

INTRODUCING THE COLLEGE OF HEALTH AND HUMAN SCIENCES

SPRING 2019

FOCUS

IN A
WORLD FOCUSED
ON
THINGS
WE FOCUS FIRST ON
PEOPLE

KANSAS STATE
UNIVERSITY

College of Health and
Human Sciences



FROM THE DEAN

Greetings from the newly named College of Health and Human Sciences.

As I shared with everyone in December when the name change was officially approved, this new name will better reflect the academic majors, programs and departments within our college. While the name is new, the college will continue to offer the same programs it has always provided along with some new programs under development! Our hope is that with a new name, our college becomes more recognizable and it becomes easier for prospective students to understand what our college has to offer. We will continue to discover, disseminate and apply knowledge to meet basic human needs and improve the human condition.

Along with the name change, a lot of new things are happening around the college. Our athletic training program will welcome its first class of students into the new master's program as an advanced degree will now be required to become a certified athletic trainer. This spring, our physician assistant program took the next step in the approval process with the Kansas Board of Regents. We hope to welcome our first class in spring 2021. Gwen Ferdinand-Jacob, director of the physician assistant program, has been building her team. She welcomed Autumn Caycedo as the program's medical director, Sujatha Prakash as the program's coordinator, Candice Tucker as the clinical

director and rounded out her team with Bradley Dirks as the program's academic director. Along with program changes, we continue to renovate space in order to better serve our students. The School of Family Studies and Human Services will open a new student services center on the third floor of Justin Hall in time for the fall semester. This new space will help with advising and support for current students and aid in the recruitment of future students.

In this issue of FOCUS, we will highlight other exciting things including our inaugural class of Rising Professional Award winners; two students whose fashion designs have been showcased on the national level; an Evening of Impact celebrating the college's philanthropic support; the annual Travel and Dining Auction and the ATID Showcase of Excellence and much more!

I thank you for your continued support and look forward to your help in advancing the College of Health and Human Sciences.

Sincerely,

John Buckwalter
Betty L. Tointon Dean

FOCUS

College of Health and Human Sciences
Kansas State University
May 2019



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KANSAS STATE
College of Health and
Human Sciences

**NEW
NAME.
SAME
GREAT
COLLEGE.**

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Show your support today with a
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FOCUS Magazine is published twice a year by the College of Health and Human Sciences and the Kansas State University Foundation. Chelsi Medved, events and communications coordinator for the college, writes and edits the magazine. Ella Henton, graphic designer and K-State alumna, manages the design, copy editing and printing. The photography is from private collections and the Division of Communications and Marketing Photo Services. On the Runway photos by Jason Atherton and Remanda Xiang as well as FashionNXT. Evening of Impact photos courtesy of David Mayes Photography. Showcase of Excellence photos by Alex Todd.

STABILITY WITHIN CHANGE

Our college has faced many times of adversity and the need to adapt to prepare for the future, including name changes and protests to avoid a college shutdown. Take a look back through the evolution of the college, from the first women's course being offered in 1873 through present day as we celebrate this next milestone.



Domestic science and domestic art students, 1884



Cooking class, 1890



Laboratory class, 1899



Doretta Hoffman visits with home economics students, 1965

1873

First women's course is offered

1880

Department of Household Economy and Sewing is established

1897

Department of Domestic Science is established

1918

Division of Home Economics is established

COLLEGE LEADERSHIP

Nellie Kedzie
1882-1897

Helen Bishop Thompson
1918-1923

Margaret Justin
1923-1954

"The Kansas State University College of Human Ecology faculty and alumni enable the college to continue to play an important role at the university, within the state, nationwide and worldwide. The college has a tradition of leadership and it continues to be on the brink of the future. We have learned from the past and we are shaping the future. "Stability Within Change" perhaps expresses why this program at KSU has not only survived but thrived, while others across the country have been taken over by larger units or have disappeared entirely. Faculty work with other departments and colleges across the campus and outside the university to develop interdisciplinary research and programs. They conduct both basic and applied research, and they convey the spirit of inquiry to their students."

