

**JARED R. ANDERSON, PhD**  
**Curriculum Vita**

Couple and Family Therapy  
School of Family Studies and Human Services  
Kansas State University  
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**ACADEMIC POSITIONS**

2013-present	Associate Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
2007-2013	Assistant Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
2002-2007	Graduate Research Assistant, Department of Family Social Science & School of Nursing, University of Minnesota, Minneapolis/St. Paul, MN
1999-2001	Graduate Research/Teaching Assistant, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
1999	Instructor, Department of International Education, China Institute of Technology, Nangang, Taiwan

**EDUCATION**

2002-2007	<b>PhD</b> Family Social Science Specialization: Marriage & Family Therapy University of Minnesota, St. Paul, MN Dissertation: <i>Developmental Trajectories of Marital Happiness in Lower-Quality Marriages: Predictors &amp; Outcomes</i> Advisor: William J. Doherty, PhD
1999-2001	<b>MS</b> Marriage and Family Therapy Kansas State University, Manhattan, KS Thesis: <i>The Transtheoretical Model of Change Applied to Couples Therapy</i> Advisor: Briana S. Nelson Goff, PhD
1994-1998	<b>BA</b> Psychology Graceland College, Lamoni, IA Senior Thesis: <i>The relationship of parenting style to college student attributional style, educational outcome, and extracurricular involvement</i> Advisor: Melanie Cary, PhD

## SCHOLARLY PUBLICATIONS

### Articles in Refereed Journals

\*Denotes Student Collaborator

**Anderson, J. R.** (*in press*). Inviting autonomy back to the table: The importance of autonomy for healthy relationship functioning. *Journal of Marital and Family Therapy*. Advance online publication (October 17, 2019): doi.org/10.1111/jmft.12413

\*Nikparvar, F., Stith, S. M., & **Anderson, J. R.**, Panaghi, L. (*in press*). Intimate partner violence in Iran: Factors associated with physical aggression victimization and perpetration. *Journal of Interpersonal Violence*. Advance online publication (March 16, 2018): doi.org/10.1177/0886260518759060

Johnson, M. D., Neyer, F. J., & **Anderson, J. R.** (2019). Development of immigrant couple relations in Germany. *Journal of Marriage and Family*, 81, 1237-1252. doi: 10.1111/jomf.12580

\*Peng, Y., & **Anderson, J. R.**, Johnson, M. D., & Liu, W. (2018). The associations between perceived harsh and controlling parenting, shame proneness, and psychological aggression among Chinese dating couples. *Violence and Victims*, 33, 759-772. doi: 10.1891/0886-6708.VV-D-17-00116

Johnson, M. D., Horne, R. M., Hardy, N. R., & **Anderson, J. R.** (2018). Temporality of couple conflict and relationship perceptions. *Journal of Family Psychology*, 32, 445-455. doi.org/10.1037/fam0000398

Trump, L. J., Novak, J. R., **Anderson, J. R.**, Mendenhall, T., Johnson, M. D., Scheufler, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2018). Evaluative coping, emotional distress, and adherence in couples with Type 2 diabetes. *Families, Systems, and Health*, 36, 87-96. doi.org/10.1037/fsh0000302

\*Cafferky, B., Mendez, M., **Anderson, J. R.**, Stith, S. M. (2018). Substance use and intimate partner violence: A meta-analytic review. *Psychology of Violence*, 8, 110-131. doi.org/10.1037/vio0000074

Novak, J. R., **Anderson, J. R.**, Johnson, M. D., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2017). Associations between economic pressure and diabetes efficacy in couples with type 2 diabetes. *Family Relations*, 66, 273-286.

Novak, J. R., **Anderson, J. R.**, Johnson, M. D., Hardy, N. R., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2017). Does personality matter in diabetes adherence?: Exploring the pathways between neuroticism and patient adherence in couples with Type 2 diabetes. *Applied Psychology: Health and Well-Being*, 9, 207-227.

- Anderson, J. R.**, Novak, J. R., Johnson, M. D., \*Deitz, S. L., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2016). A dyadic multiple mediation model of patient and spouse stressors predicting patient dietary and exercise adherence via depression symptoms and diabetes self-efficacy. *Journal of Behavioral Medicine*, 39, 1020-1032.
- Johnson, M. D., Galambos, N., & **Anderson, J. R.** (2016). Skip the dishes? Not so fast! Sex and housework revisited. *Journal of Family Psychology*, 30, 203-213. doi: 10.1037/fam0000161
- Lee, C. Y., **Anderson, J. R.**, & Klimes-Dougan, B. (2016). Potentially traumatic experiences, academic performance, and psychological distress: The role of shame. *Journal of Counseling & Development*, 94, 41-50. doi: 10.1002/jcad.12060
- \*Hardy, N. R., \*Ratcliffe, G. C., \*Soloski, K. L., **Anderson, J. R.**, & Willoughby, B. J. (2015). Associations between family of origin climate, relationship self-regulation, and marital outcomes. *Journal of Marital and Family Therapy*, 41, 508-521. doi: 10.1111/jmft.12090
- Johnson, M. D., & **Anderson, J. R.** (2015). Temporal ordering of intimate relationship efficacy and conflict behaviors. *Journal of Marriage and Family*, 77, 968-981. doi: 10.1111/jomf.12198
- \*Hardy, N. R., Vennun, A., Johnson, M. D., **Anderson, J. R.**, \*Luu, S., Liu, W. (2015). Associations between attention to warning signs, marital confidence, and interactional problem-solving among emerging adult couples in mainland china. *Emerging Adulthood*, 3, 194-203. doi: 10.1177/2167696814551385
- \*Deitz, S. L., **Anderson, J. R.**, Johnson, M. D., \*Hardy, N. R., Zheng, F., & Liu, W. (2015). Young romance in China: Effects of family, attachment, relationship confidence, and problem solving. *Personal Relationships*, 22, 243-258. doi: 10.1111/pere.12077
- Johnson, M. D., Nguyen, L., **Anderson, J. R.**, Liu, W., & Vennun, A. (2015). Shame and intimate relations in Mainland China. *Personal Relationships*, 22, 335-347. doi: 10.1111/pere.12083
- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2015). Spouse overprotection is indirectly associated with poorer dietary adherence for patients with type 2 diabetes via diabetes distress when active engagement is low. *British Journal of Health Psychology*, 20, 360-373. doi: 10.1111/bjhp.12105
- Johnson, M. D., Ngugn, L., **Anderson, J. R.**, Liu, W. L., & Vennun, A. V. (2015). Pathways to romantic relationship success among Chinese young adult couples: Contributions of family dysfunction, mental health problems, and negative couple interaction. *Journal of Social and Personal Relationships*, 32, 5-23. doi: 10.1177/0265407514522899
- Anderson, J. R.**, Johnson, M. D., Liu, W., Zheng, F., \*Hardy, N. R., & \*Lindstrom, R. A.

