "Dress for Success" concept had become all the rage during the 1980s,

and everywhere Seitz looked, she saw its influence. "I saw all these navy blue suits everywhere and thought, sure these kids look great, but when they open their mouths, they fall apart," Seitz said.

She realized the need for a guide to acting and speaking your best, so she went on to write "Your Executive Image" and gave seminars on projecting professionalism in the workplace and social settings. She traveled to Romania in 2002 as a Fulbright scholar and wrote two more books.

When opportunity came knocking in the form of a professorship in the department of marketing at California State University, she couldn't pass it up.

"At the University of North Texas, I often worked with the marketing department and saw how many opportunities there were," Seitz said. "So I've been in marketing ever since, and after 19 years, California is home."

It was while visiting with her father about her newly drawn-up will that Seitz's thoughts began to meander back to an earlier home: K-State. She reasoned that supporting someone who could change the views of entire classrooms of students at a time could create the biggest impact.

"A visiting professor, especially one with experience in industry, can inspire students to reach for more than what they think they're capable of," Seitz said. "I hope that this visiting professorship helps those students in apparel, textiles and interior design at K-State make the most of what's in front of them."

How you can help

You can make a difference in the lives of human ecology students with a planned gift. If you would like to support the College of Human Ecology with a planned gift, please contact Jennifer Rettele-Thomas, director of development for the college, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).

Visit www.found.ksu.edu/plannedgiving to learn more.

WAR • BO



by **TREVOR DAVIS**

A piece of rope sparks many emotions for Nicole Cook: hope, pride, fear, worry. Her husband carries the other piece while serving in Iraq. When they're apart, they hold onto the rope to give them strength and think of each other.

Military families like the Cooks are fighting a war at home. The Iraq and Afghanistan wars are taking their toll on military families as some soldiers face multiple deployments and are separated from their families for months.

Generous K-State supporters, the School of Family Studies and Human Services and the College of Human Ecology aim to support military families with the Institute for the Health and Security of Military Families, which advances research, teaching and outreach focused on the well-being of military families. It's part of the college's mission to help others live a better life.

The unknown

Cook and her husband, Shawn, moved more than 1,000 miles from North Carolina to the Army's Fort Riley. The couple brought the pieces of rope their church gave them.

Shortly after the move, they had to say goodbye. Cook remembers the day her husband left for Iraq last November. Kids held the hands of their mothers and fathers. Couples kissed each other and hugged, not wanting to let go. They posed and smiled for photos. No one knew when — or if — they would see each other again.

Then the dreaded part came. The bus engine roared, and soldiers lined up. Cook's

husband walked onto the bus, and she didn't stop watching him until he disappeared. Cook tried not to cry, but she couldn't help it. Tears rolled down her face.

"Before he left, the anticipation of the unknown was really stressful and took a huge toll on me," Cook said. "All of these emotions build up. Now I'm just glad to count down to when he comes home."

She talks to her husband online and stays busy to keep her mind off of her husband's deployment. Cook recently graduated from K-State with a master's degree in apparel and textiles and works as an office manager for a law firm while she pursues a career in teaching.

"You have to occupy yourself, or your relationship will struggle because you can't depend on your spouse as much," she said.

Brandi Mussack, whose husband was deployed to Iraq for about five months and is set to be deployed again, is always on the go. She takes a full schedule of classes at K-State as a hotel and restaurant management major, works a part-time campus job and runs a photography business on the side.

"It's a curse and a blessing," she said. "All of the activities add up so I don't have time to think about him being away."

Sometimes, though, she can't help it. "I deal with the stress and anxiety of not knowing if he's OK and worrying about when I'm going to talk to him next," Mussack said.

Strong families, strong soldiers

After the military switched to an all-volunteer unit in 1972, troops with families began to fill the military ranks. Caring for soldiers, spouses and children — not just the single men who had traditionally made up the armed forces — became a new priority.

"If you have that strong family bond, then you're simply a better soldier," said Sandra Stith, a domestic violence researcher at K-State who works closely with the military. "The military wants to take care of families just like they do their active duty soldiers."

