

FOCUS



Meet Dottie Durband,
FSHS director

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a scholarship

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Message from the dean



K-State has rededicated itself in the fight against world hunger.

The university already is deeply immersed in food production, nutrition, food safety science and education. Now,

through the new Global Food Systems Initiative, we will accelerate new research and teaching opportunities to keep the world's people fed.

But the idea of feeding a growing global population is more than a matter of producing more wheat and cattle. One objective of the initiative is to research solutions to problems with food safety, human health and food security.

That is where Human Ecology steps up to lead.

As we integrate research, teaching and outreach, our multidisciplinary units address challenges linked to food systems: nutrition, health, the built environment, human development, public policy, conflict resolution and more.

Some examples at work in Human Ecology:

- In our clinical and internship programs and in the classroom, our students —

especially those in public health, dietetics, family and consumer sciences education, and kinesiology — learn how to work with groups and individuals to help them make science-based decisions that promote health and well-being.

- Tanda Kidd, associate professor of human nutrition and a Research and Extension specialist, leads a \$2.5 million research grant to identify barriers that stand between youth and healthy food choices, to develop strategies to overcome the barriers and to increase youth consumption of fruits, vegetables and whole grains and physical activity.
- Edgar Chambers' team at the Sensory Analysis Center leads a 10-nation study that will help countries develop food safety policies and education programs.
- The Center of Excellence for Food Safety Research in Child Nutrition Programs, funded by the U.S. Department of Agriculture, searches for research solutions to keeping food safe for school-age children.
- In the School of Family Studies and Human Services, projects are examining access to food assistance in metro and non-metro areas, food security among college students and relationships between family members and health outcomes.
- Faculty members who will continue and expand their work are: David

Dzewaltowski in public health behavior and kinesiology; Barbara Anderson and Melody LeHew in the pedagogy of sustainable systems that include food, fuel and fiber; and Mark Haub, George Wang, Brian Lindshield, Brad Behnke and others who do groundbreaking research on understanding the function and metabolism of nutrients and addressing obesity, diabetes and other disease.

These faculty members are just a few examples of the work we do that connects with global food systems.

The initiative, which kicked off this summer, has already brought the university a \$50 million grant as part of the government's global hunger and food security initiative. The Feed the Future Innovation lab in Waters Hall includes a new position to study food systems and human nutrition.

The initiative provides our faculty and students — and our supportive friends and alumni — with more ways to have an international impact, to put our mission into practice and to fortify our leadership. Thank you for being a part of our efforts.

Dean John Buckwalter



Students on Peggy Honey's design tours to Europe use photography to document history, record applications of design and absorb details. In Burano, Italy, Crystal Peterson, interior design senior, took this photograph for the portfolio Honey requires from all her traveling students.

On the cover:

HMD students Nicole Schaum and Miranda Roseland stand among life-sized Capesino sculptures of farmers in downtown San Jose, Costa Rica. In the background are, top left, conflict resolution students in a South African classroom; Peggy Honey with class in Paris; and Human Ecology student outside the Louvre.

College of Human Ecology leadership team

Administration

John Buckwalter, dean
Bronwyn Fees, interim associate dean for academic affairs
Tim Musch, interim associate dean for research and scholarship
Karen Pence, senior assistant dean
Shawna Jordan, assistant dean for student support

Unit heads

Barbara Anderson, Department of Apparel, Textiles, and Interior Design
Gayle Doll, Center on Aging
Dorothy B. Durband, School of Family Studies and Human Services
Craig Harms, Department of Kinesiology
Mark Haub, Department of Human Nutrition
Melody LeHew, Department of Hospitality Management and Dietetics

“Mentors have given me gifts. I’ve learned to pass that along, and I’ve tried to remember to thank them.”

— Dorothy Durband

Introducing Dorothy B. Durband:

The quest for creativity, excellence and connection

Dorothy Bagwell Durband’s office both inspires and reveals her.

A framed print with Blue Dog, Al Hirt and cypress trees dripping with Spanish moss speaks of her Louisiana roots. A photo shows a rare shell she will, one day, find on a beach and add to her collection. A red-and-yellow Red Raider image reminds her of the nearly 14 years she spent at Texas Tech in Lubbock. Soft piano music floats around the sunny room in Justin Hall.

Durband, who goes by Dottie, moved to Manhattan this fall to become director of the School of Family Studies and Human Services. FSHS has more than eight programs and 710 graduate and undergraduate students.

Hirt represents her love of all kinds of music, especially New Orleans jazz.

“One of my passions is collecting,” she said, pointing to the shell.

Collecting is more of a philosophy than a hobby for the professor. She gathers rare shells, students, ideas, tiny objects, quotations. To her, collecting embodies the pursuit of growth and learning. It helps her connect with others. It helps her remember to stop and play.

“I’m here to serve,” Durband said bluntly.

“I want to lead versus manage,” she added. “I want to make a difference...in the lives of faculty, staff and students. I want to help them realize obstacles and overcome barriers and then get out of the way and let them accomplish great things.”

Her vision is for FSHS to be a premier school, publicizing successes and creatively developing the potential for new opportunities.

“I want to clearly articulate who we are and focus on our purpose...what business we are in, where we’d like to be in the years to come,” she said.

“I see all the different disciplines in the school. I see how we apply theory and research to help individuals and families with health — mental health, physical health, financial health,” she continued.

