

Leader's Guide

The Enormous Potato, retold by Aubrey Davis

- Objective:** In addition to the overall objectives for Book in a Bag:
- Children will learn about different kinds of potatoes, where they fit in the Food Guide Pyramid, how they grow, and how they and other vegetables help us grow.

Lesson Outline:

1. Read entire section on the Vegetable Group and *The Enormous Potato* prior to lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parents' Page.
4. Prepare evaluation tool you will use with the children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- What part of the potato did the farmer plant?
- Who did the farmer call first to help him pull the potato out of the ground?
- What kind of animal did the cat call for help?
- Before they could chop the potato, what did they have to do to it?

Other related children's books:

- Potatoes, Potatoes* by Anita Lobel
- The Potato Man* by Megan McDonald
- Growing Vegetable Soup* by Lois Ehlert
- Oliver's Vegetables* by Vivian French

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• **KANSAS ACADEMIC STANDARDS**

• **Health Promotion and Disease Prevention 1.1**

• **Kindergarten Reading:** 1. 2. 1, 2, 3,
1. 3. 2,
1. 4. 1, 2, 3, 4, 5, 6, 8, 10

• **Literature:** 2. 1. 1,

• **1st Grade Reading:** 1. 1.▲ 4, ▲5, 7,
1. 2. 1, 2, 3, 5,
1. 4. 1, 2, 3, 4, 6, ▲

• **Literature:** 2. 1. 1, 2, 3,

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