– Barbara S. Stowe
Former Dean 1983 to 1998



Students in Justin Hall, 1959



Faculty, students and alumni gather to protest the potential closing of the college, 1990



Apparel and textiles classroom, 2017



Leadership meeting seminar, 2003

1942

Division of Home Economics becomes the School of Home Economics

Doretta Hoffman
 1954-1974

1963

College of Home Economics established

Ruth Hoeflin
 1975-1983

1985

College becomes the College of Human Ecology

Barbara S. Stowe
 1983-1998

2019

College becomes the College of Health and Human Sciences

Virginia Moxley
 2006-2013

Welcome to the College of Health



4 DEDICATED BUILDINGS

JUSTIN HALL, MARY AND CARL ICE HALL,
K-STATE FAMILY CENTER AND HOEFLIN
STONE HOUSE EARLY CHILDHOOD
EDUCATION CENTER



2,556 STUDENTS

INCLUDES GRADUATE AND
UNDERGRADUATE STUDENTS THROUGH
THE MANHATTAN, POLYTECHNIC AND
GLOBAL CAMPUSES



\$700,000

IN STUDENT SUPPORT ANNUALLY



192

TEACHING FACULTY

155

STAFF MEMBERS

Following the visionary leadership before us, the College of Health and Human Sciences will continue to shape the future through the education of the next generation of K-State students that are called to improve the health and well-being of individuals, families and communities. In a world focused on things, we will continue to focus first on people."

– JOHN BUCKWALTER

Betty L. Tointon dean, 2013-present

and Human Sciences



UNDERGRADUATE

15 PROGRAMS

8 MINORS

3 CERTIFICATES



GRADUATE

19 MASTER'S DEGREES

5 CERTIFICATES

11 PH.D.
SPECIALIZATIONS

"L'inverno" collection pieces by Jaxson Metzler.



"Juxtaposition" pieces by Mason Burns.



ON THE RUNWAY

Mason Burns and Jaxson Metzler, both students in apparel design and production, recently took their clothing collections to the runway stages.

Burns, a senior from Lyndon, Kansas, debuted his collection last fall at Portland's FashionNXT Week. The event is internationally known for showcasing what's next in fashion. His debut collection, "Juxtaposition", paid homage to his country upbringing, focusing on looks he observed in a small town high school. It featured camouflage, work wear and reflected his peers' obsession with Nike. His designs showcased these looks using reworked, second-hand clothing and a "destroy to create" design mentality.

Metzler, a sophomore from Minneapolis, Kansas, took his collection to the Kansas City Fashion Week stage in March. His collection, "L'inverno", was inspired by Vivaldi's "Winter" from "the Four Seasons." His collection took classic silhouettes and styles and made them dramatic and modern through fabric choice and updated silhouettes.

"The success of Mason and Jaxson points to an ever-increasing level of diversity within our program," said Genna Reeves, assistant professor of apparel and textiles. "We are seeing an increasing number of male students in the apparel and textiles program as fashion becomes a more socially acceptable discipline of study for any gender in our culture."

Burns will graduate in December 2019. He hopes to become an entrepreneur and designer, creating a high-end retail business following graduation. His work can be found at projectionsofthemind.com. Metzler also plans to create a design business or go into costume design for film and theater. He is set to graduate in 2021.



Mason Burns, left and Jaxson Metzler pose with pieces from their recent collections.



RECRUITING THE FUTURE

Jessica Ayres joined the college in January 2019 as the recruitment assistant. Housed in the Dean's Office, she spends her days meeting with prospective students all across the Midwest at events, conferences and high schools. We sat down with Jessica to get to know more about her plans for her new role.

WHAT BROUGHT YOU BACK TO CAMPUS?

I came back because of the opportunity to meet and connect with prospective students. Choosing a college and a degree path can be an overwhelming and difficult decision, and I want to help students process through it. I also loved my experience and time at K-State as an undergrad in the College of Human Ecology, so the chance to come back and represent the college was an easy choice for me.

DESCRIBE WHAT YOU DO IN YOUR ROLE?

I focus on recruiting students for all of our programs in the college. I visit high schools, attend career fairs, exhibit at student conferences, and meet with prospective students who are visiting campus. I also spend time developing new recruitment initiatives and programs to broaden our reach of students, along with building relationships with teachers and advisors across the state.