But now the military is facing new territory. The war in Afghanistan is the longest war in American history, while the war in Iraq is the third longest, after the Vietnam War. Military families are dealing with more deployments than ever before.

"Things are different for military families than they were 10 or 15 years ago," said Briana Nelson Goff, director of the institute and associate dean of the college. "They're dealing with the conflicts in Iraq and Afghanistan, and that means families go through multiple deployments, which is something new we're all trying to figure

Helping military families

What: Institute for the Health and Security of Military Families

Where: Kansas State University's College of Human Ecology

Who: The institute serves soldiers, veterans and their families.

Why: As troops face multiple deployments, the military wants to better serve military families.

How: K-State is partnering with the military and nearby Fort Riley.

Learn more

Briana Nelson Goff, director
militaryfamilies@k-state.edu
www.militaryfamilies.k-state.edu



out.” Today more than 1.4 million active duty members serve in the armed forces. More than half are married, according to the Department of Defense, and more than 40 percent have children.

“That’s a population that is putting their lives at risk daily, and for those spouses, that’s a lot of uncertainty,” Goff said. “They don’t know when their spouse is going to return — or if they will at all.”

Military services for families are changing, too. “The military has always tried to address these issues, but what’s worked in the past may not always work now,” Goff said. “We’re all trying to catch up and implement new programs, particularly the military.”

An evolving partnership

K-State has long partnered with Fort Riley, a post 15 miles from campus. Faculty members and administrators wanted to take the partnership to a new level and met with Lt. Gen. Robert Durbin and his wife, Diana. He served as commander of Fort Riley and the 1st Infantry Division in 2007 and 2008.

“After talking to military personnel, we recognized there was a real need to increase assistance, support and services for military families,” Goff said. “The military was striving to improve family support services, so it seemed like a natural fit for us to work together.”

The Institute for the Health and Security of Military Families opened in fall 2009 and offers research and outreach programs for military personnel, veterans and their families. The college connects K-State’s experts to the military, particularly in areas of specialization that include the effects of trauma on deployed personnel and family and the impact of deployment on marriage, children, employment and family income. The institute is helping design the programming for a new resiliency effort at Fort Riley so that soldiers can better cope with the stresses of war.

The college was awarded research and grant money funding for research and programs related to military families, and the institute was launched thanks to philanthropic contributions.

Helping couples prosper

Military couples face challenges when one spouse is deployed. But many of those relationships still thrive.

K-State researcher Jared Anderson often partners with the military to study how couples develop and maintain strong marriages. He analyzes factors that contribute to relationship problems.

Anderson is currently heading a project to find Air Force couples whose relationships have flourished. K-State researchers will visit six Air Force bases and interview 20 to 25 couples to find out how they maintain strong relationships during the deployment lifecycle.

“A lot of what you hear in the press is about the high divorce rate and the struggles military families experience related to deployment, yet there are many

couples and families who maintain strong and healthy relationships despite the stressors and difficulties,” Anderson said.

It is hoped the results of this research will improve Air Force intervention programs to better support couples and families during the deployment lifecycle, Anderson said.

“By tapping into the wisdom and experience of these expert couples, intervention ideas or programs that emerge are more likely to be seen as valid and useful by the Air Force couples who attend the intervention programs,” he said.

Anderson is also recruiting newlywed couples for another study focused on understanding the factors that lead to relationships flourishing in the early years of marriage.

"The institute has been possible because of grants, contracts and private funding," Goff said. "We continue to expand, but we're going to continue to have that need."

Making a difference

The philanthropic gifts offer K-State researchers new opportunities to serve their community. Military research is rewarding, said Jared Anderson, an assistant professor in the School of Family Studies and Human Services who focuses on marriages and relationships.

"In many ways these individuals and families sacrifice a great deal for their country, and as part of that sacrifice they're separated from family and friends for extended periods of time," Anderson said. "I think the small part I can do as a civilian and as a researcher is to use my knowledge and skills to find out how to help these families maintain strong and healthy relationships."

