

IN A WORLD FOCUSED ON THINGS, WE FOCUS FIRST ON PEOPLE.

FALL 2019

FOCUS

SAY  CHEESE!

Dean Buckwalter captures the Celebration of Excellence front of house staff taking a selfie before the evening's events.

KANSAS STATE
UNIVERSITY

College of Health and
Human Sciences

FROM THE DEAN



It's hard to believe we have made it through the 2019 fall semester. It was another full semester for our students, faculty and staff with classes, meetings and events. As always, we had many of exciting and successful things happen since our last FOCUS arrived in your mailboxes this summer. This issue of FOCUS will highlight some of the newsworthy events from the past few months including our annual Celebration of Excellence; our official name change celebration; and the history of two of our oldest programs. Before you enjoy those stories, I would like to share a few highlights from the Dean's Office.

First, we are excited to say we had a successful recruitment cycle last academic year. Official enrollment numbers for the fall were released after the 20th day of class, which was September 23. I am pleased to say that the College of Health and Human Sciences saw an increase of almost 100 students compared to the same time in fall 2018. This is phenomenal news as the university is still facing a decrease in student enrollment. With this positive turn in our college enrollment, five of our undergraduate programs saw their largest enrollment numbers since 2015 (the year that enrollment began to decrease at the university). While enrollment will be a challenge we continue to face, we can see the future is looking bright for the college!

Another exciting highlight for the college is the successful growth of our Endowment. Jeff Haug, director of development, shared with our faculty and staff at Fall Forum that our endowment fund is currently \$35.7 million. The fund has grown by more than \$15 million since 2013. This is your success also as many of you reading this have contributed gifts to the college (Thank you!). Jeff and Martin Cram, our development officers, have done a great job continuing to spread the importance of private gifts to the college. You will learn more about our development team on page 6.

Lastly, I want to share some program updates. Our physician assistant program is continuing to move towards becoming an accredited program. One year from now, we will be welcoming our first cohort of students! Our other exciting program news was the announcement that the planning stage has begun for the Wichita State University Nursing program to partner with our college and bring a bachelor of science in nursing program to the Manhattan campus. This will be a great addition to campus for both current and future students who otherwise wouldn't have come to K-State because of their desire to attend a school with a nursing program. You can read the full press release on page 18.

As alumni and friends of the college, I want to thank you for your continued support of the College of Health and Human Sciences. Your support allows us to continue to provide top-notch educational experiences for our students.

John Buckwalter

Betty L. Tointon Dean

FOCUS



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College of Health and Human Sciences
Kansas State University
November 2019



hhs.k-state.edu



Family and Consumer Sciences Education students present on the college history during the name change celebration.

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FOCUS Magazine is published twice a year by the College of Health and Human Sciences and the Kansas State University Foundation. Chelsi Medved, events and communications coordinator for the college, writes and edits the magazine. Ella Henton, graphic designer and K-State alumna, manages the design, copy editing and printing. The photography is from private collections, the Division of Communications and Marketing Photo Services and Ray Martinez photography.

PLANNING FOR THE FUTURE

HELPING OUT TODAY

K-State's personal financial planning program prepares students for life outside of the degree, with the help of local businesses.



From left: Martin Seay, personal financial planning program director, Sonya Lutter, School of Family Studies and Human Services director, and Mark Knackendoffel, president and CEO of The Trust Company.

Many people struggle with planning for the future, especially when it comes to their finances. For the student in the personal financial planning program at Kansas State University, working toward helping others make good financial decisions is something they strive to do after graduation.

The goal for the personal financial planning program is to prepare professionals to transform lives through financial planning. This program provides a profession that gives a positive impact to people every day, while also combining business in the financial industry.

"The financial planning program is thriving, as undergraduate and master's degree enrollment has nearly doubled in the last two years. Personal financial planning is perfect for students who have a mind for business and want to work with individuals and families," said Martin Seay, director of the personal financial planning program.

"Some students have had a natural inclination toward investing and stock market analysis, while many have seen how financial planning, or the lack thereof, has impacted their families. They love the idea of getting on the same side of the table as their clients and helping them meet their financial and life goals," Martin said.

This program, in part, is supported by businesses all around Manhattan, Kansas. The Trust Company is one of those businesses.

"The K-State PFP program is growing; it has solid leadership, and its training and production of students is valuable for our company, our industry, the consuming public and the state of Kansas," said Mark Knackendoffel, president and CEO of the Trust Company. "We believe the program has the capacity to provide a strong flow of talented students who may be candidates for positions we need to add as our firm continues to grow."



~100%
**INTERNSHIP &
JOB PLACEMENT**

"The personal financial planning program is such a wonderful program at K-State. The faculty is so caring and truly wants every one of us to succeed. This made the program really stick out to me, and it made me want to be a part of it." — Camrie Wagner



PERSONAL FINANCIAL PLANNING



FOR BUSINESS



FOR PEOPLE

"This program allows us to select top-notch students for internships, who then have an opportunity to work and learn in our own office. They get a chance to see our firm first-hand and learn to appreciate our culture. Likewise, we get a chance to see them in action learning, growing and contributing to that culture," Mark said.

The Trust Company donates to this program not only for the added value of their education and training, but also because they feel this gives the students the best opportunity to excel in this field. "While the available resources and employment income of most students has grown over the years, the costs associated with a university education has grown even more. This is our chance, and perhaps duty, to help fill that gap," Mark said.

"I believe many of these students understand Kansas due to their upbringing here or their conscious decision to reside here. It's a culture that is not easy but it is very subtly satisfying," Mark said.