- (2014). Young adult romantic relationships in Mainland China: Perceptions of family of origin functioning are directly and indirectly associated with relationship success. *Journal of Social and Personal Relationships*, 31, 871-887. doi:10.1177/0265407513508727
- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2014). Spousal protective buffering and type 2 diabetes outcomes. *Health Psychology*, 33, 841-844. doi: 10.1037/hea0000054
- Johnson, M. D., **Anderson, J. R.**, Wilcox, A., Walker, A., Robbins, D. C., & Lewis, V. L. (2013). Relationship beliefs and illness appraisals are differentially associated with specific ways of coping in spouses of patients with type 2 diabetes. *Psychology & Health*, 28, 1442-1459. DOI: 10.1080/08870446.2013.822499
- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2013). Common dyadic coping is indirectly related to dietary and exercise adherence via patient and partner diabetes efficacy. *Journal of Family Psychology*, 27, 722-730. DOI: 10.1037/a0034006
- \*Johnson, M. D., **Anderson, J. R.**, Liu, W., & Zheng, F., \*Ratcliffe, G. C., \*Jordan, R., & \*Rutter, R. (2013). Prevalence and correlates of psychological aggression in male and female college students from Mainland China. *Partner Abuse*, 4, 314-331.
- \*Johnson, M. D., & **Anderson, J. R.** (2013). The longitudinal association of marital confidence, time spent together, and marital satisfaction. *Family Process*, 52, 244-256. DOI: 10.1111/j.1545-5300.2012.01417.x
- Anderson, J. R.**, Stith, S. M., \*Johnson, M. D., \*Strachman-Miller, M., Amanor-Boadu, Y., & Linkh, D. M. (2013). Multi-couple group and self-directed PREP formats enhance relationship satisfaction and improve anger management skills in Air Force couples. *American Journal of Family Therapy*, 41, 121-133. DOI: 10.1080/01926187.2012.671104
- Anderson, J. R.**, \*Adams, R. D., \*Aducci, C. J., \*Johnson, M. D., Liu, W., & Zheng, F. (2013). Marital therapy help-seeking attitudes of young adults in Mainland China. *American Journal of Family Therapy*, 41, 63-71. DOI:10.1080/01926187.2011.638573
- Anderson, J. R.**, \*Aducci, C. J., \*Adams, R. D., \*Johnson, M. D., Liu, W., Zheng, F., & \*Ratcliffe, G. C. (2012). Marital therapy in Mainland China: A qualitative study of young adults' knowledge, attitudes, and beliefs. *Journal of Family Psychotherapy*, 23, 238-254. DOI 10.1080/08975353.2012.705669
- Amanor-Boadu, Y., Messing, J., Stith, S. M., **Anderson, J. R.**, O'Sullivan, C. & Campbell, J. (2012). Immigrant and nonimmigrant women: Factors that predict leaving an abusive relationship. *Violence Against Women*, 18, 610-632. DOI 10.1177/1077801212453139

- Anderson, J. R.,** \*Johnson, M. D., Nelson Goff, B. S., \*Cline, L. E., \*Lyon, S. L., & \*Gurss, H (2011). Factors that differentiate distressed and non-distressed marriages in Army soldiers and spouses. *Marriage and Family Review*, 47, 459-473.
- Anderson, J. R.,** \*Chen, W. C., \*Johnson, M. D., \*Lyon, S. E., Lee, C-Y., Zheng, F., \*Ratcliffe, G. C., & Peterson, F. R. (2011). Attitudes toward dating violence among college students in Mainland China: An exploratory study. *Violence and Victims*, 26, 631-647.
- \*Johnson, M. D., **Anderson, J. R.,** & Stith, S. M. (2011). An application of marital horizon theory to dating violence perpetration. *Family Science Review*, 16, 13-26.
- \*Johnson, M. D., **Anderson, J. R.,** & \*Aducci, C. J. (2011). Understanding the decision to marry versus cohabit: The role of interpersonal dedication and constraints and the impact on life satisfaction. *Marriage and Family Review*, 47, 1-17.
- Anderson, J. R.,** Van Ryzin, M. J., & Doherty, W. J., (2010). Developmental trajectories of marital happiness in continuously married individuals: A group-based modeling approach. *Journal of Family Psychology*, 24, 587-596.
- Anderson, J. R.,** & Turner, W. L. (2010). When caregivers are in need of care: African American caregivers' preferences for their own later life care. *Journal of Aging Studies*, 24, 65-73.
- Lee, C. Y., **Anderson, J. R.,** Horowitz, J. & August, G. (2009). Family income and parenting: The role of parental depression and social support. *Family Relations*, 58, 417-430.
- Anderson, J. R.,** & Doherty, W. J. (2005). Democratic community initiatives: The case of overscheduled children. *Family Relations*, 54, 654-665.
- Doherty, W. J., & **Anderson, J. R.** (2004). Community marriage initiatives. *Family Relations*, 53, 425-432.
- Turner, W. J., Wallace, B. R., **Anderson, J. R.,** & Bird, C. (2004). The last mile of the way: Understanding caregiving in African American families at the end of life. *Journal of Marital and Family Therapy*, 30, 427-438.

### **Book Chapters**

- Anderson, J. R.,** Durtschi, J. A., \*Soloski, K., & Johnson, M. D. (2014). Mediation and moderation: Conceptual foundations and analytical applications. In R. B. Miller and L. N. Johnson (Eds.), *Advanced Methods in Family Therapy Research: A Focus on Validity and Change* (347-365). New York: Routledge.
- Anderson, J. R.,** Amanor-Boadu, Y., Stith, S. M., & Foster, R. E. (2012). Resilience in military marriages experiencing deployment. In D. Becvar (Ed.), *Handbook of Family Resilience* (pp. 105-118). New York: Springer.

