

Leader's Guide

Build a Burrito by Denise Vega

Today you will share the book *Build a Burrito* by Denise Vega. In this English and Spanish counting book, readers build a mouth-watering burrito and count to its completion.

Objectives: In addition to the overall objectives for Book in a Bag:

- Children will learn to count to 10 in English and Spanish
- Children will identify the food “parts” of a burrito

Lesson Outline:

1. Review supporting materials and the book, *Build A Burrito*, prior to the lesson.
2. Develop lesson plan for day’s activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and “A Look at Our Book: Parent’s Page” as needed. If desired, attach a recipe “card” to each Parent’s Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

Questions to Facilitate Discussion:

- What food is used as the outside of a burrito?
- Name some of the ingredients in the burrito in the book.
- What else would you add to your favorite burrito?

Other Related Children’s Books:

- The Biggest Sandwich Ever* by Rita Golden Gelman
- Carla’s Sandwich* by Debbie Herman
- Chicks and Salsa* by Aaron Reynolds
- Hola! Jalapeno* by Amy Wilson Sanger

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• **KANSAS ACADEMIC STANDARDS**
• **Pre-school Physical Health and Development 3.1Pre 4 1**
• **Health Promotion and Disease Prevention 1.1a**
• **Science K-4 gr. 6.1, 2**
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