And it is not just the companies involved that love this program; the students seem to gravitate toward this field as well. "The personal financial planning program is excellent at giving students opportunities to connect with professionals in the field and helping students find out about internship and job opportunities," said Camrie Wagner, a sophomore in the program.

What really sold the program to Camrie, and many other students, is the people that support it. "The faculty is so caring and truly want every one of us to succeed. This made the program really stick out to me, and it made me want to be a part of it," Camrie said.

With companies such as the Trust Company, many students have the opportunity to continue their education and relieve the stress of finances. "This scholarship has helped me to be able to pursue my future goals. I have been able to take the classes required and gain the knowledge needed to obtain my degree. Because of this scholarship, I am able to pursue my desired career," Camrie said. "Receiving this scholarship was such a blessing. I had no idea I was going to be awarded a scholarship, so it was a wonderful surprise that means so much to me."



NATIONALLY RECOGNIZED
CFP® FACULTY



SCHOLARSHIPS AVAILABLE



TOP 3 IN NATIONAL COMPETITIONS

PROFESSIONAL AND CAREER DEVELOPMENT EVENTS



INSPIRING AND GUIDING PHILANTHROPY

WHAT DOES YOUR JOB ENTAIL?

MARTIN: “I work as a development officer, identifying alumni and friends of the college, reaching out to them to see if they have an interest in supporting philanthropic programs at K-State. We utilize different ways of giving, depending on what our donors want to support. Our philanthropic priorities in the college are to raise money for student support, faculty support or departmental/college programmatic support.

JEFF: I view Martin’s and my roles as being out on the road and connecting our college graduates with meaningful things that are happening on campus. We help facilitate the administrative piece of setting up funds and scholarships through a variety of gifting vehicles. We are also able to bring alumni back for campus tours, connect them with faculty members or help them be a part of our mentor program.

ARE YOU ON THE ROAD OFTEN?

JEFF: Yes! Both Martin and I travel quite a bit for our jobs. We each have anywhere from six to eight metro areas that have significant amounts of graduates from our college. Depending on the location, we may visit some of those areas up to four times a year. This allows us to reach out and meet people face-to-face, to thank them for their support to the college. We are also able to share ideas and continue conversations about what it would look like to make a meaningful impact within the college.

WHAT ARE YOUR GOALS FOR THE COLLEGE OF HEALTH AND HUMAN SCIENCES?

JEFF: A major goal for the dean and the college is striving consistently to increase the size of our endowment. That ranges over the entire spectrum — setting up a fund for scholarships, excellence funds for programs and departments, or for faculty positions. The endowment is a big piece that will help us long term to continue to grow and be successful retaining our top students and faculty members.

MARTIN: We are trying to utilize different platforms and mediums to reach out to alumni from the college. One goal is to reach out to alumni in the way they would like to be contacted. Currently, we are expanding how we are engaging with alumni through social media. This is something I have not seen in the history of the college. For example, showing someone who may have supported the apparel and textiles department by providing them with a video of a classroom setup. This allows our donors to see how they impact the college directly.



MEET YOUR DEVELOPMENT TEAM

By Sara Wallace, student communications assistant, KSU Foundation

WHAT IS THE MOST IMPACTFUL EXPERIENCE YOU'VE HAD WHILE WORKING AT THE KSU FOUNDATION?

JEFF: I think it's hard to boil it down to one specific thing, but in general terms what I find so rewarding and gratifying in this role is that I get to form these relationships at a very deep and intimate level with our donors. They are actively choosing to support K-State, whether that is through annual support or by establishing a fund for a specific area or program within our college that is meaningful to them. By assisting them through this process and helping them to see and realize their gift's impact, for me that is the most gratifying piece.

IF SOMEONE IS CURIOUS ABOUT GIVING, HOW DO THEY START THAT PROCESS?

JEFF: I believe that the start of this process begins with a conversation. Martin and I would love to speak with our alumni or meet you each in person to hear your story and learn about what type of impact you are wanting to have with your gift. Many of our donors choose to give over the phone, through the mail or by our online giving page. Our hope by having a conversation is that we can help provide the best gifting advice tailored to your situation and the impact that you are wanting to have on campus.

WHAT IS SOMETHING YOU WANT HHS ALUMNI TO KNOW ABOUT YOU?

MARTIN: Jeff and I both live here in Manhattan, we have frequent interactions with the dean, faculty members on campus, and we're a direct extension for the college. I would like them to know that we are here to be a resource for them and that we want to be the people who serve as their connector back to the college.

CONTACT

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CONGRATULATIONS TO OUR FALL 2019 OUTSTANDING SENIORS!

The **Engagement Award** is given to graduating seniors who have made exemplary contributions that impact the well-being of the community or individuals in the community.

ENGAGEMENT WINNERS:

Megan Herpich
Manhattan
Kinesiology

Taylor Rusche
Seneca
Early Childhood Education

Jessie Carr
Pleasanton
Human Development and Family Science

Heather Wooden
Virginia Beach, Virginia
Dietetics

Katharyn Roe
Herington
Nutritional Sciences

Kylie Horsch
Andale
Nutritional Sciences

Brooklyn Plot
Salina
Communication Sciences and Disorders

The **Leadership Award** is given to graduating seniors who have exhibited excellence in leadership, contributing to campus, college, program and/or professional organizations.

