In A World Focused On Things, We Focus First On People. SPRING 2020

FOCUS





Greetings from my remote office,

In my seven years as an administrator at K-State, I can truly say that spring 2020 has been the most unusual, with a unique set of challenges. In March, the Manhattan campus was shut down to students and faculty and staff to do our part in helping stop the spread of COVID-19. Our students left for spring break, with plans to return to class after a weeklong hiatus, but were instead presented with a closed campus and courses moving to an online format. While we would love to still be on campus, I am reminded how grateful I am to have my Health and Human Sciences colleagues and our amazing students, who I know will adjust and succeed during this period. I have always been impressed with the amazing faculty and staff members in the college, but this experience has brought into sharp focus the dedication and talent within our college.

While these times will continue to test us, there is still a lot of positive news I want to share.

This spring, the K-State & Wichita State Pathway to Nursing Program was officially approved and is in the final preparation stages! A team from our college is working closely with the team at Wichita State to begin finalizing course schedules, classroom space needs and enrollment procedures. This two-degree program allows students to be on K-State's Manhattan campus and earn both a bachelor's degree from the College of Health and Human Sciences and a Bachelor of Science in nursing degree from Wichita State. More information on the program is available at wichita.edu/pathwaytonursing.

In our current climate of declining enrollment, we are excited to share that the college saw a 3.6% growth in enrollment last fall. As our current situation continues to unfold, our recruitment team is working closely with the university to accommodate summer orientation and enrollment activities and welcome new students to the college this fall.

During our annual faculty and staff spring forum, our development team, Jeff Haug and Martin Cram, shared that we had officially hit the college's campaign goal, exceeding \$46 million in gifts since 2010. We are extremely grateful to those who have contributed and continue to support the college. Your gifts support the college and provides valuable resources for our faculty and students.

There are a few leadership changes coming as well. In December, the Kansas Board of Regents approved the proposal for personal financial planning to become its own department. With this, we are excited to announce Dr. Martin Seay as the new department head. After seven years in the interim and then official role, Mark Haub will be stepping down as department head for food, nutrition, dietetics and health to return to a full-time faculty position. We are excited to announce Dr. Tandalayo Kidd as the new department head. We are grateful for Mark's leadership and look forward to the continued success of the department under Dr. Kidd.

As always, thank you for your continued support of the College of Health and Human Sciences.

John Buckwalter

Joh Buchwalsh Betty L. Tointon Dean



FOCUS College of Health and Human Sciences Kansas State University May 2020







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FOCUS Magazine is published twice a year by the College of Health and Human Sciences and the Kansas State University Foundation. Chelsi Medved, events and communications coordinator for the college, writes and edits the magazine. Ella Henton, graphic designer and K-State alumna, manages the design, copy editing and printing. The photography is from private collections, the Division of Communications and Marketing Photo Services and Ray Martinez photography.





UNIVERSITY adjustments

- · All courses were moved online through the summer.
- An online course design institute was developed to assist faculty in the transition and provide resources.
- May 2020 commencement was postponed to December 2020.
- Many student resources were moved online including counseling, academic tutoring and the library.
- Virtual campus visits are available to prospective students

Visit **ksu.edu/kstatestrong** for a full look at how the university was #kstatestrong during the pandemic.



Nikki Tucker, clinical director for the physician assistant program, gets help from her dog while working from home.

COVID-19 -Response

In response to the COVID-19 pandemic, K-State closed campus to students beginning March 16, the day they were set to return from spring break. All classes were moved online. With the ever-changing situation, campus was then limited to essential work only and staff were asked to work remotely from home. Though the pandemic has caused great change for everyone, the university continues to work diligently to respond and provide as much as possible for not only students but faculty and staff as well.



assistance from her at home co-worker, Maximus.



co-worker at her remote working station.

HEALTH & HUMAN SCIENCES makes an impact

The College of Health and Human Sciences has also contributed to the fight against COVID-19 in a variety of ways.

- Mark Haub, food, nutrition, dietetics and health, volunteered in the KDHE labs to help run tests.
- Autumn Caycedo, physician assistant program, is the chief of internal medicine at Ascension Via Christi Hospital, working overtime.
- David Brosa, physician assistant program, is a physician assistant in the emergency room at Stormont Vail in Topeka working with the sickest COVID-19 patients.
- Linda Yarrow, food, nutrition, dietetics and health, continues to work at the Clay County Medical Center, working with teams to make sure hospital employees are eating in a safe environment.
- Kim Hiller Connell, Sherry Haar, Barbara Anderson, interior design and fashion studies, and Bronwyn Fees, dean's office, have been making fabric masks for health care workers.
- Ericka Bauer, hospitality management, donated food from Lacy's Fresh Fare and Catering to the Pawnee Mental Health Crisis Stabilization Center and the Flint Hills Breadbasket.
- David Thompson, conflict resolution, has invited family members to attend their students conflict resolution online classes.
- Multiple research labs have donated personal protection equipment.



LINDA YARROW, instructor in food, nutrition, dietetics and health is the Clinical Registered Dietitian Nutritionist for Clay County Medical Center in Clay Center, Kansas. THIS HAS BEEN HER EXPERIENCE ON THE FRONT LINES:

"Covid-19 has significantly impacted health care at all levels. As the Clinical Registered Dietitian Nutritionist for Clay County Medical Center, CCMC, my job has been impacted. All of the health care providers have worked together to implement strong preventive measures as well as plan for potential critically ill patients. On the food service side, I have worked with our dietary manager to ensure that employees eating in the hospital cafeteria are being served and dining in an environment with very low risk for contamination. On the clinical side, I am now offering medical nutrition therapy visits using Telehealth, something I had not done previously. This allows patients to stay in their homes to receive education in a timely manner for those who choose to not come to the hospital. Additionally, our medical providers are offering telehealth services. It was through the teamwork of dedicated hospital employees that we were able to get telehealth services implemented quickly. As a critical access hospital, CCMC would not normally keep critically ill patients for significant lengths of time. Again, our health care providers have been proactive in preparing for this and I have participated in additional education. COVID-19 patients have presented with unique nutrition support challenges and I am learning best practices from other RDNs and physicians heavily involved in patient care. This is a situation that none of us want to be dealing with, but I'm very confident we have done our best to be prepared to serve our community as the situation continues to evolve. Our CCMC team has rapidly adapted to how we provide care because our patients remain our number one priority."

Ashley's iPhone

Jessica Ayres, recruitment coordinator, meets with prospective students virtually.

HAYLEY KIRKENDOLL, senior in human development and family science with a secondary major in gerontology, is working as the executive director in-training at Ascension Living Via Christi Village.

WHAT ARE YOU DOING IN YOUR WORK ON THE FRONT LINES?

As an executive director in-training, my work on the frontlines consists of assisting the executive director and administrator on implementation, prevention, and preparedness throughout the facility. I have helped implement procedures and guidelines set by CMS and the CDC to protect the residents and associates at the facility. I communicate weekly with families to update them and inform them of what we are doing to protect their family members and answer any questions they may have. I contributed in writing the contingency plan for our facility should we face an outbreak. I put together infection prevention survey readiness binders to document our response to anything that could happen and how we would handle it as a facility. My day-to-day consists of meeting resident and family needs in between preparedness for the current situation and meetings for future planning with other leaders in Ascension Living.

HOW HAS YOUR HHS CLASSWORK PREPARED YOU FOR WHAT YOU ARE DOING?

My classwork in the HDFS program has prepared me for the pandemic simply by teaching me what it is to be a human, what it is like to face tragedy and grow from it. Certain courses touch on trauma and conflict, those have prepped me most in these uncertain times.

WHAT WOULD YOU SHARE WITH YOUR PEERS ABOUT WORKING IN TODAY'S CLIMATE?

With the future being unknown and the circumstances being so tragic, the best thing anyone can to right now is live their life with compassion for others at the forefront. The impact of your actions are immeasurable, act wisely and kindly, and we will be alright.



Rising PROFESSIONALS





BOLLINGER

Seventeen accomplished alumni were selected to receive the College of Health and Human Sciences Rising Professional Award.

The Rising Professional Award is given to honor significant contributions made by a graduate in the early stages of his or her career. Recipients have demonstrated significant professional accomplishments in the areas of design, business, human behavior, teacher education or health sciences.

This year's award winners are:

RYAN BALDWIN, General Manager, Hotel Kansas City by Hyatt, Kansas City, Missouri. Baldwin received his bachelor's degree in hotel and restaurant management in 2001.

BRIAN BOLLINGER, Certified Training Restaurant General Manager, Raising Cane's Chicken Fingers, Overland Park, Kansas. Bollinger earned his bachelor's degree in hospitality management in 2009.

SARA BONNES, Consultant, Division of General Internal Medicine, Assistant Professor of Medicine, Physician Nutritional Specialist, Mayo Clinic, Rochester, Minnesota. Bonnes received two degrees from K-State: a bachelor's degree in human nutrition in 2003 and a master's degree in human nutrition in 2005.

