

**CURRICULUM VITAE**  
**PAULA K. PETERS**

**Title:**

Associate Professor, Human Nutrition  
Assistant Director, Family and Consumer Sciences, K-State Research and Extension

**Education:**

Ph.D., The Ohio State University, Human Nutrition, 1991  
M.S., South Dakota State University, Nutrition and Food Science, 1985  
B.S., South Dakota State University, Home Economics Education, 1977

**Professional Experience:**

Assistant Director, Family and Consumer Sciences, K-State Research and Extension, 2000 to present  
Associate Professor; Program Director, EFNEP/FNP; and Extension Specialist, Developmental Nutrition,  
1997-2000  
Assistant Professor and Cooperative Extension Specialist, Developmental Nutrition, Kansas State University,  
1990-1996.  
Graduate Teaching Associate, The Ohio State University, 1989-1990.  
Graduate Fellow, The Ohio State University, 1988-1989.

**Research Projects:**

“Influences on Eating Behaviors of Young Adults”, NC200 regional research committee  
“Eating and Exercise Behaviors and Body Size of Kansas Youth”  
“Using Stages of Change Model to Promote Consumption of Grains, Vegetables, and Fruit by Young Adults”,  
NC219 regional research committee

**Grants and Contracts:**

“Mobilizing Rural Low-Income Communities to Access and Improve the Ecological Environment to Prevent  
Childhood Obesity”, \$4,500,652, 2011-2016  
“Fort Riley Family Extension Program”, DOD/USDA, \$1,007,583, 2009-2011  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,393,025, 2011-2012  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,347,545, 2010-2011  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,300,000, 2009-2010  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,300,000, 2008-2009  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,300,000, 2007-2008  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,440,000, 2006-2007  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,350,000, 2005-2006  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,800,000, 2004-2005  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$3,030,000, 2003-2004  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,960,000, 2002-2003  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,880,000, 2001-2002  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$2,300,000, 2000-2001  
“Kansas Food Stamp Nutrition Education Plan”, USDA–FNS, \$1,800,000, 1999-2000  
“Kansas Family Nutrition Education Program”, USDA–FNS, \$1,340,000, 1998-1999.  
“Kansas Nutrition Network”, USDA–FCS, \$150,000, 1998-1999.  
“Kansas Family Nutrition Education Program”, USDA–FNS, \$950,000, 1997-1998.  
“Kids' Meal Times Newsletters”, "Dietary Guidelines for American Children", "Breastfed Infants and  
You", USDA and KS-SRS (Family Nutrition Program), \$7500, 1996.  
"Safe Food for Children" Spanish Video, USDA-CSREES, \$3000. 1995-1996.  
"WIC Kitchen", USDA-ES, \$95,000, 1993-1996.  
"Safe Food for Children" Satellite Training, USDA-ES, \$31,000, 1992.  
"Youth Food and Nutrition Curriculum", Kansas Health Foundation, \$75,000, 1992-2000.  
"Food Safety for Family Child Care Providers", USDA-ES, \$29,000, 1991.

**Honors:**

“Diversity Award”, K-State Research and Extension, 2010.  
“Excellence in Extension Award”, College of Human Ecology, Kansas State University, 2008.  
“Clover Award”, Kansas 4-H Agent Association, 1995.  
“Horizon Award”, Epsilon Sigma Phi, National Honorary Extension Fraternity, Alpha Rho Chapter, 1994.  
Alpha Lambda Delta  
Omicron Nu  
Phi Kappa Phi  
Phi Upsilon Omicron

**Current Major Extension Administrative Projects:**

National SNAP-Ed Advisory Board, Non Federal Leader  
Program Development for Extension, Leader  
KS Change Agent State for Diversity, Coordinator  
Agent Program Focus Team Development, Leader  
Reporting Task Force, Chair  
KS Food Stamp Nutrition Education Program, Director  
*National Extension Committee on Policy, Leadership Advisory Council Member*  
*Kansas eXtension Institutional Team, Leader*