“We are relevant. We enrich people’s lives.”

At Texas Tech, Durband was chair of the community, family and addiction services department, a professor in the personal financial planning department and founding director of Red to Black, the financial coaching program at Tech. An accredited financial counselor, she has been a manager for the Consumer Credit

Counseling Service of Greater Fort Worth and of the Gulf Coast Area in Texas.

Durband received a doctorate from Virginia Tech in 2000. She has a master’s degree in family studies from Texas Woman’s University and a Bachelor of Science in family life and environment from Louisiana State University.

In 2013 she was recognized as one of the Top 25 Women Professors in Texas and has received the Texas Tech University System Chancellor’s Council Distinguished Teaching Award and the College of Human Services Outstanding Organization Advisor Award.

At Texas Tech she met and married Arthur Durband, a physical anthropologist whose expertise is the early people in Australia. He was there on a Fulbright fellowship when his spouse interviewed for the K-State job. They made the decision together to move during a Skype conversation.

She and the other Dr. Durband, who joins the K-State faculty next year after he completes his commitment at Texas Tech, bought a house on Tuttle Creek Lake. Durband is happy to be back among trees and water.



Dottie Durband, in the sandbox at Hoeflin Stone House Early Childhood Education Center on the K-State campus, believes in the importance of play in developing healthy children and adults.

Meet some of our student stars

Aaron Swank: Human nutrition, kinesiology senior

"We are in the heartland and a body is only as strong as its heart."

— Aaron Swank

For eight years Aaron Swank was a Marine radio operator working all over the world. Now he is determined to make Kansans healthier.

"I am passionate about how the built environment affects physical activity and nutrition," he said. His adviser, Kathy Grunewald, and a speech he attended on "This is how poverty looks in Kansas" ignited the interest in public health.

Swank, president of the K-State Health and Nutrition Society, led the Wildcat Iron Chef event in October that raised money for the Flint Hills Bread Basket. He donated his \$500 scholarship to the cause. "The scholarship was for our group's efforts at the All-University Open House so I felt I should share it," he said.

Classwork and two jobs keep Swank busy and focused. But he takes time to put his beliefs into practice. Recently the senior sold his car and now he walks or bikes. Xbox Connect programs and weights make up his fitness routine.

Swank will pursue a Master of Public Health degree. He hopes to work with nonprofit or public sector groups in Kansas. Yes, he plans to stay in his home state. "I've heard so many students say they were leaving Kansas but I think if you want things to change, you need to stay here and change them through advocacy, action and public policy," he said.



Mariah Bausch: Personal financial planning junior

"I want to help people understand finances."

— Mariah Bausch

When Mariah Bausch won a \$5,000 scholarship and a trip to New York, she laughed and her mother cried.

"I was sitting in the parking lot getting ready to drive home from work this summer. I checked my email and there it was. My hands started shaking," she remembered. She opened the email and started laughing.

"This can't be possible," she thought.

Then she called her mom, Deborah Bausch, in Hoyt. Mom cried.

In New York, Bausch and the nine other recipients got a VIP tour of the New York Stock Exchange, visited Times Square and picked up their TD Ameritrade Institutional Next Gen Financial Planning Scholarships.

Bausch's family had to sell the family farm during the disturbing farm crisis in the '80s. She chose her major because, "I wanted to help people understand finances and how they work so they would not have to be in situations like that," she said.

She worked this summer for D.M. Bruce Associates, a financial planning firm in Topeka that was happy to give her time off to travel to New York. "They wanted to go along," Bausch said.

Watch her group ringing the closing bell at ow.ly/DxYtd.



Sarah Webb: New M.S. degree in marriage and family therapy

“It was such a long journey getting here.”

— Sarah Webb

Sarah Webb smiles. A lot.

When she graduated this year she already knew what the next stop on her journey would be — 102 Holton Hall. She is assistant dean and assistant director of the Office of Student Life at K-State.

One of six children growing up in Fountain, Colorado, Webb was the first in her family to go to college. K-State wasn’t even on her list, although she visited her cousin here as a high school junior. “Three weeks before I graduated from high school I had a dream that I was at K-State,” she said. She applied and was accepted. “I love K-State.”

Webb often held three or four jobs at one time as she paid her way through college. “That’s one way to build resilience,” she smiled. Webb always dreamed that she would be a college graduate.

Webb thought she was going to teach first grade. Following another dream, she studied in Spain during her junior year. “It opened my eyes and changed my direction,” she said.

After graduation she worked for a study abroad company managing programs in Spain and Costa Rica. But she still thought of teaching. So she returned to Spain where she taught English to sixth- through 12th-graders. “I loved being in the classroom, making that connection,” she said.

That belief in connections led to a master’s degree in MFT, then to the Office of Student Life.

“I want students to realize their potential and follow their dreams, too,” she said.

Isaac Falcon Campos: graduate student in family studies

“I fell in love with American culture.”

— Isaac Falcon

Isaac Falcon Campos is a scholar and a dancer.

Teaching assistant for David Thompson, Campos grew up in Mexico City and is the first generation in his family to go to college. He has two degrees from K-State — a bachelor’s in psychology and a master’s in family studies — and is working on his doctorate in family studies.

His research is on how technology affects communications between adolescents and their parents.

Campos moved from Mexico to Kansas City in 1999 after visiting family there. He credits the McNair and Bridges programs — and his love of dancing — with making his transition to K-State easier.