LEADERSHIP WINNERS:

Jena Winkler
Sabetha
Kinesiology

Morgan Ziegler
Junction City
Personal Financial Planning

Shelbi Emling
Chanute
Human Development and Family Science

Taylor Capko
Port Arthur, Texas
Gerontology

Claire Tritschler
Bel Aire
Nutrition and Health

Lexi Becker
Wichita
Communication Sciences and Disorders

The **Research/Creative Inquiry Award** is given to graduating seniors whose research or creative activity have made a significant contribution to his or her field of study.

RESEARCH/CREATIVE INQUIRY WINNERS:

Timothy Cale Hepler
Olin, North Carolina
Kinesiology

Shelbie McLain
Shawnee
Human Development and Family Science

Alyssa Graber
Wichita
Communication Sciences and Disorders

2019 STUDENT COMMENCEMENT SPEAKER

Claudia Woodard
Cibola, Texas
Dietetics



SCHUMM

CELEBRATION

The College of Health and Human Sciences welcomed 11 alumni and friends to Justin Hall for the annual Celebration of Excellence to recognize their contributions to the college, devotion to their area of specialization and the difference they make in people's lives.

DISTINGUISHED SERVICE AWARD

Zoe Schumm - 2011 B.S. apparel and textiles. Zoe Schumm is a designer and social entrepreneur. She is the founder of the fair trade apparel brand "4 All Humanity", which has empowered hundreds of workers worldwide and aids in providing education for girls in Guatemala.



JOHNSON

DISTINGUISHED RESEARCH AWARD

Matthew Johnson - 2012 Ph.D. marriage and family therapy. Matthew Johnson is an associate professor in family science at the University of Alberta. His research focuses on understanding the development of couple relationships. He is a co-director of the Edmonton Transitions Study (ETS) and is working with data from the German Family Panel, Pairfam, which is the largest study of families in the world.



SIEBEN

ENTREPRENEUR AWARD

Scott Sieben - 2011 B.S. hotel and restaurant management. Scott Sieben is the owner and operator of Mr. K's Café and Bar in Manhattan. He and his wife purchased the business after they saw a need for a local restaurant and bar on the west side of town that offered a unique menu. In 2015, they added Mr. K's Mobile Kitchen and in 2018, the Siebens purchased Kite's Bar and Grill in Aggieville.

EXECUTIVE LEADERSHIP AWARD

Kyra Dreiling - 2005 B.S. apparel and textiles. Kyra Dreiling is the director of retail operations for Champion Teamwear, formerly GTM, in Manhattan. She joined the company in 2005 and has held a variety of positions in buying, store operations and management. Dreiling managed the internal buildout in 2013 of the brick-and-mortar K-State Super Store at Bill Snyder Family Stadium and led the construction project for the flagship location on McCall Road in 2014.



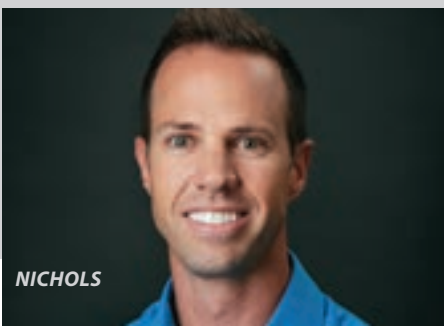
DREILING

FRIEND OF THE COLLEGE

IIDA Mid-America Chapter - The International Interior Design Association Mid-America Chapter is the commercial interior design association serving Kansas City, Wichita and surrounding communities. Through meaningful and relevant programming, events, information and data, IIDA addresses the business needs of design professionals, firms and industry affiliates, while providing support and connection to educators and students.



Jarrold Nichols - Jarrold Nichols is a chiropractic physician, entrepreneur and innovator. He opened Nichols Chiropractic, PA in 2005 with the vision of becoming a leading alternative healthcare option for the Manhattan community by offering diverse, individualized chiropractic care. In 2006, he established Nichols Therapy Systems, LLC, an enterprise created to research, design and develop state-of-the-art therapy technologies and protocols to assist the modern physical medicine specialist in treatment and prevention of common postural conditions, most notably cervical curve loss and forward head posture. The patented iTrac® is Nichols Therapy Systems' flagship project and is the only computerized system currently available delivering gentle, effective spine remodeling therapy to the cervical spine for the purpose of restoring the cervical lordosis and correcting forward head posture.



NICHOLS

OF EXCELLENCE

PUBLIC ADVOCACY AWARD

The Crisis Center - The Crisis Center was incorporated in 1981 to provide free, confidential services to sexual assault and domestic violence victims residing in Clay, Geary, Marshall, Pottawatomie and Riley counties, including Ft. Riley. The center provides 24-hour toll-free crisis hotlines, 24-hour face-to-face crisis intervention, supportive counseling, support groups (both for adult victims and for children who witness domestic violence), advocacy (including civil- and criminal court advocacy), case management and safe shelter for victims and their dependent children.

Vickie James - 1976 B.S. dietetics. Vickie James is a healthy eating/active living consultant with her own private practice, C.H.A.N.G.E4Good. She is a nationally recognized facilitator in the field of school wellness and child nutrition and has worked with hundreds of schools and community health programs across the country. James recently established an appointed Food and Farm Council of Riley County and the City of Manhattan, which serves as advisors to both city and county commissioners, and looks to improve issues such as food insecurity, food recovery, nutrition education and access to local healthy foods.

COLLEGE PARTNER AWARD

Karen Hibbard - Karen Hibbard is the vice president of the Manhattan Area Chamber of Commerce and executive director of the Manhattan Convention and Visitors Bureau. She has taken part in many things contributing to the growth surrounding the Manhattan area, including being the founding member of the Flint Hills Tourism Coalition. Hibbard serves as a voice on several tourism issues both locally and statewide, including representing tourism on the Kansas State Fair Board of Managers.

