

FOCUS

ALUMNI NEWSLETTER/SPRING 2008



**Inspired
Researcher
Works to
Wipe out
Cancer**

4
pg

LETTER FROM THE DEAN



Dean Virginia Moxley, Ph.D.

The K-State College of Human Ecology has been an influential presence in higher education since its earliest days. In this issue of FOCUS, you will read about alumni and faculty members who are advancing the core value of this college — a concern for human significance.

As you read about Betty and Ron Miner and Betty and Dale Allen, you will find that these K-Staters credit the University and the College with providing a solid foundation for their future successes. Now they are giving back — creating opportunities for future students to gain a solid foundation for their professional ventures.

You will also read about faculty members Chuck Smith and George Wang. On the surface, their work seems to have little in common. Dr. Smith is creating a documentary on the impact of National Guard and Reserve deployment on children and families. Dr. Wang is seeking a cure for cancer. Yet, as divergent as their scholarly paths are, each of these faculty members works from a shared dedication to improving human life, right here, right now.

I cannot heap enough praise on the alumni and friends who enabled the College to soar past our fundraising goal in the recently completed Changing Lives Campaign. Gifts to that campaign have allowed us to expand services to families and children in the Campus Creek Complex, to maintain and enhance current facilities, to plan for a major and much-needed expansion to Justin Hall, to fund faculty of distinction positions, and to significantly expand scholarship support for our students. In April, the University will celebrate the conclusion of the Changing Lives Campaign — I'm already celebrating every day as I see the impact these gifts are having on our students and faculty.

Thank you for your continued interest in and support of the College. To keep up with our work, please visit the Dean's blog at www.humec.k-state.edu where I post information about activities and accomplishments of Human Ecology students and faculty.

Sincerely,

A handwritten signature in black ink that reads "Virginia Moxley". The signature is written in a cursive, flowing style.

Virginia Moxley, Ph.D.
Dean

2008 College Calendar

March 6-7

4th Annual Culinary
Enhancement Workshops

April 11

34th Annual Shugart Lecture
(Contact canter@k-state.edu)

April 11

12th Annual Travel and Dining Auction
(Contact pesci@k-state.edu)

April 11-13

Changing Lives Campaign Celebration
(see story, page 3)

April 19

All-University Open House

April 23-25

50th Alumni and Golden K Reunion

May 16-17

Commencement

October 17

Legacy of Excellence Celebration

Please visit www.humec.k-state.edu
for updates and information!

Faculty and Staff Recognized for Leadership on Campus

College honored for highest level of support for 2007 All-University Campaign

Since 2000, K-State and the College of Human Ecology have been up to something big. Very big. K-State's \$500 million Changing Lives Campaign is wrapping up, and the College of Human Ecology lived out its motto to "focus first on people" by supplementing the extraordinary generosity of alumni and friends with outstanding financial support from faculty, staff and students. In fact, the College was officially recognized by K-State president Jon Wefald and KSU Foundation CEO Gary Hellebust for its efforts in a ceremony on Nov. 14 in Justin Hall.

The Changing Lives Campaign helped ensure student success through scholarships, fellowships and leadership opportunities. It aided K-State in attracting and retaining outstanding faculty members, and it provided support for enhanced facilities and technological infrastructure.

One component of the Changing Lives Campaign was the All-University Campaign, which encouraged faculty and staff to join alumni and friends in investing in the future of K-State. The University community responded to this year's effort with commitments of over \$1.3 million.

The College of Human Ecology won the All-University Campaign Excellence Award for the outstanding participation of its faculty and staff. The College was judged on several criteria, including engagement across all groups in the College; inspiration, camaraderie and motivation to participate; and the personalization of the appeal.

In October, at the Legacy of Excellence event, Gayle Doll, director of the K-State Center on Aging and co-chair of the 2007 All-University Campaign, thanked alumni and friends for their investment in the Changing Lives Campaign.

"As a faculty member who directly benefits from your generosity, I'm here to say, on behalf of my many colleagues, thank you! We literally couldn't do it without you!" Doll said. She continued:

"Did you know that 75% of the faculty and staff of the College of Human Ecology also gave to the Changing Lives Campaign? I want you to know the faculty in this college also share your commitment to its future. Our percentage of giving is the highest of all nine colleges in the University!"



K-State president Jon Wefald with campaign leaders Denis Medeiros, Joy Kozar, Gina Jackson and Gayle Doll as they receive the award

It was this level of participation and leadership that helped win the Excellence Award for the College. Gina Jackson, administrative specialist, Joy Kozar, assistant professor, and Denis Medeiros, associate dean, professor and department head, served as College representatives for the campaign.

The K-State student body also answered the call with their own fundraising campaign, K-State PROUD. Human Ecology faculty and staff supported the students' efforts with funding and opportunities to spread the word about the campaign within the College. K-State PROUD raised over \$70,000 for K-State students.

The campaign, a seven-year effort, officially wrapped up December 31, 2007, and will culminate in a celebration of its success April 11-13, 2008.



• human nutrition researcher works to wipe out cancer

Understanding how foods and
exercise impact health are key

Associate professor George Wang with
students Yu (Joyce) Jiang and Rita Perez



Cancer. Few words dredge up more fear, pain and anxiety. Few of us completely escape its devastation, to ourselves or our families. And few of us have the knowledge, talent and persistence to contribute to its eradication.

But George Wang does.

Wei-qun “George” Wang, associate professor of human nutrition, is figuring out how we can beat cancer with what we eat or how much we move. Technically, he investigates the molecular mechanisms of weight control and certain natural chemicals on cancer prevention.

One aspect of his research focuses on the cancer-fighting properties of phytochemicals such as isoflavones (found in many soy products), lignans (found in cereal grains such as wheat) and flavonoids (found in citrus fruits, green tea and many other sources).

“We generally say cancer is a genetic disease, because some genetic mutation causes cancer initially,” Wang said. “However, there are also environmental factors — including nutritional factors such as the food you eat — that affect it as well.

“It’s a complicated disease. Of course, we have to focus on something; we can’t study everything. But we don’t want to miss anything because many factors contribute.”

Another aspect of his research looks at exercise and calorie restriction.

“So far, the most potent and reproducible means proven to prevent cancer is calorie restriction. Also, that’s the only nutritional way that’s proven to extend the lifespan. But application is really difficult! You can’t expect people to eat less every day,” Wang said.

So he’s trying to determine whether a person could burn enough calories with exercise to achieve a cancer-prevention benefit, as opposed to eating a very low-calorie diet.

“We try to understand the difference between calorie restriction and exercise, because most people enjoy exercise of some sort. However, the results from exercise are not consistent,”

Wang said. “Some studies show it works in cancer prevention, some studies say it doesn’t. Calorie restriction always works. So we’re trying to find out what causes the difference.”

Wang wants to someday see his research lead to practical, effective cancer-prevention strategies.

“If we can understand the mechanisms (of cancer prevention), our research may eventually help to develop some pharmaceutical or dietary product to prevent and treat cancer by mimicking the anti-cancer mechanisms of calorie restriction.”

Wang has looked closely at what we currently know about cancer prevention, and has discovered that (no surprise here) following the general principles of good health also helps keep cancer at bay. We should exercise, eat more

“If you can find out what’s changing when you restrict calories or exercise more, maybe you can find a biochemical trigger that can prevent cancer. It’s very exciting.”