K-State can support soldiers, and researchers can gain more skills, he said. "It's much more than gaining access to a population," Anderson said. "It's more about us working together with leaders in the military and melding our interests so we can answer important and interesting questions for the military."

Military families are generally resilient, he said, but they need support. "They've dedicated themselves to a cause and to a profession, and it's not just them — it's their whole family who's made that choice," Anderson said.

Taking care of neighbors

K-State offers direct outreach to soldiers and their families. The K-State Research and Extension office opened at Fort Riley in spring 2009. The extension office is separate from the institute, but the organizations work closely together.

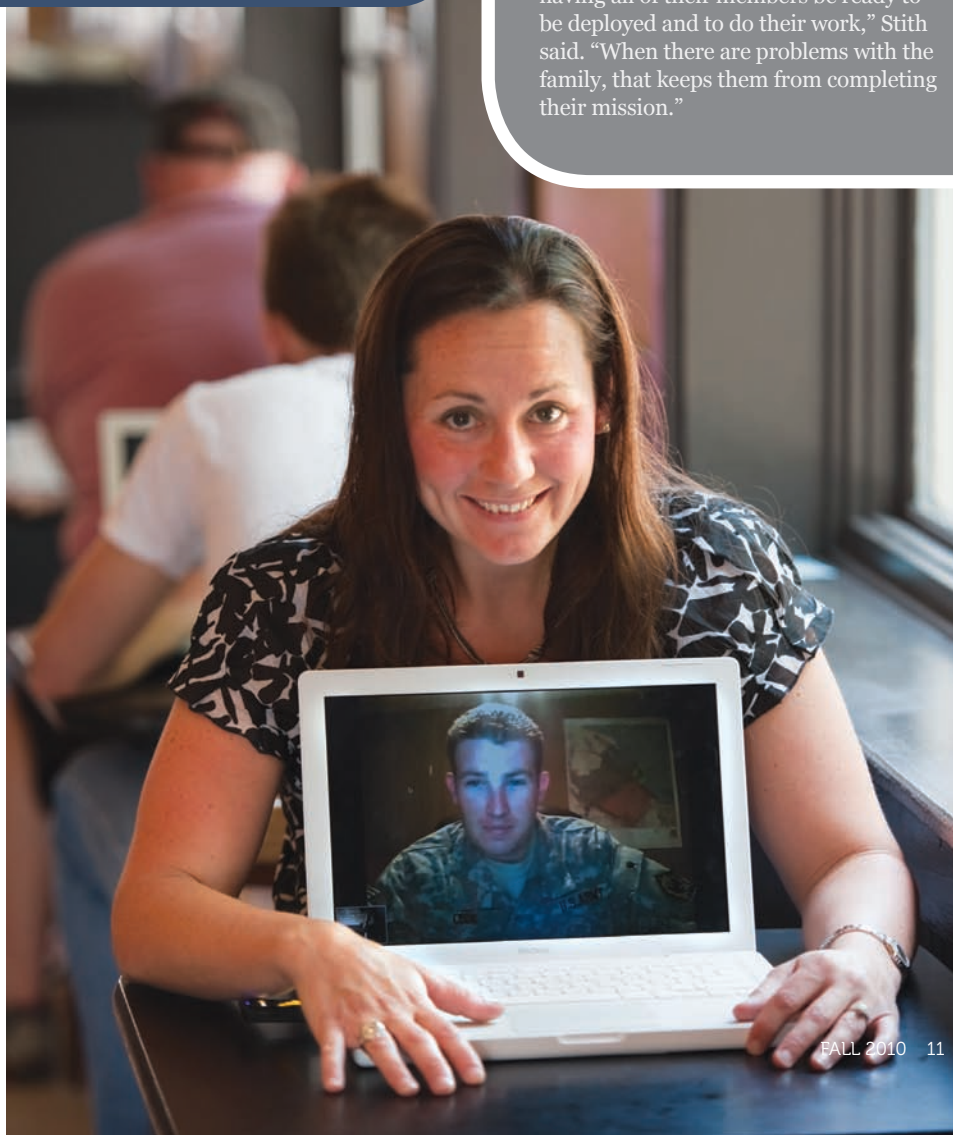
The extension office offers free classes, workshops, activities and events, and it employs family and consumer science agents in the areas of child development, family life, family resource management and nutrition and health. The office aims to take a preemptive approach to issues,

said Toni Bryant, the Fort Riley extension office coordinator. The office often invites college faculty members to host workshops on post that link college programs to military members.