LACEY BOVEN, Regional Administrator-Region VII, U.S. Department of Health and Human Services, Administration for Community Living, Kansas City, Missouri. Boven graduated in 2008 with a degree in family studies and human services.

KLAIRE BRUMBAUGH, Assistant Professor and Director of Clinical Services, University of Central Missouri, Warrensburg, Missouri. Brumbaugh received her bachelor's degree in family studies and human services, with an emphasis in communication sciences and disorders, in 2009 and her master's degree in the same field in 2011.

BROOKE CULL, Vice President-Business Operations, Central States Research Center, Midwest Veterinary Services, Oakland, Nebraska. Cull received four degrees from K-State: two bachelor's degrees, one in human nutrition and one in kinesiology; a master's degree in public health and a doctorate degree in human nutrition.

MONICA EBERT, International Brand Development Manager, CORE Merino, Port Elizabeth, South Africa. Ebert earned a bachelor's degree in apparel and textiles in 2013.

STACI GANN, Executive Director, Stand Up For Your Sister, Manhattan, Kansas. Gann received her bachelor's degree in family studies and human services in 2018.





RATH



PHAN



MILLER









BRUMBAUGH

AMY GUERICH, Partner, Stepp & Rothwell, Inc., Overland Park, Kansas. Guerich earned a bachelor's degree in family studies and human services, with an emphasis in personal financial planning, in 2006.

TEAGAN HAMBLIN, Technical Designer II, Nike, Inc., Beaverton, Oregon. Hambling received a bachelor's degree in apparel and textiles in 2013.

JANET HOLDEN, Family and Consumer Sciences Education Teacher, USD 247, Cherokee, Kansas. Holden received her bachelor's degree in human ecology, with an emphasis family and consumer sciences education in 2012.

CLARK HOLDSWORTH, Research Communications Manager, Accdon, Waltham, Massachusetts. Holdsworth received his master's degree in kinesiology in 2013 and his doctorate in anatomy and physiology in 2016.

CLARA VALADARES KIENTZ, Assistant Director II, K-State CARE Office, Manhattan, Kansas. Kientz earned a bachelor's degree in family studies and human services in 2014.

COREY MILLER, Policy Manager, Healthcare Leadership Council, Washington, District of Columbia. Miller earned his master's in public health in 2017.

UYEN PHAN, Department Head, Food and Science Nutrition, Institute of Biotechnology and Food Technology, Industrial University of Ho Chi Minh City, Ho Chi Minh City, Vietnam. Phan earned her doctoral degree in sensory analysis and consumer behavior and a graduate certificate in applied statistics in 2015.

HEATH RATH, Executive Director, PACE KC, Kansas City, Missouri. Rath earned a secondary major in gerontology in 2013 and a master's degree in 2015.

KELBY STEHL, Buyer, Halls Kansas City, Kansas City, Missouri. Stehl earned a bachelor's degree in apparel and textiles in 2011 and a master's degree in 2013 in the same field.

For full bios on the award winners, please visit the College of Health and Human Sciences website.



EBERT



GANN



GUERICH



HOLDSWORTH





VALADARES KIENTZ

In December 2019, nearly 100 donors, students, faculty and staff gathered to celebrate the philanthropy that supports College of Health and Human Sciences students at the college's inaugural scholarship brunch. For the 2019-20 academic year, \$814,595 in scholarships was awarded to 542 students. The brunch was a chance to celebrate this investment in K-State and provide the opportunity for donors and scholarship recipients to meet face-to-face.

Dr. Sharon Nickols, who graduated from Kansas State University in 1965 with a degree in home economics education, created a scholarship with her mother, Letha Reser, in 1996. "The most obvious way for my mother and me to continue our partnership in personal development was to both 'give back' and 'give forward' by establishing the scholarship in the College of Human Ecology (now the College of Health and Human Sciences)," Nickols said. "My mother and I wanted to establish the Reser/Nickols scholarship primarily as recognition of recipients' potential to make a difference as future professionals in a service-oriented profession. It also serves as encouragement toward fulfilling educational goals and helping students meet the practical reality of covering the costs of higher education."

Those reasons certainly resonate with students today. "With the rising cost of schooling, scholarships don't only help students financially but they help motivate us too," said Tamara McConnell, recipient of the Honstead-Wells Human Ecology Scholarship and the Nelson Scholarship. "Knowing there is someone out there who believes in us and our success without even knowing us is very encouraging and helps us with the confidence to strive for excellence both in the class room, as well as day to day life."

"Scholarships hold a significant meaning to me and are a motivator for me to perform well in school. It's also encouraging to my parents because me receiving a scholarship is like me winning the Super Bowl."

— EMANUEL SERRANO

senior in athletic training, minor in kinesiology, pre-physician assistant

Nickols and her husband, Sam, attended the brunch and met the recipient of their scholarship this year, Abigail Satzler. Nickols discovered that she and Satzler had a lot in common. Both had been married as undergraduates while taking a full course load, and Satzler shares a major with the Nickols' daughter — dietetics. "With my lifetime career having been a faculty member and administrator in human sciences higher education, I understand the rigor of the dietetics major," Nickols said. "So, I have an appreciation for Abigail's academic ability and desire to use her education in a service-oriented career. Abigail has a caring personality, so I'm sure she would have related well to my mother who always enjoyed attending college functions, which she attended with me during her elder years."

Helping others through the consumer sciences has been a lifelong pursuit for Nickols. She grew up on a farm in Shawnee County, Kansas, and was involved in 4-H. She and



"Investing in students is a commitment to our future. Scholarships are vital to help offset the cost of an education and to help with student recruitment. We have been fortunate to have many outstanding students in kinesiology, and scholarships help us to recruit the best and the brightest."

— DR. CRAIG HARMS

professor and kinesiology department head

her mother would preserve and can the produce from their garden, earning Nickols many blue ribbons at the county fair. While attending a 4-H leadership program held on the K-State campus, Nickols felt sure she would return to K-State to go to college and major in home economics education. Nickols went on to be a professor and dean of the College of Family and Consumer Sciences at the University of Georgia. One of her former students is now a professor at K-State — Dr. Martin Seay, associate professor of personal financial planning.

"I was so pleased that he joined the outstanding program at Kansas State and have been happy to follow his successful career," Nickols said. "It was delightful to see him, as well as other K-State-connected friends we've made over the years."

As an alumnus and a leader in higher education, Nickols knows her scholarship not only supports students, but is also an investment in the family and consumer sciences profession. "As one of the original land-grant universities offering home economics classes, Kansas State University has a singular position of leadership in offering higher education opportunities for women, as well as developing the profession of human ecology," Nickols said. "Advancing this rich heritage is important to me. I hope the students learn about the uniqueness of the college and its history, too. The college's history is an important part of its continuing impact."

To learn more about how you can invest in the college's success, contact Jeff Haug, director of development, at 785-775-2061 or jeffh@ksufoundation.org.

"The scholarship opportunities we have in the college are critical in recruiting and retaining students. With that said, there is something special about the generosity of our alumni and friends in helping to offset the cost of educating our current students, especially where there is an unmet need. It makes me proud to be associated with K-State and the College of Health and Human Sciences and our generous supporters."

— DR. JOHN BUCKWALTER

Betty L. Tointon Dean of the College of Health and Human Sciences

"Scholarships are invaluable to our students in the College of Health and Human Sciences. The support that a scholarship provides allows for many of our students to continue on their academic path while also gaining experiences that enhance their future career opportunities. As we recruit future Wildcats, scholarships provide us the ability to create a complete aid package that enables the students to feel confident in their ability to pursue higher education at Kansas State University."

— DR. SHAWNA JORDAN

Assistant Dean of the College of Health and Human Sciences



STUDENT

ANTONIO

JUNIOR, WICHITA

"The hospitality management program has been great at allowing students to get involved and I feel like my professors really want me to succeed. They have done a good job at giving a purpose to our major and showing all the opportunities we can have within the field."

Antonio Fenton knew he was interested in hospitality management while he was still in high school. He wanted to pursue playing the tuba in college and knowing the reputation of the K-State Marching Band, K-State became an obvious choice on his visit list. "I wasn't sure if I wanted to pursue hospitality management as a major but then I visited campus for a senior day and I was really blown away by the warm welcome I got from the program," he said. The junior from Wichita found his home in the hospitality management department, focusing on the food and beverage track.

Fenton keeps himself busy within his area of study, serving as a student ambassador to the department and has been a member of the Hospitality Management Club, and he is a member of an undergraduate research team. He recently began working at JP's Sports Grill on campus where he is hoping to learn the ins and outs of the restaurant business, which will hopefully help prepare him to achieve his goal of becoming a restaurant owner. "I want to open up my own restaurant and that's always been my dream. Since being at K-State that dream has evolved a bit, meaning I may run a franchise of a restaurant instead

of opening something private. Between now and then, I would really enjoy working for a restaurant group, or growing restaurant chain and experience opening of new stores, managing all different types of people and being able to move and experience different parts of the U.S."