— Denis Medeiros

vegetables, avoid smoking, drink alcohol only moderately and get enough sleep. Wang also advocates caution in using dietary supplements.

“I believe that if you keep balance in your diet and follow good nutrition, you don’t need supplements, except when you have a special requirement such as if you’re pregnant or elderly. Then you may need additional vitamins. Otherwise, you should be fine.”

Funding to hire more graduate students would help hasten Wang’s progress. He needs four graduate research assistants to help him advance his research, but it’s not always possible to hire four.

“We have many good candidates, but we can’t offer them enough assistantship funding to keep them.

Sometimes we can’t give them enough (financial) support so they can stay,” he said.

Wang also usually has three or four undergraduate students working in his lab, many in the Kansas Bridges to the Future program (for promising biomedical students from underrepresented groups), the Developing Scholars program or the honors program. Working in his lab gives them research experience and improves their opportunities for admission to medical or graduate school.

Wang grew up in China, earned his Ph.D. in animal physiology and biochemistry at Nanjing Agricultural University, and originally came to the United States as a postdoctoral fellow at the University of Hawaii.

Although he joined the Human Nutrition faculty in 2002, he almost didn’t end up at K-State at all. He had four other offers, but thanks to a full-court recruitment press by associate dean and department head Denis Medeiros, Wang brought his expertise to K-State.

“Denis asked everybody (in the Human Nutrition faculty) to call me and e-mail me. Every day they asked me to join them! I felt very welcome, and I’ve never regretted my decision,” Wang said. “Denis is a good leader, and he’s also a respected researcher in our field.”

“The students really like him and he relates to them very well,” Medeiros said of Wang. “And the work he’s doing is really ground breaking. We’ve known that caloric restriction can prevent cancer, but he’s examining the other side of the equation. He’s looking at input (of calories eaten) versus output (of calories burned). It’s a unique way of looking at it.”

“If you can find out what’s changing when you restrict calories or exercise more, maybe you can find a biochemical trigger that can prevent cancer. It’s very exciting.”

If you would like information about how you can support Dr. Wang’s cancer research, please contact Jennifer Rettele-Thomas, director of development, at jenniferr@found.k-state.edu or 800-432-1578.

JUSTIN HALL REVITALIZATION PROJECT IS VITAL COMPONENT OF COLLEGE'S MISSION

More space, sustainable design and innovative construction mean new opportunities

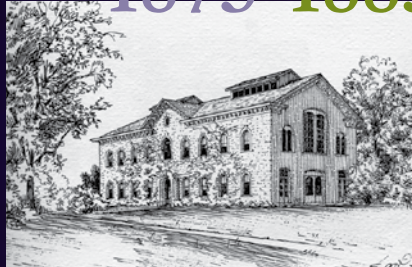
Homes of the College

1873-1875



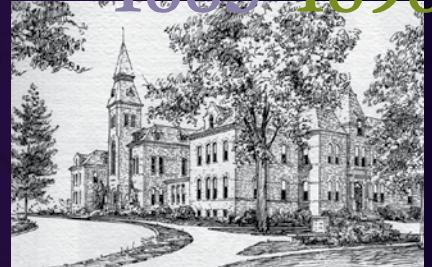
**Bluemont College
Building**

1875-1885



**Farm Machinery
Hall**

1885-1898



Anderson Hall

In the face of phenomenal growth and demand for the College's expertise, plans are underway to ensure that K-State's College of Human Ecology will have cutting edge facilities for the very best in teaching and learning. In 1898, when Kedzie Hall was constructed, it was the first building in the nation built to house an academic program in domestic science. Since then, the College has moved twice, settling in Justin Hall in 1959.

"Justin Hall has served faculty and students well for five decades, without a major renovation," College of Human Ecology dean Virginia Moxley said.

"K-State built the first human ecology building in the world, and now we want to have the finest!" she added.

Built to house 1,000 students, Justin now serves 1,900 undergraduates and 300 graduate students. Undergraduate enrollment is up 53% since 1997, and research funding in grants and corporate support has increased 212% in that time, with extramural support in 2006 of over \$12 million. Thanks to these impressive numbers, Justin Hall is bursting at the seams.

"The wise use of physical resources has always been a major priority of our college," Moxley said. "We will receive some 'crumbling classroom' funding, but it will be confined to electrical, plumbing and air conditioning systems. In 2007, we relied on generous private support for building renovation and a major faculty-led space reallocation study to better serve our current needs. We are committed to preserving the space we have and utilizing it as efficiently as we can.

“The fact of the matter is, we’ve simply outgrown the building.”

The first phase of the Justin Hall Revitalization project will add approximately 15,000 square feet, providing urgently needed classrooms and student services space. The new classrooms will be state-of-the-art, enabling faculty members to teach students with the best of today’s technology, in spaces designed for teaching and learning.

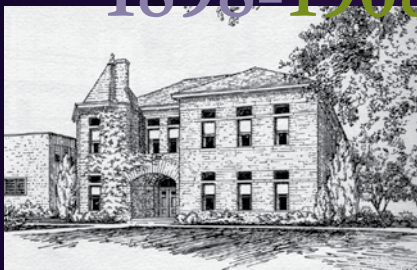
Moxley also foresees important benefits for research and outreach when Justin Hall expands.

“Space for cooperative work is especially vital because the College is engaged in many interdisciplinary and inter-institutional partnerships,” Moxley said. “We’re doing

- Extensive use of locally sourced materials to reduce energy consumed in transportation
- Low volatile organic compound paints and adhesives
- High-efficiency fixtures and mechanical systems
- Point-source water heating and low-flow plumbing fixtures
- Possible reduced energy consumption of 35% to 50%
- “Green roof” system to reduce storm water run-off by up to 50%

Not only will environmental responsibility be a hallmark of the project, but fiscal accountability is also an integral part of the plan.

1898-1908



Kedzie Hall

1908-1959



Calvin Hall

1959-2008



Justin Hall

great work in fields such as food safety, nutrition, health, sustainability, gerontology and support for military families. With additional classrooms, we will be able to convert some existing spaces for research and collaboration.”

The Justin Hall addition will be good for the College on several levels. Sustainable design and construction will help ensure a healthy classroom environment today, and environmental responsibility far into the future.

“Sustainability’ encompasses behaviors and practices we’ve valued for decades in our college — providing for our own needs while looking out for the well-being of future generations,” Moxley said. “This addition will adhere to nationally accepted standards for sustainable building design, construction and operation. We will lead the way at K-State.”

“Sustainable” design and construction practices being studied for the addition include:

- Recycled and renewable materials in every possible application
- Optimization of natural light and ventilation

“We are responsible to those who will follow us in Justin Hall,” Moxley said. “We must ensure that funding is in place to maintain our facilities, long into the future. An endowment fund for future maintenance and preservation has been a crucial element of our planning from the very beginning.”

Moxley is confident that the heritage of the College of Human Ecology will stand it in good stead in the face of today’s challenges.

“Justin Hall was a model of progressive and innovative design in 1959. We have always been proud of our home at K-State, whether it was in Kedzie, Calvin or Justin. Today, we must update our facilities so we can continue to serve our students, our state and our world,” Moxley said.

If you would like more information about the Justin Hall Revitalization project, please contact Jennifer Rettele-Thomas, director of development, at 800-432-1578, or jenniferr@found.k-state.edu.

