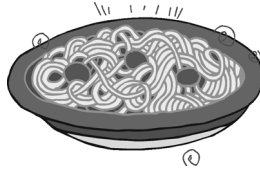


Freddy Spaghetti

Makes 7 servings 1/2 cup each

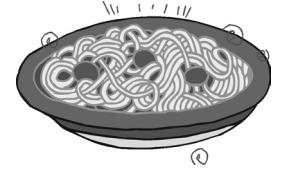


- 1 pound ground beef
- 1 can (15 ounce) spaghetti with tomato sauce and cheese
- 1 can (10.5 ounce) cream of celery soup
- 1/3 cup ketchup

1. Brown ground beef in an electric skillet and drain well.
2. Add remaining ingredients and mix well.
3. Heat until bubbly and serve hot.

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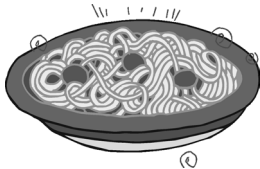


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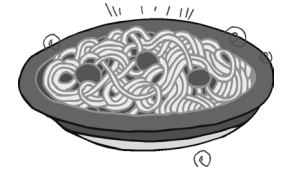


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Nutrition Facts	
Serving Size 1/2 cup (181g)	
Servings Per Container 7	
Amount Per Serving	
Calories 200	Calories from Fat 70
% Daily Value*	
Total Fat 8g	13%
Saturated Fat 3g 15%	
Cholesterol 30mg	10%
Sodium 750mg	31%
Total Carbohydrate 15g	5%
Dietary Fiber less than 1 gram 4%	
Sugars 4g	
Protein 15g	
Vitamin A 8%	Vitamin C 4%
Calcium 4%	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

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