Doherty, W. J., & **Anderson, J. R.** (2006). Can a family-focused approach benefit health care? In K. Bogenschneider (Ed.), *Family policy matters: How policymaking affects families and what professionals can do* (2<sup>nd</sup> ed., pp. 85-95). Mahway, NJ: Lawrence Erlbaum.

### **Non-Refereed Publications**

Spencer, C., & **Anderson, J. R.** (2017). Sandra Stith. *Encyclopedia of Couple and Family Therapy*. doi: 10.1007/978-3-319-15877-8\_796-1

**Anderson, J. R.** (2007, October). Promoting responsible fatherhood. *Shanghai Women*, 230, 21-23.

**Anderson, J. R.**, Willougby, B. J., Gonzalez, C., Orieny, P., Gudmunson, C. G., Teik-Cheok Loy, J., & Schacher, G. (2007, September). The challenges of balancing the demands of fatherhood and graduate school. *NCFR Report: Family Focus on Family Science Careers*, F7-F8.

### **Unpublished Reports**

**Anderson, J. R.**, Bridges, J., Washburn-Busk, M., Gunsalus, B., Roth, R., Bond, S., & Meier-Hummel. (2019, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Iglesias, J., Tedoni, C., Gilmore, P., & Gunsalus, B. (2018, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Hubbard, A., Iglesias, J., Gilmore, P., & Gunsalus, B. (2017, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Hubbard, A., Novak, J. R., Gilmore, P., & Gunsalus, B. (2016, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Deitz, S. L., Hardy, N., Gilmore, P., & Bloom, L. (2015, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Durtschi, J. A., Kimmes, J., & Hardy, N. R. (2015, July), *Evaluation of the Strong Dads Program*. Manhattan, KS.

**Anderson, J. R.**, Bird, N., Engel, E., Spencer, C. & Stith, S. M. (2015, January), *U.S. Air Force Family Advocacy Program: Secondary Prevention Program Outcomes End of Year Report*. Manhattan, KS.

**Anderson, J. R.**, Luu, S., Hardy, N., Gilmore, P., Bloom, L., & Pilato, A. (2014, July), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

**Anderson, J. R.**, Rutter, R., Bird, N. & Stith, S. M. (2014, January), *U.S. Air Force Family*

*Advocacy Program: Secondary Prevention Program Outcomes End of Year Report.*  
Manhattan, KS.

**Anderson, J. R.,** Luu, S., Hardy, N., Gilmore, P., Bloom, L., & Pilato, A. (2013, November),  
*State of the Family: Kansas Child & Family Wellbeing indicators.* Manhattan, KS.

**Anderson, J. R.,** Luu, S., Hardy, N., Swanke, H., Gilmore, P., Schroeder, M., & Pilato, A.  
(2012, November), *State of the Family: Kansas Child & Family Wellbeing indicators.*  
Manhattan, KS.

**Anderson, J. R.,** Minner, J. S., Johnson, M. D., & Stith, S. M. (2012, January), *U.S. Air Force  
Family Advocacy Program: Secondary Prevention Program Outcomes End of Year  
Report.* Manhattan, KS.

Nelson Goff, B. S., & **Anderson, J. R.** (2008, June). *Fort Riley military family survey: Family  
decisions to accompany soldiers study.* Manhattan, KS.

## GRANTS & CONTRACTS

### Funded External Grants & Contracts

**Kansas State University/Kansas Department of Children and Families.** *Update to the State  
of the Family Report*, 07/01/2019-6/30/2020, \$72,982.80 awarded 07/01/2019. Jared R.  
Anderson, Principal Investigator, 15% participation

**U.S. Air Force 2018 Family Advocacy Program Research Project**, National Institute of Food  
and Agriculture, 09/01/2018-08/31/2021, \$2,129,595.00 awarded 09/01/2017. Jared R.  
Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

**Kansas State University/Kansas Department of Children and Families.** *Update to the State  
of the Family Report*, 07/01/2018-6/30/2019, \$72,982.80 awarded 07/01/2018. Jared R.  
Anderson, Principal Investigator, 15% participation

**Social Sciences and Humanities Research Council of Canada/Insight Grant.** *Modern Family  
Ties*, 3/15/2018-3/31/2023, \$162,282 (CAN). Award No: 435-2018-0004. Jared R. Anderson,  
Collaborator. [Matthew D. Johnson, PI; A. Galovan, Co-I; J. Min, F. Neyer, S. Walper,  
Collaborators].

**Kansas State University/Kansas Department of Children and Families.** *Update to the State  
of the Family Report*, 07/01/2017-6/30/2018, \$72,982.80 awarded 07/01/2017. Jared R.  
Anderson, Principal Investigator, 15% participation

**U.S. Air Force 2017 Family Advocacy Program Research Project**, National Institute of Food  
and Agriculture, 09/01/2017-08/31/2019, \$2,293,000.00 awarded 09/01/2017. Jared R.  
Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

**Kansas Department for Children and Families.** *Update to the State of the Family Report*, 07/01/2016-6/30/2017, \$72,982.80 awarded 07/01/2016. Jared R. Anderson, Principal Investigator, 13.5% participation.

**Kansas Department for Children and Families.** *Update to the State of the Family Report*, 07/01/2015-6/30/2016, \$66,348 awarded 07/01/2015. Jared R. Anderson, Principal Investigator, 12.5% participation.

**U.S. Air Force 2015 Family Advocacy Program Research Project**, National Institute of Food and Agriculture, 09/01/2015-08/31/2017, \$1,785,985.00 awarded 09/01/2015. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

**Kansas Department for Children and Families.** *Update to the State of the Family Report*, 07/01/2014-6/30/2015, \$66,348 awarded 07/01/2014. Jared R. Anderson, Principal Investigator, 15% participation.

**Kansas Department for Children and Families.** *Statewide Evaluation of the Strong Dads Program-Continuation*, 07/01/2014-6/30/2015, \$35,000 awarded. Jared R. Anderson, Co-PI, 10% participation [Jared A. Durtschi, Co-PI].

**Social Sciences and Humanities Research Council of Canada/Insight Development Grant.** *Longitudinal Determinants of Intimate Relationship Satisfaction and Stability*, 6/1/2014-5/31/2016, \$60,151 (CAN) awarded 6/1/2014. Jared R. Anderson, Collaborator. [Matthew D. Johnson, PI; Nancy Galambos, Collaborator].