Jim Haney - Jim Haney currently serves as the senior director, human resources business partner for Williamson-Dickie NORA where he partners with senior business leaders in developing and supporting business strategies through organizational design and human capital management. He joined Williamson-Dickie in February after 11 years with the Lee Brand, a former division of VF Jeanswear Limited Partnership based in Merriam, Kansas.

The Trust Company - The Trust Company, an independent wealth management firm, provides financial planning, portfolio management and fiduciary administration services to individual, family, business and institutional clients. The firm opened its doors in 1992 and currently has five locations in three states, a professional staff of more than 30 employees, and assets under management exceeding \$1.1 billion.



In 2019, traditional college students don't think twice about taking courses online. They have taken tests and turned in assignments digitally long before they ever get to college. For these students, online learning is a standard piece of the educational puzzle.

But even 25 years ago, the idea of offering a degree online was at worst a risky proposition, and at best, an experimental idea for most institutions. In the case of K-State, developing its first online degree started with a partnership.

The year was 1995, and most households still lacked the internet. K-State Global Campus, then known as the Division of Continuing Education, had been delivering coursework to students at a distance since the 1960s, but had used other audio/visual mediums to transmit course materials, including VHS tapes and later DVDs.

K-State's Department of Hotel, Restaurant, Institution Management and Dietetics had secured federal funding to offer a bachelor's degree in dietetics through distance education in the state of Kansas. Over time, the conversation turned to potentially taking the degree online and making it more widely available. The department began working with Global Campus and shortly thereafter launched K-State's first online degree.

The program started small but grew steadily, ultimately becoming one of K-State's most prominent online degrees among a catalog of nearly 100 offerings. It also provided a blueprint other programs at K-State would soon follow in a quest to expand the reach of the university nationwide and across the world.

This type of collaboration has been the starting place for K-State's rapid foray into the world of online education. For more than 50 years, Global Campus has worked tirelessly to extend education to place-bound students and adult learners, and the College of Health and Human Sciences has been an invaluable partner in providing quality programs that meet the needs of learners.

"The College of Health and Human Sciences has always been willing to think creatively and innovate with us," said Global Campus dean Karen Pedersen. "The college's commitment to expanding the reach of its programs in the state of Kansas and beyond is vital to our land-grant mission and we appreciate the opportunity to partner with them."

Since launching that first degree program, the College of Health and Human Sciences has shown its commitment to reaching those who can't otherwise be at one of the three physical K-State campuses. As an early adopter to online learning, the college now has a robust offering of programs and degrees that sets it apart from its peers, while also allowing the college to showcase its excellence on a global stage.

Part of that growth stemmed from the creation of a consortium of similar institutions known as the Great Plains Interactive Distance Education Alliance (Great Plains IDEA).

In pooling faculty resources with like-minded institutions from the region, K-State was able to offer a large number of online master's degrees, many from the College of Health and Human Sciences. K-State's Institute of Personal Financial Planning, which now offers a full suite of online programs and is known nationally for its excellence, began as a part of Great Plains IDEA.

"I am proud to serve as dean of a college that is willing to be innovative and creative in the delivery of its academic programs," said John Buckwalter, Betty L. Tointon dean. "The distance education programs offered by the College of Health and Human Sciences are a great example of how innovation and creativity are put into action to serve the educational needs of the people of Kansas and the nation."

Currently, more than 650 students are enrolled in one of the College of Health and Human Science's more than 25 online degree programs, and that number is projected to grow over the coming years. This success can be directly attributed to the college's decision more than two decades ago to push the boundaries of the traditional education experience and introduce the university's first online degree program. This emphasis on innovation has endured all the way into 2019 and beyond.

With a strong partnership with Global Campus still in place, what comes next is anyone's guess. But if history is any indicator, the future is bright.

K-STATE GLOBAL CAMPUS

UNDERGRADUATE PROGRAMS

- Dietetics
- Early Childhood Education
- Hospitality Management
(degree completion program in conjunction with K-State Olathe)
- Human Development and Family Science
- Nutrition and Health
- Personal Financial Planning

GRADUATE PROGRAMS

- Dietetics
- Early Childhood Education
- Family and Community Services
- Gerontology
- Hospitality Administration
- Merchandising
- Nutrition, Dietetics and Sensory Sciences
- Personal Financial Planning
- Youth Development

CERTIFICATES

- Community Health
- Conflict Resolution
- Financial Therapy
- Gerontology
- Health Coach
- Human Services Administration
- Kansas Insurance
- Personal Financial Planning
- Youth Development



Celebrating Health and Human Sciences



Andrew Horn, Ramona Weber and Kiana Schulze, graduate students in kinesiology, enjoy refreshments during the celebration.



Janine Duncan (center), assistant professor in family and consumer sciences education, poses with her students who presented on the college's history during the celebration.



Carolyn Roby, 1949 graduate, stands with Dean Stowe's protest shirt from 1990.



Martin Seay (left), personal financial planning program and Martin Cram, HHS development officer.



Barbara Anderson, Apparel, Textiles, and Interior Design department head, visits with Katie Parker and Aaron Feldkamp.

IN THE FIELD

As part of a transformational learning experience, students are encouraged to put their classroom knowledge to work in real-world experiences. Learn about some of the internships our students completed this summer.

SAMANTHA CLARK

4th year



Major: Athletic training
Internship: LA Chargers, Los Angeles, California
Dream Job: athletic trainer for Division 1 or professional football team

Why did you choose this internship? I applied for an NFL internship for the experience it would bring, as well as the networking component. An experience like this is hard to come by, but such a fun thing to do.