Kristy Archuleta, assistant professor in the School of Family Studies and Human Services and co-director of the K-State Financial Planning Clinic, works with military couples when they're having trouble talking about money and marriage. Archuleta, a licensed marriage and family therapist, specializes in financial therapy, which combines financial counseling with marriage and family therapy.

Charles Smith, a professor in the School of Family Studies and Human Services and

Recent K-State graduate Nicole Cook uses a webcam to keep in touch with her husband, Shawn. He is stationed at the Army's Fort Riley in Kansas and has been deployed in Iraq since November 2009.



Preventing violence

Sandra Stith's goal is to eliminate violence. "I want to look at what can be done to have a society that is free of violence — a world where people work things out and don't use hitting, shoving or slapping," she said.

The military aims to do the same. Stith works closely with the military, particularly the Air Force, to treat and prevent domestic violence in military families. Stith is interviewing military fathers to investigate new programs to support them in their roles as parents, and she's developing a tool to predict recidivism for spousal abuse. However, the idea that domestic violence is more common in military families is a myth, she said.

"That's one of the things people think, but there's no evidence that abuse or anything like that is more prevalent in military families," Stith said.

The military is focused on preventing and treating domestic violence — sometimes more so than in the civilian world, she said.

"The military is very concerned about having all of their members be ready to be deployed and to do their work," Stith said. "When there are problems with the family, that keeps them from completing their mission."

state human development specialist with K-State Research and Extension, works with military fathers so that they can act as better role models for their children and families. He's known nationally for designing and evaluating noncredit educational programs for parents and children.

"It's like the perfect mix," Bryant said. "By bringing in the K-State experts, we can give the military a different perspective and provide extra resources."

The impact

By offering more services, support and research, the college and institute could help more military families across the country.

Brandi Mussack, the hotel and restaurant management student, said she remains proud of her husband, Tim, and is thankful for the support from the K-State community.

"I've met some amazing people — wives, families — in the Army that have become a support group," she said. "You never get used to your spouse being gone, but it's important to have that support."

More outreach could educate people on misconceptions, said Nicole Cook, the recent K-State alumna.

Engaging youth

K-State helps military youth get involved at home and at installations overseas.

Marlene Glasscock, a research assistant professor in the School of Family Studies and Human Services, is the project director for 4-H Military Partnerships. She helps manage grant funding for the organization, which provides youth programs for children whose parents serve in the military.

Organizations like 4-H provide stability for military children, Glasscock said.

"As kids move from installation to installation, they'll have the consistency and predictability of 4-H clubs," she said.

Children at installations outside the U.S. can join 4-H and compete in state and county competitions, Glasscock said. For example, children on bases in Europe are part of Maryland 4-H. The organization teaches skills that support the development

of independence, mastery, belonging and generosity, the essential elements of 4-H, Glasscock said. Children can learn about topics like aerospace, photography, computers, cooking and sewing.

The program is appealing to more children as it expands its focus to include citizenship, healthy living, science, engineering and technology.

Glasscock also manages grant funding for Operation Military Kids, which supports programs for children of National Guard and Army Reserve members in all 50 states and Washington, D.C. The military partners with youth organizations such as 4-H, the Boys and Girls Club and the American Legion to guide military youths by creating support networks and delivering a wide range of recreational, social and educational programs.

"I'm not just a follower. I'm a leader," she said. "I know a ton of military wives who are brilliant. We are bright, visionary people who are maintaining an active life."