He has been salsa dancing since he was 14, has participated in dance programs on campus and teaches salsa and ballroom dancing at UFM.

“I love languages and new cultures,” he said. “I love connecting.” He wants to learn Japanese, Italian and Portuguese, and has an acquaintance with Russian, Chinese, Vietnamese, French and Korean.

After he finishes his doctorate, Campos hopes to travel abroad. “I want to explore more places,” he said.



LeHew serves as interim HMD head



Melody LeHew, professor in the Department of Apparel, Textiles, and Interior Design, is interim head of the Department of Hospitality Management and Dietetics.

"Dr. LeHew brings a wealth of experience. In addition, she has served the university and the college in a number of ways, most notably as faculty senate president," said

John Buckwalter, dean. "I am confident that she will be able to provide strong leadership until a permanent department head can be selected."

LeHew received her bachelor's and master's degrees in textile and clothing from Ohio State University and her doctorate in retail and consumer science from the University of Tennessee, Knoxville. She joined the K-State faculty in 1996.

Her research focuses on sustainability education and strategies in the soft goods industry.

"This is an exciting stage for hospitality management and dietetics," LeHew said. "I welcome the opportunity to work alongside faculty as they refine their strategic direction. As the programs evolve and grow over the next few years, their position as leaders in the respective fields will be even more evident."

She also is director of an Agricultural Experiment Station five-year project investigating sustainable apparel design, production, distribution and consumption. In addition, she works as the project director of a U.S. Department of Agriculture NIFA Higher Education Challenge Grant large-scale initiative focused on enhancing climate science and sustainability competencies in textile and apparel programs.

Stith named university distinguished professor



Sandra Stith, an internationally known expert on understanding and treating intimate partner violence, has been named a university distinguished professor, a lifetime title and the highest honor the university bestows on its faculty members. Stith, Virginia Mowrey McAninch professor of family studies and human services, directs the marriage and family therapy program. Since coming to the university

in 2007, Stith has garnered nearly \$8 million in grants. She is the editor of four books on intimate partner violence and author of one book as well as more than 90 articles and book chapters on the subject. Stith has received National Institute of Mental Health funding to develop and test a couples' treatment program for intimate partner violence. Furthermore, she has worked with the U.S. Air Force Family Advocacy Program since 1998 as a manager of a variety of family violence-related research projects.

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RECOGNIZING LEADERSHIP IN ANNUAL GIVING

We're saving a spot for YOU in the 1863 Circle!



1863 Circle

WILL YOU JOIN THE CIRCLE?

K-Staters who provide annual support of \$1,000 or more to the areas they care about most are recognized as members of the 1863 Circle. Joining the 1863 Circle is a great complement to membership in the Legacy of Excellence Honorary Society, the College of Human Ecology's annual giving society.

To learn more, visit www.found.ksu.edu/1863 or contact Jenna Harmison at the KSU Foundation at 785-532-7611.

Six professionals honored for ‘focusing first on people’

On Oct. 24, the college honored six professionals for outstanding contributions to their disciplines.



Shawn Bloom, president and chief executive officer of the National PACE Association, received the Public Advocacy Award for making a significant impact on issues important to the field of human ecology. He graduated in 1987 with a Bachelor of Science in biochemistry and gerontology.

At PACE, which stands for Program of All-Inclusive Care for the Elderly, he helps people meet their health care needs in the community instead of going to a nursing home or other care facility. With more than 25 years in the elder and health care industries, Bloom is a well-known expert and frequently testifies before state and federal policymakers on health care policy reform for the aging.



Kali Buchanan, NCIDQ, Assoc. IIDA, LEED AP, received the Rising Professional Award for significant contributions to the field of human ecology at the early stages of her career.

A 2008 graduate in interior design, Buchanan is director of interior design with Hufft Projects in Kansas City. At Hufft Projects, she is an advocate and partner

to clients, creating environments that support and enhance the lives of her clients. These environments include workplaces, retail, hospitality, residents, and education and worship facilities.



Jami Dunbar, senior director of product development and technical design at Under Armour, received the Partner Award. The 1996 graduate in apparel design provides sustained partnership on the corporate level with the college to enhance student and faculty research, internships and other educational opportunities.

She serves on the Apparel Textiles Advisory Board, and attends meetings and interacting with students on the K-State campus. She also has participated in the annual ATID symposium as a panelist and sponsor. In addition, she assists students with internships and job opportunities at Under Armour.



John Ross Harmon, owner of John Ross & Co. Signature Catering in Garden City, received the Entrepreneur Award. This award recognizes his entrepreneurial spirit and success in business. He graduated in 2007 with a Bachelor of Science in hotel and restaurant management.

Harmon offers catering services throughout Kansas and the Midwest. He says his menu mixes down-home food that his mother taught him to cook with the five-star cuisine he learned at the Ritz-Carlton.



Dennis Hulsing, president and CEO of Hulsing Enterprises LLC, Asheville, North Carolina, received the Friend of the College Award. A 1985 business administration graduate, he leads nine hotels and resorts, three durable medical equipment companies, a sleep lab, two golf and tennis clubs, a residential development company, three real estate investment companies, two grocery stores, a spa, a scuba center, zip line, mountain bike park and a treetop adventure center.

