

Leader's Guide

Picking Apples & Pumpkins by Amy and Richard Hutchings

Objectives: In addition to the overall objectives for Book in a Bag:

- Children will learn that apples come from an orchard, and pumpkins come from the pumpkin patch
- Children will learn what food products come from apples and pumpkins

Lesson Outline:

1. Read accompanying information, and Facts Page from *Pumpkin Pumpkin* lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.
11. Clean up.

Questions to Facilitate Discussion:

- Why was Kristy excited when she first woke up?
- What color of apples did the children pick?
- After lunch, where did the kids go?
- What products did they find at the farm store?
- What did the kids help Grandma make?

Related websites and children's books:

www.bestapples.com—Washington State Apple Commissions's site

Apples and Pumpkins by Anne Rockwell
The Pumpkin Blanket by Deborah Turney Zagwyn
Pumpkin Day, Pumpkin Night by Anne Rockwell
The Seasons of Arnold's Apple Tree by Gail Gibbons

For more recipes, visit:

www.kidchef.com/cda/index.cfm
www.kidnetic.com/home/kids_home.html
www.kidsacookin.ksu.edu

KANSAS ACADEMIC STANDARDS
Health Promotion and Disease Prevention 1.1
Kindergarten Reading: 1. 2. 1, 2, 3 1. 3. 2 1. 4. 1, 2, 3, 4, 5, 6, 8, 10
Literature: 2. 1. 1
1st Grade Reading: 1.2. 1, 4 1.3. 2 1.4. 1, 4, 5, 7, 8, 9
2nd Grade Reading: 1.2. 1, 2, 5 1. 3. 1 1. 4. 1, 3, 4
Literature: 2.1. 1, 2



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