Cook, who attended the inaugural ceremony for the institute, said she is thankful K-State is working with the

military to improve the lives of soldiers and their families.

"Knowing that people are taking an interest in the military community makes us feel more appreciated," she said. "K-State realizes and understands how hard life can be as a military family."

Jared Anderson, an assistant professor in the College of Human Ecology's School of Family Studies and Human Services, helps military couples navigate challenges they face. He has found that many relationships still flourish, and he hopes to assist couples throughout the military.



How you can help

Many military families face obstacles as loved ones serve their country in Iraq and Afghanistan. More than half of active duty members are married, while more than 40 percent have children. The College of Human Ecology's Institute for the Health and Security of Military Families is helping those families with research and outreach.

If you would like to learn more about how you can make a difference in the lives of military families, please contact Jennifer Rettele-Thomas, director of development for the College of Human Ecology, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).



celebrating the future, Honoring the past



Justin Hall expands to meet new needs as enrollment swells



by TREVOR DAVIS

Since its beginnings nearly 140 years ago, the College of Human Ecology has been a leader in the human sciences field and today is one of the largest colleges of its kind in the country. The journey from domestic science to human ecology has always revolved around helping others.

Students, alumni and faculty today help people spend and save money wisely, influence the latest fashion trends, create aesthetically pleasing interior spaces and steer healthy eating decisions. Now the college's legacy will grow even stronger as construction crews renovate Justin Hall and build a new addition.





Photos courtesy of university archives.

Hattie Cheseldine, right, taught the nation's first college credit course offered to women in 1873 at K-State. Margaret Justin, above, served as the college dean from 1923 to 1954, the longest period of any home economics head at K-State.



The new design, made possible thanks to private contributions, will better serve students. Alumni and friends are invited to celebrate the college's future and honor its past at the Celebration of Excellence Oct. 7 and 8.

The future

When Justin Hall was built 50 years ago, it was considered innovative and progressive. Built to house 1,000 students, Justin Hall now serves 1,900 undergraduates and 300 graduate students. It looks largely the same and has not been through any major renovations.

That's about to change.

A renovation and addition will give the college's home an updated look that matches the college's forward-thinking spirit. But it's not all about looks. The new design will make better use of resources and provide more space to students.

A 16,000-square-foot addition will include offices, two auditorium-style classrooms and two conference rooms, along with a smaller classroom, a student services center and a student collaboration area.

The new addition will feature environmentally friendly elements, including a green roof with native, drought-resistant plants to reduce stormwater runoff. Windows will take advantage of natural light, and upgraded insulation will reduce heating and cooling costs. Crews will also remodel and preserve existing interior spaces. Hoffman Lounge, for example,

will feature modern furniture and pendant lighting.

Students played a major role in the new design and gained hands-on experience in the process. Fourth-year interior design students worked with professional designers to imagine how they could best transform Justin Hall. They recreated spaces to better serve students, faculty and staff, and they learned how to work with a budget and make prudent financial decisions.

A proud history

While college alumni and friends are excited about Justin Hall's renovation and addition, they're also honoring the college's storied past. Carol Kellett, former human ecology dean and current professor, recently updated a book about the college's history.

In her research, Kellett found that the college shaped the human ecology field and has remained a leader since the college's founding in 1873. Hattie Cheseldine, a widow with four children, taught the first college credit class offered to women in the United States. The class focused on dress-making and sewing. K-State's program on the household economy, also called the domestic economy, soon became a national model for other schools.

"This was the first program of its kind at a land-grant university that offered academic credit," Kellett said. "Part of President John Anderson's vision was to



Celebration of Excellence

What: Celebrate the college and attend the groundbreaking ceremony for Justin Hall.

Who: Faculty, staff, students, alumni and friends

When: Oct. 7 and 8

Where: Kansas State University in Manhattan

Please see back cover or visit www.he.k-state.edu/excellence to learn more.

1873

K-State becomes the first land-grant university to offer a women's course for credit.

1876

The Domestic Science Club is founded, and members share recipes, bring food to classes for tastings and host events such as tea parties.