He serves on the Hospitality Management Advisory Board at K-State. Other accomplishments include establishing the Hulsing Hotels Scholarship and developing an internship program to develop the next generation of K-State graduates.



Mary Montgomery-Shatz, director of operations at LongHorn Steakhouse, Darden Concepts, received the Executive Leadership Award for her business leadership and sustained interest in the College of Human Ecology.

She is a former K-State alumni fellow and adviser for the college's hospitality management programs. Montgomery-Shatz proudly states she has hired 13 K-State graduates, and one of her greatest successes is mentoring. She graduated in 1980 with a Bachelor of Science in restaurant management.

Names in the news

Brian Lindshield, associate professor of Human Nutrition, is part of an Open Alternative Textbook Initiative helping students save on textbook costs... A white paper on financial literacy in higher education received national attention for co-authors **Sonya Britt**, program director for personal financial planning, and **Dorothy B. Durband**, director of the School of Family Studies and Human Services... **Sheryl Klobasa**, 59, died of a sudden illness in May. She was unit director at Housing

and Dining and an instructor in Hospitality Management and Dietetics... **Ric Rosenkranz** was one of six faculty members selected to be the first inaugural participant in the Oz to Oz program, part of K-State's Australia Initiative which supports short-term visits to advance collaborative research activities... **Jichul Jang**, hospitality management and dietetics, and Bradford Wiles, FSHS, received research proposal awards from the Office of Research and Sponsored Programs... Faculty receiving research funds from the

college are **Annika Linde**, **Ji Hyi Kang**, **Joyce Baptist** and **Bryan Orthel**... **Wilma A. Larsen**, who earned her master's degree at K-State in 1948, then went on to start the child development program and serve as chair of the Home Economics department at Kearney State College, died at age 92 in Kearney, Nebraska... **Bryan Cafferky**, doctoral student in marriage and family therapy, received a \$2,500 University Distinguished Professors Graduate Student Award for his research.

Human Ecology students learn Around the world

Lakyn Baughman didn't notice when her cellphone slipped from the jacket pocket. On a public bus. In Budapest, Hungary.

"I kept reminding myself, 'It's just a phone. It's not a big deal,'" she recalled. "Then I thought about all the pictures I had taken on the trip and the possibility of someone making expensive international charges on it."

When Baughman and her companions — all on an early childhood development study tour led by Bronwyn Fees and LuAnn Hoover — returned to the hotel, they got busy. Baughman canceled her phone plan. Eszter Bodos, a Hungarian host for the K-State group, called lost and found at the bus station. The hotel staff fretted. Baughman berated herself. Fellow students offered to share trip photos.

Amid the drama, the hotel phone rang. A staff member answered and turned to Baughman, giving her the universal "thumbs up" signal and handing the phone to Bodos.

"I knew it was great news because she was smiling the whole time, saying 'koszonom,' which means thank you, over and over," the student said.

Zsombor Mondri, a young businessman, found the phone and texted Baughman's parents in Kansas. They gave him the hotel phone number.

The next day, the group retrieved the phone and thanked Mondri. "I went there with a very grateful heart and some chocolates," Baughman said. He asked the student to share one message with her home country: "Most Hungarians are like me. We may be a small and poor country, but we all have a big heart."

Looking back, the junior in communication sciences and disorders said the experience (she calls it "my miracle in Hungary") the most memorable part of a trip filled with the memorable.



Students stop at a bakery in Hungary.

Nearly 100 Human Ecology students each year gather memorable experiences as part of studies abroad. More than \$40,000 in scholarships from the college and from the Office of International Programs assist most students with travel expenses. The average cost of a study tour is \$4,700, depending on destination and length.

Some students spend a semester at universities in England, Italy, Australia, Spain, Ireland and Botswana. Others travel

with faculty-led groups, learning about education, design, conflict resolution, culture, cuisine, solutions to national social problems and other subjects that challenge their perceptions, broaden their world and add to understanding of their future professions.

"We all gain from preparing self-aware students for a culturally diverse world," said Joyce Baptist who, with David Thompson, led a study tour to Malaysia and Borneo in January. "Students reported becoming more aware of their own culture as well as their biases and perceptions of other races, religions and nationalities. Most had never been outside the U.S. and all reported being stretched in their thinking."

They interacted with Sisters in Islam about polygamy, heard the stories of international refugees, visited homes of laborers who were about to become homeless and spent time in remote villages with indigenous people whose homeland and culture were about to be obliterated.

"They saw how individuals can draw others around them to become involved in making changes against seemingly insurmountable odds," Baptist said.

The tour was with the conflict resolution program in the School of Family Studies and Human Services. In 2015 Baptist and Thompson are planning a faculty study abroad opportunity May 18-28.

Students on a study abroad course called *From Armed Struggle to Sustainable Peace in South Africa* gathered in a Cape Town classroom.



More than half of interior design majors have guided international experiences such as tours led by HyungChan Kim to South Korea and by Peggy Honey to France, Italy and the United Kingdom.

Honey, associate professor, and professional



Photographer Alan Honey teaches students in Florence, Italy, about lighting in photo by Carol Kolins, interior design senior.

photographer Alan Honey traveled with 29 students (and one mom) to Rome, Orvieto, Florence, Siena, Padova, Venice, Milan and Paris to study historical and current Italian and French architecture and design.

Students were required to produce a photography portfolio.