Away from his schoolwork, you can catch him spending time with his friends or participating in his church. More than likely though, you can find him with his tuba at a concert band performance, a football and/or basketball game or pub-crawling through Manhattan bars and restaurants the night before a game.

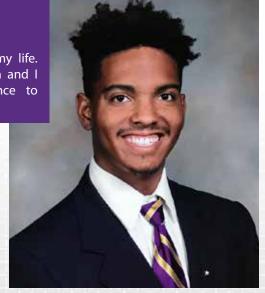
K-State is an Alderson family tradition. Joel Alderson has been on campus since he was a kid, learning about traditions and attending football games with his grandfather, uncles and father who are all alumni of the university. "I started my freshman year at Butler County Community College because I didn't really have a plan for school," says Alderson. "When I finally made the decision to come to K-State,

my parents were so excited to have me in Manhattan, which gave them a reason to spend more time here."

As a sophomore, Alderson transferred to K-State and began working on a degree toward finance, however he realized he wasn't really enjoying the program. Through a conversation with his fraternity brother, Alderson learned about personal financial planning and attended a student meeting to learn more about the program. It was an instant fit. "In our jobs, we will talk to clients every day, so learning the soft skills, how to talk and interact clients and such, is when I knew this was right for me."



"This has been the best time of my life. I've learned a lot, had a lot of fun and I recommend the K-State experience to anyone."



Though he had just started the program, Alderson got an internship last summer at a financial planning firm in Wichita, where he got to learn the ins and outs of everyday business through hands-on learning and shadowing. "It's very cool to see someone who is very good at what they do in their element; seeing that, I can picture in my mind that could be me someday." Alderson hopes to run his own financial planning firm, but for now he is most looking forward to graduating in 2021, passing the CFP® exam and landing a job.

Brett LaFleur was sure he wanted to be an architect in high school. He was interested in how people perceive space and how people behave in space. After taking a class at his high school focused on architecture, he learned that interior design is actually focused more on people and how they behave and interact in spaces. He wanted a nationally recognized interior design program that would take him just far enough away from home, and he found his home at K-State.



"As more generations come through our university, we want to develop students who have open minds when it comes to sustainability and even more knowledge on the topic. We hope to reduce the ignorance on the topic and for people to see the problems that are occurring."

He came in with his interest in human behavior and how it relates to space. During his second semester he found a second passion-sustainable design. "My very first class of my first semester was with Professor Honey and we talked about sustainability and she completely opened up a new perspective of how unsustainable the built environment is. Hearing her talk about all the different ways that we could help that instead of creating more problems was really interesting."



LaFleur finds his passion for sustainable design in the corporate and educational design fields.

"I would love to make every sector of corporate design sustainable," LaFleur laughed. "But I would like to focus on educational spaces because every one goes to school. If I can create spaces that reduce the impact on the environment, it should snowball and have a greater effect. If we teach people at a young age that this building is sustainable and is practicing sustainability, maybe that will guide them toward a more sustainable path in the future."

LaFleur emphasizes the importance of teaching people about sustainable spaces. "If I design a space sustainably, but people don't interact with the space like they should be, then there is no point. Teaching people the importance of how their environment is impacting them is really important. Along with designing comes teaching. The goal is always to design a space sustainably and that it continues to live sustainably over the course of its lifetime."

LaFleur is already making an impact and being noticed in the sustainability field. He is a member of the United States Green Building Counsel student chapter on campus and is also involved in a committee looking to bring more sustainable initiatives to campus through curriculum, organizations, leadership and operations on campus. He also achieved his Leadership in Energy and Environmental Design green associate title, which is normally taken by those much further into their education or even careers. He hopes having achieved this designation at such a young age will show others his passion of sustainable design and that it's something he will bring to the table for future internships or jobs. These achievements earned him a nomination from K-State for the Udall Scholarship, a national scholarship for college sophomores and juniors for leadership, public service, and commitment to issues related to Native American nations or to the environment. He was awarded honorable mention, placing him in the top 25% of the applicants among 55 winners and 54 other honorable mentions.

LaFleur hopes to work in a large firm where he can make an impact on projects around the world within corporate and education design. He hopes to do this after receiving a master's degree in sustainable design with an emphasis on research.

OUTSTANDING

LEADERSHIP AWARD

The **Leadership Award** is given to graduating seniors who have exhibited excellence in leadership, contributing to campus, college, program and/or professional organizations.

> LYDIA BROOKS, LeRoy, KS Apparel and Textiles

BROOKLYN BURNETT, Amarillo, TX Interior Design

BRYNN CARLSON, Woodbury, MN Nutrition and Health and Kinesiology

JESSICA FREUND, Great Bend, KS **Hospitality Management**

EMMA HAHN, Wichita, KS Personal Financial Planning

REMINGTON HEDGES, Garnett, KS Family and Consumer Sciences Education

ALEXANDRA HORNUNG, Carson, CO Early Childhood Education

MOLLY MADDY, Norton, KS Human Development and Family Science **THOMAS MEEK**, Topeka, KS Personal Financial Planning

KENNEDY MOREY, Tonganoxie, KS **Athletic Training**

PHILLIP WEGMAN, Taylor, MO Personal Financial Planning

MCKENZIE WEIEN, Pomona, KS **Apparel and Textiles**

KELLY WILKERSON, Columbia, MO **Communication Sciences and Disorders**



BLANCA DedaJorre

SENIOR, LIBERAL

"As a kid, I couldn't wait to live in the 'big city'. Now that I've grown and knowing the community I grew up in and how hard people in my community work, I want to go back home and give back to what was given to me."

university. However, during her time as a community college student, she was introduced and accepted to the K-State Developing Scholars Program, which offers high-achieving, serious-minded, historically underrepresented students research projects in their field of study with faculty mentors. Those in the program receive academic, social, and financial support while becoming integrated into the intellectual climate of the university. "When I was accepted into the program, I realized my dream of coming to college was going to

Blanca DeLaTorre never thought she could go to a

come true. I went home to tell my mom and she instantly bawled because she was so proud of me."

"I didn't know what I wanted to do for research when I came to K-State", said DeLaTorre. "My previous research experience was in the microbiology field, but on my visit I was led to the kinesiology program (I had never heard of kinesiology or the College of Health and Human Sciences) and I fell in love with the program after seeing the passion in the faculty and students in the college and the program and their drive to help people."

DeLaTorre's research mentor is Dr. Katie Heinrich and she assists Heinrich with lots of things in her lab. "My research looks at RPE (Range of Perceived Exertion) and strategy for CrossFit. I am currently analyzing a past study that determines if there is a linear relationship between heart rate and RPE."

While excelling in the classroom, DeLaTorre has also made sure to take time to explore and dedicate time to some of her passions, including the promotion of her Latin background. She is a member of the League of United Latin American Citizens, the Hispanic American Leadership Organization and the Multicultural Student Union. "Being from Liberal, which is primarily Hispanic/Latino, coming to K-State was a bit of a slap in the face as I was looking for my familiar culture. When I joined these clubs, it was my way of feeling more at home and remembering of how home was. Our events are a really good time to share our culture with fellow students and community members."

Outside of school DeLaTorre dedicates a lot of her time to gaining experience for her career. She currently serves as a rehabilitation technician at a local physical therapy clinic. "I love my job," she said. "I work the front desk which means I get to visit with patients all day. I am bi-lingual, so I spend a lot of time translating for our patients and doctors. I also assist some of the physical therapists with exercises and getting our patients set up for treatments."

What's DeLaTorre's end goal? "Growing up, I decided I wanted to be a physical therapist after attending physical therapy sessions with my grandfather as he was recovering from a stroke. Looking at what they do and what I enjoy doing, I saw the match. I can't wait to actually be a physical therapist one day. DeLaTorre is graduating in May but will take a gap year to continue working before applying to physical therapy school.

OUTSTANDING

ENGAGEMENT AWARD

The **Engagement Award** is given to graduating seniors who have made exemplary contributions that impact the well-being of the community or individuals in the community.

CASEY AMBROSIER, Norton, KS Interior Design

COURTNEY BEKEMEYER, Washington, KS
Athletic Training

DEREK GIMSON, Olathe, KS Hospitality Management

RACHEL HASKELL, Prairie Village, KS Kinesiology

KAYLEIGH LARGE, Olathe, KS Early Childhood Education

ALEXIS LUINSTRA, Lawrence, KS Human Development and Family Science

MOLLY MULQUEEN, Topeka, KS Communication Sciences and Disorders

VIRGINIA PEARSON, Town and Country, MO Dietetics CATELYN RICHARDS, Salina, KS Nutrition and Health

ALLYSON SANDERS, St. Louis, MO Athletic Training

BO STEELE, Olathe, KS Nutritional Sciences

GERIT WAGNER, Esbon, KS Dietetics Free-spirited, intentional and unpredictable. That's how Emi Hayashi thinks her friends would describe her. The kinesiology senior is known for being the funniest person in the room, preparing to become a physician assistant and having a multitude of hobbies.

