

# Leader's Guide

**Count on Pablo** by Barbara deRubertis

**Objectives:** In addition to the overall objectives for Book in a Bag, children will:

- identify ways math is used in everyday situations
- give examples of how math is a part of cooking (measuring, buying groceries) and nutrition (servings from MyPyramid)
- explore, taste and talk about ingredients that combine to make Pablo's Salsa

**Lesson Outline:**

1. Review supporting materials and the book, **Count on Pablo**, prior to the lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

**Questions to Facilitate Discussion:**

- What is a grandmother called in Spanish?
- Where was Pablo going with his abuela for the very first time?
- What kind of tree did Pablo climb?
- Can you name the different vegetables for sale in Abuela's Garden Stand?
- What idea did Pablo have to sell the vegetables?
- How did Pablo's idea work? What happened?

**Related Children's Books:**

*Healthy Eating with MyPyramid: The Vegetable Group* by Mari C. Schuh  
*Feast for 10* by Cathryn Falwell  
*Oliver's Vegetables* by Vivian French  
*I Will Never Not Ever Eat a Tomato* by Lauren Child

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• **KANSAS ACADEMIC STANDARDS**  
• **Health Promotion and Disease Prevention 1.1a**  
• **Science K-4 grade 6.1, 2**  
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It can help you buy nutritious foods for a better diet. To find out more call 1-800-221-5689.