"I think having a camera forces the students to always be looking for beauty and composition. They use photography to support and document history, to record applications of design and to look at details. One of their assignments is to do an alphabet from design elements," the professor said. "They consciously produce images that are more than just tourism; they produce some great stuff."

Honey and Honey lead student study tours every other year. In 2015 they will go to the United Kingdom.

Kim outlined three goals for the students he took to Seoul, Basan, Jeju Island and Cheon-Ahn in South Korea: learn and be

exposed to non-Western culture; visit Korean design industries to learn about global design markets; and interact with Korean design students. They visited three universities.

"I am emotionally unstable today as I say goodbye to a country I never thought could mean so much to me," wrote Foster Knutner in her student blog. "South Korea has not only provided me with an opportunity to explore the world, but has also become a part of me and who I want to be.

"The kindness and passion of the design students at various universities and the inspiration they have instilled in me and the amount of laughter we shared" were among her memories. "I have realized that all these things make me feel differently about the world."

Jared Anderson and seven graduate students in marriage and family therapy presented a workshop, posters and papers at the Second International Forum on Marriage and Family Therapy in July in Beijing, China.

"The trip was a great opportunity for cross-cultural exchange of ideas related to families and family therapy," said doctoral student Bryan Cafferky. "The richness of my experience planted a desire to foster more friendships, both domestically and internationally, with professionals who are different from myself."

He loved the vastness of the Great Wall and was struck by a major difference in family therapy when they visited Clear Sky Counseling in Guangzhou. In the

“I think having a camera forces the students to always be looking for beauty and composition.”

— Peggy Honey

Design students study buildings new and ancient, such as the 2,000-year-old Roman Colosseum.

U.S., he said, family therapists work with multiple people, often two parents and several children. However, because of China’s one-child policy, Chinese family therapists work with a different dynamic.

Anderson agrees that some of the best experiences are exchanges with Chinese students or clinical colleagues. “We share ideas, views about health and well-being, and ways to intervene. These interactions force us to confront our own assumptions and broaden our views.

“International travel provides one of the best educational opportunities around!” he added. “You get to immerse yourself in another culture with different ideas, values and customs. You get to meet and connect with people and share ideas and hopes... often around wonderful food! If people travel with an open mind, a passion for learning and observing, they cannot help but go home with a new perspective about themselves and the world.”

Anderson hopes his students develop a new appreciation for the power of culture, a greater tolerance for difference, greater flexibility, curiosity and willingness to get outside their comfort zone. “I hope they’ll use these experiences to think more deeply about their research, their clients and their personal lives.”

Other faculty-led trips this year included:

- Mary DeLuccie and Beth Stuewe took students to Rome and Santa Maria de Castellabate, Italy, to examine cross-cultural similarities and differences in child development and family systems. They collaborated with a local commune that delivers social services to needy children and families.
- Kadri Koppel, Marianne Swaney-Stueve and 12 sensory analysis graduate students went on a cultural tour of Delhi, Hyderabad and Bhuj, India,



took cooking and nutrition lessons from university students, learned about a school feeding program, and visited and documented artisans at work.

- As part of a capstone course examining international personal finance, Kristy Archuleta, Cliff Robb and the 2011 doctoral cohort presented research at the University of Antwerp in Brussels, Belgium, and at Erasmus University in Rotterdam, the Netherlands.

The early childhood education group, the first from K-State to go to Budapest, witnessed how another country deals with young children with special needs. Students presented at Eotvos Lora’nd University, then observed music therapy with children with autism and other developmental delays and visited the Kodaly Institute for Music Education. At Pickler Institute they learned about infant/toddler pedagogy.

“Observation and discussion build not only awareness of differing philosophies of education, but also appreciation and tolerance for the cultural diversity and for similarities in educating and enculturating children,” Bronwyn Fees said.



At the National Mosque in Kuala Lumpur, women cover their heads and everyone takes off shoes, including the K-State students and professors.



Students with street mimes at Merdeka Square, Kuala Lumpur, Malaysia, where independence from the British was declared in 1957.

Mission accomplished.

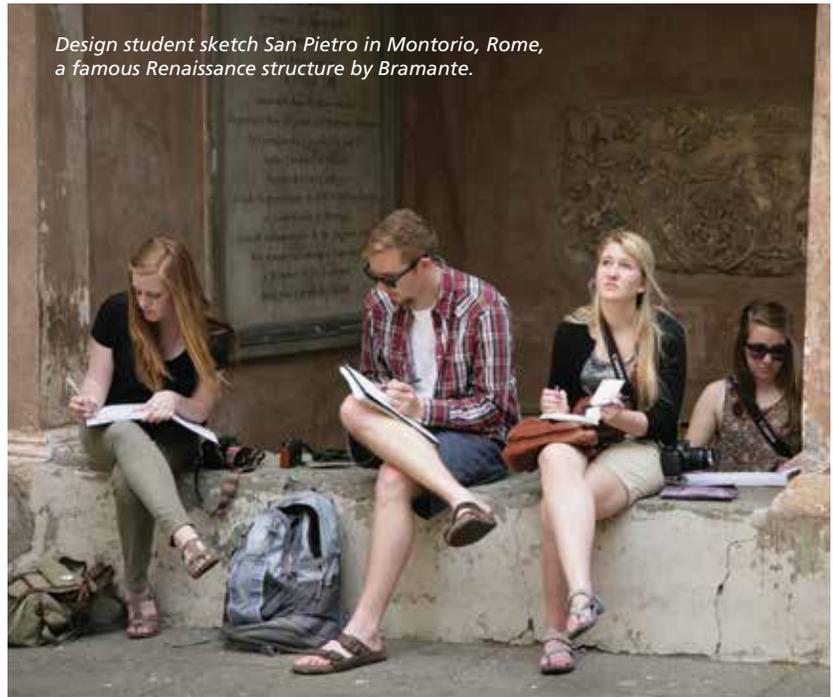
Christina Quigley told this story: "We were sitting in our host's classroom when a child began counting in English from 1 to 5. The teacher said he practiced the night before to be able to count for us. This brought tears to my eyes."