K-State Interwoven in Family's Life

Ron and Betty Miner made giving back a priority

Sometimes families lose the stories. The stories of hardship and opportunity, struggle and accomplishment. It's natural. Memories fade, people pass on.

Betty Miner has hung on to the stories, and she and her late husband Ron have melded their love for their families with their gratitude to K-State, and have given back to their alma mater for decades.

Miner, B.S. '59 home economics education, M.S. '60 foods and nutrition, now lives in Corvallis, Ore. She came (on the train, her first trip by herself) to K-State in 1955.

"Kansas State was chosen first for its excellence in home economics, and second because it wasn't too far away from home." Plus, there was a strong family connection. More about that in a minute.

Ron Miner, Ph.D. '67 chemical engineering, earned his bachelor's from the University of Kansas and his master's from the University of Michigan. However, the two Midwesterners met in 1961 at Cornell University in Ithaca, N.Y., where they were both instructors. They married in 1963 and returned to Kansas.

When Ron's dream to pursue a Ph.D. at KU took a discouraging turn, Ron approached K-State. Faculty members in several departments created a multi-disciplinary plan of study for him, allowing him to earn his Ph.D. in chemical engineering in 1967. Betty taught for two years at K-State as well. Ron and Betty never forgot the lengths to which K-State went to help them.

"K-State put together something so my husband could achieve his dream of a Ph.D.," Betty said. "It's the thing that has made the difference in our lives. K-State saw the promise."

Teaching and research took the Miners to Iowa State University,

and then to Oregon State University, where Ron retired in 2003; he died in 2004. Betty retired in 2002.

Now let's go back a generation or two for the reason that Betty was destined to attend K-State.

Betty Miner's grandfather "rose to be" an itinerant sharecropper. Betty's father, Frederick Emery, only completed the eighth grade but didn't graduate. Then his sister, Phoebe, graduated from Baker University, a turning point for the future of the whole family. Phoebe spent 30 years as a Methodist missionary in India, but before she left in 1917, she and Frederick had a talk. Betty tells it as if she were there.

"They went off into the woods and sat on a log. She says to him, 'Bub, you need to go to school, and I will find out what you need to do.' They knew nothing beyond agriculture, so she wrote to Kansas State and because he wanted off the farm, veterinary medicine was the choice."

Frederick earned a high school diploma and then his DVM from K-State in 1923, and his M.S. in zoology in '24. He went on to earn his Ph.D. from the University of Wisconsin, and divided his career between the University of Buffalo Medical School and the University of Arkansas Medical School, teaching physiology. He married Lena Moore in 1928, and he died in 1957.

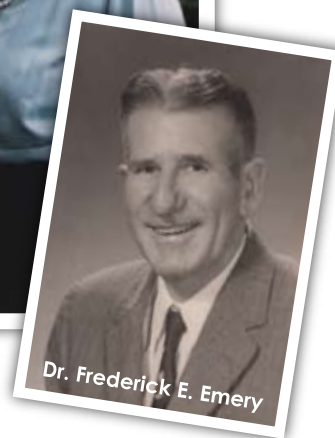
Lena graduated from K-State in 1925 in home economics education. Lena taught and eventually became a junior high special education teacher.

Back in the '60s, the Miners made an unusual decision for a young

Ron and Betty Miner



Lena Moore Emery



Dr. Frederick E. Emery

married couple. They started a scholarship in honor of Betty's parents, the Dr. and Mrs. Frederick E. Emery Memorial Scholarship in Human Ecology, and another one for veterinary medicine students.

"Engineering professors were encouraged to work outside (academia) so they have industry experience," Betty said. "So the first thousand dollars that Ron earned beyond his university salary, he wanted to start a scholarship with it. We had all the money we knew how to spend, and we wanted to do this."

Betty, who is a Founder of the Legacy of Excellence Society, eventually gave land to K-State in the Auburn, Kan., area, specifying that K-State first offer the land for sale to her family; her first cousin bought it.

Betty is clear about what has motivated her to invest in the future of K-State.

"Both my family and my husband's family became middle class through education. College led to a better life, not only economically, but it enriched our daily lives. We grew to appreciate other cultural opportunities, thanks to our college education.

"The gratitude for education is what motivated us to give back."

Supporting Human Ecology for Future Generations

Betty and Dale Allen invest in K-State students

Everybody cares about something. Betty (Turner) Allen, '55 B.S. home economics education, is strongly committed to the future of human ecology. Betty and her husband Dale, '55 B.S. electrical engineering, have given generously to K-State in support of the disciplines that they know can make a real difference in the world.

Betty graduated from high school in Valley Center, Kan., in 1951. Dale graduated from Wichita North High School in 1944, then served in WWII and later the Korean Conflict. They met at K-State and were married in 1956.

Betty's mother graduated from Friends University, and Betty grew up thinking that's where she would go to college, too. However, a 4-H trip to Manhattan changed her mind.

"I went to the Spring Round-Up at K-State, and I went home and said, 'Mother, could I go to K-State?' I just loved the campus and fell in love with the place."

K-State's exemplary teacher preparation program in home economics education meshed with Betty's long-time ambition to teach and her interest in all things household-related.

"I knew from first grade that I was going to be a teacher," Betty said. "My mother didn't really like to do housework, she preferred to be out in her garden. But she was very good in that she taught us how to cook and sew and lots of other things. I was sewing on machines before I went to elementary school, making doll clothes."

Betty and Dale settled in New Jersey, and Dale enjoyed a long career in various aspects of production and engineering.

Betty taught one year in Pennsauken, N.J., then took time off to design and supervise the construction of their home in Riverton, N.J., and concentrate on raising their two daughters, Karla and Denise. Betty got back into teaching when Denise was a third grader.

"I taught from 1974 to 1985, and I had fifth through eighth grades. My class was always very hands-on and the kids just loved it! The boys were fascinated by how the equipment worked."

The Allens now live in Pennsylvania, just south of Lancaster, in a retirement community about halfway between each daughter.

The Allens always thought "giving back to K-State was the thing to do. When we started out, we really didn't have much. So we started out small, giving what we could afford at the time. But we knew that someday, we'd really like to give more.

"Eventually, we inherited land (east of Wichita), and it seemed unwise to own land in Kansas when living in New Jersey," Betty said.

In 2003, the Allens sold the land, and since they would have to pay capital gains taxes, they donated

the proceeds of the sale to K-State and benefited from a tax write-off. They set up a charitable remainder unitrust, which provides them with an income during their lifetime.

The Allens' gifts fund two scholarships: the Betty T. and C. Dale Allen Graduate Scholarship in Human Ecology, and the C. Dale and Betty T. Allen Electrical Engineering Scholarship.

Betty said they thought it was "only fair" to set one up for each of their majors. Certainly she'll get no arguments from the many students who have benefited from the Allen's generosity.

If you would like more information about how you can make a difference for the College of Human Ecology, please contact Jennifer Rettele-Thomas, director of development, 800-432-1578 or jenniferr@found.k-state.edu.




Dale and Betty Allen

Betty has long been an advocate and practitioner of active learning in the classroom. Her students responded well to her teaching style.

She also remains passionate about the value of family and consumer sciences education. Betty believes strongly that "kids today need education and guidance in how to manage a home and put food on the table."