**Professional Memberships and Activities:**

Kansas Nutrition Council, 1991-2000  
Society for Nutrition Education, 1991-present, nominated for President 2007  
Kansas Nutrition Council, Chair 1994-1995  
Kansas Nutrition Council, SNE Delegate 1996-1999  
Society for Nutrition Education, Chair of Network Taskforce 1998-1999  
Food and Nutrition Extension Educators Division of SNE, Elected Communicator 1995-1997  
Weight Realities Division of SNE, Chair Elect, 2002-2003, Chair, 2003-2004

**National, University, Department, and Public Service:**

National Extension Team Nutrition Working Group, 1996-1997.  
National Extension Farm Bill Working Group, 1995-1996.  
University Committee on Research Involving Human Subjects, 1996-present .  
College of Human Ecology, Faculty Affairs Committee, 1996-present .  
College of Human Ecology, Student Affairs Committee, 1991-1993.  
K-State Research and Extension, Cultural Change Task Force, 1997-1998.  
Kansas Nutrition Network, 1997-present

**Refereed Research Publications:**

Kidd, T., **Peters, P.**, and Holcomb, C. Exploring Factors that Influence the Food Behaviors of Junior Enlisted Army Family Members. *Journal of Hunger and Environmental Nutrition*: 2 (2/3): 129- 141.  
Betts, N., Amos, R., Keim, K., **Peters, P.**, Stewart, B. The ways young adults view foods differ based on whether or not they are college students. *J Nutr Ed*:73-79, 1997.  
Georgiou, C, Betts, N, Hoerr, S, Keim, K, **Peters, P**, Stewart, B, Voichick, J. Among young adults, college students and graduates practiced more healthful habits and food choices than did non-students. *J Am Diet Assoc* 1997;97:754-759.  
**Peters, P.**, Amos, R., Hoerr, S., et al. Questionable dieting behaviors are used by young adults, regardless of sex or student status. *J Am Diet Assoc.* 1996;96:709-711.

**Peer Reviewed Presentations:**

Remig, T, Parsons, K, **Peters, P.** Tenderhearts: A caregiving support project for home and community. American Dietetic Association. 2004.  
Kidd, T, Shanklin, C, **Peters, P.** Factors influencing fruit consumption among young adults between the ages of 18 and 24 in Kansas. Kansas Dietetic Association. 2001.  
Highfill, B, **Peters, P**, Shanklin, C, Canter, D. Effectiveness of survey methodology for low-income young adults. *Society for Nutrition Education*. 2001; Annual Conference Proceedings, Vol. 34, No. 1.  
Bryant, T, Barrett, B, **Peters, P.** Presenting food safety education via multi-media CD-rom. *Society for Nutrition Education*. 2001; Annual Conference Proceedings, Vol. 34, No. 1.  
**Peters, P**, Walsten, K, Pearson, M. WIC and Extension collaboration makes a difference. *Society for Nutrition Education*. 1997; 22:64. (Abstract)  
**Peters, P**, Pearson, M. Materials for limited resource families. 1997; 22:42. (Abstract)  
Pearson, M, **Peters, P.** Kansas Healthy Baby Program. 1997; 22:36. (Abstract)

- Peters, P**, Amos, R, Hoerr, S, Huang, Y, Koszewski, W. How do young adults who diet differ from those who don't? A four state study. *Society for Nutrition Education*. 1995; 20:53. (Abstract)
- Betts, N, Amos, R, Georgiou, C, Hoerr, S, Ivaturi, R, Keim, K, Koszewski, W, **Peters, P**, Stewart, B, Tinsley, A, Voichick, J. Factors influencing food intake by young adults in 10 states, *Society for Nutrition Education*. 1995; 20:52. (Abstract)
- Peters, P**, Amos, R, Hoerr, S, Huang, Y. Prevalence of inappropriate dieting behaviors among 18-24 year old men and women. *Society for Nutrition Education*. 1994; 19:44. (Abstract)
- Peters, P**, Matkovic, V, Johnson, W. Bone mass and dietary intakes in women with preeclampsia. *FASEB Proceedings*. 1991 (Abstract)
- Peters, P**, Crews, M, Johnson, W. The effects of the diet suggested in the US Dietary Goals on serum cholesterol levels. *FASEB Proceedings*. 1990 (Abstract)