Important Dates:

- May 6th—HDFSA End of the Year Party @ Mr. K's, 7 PM
- May 9th—Meadowlark Opportunities Fair @ Meadowlark Community, 4-7 PM
- May 10th—Last Day of Spring 2019 Term
- May 17th—Last day to complete FSHS Survey @ 5 PM
- May 17th—First Generation Graduation Reception @ Alumni Center, 6:30 PM
- May 18th—Human Ecology Commencement @ Bramlage Coliseum, 4:30 PM

FSHS Survey:

The School of Family Studies and Human Services needs your help to keep improving!

→ Tell us about your experience with FSHS through our survey!
  → The survey should take 10 minutes or less to complete
  → The survey deadline is 5 PM on Friday, May 17th

→ Participants will be entered into a drawing to receive FSHS swag
  → Entering your email at the end of the survey to participate in the drawing is optional
  → The winners will be contacted to pick up their prizes or have them mailed to the address of their choosing
HDFSA Updates:

Come out and celebrate the end of the year with the HDFSA at Mr. K's and cookie bakes tonight at 7 PM! Student fees that were paid at the beginning of the year will be sponsoring this event so be sure to stop by and have a treat before dead week!

The new board members for the 2019-2020 school year have been chosen!

→ Executive Director—Merani Rivarola
→ Assistant Director—Savannah Leaton
→ Community Service Chair—Kirsten Dieckmann
→ Recruitment Chair—Jayme Hay
→ Social Media Chair—Abbie Kummer

Attention May Graduates:

→ Congratulations on your upcoming graduation! If you know your post-graduation plans (furthering education, employed, seeking employment), please share them with the Career Center!
→ Are you completing a minor or certificate? Don’t forget to apply to graduate from those plans as well as your major!
→ Have you ordered your cap and gown yet? Do so now and make sure you’re ready for your special day!
→ The Human Ecology Baccalaureate Commencement Ceremony is at 4:30 PM, Saturday, May 18th, 2019 at the Bramlage Coliseum! Graduates need to arrive at 3:40 PM on the southwest concourse of the Coliseum.
   → If you’re a First Generation student, you’re invited to attend the First Generation Graduation Reception on Friday, May 17th, at the Alumni Center starting at 6:30 PM.
→ For more details on applying for graduation and information about important dates, check out Human Ecology’s “how-to”!
The 2019 KSUnite team has adopted the theme “Moving Forward Together” for their day of diversity, and they are inviting you to be a part of it! Students, faculty, and staff are invited to submit proposals for the 45-minute breakout session presentations that are offered throughout the morning of KSUnite, which will be November 6th. If you have an idea for a topic that will enhance our knowledge about diversity and inclusion and support a climate of respect, submit your proposal by May 10th for a chance to help lead us closer together!

Help support one of our own as her disability ministry, Joni and Friends, host a virtual supply drive for the Kampala School of the Physically Handicapped in Uganda! Their team will be traveling to Uganda this summer to help the school, and all donations to their drive will go towards purchasing supplies for the school, so any help is appreciated! They will be accepting donations until May 15th.

Little Apple Pilates Co has teamed up with Kinesiology to offer you a variety of workout classes as a 1 credit KIN 101 course. They invite you to try pilates, hot pilates, hot yoga, barre, TRX, bungee, and aerial classes and if you bring the coupon from the flyer, your first class is free! So why not give fitness a shot and earn a little credit for your workout?

Internship and Volunteer Opportunities:

Cats’ Cupboard needs more help! Many of the original volunteers who helped establish this amazing student food pantry are graduating this year, and they’re looking for new volunteers to help them continue to grow and support students for the 2019-2020 school year!

Outreach International has just set up their new internship program starting this summer, and they want K-State students! So if you’re looking for an internship opportunity and want to help alleviate hunger, poverty, and disease across the globe, this could be the perfect fit for you!

The Sunflower CASA (Court Appointed Special Advocates) Project has posted their summer training schedule for anyone interested in becoming a child advocate in the coming year!

Applicants must be at least 21 years old and willing to commit to at least 1 year of service

If you’re interested in a career in mental health counseling, Katie’s Way invites you to apply for one of their opportunities starting Fall 19! They’re working with our internship program to provide observation hours, volunteer experience (eligible for HDFS 579), and a full internship for a student in HDFS 580!
Job Opportunities:

→ Hope Lutheran’s Early Learning Center is looking for assistant teachers to join their teaching team. They provide a loving, learning environment for children ages infants-preschool and school age (before, after, and summer care). They are looking for positive, energetic, early childhood educators who wish to serve children by giving them loving, quality care.