**Kansas Department for Children and Families.** *Statewide Evaluation of the Strong Dads Program*, 01/01/2014-6/30/2014, \$56,025 awarded 01/01/2014. Jared R. Anderson, Co-PI, 15% participation [Jared A. Durtschi, Co-PI].

**U.S. Air Force 2014 Family Advocacy Program Research Project**, National Institute of Food and Agriculture, 09/01/2014-08/31/2017, \$2,064,716.00 awarded 09/01/2013. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

**U.S. Air Force 2013 Family Advocacy Program Research Project**, CSREES Award No. 2012-39575-20317, KSU Project No. GHFS00263, KSU Award No. FA9934, 09/01/2013-08/31/2016, \$1,214,350.00 awarded 09/01/2013. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

**Kansas Department for Children and Families.** *Update to the State of the Family Report*, 07/01/2013-6/30/2014, \$60,000 awarded 07/01/2013. Jared R. Anderson, Principal Investigator, 15% participation.

**U.S. Air Force 2012 Family Advocacy Program Research Project**, CSREES Award No. 2012-39575-20317, KSU Project No. GHFS00263, KSU Award No. FA9934, 09/01/2012-08/31/2014, \$1,128,336.00 awarded 09/01/2012. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].



**Kansas Department for Children and Families.** *The Development of Kansas Child and Family Well-Being Indicators*, 07/01/2012-6/30/2013, \$65,000 awarded 07/01/2012. Jared R. Anderson, Principal Investigator, 15% participation.

**Kansas Department of Social and Rehabilitation Services.** *The Feasibility of Compiling and Tracking Child & Family Well Being Indicators in the State of Kansas*, 04/01/2012-06/30/2012, \$9,000 awarded 04/01/2012. Jared R. Anderson, Principal Investigator, 10% participation.

**U.S. Air Force 2011 Family Advocacy Program Research Project**, CSREES Award No. 2011-48353-30954, KSU Project No. GHFS602147, KSU Award No. FA9959, 09/01/2011-08/31/2013, \$863,636 awarded 09/01/2011. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

**Kansas Department of Social and Rehabilitation Services.** *Development of a Kansas Marriage Index*, 04/01/2011-09/30/2011, \$10,000 awarded 04/01/2011. Jared R. Anderson, Principal Investigator, 10% participation.

**U.S. Air Force 2010 KSU/Air Force Family Advocacy Research Analysis and Support Project**, CSREES Award No. 2009-48353-06045, KSU Project No. GHFS601872, KSU Award No. FA9978, 09/01/2010-08/31/2013, \$736,364 awarded 09/01/2010. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

**U.S. Air Force 2009 KSU/Air Force Family Advocacy Research Analysis and Support Project**, CSREES Award No. 2009-48353-06045, KSU Project No. GHFS601469, KSU Award No. SM9978, 09/01/2009-08/31/2013, \$789,091 awarded 09/01/2009. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

**Kansas National Guard (USPFO for Kansas).** *Family Resilience Program for Kansas National Guard Members and Their Families: A research and training grant*, 01/01/2009-09/30/2009, \$115,000 awarded 01/01/2009. Jared R. Anderson, Co-Principal Investigator, 20% participation [Briana S. Goff, Co-Principal Investigator].

**Kansas National Guard (USPFO for Kansas).** *Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard Families: A training grant*, 2008, \$75,000 awarded. Jared R. Anderson, Co-Investigator. [Briana S. Nelson Goff, Principal Investigator; Johannes, E., Schumm, W., Maddux, E., Olsen, C., McCants, T., & Kahl, J., Co-Investigators].

**Fort Riley, KS.** *Fort Riley Military Family Survey: Family Decisions to Accompany Soldiers Study*, 01/01/2008-06/30/2008, \$16,600 awarded 01/01/2008. Jared R. Anderson, Co-Principal Investigator, 10% participation [Briana S. Nelson Goff, Co-Principal Investigator].

### **Funded Internal Grants**

**Kansas State University's International Incentive Grant.** *Research, teaching, and networking in China.* A travel grant proposal submitted to the International Incentive Grant Program, Office of International Programs, Kansas State University. Funded Budget: \$3,000.

**Kansas State University's International Incentive Grant.** *Research, teaching, and networking in China.* A travel grant proposal submitted to the International Incentive Grant Program, Office of International Programs, Kansas State University. Funded Budget: \$2,500.

**Kansas State University's College of Human Ecology Sponsored Research Overhead Grant.** *Systemic Health Behavior Change and Weight Management Following Bariatric Surgery.* A research grant proposal submitted to the College of Human Ecology Sponsored Research Overhead Funds (CHE SRO), Kansas State University. Funded budget: \$5,000. (Co-PI with Dr. C.R. Macchi)

**Kansas State University's University Small Research Grant.** *Systemic Health Behavior Change and Weight Management Following Bariatric Surgery.* A research grant proposal submitted to the Office of Research and Sponsored Programs (University Small Research Grants), Kansas State University. Funded budget: \$500. . (Co-PI with Dr. C.R. Macchi)

**Kansas State University's University Small Research Grant.** *The Transition to Marriage in the U.S. Army.* A research grant proposal submitted to the Office of Research and Sponsored Programs (University Small Research Grants), Kansas State University. Funded budget: \$5,000.

## PROFESSIONAL PRESENTATIONS

### Peer-Reviewed Scholarly Presentations

Lefthand, M. J., Hardy, N. R., & **Anderson, J. R.** (2019, November). Autonomy and dyadic coping: A self-determination approach to relationship quality. Poster to be presented at National Council on Family Relations Annual Conference, Fort Worth, TX.

**Anderson, J. R.**, \*Bridges, J., & \*Washburn-Busk, M. (2019, May). Self-governed autonomy, reactivity, and individual and relational outcomes. Paper presented at the 7<sup>th</sup> International Self-Determination Theory Conference, Amsterdam, Netherlands.

**Anderson, J. R.**, \*Washburn-Busk, M., \*Bridges, J., \*Morgan, P., & Johnson, M. D., (2019, May). Autonomy and emotional insecurity scales in pairfam: What are they measuring and what is their association with relationship dynamics and outcomes? Poster presented at the 6<sup>th</sup> International Pairfam Users Conference, Cologne, Germany.