SOLDIERING ON



FSHS professor's documentary
about families of deployed
National Guard and Reserve
members to reveal courage,
challenges

Don't get Chuck Smith started. If Smith, professor and Extension specialist in family studies and human services, gets going about the kids he's interviewed lately, you'd better grab a cup of coffee and get comfortable, because you'll want to hear all about it.

Smith and Ron Frank, professor and TV unit coordinator for the Department of Communications, are partnering on a documentary video project called "On Our Behalf." When completed, it will relate the experiences of National Guard and Reserve families who have a parent deployed, usually to Iraq or Afghanistan. They are focusing on the stories of the children and how they manifest courage when dealing with their parent's service in a war zone.

Smith, who has been at K-State for 27 years, has long been fascinated with, and has written a book about, courage in children. The specific trigger for the book, "Raising Courageous Kids," was the tragedy of 9/11, when Smith felt compelled to delve into the question of what caused so many people to carry out so many acts of heroism and self-sacrifice.

After the book was published, Dean Virginia Moxley urged Smith to continue his work on courage in children. Smith and Frank decided to form the National Center for Courage and Character in Children, the goal of which is to "improve the lives of children by nurturing their power to succeed in the face of adversity." The pair decided to lead off their efforts with the documentary.

National Guard and Reserve families frequently lack the built-in support system that living near a base or installation brings. Often, friends, colleagues and neighbors don't even realize that a family is part of the Guard or Reserves, until suddenly Dad or Mom isn't around anymore.

Smith has noticed that many of the children take on more-adult characteristics.

"Stoicism is really apparent in lots of the kids. They don't want to dwell on what they're facing," Smith said. "They don't want to be constantly asked 'how's your dad?' The rest of us need to look at what's enabling them to get through it."

Smith and Frank, who is himself a retired lieutenant colonel in the National Guard, hope one outcome of "On Our Behalf" will be a greater awareness about what the families go through and what the rest of us can do to help. Although the children often show unusual courage in coping with the difficulties of their situation, the pair wishes they didn't have to.

"I was with the Guard for 27 years and I saw what happened in the first Gulf War," Frank said. "I saw what the

"It's very clear that these families have pride. They don't want pity or to be fawned over. They want to be understood." — Chuck Smith

families went through. So I was very enthusiastic about this project. We want to make sure families are taken care of. This is a very personal thing to me."

"We're looking at the noble purpose of the sacrifice these families make," Smith said. "It's very clear that these families have pride. They don't want pity or to be fawned over. They want to be understood. They want to be supported in effective ways."

The issue of respect is also very important to the families.

"Some of them feel the media don't accurately communicate what soldiers are going through," Smith said. "And the good things soldiers do to rebuild the countries in which they serve often seem to be shunted aside, so the families want to tell the other side of the story."

Smith and Frank will spend 2008 piecing the documentary footage together. Ron Frank will be traveling to Iraq later this year to interview deployed Guard and Reserve members.

Then they will concentrate on the narration. To garner a national audience — along with access to greater funding opportunities to produce and distribute the program — they need the right person to narrate. They would like a high-profile celebrity to step forward to be the spokesperson.

They have also pitched their project to several companies and philanthropies, and are seeking a major sponsorship.

Carl and Mary Ice, Colleyville, Texas, have designated funds to support the documentary. Mary, B.S. '80, M.S. '88, home economics education, and Carl, B.S. '79 industrial engineering, are proud to be part of the project.

"It is a project that Carl and I felt would directly and immediately impact these families," Mary said.

"In our 'risk-averse' culture, adults are prone to promote safety-seeking over courage in children," dean Virginia Moxley said. "Chuck Smith's work allows children to confront their fears, not by avoiding them, but by facing them with courage and integrity. He does this by finding heroes at every age who demonstrate remarkable and age-appropriate courage."

"This is just such an important story that needs to be told," Smith said. "These soldiers are serving our country, and in very real ways, their families are too."

If you are interested in learning more about the "On Our Behalf" documentary and its release, please visit www.onourbehalf.org. If you would like to learn more about how you can support this project, please contact Jennifer Rettele-Thomas, director of development, at jenniferr@found.k-state.edu or 800-432-1578.

Continued on back page »

The Legacy of Excellence Honorary Society was established in 2001 to recognize all who contribute \$100 or more annually to the College with membership in annual gift clubs. Donors renew their membership each year by making an investment at one of the five levels: Directors (\$2,500+), Leaders (\$1,000 to \$2,499), Partners (\$500 to \$999), Colleagues (\$250 to \$499) and Associates (\$100 to \$249). This list includes gifts of \$100 or more for the fiscal year July 1, 2006, to June 30, 2007. All private gifts to the K-State

College of Human Ecology ensure that the legacy of outstanding accomplishment and leadership will continue.

All benefactors are honored during the Legacy of Excellence Celebration event held each fall. Last year's event was celebrated Oct. 19, 2007. During the celebration, the Alumni Board presented its annual alumni awards. Those recipients are highlighted on the following pages.

DONORS

List

DIRECTORS

(\$2500+):

Mary Ruth Bedford
Joyce and Richard Brown
Elizabeth and Frank Burke
Lois and Jerome Chandler
Dorothy and Jim Congrove
Harold Eagleton
and Darlene Harris
Jane and Gilbert Ferguson
Ellen Flottman
Beth Fryer
Lawrence and Barbara Hageman
Verna Hildebrand
Carol Ann Holcomb
Mary and Carl Ice
Vickie and John James
Beverley Kroll
Laurel and Don McKahan
Harold and Jeanne Mertz
Betty Miner

Barbara Poresky
Patricia Raskob
Sandy and Jim Reilly
Leona Shadle
Barbara Weigand

LEADERS

(\$1000-\$2499):

Robert Albracht
Paula Bahr
John and Jean Baldwin
Betsy and Jerry Bergen
Denise and Russell Bishop
Anne Brent
Christine Chalender
Georgia and Chuck Chandler
Robert and Merri Chandler
Michael Colip
Olivia Collins and Tony Jurich

Norman and Gloria Cook
Ann Currie
Marty Currie and Douglas Degler
Venette and Robert Davis
Steven and Barbara Dietz
Jean and Charles Eby
Becky and Jeffrey Ellison
Carolyn and Blaine Englund
Ellen and Wayne Evans
Eddie and Carol Fowler
Jane and Robert Garcia
John and Linda Geer
Linda and Mike Gibson
Sue Greig
Richard and Sandra Haines
Karen Holcomb
Kay and Rodney Horn
Mary and Jim Jensen
Katherine and Gary Kaufman
Carol Kellett
Pat and Larry Kendall
Lorraine Lacey
Cathryn and Stephen Lacy
Shirley Lovelady
Esther Maddux
Douglas and Janet McIntosh
Bill Meredith Jr.
Judy and Al Millen
Greg Miller
Emory Morris
Virginia and Tom Moxley
Kathleen Mundhenke
Kathleen Newell
Greta and Raymond O'Brien
Sue and Pat Raymond
Victor Regnier and Judith Gonda
Faith Roach
Carolyn Roby
Cynthia and Raymond Saunders
Duane and Bonnie Saunders
Lisa Schroeder
Eleanor and Bill Stolzer
Howard and Barbara Stowe
Mary Stryker
Kenneth Taylor
Nancy Thomas
Betty and Bob Tointon
Olive Ubel
Jon and Ruth Ann Wefald
Richard Wiltgen
William and Janice Winchell
Esther Wisdom