"I guess you could call me one of those hobby people," she laughed. She recently took up

learning to play the recorder so she could make her musical debut playing "Eye of the Tiger" at her best friend's wedding. She is also spending time learning to play the guitar; she recently learned to ride a rip stick; she can often be found throwing a Frisbee in the park and she is learning to perfect self-timer pictures. On top of this growing list of hobbies, Hayashi is excelling in the classroom.

"I knew I wanted to explore being a physician assistant, PA. I had no idea what kinesiology was until my junior or senior year of high school when I was shadowing a PA and he had majored in kinesiology; I thought it sounded more interesting to me than chemistry or biology, so I went with it.



"It doesn't matter what you are doing for people when you are helping them, but getting to interact with patients and making a difference in their lives is really special."



"I think about my class information probably every day because it is so interesting and relevant to my life. Kinesiology is learning about how your body works and how you can make it work better. The things that you are learning in the classroom are so relevant today and people will always have questions about their bodies, including things like disease and exercise. It's cool to know the physiology behind how things work and to be able to debunk certain fads and be able to put value behind other things." Hayashi believes she is being set up to succeed as a PA because of the program's emphasis on physiology. "You can study anatomy but if you don't understand how all systems work together, you will have a much harder time being an efficient health care provider. I feel my background knowledge will prepare me to take in all factors of a patient and be able to make a better-informed diagnosis."

Hayashi is also putting her classroom knowledge to work through research. She is working on the park prescriptions project with Dr. Gina Besenyi. The program is looking to get health care providers to work in conjunction with local parks and recreation departments to prescribe physical activity to patients in outdoor spaces. Hayashi completed a survey for the program, polling health care providers about their knowledge of the program and their inclination to prescribe physical activity. The program's manuscript was recently accepted with minor revisions by the Journal of Physical Activity and Health. "Hopefully within the year, we will be published, which will be so cool," said Hayashi.

"I want to be the kind of PA that encourages my patients toward physical activity because I love the exercise is medicine movement and it's so much better than other remedies. It's so important to encourage individual physical activity for people without making it seem like a chore. It's important to find those little changes that will benefit people without them feeling like they have to be in the 'gym' stigma."

Hayashi will apply to multiple PA schools in the near future. What specialty will she choose? She isn't quite sure yet. "I thought I really liked orthopedics but the more experience I have gotten in different specialties has made me rethink that, so I need to explore a little bit more."

OUTSTANDING RESEARCH AWARD

The Research/Creative Inquiry Award is given to graduating seniors whose research or creative activity have made a significant contribution to his or her field of study.

ANNA BIGGINS, Overland Park, KS
Dietetics

SHELBY BOSO, Andover, KS Human Development and Family Science

SARAH GABEL, Olathe, KS Interior Design

MACKENZIE GWINNER, Manhattan, KS Nutritional Sciences

> **EMI HAYASHI**, Wichita, KS Kinesiology

DANIELLE PARSON, Mulvane, KS Hospitality Management

ANDRADA REDMOND, Manhattan, KS Apparel and Textiles

JACEY REID, Manhattan, KS Communication Sciences and Disorders

ALISSA TOWSLEY, Lenexa, KS
Dietetics





MASTER'S CANDIDATE, NEWTON

"I wouldn't trade my experience in the hospitality management program for anything. It has given me the confidence and the connections that I need to be successful and strive personally."

If you've ever dined at LongHorn in Manhattan, there is a good chance you have been greeted or served by Erin Graber. She has spent the last four years with the company, working different positions, including hostess, server, bartender and is now an extension of the management team working as a service professional.

When talking about her time at LongHorn, Graber lights up. "I love my job. I love taking care of my guests and helping my team members. I have great connections

with our guests and our management team," she said. "I love the atmosphere of where I am, and it just feels right." Graber wasn't the first person to see she has found her future career in restaurant management. "I wasn't the one to notice it. My mentor pulled me aside and told me this is what I needed to be doing in the future. She said, 'Erin, open your eyes. You need to be in food service and restaurants.' At the time, I was in the event management track and the next week I switched to the food and beverage management track."

Graber stresses how important having a mentor has been in her field. Her mentor, Mary Montgomery Shatz, is the director of operations for 10 different LongHorn Steakhouse

restaurants – including the Manhattan location – and also an alumna of the hospitality management program. "I've learned a lot from being able to talk with her as a mentee and as an employee," said Graber. She also stresses the importance of having great connections with those around you. "My boss Katrina is my biggest cheerleader. As an alumna of our program, she knows what I am going through and she wants to help me get to where I want to be."

Graber is set to graduate with her master's degree in December. She will continue working within the LongHorn organization with the goal

"I am open to go anywhere and teach. I

think it would be cool to live in different

places and make the most of traveling while

of becoming a managing partner.

Caylee Egbert came to K-State as a food science major, chasing her love of cooking. After her first year, she went to work at a summer camp in Salina and realized she had a heart for kids and teaching. "I really have a passion and a heart for working with middle school and high school students," she said. She decided to change her major into the education field. She came upon family and consumer sciences

education and felt it combined both of her passions. "It is a great combination of the food side I love and the human development side."

I can."

Egbert decided to pursue the honors program, which requires students to do a research project, though research wasn't something she had initially been interested in. She decided to pursue a project within her major with her advisor, Janine Duncan, and fellow student, Alex Wulfkuhle.

The group is looking at the history of the Illinois Teacher of Home Economics journal, which was written for home economics professionals by teachers or people in the

profession from the 1960s to the 1990s and distributed nationwide. When the journal was discontinued, there was no longer an avenue for those in the industry to have a voice and share thoughts among colleagues. The research team is exploring the need to bring back a place for family and consumer science educators to share their ideas and expertise. "My portion of the research will look at the nutritional side of things; where they started, how they taught it, how did it transition over the years into today's programs," she said.

onomics journal, or people in the en the journal was discontinued, there was no longer an avenue for gues. The research team is exploring the need to bring back a place ertise. "My portion of the research will look at the nutritional side of or the years into today's programs," she said.

Outside of her program of study, Egbert volunteers her time to Girls on the Run. She has been a runner since middle school and knows it can help build confidence in young women. "It's helping girls have confidence in themselves, how to control emotions and teaches them teamwork." If she's not running, you are likely to find her painting. She prefers to paint with acrylics and focuses on landscapes. "My grandmother's art inspired me to learn a skill. I would go to her house and she would have crafts for me to do. She enjoyed painting so I decided that was something I wanted to do. She has been a great encourager and supporter."

Egbert wants to teach after graduating but aspires to return to school to earn a master's degree in counseling.

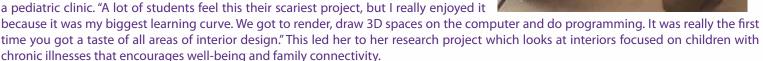
For some, college is a time to leave home and develop yourself as an individual, away from your parents and siblings. For others, college is a time to grow that bond closer. This was the case for Ashlyn and Madison Imel. Why K-State? Well, their parents both graduated from K-State, but it was their brother deciding to study engineering that brought them here. Knowing they didn't want to be separated, the sisters followed. "Being triplets, we have never been away from each other," said Ashlyn.



SENIORS, OVERLAND PARK

"Madison always had a plan of doing interior design, so I kind of followed her. It all worked out." – Ashlyn

Madison had the initial interest in interior design. Both women always enjoyed being artistic and had strong math and technical skills they thought could be utilized through interior design. "I got interested in interior design after seeing an interior designer at a friend's house in the sixth grade. I originally thought it was decorating but when I got to K-State, I was so excited to learn it was much more than that," said Madison. The sisters also share a common interest in helping kids. Ashlyn's favorite project was designing a pediatric clinic. "A lot of students feel this their scariest project, but I really enjoyed it



Madison's project is looking at modern-day orphanages that prepares youth for aging out of foster care. The project looks to combine the positives from both foster homes and orphanages and creates a community of 16 homes with a common community space in the middle. "I care a lot about kids and families, so I chose a topic that was about kids that didn't have a family, because I know that is so important."

The sisters will graduate in May and plan to return to Overland Park to look for jobs. Ashlyn hopes to work in an architectural firm. Madison would like to work in a firm that is supportive of ideas and has good office culture. Their family dynamic will still be intact as their brother has already secured employment in the engineering field in the area.



MISSION

The College of Health and Human Sciences Professional Mentoring Program provides students with the opportunity to learn from highly successful and experienced professionals in their field.