Added Baughman: "Despite the cultural differences, we all have the same goal — loving and helping the children reach their full potential."

Added Katie Lierz: "Ultimately this experience taught me that life should be lived, and to find your passion and follow it. I will always cherish and honor that lesson."

Instructor LuAnn Hoover echoed the words of many student travelers. "As I travel outside my country," she said, "I continue to find that we are more alike than different."

Interior design students explore Sungsan Sunrise Peak, a UNESCO World Heritage site in South Korea.



Design student sketch San Pietro in Montorio, Rome, a famous Renaissance structure by Bramante.



From a student's notebook: Reasons for studying abroad

Kaitlin Chichester, a senior, journeyed with fellow interior design students to Italy and France on a study tour led by Peggy Honey. She wrote these observations on a bus traveling through Italy.

- You can learn a lot about people (and yourself) by:
 - Getting lost.
 - Getting lost in a foreign country.
 - Getting lost by yourself in a foreign country.
- Not having things go according to plan is extremely liberating; let the events of your day unfold and the experiences find you.
- Some people say follow your heart, but if you follow your curiosity you will rarely be disappointed.
- Life is short — get the gelato!
- Italians eat slowly, laugh often and stroll...(not that funny run/walk we do); they also seem much healthier and happier.
- It is impossible to be overdressed in Europe.
- There are more things universally understood between people than you can ever imagine, like smiling!
- It's amazing how much you can connect with people despite a language barrier.
- It's definitely possible to fall in love with a place or even a moment.
- You can never take too many pictures.
- You will never feel so lucky to be alive.
- It truly is a small world!

In short: A quick look at what's going on in the college

Student enrollment tops 3,000

The College of Human Ecology broke official enrollment records again this fall, passing the 3,000 student mark. The college recorded 3,093 undergraduates and graduate students, up 237 students from 2013. The number includes 2,678 undergraduate students, 279 master's degree students, 113 doctoral students and 36 nondegree graduate students.

Scottish Rite Masons honor Speech and Hearing Center



The K-State Speech and Hearing Center was designated a Kansas RiteCare Clinic on Aug. 27. The Scottish Rite Masons presented a \$20,000 check and a plaque to Bob Garcia, program director of communication sciences and disorders. Graduate students in the program greeted Masons and other guests in Hoffman Lounge. Afterward they gathered around the bronze plaque to celebrate. Students are, front row from left, Megan Van Sooy, Caroline Murray, Rachel Baker, Jessica Grinstead, Maria Baker, Sheena Baer and Taylor Huelsman; center row, from left, Emily Groves, Veronica Peters, Veronica Winkler, Holly Krause, Taylor Rush, Alaina Ruble, Allison O'Rourke, Tricia Holliday and Lindsey Elder; and back row, from left, Kristin Becker, Shaina Griggs, Marcie Corpstein, Terra Bruna, Jennifer Schmidt and Kristin Dorsey. The funds will help provide services to more children.

Nod to notability

"Teatime to Tailgates: 150 Years at the K-State Table" has been named a 2014 Kansas Notable Book by the State Library of Kansas. Written by Jane P. Marshall, food writing instructor in the hospitality management and dietetics department

and the college's communications director, the 256-page hardcover features stories about the university's rich food heritage and recipes from 1863-2013. It is available for \$24.95 at 119 Justin Hall or can be ordered with an online form at he.k-state.edu/150/teatime/orderform.pdf. Proceeds go to student study abroad and undergraduate research opportunities.

PFPP offers nation's first graduate certificate in financial therapy

This fall, the personal financial planning program offered the nation's first graduate certificate in the emerging field of financial therapy. The certificate program provides graduate-level educational training to both financial and mental health professionals who want to improve clients' financial health. They integrate relational, behavioral, cognitive and emotional elements with personal finance, according to Kristy Archuleta, associate professor and licensed marriage and family therapist.

Financial planning clinic offers training, research opportunities

At the Institute of Personal Financial Planning Clinic in Ice Hall, Cliff Robb and undergraduate student Mariah Bausch observe a mock client session conducted



by Kristy Archuleta, who is working with a couple portrayed by PFP undergraduate students Lindsay Adams and Matt Schluter. Robb points out nonverbal gestures and discusses clients and counselor conversations. Graduate and undergraduate students are able to engage in clinical research studies as well as conduct financial sessions. They can learn from observing their peers. Also, students have the opportunity to record themselves working with another individual or couple as a way to "see" how

they interact with clients. The IPFP Clinic helps train students in financial planning, financial counseling and financial therapy.

K-State's first MOOC — it's ours!