\*Hubbard, A., & **Anderson, J. R.** (2018, November). The role gender plays in relationship help-seeking behavior. Poster presented at National Council on Family Relations Annual Conference, San Diego, CA.

Knapp, D., & **Anderson, J. R.** (2018, November). Relationship effort in cyclical couple dating relationships. Poster presented at National Council on Family Relations Annual Conference, San Diego, CA.

- \*Peng, Y., & **Anderson, J. R.** (2018, November). Predictors of psychological among Chinese dating couples. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
- \*Tuft., A., \*Cobia., D., Novak, J.R., & **Anderson, J. R.** (2018, November). Does relationship sacrifice predict couple coping in military couples? Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
- Johnson, M. D., Neyer, F. J., & **Anderson, J. R.** (2018, September). The development of immigrant couple relations. Poster presented for the Center for Lifespan Developmental Science (CELISE) inaugural workshop, Friedrich-Schiller-Universität Jena, Jena, Germany.
- \*Ruhlman, L., Cless, J., Goodcase, E., & **Anderson, J. R.** (2017, November). Altering trauma survivors' romantic relationship appraisals via E-interventions. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- \*Hubbard, A., \*Busk, M., Hardy, N. R., & **Anderson, J. R.** (2017, November). Association between differentiation and sexual satisfaction via relationship attributions and sexual desire. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- \*Peng, Y. & **Anderson, J. R.** (2017, November). Parenting behavior in family of origin is directly and indirectly associated with psychological violence among Chinese dating couples. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- \*Stanfield, M. H., \*Hubbard, A., \*Iglesias, J., **Anderson, J. R.**, Dharnidharka, P., & Hardy, N. R. (2017, October). Sexual dysfunction to sexual satisfaction: Role of differentiation. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Atlanta, GA.
- Hardy, N. R., Tucker, E., **Anderson, J. R.**, & Dharnidharka, P. (2017, October). Differentiation, gridlock, and relationship outcomes. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Atlanta, GA.
- Hardy, N., Johnson, M. D., & **Anderson, J. R.** (2016, November). Couple conflict, relationship efficacy, and relationship outcomes. Paper presented at National Council on Family Relations Annual Conference, Minneapolis, MN.
- \*Novak, J. R., **Anderson, J. R.**, Johnson, M. D., \*Deitz, S. L., Walker, A., Lewis, V., & Robinson, D. (2016, November). Patient and spouse stressors predicting patient diabetes adherence. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.
- \*Hubbard, A., \*Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, November). Father work

stress and its relation to negative interactions and problematic child behavior. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.

\*Nikparvar, F. & **Anderson, J. R.** (2016, November). Marital beliefs in three generations of rural Iranians: A qualitative study. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.

\*Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, October). Associations between economic pressure and diabetes efficacy in couples with Type 2 diabetes. Poster presented at Collaborative Family Healthcare Association, Charlotte, NC.

\*Oseland, L., \*Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, October). Broken dreams and empty arms: The role of positive perceptions of parenthood pre-infertility on depression symptoms and marital instability after infertility. Poster presented at Collaborative Family Healthcare Association, Charlotte, NC.

**Anderson, J. R.**, Johnson, M. D., & Chen, J. (2015, November). Trajectories of sexual frequency and their predictors. Poster presented at National Council on Family Relations Annual Conference, Vancouver, BC.

Johnson, M. D., **Anderson, J. R.**, & Galambos, N. L. (2015, November). Skip the dishes? Not so fast! Housework and couples' sexual development. Paper presented at National Council on Family Relations Annual Conference, Vancouver, BC.

\*Hardy, Nathan R., **Anderson, J. R.**, Vennum, A. V., \*Conner, S., \*Deitz, S. L., \*Busk, P., \*Busk, M., \*Peters, N., & \*Casteel, M. (2015, November). Self-development in marriage and relationship education. Poster presented at National Council on Family Relations Annual Conference, Vancouver, BC.

\*Deitz, S.L., **Anderson, J.R.**, Johnson, M.D., & \*Hardy, N.R. (2015, September). Factors associated with marital quality in type 2 diabetes patients and their spouses. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Austin, TX.

**Anderson, J. R.**, Johnson, M. D., & Chen, J. (2015, May). Sexual frequency trajectories in couple relationships: Individual and relational factors that predict group membership. Paper presented at the International User Conference of the German Family Panel Pairfam, Jena, Germany.

Johnson, M. D., & **Anderson, J. R.** (2015, May). Skip the dishes? Not so fast! Sex and the division of labor revisited. Paper presented at the International User Conference of the German Family Panel Pairfam, Jena, Germany.

\*Dharnidharka, P., Vennum, A. V., **Anderson, J. R.**, Johnson, M. D., Liu, W. (2014, July).

Relationship cycling among emerging adult dating partners in China. Poster presented at the Second International Forum on Marriage and Family Therapy, Beijing, China.

\*High, J., \*Grant, D., \*Luu, S., **Anderson, J. R.**, \*Hardy, N., Johnson, M. D., & Liu, W. (2014, July). Young adult romantic relationships: Associations between psychological distress, shame, perceptions of partner's concern, and relationship satisfaction. Paper presented at the Second International Forum on Marriage and Family Therapy, Beijing, China.

**Anderson, J. R.**, Johnson, M. D., \*Luu, S., Adams, R. D., \*Hardy, N., Lewis, V., & Robbins, D. (2013, November). Diabetes distress is associated with marital outcomes through dyadic coping. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

\*Hardy, N., **Anderson, J. R.**, Johnson, M. D., \*Sibley, S., \*Luu, S., & Wilcox, A. (2013, November). Neuroticism, diabetes distress, and dietary adherence among couples with type 2 diabetes. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

\*Luu, S., Johnson, M. D., **Anderson, J. R.**, \*Berryhill, M. B., \*Hardy, N., & Wilcox, A. (2013, November). Couples' coping is related to diabetes management through self-efficacy. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

\*Ratcliffe, G. C., \*Solosky, K., **Anderson, J. R.**, & Willoughby, B. (2013, November). Relationship self-regulation as a mediator between family of origin factors and marital outcomes. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Nguyen, L., Johnson, M. D., **Anderson, J. R.**, Vennun, A., & Liu, W. (2013, November). Family support influences relationship outcomes in Chinese couples. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

\*Luu, S., **Anderson, J. R.**, \*Hardy, N., \*Lindstrom, R., Johnson, M.D., & Liu, W. (2012, November). Family functioning and attachment influences on Chinese young adult relationships. Poster presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.

