

Leader's Guide

The Seven Silly Eaters by Marla Frazee

Objectives:

In addition to the overall objectives for Book in a Bag, children will:

- learn the value of family traditions.
- learn the fun of food preparation.

Lesson Outline:

1. Review supporting materials and the book, **The Seven Silly Eaters**, prior to the lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

Questions to Facilitate Discussion:

- How many kids are in the Peters family?
- What happened as the kids grew older?
- What did the kids make for Mrs. Peters?
- What ingredients did they choose for the cake?

Related Children's Books:

Let's Eat by Ana Zamorano

In the Kitchen by Susan Canizares and Betsey Chesson

Eat Your Peas, Louise! By Pegeen Snow

Cook-A-Doodle-Do! By Janet Stevens and Susan Stevens Crummel

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| KANSAS ACADEMIC STANDARDS |
| Health Promotion and Disease Prevention 1.1 |
| 1st Grade Reading: 1.4.1, 4, 5, |
| Literature: 2. 1. 1, 2, 3, |
| 2nd Grade Reading: 1. 1. 1, ▲2, 3, |
| 1. 2.▲ 1, 2, |
| 1. 3.▲ 2, |
| 1. 4. 3, 4, ▲5, |
| Literature: 2.1.▲1, ▲2, 3 |