PARTNERS

(\$500-\$999):

Mary Lou Ahmann
Betty and Dale Allen
Jeanne Beck
Kent and Pattie Bradley
Jeffrey and Carmen Bratz
Phyllis and Harold Broadie
Margaret Burk
Alta Bush
Bernie and Sherry Butler
Maxine Caley
Betty Campbell

Deborah Canter
Kim Chandler
Sonja Connor
Catherine and Reid Davison
Noelle Drechsel
Kristen and David Dreiling
Ronald and Sandra Dubach
Lenoir Ekdahl
Jacki Eligan
Eva and Liang Tseng Fan
Signe and Don Ferguson
Patricia and David Franz
Wilma George
Caralee Greene
John and Catherine Grove
Margaret Guy
Karen Halderson
Gail and Thomas Hodges
William and Deborah Holden
Carolyn Jackson
Phyllis Johnson
Barbara Kille
Wansoo Kim
Georgine Larsen
Jan Larson
Petros Levis
Mildred and John Lindholm
Lyllis Ling
Sherry and Michael Maxwell
Jo Eva and Bob McClellan
Jon and Brenda McManis
Carol McNary
Denis Medeiros
Lanette Meyer
Mary and Gene Mingle
Sharon Nickols
Theresa and Kurt Nuss
Barbara and Marvin Odgers
G. Piecuch
Elizabeth Purcell-Keith
Jacqueline and Marvin Raile
Jody and Marc Ramsdale
Jean Reehling
Sandra and James Reilly
Teresa Rupp
Patty and Brian Scheibmeier
Debra Sellers
Marie and Michael Shipley
David and Ann Smit
Marita and Mark Soucie
Amy Lou and Paul Stephenson
Barbara Stockton
Norma Stratton
Francine Stuckey and Hal Greig
Ethel Taylor
Janice and Marvin Taylor
Jessie and Bill Thomas
Ann Thomasson
Bernita and Bob Thorn
Mary Anne and Ken Trickle
Mary Vanier
Shawn and Randell Wagner
Robert and Karen Wallace
Tresa Weaver
Amy and Jerrod Westfahl
Marilyn Zeigener

COLLEAGUES

(\$250-\$499):

Kathleen Alexander
Bahram Arjmandi
Nancy and Randal Baker
Martha Bannister
Mary Barkley
Leslie Beckstrom
Renea Bergan
Laurie and Mitchell Bock
Tonya Brenneman
Nancy Bryars
Katherine and Jack Burke
Jim and Margaret Calcara
Joyce and Clyde Cantrell
Shelley Carmichael
and Carl Smith
Becky and Paul Caronna
Marion Cassens
Edgar and Delores Chambers IV
Harriet Cloud
Neva Cochran
Marlyn Conrow
Joyce Cookson
Janis Cox
Barbara and Roger Craft
Linda Crowe
Lois and Charles Deyoe
Lucille and Herbert Doubek
Elizabeth Doyle
Marilyn Edde
Laurie Ekart
Ellie and Dave Everitt
Marilyn and Leighton Fairbairn
Maryann and Scott Fenty
Michael and Mary Lou Fickel
Judy and Stephen Francis
Lee Frantz
Lawrence and Marilyn Ganong
Julie and Keith Geyer
Janet and Murray Gilkeson
Carole Gnatuk
Orville Gobber
Grayce Goertz
Nona Gollgedge
Mary Gomez
John and Emily Grable
Jessie Gray
Virginia and Douglas Gunn
Susan and Gregory Gunther
Kathleen and George Gutowski
Barbara Hammerli
Betty and Mark Hanson
Susan Hatch
Esther Hay
Averil Henry
Robert Herron
Barbara and Burns Hesse
Dorothy Hibbs-Riley
and Harold Riley
Jean Hite
Arliss Honstead
Jerri Hood
Julia Hotchkiss
Linda and John Hughes
Leigh Huseman



**Public Advocacy
Award
Steve Shields
'94 B.S. social work
and gerontology**

K-State graduate Steve Shields has been the president and CEO of Manhattan Retirement Foundation DBA Meadowlark Hills Retirement Community in Manhattan, Kan., since 1994. He is a sought-after international consultant on leadership and transformation in long-term care.

Mr. Shields is the only known development and start-up consultant within the resident-directed framework who has worked as an operator, a developer, an educator and a consultant. He travels nationally to keynote speeches, learning seminars, and strategic planning services, all in the area of organizational transformation.

He is now actively collaborating with foreign governments to shape their policies in long-term care. Mr. Shields coauthored a book, "In Pursuit of the Sunbeam: A Practical Guide to Transformation From Institution to Household." Mr. Shields serves on the advisory board of Kansas State University's Center on Aging, is a board member of the Fort Hays State University Foundation, and was awarded Manhattan Area Chamber of Commerce's Volunteer of the Year award in 2004.



**Distinguished
Service Award
R. Elaine Turner, Ph.D., RD
'82 B.S. dietetics**

In her role as associate dean of the College of Agricultural and Life Sciences at the University of Florida, Dr. Turner provides leadership for undergraduate programs and faculty development.

At the University of Florida, Dr. Turner taught undergraduate courses in introductory and life cycle nutrition and collaborated in the development and teaching of a graduate course on dietary supplements. She has also coauthored two popular introductory nutrition texts, both of which are endorsed by the American Dietetic Association.

Dr. Turner has been recognized by the UF College of Agricultural and Life Sciences as both Undergraduate Teacher of the Year and Undergraduate Advisor of the Year. In 2004, she was a national winner of the Food and Agriculture Sciences Excellence in College and University Teaching Award.

Dr. Turner graduated from K-State's coordinated program in dietetics in 1982. Although she is an esteemed University of Florida faculty member, Dr. Turner still "bleeds purple."

Jeane and Bruce Johnson
Jeanette Johnson
Joan and Charles Johnson
Helen and Gary Johnston
Migette and Steven Kaup
Michael and Jody Kenney
Karol Kieffer
Beverly Kloehn
Alan and Beth Klug
Michelle Kunz
Sarah and Shane Lanning
Jean and Ronald Lee
Patricia and David Lupfer
Jay Mancini
Marvin Manlove
Ann Martin
John and Karen McCulloh
Varena Mechsner
Barry and Aruna Michie
Sandra and Wes Milbourn
Mary Molt
Maron Moore
Mary and Richard Mosier
Deanna and Chuck Mosier
Mary Frances Nettles
Edith Newman
Kay Obendorf
Vickie Patchin
Sonia Pedersen
John and Karen Pence
Mary and James Pepper
Carolyn and Tom Perrier
Marcia and Ed Pfeiffer
Gladys and Curtis Phillips
John and Michelle Pickert
Elizabeth and Donald Pivonka
Frank and Marjorie Pritz

Marsha and Jim Reed
Becky and Doug Reid
Pamela and David Reisig
Jennifer Rettele-Thomas
Mildred Russell
Nancy Sanchez
Nancy Scally
Beverly Schmalzried
Amy and Dennis Schmidt
Jenell and Dennis Smith
David and Kay Stewart
Deborah and James Stonehocker
Constance and Eldon Stout
Nancy Sullivan
Janet Sweeney
Becky and Thomas Tadtman
Judy Tillemans
Dorothy and Edward Travnick
Nancy and Richard Tredway
Kristin Van Scoy
Alys Veal
George Wallingford
Marjorie and Byron Warta
Farrell Webb
Robin and Jerry Westhoff
Sheryl and Robert Wiruth
Susan Yoakum
Victoria and Fred Zutavern