**Anderson, J. R.**, Johnson, M. D., & Travis, W. J. (2012, July). Factors associated with marital satisfaction in Air Force active duty members. Paper presented at the International Association for Relationship Research conference, Chicago, IL.

**Anderson, J. R.**, Johnson, M. D., Liu, W., Zheng, F., & \*Lindstrom, R. (2012, July). Young adult romantic relationship development in Mainland China: A cross-cultural application of the DEARR model. Poster presented at the International Association for Relationship Research conference, Chicago, IL.

- \*Johnson, M. D. & **Anderson, J. R.** (2011, November). Marital confidence, positive couple behaviors, and marital satisfaction. Paper presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- \*Siqueira Drake, A., **Anderson, J. R.**, \*Johnson, M. D., Liu, W., Zheng, F. (2011, November). Attachment, depression, and relationship confidence in China. Poster presented at the annual conference on the National Council of Family Relations, Orlando, FL.
- \*Ratcliffe, G. C., \*Johnson, M. D., **Anderson, J. R.**, \*Jordan, R. A., \*Rutter, R. M., & Liu, W. (2011, November). Prevalence and predictors of psychological aggression in male and female college students from Mainland China. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- \*Adams, R. D., \*Aducci, C. J., \*Johnson, M. D., & **Anderson, J. R.** (2011, November). Marital therapy help seeking attitudes of young adults in Mainland China. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- \*Siqueira Drake, A., **Anderson, J. R.**, & \*Johnson, M. D. (2011, September). Attachment, dyadic coping, and military couples' satisfaction. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Ft. Worth, TX.
- Anderson, J. R.**, & \*Johnson, M. D. (2011, April). Dyadic coping mediates the relationship between PTSD and marital quality among newly married military couples. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.
- Amanor-Boadu, Y., **Anderson, J. R.**, \*Siqueira Drake, A., Stith, S. M., & Foster, R. E. (2011, April). Resiliency in Air Force couples following deployment. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.
- Foster, R. E., **Anderson, J. R.**, & Stith, S. M. (2011, April). Comparing a self-directed and multi-couple group format of a relationship education program in the Air Force. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.
- Anderson, J. R.** & \*Johnson, M. D. (2010, November). Factors associated with marital quality in newly married military couples. Paper session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Stith, S. M., \*Miller, M., **Anderson, J. R.**, Foster, R. E. (2010, November). A comparison of a home study versus a group couples enrichment program. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- \*Johnson, M. D., **Anderson, J. R.**, & Aducci, C. J. (2010, November). Reasons for marriage and the association with life satisfaction. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

**Anderson, J. R.**, Foster, R. E., Amanor-Boadu, Y. E., Strachman-Miller, M. L., Gorzek, M. A., & Stith, S. M. (2010, September). Resiliency in Air Force couples following deployment. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

\*Johnson, M. D., **Anderson, J. R.**, & Stith, S. M. (2010, September). Testing the marital horizon theory with dating violence. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Amanor-Boadu, Y. E., Messing, J., Stith, S. M., **Anderson, J. R.**, & Campbell, J. (2010, September). Immigration and the decision to leave abusive relationships. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

\*Miller, M., Stith, S. M., Foster, R. E. & **Anderson, J. R.** (2010, September). Comparative effectiveness of evidence-based couples programs. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Amanor-Boadu, Y. E., Messing, J., Stith, S. M., **Anderson, J. R.**, Os, C. & Campbell, J. (2010, July). Immigrant and non-immigrant women: Factors that predict leaving an abusive partner. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

**Anderson, J. R.**, \*Johnson, M. D., \*Ratcliffe, G. C., \*Wiedower, S. E., \*Chen, W. C., Peterson, F. R. (2009, November). An application of marital horizon theory to emerging adults in China. Poster session presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

\*Chen, W. C., **Anderson, J. R.**, \*Wiedower, S. E., \*Johnson, M., \*Ratcliffe, G. C., & Lee, C. Y. (2009, November). Attitudes toward dating violence among Chinese college students. Paper presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

Peterson, F. R., **Anderson, J. R.**, Lee, C. Y., & Zheng, F. (2009, November). Chinese emerging adults: Sibling influence on risky behavior and attitudes. Paper presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

\*Amanor-Boadu, Y., Messing, J., Stith, S., **Anderson, J. R.**, & Campbell, J. (2009, November). A comparison of foreign-born and U.S.-born women's decision-making in abusive relationships. Poster session presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

\*Wiedower, S. E., **Anderson, J. R.**, & Stith, S. (2009, October). *Impact of violence on couples' relationship satisfaction*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Sacramento, CA.

**Anderson, J. R.,** Van Ryzin, M. J., & Doherty, W. J. (2008, November). *Developmental trajectories of marital happiness: A group-based approach*. Poster session presented at the annual conference of the National Council on Family Relations, Little Rock, AR.

Lee, C. Y., August, G., & **Anderson, J. R.** (2008, November). *Family income and parenting: The role of parental depression and social support*. Paper presented at the annual Conference of the National Council on Family Relations, Little Rock, AR.

\*Swinton, J. J. & **Anderson, J. R.** (2008, November). *Physical and mental health in Chinese student populations*. Poster session presented at the annual conference of the Collaborative Family Healthcare Association, Denver, CO.

**Anderson, J. R.,** Doherty, W. J., & Van Ryzin, M. J. (2008, October). *Developmental trajectories of marital happiness in lower-quality marriages*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Memphis, TN.

\*Wiedower, S. E., **Anderson, J. R.,** & Stith, S. (2008, July). *Differential impact of dating violence on male and female college students' relationship satisfaction*. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

**Anderson, J. R.,** Doherty, W. J., & Van Ryzin, M. J. (2008, July). *Developmental trajectories of marital happiness: Predictors and outcomes*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.

**Anderson, J. R.,** Wilde, J., & \*Wiedower, S. E. (2007, November). From fragile to flourishing: Insights from "Expert" couples. Poster session presented at the Sixty-Ninth Annual Conference of the National Council on Family Relations, Pittsburgh, PA.

**Anderson, J. R.,** & Turner, W. L. (2006, November). Caring for our own: A study of African American caregivers end of life care preferences. Poster session presented at the Sixty-Eighth Annual Conference of the National Council on Family Relations, Minneapolis, MN.