Name: Jessica Ayres

Alma Mater: Kansas State University
College of Human Ecology

Hometown: Wichita, Kansas

WHAT ARE YOU MOST EXCITED ABOUT IN YOUR POSITION?

I am most excited about the opportunity to help students find their fit. Whether that be here at K-State or somewhere else, I want to help students discover what they're passionate about and how that can translate into an area of study and a career.

SECRET TALENTS OR FUN FACTS MOST PEOPLE WOULDN'T KNOW ABOUT YOU?

I was an extra in an international film shot in Italy that won second place at a film festival. It was a zombie movie and I played a human chicken. I still don't really know what a human chicken is and since it was all in Italian, the language barrier didn't help me in figuring that out.

Jessica is happy to connect with any prospective students who may have an interest in visiting the College of Health and Human Sciences or another college at K-State. She can be reached at jaayres@k-state.edu.

| EVENING OF IMPACT |



Maggie Syme, left, assistant professor in gerontology, works with Nancy Peterson on circle drawings during the Center on Aging activity.



Kathleen Hoss-Crus, instructor in the Department of Food, Nutrition, Dietetics and Health, talks with visitors about education abroad opportunities within the department.



Sharon Nickols and Amber Venum, associate professor in couple and family therapy, visit with Jennifer Francois, assistant professor in early childhood education, and Makayla Norwood at the early childhood education display, where they demonstrated their research using GoPro cameras with children at play.



Hospitality management students display their homemade desserts, which were each accompanied by a wine pairing.

The College of Human Ecology's Evening of Impact celebrated the benefits philanthropy brings to the college. Guests were treated to unique interactive activities that highlighted student experiences from departments throughout the college.



Jan and Don Wissman, left, and Carol Kellett, right, visit with Kristen Brunkow O'Shea and her mother.



President Richard Myers takes a virtual reality tour with direction from Angie Leek, senior in interior design.



Mark Haub and Carol Kellett, right, take in the history of the college.



Kinesiology doctoral student Andrew Alexander, right, discusses ongoing research with Dwight Day, left, while Shane Hammer, doctoral student in kinesiology, acts as a research subject.

ADVANCING HEALTH AND HUMAN SCIENCES THROUGH RESEARCH

With the K-State 2025 goal of becoming a Top 50 public research university, the College of Health and Human Sciences faculty continue to advance their fields through research and scholarly activity. In fiscal year 2018, the college received \$12.68 million in research funding. Here are a few examples of the work they are doing to advance the areas of health and human sciences:

AGEISM AND SEXUAL WELLNESS IN LATER LIFE

Maggie Syme, assistant professor of gerontology, looks at the socio-cultural impact of ageism on the sexual wellness of older adults, both in terms of sexual health practices and general sexual expression and wellness. The project looks at the potential impact of the cultural construct of ageism (age-related stereotypes formed and reinforced by society, negative attitudes about aging, and discriminatory behaviors related to those attitudes and beliefs) on the sexual health and wellness of older adults. One study found that when older adults describe sexual wellness in their own terms, they bring up age as a major issue, which differs from younger cohorts who don't seem to define their sexual wellness in terms of age.

ARMY TRAINING AT HIGH INTENSITY

Nearly 16 percent of U.S. Army personnel are obese – the highest percentage among the armed forces. Katie Heinrich, associate professor in kinesiology, and her team are working on the Army Training at High Intensity Study. This 5-year federally funded study is examining the effectiveness of high-intensity functional training, or HIFT, versus the usual Army Physical Readiness Training by comparing changes in body fat percentage, fitness and health levels, and mental and physical characteristics of active duty soldiers. Study results will help inform the utility of functional-oriented training for soldier health, fitness and combat preparedness.



FAMILY ADVOCACY

The United States Air Force-Family Advocacy Program has been an ongoing partnership with Kansas State since 2007. Led by Sandra Stith, and supported by numerous Couple and Family Therapy faculty and students, Extension professionals and university scientists collaborate with the U.S. Air Force research staff to provide a wide range of research studies and training products necessary for continued leadership and development of the Family Advocacy Program. Under this initiative, a variety of projects have been undertaken, including a comprehensive study of resources for and needs of USAF victims of sexual assault; a comparison of on-line versus in-person relationship education programs; and an ongoing program to assess the effectiveness of secondary prevention programs being delivered at Air Force bases worldwide to prevent partner and spouse maltreatment among USAF members and their families.