Linda Yarrow, assistant professor of human nutrition, led the development team for K-State's first massive open online course (MOOC) — Health and Wellness 101: Everyday Small Changes. More than 2,000 from six continents enrolled. The free online course, offered through Kansas State University Global Campus, teaches realistic changes that can be made in daily lives to improve health, physical fitness and overall well-being. The first cycle of the course is taught Oct. 6 to Nov. 15, with content remaining open to students until Dec. 12.

Showcase of Excellence added to ATID symposium

The Showcase of Excellence juried runway show featured 46 entries by K-State students, including the ensemble modeled by Sam Carpenter, below. The juried exhibit included works from 25 K-State students, nine Kansas high school students, and eight garments by guests from Hankyong National University in South Korea. Lauren Nutt, a senior in apparel and textiles from Wichita, won the Best in Show award.



The 10th annual symposium featured Debra Rowe, a leading advocate in sustainability and education for sustainable development, who spoke on "Education, Action and Career Pathways: Creating a Better Future."

Plans are underway for the 2015 Apparel, Textiles, and Interior Design Student Symposium to be April 16-17. The theme is "Always Modern: Using Design to Connect People, Plant and Profit."

Discovery Center exhibit features costume museum's flapper dress, women's letter sweater and more



The college's Historic Costume and Textile Museum contributed a red flapper dress, a child's dress sewn from chicken feed sacks, unusual K-State athletic garb, a patented maternity ensemble from 1938 and a pair of Red Ryder boy's pajamas representing the 1950s to an exhibit that runs through Feb. 1, 2015, at the Flint Hills Discovery Center in Manhattan.

Marla Day, senior curator at the museum, was instrumental in preparing "Flint Hills Forces II: Our Town, Our Fort, Our University 1917-1963." Other items from the Department of Apparel, Textiles, and Interior Design collection include a women's letter sweater, a "Gray Lady" uniform and a hand-stitched 4-H quilt.

meet the demands of combat and modern military operations because they fail to achieve important Total Force Fitness goals, she said.

High-intensity functional training has the potential to deliver improved performance; aerobic, anaerobic and muscle endurance; and greater strength outcomes with substantially lower training volumes. It also could address the increasing problem of overweight and obesity in the military because of its potential for promoting fat loss, especially through increased postexercise fat metabolism, Heinrich said.

Faculty earn top honors

- Elaine Johannes, associate professor and Extension specialist, received the 2014 Dean Barbara S. Stowe Faculty Development Award to work with the Kansas Adolescent Health State Plan.
- Virginia Moxley, dean and professor emeritus, received the 2014 Distinguished Service Award from the American Association of Family and Consumer Sciences. She was recognized as "a visionary servant leader" who "influenced and inspired thousands of students, faculty, staff, alumni and colleagues through her respect for the history of the profession, her institutional and professional association leadership, and her life of service to others." Moxley served as dean of Human Ecology from 2006 to 2013.
- Jane Mertz Garcia, professor in the School of Family Studies and Human Services, has been elected a fellow of the American Speech-Language-Hearing Association for outstanding contributions to the discipline of communication sciences and disorders. A licensed speech-language pathologist, Garcia has published nationally in the areas of diet modifications for impaired swallowing — dysphagia — and supplemental speech strategies for severe dysarthria. Her clinical work, teaching and research relate to acquired communication and swallowing disorders.

Heinrich awarded \$2.5 million grant to study high-intensity functional training in Army personnel

Katie Heinrich, assistant professor of kinesiology, has been awarded an investigator-initiated grant for more than \$2.52 million from the National Institutes of Health's National Institute of Diabetes and Digestive and Kidney Diseases.

Heinrich will study the effects of high-intensity functional training compared to usual Army physical readiness training on changes in body composition, health and fitness among active duty military personnel.

Current physical fitness standards in the Army Physical Readiness Training program and the Army Physical Fitness Test have been judged inadequate for promoting soldiers' ability to



Bella Nelson Baldwin

The story of a portrait and a scholarship

Bella Nelson Baldwin earned a bachelor's degree in home economics education from K-State in 1918. She went on to become a home economics professor and an American Red Cross executive.

Her legacy to the college, fostered by her husband Clare and her son John, is twofold — a portrait and a scholarship.

The portrait, called "Pink Lady," was painted in 1922 by Viola Helen Anderson. It was purchased with a gift from her son, John Baldwin, and now hangs in Justin Hall.

The Bella Marie Baldwin Memorial Scholarship is awarded each year to one or two graduate students who show "maturity and great dedication to their goals," John Baldwin said. This year's recipient is Chandra Lasley, a doctoral student in marriage and family therapy.

Clare C. Baldwin initiated the scholarship in 1982 after his wife died. "He knew how much she loved K-State," said John Baldwin who, with his wife, Jeannie, continue to contribute. K-State was close to her hometown of Jewell, he added. In the 1910s the campus consisted of only a few stone buildings and a student body of fewer than 300.

Clare and Bella met when she was teaching home economics and mathematics. She returned to K-State to study for a master's degree in education and taught home economics at the University of Utah. Later she was an American Red Cross executive in New York.

When 25-year-old Bella Nelson sat for the "Pink Lady," she was a home economics teacher in Topeka. The artist was head of the Washburn University art department from 1921 to 1929. "Pink Lady" hung in the Topeka Woman's Club parlor for more than 80 years.