IMPORTANT INFORMATION

Website: *hhs.k-state.edu/mentoring* Application: *wildcatlink.ksu.edu*

mentoradmin@k-state.edu 119 Justin Hall | 785.532.2552

HOW IT WORKS

Apply to be in the HHS Mentoring Program using WildcatLink.

Mentoring pairs are matched based on field, academic study, location, and interests.

Pairs are matched for one full year with the option to continue the current pairing.

MENTOR REQUIREMENTS

Be in your professional field for at least one year.

Commit at least one hour each month to the mentoring relationship.

Provide professional development and career information with your mentee.

Lacey's Fresh Fare FATTOUSH

Serves 12, ½ cup servings

DRESSING

2 oz Lemon Juice

1 Tbsp White Wine Vinegar 2 Each Garlic Cloves (minced)

4 oz Olive Oil

2 Tbsp Fresh Thyme Chopped

½ tsp Cayenne Pepper

2 tsp Sugar
To Taste Salt
To Taste Pepper

VEGETABLES

4 each Chopped Scallions1 Cup Chopped Parsley

6 Each Plum tomatoes, medium dice 1 Each Cucumber, medium dice

1 Each Bell Pepper (Red, Yellow or Green) Small Dice

Prepare all ingredients and mix in bowl. Serve with pita bread or chips. Enjoy!

Congratulations MAY 2020 GRADUATES

HEALTH AND HUMAN SCIENCES MAY 2020 GRADUATES

BACHELOR OF SCIENCE IN APPAREL AND TEXTILES

Leah Michelle Bartels, Tonganoxie, KS (MCL)
Abigail Boyd, Olathe, KS
Lydia Eden Brooks, LeRoy, KS
Carole Ann Brown, Shawnee, KS
Rachel Lee Morgan, Great Bend, KS (CL)
Dawson Joanne Chaney, Olathe, KS
Sierra Monet Chase, Fort Riley, KS
Cameron Milan Cirino, Olathe, KS
Lauren Elizabeth Cooper, Olathe, KS
Hannah Noel Custer, Junction City, KS
Addison Jo Dick, Lawrence, KS

Kelly Elizabeth Grogan, Manhattan, KS (MCL)

Abby Dean Harmever, Smithville, MO Christine Elizabeth Harris, *Leawood, KS* Jamie Caroline Hoffman, Spring Hill, KS (CL) Emilee Nicole Holloway, Salina, KS Caroline Leigh Lassman, Tulsa, OK Ally Marie Lonker, Wamego, KS Macy Katherine Menges, Ellinwood, KS Andrea Lauren Metzger, Olathe, KS Diana Meza, Liberal, KS Diana Meza, Liberal, KS Regan Lee Mosier, Ellinwood, KS Melanie Murray, Lenexa, KS (MCL) **Kaylor Catherine Drouhard** Nordhus, Wichita, KS (MCL) Abby Lynn Pfannenstiel, Kansas City, MO Andrada Redmond, Manhattan, KS Hannah Davene Richev, Topeka, KS

Mary Beth Thill, Ellinwood, KS

Kansas City, MO

Chylia Michelle Denise Thomas,

Brooke Lauren Toedman, El Dorado, KS Rachel Ann Walker, Wichita, KS McKenzie Nicole Weien, Ottawa, KS Kamrin Joelyn Wells, Topeka, KS (SCL)

BACHELOR OF SCIENCE IN INTERIOR DESIGN

Brynn Madison Alloway, Wichita, KS Casey Lee Ambrosier, Norton, KS Theodora Riris Arthauli, Bekasi Selatan, Jawa Barat [Djawa Barat]

Jennifer Lynn Ast, Hutchinson, KS Jacqueline Lizeth Ayala-Cruz, Emporia, KS

Brooklyn Kate Burnett, Amarillo, TX Makinzi R. Collins, Manhattan, KS Michaela Lynn Crawford, Osage City, KS Madison Rose Denison, Norman, OK Suzanne D. Fehr, Waverly, KS Kaitlin Claire Foley, Red Wing, MN
Sarah Christine Gabel, Olathe, KS (MCL)
Alyssa Dylane Garcia, Olathe, KS
Rachel Sophia Hardin, Parkville, MO
Ashlyn Bailey Imel, Overland Park, KS (CL)
Madison Nicole Imel, Overland Park, KS (CL)
Marena Ailene Modica, Omaha, NE
Emily Anne Newson, Olathe, KS
Jessica Jayne Pennington, Wichita, KS (MCL)
Pailyn Schroeder, Bangkok, THA
Conner Jameson Sigel, Cottonwood Falls, KS
Olivia Leigh Taylor, Topeka, KS
Emily Suzanne Tozier, Overland Park, KS
Lexi Danielle Wenger, Sabetha, KS
Patience Nikole Westby, Hutchinson, KS

BACHELOR OF SCIENCE IN FAMILY STUDIES AND HUMAN SERVICES

COMMUNICATION SCIENCES AND DISORDERS

Madison Lynn Bowers, Basehor, KS (MCL) Taylor Brandenberger, Wichita, KS (S) Neal Jay Eller II, Topeka, KS (SCL) Riley Michele Houston, Americus, KS Addison Nicole Hungate, Kechi, KS Kristen Elizabeth Jones, Chenev, KS Jessie Lynn Kingrey, Barboursville, WV (MCL) Halle Ann Knigge, Fairbury, NE (CL) Kaitlyn Elizabeth Kuhl, Shawnee, KS (SCL) Alivia Pauline McKinney, Weskan, KS (SCL) Samantha Elaine Moore, Olathe, KS Molly Claire Mulqueen, Topeka, KS (SCL) Olivia Oneslager, Wichita, KS Sydney Lynn Pater, Derby, KS (SCL)(S) Ashley Rose Pringle, Yates Center, KS (MCL)(S) Chloe Rose Reed, Salina, KS Jacey Ann Reid, Manhattan, KS (SCL) Victoria Grace Robinson, Shawnee, KS (MCL) Megan Marie Stoa, Scottsdale, AZ Shayna Vincent, Long Island, KS (SCL) Kelly Ann Wilkerson, Columbia, MO (MCL) Sydney Marie Zafran, Manhattan, KS (SCL)

EARLY CHILDHOOD EDUCATION

Alexandra Teresa Hornung, Kit Carson, CO Kyrstyn Kay Kinzie, Wichita, KS Kayleigh M. Large, Olathe, KS Taegan Rose Lund-Winter, Valley Falls, KS Jessica Jeanne Murray, Lyman, ME Tara Lynn Perez, Garden City, KS Melinda Chang Rodenbaugh, San Diego, CA

FAMILY STUDIES AND HUMAN SERVICES

Yesenia J. Anderson, Manhattan, KS
Jessica LaJoie, Barboursville, VA
Brianna Genae Jackson, Topeka, KS (D PSYCH)
Jordan Johnson, Le Roy, KS (MCL) (D Socwk)
Lauren Ashlyn Lauffer, Winfield, KS
Shardia Tashanna Lawrence,
Manhattan, KS

Merani Rivarola-Gragg, Lenexa, KS (SCL) Alyssa Rocha, Huntington Beach, CA Makenna Aly Terrazas, Maryville, TN Amara Washington, Olathe, KS

BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE

Lindsay Nicole Amick, Overland Park, KS (CL)
Cydney L. Barber, Lenexa, KS
Paige N. Becker, Olathe, KS
Shelby Tyler Boso, Andover, KS (CL)
Emily Jennifer Burtis, New Orleans, LA
Donna Jean Chappell, Marysville, KS
Kaleigh Danielle Cobb, Liberal, KS
Shelby McCall Day, Topeka, KS (MCL)
Kelly Ann Quijano Delacruz,
Junction City, KS (MCL)

Cartier Ducati Diarra, New York, NY Hannah Sophia Doolittle Sr., Manhattan, KS

Vanessa Escobar, Sioux City, IA (CL)
Macy Elaine Flory, Quenemo, KS
Brooklyn Nycole Flower, Augusta, KS (CL)
Kendra Ila-Rose Foley, Beattie, KS
Suzanna Maerene Gevock,
Manhattan, KS (CL)

Alyssa Graben, Clarksville, TN
Katherine Grasse, Leawood, KS
Adeleine Rose Griffith, Prairie Village, KS
Adrianna Mae Hahner, Junction City, KS
Kelci Kay Hall, Larned, KS
Emily Annabelle Hankinson,
Kansas City, KS