OBESITY PREVENTION

Tanda Kidd, professor in food, nutrition, dietetics and health, is analyzing the impact of a five-year, USDA-funded, tri-state, community-based adolescent overweight and obesity prevention program called Ignite: Sparking Youth to Create Healthy Communities. The goal of the project is to identify behavioral and environmental factors that influence overweight and obesity in 6th-8th grade youth, and engage selected communities in implementing effective and sustainable strategies to increase dietary intakes of fruits and vegetables; increase the variety of vegetables in the diet; decrease dietary intakes of foods high in solid fats and added sugars; and increase physical activity. The program is being run in racial/ethnic, limited-resource middle schools and surrounding communities in Kansas, Ohio, and South Dakota. Kidd and her team are using a guided focus group technique known as Ripple Effect Mapping in which they are analyzing qualitative data related to what participants identified as working well, why they believed it worked, and how they plan to sustain it.

SUSTAINABILITY EDUCATION

Junehee Kwon, professor in hospitality management, and Melody LeHew, professor in apparel and textiles, are working to improve sustainability education. As co-investigators, they are working with the beef cattle industry to develop a program to prepare faculty from multiple disciplines to teach sustainability. The goal will be to prepare college graduates to make informed decisions and recognize trade-offs and unintended consequences within the supply chain.

CONSUMER INTENTIONS

Kim Hiller, associate professor in apparel and textiles, examines how knowledge, attitudes and beliefs influence consumer intentions to purchase environmentally sustainable apparel. Hiller has focused her research on the U.S. consumer market, but has recently worked with a graduate student to examine the same variables in the Kuwait market.

HEALTH PROMOTION THROUGH GIRL SCOUTS

Richard Rosenkranz, professor in food, nutrition, dietetics and health, has spent the last five years working with a regional Girl Scouts council to address healthful eating, physical activity and obesity prevention among school-aged girls in 22 counties in northeast Kansas. Through the years, the council officers and Rosenkranz's team have worked together to provide greater opportunities for girls to build leadership skills and develop courage, confidence and character through healthy and enjoyable scouting experiences. Over the course of multiple project phases, hundreds of troop leaders have participated in wellness training, with subsequent impact on more than 1,000 girls and their parents.



RISING PROFESSIONALS

The college welcomed back 17 accomplished alumni in March who were selected to receive the College of Human Ecology's Rising Professional Award.

The Rising Professional Award is given to honor significant contributions made by a graduate in the early stages of his or her career. Recipients have demonstrated significant professional accomplishments through publications, professional organizations or programs, and have made efforts to improve the health and well-being of the community.

"The Rising Professional Award used to be presented to one or a couple of individuals during our Celebration of Excellence in the fall of each year," said John Buckwalter, Betty L. Tointon dean. "However, there were always a large number of very deserving nominees for this award. Needless to say, it was really tough to decide who to honor. Our faculty and college leadership felt we had so many deserving recipients, we needed to create a celebration just for these

emerging industry leaders. The college was excited to have these alumni back on campus as a group to not only celebrate their accomplishments, but share how their K-State experience prepared them to succeed in their career fields."

The award winners were back on campus March 21 and 22 to accept their awards and meet with current faculty and students to share their experiences and career advice. Samantha Clark, junior in athletic training, attended multiple events with the two Rising Professionals who are current athletic trainers. "I have pretty big career goals set for myself, but after meeting the Rising Professionals, they really set my heart on fire," said Clark. "To hear them talk about the things that keep them going and make their jobs enjoyable got me pumped to start my career. These people have set such a high standard for our program and college altogether and I only hope to help contribute to those same standards someday."



"They inspired me when thinking about my future career, but they also got me excited about the things I can do now and the opportunities I can create while I'm still in school." – **Samantha Clark**



**C.J.
ADUCCI '13**

Executive Officer, Chickasaw Nation
Department of Family Services



**JAMIE
BOSSE '04**

Financial Planner, Aspyre
Wealth Partners



**ROBERT
DAVIS '06, '09**

Study Director, Covance Laboratories



**MEGHANN
DAY '04**

Partner, HBA International Inc.