**Anderson, J. R.** (2004, November). Cultural factors that influence nursing home placement in African American families. Paper presented at the Sixty-Sixth Annual Conference of the National Council on Family Relations, Orlando, FL.

White, M., West, D., Peterson, F. R., McIntyre, J., Zukowski-McDaniel, K., & **Anderson, J. R.** (2002, October). Understanding the process of between session change. Poster session presentation at the Sixtieth Annual Conference of the American Association for Marriage and Family Therapy, Cincinnati, OH.

Nelson, B., Berg, N., Cromwell, T., Dunbar, C., Peterson, R., **Anderson, J. R.,** Carter, S., Joy,



A., and MacDougall, K. (2001, December). Traumatized couples: Characteristics and clinical interventions. Workshop presented at the Fifteenth Annual International Society for Traumatic Stress Studies Conference, New Orleans, LA.

**Anderson, J. R.,** Nelson, B., & White, M. (2001, October). The transtheoretical model of change applied to couples therapy. Poster session presentation at the Fifty-Ninth Annual American Association for Marriage and Family Therapy conference, Nashville, TN.

### **Invited International Presentations**

**Anderson, J. R.** (2014, July). Determining clinical effectiveness: An introduction to client focused progress monitoring. Invited presentation given at the Second International Forum on Marriage and Family Therapy, Beijing, China.

**Anderson, J. R.** (2012, May). Discernment counseling: Working with mixed agenda couples. Invited lecture given at the Academy of Family Therapy, Hong Kong, China.

**Anderson, J. R.** (2012, May). Young adult romantic relationship development in the U.S. Invited lecture given at Beijing Normal University, Beijing, China.

**Anderson, J. R.,** Vennun, A. V., \*Ratcliffe, G. C., & \*Hardy, N. (2012, May). Family therapy case consultation. Invited case consultation provided at Beijing Normal University—Zhuhai, Zhuhai, China.

**Anderson, J. R.,** Vennun, A. V., \*Ratcliffe, G. C., \*Hardy, N., \*Pixler, C., \*Luu, S., & \*Rutter, R. M. (2012, May). An introduction to marriage and family therapy in the U.S. Invited lecture given at South China Normal University, Guangzhou, China.

**Anderson, J. R.** (2010, May). Marriage and divorce in the United States: Current Trends. Invited lecture given at Beijing Normal University, Beijing, China.

**Anderson, J. R.,** & \*Johnson, M. D. (2009, May). Treatment of juvenile offenders: An introduction to multisystemic therapy. Invited lecture given to Guangzhou juvenile court judges, practicing psychologists, and psychology faculty, Guangzhou, China.

**Anderson, J. R.,** & \*Johnson, M. D. (2009, May). Emerging adults in China: A research update. Invited lecture given at South China Normal University, Guangzhou, China.

\*Swinton, J. J., & **Anderson, J. R.** (2008, May). Helping friends with internet problems. Invited lecture to 800 community participants in Dongguang City, China.

**Anderson, J. R.,** & \*Wiedower, S. E. (2008, May). Couple communication, conflict management, and intimate partner violence. Invited lecture given at the Clear Sky Counseling Center, Guangzhou, China.

**Anderson, J. R.** (2008, May). Adolescent romantic relationships: Current research and U.S.

trends. Invited lecture given at South China Normal University, Guangzhou, China.

**Anderson, J. R.** (2007, June). Becoming a marriage and family therapist in the United States: Overview of the accreditation process, degree requirements, and licensure procedures. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

**Anderson, J. R.** (2007, June). Promoting responsible fatherhood through U.S. federal policy. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

**Anderson, J. R.** (2002, March). Family Therapy: History, present status, and case implementation. Invited lecture given at South China Normal University, Guangzhou, China.

**Anderson, J. R.** (2002, March). Parenting strategies and case consultation. Invited presentation at the First Yu Cai Kindergarten Guang Dong, Guangzhou, China.

### **Invited Presentations & Workshops**

**Anderson, J. R.** Williams, B., May, S., & Stith, S. M. (2019, January). *Update on FAP secondary prevention programs*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

**Anderson, J. R.** (2018, September). *Understanding Pre/Post measures and outcomes*. United States Air Force Family Advocacy Program Prevention Staff Training, San Antonio, TX.

**Anderson, J. R.** (2018, August). *Child and family wellbeing indicators: Atchison County*. Atchison Unity in the Community Group, Atchison, Kansas.

**Anderson, J. R.,** Williams, B., May, S., Du, J., & Stith, S. M. (2018, January). *Secondary prevention programs: Brief overview of outcomes*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

**Anderson, J. R.** (2017, September). *Update on FAP secondary prevention programs*. United States Air Force Family Advocacy Program Prevention Staff Training, Orlando, FL.

**Anderson, J. R.,** Dharnidharka, P., Du, J., Walker, M., & Ormsby, L. (2017, February). *Nurturing Parent Program Quality Assurance Evaluation*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

**Anderson, J. R.,** Williams, B., Spencer, C., Du, J., & Stith, S. M. (2017, February). *Secondary prevention programs: Brief overview of seven-year outcomes*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

**Anderson, J. R.,** Dharnidharka, P., Walker, M., & Ormsby, L. (2016, January). *Nurturing Parent Program Quality Assurance Evaluation*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

- Anderson, J. R.,** Williams, B., Novak, J., Engel, E., & Stith, S. M. (2016, January). *Secondary prevention programs: Brief overview of six-year outcomes*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.
- Anderson, J. R.,** & Deitz, S. L. (2015, July). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Salina Regional Summit.
- Anderson, J. R.,** & Deitz, S. L. (2015, July). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Topeka Regional Summit.
- Anderson, J. R.,** & Deitz, S. L. (2015, June). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Pittsburg Regional Summit.
- Anderson, J. R.,** & Deitz, S. L. (2015, June). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Wichita Regional Summit.
- Anderson, J. R.,** & Deitz, S. L. (2015, April). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Kansas City Regional Summit.
- Anderson, J. R.,** Walker, M., Ormsby, L., Dharnidharka, P., & Deitz, S. L. (2015, January). *Nurturing Parent Program Quality Assurance Evaluation*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.
- Anderson, J. R.,** Williams, B., Bird, N., Luu, S., Spencer, C., & Stith, S. M. (2015, January). *Secondary prevention programs: Brief overview of five-year outcomes*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.
- Anderson, J. R.,** Luu, S., & Dharnidharka, P. (2014, January). *New parent support program evaluation*. Annual Air Force Supported Research Review, San Antonio, Texas.
- Anderson, J. R.,** Stith, S. M., Rutter, R. M., & Luu, S. (2014, January). *Secondary prevention programs: Brief overview of four-year outcomes*. Annual Air Force Supported Research Review, San Antonio, Texas.
- Anderson, J. R.,** Lindstrom, R., & Stith, S. M. (2013, January). *New parent support program evaluation*. Annual Air Force Supported Research Review, San Antonio, Texas.
- Stith, S. M., **Anderson, J. R.,** Minner, J. S., Dominguez, M., & Cafferky, B. (2013, January).