Brittany Jo Hardten, Topeka, KS

Dana Scott Heidrick, Salina, TX

Jonathan Christian Hoard,
St. Francis. KS

Sarah Jeanette Keegan, Overland Park, KS
Haley Elizabeth Kirkendoll,
Manhattan, KS^(S)
Kelsey Nicole Klema, Lenexa, KS^(MCL)
Kaylee Elizabeth Konda, Colwich, KS^(MCL)
Jordan Kubicki, Overland Park, KS
Brianna Ella Lambert, Olathe, KS
Hope Bradley Lancaster, Overland Park, KS
James Kelly Love III, Fort Lauderdale, FL
Alexis Renae Luinstra, Lawrence, KS
Erin Elizabeth Macadam, Topeka, KS^(CL)
Molly Ann Maddy, Norton, KS

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Mike Jerome McCoy, Topeka, KS

Zoe Kate Miller, Wichita, KS (MCL)

Montezia Denise Shakespear, Leavenworth, KS

Carly Piper Smith, Manhattan, KS
Daelyn Anne Smith, Hutchinson, KS
Kassidy Hope Smith, Manhattan, KS
Breanna Jeanette Sundeen,
Wichita, KS (CL)

Jennifer Ann Switzer, Manhattan, KS Nicholas D. Taylor, Topeka, KS Gabriel Pight Thomas, Topeka, KS Courtney Elizabeth Van Deven, O'Fallon, MO

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Lacy Jane Wiechman, Salina, KS

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Mackenzie Lynn Buysse, O'Fallon, MO
Joshua Scott Chapman, Manhattan, KS
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Carleton Hardy V, Fremont, CA
Caitlin Mikaela Herrmann, Kinsley, KS (SCL)
Jessica Lee Lickteig, Olathe, KS
Blake Andrew Matzke, Silver Lake, KS
Thomas Milo Meek, Topeka, KS (SCL)
Winston Alan Meyer, Seneca, KS
Emma Dawn Milan, Mulvane, KS
Jacob Moeder, Derby, KS

Chase Austin Vander Hart, Topeka, KS Philip Wesley Wegman, Taylor, MO (SCL) Emma Christine Wyllys, Ellensburg, WA

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Douglas Henry Chace, Mulvane, KS (D)
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Samantha Rose Clark, Colorado Springs, CO
Abigail Brooke Crawford,
Hugoton, KS (SCL)(S)

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Wesley Farrell Hullinger,
Conway Springs, KS

Nash Drury Johnson, Salina, KS Maura Elizabeth Kennedy, Frankfort, KS (CL)

Takayuki Kijima, Higashimurayama-shi, Tokyo-To, JPN

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Tana Marie Pearson, Meriden, KS (MCL)
Brett Wayne Purnell, Wichita, KS
Macy Claire Putnam, Hoyt, KS
Yasmine Ariel Ramos, Chicago, IL
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Brooke Lauren McCullough, Forest Lake, MN

Kristen Myers, Seffner, FL
Renee Lynn Naumann, Sidney, OH
Jonathan Daniel Wesley OldakerBahnsen, Fulton, IL

Michael John Partipilo, Chicago, IL Baily Ann-Marie Partridge, Garden City, KS (SCL)

Virginia Pearson, Los Angeles, CA
Gina Elise Reeves, North Kansas City, MO (D)
Abigail Lynne Satzler, Riley, KS (SCL)
Eun-Jeong Scott,
Seoul, Soul-t'ukpyolsi (Special City), KOR

Jenna Mae Slaven, Derby, KS
Sarah Marie Sudduth, Pinellas Park, FL
Alissa Nicole Towsley, Lenexa, KS
Gerit Wayne Wagner, Esbon, KS (MCL)
Sandra Theresia Williams, Fountain, CO

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Amy Catherine Lawson, Sanford, NC

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Emily McDonald, Olathe, KS

Alexis Hope McGonigle, Lyndon, KS

Amy Leah McKinzey, Olathe, KS

Kristen Myers, Seffner, FL

Renee Lynn Naumann, Sidney, OH

Emily Ann Nicholas, Garden City, KS

Jonathan Daniel Wesley Oldaker
Bahnsen, Fulton, IL

Michael John Partipilo, Chicago, IL

Virginia Pearson, Los Angeles, CA

Orion James Paul Razo, Topeka, KS

Gina Elise Reeves, North Kansas City, MO (D)

Catelyn Kinlee Richards, Salina, KS (CL)(S)

Heidi Nicole Lohmann-Schrader,

Independence, MO (D)

Catelyn Kinlee Richards, Salina, KS (CL Samantha M. Riley, Limington, ME Katlyn Leann Ruth, McPherson, KS Bryce Wesley Sayre, Vienna, WV Eun-Jeong Scott, Seoul, Soul-t'ukpyolsi (Special City), KOR

Dakota Katherine Smith, Vienna, VA
Sera Nicole Sperke, Olathe, KS
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Sarah Marie Sudduth, Pinellas Park, FL
Jordan Woody, Louisville, KY
Holli Lee Woodyard, Topeka, KS (MCL)(S)
Heidi Leigh Wylie, Lawrence, KS
Haley Lauren Young, Arlington, TX

NUTRITION AND KINESIOLOGY

Brandt Kyle Blixt, Chapman, KS (D)
Jordan LeeAnn Carinder,
Cherryvale, KS (CL)(D)

Theresa Marilee Koch, Baileyville, KS (S)(D)
Ranae Ladicia McKenzie,
Manchester, JAM (D)

Shanae Kadicia McKenzie, Manchester, JAM^(D)

William Joseph Willox, Manhattan, KS (D)

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Spencer Kennedy Fortney, Topeka, KS
MacKenzie Gayle Gwinner,
Manhattan, KS (SCL)

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Robert Randall Steele, Olathe, KS (SCL)(S)
Rachel Reid Stetson, Overland Park, KS (SCL)
Kyle Allen Thompson, Manhattan, KS (S)

Kristyn Marie Utech, El Dorado, KS (S)

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Xinjie Chen, Kunming, CHN
Natalie Grace Crimmins, Topeka, KS (CL)
Jessica Susan Freund, Great Bend, KS
Emily Beth Grisham, Newton, KS
Qiyun Gu, Shanghai, CHN (CL)
Jayce Harmer, Marysville, KS
Danielle Mikayla Ann Parson,
Mulvane, KS (MCL)

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Erika Ann Schafer, Garden City, KS
Lydia Ann Supe, Fort Collins, CO (MCL)
Laura Leigh Watkins, Lawrence, KS
Tinaris Marie Watson, Shawnee Mission, KS
Ellen Elizabeth Woods, St. Charles, IL
Yaxing Zi, Manhattan, KS

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Megan Nicole Esquibel, Dodge City, KS (CL)
Janetta Ann Haines, Topeka, KS
Remington Elaine Hedges, Garnett, KS (SCL)
Lisa A. Turnbull, Abilene, KS (SCL)

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Emily Marie Brummett, Manhattan, KS (CL)

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Annaka Rae Applequist, Hays, KS (MCL)
Victor Cortez Armstrong, Kansas City, MO
Adriana Shea Athon, Overland Park, KS
Luke Crispen Bay, McKinney, TX
Hope Rileigh Beach, Pierceville, KS
Josephine Anne Beaver, Wichita, KS
Brandt Kyle Blixt, Chapman, KS (D)
Raeann Cay Bramwell, Manhattan, KS
Emery Elizabeth Braun,
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Brynn Mandell Carlson, Woodbury, MN (SCL) Kailee Marie Carter, Salina, KS (MCL) Douglas Henry Chace, Mulvane, KS (D) Kendra Elaine Claflin, Harper, KS Alice Margaret Collins, Olathe, KS Seth A. Coltrane, Overbrook, KS Rebecca Costello, Wichita, KS Katie Marie Cramer, Wichita, KS (MCL) Jesse Holbrook Crawford, Manhattan, KS Evan Dean Crenshaw, Belle Plaine, KS (CL) **Drew Wesley Darr, Wichita, KS** Riley Terese Davis, Olathe, KS Blanca Patricia DeLaTorre, Liberal, KS Elizabeth Ann Eber, Shawnee, KS Kristin Louise Ekholm, Windom, KS (CL)(S) Zachary Rank Finch, Garden City, KS Austin Morris Foley, Lansing, KS Kasev Todd Ford, Bentonville, AR Landon James Fry, Wichita, KS Olivia Marie Fugarino, Wichita, KS Joseph S. Galvan, Yuma, AZ (S) Caroline Marie Geither, Shawnee, KS Havilah Beth Ginsburg, Colorado Springs, CO Ethan Alexander Hale, Fort Scott, KS (S)

Rachel Ann Haskell, Prairie Village, KS (CL) Emi Breanne Hayashi, Andover, KS (SCL) Hailey Brianne Hunter, Overland Park, KS (S) Darryl Lawrence Jewell Jr., Bakersfield, CA Hunter Dean Jobbins, Goddard, KS (CL) Makenzie Rae Kack, Salina, KS (MCL)(S) Katelyn Rose Kluge, Topeka, KS Theresa Marilee Koch, Baileyville, KS (S)(D) Caleb Michael Lanker, Hutchinson, KS Joshua Albert Lee Larson, Browerville, MN Joshua Timothy Laughlin, Manhattan, KS Caleb Frank Littlejim, LittleAxe, OK Madelyn Noel Madrigal, Emporia, KS Jacob Edward Matney, Salina, KS Ranae Ladicia McKenzie, Manchester, JAM (D)