**CODY
DERBY '16**

Minor League Baseball Athletic
Trainer, Detroit Tigers



**TRENT
JONES '15**

Executive Director, Boys and
Girls Club of Manhattan



**MITCHELL
KEATING '13**

Chiropractic Sports Physician,
Keating Chiropractic



**AUDREY
KOEHN '05**

Global Interiors-Leader, DLR Group



**KATRINA
MARSHALL '08**

Managing Partner, Manhattan
LongHorn Steakhouse



**LAURA
MCCABE '04**

Assistant Athletic Trainer, San
Francisco 49ers



**MICHAEL
MINNIS '13, '15**

Coordinator of Performance Nutrition and
Assistant Strength Coach, Philadelphia Eagles



**KALE
MONK '10, '13**

Assistant Professor and State Extension
Specialist, University of Missouri



**MONICA
NELSON '13**

Senior Manager, Operations Compliance
and Systems, Wingstop Restaurants Inc.



**KRISTEN
BRUNKOW O'SHEA '14**

Owner/Coach,
O'Shea Strengths Coaching



**PRATIK
PATEL '08, '12**

Director of Performance Nutrition and
Assistant Strength and Conditioning Coach,
New York Football Giants



**JAKE
QUIGLEY '06, '09, '11**

Executive Director, Waterstone at
the Circle-EPOCH Senior Living



**KARA
SCHMIDT-ROBBEN '08**

Senior Associate-Design, Unispace

2019 RISING PROFESSIONALS

TRAVEL & DINING AUCTION

By: Sydney Hookstra, student, hospitality management

The 23rd Travel and Dining Auction, or TDA, saw another year of success on March 22 at the Hilton Garden Inn. The TDA is an event run by students to benefit students, with all proceeds going toward scholarships and student organizations in the hospitality management department.

The TDA team and the hospitality department were ecstatic to have grossed over \$45,000 from this year's event.

Nancy King, instructor of hospitality management and the TDA advisor said, "Financially it provides each of the student clubs money to run their organizations. We allocate funds to the graduate club and the hospitality management club so they can go to conferences and do tours within the industry."

The night included a silent and live auction as well as games and grab bags. Guests were in high spirits as they consumed delicious appetizers, made by students in the capstone food service class, and drinks at the bar.

The silent auction featured items that were donated from more than 700 companies, family members, friends and alumni across 24 states. Items ranged from K-State gear, hotel stays, theme park tickets, wine and so much more. As soon as the words, "Pull the Pens," were announced, there was a rush of excitement in the crowd as people put their last bids in. The silent auction raised over \$15,000. "While I like all aspects of the TDA, my favorite part is always the silent auction," said John Buckwalter, Betty L. Tointon dean. "There is an excitement that builds to see who emerges with the winning bid."

The live auction was the highlight of the evening, raising over \$13,000. The auctioneer brought out a thrilling competition in the guests who bid on 11 live auction items, including:

- Hotel stay in the historic downtown Nashville Courtyard and a City Winery Tour, VIP Star Card, Claim Jumper Restaurant and Newt's Eatery.
- A visit from the K-State Marching Band and Classy Cats to your tailgate at any home football game.
- Four-course meal and wine pairing at Harry's in Manhattan with Dean Buckwalter and his wife, Amalia.
- Chocolate making lessons at Glacier Confections in Tulsa, Oklahoma, with a gift card to Mahogany Steakhouse and Neighborhood Jam.
- A K-State purple Iron Works Bench that could be customized or sold as is.

The interactive games were a sight to see. Guests were jumping up and down during paddle mania – a new game at this year's TDA. Guests held up a two-sided paddle, selecting either a pineapple or wine bottle as their image of choice. A coin was then flipped and if they held up the correct side, they could continue standing until only one person remained, winning the game. There was also a raffle for a trip to Kansas City and one to Wichita along with a 50/50 card game with the chance to win a cash prize.