1897

Domestic Science Hall, now Kedzie Hall, opens as the first building in the country to house a domestic science and arts program.

1908

Calvin Hall, then Home Economics Hall, is designed and built for \$70,000.

1923

Margaret Justin becomes the youngest dean in the country and goes on to serve 31 years as the dean.

educate both women and men — not a common thing in the late 1800s.”

Researchers also found that many K-State human ecology leaders influenced programs at other schools and were pioneers far ahead of their time. K-State expanded educational roles, prepared students for careers and taught domestic skills.

“I was fascinated by the early leaders of human ecology at K-State and the huge strides they made in providing education for women at a time when most thought it was outrageous for females to seek higher education,” said K-State alumna Allie Teagarden, who conducted research for the book. “Those women were true revolutionaries, stepping out of the social and cultural boundaries of their time to advance the state of not only women, but all of mankind.”

For instance, Margaret Justin, who was dean from 1923 to 1954, made sure everyone had access to the growing field of home



New book available about college history

Alumni and friends can show off the College of Human Ecology on their coffee tables with a new photo book about the college’s history. Carol Kellett, former human ecology dean and current professor, wrote the book with students. It will be available at the Celebration of Excellence event on Oct. 7 and 8.

Ruth Hoeflin, a college dean from 1975 to 1983, last published a book on the college’s history in 1988. Kellett worked with students on a new version for three years, digging through documents, photos and newspaper clippings at Hale Library’s university archives.

Allie Teagarden, who graduated in May 2010 with a degree in apparel and textiles and is now a K-State admissions representative based in Texas, started working with Kellett during her sophomore year for an honors project.

“My work on the book has given me such an appreciation for the legacy that the College of Human Ecology has had in its years of service to people,” Teagarden said. “I feel very privileged to have had a part in preserving such a rich and important history.”

economics. She encouraged faculty members to write textbooks and scholarly publications, and Justin would often co-author textbooks. College faculty members have authored more than 200 textbooks, many of which have been printed in multiple editions. Nutrition professors wrote 22 editions of “Practical Cookery,” a textbook about food science and food preparation, between 1912 and 1956.

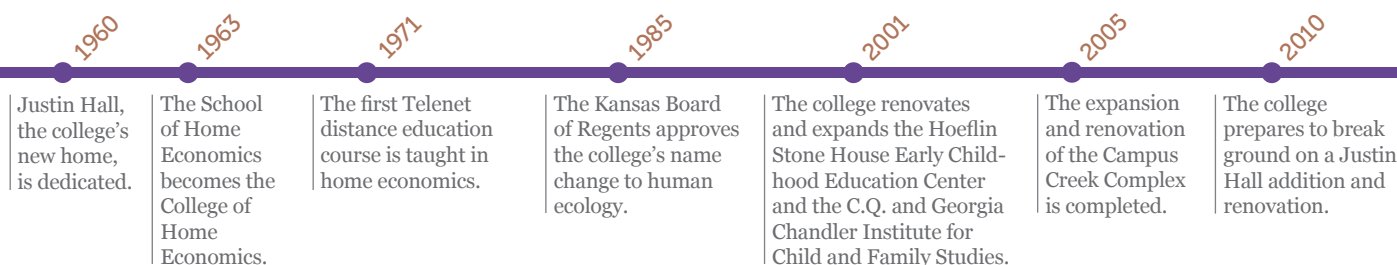
It’s no wonder that college leaders have shaped K-State’s campus. Fourteen buildings pay tribute to human ecology leaders. In fact, K-State has more campus buildings named after women than any other land-grant university.

Kedzie Hall, which currently houses the A.Q. Miller School of Journalism, was constructed in 1897 as the first building in the country dedicated to the study of domestic science and arts. It’s named after Nellie Kedzie, the first female professor at K-State. She taught sewing, household economy, hygiene and cooking.

How you can help

Justin Hall was built 50 years ago to house 1,000 students, but it now serves 2,200 students. The College of Human Ecology, one of the largest human sciences colleges in the country, is renovating and adding on to Justin Hall to better serve students.