What were a few of your favorite memories from your internship? I spent 2 months with 8 other people. We literally got to do everything together, which got to be really intense, but it was also so cool to have formed that kind of bond. We learned from each other in more ways than just athletic training. Getting the opportunity to work with NFL athletes and work preseason games was a highlight, as well.

What was the biggest takeaway you got from completing an internship? Everything is made easier when you show up and do your best. The amount of people I met through this that are significant in places I could only dream of being, that now know my name and what I am capable of has taken so much stress out of looking into my future. Connections with these people have taught me so much and will continue to be utilized.

What piece of advice would you give to a fellow student regarding internships? DO it. Applying for them doesn't hurt at all. It gets your name across so many desks and you can get feedback from people who are in a position you dream of being in. Take the chance.

What additional information would you share? This experience taught me more in 8 weeks than I have learned in 3 years of college. About athletic training, about life, and about how to be a functioning adult.

Why did you choose this internship? It was interesting because it was a different aspect of healthcare, it was more outreach and education based than medical based.

What were a few of your favorite memories from your internship? Getting to travel all over the state of Kansas with my coworkers and getting to stop and see different Kansas landmarks.

What was the biggest takeaway you got from completing an internship? I learned how to work with a group of people as a team and created great networking skills!

What piece of advice would you give to fellow students regarding internships? No matter your age, if you want to experience an internship and you find the opportunity, take it. It will be life changing and you will learn so much.

Major: Kinesiology
Internship: University of Kansas Cancer Center-Midwest Cancer Alliance, Kansas City, Kansas
Dream Job: Professional sports team physical therapist

SYDNEY RETTIG

2nd year



TAKAYUKI KIJIMA

5th year

Major: Athletic Training

Internship: New England Patriots, Foxboro, Massachusetts

Dream Job: Working in professional setting in either the MLB or the NFL

Why did you choose this internship? My dream is to work with professional teams. I wanted to have connection and experience regarding to professional setting. In this way, I would get more chance for future employment in professional teams.

What were a few of your favorite memories from your internship? Every single tiny moment that I interacted with super stars in football.

What was your biggest takeaway you got from your internship? Even though this is an athletic training internship, I learned a lot of work ethic and life lesson in general.

What piece of advice would you give to a fellow student regarding internships? Don't be passive, be active. Make as much of a connection as possible.



Major: Athletic Training

Internship: Oakland Raiders, Napa and Oakland, California

Dream job: Athletic trainer for NFL team



Why did you choose this internship? I knew this internship would be a very exciting opportunity to learn how the sports medicine team works at the NFL level.

What were a few of your favorite memories from your internship? My favorite memories from being with the Raiders were working alongside some amazing athletic trainers as well as elite athletes. I also got to work on the sideline during three NFL preseason games and travel to Seattle and Canada with the team.

What was your biggest takeaway from your internship? I got to learn first-hand how an NFL sports medicine team runs and learn from athletic trainers and doctors with years of experience. I also made important connections that will be useful as I start my career.

What piece of advice would you give to fellow students regarding internships? I would encourage any student to find an internship that interests them. You learn so much valuable information that you can't gain from being in a classroom.

WESLEY 4th year
HULLINGER

JESSICA REYES

5th year



Major: Hospitality Management
Internship: Red River Revel, Shreveport, Louisiana
Dream Job: Event Planner for a sporting complex in Kansas City or Dallas

Why did you choose this internship? I was looking for something out of my element. I wanted to be a part of an organization with tons of tradition and fun! I had never been to Louisiana and was hoping to gain more knowledge of event planning from a very successful company. The Revel has been Reveling for 44 years!

What were a few of your favorite memories from your internship? I was able to help plan the annual Shreveport Farmers' Market every Saturday for 10 weeks. I met many different vendors who had such a passion for their farms and products. I also attended a fashion show with my boss where I got to network within the community and meet the Mayor of Shreveport. I was able to assist in planning the 44th Red River Revel Arts Festival that is currently going on. It started September 28th and goes until October 6th. I was selected to attend a Google seminar where I learned how to verify a company on Google as well as many more exciting opportunities!

What was the biggest takeaway you got from completing your internship? Networking and supporting other companies and businesses within your community. No matter where you work or what city you are in it is extremely important to support other event planners and companies. If you show your support and are well known and liked within your community, others will also support you.

What piece of advice would you give to fellow students regarding internships? Go for something out of your comfort zone! Although it can be scary or challenging, the personal growth and knowledge will benefit you for life. I will forever be grateful for the opportunities I was given during my internship.

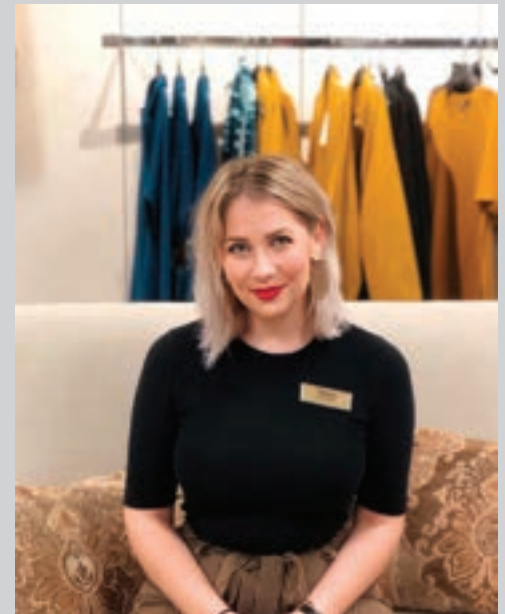
What additional information would you share? If you are an event planning student the Red River Revel is now welcoming Kansas State Interns. They enjoyed having me there so much and having a fresh, young mind on their team that they now would love the opportunity to work with more students from Kansas State in the future.

