

# Leader's Guide

## *The Popcorn Book* by Tomie de Paola

### Objectives:

In addition to the overall objectives for Book in a Bag, children will:

- learn about the history of popcorn
- discover why popcorn pops

### Lesson Outline:

1. Review supporting materials and the book, **The Popcorn Book**, prior to the lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

### Questions to Facilitate Discussion:

- Why store popcorn in the refrigerator?
- Who discovered popcorn?
- Where is most popcorn grown?
- Why do kernels pop?
- Why did the kids end up with so much popcorn?

### Related Children's Books:

- Popcorn* by Alex Moran
- The Grain Group* by Mari Schuh
- The Popcorn Shop* by Alice Low
- Popcorn* by Frank Asch

.....

**KANSAS ACADEMIC STANDARDS**

**Health Promotion and Disease Prevention 1.1**

**1st Grade Reading:** 1.2.1, 4  
1.3. 2  
1.4.1, 4, 5,

**2nd Grade Reading:** 1. 2. ▲1, 2,  
1. 3. 1  
1. 4. 1, 4, ▲5, 6,

**Literature:** 2. 2. ▲1, ▲2, 3,

.....