Shanae Kadicia McKenzie, *Manchester, JAM* ^(D)

William Alexander Mead, Overland Park, KS
Sean Robert Miller, Shawnee, KS
Amy Paige Molstad, Ellis, KS
Cole Mason Moses, Wichita, KS
Sara Elisabeth Nestler, Prairie Village, KS (S)
Madison Rae Newell, Stilwell, KS (S)
Kelan Riley Newton, Dodge City, KS

Luke Michael Oberrieder, Lawrence, KS Andrea Danielle Olson, Overland Park, KS Tyler Lewis Olson, Louisburg, KS Madelyn Gayle Oosterink, California, MD Arlando Dwayne Parker Jr., Bartlesville, OK

Douglas James Pence, Augusta, KS
Jesse Nicholas Peterson, Lansing, KS
Kelsey Lynn Priddy, Silver Lake, KS (SCL)
Larissa Lynn Ramsey, Salina, KS
Julia Nora Reisert, Danbury, CT
Brooke Alexa Riedy, Olathe, KS
Jason Travis Sartor, Paris, TX
Alexis Dayne Schwalm, Hiawatha, KS
Aaron Keith Shamburg, Beloit, KS (CL)
Rachael Mattison Shelton,
Manhattan, KS (SCL)

Anastasia Vonbeck Shriber, Leawood, KS
Katelynn Marie Smith, Cheyenne Wells, CO
Hunter Lee Stephenson, Spearville, KS
Raegan Terrill, Manhattan, KS (CL)(S)
Katlynn Brooke Treff, Waterville, KS (S)
Charles Harry Hayes Trotter, Atchison, KS
Austin Gregory Valcoure, Wichita, KS
Antonio Vega, Topeka, KS
Austin Daniel Ward, Baldwin City, KS
Callie Janay Webster, Olsburg, KS
Greta Ann Wehrman, Sylvan Grove, KS (S)
Madison Rose Weinman, Wichita, KS (SCL)(S)
Alex Eugene Wesselowski,
Independence, KS

Josie Joann Wilson, Jewell, KS (SCL)(S)
Mary Elizabeth Winship, Gypsum, KS (SCL)
Colby Davis Works, Iola, KS
Ashley Ann Zane II, Wichita, KS
Jonathan Aaron Zappa, Lansing, KS

CL = Cum Lade MCL = Magna Cum Lade SCL = Summa Cum Lade S = secondary major D = dual major

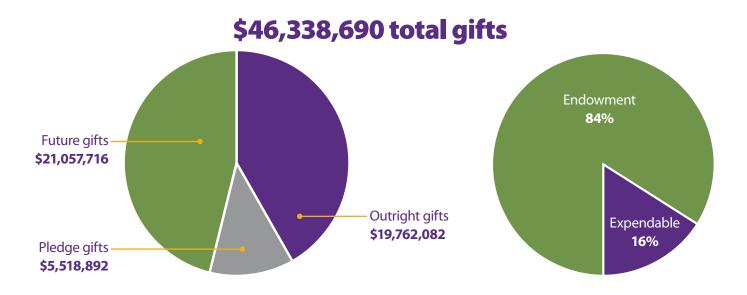


CAMPAIGN IMPACT REPORT

July 1, 2010, to December 17, 2019

Campaign concludes June 30, 2020







PHII ANTHROPY IN ACTION:

Facilities enhancements

More than 59,000 square feet of upgraded or new facilities have been completed.



20,000 square feet in Mary and Carl Ice Hall

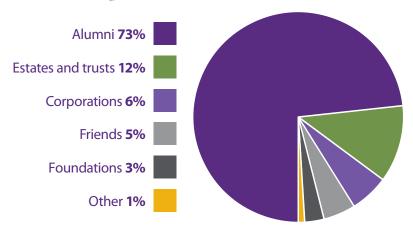


29,000 square feet in Justin Hall



10,000 square feet supporting academic teaching space

10,468 donors



4,133 first-time donors

What's next?

- The Department of Apparel, Textiles, and Interior Design became the Department of Interior Design and Fashion Studies on Jan. 1, 2020.
- The physician assistant program will offer its first class in spring 2021.
- New master's program for athletic training starting the summer of 2021.
- Wichita State University and Kansas State University have combined resources and started the planning phase of a program that will give students the opportunity to earn both a Bachelor of Science degree from the College of Health and Human Sciences at K-State, and a Bachelor of Science degree in nursing (BSN) from the College of Health Professions (CHP) at WSU.

Academic success

- **693** first-generation students enrolled in the college
- 46% increase in degrees conferred since 2010
- 96% of students are employed at graduation or pursuing continuing education
- Greater than 90% pass rate on professional board exams
- 463 students with a declared pre-health focus



Student support

- 150%+ increase in the college's endowment
- More than \$814,595 in scholarships awarded annually
- **716** undergraduate students participated in internship experiences

FOUNDATION

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WICHITA STATE UNIVERSITY LAUNCHES SATELLITE NURSING PROGRAM AT KANSAS STATE UNIVERSITY

Wichita State University and Kansas State University will launch a dual-degree program that will give students the opportunity to earn both a Bachelor of Science from the College of Health and Human Sciences at K-State and a Bachelor of Science in nursing from the College of Health Professions at WSU. This is the first and only program of its kind in Kansas.

Students in the program will spend the first three years in the College of Health and Human Sciences, then submit an application for WSU's traditional Bachelor of Science in nursing program. Accepted students will spend the next two years in the program and earn their nursing degree from WSU. Upon completion of the program, graduates earn two bachelor's degrees, one from each institution. Both degree programs will be based in Manhattan.

WSU will welcome students enrolled in the K-State College of Health and Human Sciences to its nursing satellite program in fall 2021. Twenty students will be accepted into the program each semester. Students will initially work with a K-State advisor, then a WSU nursing advisor when they are accepted into the nursing program.

"This unique program gives students the opportunity to earn two degrees from two prestigious universities in just five years," said Voncella McCleary-Jones, associate dean of the WSU College of Health Professions and chair of the School of Nursing. "This program will shorten the overall time to graduation, which is a huge benefit for students. Healthcare outcomes in Kansas will be positively impacted with more bachelor's-prepared registered nurses in our state."

"This program is a milestone for both universities, and we are excited to be moving forward," said John Buckwalter, the Betty L. Tointon dean of the College of Health and Human Sciences at K-State. "This program represents our innovative approach to providing students with more opportunities while making an immense contribution to local health care."

THOMPSON-LASWELL AWARDED TOP AUTHOR AWARD BY TOP HAT

Katie Thompson-Laswell, senior instructor in human development and family science, was recently awarded the Top Author Award from Top Hat at their annual Engage user conference. This award is designed to recognize educators who have raised the bar to improve learning experiences for students before, during and after class.

Thompson-Laswell received the Top Author Award, recognizing her own interactive digital courseware for her human development classes through the Top Hat platform. Through the platform, she enables her students to engage with course materials in an effective way that facilitates mastery of the subject matter. She has developed a curriculum focused on interactive content, video, discussion questions and in-class engagement that is motivating, thoughtful and improves students learning. Through her

course design and insightful instruction using the Top Hat platform, she supports students in building a strong foundation for success.

Thompson-Laswell was nominated for the award by her students. "The way she presents the material in my human development class gives all students a chance for success now and in the future," said one of her nominators.

Top Hat is education software built for professors and teaching faculty. They provide easy-to-use tools to engage the classroom, adopt and author next generation interactive textbooks, create assignments and securely administer tests. More information on the platform can be found at tophat.com.



BRONWYN FEES NAMED ACE FELLOW



Fees, associate dean for academic affairs and professor of early childhood education, is among the 38 American Council on Education fellows selected across the nation for the 2020-2021 academic year.

To be selected a fellow by the council, which is known as ACE, candidates must be nominated by the senior administration at their institutions and go through a rigorous selection process. Since its inception in 1965, the ACE Fellows Program has strengthened institutions in American higher education by identifying and preparing over 2,000 faculty, staff and administrators for senior positions in college and university leadership through its distinctive and intensive nominator-driven, cohort-based mentorship model. Of the fellows who have participated to date, more than 80% have gone on to serve as chief executive.

The ACE Fellows Program combines retreats, interactive learning opportunities, visits to campuses and other higher education-related organizations, and placement at another higher education institution to condense years of on-the-job experience and skills development into a single year. During her placement, Fees will observe and work with the president and other

senior officers at her yet-to-be-named host institution, attending decision-making meetings and focusing on issues of interest. As a fellow, Fees also will conduct projects of pressing concern for K-State and seek to implement her findings upon completion of her fellowship placement.