Why did you choose this internship? I loved the company culture of Dillard's and all the opportunities to grow within the company.

What were a few of your favorite memories from your internship? I loved working with such an amazing team of managers, meeting with other professionals in the industry, and organizing events such as a back-to-school fashion show in our children's department!

What was the biggest takeaway you got from completing an internship? Learning how to navigate in the professional world while using the skills and knowledge from my classes here at K-State was very rewarding. I am even developing a personal styling program for the store using skills I learned in classes such as Dress & Human Behavior, Fashion Forecasting, and Apparel Aesthetics.

What advice would you give to fellow students regarding internships? When entering the professional world, don't sit back and wait for opportunities to arise. Go out and ask for them. From staying on at Dillard's to solidify a career when I graduate, to developing an in-store program, I could not have achieved it if I didn't speak up.



Major: Apparel and Textiles, apparel marketing specialization
Internship: Dillard's Towne East, Wichita, Kansas
Dream Job: Corporate Retail Management or Department Store Buyer

MADDISON CARTWRIGHT

5th year

CAROLINE LASSMAN 4th year

Why did you choose this internship? I was so excited when I received the offer for this internship! Micaela Erlanger is a celebrity stylist who works with Meryl Streep, Lupita Nyong'o, Shailene Woodley, and more. She is a very respected woman in the industry so I was thrilled when given the opportunity to intern for her. I also have always wanted to move to New York City so wanted to complete an internship there in order to get a better idea of what living and working there would be like.

What were a few of your favorite memories from your internship? My favorite memory from my internship was definitely delivering Shailene Woodley her Good Morning America look. I was able to bring her garment straight to her hotel, meet her and chat for a bit. It was really cool to see her on the show wearing an outfit that I hand-delivered to her. Another one of my favorite memories was getting to shop for hair scarves for a client and then seeing her wear the one I chose while on her honeymoon.

What was the biggest takeaway you got from completing your internship? I think the biggest takeaway from my internship was learning how to take initiative. The fashion industry is definitely tough but being a self-starter gives you a bit of a leg up. The ability to take on tasks without being asked was one of the most important things I learned and helped me to succeed in my daily tasks.



What piece of advice would you give to fellow students regarding internships? My best piece of advice would be to just go for it! So many people say they don't think they could get an internship in a big city so they don't even try, but I promise it is way more likely than you think. I also applied to nearly 50 internships before I accepted the one with Micaela, so keep trying! If you show your dedication and willingness to get there, they'll see it.

Major: Apparel and Textiles, marketing specialization
Internship: Micaela Erlanger Studios, New York City, New York
Dream job: working for a fashion magazine or to be a stylist in NYC

Why did you choose this internship? I chose this internship because of the opportunities and experience I felt I would gain from working with the Champion brand.

What were your favorite memories from your internship? I really enjoyed learning more about Technical Design. It made me realize the direction I want to specialize in for my career in this industry. One fun memory I have from my internship was while I was working on making paper pattern adjustments when one of the breakers outside blew and all of the electricity went out. The patterns I was working on needed to be sent out that day to the manufacturer so my supervisor held the flashlight on her phone above me while I continued to work. We were able to get the comments out on time but still had fun with it while working in the dark.

What was the biggest takeaway you got from completing an internship? My biggest take away from the internship was seeing how every single department is important in order for a company to be successful in this industry. We learn about supply chain, marketing, and design in school. However, to see it in action was the best way for me to learn and understand what it is that each role does and how it can determine the success of meeting deadlines, budgets, or consumer market.

What additional information would you share about your internship? I really enjoyed working with Champion Teamwear. It is a great atmosphere full of very talented people who love the brand and product they are working on! I gained experience that I could have never imagined possible as an intern and was given responsibilities that made me feel like I was making a difference in the products being produced.



Major: Apparel and Textiles, apparel and design production specialization
Internship: Champion Teamwear, Manhattan, Kansas
Dream Job: fabulous fashion designer who makes affordable custom looks for all body shapes and sizes

MIRANDA LORENZ 5th year

COLLEGE AWARD WINNERS

The College of Health and Human Sciences recently awarded three college-level awards to three faculty members. These awards are voted on by fellow faculty peers in the college.

Junehee Kwon, professor of hospitality management, was named the Dawley-Scholer Award for Excellence in Student Development. This award recognizes and rewards outstanding achievement in the area of student development resulting in the personal, professional and educational growing of one or more undergraduate and/or graduate students. Kwon's key philosophy of student development is the idea of community. She works with graduate students to help them develop a community setting where they can help one another accomplish their professional goals.

Richard Rosenkranz, professor of food, nutrition, dietetics and health, was awarded the Faculty Research Excellence Award, which recognizes superior accomplishments in research, scholarly and creative activities, and discovery. Rosenkranz has spent the last 5 years working with a regional Girl Scouts council to address healthful eating, physical activity and obesity prevention among school-age girls in 22 counties in northeast Kansas. Over the course of the multiple project phases, hundreds of troop leaders have participated in wellness training, with subsequent impact on more than 1,000 girls and their parents.