John Baldwin, a vascular surgeon, didn't know it existed until a historical writer, researching the origins of the painting, queried him in 1992. "I asked Dad about it and he told me this story," Baldwin said.

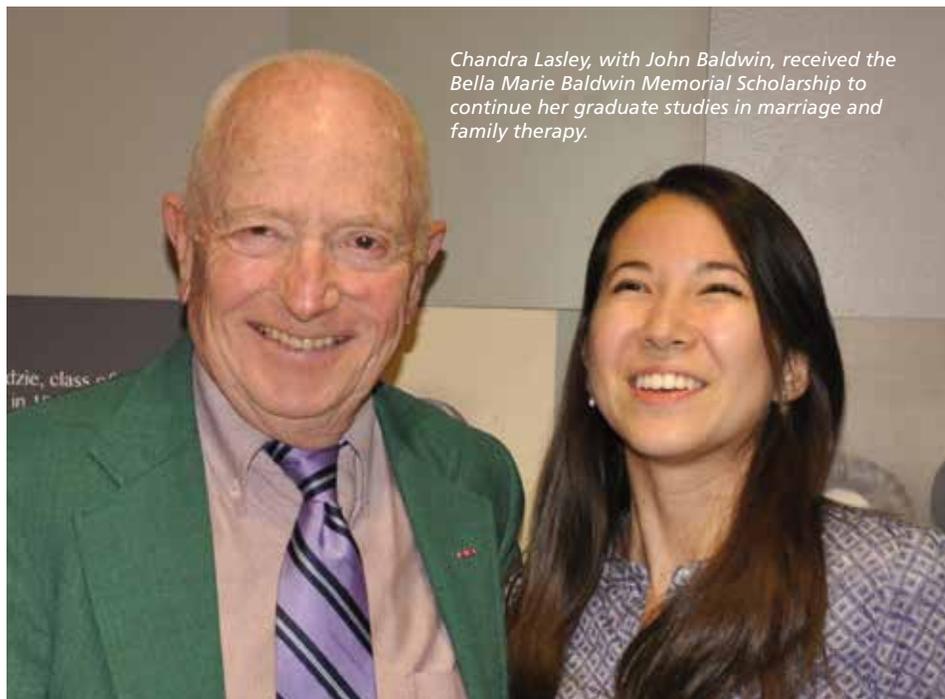
Clare Baldwin, school superintendent in Republic County, attended a meeting in the Topeka Woman's Club in 1929. Sitting in the great room, he looked up and there, hanging over the stone fireplace, was "Pink Lady." He exclaimed, "My goodness, that painting is my wife!" He then rushed to tell the club secretary.

John and Jeannie Baldwin and their daughter Cindie, a K-State graduate, visited the painting. For 12 years he tried to purchase "Pink Lady." The club finally agreed to sell.

The portrait hangs in a lighted case on the Carol Kellett Human Ecology Heritage Gallery. The exhibit includes the story of the K-State graduate, her husband and her son who persevered.



John Baldwin tried for 12 years to buy the 57-inch by 39-inch portrait of his mother so she "could come home to K-State."



Chandra Lasley, with John Baldwin, received the Bella Marie Baldwin Memorial Scholarship to continue her graduate studies in marriage and family therapy.

Kristen Kennally received the Baldwin Scholarship last year when she was working on a master's degree in communication sciences and disorders. About the scholarship namesake she said, "When imagining going to college in 1918 as a woman, it would take tremendous dedication. Upon graduation in 1918, it would still be another two years until the 19th Amendment would be passed, allowing women the right to vote. As a young woman, I could not imagine the amount of commitment and willpower it took to overcome the stereotypes and receive a higher education at Kansas State Agriculture College."

Added Baldwin: "In giving to others on the same path that my mother followed, we honor her, honor K-State and honor humanity."

"I'd love to see our numbers double next year."

— Pamela S. Erickson

Erickson matches students with professional mentors in new college initiative



When Pamela S. Erickson joined the College of Human Ecology in August as director of the mentor initiative, she faced two lists and a big challenge.

First she had to get acquainted with the list of students who wanted mentors, then the list of alumni who volunteered to be mentors. And she had to build the program.

When he became dean last year, John Buckwalter wanted to establish a professional mentoring program for upper-level students. Erickson was hired from Washburn University where she was director of academic advising. She has a Master of Science in college student personnel and counseling and a Bachelor of Science in business administration and international marketing, both from K-State.

"The Professional Mentoring Program will provide an enriching experience for our students that will allow them to learn more about the professions in their chosen fields of study," Erickson said. "I have met the most amazing students and mentors. The mentors are offering their time and resources and wisdom to our students, listening, coaching and sharing valuable skills and insights."

This fall 80 mentee/mentor pairings were formed.

"We hope to grow the program over time. I'd love to see our numbers double next year," Erickson said. "We will need professional in the various fields in Human Ecology to volunteer to be mentors. We would especially like mentors in interior design and speech pathology because of the number of students in these programs seeking mentors."

The director constantly recruits students and mentors. Mentors, who are expected to commit at least an hour a month to their student mentees, do not need to be K-State alumni or live in Manhattan, she stressed.

Details are available he.k-state.edu/mentoring.

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Kansas State University photographer Tommy Theis took this photo of the faculty and graduate students in the marriage and family therapy program, School of Family Studies and Human Services, at the Flint Hills Discovery Center, Manhattan, where they met for fall orientation.