→ ResCare has opened a new facility in Manhattan, and they need Direct Support Professionals for their team. They are looking for both full-time and part-time professionals to help individuals with intellectual and developmental disabilities achieve their highest level of independence. Evening and weekend shifts are available and pay starts at $12/hour.

→ Looking for summer work? K-State’s Student Athlete Services is in need of tutors and academic mentors for Summer 2019! Applicants should be a junior, senior, or grad student with at least a 3.0 GPA and availability to work during Monday-Friday 8 AM—5 PM. Email rebekahann@ksu.edu for an application!

→ Attention students! Foster Kansas Kids is looking for 8 to 10 students to provide childcare for an event in Wichita from 9 AM to 4 PM on June 22nd for a training event geared towards foster and adoptive families. Providers must be background checked and willing to work in Wichita for the day. The hourly rate for this position is $15/hour and will include reimbursement for any travel to and from Wichita.

→ This is a very special and unique opportunity to work with children of all ages, some of whom may be in the foster care system. If interested, please contact Shanna Jager at shannad@ksu.edu or 785-341-8374 prior to May 15th.

→ Are you completing your degree and looking for a career working with youths in crisis? Reno County Youth Services (Hutchinson, KS) is hiring full-time Youth Care Specialists. They are currently accepting applications, due no later than June 30th, for both a male and a female specialist (please note there are two separate job postings). Applicants must be at least 21 years old. If you have further questions about opportunities in this department, you may contact their Assistant Director, Shelly Bredemeier, at shelly.bredemeier@renogov.org.

→ Interested in working with older populations? Meadowlark Hills Retirement Community needs you! Thursday, May 9th, they’ll be hosting the Meadowlark Opportunities Fair for jobs, internships, and volunteer options in a variety of departments from 4-7 PM at their community center. Attendees will learn about current opportunities, be given a tour (and refreshments!), and can apply during the fair. You may even be asked to complete an interview during the fair, so bring your resume, two professional references, and your A-game!
Meadowlark is hosting a drop-in event to highlight current job openings, internships options and volunteer opportunities! Attendees will be able to apply, complete an on-site interview and tour our campus while enjoying food, drinks and the chance to win the grand door prize!

4 TO 7 P.M.
THURSDAY, MAY 9
COMMUNITY CENTER

at Meadowlark Hills • 2121 Meadowlark Road • Manhattan, Kansas

Please bring an up-to-date resume and list of at least two professional references and their contact information. Positions are available in a variety of departments. To view a full listing, please visit www.meadowlark.org/jobs.

#worklearngiveatmeadowlark

Call (785) 537-4610 with questions.
JONI AND FRIENDS INTERNSHIP:

KAMPALA, UGANDA
SCHOOL OF THE PHYSICALLY HANDICAPPED

COLLECTING $$ FOR SUPPLIES

Scissors, Jumbo Crayons, Big Grip Pencils,
Play Dough, Puzzles, Paint, Coloring Books,
Early Learning CD's, Laminating Papers,
Laminator, Highlighters, Velcro,
Disinfectant, AFOs (Ankle Foot Orthoses),
Cock Up Splints, Therapy Brushes,
Theraputy, Parachute Game, Audio
Recorders, Rubber Mats, Volleyball Net,
and much more.

Venmo: Grace Hunter
(username: hidden__gems)
Accepting Donations until May 15th.

ANY QUESTIONS? 913-787-4849
Hello there you awesome advisor,

I am the owner of Little Apple Pilates Co. and wanted to say thank you for reading. We offer alternative fitness options that are unlike anything in town, mentally as well as physically. We teach them what to feel for instead of teaching them that fitness is suppose to hurt. We teach that pain doesn’t always equal gain. Sometimes it equals bad knees later in life. We teach them to laugh and practical anatomy.

**Pilates** Functional core work; via rectus, transverse abdominis and obliques and muscle sequencing

**Hot Pilates** Hot, functional core work

**Hot Yoga** 95 degrees and met with a nice chilly essential oil towel when we are done

**Barre** A fun workout to music, like a dancer but fitness based. No dance background or rhythm necessary

**TRX** A more traditional style of weightlifting but with your bodyweight and gravity so it minimizes chances of injury and maximizes your body's capacity to handle itself.

**Bungee** A cardio workout that allows you to bounce of the walls in a harness. It is literally super fun and challenging.

