

Leader's Guide

Pumpkin Pumpkin by Jeanne Titherington

Objective: In addition to the overall objectives for Book in a Bag:

- Children will learn how pumpkins grow from seed
- Children will learn that pumpkins are part of the Vegetable Group of the MyPyramid

Lesson Outline:

1. Read entire section on Vegetable Group and *Pumpkin Pumpkin* prior to lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with the children.
5. Arrive early—be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- What did Jamie plant?
- What happened to the seed after it was planted?
- How big did the pumpkin grow? (have children stretch arms to show size)
- What did he do with the pumpkin?
- What did he save for spring?

Resource: Pumpkin activities for every season
Kids' Pumpkin Projects by Deanna Cook

Related Children's Books:

- Apples and Pumpkins* by Anne Rockwell
- The Pumpkin Blanket* by Deborah Turney Zagwyn
- Pumpkin Day, Pumpkin Night* by Anne Rockwell
- Pumpkin Circle* by George Levenson with photography by Shmuel Thaler
- Pumpkin Soup* by Helen Cooper

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KANSAS ACADEMIC STANDARDS

Health Promotion and Disease Prevention 1.1

Kindergarten Reading: 1. 2. 1, 2, 3
1. 3. 2
1. 4. 1, 2, 3, 4, 5, 6, 8, 10

Literature: 2. 1. 1,

1st Grade Reading: 1. 1. ▲ 4, ▲ 5, 7
1. 2. 1, 2, 3, 5
1. 4. 1, 2, 3, 4, ▲ 6

Literature: 2. 1. 1, 2, 3

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