**ASSOCIATES
(\$100-\$249):**

Mary and Gary Adams
Ruby Adams
Thelma Adams
Koushik Adhikari
David and Teri Albracht

Amy and Klay Allen
Kendra and Jeffrey Allen
Reeva and Randall Anderson
Carolyn and John Andres
Gordon and Mary Andrews
Rusty Andrews
Maryanne and Robert Annan
Nancy and Billy Anton
Mary Dean Apel
Judy Arbeiter
Sally and Paul Attwater
Marjorie Aufdemberge
Corby Bacco
Alberta and Jack Bailie
Barbara Bain
Dolores Baker
Marjorie and Marc Baker
Pearl and Orville Baker
Carolyn Balkwell
Jeanne and Roger Bane
Linda Bankoski
Mary Banser
Joyce Baptist
Enid Barnett
Virginia Barney
Jolene Barrett-Wells
Carol and Patrick Bartko
Janice Bassett
Lisa and Kyle Bauer
Pam Becker
Roxanne and Tom Bell
Kathryn and Ron Benson
Lois Bergen
Rachael and Ray Bert
Mary Bibbs
Charlene and Robert Bierly
Jane Bigler
Susan and James Billups
Mary and James Birkbeck
Wilma Birkeland
Floy Blair
Ada and Richard Blankenship
Julie Blau
Elizabeth Blessing
Eddie Blue
Dorothy Bodenhausen
Wilma Boggs
Nancy Bolsen
Jane Bowers
Gloria and Maurice Bowersox
Linda Boyle
Virginia Braden
Bev Bradley
Lynda Brady
Robert Bramlage
Pamela and David Brannan
Doris and Roger Brannan
Shelly Bredemeier
Clara and Gale Breed
Leann and Harold Brenner
Ruth Brette
Kathryn Brewer
Barbara and Barry Brooks
Amelia Brown
Leah Brown
Marilyn and Bill Brown
Sammie and Josh Brueggemann
Susan and Bradley Brunkow
Tammy and Kevin Bruns
Toni Bryant
Marilyn and Bill Bunyan
Rosalie Burns
Connie and Gary Burton
Patricia and Charles Burton
Sarah and Jason Butell
Christeene and Lyle Butler
Deborah and Ronald Butts
Janet Cantin
Kris Cappo

Janet and Jack Carlson
Stacie and Eric Carlson
Jennifer and Randy Carns
Jean Case
Alice and Melvin Casey
Laurie and Larry Chandler
Marla and Charles Chandler
Sara and Craig Chappell
Agnes Chartier
Jeanne and Richard Chelikowsky
Katherine and Douglas Claassen
Janet Clark
Cheryl and Mark Coberly
Chun-Yen and Todd Cochrane
Gladys Cook
Melinda Cook
Bonnie and Jerry Cordill
Carla Corrigan
Jean and Dick Coupe
Kristin Cox-Mertel
Jean and William Craig
Mary and Robert Craig
Sally Craig
Rebecca Cranston
Patricia Crews
Martha Crossen and Donald
Richards
Verda Dale
Matthew and Jadian David
Patricia Davis
Susan and John Davisson
Brian Day
Marla and Dwight Day
Janice and John Devaney
Mary Dickerson
Linda and Pat Dickman
Karen and Wayne Dingler
Susan Dittmer

Sandra Doane
Marilyn and Robert Dobratz
Mary Dolan
Rick Doll and Gayle Appel Doll
Barbara Donelson
Beverly and Mark Dragastin
Janice Dring
Jan Droge
Meredith Drummond
Melissa and David Dubowsky
Aileen Duckwall
Bonnie and Carl Dudley
Carol Eagleton
Maxine Earhart
Val Edwards
Janet and Norman Elliott
Val and Jayme Elliott
Linda and Brian Ellsworth
Janice and Michael Elmore
Amy and Donald Elson
Kari Engels
Pamela and Cady Engler
Sherilyn and Edward Epp
Corrine Everson
Jill and Michael Ewing
Ruth Fager
Alma Fair
Cathy and Steven Fairbanks
Treva Fairbanks Wiruth
and Don Wiruth
Frances Falen
Gary and Bronwyn Fees
Joyce Fellers
Robin Fellers
Janet Ferguson
Judith Finch
Stacy and Gary Fischer
Eugenia and George Fittell



**Entrepreneur Award
Carol Banister, RD,
LD, M.S., CDE
'83 B.S. dietetics and
management
'83 M.S. nutrition**

After graduating from K-State with a B.S. in dietetics and management and an M.S. in nutrition, Carol Banister opened Banister and Associates, LLC, a nutrition consulting company in Oklahoma City, Okla.

With over 20 years experience in counseling and application of medical nutrition therapy, Ms. Banister has expanded Banister and Associates' consulting work to include individual counseling for diabetes, heart disease, eating disorders, weight control, and cancer, as well as services for hospice, home healthcare, and dialysis centers.

Ms. Banister is a member of the Oklahoma Dietetic Association, National Association of Anorexia Nervosa and Associated Disorders, American Dietetic Association, and is former president of the Oklahoma City District Dietetic Association. She has also served as the president and reimbursement chairman of the Oklahoma Dietetic Association.

Ms. Banister has taught at the University of Oklahoma College of Health and at the University of Central Oklahoma.



**Distinguished
Research Award
Mary Gregoire, Ph.D., RD
'85 Ph.D. foodservice
and hospitality
management**

Mary Gregoire, Ph.D., has built a career based on leadership and research. Dr. Gregoire serves as the director of food and nutrition services at Rush University Medical Center and professor of clinical nutrition and health systems management at Rush University in Chicago, Ill.

She has published extensively, with more than 270 research articles, books and abstracts to her name, and has served as principal investigator or co-investigator on more than 20 funded projects.

Dr. Gregoire earned her B.S. in dietetics from North Dakota State University, M.S. in institution management from North Dakota State University and Ph.D. in foodservice and hospitality management from Kansas State University. She holds distinction as a charter fellow of the American Dietetic Association.

Dr. Gregoire has most recently earned the Iowa State University Foundation Award for Outstanding Achievement in Department Leadership and the Iowa State University Student Affairs Faculty Recognition Award. She also received the Omicron Nu Excellence in Research Award from Kansas State University.