Linda Yarrow, instructor of food, nutrition, dietetics and health, is the recipient of the Myers-Alford Teaching Award. This award is presented to a faculty member who has demonstrated outstanding ability not only in teaching undergraduate and/or graduate students, but also in providing valuable information to colleagues, peers and other practitioners in the field. Yarrow values preparation and passion not only for herself, but also for her students. Her goal is to inspire her students to be passionate about the subject matter and helping others. Using real-life examples and case studies, she challenges students to use the knowledge they have gained and apply it to actual scenarios in order to achieve positive outcomes.

JAMIE BOSSE DELIVERS FALL COMMENCEMENT ADDRESS

Jamie Bosse, certified financial planner with Aspyre Wealth Partners, delivered the fall 2019 commencement address. Since 2004, Jamie has provided financial guidance and education to a diverse clientele of individuals and families in her role as a Certified Financial Planner®. She helps her clients maneuver through life's transitions and overcome and anticipate any potential roadblocks along the way. Jamie finds it extremely rewarding to see people organize their financial lives, maximize their human capital, and get closer to their life goals.

Jamie has a passion for mentoring and financial literacy for all ages. She is the author of the children's book, *"Milton the Money Savvy Pup: Brings Home the Bacon."* She enjoys teaching parents how to talk to their kids about money in the hopes that they will grow into financially responsible adults. She is actively involved in the Kansas State mentorship program and has served on the board of the Personal Financial Planning Program at Kansas State since 2014.

She loves sharing helpful financial articles and has been featured in the Kansas City Star, KC Parent, The Journal of Financial Planning, Manhattan Neighbors, The Register, Solutions, Investment News, and Investment Advisor Magazine.

Bosse received her bachelor's degree in personal financial planning from K-State in 2004 with a minor in business administration. She obtained the Certified Financial Planner™ certification in 2008.

FOUR FACULTY MEMBERS RECEIVE TOP HONORS FROM THE UNIVERSITY

David C. Poole, university distinguished professor in kinesiology, was named the 2019-2020 Coffman Chair for University Distinguished Teaching Scholars. Poole will spend his year as Coffman chair evaluating which practices of the Association of College and University Educators are producing the best results with Kansas State University students, including those who go on to professional schools. The analysis will survey the up to 160 K-State faculty members who have completed or are currently enrolled in the Association of College and University Educators course to improve teaching and learning.

KWON



ROSENKRANZ



YARROW



BOSSE



Stephen Copp, assistant professor in kinesiology was awarded the 2019 Commerce Bank and W.T. Kemper Foundation Undergraduate Outstanding Teaching Award. Copp teaches the undergraduate courses Physiology of Exercise and Neurological Exercise Physiology. He also is co-director of research in the Cardio-Oncology and Autonomic Physiology Laboratory in the kinesiology department. He is the recipient of a National Institutes of Health grant to research blood pressure control in cardiovascular disease. Copp's philosophy is that his classroom is an extension of his research laboratory, and he makes it a point to bring new and cutting-edge information to his students.

Brianna Nelson Goff, professor in the School of Family Studies and Human Services, was awarded the 2019 University Distinguished Faculty Award for the Mentoring of Undergraduate Students in Research, which recognizes outstanding individual contributions to the development of undergraduates in research projects at Kansas State University. In 2018, Goff oversaw three research teams under the Couple and Family Functioning in Special Populations program, which focuses on the effects of crisis and trauma on individual, couple, family, and community systems.

Amber Vennum, associate professor in couple and family therapy, was awarded the K-State Excellence in Engagement Award, which is sponsored by the Office of the Provost and the Center for Engagement and Community Development at K-State. The Excellence in Engagement Award highlights excellence in faculty or staff who engage in scholarship via research, teaching or outreach. The recipients demonstrate innovative and sustained efforts in university and community engagement. Vennum's project, Kansas Alliance for Healthy Positive Schools, or KAHPS, has resulted in collaborations and partnerships aimed at addressing unmet mental and relationship help needs of students and their families in area school districts. Through the partnerships with area schools, the program has established free school-based therapy for students and their families; conducted needs assessments to inform priorities; developed a trauma-informed classroom management approach; provided trainings for teachers and school staff on mental health and relational issues; collaboratively sponsored parent engagement nights; and received federal funding to implement a healthy relationship curriculum.



POOLE



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APPAREL AND TEXTILES STUDENT SELECTED TO SHOWCASE CLOTHING COLLECTION AT KANSAS CITY FASHION WEEK

Gracie Key debuted her design collection during Kansas City Fashion Week held at Union Station in Kansas City, September 15-21. Each season, KCFW gives students from across the nation an opportunity to showcase their own collections on the runway. "I am so grateful to have had the opportunity to participate in KCFW. Through this journey, I have been able to meet so many new people and experience a new and exciting perspective of the fashion industry," said Key.

Key, a junior from Louisburg, has been designing and constructing clothes from a young age and aspires to continue her work throughout her life. Her brand, GK Designs, is a women's wear designer brand that is sustainable and also affordable. The mission of her brand is to help young women discover the power of confidence through fashion. Being a young designer, she understands the struggle of keeping a positive body image in today's society and feels fashion is a great way for people to express themselves. She wants to help consumers find empowerment in their clothing choices, rather than basic trends.

Her KCFW collection, The Kennedy Collection, is a modern take on vintage fashion. "My inspiration came from Jackie Kennedy Onassis," said Key. "Not only was she a fashion icon, but she also was known to carry herself with grace and elegance wherever she went, and that is exactly the kind of confidence I want to give young women. Onassis' quote 'Once you can express yourself, you can tell the world what you want from it' was a huge inspiration to me and perfectly embodies the meaning behind my collection."