The TDA is both a class and an event. Fifteen students had just under three months to prepare for all aspects of the auction from collecting donations and marketing and ticket sales, to room layout and the event timeline. Students plan the event from the beginning to the very end, giving them a well-rounded experience as an event planner. "It gives students experience and it gives them practice, and it helps them in a very short period of time to grow," said King. "If you want to be an event planner and you take this class, you have a very different appreciation for events."

Next year's TDA will be April 3, 2020. The hospitality department and King are excited to see what next year will bring.



SHOWCASE OF EXCELLENCE

ATID AWARDS K-STATE AND HIGH SCHOOL STUDENTS AT THE ANNUAL SHOWCASE OF EXCELLENCE EVENT

Students in the Department of Apparel, Textiles, and Interior Design (ATID) produced the sixth annual Showcase of Excellence on April 25 at the K-State Alumni Center. The event included a high energy fashion show and gallery exhibit of creative and intellectual work of K-State and secondary school students. This year's theme, "Thrive," allowed students to reflect upon how their discipline impacts human factors of well-being. The Showcase of Excellence was the kickoff event for the 15th annual ATID Student Symposium on April 26. Current and prospective students spent the day interacting with apparel and interior industry professionals.

There were 92 entries in the runway show, including two student collections previous shown at national fashion shows. The gallery exhibit showcased 78 projects.



Designer: Mason Burns, *Lorraine*
Model: Austin Morris



Designer: Dani Hall, *Queen of Diamonds*
Model: Remmi Monohan



Designer: Jamie Hoffman, *Greater than the Sage Grouse* • Model: Lucy Coopman,



Model & Designer:
Ashley Oldham, *A Love Story*

K-State third-year through graduate student Runway winners:

First Place: Andrada Redmond, *Baransu Urban Balance*

Second Place: Kelly Grogan, *Folk Art Florals*

Third Place: Rachel Dugger, *Tectonics*

Honorable Mention: Amani Hasan and Xiwen Wei, *XSCAPE*

K-State third-year through graduate student Gallery Exhibit winners:

First Place AT: Jamie Hoffman, *Intergalactic Fight Club*

First Place Tie ID: Alexa Keim, *Empowering Women through the Design of Domestic Violence Shelters*

First Place Tie ID: Angie Leek, *Salutogenesis in the Workplace*

Second Place AT: Andrada Redmond, *Positive Energy: the Art of Aikido*

Third Place AT: Faith Janssen, *The Dichotomy of Nature*

K-State first- and second-year student Runway winners:

First Place: Jaxson Metzler, *L'Inverno - Fall/Winter 2019/2010 Collection*

Second Place tie Leaf Print Project, 11 students: Brittany Blackim, *Dogwood*; Ana Garcia, *Mimosa Tree*; Martha Hill, *Smoke Tree*; Emilee Holloway, *Sweet Gum*; Gracie Key, *Elder maple sweet gum*; Jaxson Metzler, *Japanese Red maple*; Allison Nigg, *Red oak*; Ashley Oldham, *Catalpa*; Gigi Oste, *Red Sugar Maple*; Kristen Tompkins, *Black Walnut*; and Jenna Znamenak, *Sumac*.

K-State first- and second-year student Gallery Exhibit winners:

First Place AT: Linsay Jaeger, Abby Swafford and Emilie Salongridaysa, *Frida Kahlo: The Frame and Fashion*

First Place Tie ID: Brett LaFluer, *The Sustainable Weekend Retreat*

First Place Tie ID: Ivana Maodus, *Weekend Retreat*

Second Place AT: Autumn Mock, *Roolee: Retail Direct Mailer*

Second Place ID: Hannah Richardson, *The Weekend Retreat*

Third Place AT: Adrianna Castillo, Mallory Gray, Reilly McMillan and Jaxson Metzler, *Work Hard Play Harder: Evan's Wardrobe Plan*

Inspired by the Janet Lee Rees Collection winners:

First Place: Ashley Oldham, *A Love Story*

Second Place: Martha Hill, *New Age Pearls*

Third Place: Jaxson Metzler, *Emerald Green Elegance*

Secondary School winners:

First Place: Elizabeth Esch, *Vain Delight Collection*

Second Place: Amarachi Nwakpuda, *Legends of the Sun*

Third Place: Emma Ebert, *Gray Wool Ensemble*

Honorable Mention: Charlotte Bloede, *Sounds of Nature*

Honorable Mention: Grace Pfannenstiel, *Kitchen Mood Board*

In addition, students in AT and ID were recognized for work or contributions beyond the gallery and runway:

Best AT First Year Paper: Lauren Lane, *Fake Fashion in the Apparel Industry*

AT Professional Promise: Sandy Her

AT Professional Promise: Sierra Chase

ID Advanced Digital Technology Applications in Design –

Using Virtual Reality to Enhance the Design Process:

Angela Leek & Madison Larkin

Outstanding Senior Paper – Using Research and EBD to

Execute a Comprehensive Design Process: Alexa Keim

A LOOK AROUND THE COLLEGE



VENKI CHANDRASHEKAR DELIVERS COMMENCEMENT ADDRESS

Venki Chandrashekar, general manager specialty chemicals at Chevron Phillips Chemicals, delivered the spring 2019 commencement address. In his role, Chandrashekar oversees all commercial aspects of this global business with teams in the Americas, Europe and Asia and has profit and loss responsibilities for this specialties business.

He came to the U.S. from India in 1982 to attend graduate school at K-State after finishing his undergraduate engineering degree in Textile Technology from the University of Madras, India. He received his master's degree in clothing and textiles from the College of Human Ecology in 1984.

He is passionate about mentoring and developing young diverse professionals and is interested in cross border and cross-cultural dealings both personally and professionally. He volunteers for a number of community causes and raises funds for education and community outreach in The Woodlands, Texas. He also supports a number of causes for the underprivileged in India.



PHILLIP VARDIMAN SELECTED AS HEAD ATHLETIC TRAINER FOR PAN-AMERICAN GAMES

Phillip Vardiman, Ph.D., LAT, ATC, will serve as the head athletic trainer for the USA Track and Field team at this year's Pan-American Games. The 2019 games will take place in August in Lima, Peru.

The Pan-American Games will gather around 6,700 athletes who will participate in 39 sports and 62 disciplines. There will be a total of 17 days of competitions and ceremonies to be held in 14 districts of Lima and Callao, spread amongst venues such as VIDENA, Villa Maria del Triunfo Sports Complex, Callao Regional Sports Village, Villa El Salvador Sports Center, Punta Rocas, and others.

Vardiman is an associate professor and serves as the program director for the athletic training program. Vardiman has most recently been recognized as the Educator of the Year from the Mid-America Athletic Trainers' Association and the Most Distinguished Athletic Trainer from the National Athletic Trainers Association.



CHERYL JOHNSON NAMED 2019 ALUMNI FELLOW

Cheryl Johnson, director of child nutrition and wellness for the Kansas State Department of Education was named the 2019 Alumni Fellow for the college. Johnson and her team administer the USDA Child Nutrition Programs in Kansas and provide leadership, training and monitoring for 800-plus local sponsors who provided 102 million meals and snacks to Kansas children in 2018.

Johnson graduated from K-State in 1980 with a bachelor's degree in foods and nutrition and in 1983 with a master's degree in dietetics and institutional management. She is registered and licensed dietitian and a Kansas Health Foundation leadership fellow.

The Alumni Fellows Program, sponsored by the K-State Alumni Association, the President's Office and the Deans' Council, recognizes alumni who have distinguished themselves in their careers.



HARMS AND SAUER WIN PRESIDENTIAL AWARDS

Two College of Health and Human Sciences faculty members were awarded a 2019 Presidential Award.

Craig Harms, professor and department head for kinesiology, was awarded the Presidential Award for Outstanding Department Head. He is credited with helping the kinesiology department's student numbers grow, recruiting exceptional faculty, program development, increasing extramural funding, enhancing graduate student education, increasing undergraduate majors involved in research, and improving department infrastructure. Since becoming department head in 2014, Harms has based his visioning and decision-making on creating an environment for his faculty to be successful and making the department's student experience the best possible. To that end, Harms oversees a department that now has nearly 700 undergraduate majors. The department's extramural funding has grown by more than \$5 million under his leadership, and he has helped recruit high-quality faculty members who have landed major grants from NASA, American Cancer Society, National Institutes of Health and more. Numerous kinesiology faculty members have won teaching and research awards, and faculty publications in leading research outlets have increased significantly. He also helped his growing department secure, develop and equip additional classroom and laboratory space. In addition to his department head role, Harms continues to teach, conduct research and is active in service to his profession.