To make a difference in the lives of human ecology students, contact Jennifer Rettele-Thomas, director of development for the college, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).



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Legacy of Excellence Society

The Legacy of Excellence Honorary Society was established in 2001 to recognize donors who contribute \$100 or more annually to the College of Human Ecology in annual gift club memberships. Donors renew their memberships each year by making an investment at one of five levels: Directors (\$2,500+), Leaders (\$1,000 to \$2,499), Partners (\$500 to \$999), Colleagues (\$250 to \$499) and Associates (\$100 to \$249). This list includes gifts of \$100 or more for the fiscal year July 1, 2009, to June 30, 2010. All benefactors are honored each fall during the Celebration of Excellence event. All private gifts to the college ensure that our legacy of outstanding accomplishment and leadership will continue.

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Entrepreneur Award



**Jo
Staffelbach
Heinz**
'71 B.S.
interior design

Jo Staffelbach
Heinz received her
bachelor's degree
in interior design
from Kansas State

University in 1971. Heinz serves as president and CEO of Staffelbach Design Associates with headquarters in Dallas. Her knowledge of client service excellence is well established and has made her a much-requested speaker on the subject. Heinz is a frequent panelist on interior architecture and the complexities of today's interior work environment.

Heinz has received several honors as a leader in her field including Women in Business Industry Leader by the Dallas Business Journal, Distinguished Service Award from Kansas State University and Silver Medallion Award from Interior Design magazine/IBD Interior Design Competition. She was the first recipient of the IBD Distinguished Merit Award for outstanding contributions to the contract design industry.

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Distinguished Research Award



Janice Hermann
Ph.D., R.D./L.D.
'77 B.S. foods and nutrition, '79 M.S. foods and nutrition,
'83 Ph.D. home economics

Janice Hermann received bachelor's and master's degrees in foods and nutrition from Kansas State University in 1977 and 1979. She earned a doctoral degree in home economics from K-State in 1983. Hermann has served as the Oklahoma Cooperative Extension Service state nutrition specialist for the past 25 years and is currently a professor and associate department head in the department of nutritional sciences at Oklahoma State University. She is a registered/licensed dietitian.

Hermann has published in the Journal of Nutrition Education and Behavior, Journal of Nutrition for the Elderly and Journal of Extension. Hermann's accomplishments have been recognized through receipt of the Marguerite Scruggs Award for meritorious research in human environmental sciences and the Oklahoma Cooperative Extension Service outstanding state specialist and program awards.

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Lifetime membership is given to those who have made a gift of \$100,000 or more to the college. Their investment will play a vital role in the future success and advancement of our college (as of July 2010).

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Distinguished Service Award



Janice (Wanklyn) Wissman

'63 B.S. home economics education, '68 M.S. home economics education

Following graduation from Kansas State University in 1963, Janice (Wanklyn) Wissman launched her professional career as a high school home economics teacher in Anaheim, Calif. As a General Foods Fellow, she returned to her alma mater for a master's degree, and later earned a doctoral degree in higher education administration from the University of Kansas.

Wissman has served K-State as an administrator, professor and advisor for four decades. As associate dean of the College of Education, she has been responsible for state and national accreditation of all K-State professional education programs. Her impact as a mentor is felt campuswide through the role as advisor to Mortar Board, a national college senior honor society. She is a past recipient of Mortar Board's National Excellence in Advising Award.

Partner Award



Student Governing Association for leadership in establishing Powercat Financial Counseling

Student Governing Association leaders are responsible for voicing the concerns of the student body and serving as collaborators in the shared governance of K-State with the administration, faculty and students of Kansas State University.

While serving as the 2007–2008 student body president and vice president, Matt Wagner and Lydia Peele were interested in providing resources for K-State students to obtain assistance with personal finance issues. They worked closely with K-State administration and the College of Human Ecology to determine the feasibility of the project.