**Aerial** A hammock class in which we do inversions to stretch out the spine, stretch the muscles, and add circus tricks. We aren’t pushy if someone isn’t wanting to do some certain moves but everyone is still included.

I am sending you with a complimentary class pass if you wanted to personally attend or print extras to allow the students to try a class before they sign up.

I know this can be a busy time and we respect your time. We wanted to be brief but also reach out with some potential prospects if students need a single credit. We offer 1 credit hour class options for recreation, but overall a better life.

With Gratitude,

Hilary Santana

powercatpilates@gmail.com
2019 SUMMER TRAINING

Training Dates:
June 3, 6, 10, 13, 17, 20, 24, 27

If you are interested in being a part of our Advocate family for Riley, Clay, and Pottawatomie Counties contact Jennifer at janguiano@rileycountyks.gov or call 785-537-6367.

There is a child waiting for your voice!

How to Become a Court Appointed Special Advocate

To become a CASA you must:
- Be at least 21 years old
- Be able to commit to serving as a CASA for at least a year
- Complete an application and background checks
- Complete the required 30 hours of training
- Have passion & dedication for making a difference in the life of a child
**Job Observation Experience**

Katie’s Way can provide a job observation experience for students interested in pursuing a career in the behavioral health field. This experience can include office management, scheduling, EMR systems, potential exposure to group therapy, individual therapy, observation of medical behavioral health, observation of TMS treatments, interviewing and/or Q & A with clinicians.

**LIMIT:** up to 5 Students per semester  
**HOURS:** up to 8 hours  
**To Apply:** Contact Jayme Elliott, Director of Human Resources  
  jelliott@mathispt.com  
  785-320-6616

When contacting Jayme, please state your name, your field of study, your year of school, how many hours you would like to observe.

Student must complete an interview.

**Volunteering Experience - (Pre - Internship eligible)**

In order to qualify for volunteering, student must have successfully completed a minimum of 8 hours of an observation experience. Once an observation experience is completed, the Practice Manager will work with the student to schedule volunteer time. Volunteering may include assisting in the office and waiting areas.

**LIMIT:** 2 Students per semester  
**HOURS:** up to 28 hours  
**To Apply:** Contact Jayme Elliott, Director of Human Resources  
  jelliott@mathispt.com  
  785-320-6616

Background check is required.

**Internship Experience**

Katie’s Way can provide one internship placement per academic year/summer. Experiences will include all of the above in the Observation experience in addition to a project developed in cooperation with the clinical staff. Experience in not for profit organization management and fundraising will also be included.

**Positions Available:** 1 Student per academic year  
**HOURS:** As required by the curriculum  
**To Apply:** Contact Jayme Elliott, Director of Human Resources  
  jelliott@mathispt.com  
  785-320-6616

Background check is required.

Student must complete an interview. Background check is required. Interview does not guarantee approval of placement in the organization for the internship. You must demonstrate that you have the competencies that are expected from the major in which you are enrolled and that you are likely to be employable in the human services field upon graduation.
TUTORS WANTED

The Department of Student Athlete Services is seeking tutors and academic mentors for the Summer 2019 Semester.

Interviews at Vanier Football Complex
Please email rebekahann@ksu.edu for an application.

Applicants should be a junior, senior, or graduate student with at least a 3.0 GPA and availability to work during the days/hours of Monday-Friday 8am-5 pm.
Fostering Play
Foster Parent Conference
Save the Date: June 22, 2019

A Day Especially for You

The Kansas Department for Children and Families (DCF) is hosting Fostering Play, a conference for foster parents and adoptive parents of foster children ages toddlers through teens. You will receive:

- A day of relevant and practical information and an opportunity to “play” by applying specific interactive strategies you can use at home.
- A gift – every family attending will leave with a special tote filled with useful items.
- Lunch will be provided.
- Four Training hour credits.

Dr. Todd Frye and Dr. Rebeca Chow offer powerful information for reducing the effects of trauma through engaging, practical play-based applications. Participants say this is the best training they have attended.

Dr. Todd Frye is the Dean of the School of Behavioral Sciences and Counseling and the Chair of the Counselor Education Department at MidAmerica Nazarene University. He works with individuals and couples who have experienced loss and pain through relational trauma and abuse.

Dr. Rebeca Chow is the Vice President of Program Administration at the Children’s Place and a consultant for the Kansas Division of Family Services. She is a Licensed Clinical Professional Counselor and Registered Play Therapist Supervisor.

Event Details

When: 10 a.m. to 3 p.m.
Saturday, June 22

Where: Journey the Way Church
147 S. Hillside St.
Wichita, KS  67211