Kevin Sauer, associate professor of food, nutrition, dietetics and health, was awarded the Presidential Award for Excellence in Undergraduate Teaching. Sauer teaches students in both the coordinated program in dietetics and the didactic program in dietetics. He also serves as the co-director and co-principal investigator of the university's Center for Food Safety in Child Nutrition Programs. Along with the Presidential Award for Excellence in Undergraduate Teaching, Sauer has been recognized with the Commerce Bank and W.T. Kemper Foundation Outstanding Teaching Award and is a four-time recipient of the Bedford Outstanding Faculty Award. He also received the Outstanding Dietetics Educator Award and the Myers-Alford Teaching Award.

CONGRATULATIONS TO OUR SPRING 2019 OUTSTANDING SENIORS!

The **Engagement Award** is given to a graduating senior who has made exemplary contributions that impact the well-being of the community or individuals in the community.

ENGAGEMENT WINNERS:

Tara Bledsoe | *Silver Lake
Communication Sciences and Disorders*

Catherine Brown | *Lake Umbagog, New Hampshire
Dietetics*

Matthew Burnett | *Denver, Colorado
Nutritional Sciences*

Lindsey Hamner | *Shawnee
Human Development and Family Science*

Heather Lipps | *Portland, Maine
Kinesiology*

Melissa Motta | *Martinez, California
Nutrition and Health*

Abigail Pope | *Leawood
Personal Financial Planning*

Lauren Reyes | *Wellington
Hospitality Management*

Christina Wiley | *Leavenworth
Human Development and Family Science*

The **Leadership Award** is given to a graduating senior who has exhibited excellence in leadership, contributing to campus, college, program and/or professional organizations.

LEADERSHIP WINNERS:

Alex Barney | *Shawnee
Communication Sciences and Disorders*

Nicholas Bouzianis | *Tecumseh
Nutritional Sciences*

Meghan Dyster | *Olathe
Human Development and Family Science*

Nathaniel Faflick | *Wichita
Human Development and Family Science*

Cody Filbert | *Wamego
Hospitality Management*

Jack Giardino | *Washington, Iowa
Personal Financial Planning*

Sandy Her | *Kansas City
Apparel and Textiles*

Shayna Karmann | *Yates Center
Kinesiology*

Makenzie Keen | *Manhattan
Dietetics*

Angela Leek | *Olathe
Interior Design*

Megan Ochoa | *Manhattan
Nutrition and Health, Gerontology*

McKenna Parker | *Blue Springs, Missouri
Nutritional Sciences*

The **Research/Creative Inquiry Award** is given to a graduating senior whose research or creative activity has made a significant contribution to his or her field of study.

RESEARCH/CREATIVE INQUIRY WINNERS:

Macy Burke | *Spring Hill
Nutrition and Health*

Emma Deatherage | *Olathe
Communication Sciences and Disorders*

McLain Hymer | *Overland Park
Human Development and Family Science*

Aidan Murray | *Salina
Kinesiology*

Dakota Nelson | *St. George
Hospitality Management*

Josh Payne | *Lyndon
Personal Financial Planning*

Alex Vonderschmidt | *Gardner
Dietetics*

Samantha White | *Tonganoxie
Apparel and Textiles*

McKenzie Zimmermann | *Junction City
Human Development and Family Science*

2019 STUDENT COMMENCEMENT SPEAKER

Kaitlyn Demuth | *Dodge City
Kinesiology*

Save the Dates

Join us this fall at the College of Health and
Human Sciences hospitality tents in Cat Town!



Sept. 7



Oct. 26

- Open to all alumni and friends of the college • No cost to attend
- Begins 2 hours prior to kickoff • Catered by our own Lacy's Fresh Fare and Catering

For more information, contact Chelsi Medved at 785-532-3360 or cmmedved@k-state.edu