In August 2009, their vision became reality with the opening of the Powercat Financial Counseling Center, located in the office of student activities and services, on the ground floor of the K-State Student Union. Powercat Financial Counseling is meeting a critical need of financial skill-building for all K-State students and could not succeed without the ongoing support of the association and its student leaders.

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Public Advocacy Award



Ruth Johnson Stemler '72 B.S., dietetics and institutional management

Ruth Johnson Stemler received her bachelor's degree in dietetics and institutional management from Kansas State University in 1972 and became a registered dietitian that same year. In 1992 she received a master's of science degree in health promotion from Oklahoma State University.

Stemler is the Colorado state director of Share Our Strength, a national nonprofit organization whose mission is to end childhood hunger in the U.S. She directs the organization's Colorado Campaign to End Childhood Hunger and the Colorado nutrition education program, Operation Frontline. Operation Frontline Colorado is the largest of 25 programs in the country and reaches more than 7,000 families each year. This program allows her to share her passion for good food, which began on a Kansas farm and was further nurtured at K-State.

Young Professional Award



Amy Chu '97 B.S. dietetics, '00 M.S. hospitality management

Amy Chu graduated from Kansas State University in 1997 with a bachelor's degree in dietetics and completion of the human ecology honors program. She earned a master's degree in hospitality management with a food science emphasis in 2000, coupled with a certified baker credential from the American Institute of Baking.

Chu served as patient services manager at Overland Park Regional Medical Center in Overland Park, Kan. In 2002, she joined Mead Johnson Nutrition, a global leader in pediatric nutrition, upon returning to her native Hong Kong.

Chu values every opportunity to share her experience with potential students who have an interest in pursuing careers in dietetics and recognizes the importance of giving back to the College of Human Ecology and the dietetics department.

Land Grant Legacy Society

The Land Grant Legacy Society represents the past, present and future of Kansas State University. The society, which is part of the KSU Foundation Presidents Club, honors alumni and friends who have chosen to support the university by including K-State in their estate plans. By remembering the College of Human Ecology in their estate plans or deferred gift arrangements, these alumni can ensure future opportunities for students and faculty of tomorrow (as of July 2010).

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Friend of the College Award



Bradford Everett
'87 B.S. social sciences

Bradford Everett, a Manhattan, Kan., native, started his hospitality career at the front desk of the Ramada Inn at the Campus in Manhattan. Upon completing his degree at K-State, Everett became an evening manager at the Graylyn Conference Center, a division of Marriott's conference center services, at Wake Forest University, Winston-Salem, N.C. His career then took him to the Residence Inn by Marriott brand, where he worked as a sales manager and general manager. In 1997, when Marriott opened the Fairfield Inn in Manhattan, Everett was named to the position of general manager.

A former city commissioner and mayor of Manhattan, Everett has been recognized numerous times for his civic involvement and service to Kansans with disabilities.

Janiece and David Walter
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David and Alicia Zoeller
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**deceased*

Every effort has been made to ensure the accuracy of our donor list. However, if an error has been made, please accept our apologies. To report a change, contact Jennifer Rettele-Thomas, director of development, at 785-532-7592 or jenniferr@found.ksu.edu.

Notice of nondiscrimination

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Celebration of Excellence

During the recognition and awards luncheon, we will honor Legacy of Excellence directors and founders, K-State Land Grant Legacy Society members and the 2010 Alumni Award recipients.

Visit www.he.k-state.edu/excellence for more information, or contact Jennifer Rettele-Thomas, director of development for the College of Human Ecology, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).

Thursday, Oct. 7, 2010

4:30 p.m.

College of Human Ecology hospitality tent
Cat Town, Bill Snyder Family Stadium

6:30 p.m.

K-State vs. Nebraska football game
Bill Snyder Family Stadium

Friday, Oct. 8, 2010

11:30 a.m.

Recognition and awards luncheon
Manhattan Room, Manhattan Country Club

2 p.m.

Ceremonial groundbreaking of Justin Hall addition
Front yard of Justin Hall

3 p.m.

Reception
Hoffman Lounge, Justin Hall