Susan and Raymond Flickner
Linda and Fredrick Folsche
Lorna and Eric Ford
Cynthia Fowler
Marieta Francis
Peggy Frank
Joyce Frenette
Louise and J.M. Frey
Lynda Frey
Linda and Jack Frick
Kelli Fuhrmann
Beverly and Mark Funke
Denise Gaffney
Ann and Richard Gallion
Cleda Garinger
Ned and Barbara Gatewood Jr.
Carol Gilmore
Marion Gladhart
Marlene Glasscock
Craig Goff and Briana
Nelson Goff
Jennifer and Luke Goodrich
Karen Goodwin
Lucinda Goya
Melinda and Martin
Gravenstein
Cecilia Gray
Karen Greathouse
Margaret Green
Pam and Vance Green
Sandra and Barry Greis
Evan and Andrea Grier
Martha Groebe
Penny and Doug
Grossenbacher

Barbara and Don Gruenbacher
Orlen and Kathy Grunewald
Karyn Gukeisen
Jane and Louis Hafner
Jean Haines Kling and John
Kling
Corlie and Chester Halbleib
Helen Hall
Leslie and Charles Hall
Terri and James Hall
Rita and Harlan Hamman
Mary Jo and Charles Hamon
Laura and Steven Hansen
Pete Hansen
Judith Hanses
Virginia Harger
Eleanor Harvey
Lynda and Randy Hassler
Mark Haub
Marlene Hayes
Kathryn and James Haymaker
Susanne and Bob Haymaker
Jeanette and Lewis Headrick
Jan Heath
Elizabeth Heder
Kimberley Hefley and Mark
Sprick
Melissa and Roger Heflin
Bonnie and Brent Heidebrecht
Freda Heinly
Donna Hemingway
Carrol Henderson
Beverly Hendrickson
Julie and Nicholas Heng
Tara and Todd Herrenbruck
Marjory and Whitney Hicks

Debby Hiatt
Suzanne and Don Hildebrand
Cynthia Hill
Megan and Andrew Hill
Bobbie and Mark Hinds
Mary and Charles Hitchcock
Janice and Lewis Hite
Kathryn and Steven Hixon
Shirley and Brice Hobrock
Susan and Cliff Hobson
Jean and Jack Hodges
Carole Hoffman
Mary Hoffman
Marilyn Holgerson
William Holman and Olga
Esquivel-Holman
Virginia Honstead
Janet and Jeff Hopkins
Ruth Hose
Robert and Lydia Huber
Sharon and Tom Huecker
Cleve Humbert
Karen and Stephen Hummel
Vera and Don Hunziker
Sara and Donald Hutchison
Elnora Huyck and Paul Young
Barbara Iiams
Linda and Tony Imm
Adelia and Paul Inman
Mary and Jim Jacobs
Robert Jakowatz
Cathie and Jim Jantz
Linda Janzen
Ann and Steve Johnson
Lois Johnson
Claudia and Steven Jones
Scott and Cheri Jones
Staci and Chris Jones
Diana Jost
Angele Judd
LaDonna and Gary Junghans
Arvilla Jungman
Husam Kakish
Patricia and Edward Kane
Shirley Kasper
Tamra Keim
Courtney Keonin
Anne and William Ketterman
Karen and Fariborz Khorasani
Amber and William Kirk
Kenneth and Marlena Kirton
Ginger Kjolhede
Josephine Knickey
Julie Knigge
Sheryl and John Kobiskie
Ann Koch
Linda Koeckert
Leslie Koepke
Katherine Kon
Elizabeth and Allen Kossoy
Pamela Kreiser
Jing Lan
Teresa Lang
Marilyn Laricks
Charlene and Bob Larson
Sue Laubhan
Anita Laurent
Sharon Layman
Linda Lee
Ruth Lee
Pat Leive
Loyce LeMay
Valcinia Lester
Latonia Lewis
Marian Lignitz
Jan and Pete Lindsay
Michelle Lock-Gooch
Connie and Michael Lollar
Ann and Don Look

Grayce and Dale Lucas
Carla Luginbill
Denise and Tim Lundberg
Jannette Luthi
Vivian Luthi
Arlene and Warren Lynn
Carol Maas
Jane Magne
Beverly Maltsberger
Judith Mann
Abby Marlatt
Jane Marshall
Helen Martin
Peggy and Stan McAdoo
Debra McCune
Marion McEwan
Velma McGaugh
Clarice McGraw
Mary McKee
Glennys McPhelimy
Grace Melton
Shelly and Jay Merriam
Florence and Ted Metcalf
Bill Metzgar
Karma Metzgar
Carol Meyer
Leuita and Bob Meyer
Brenda Miesner
Betty and Joseph Miller
Beth and Michael Moffitt
Patricia and Philip Moorhead
Sharon and Medhat Morcos
Johnnie Morgan
Bette Morris
Susan and Edward Morris
Marva Morrison
Cecile Morse
Angela Moxley
Bernice Munson

Ryan and Wendy Munson
Louise Musil
Cheryl and Casey Mussatto
Esther Myers
Mary and Laverne Myers
Beverly and Rod Nash
Betty Nelson
Jay and Barbara Nelson
Amy and Lowell New
Michael and Rita Newell
Jerri Newman
Marilyn Newton
Patricia and Charles Niernberger
Dorothy O'Brien
Jeanette Ochs
Julia O'Connor
James and Barbara Olberding
David Olds
Patricia Owoc
Cynthia and John Pannier
Matthew Paquette
Irene and Red Parr
Ardis and Bob Patterson
Janice Patterson
Andi Pawlowski
Mary Peaslee
Patrick Pesci and Betsy Barrett
Virgil and Mary Don Peterson
Dave Phillips
Barbara Phipps and Robert Strom
Joyce and David Pinniger
Sue Pio
Joanne and Richard Pohlman
Virginia and Jimmie Poindexter
Larry and Mary Pollack
Shirley and Galen Postier
Carol and Wayne Prather
Sevilla Priddy
Sandra and David Procter



**Young Professional
Award
Aaron Rolfe Anderson
'04 B.S. interior design**

Upon earning a B.S. in interior design from K-State in 2004, Ms. Anderson was invited to join Gensler, the world's leading interior design firm. She began her career creating design and construction packages for small retail projects, before moving on to larger restaurant and retail projects.

In the fall of 2005, Ms. Anderson was the youngest designer chosen for the Gensler Dallas Margo Group, which recognizes rising leaders with networking potential.

After just two years in this position, Ms. Anderson is responsible for completing design drawings and construction documents, and coordinating large-scale projects. She has also built upon code compliance knowledge from classes at K-State and is now considered an office expert on the Americans with Disabilities Act and Texas Accessibility Standards.

Ms. Anderson serves as director of communications for the International Interior Design Association's Dallas City Center Board, and is studying to become a registered interior designer in the state of Texas.



**Friend of the
College Award
Patricia F. Raskob,
EA, CFP, ATA
'59 B.S. business
administration**

In 1992, Ms. Raskob co-founded Raskob Kambourian Financial Advisors, Ltd., a fee-only comprehensive tax, financial planning and asset management firm with trust services offered through National Advisors Trust Company.

Enrolled to practice before the Internal Revenue Service, Ms. Raskob represents clients before the IRS and is also an accredited tax advisor. Since 2002, she has been named an outstanding estate planner in each printing of the J. K. Lasser book on estate planning and tax issues.

Ms. Raskob earned her B.S. from K-State and her Certified Financial Planner™ designation from the College for Financial Planning in Denver, Col. She is a founder and past corporate director of the National Advisors Trust Company.

Ms. Raskob has given seminars across the country on all areas of financial planning. She is frequently quoted and published in magazines such as Smart Money, Mutual Funds, the Wall Street Journal, and Consumer Reports.