Wichita State University's College of Health Professions leadership and K-State's College of Health and Human Sciences leadership.

WICHITA STATE UNIVERSITY AND KANSAS STATE UNIVERSITY ENTER PLANNING PHASE FOR A WSU SATELLITE BSN PROGRAM ON K-STATE CAMPUS

Submitted by Communications and Marketing

The current shortage of registered nurses in Kansas and the nation is expected to increase in the next decade, and the Institute of Medicine recommends that 80 percent of registered nurses, or RNs, obtain a Bachelor of Science in nursing, or BSN, by 2020. In response to these concerns, Wichita State University and Kansas State University have combined resources and started the planning phase of a program that will give students the opportunity to earn both a Bachelor of Science from the College of Health and Human Sciences at K-State, and a Bachelor of Science in nursing from the College of Health Professions, or CHP, at WSU. Both degree programs will be based in Manhattan. A memorandum of understanding was signed by administrators of each university on Aug. 30 to officially initiate the planning phase, which will culminate in an application to the Kansas State Board of Nursing for the satellite program.

"The satellite BSN program will be a wonderful addition to our well-established, quality programs in the School of Nursing," said Sandra Bibb, dean of the WSU College of Health Professions. "Our college is committed to leading change in health care education and this initiative furthers our mission to improve the health of our community in Kansas and beyond."

"Our land-grant mission is to serve the well-being of our communities, and this unique partnership, which will bring WSU's excellent nursing program to our campus, will do just that," said Charles Taber, K-State provost and executive vice president. "Through this program, we will serve the demand for a nursing major at K-State, as well as the growing demand for nurses in Kansas and across the nation."

Students will enroll in K-State's College of Health and Human Sciences for the first three years and, if accepted into WSU's nursing program, will be WSU students on the K-State campus for the following two years. Students will receive access to all K-State student amenities throughout the program.

John Buckwalter, Betty L. Tointon dean of the College of Health and Human Sciences, said the program will bring great things to K-State. "We are extremely excited about developing this program with WSU," he said. "We have students on campus who aspire to be nurses and many more who would have come to K-State if we had a nursing program. This partnership with WSU allows students to graduate from K-State and complete a bachelor's degree in nursing through WSU in Manhattan, Kansas."

Rick Muma, WSU provost added, "The students in Manhattan will receive the high-quality education and applied learning experiences WSU is known for, while ultimately improving the quality of care for patients. This partnership is an innovative collaboration that will serve our students and help meet the health care needs of Kansas."

For questions regarding the program, contact Vonnella McCleary-Jones associate dean of the WSU College of Health Professions and chair of the school of nursing, at vonnella.mccleary-jones@wichita.edu, or Shawna Jordan, assistant dean of the K-State College of Health and Human Sciences, at hhs@k-state.edu.

SONYA LUTTER NAMED PERMANENT DIRECTOR OF THE SCHOOL OF FAMILY STUDIES AND HUMAN SERVICES



Sonya Lutter, professor of personal financial planning, has been named permanent director of the School of Family Studies and Human Services after serving as the interim for a little more than a year. Her official appointment began on October 20.

"The search committee received strong endorsement from faculty and staff supporting the appointment of Dr. Lutter as the next Director of the School of Family Studies and Human Services," said Michelle Toews, associate dean and search committee chair. "Dr. Lutter's background in both counseling and financial planning, coupled with her desire to build community, are major strengths she will bring to this position."

Lutter received her bachelor's and master's degrees from Kansas State University and her doctorate from Texas Tech University.

Lutter is a Certified Financial Planner™ professional with training in marriage and family therapy.

As a researcher and teacher of financial planning and financial therapy, Lutter explores the role of money in couple relationships, families and for the individual. Her research on money arguments and their influence on relationship satisfaction and divorce and has been referenced in the New York Times, the Wall Street Journal, Kiplinger's, and Yahoo! Finance to name a few. Her developmental work in the emerging field of financial therapy is summarized in *Financial Therapy: Theory, Research, and Practice* with co-editors Drs. Brad Klontz and Kristy Archuleta. Sonya has applied her research over the last 10 years into a Love and Money curriculum and forthcoming book for young couples.

She has been active in promoting financial literacy and financial well-being on campus, working with multidisciplinary teams to focus on first-generation students, food insecurity, and veterinary and pre-veterinary students. Sonya's work at the financial counseling centers at Texas Tech University and Kansas State University have guided her effectiveness of financial counseling research agenda. Her work with college financial counseling programs culminates with a co-edited book with Dr. Dorothy Durband titled, *Student Financial Literacy: Campus-Based Program Development*.

"I am extremely excited to have Sonya as the director of the School of Family Studies and Human Services," said John Buckwalter, Betty L. Tointon HHS dean. "She has done an excellent job as interim director and I fully expect that high level of performance to continue as permanent director."

"The School of Family Studies and Human Services has a bright future. Our programs address relational issues across the lifespan and are great careers for students wanting to help people achieve their goals in a variety of areas including improved relationships, speech development, personal finances, and so much more. I am honored to represent the School going forward," said Lutter.

The School of Family Studies and Human Services offers a variety of programs that are dedicated to making a difference in people's lives. Programs offered include: applied family science, communication sciences and disorders, conflict analysis and trauma studies, conflict resolution, couple and family therapy, early childhood education, family and community services, human development and family science, life span human development, personal financial planning and youth development.

HAPPY
&
HOLIDAYS

from the student ambassadors
of the College of Health and
Human Sciences