Fees has been in her current position since May 2015, after serving as the interim associate dean since 2013. In her job, Fees works with faculty on courses and curriculums in academic programs, ensuring they comply with university academic policy. This work includes undergraduate, graduate and distance education as well as serving as program chair for the human ecology degree. She also leads the college's strategic plan. Fees has been recognized for her leadership as one of K-State's Women of Distinction and as a HERS Summer Institute participant in 2015.

Joining K-State in 1998, Fees was promoted to full professor in 2015 and has taught at both the undergraduate and graduate levels. She also has helped undergraduate and graduate students present their work at local, state, national and international conferences, and has led international study tours to China, Tanzania, Paraguay and Hungary.

Active in research, Fees' work deals with physical activity of young children within programs, early care and education programs, affordances of the physical environment for children with autism and international perspectives on early education. Her work has been presented and published internationally and nationally, including a collaborative study cited in the Institutes of Medicine Early Childhood Obesity Prevention Polices. She is principal investigator for Kansas Child Care Training Opportunities, a sponsored project providing professional development and technical assistance to early childhood professionals across Kansas. In addition to campus leadership, Fees currently serves as chair of the Human Sciences Board in the Great Plains IDEA, chair of the Council of Administrators of Family and Consumer Sciences and vice president for Assembly of Higher Education for the AAFCS. She is a past board member for the World Organization for Early Childhood Education-USA, a nongovernmental organization with consultative status with the U.N. and UNESCO.

Fees earned a Bachelor of Science in education, graduating magna cum laude, and a Master of Education from the University of Nebraska at Kearney. She earned her doctorate in Human Development and Family Studies-child development from lowa State University. Before joining K-State, Fees taught at the University of Nebraska at Kearney and Huron University and served as Huron's director for institutional assessment.

"The ACE Fellows program is unique in its ability to transform the lives and enrich the careers of its participants," said Ted Mitchell, ACE president. "After an intensive experience working with accomplished higher education leaders, the Fellows will return to their home campuses prepared to address the challenges of tomorrow."

ACE is a membership organization that mobilizes the higher education community to shape effective public policy and foster innovative, high-quality practice. As the major coordinating body for the nation's colleges and universities, ACE's strength lies in its diverse membership of more than 1,700 colleges and universities, related associations and other organizations in America and abroad. ACE is the only major higher education association to represent all types of U.S. accredited, degree-granting institutions: two-year and four-year, public and private.

HEALTH AND HUMAN SCIENCES IMPLEMENTS NEW INTEGRATIVE STUDIES CURRICULUM

When the college changed its name in June 2019, faculty expressed their desire for an enhanced college common core that introduced students to the areas of well-being that unite the college in its mission of promoting the well-being of individuals, families and communities through education.

The six new five-week courses are empirically based upon research by Roth and Harter from the Gallup Institute on human well-being. The five essential elements of well-being include community, social, financial, physical and career/purpose. An introductory course will offer an overview of the framework and the college. Courses will be coordinated and taught by a team of instructors with expertise in the specific areas on campus and online. Instructors will be Jared Anderson, professor in couple and family therapy; Kendra Delgado, instructor in kinesiology; Kim Hiller Connell, professor in apparel and textiles; Megan McCoy, professor of practice in personal financial planning; Kari Morgan, teaching associate professor in human development and family science; and Amber Vennum, associate professor in couple and family therapy.

Students in the college will be required to complete all six courses as part of their general requirements. These courses will replace the current foundations course. Students outside the college may take the courses as unrestricted electives.

Sara Rosenkranz, associate professor in food, nutrition, dietetics and health, has been named coordinator for the integrative studies program. "The mission of the College of Health and Human Sciences is to promote the well-being of individuals, families, and communities through research, education and outreach. These new five-week 0.5 credit hour courses are helping us to fulfill this mission," said Rosenkranz. "The focus on well-being is timely, in particular with the current COVID-19 pandemic and the related challenges we are all facing. In addition, there are several different efforts across our campus that are focused on well-being, and we believe our integrative studies courses will align well with these campuswide efforts. I am really excited to have the opportunity to work with such a fantastic group of individuals in creating courses that are impactful and relevant to the lives of our students."

DEPARTMENTAL AND PROGRAM CHANGES IN THE COLLEGE

- The Department of Apparel, Textiles, and Interior Design became the Department of Interior Design and Fashion Studies on Jan. 1. The department name change was proposed by faculty to provide a better understanding of the program offerings for future and current students and their parents. Adding the word "fashion" will also allow K-State to become more competitive with similar programs in the country that offer the same type of degrees.
- The personal financial planning program received approval from the Kansas Board of Regents to become its own department. The program is currently housed in the School of Family Studies and Human Services. A national search was conducted and Dr. Martin Seay has been appointed the department head.
- On June 1, the School of Family Studies and Human Services became the Department of Applied Human Sciences. The family and consumer sciences education and general human ecology programs will join the department after previously being house in the Dean's office.
- The Department of Kinesiology will now offer a Bachelor of Science in integrative physiology. With the majority of current kinesiology students interested in a health-focused career, this new degree has been specifically designed to better prepare those students for healthrelated professional schools (e.g., medicine, physical therapy, physician assistant, nursing, etc.) and for careers in health-related professions. The integrative physiology core curriculum will include courses focused on major systems within the body (e.g., cardiovascular, pulmonary, neural, muscle) and how these systems interact with each other in health and disease (e.g. pathophysiology). A selection of upper-level courses are then designed to meet the requirements of their respective health discipline and the unrestricted elective options allow students to enroll in courses outside of the department to fulfill necessary requirements for their career aspirations. After completing the degree program, students will be prepared for a variety of health professional schools, as well as careers in the health field.



- The Department of Food, Nutrition, Dietetics and Health will now offer a Bachelor of Science in athletic training and rehabilitation sciences beginning in the fall. The program will prepare students for a career as an allied health professional and prepare students who are looking to enter a professional degree program. K-State proactively developed this degree program to respond to the Athletic Training Strategic Alliances' decision to require a master's degree to become eligible for certification as an athletic trainer, which takes effect in 2022. The department is also developing a Master of Science in athletic training program, which will accept their first cohort of students in summer 2021.
- Four new minors are now available for students in the college. The K-State Center on Aging now offers a gerontology minor, a 15-credit hour program. The Department of Applied Human Sciences is offering three new minors: children in group settings, pre-kindergarten education and an interdisciplinary conflict resolution minor.

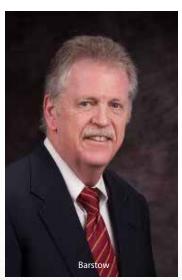


DEPARTMENTAL LEADERSHIP CHANGES

- After four years as department head, Mark Haub will be stepping down to return to a full-time faculty position. Haub became department head in 2016 after serving five years as interim department head beginning in 2011. Dr. Tandalayo Kidd has been appointed department head.
- Michael Ottenbacher, hospitality management department head, will be departing K-State after two and a half years. A national search for his replacement will begin at a later date.



BARSTOW NAMED UNIVERSITY DISTINGUISHED PROFESSOR



Thomas Barstow, department of kinesiology, has been named a University Distinguished Professor, the highest honor the university bestows on its faculty members.

Barstow directs the Human Exercise Physiology Lab, where he studies the control of muscle metabolism, the integration of pulmonary and cardiovascular systems and the mechanisms of fatigue and exercise intolerance.

He has advised more than 76 undergraduate students, graduate students and postdoctoral researchers. His research has been sponsored with nearly \$8.8 million in funding from organizations such as NASA, the American Heart Association and the National Institutes of Health.

Barstow has published more than 167 peer-reviewed papers, 180 abstracts and four chapters. He has given 65 invited lectures and presentations. He is a fellow of the American College of Sports Medicine and the American Physiological Society. At Kansas State University, he is a three-time recipient of the Professorial Award for Sustained Excellence and a two-time recipient of the Making a Difference Award from the Women in Engineering and Science Program.

Before joining K-State in 1996, Barstow served in research and faculty positions at the University of California, Davis; Harbor-UCLA Medical Center; and V.A. Wadsworth Medical Center. From 2002 to 2003, he was a visiting professor at The Manchester Metropolitan University in Manchester, United Kingdom.

Since 2007, Barstow has served as the graduate program coordinator for the university's department of kinesiology. He earned a doctoral degree in physiology, a master's degree in physical education and a bachelor's degree with honors in nutrition — all from the University of California, Davis.



Human Sciences

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Telephone: 785-532-6220 | TTY or TRS: 711. The campus ADA Coordinator is the Director of Employee Relations and Engagement, who may be reached at charlott@k-state.edu or 103 Edwards Hall, 1810 Kerr Drive, Kansas State University, Manhattan, Kansas 66506-4801, 785-532-6277 and TTY or TRS 711.