Ellen Proctor
Carole Purdum
Vivian Putnam
Jan and Steven Randle
Betty Rassette
Shannon Rayl
Charles and Sharon Reagan
Adrian Reeder
Lowell and Carol Regehr
Angelique and Patrick Reilly
Kelly and Bradley Reinhardt
Kyanna and Loren Reiswig
Sid and Susy Reitz
Genevieve and Michael Remus
Judith Renard
Nancy Rice
Verlyn Richards
Carla and Milton Richter
Doris Rieff
Virginia and Ralph Riekenberg
Sherry and Roger Riggert
Joann Riley
Vera Riley
Elna and Dean Rinner
Anna Roberts
Deanna Roberts
Karen and Tom Roberts
Virginia and Joe Robertson
Kay Robinson
Mary and Douglas Robker
Barbara Roe Luhrs
Lisa and Ken Rogler
Fred and Mertcyce Rohles Jr.
Gibyl and James Ronen
Janet Roseland
Gina Ross-Thornton
and Parker Thornton III

Carolyn Rumph
Jeanettia and Wayne Rush
Candyce Russell
Dianne Ryan
Lynne Ryan
Traude and Scott Sander
Marie Saracino
Dorothy and William Sauder
Brenda Schawe
Connie Schlageck
Chris Schnelle
Marjorie and Dean Schowengerdt
Pam Schrivener
Connie Schweer
Paula Seematter
Margaret Segebrecht
Susan and Larry Seitz
Victoria Seitz
Corinne Selph
Pauline Selves
Dorcas and Bob Severance
Joyce and Bill Shafer
Brenda and Michael Sharpe
Roger and Rita Shenkel
Lynn Shepard
Anita and Keith Sherwood
Dorothy Short
Roxanne Shouse
Sue Sickles
Rhonda Simonis
Helen Simons
Tammy Simons
Brenda Simpson
Kimberly and Sean Skelton
Marylois Smith
Melanie Smith
Jane and Virgil Snell

Bill and Sharon Snyder
Lori and Troy Sporer
Daleen and Larry Spradlin
Delaine and Clint Stalker
Ramona and Marcus Steadman
Jan and Don Stephens
Connie Stevens
Sandra Stith
Diana and Wayne Stockebrand
Duane and Jo Ann Stoskopf
Jo Ann and Lawrence Stoskopf
Emily Stottlemire
Peggy Strickland
Philip and Katie Strong
Mary and Ross Stryker
Marcy and Kelly Stuhlsatz
Richard and Barbara Stultz
Cheryl Svetgoff
Dolores and Gary Swenson
Dave Swickard
Roberta Swinehart
Lee Taylor
Susan Tellefson
Elizabeth and Don Thomas
Linda and Mike Thomason
Jeanne and Harlan Thyfault
Ralph and Mary Ellen Titus
Linda Towle
Doris Trotter
Margaret Trussell
Elaine Turner
Renita Ubel
Judith Urich
Richard Vaden
Timothy Van Allen
Sandra Vassar
Karen Vaughan
Jan Wahl
Vera Waldman
Ronald Wall
Kathy and Bob Walsten
Weiqun Wang
Carol Watkins
Catherine Waugh
Frances Waugh
Doris and Robert Weaverling
Grant Weikal
Lisa Weixelman
Anita and Michael Welch
Ruth Wells
Valerie West and William Craig
Carrilee and Phillip Whitaker
Jilinda and Roger White
Dorothy and Robert Wiens
Natasha Wiese
Carolyn and Patrick Wilburn
Bertha Williams
Arlene Wilson
James and Elise Wilson
Mary Helen Wilson
Maxine Wilson
Michael Wilson
Jan and Roger Winter
Lorice and Martin Woner
Joan Woods
Stefanie Workman
Doris Wright Carroll
JoAnn and John Wylie
Linda and Michael Yehle
Norm and Kristy Yenkey
Carol Young
Jan Young
Alice Yount
Deanna and Leonard Zeitlow
Lori and Robert Zienkewicz
Carol Ann Zimmerman

The Founders of the Legacy of Excellence Society

The Founders of the Legacy of Excellence Society Lifetime membership is given to those who have made a gift of \$100,000 or more to the College. Their investment will play a vital role in the future success and advancement of our College (as of July 2007):

David and Rita Beggs
Gene Bicknell
Elizabeth and Frank Burke
C.Q. and Georgia Chandler, III
Jody Galichia
Kathy Galichia
Jeane and Bruce Johnson
LeRoy McAninch
Betty Miner
Jean and Phillip* Myers
Virginia and Perry Peine
Bob and Betty Tointon
*Deceased



**Human Ecology
Partner Award
H. Duane Saunders, M.S.
'61 B.S. physical
education
'81 M.S. adult and
continuing education**

Mr. Saunders is a renowned clinical physical therapist and industrial consultant whose contributions to research and development, and clinical practice, have earned him the title of a "giant" in his field by the magazine Advance for Physical Therapists and PT Assistants.

Mr. Saunders has provided significant support to the sports medicine program and the Sports Medicine Center at K-State. He also established the Col. H. Duane Saunders Excellence Fund, was awarded a Kansas State University Alumni Fellow designation in 2006, and serves on the KSU Foundation's Board of Trustees.

Mr. Saunders earned his B.S. in physical education and an Army officer's commission from K-State in 1961; his certificate in physical therapy from the Mayo Foundation in Rochester, Minn., in 1963; and his M.S. in adult and continuing education from K-State in 1981.

Mr. Saunders and his wife, Bonnie, live in Eden Prairie, Minn. The business he founded, The Saunders Group, Inc., is located in Chaska, Minn.

SOLDIERING ON: HOW YOU CAN HELP

About 92,000 National Guard and Reserve personnel are currently deployed. They need to know that their loved ones are not struggling alone. Here are a few suggestions to help you reach out to National Guard and Reserve families.

- Start with simple acts of kindness. Mow the lawn. Shovel the snow. Drop some cookies by the house.
- Attend a kid's football, soccer or volleyball game. Go to a recital or play. You are NOT a dad-substitute; you are a friend of the family who's paying attention.
- If Mom wants to talk about her husband's deployment, she'll bring it up. Don't force the situation with lots of personal questions. Don't fish for details.
- Trust is built over time. When your friend or neighbor seems worried or sad, if the trust is there, you are ready to be a good listener.



If you're opposed to the war, how do you talk with your kids to make sure they're supportive of other kids whose parents are deployed? Chuck Smith has a few suggestions, which you can adapt to your child's age and understanding of the issues.

- Emphasize to your children that many brave men and women from our country care about the people in Iraq and Afghanistan. They are defending the people who want to build free, safe countries.
- However, there are other people who don't want that to happen and who want to hurt others. Our servicemen and servicewomen are trying to stop the bad people.
- Use simple words. Be careful what you say. Be honest. Don't preach slogans around kids. It's difficult to tease out the political issues from the human issues, but it's necessary.

Check out our website!
www.humec.k-state.edu

KSTATE
Kansas State University

College of Human Ecology
119 Justin Hall
Manhattan, KS 66506-1401

486

Nonprofit Organization
U.S. Postage
PAID
Parson, Kan.
Permit #181

Notice of Nondiscrimination

Kansas State University is committed to nondiscrimination on the basis of race, sex, national origin, disability, religion, age, sexual orientation, or other nonmerit reasons, in admissions, educational programs or activities and employment (including employment of disabled veterans and veterans of the Vietnam Era), as required by applicable laws and regulations. Responsibility for coordination of compliance efforts and receipt of inquiries concerning Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans With Disabilities Act of 1990, has been delegated to Clyde Howard, Director of Affirmative Action, Kansas State University, 214 Anderson Hall, Manhattan, KS 66506-0124, 785-532-6220