*Prevention program analyses: Secondary prevention programs, evaluation of the Family Advocacy Safety Education Seminar and overview of the partner violence risk factor meta-analysis.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.,** Stith, S. M., Minner, J. S., & Johnson, M. D. (2012, February). *Secondary prevention program analyses.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.,** Stith, S. M., Siqueira-Drake, A., Horst, K. (2012, February). *Understanding resiliency in Air Force couples following deployment: Final report.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.** (2012, March). *Compassion fatigue: Understanding secondary traumatic stress, burn-out, and self-care.* Workshop presented at the Chaplain Resiliency Workshop, Ft. Riley, Kansas.

**Anderson, J. R.,** Stith, S. M., Cook, J., & Minner, J. S. (2011, February). *Secondary prevention program analyses.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.,** Amanor-Boadu, Y., & Stith, S. M. (2011, February). *Understanding resiliency in Air Force couples following deployment.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.** (2011, February). *Marriage and infidelity.* Workshop presented at the Building an Army Strong Marriage Seminars, Ft. Riley, Kansas.

**Anderson, J. R.** (2010, January). *Marriage and infidelity.* Workshop presented at the Building an Army Strong Marriage Seminars, Ft. Riley, Kansas.

**Anderson, J. R.,** Amanor-Boadu, Y., & Stith, S. M. (2010, January). *Understanding resiliency in Air Force couples following deployment.* Annual Air Force Supported Research Review, San Antonio, Texas.

**Anderson, J. R.** (2009, September). *Beyond skills deficits: How historical factors, contemporary cultural factors and individual values influence our marriages.* Presentation given at the Kansas Healthy Marriage Conference, Lawrence, Kansas.

**Anderson, J. R.** (2008, September). *Happily ever after? How the multiple pathways of marital quality are linked to health and well-being.* Presentation given at the Kansas Healthy Marriage Conference, Wichita, Kansas.

Nelson Goff, B. S., & **Anderson, J. R.** (2008, August). *Fort Riley Military Family Survey.* Victory Leaders Symposium, Fort Riley, KS.

**Anderson, J. R.** (2008, April). *The impact of friends, family and co-workers on our health.* A workshop presented at the 4<sup>th</sup> Annual HealthFest at the Rock Springs 4-H Center, Junction City, Kansas.

**Anderson, J. R., & Kelleher, M.** (2006, November). *Building strong relationships*. A six-hour PREP workshop conducted for clients of Community Action of Minneapolis.

**Anderson, J. R., & Von Weiss, C.** (2006, October). *Skills for building and enhancing healthy relationships*. An eight-hour PREP workshop for couples presented in Edina, MN.

**Anderson, J. R., & Von Weiss, C.** (2006, April). *Skills for building and enhancing healthy relationships*. An eight-hour PREP workshop for couples presented in Edina, MN.

**Anderson, J. R.** (2006, March). *Physically exhausted but can't sleep: A brief overview of insomnia in primary care*. Noon conference presentation at St. John's Hospital for physicians and medical residents. Woodbury, MN.

**Anderson, J. R.** (2006, March). *Who's got time to be married?* Workshop presented at the quarterly meeting of the Minnesota Retrouvaille association.

**Anderson, J. R.** (2006, January/February). *Skills for building healthy families*. A six-week psychoeducational workshop presented to individuals, couples, and families in Brooklyn Center, MN.

**Anderson, J. R.** (2001, October). *Understanding grief and bereavement*. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.

**Anderson, J. R.** (2001, March). *Being there for the bereaved*. Presentation at the First Annual Community Training Seminar presented by Homecare and Hospice, Manhattan, KS.

**Anderson, J. R.** (2000, October). *Understanding grief and bereavement*. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.

## **PROFESSIONAL REVIEW: ACADEMIC JOURNAL & GRANT REVIEW**

### **Academic Journal Review**

#### *Editorial Board*

2020            Journal of Social and Personal Relationships (Invited 10/10/19 for 2020 term)  
2016-present   Family Relations  
2013-present   Journal of Marriage and Family  
2013-present   Journal of Marital and Family Therapy

(2018): Named "Reviewer of the Year" for Journal of Marital and Family Therapy

(2017): Named a "Top 50 Reviewer" for Family Relations, out of a pool of over 500 reviewers

(2016): Named a "Top 50 Reviewer" for Family Relations, out of a pool of 511 reviewers

(2015): Named a "Top 50 Reviewer" for Family Relations, out of a pool of 453 reviewers

*Ad Hoc Reviewer*

Journal of Family Issues, Violence and Victims, Contemporary Family Therapy, Journal of Social and Personal Relationships, Journal of Family Psychology, Psychology & Health, Journal of Behavioral Medicine, Personal Relationships, Clinical Diabetes and Endocrinology, Journal of Family Theory & Review

**Grant Reviewer**

Grant Reviewer. (2012, April). Enhancing father engagement within the United States Air Force Environment. Air Force Family Advocacy Program, San Antonio, TX.

Grant Reviewer. (2006, August). Demonstration projects in post-adoption services and marriage education. Children's Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

Grant Reviewer. (2005, August). Demonstration projects that improve child well-being by fostering healthy marriages within underserved communities. Children's Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

**PROFESSIONAL CREDENTIALS**

American Association for Marriage and Family Therapy (AAMFT) Clinical Fellow (2008-present)

American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor  
Licensed Clinical Marriage & Family Therapist, State of Kansas, License No. 2854

**PROFESSIONAL MEMBERSHIPS AND ACTIVITIES**

American Association for Marriage and Family Therapy (AAMFT)

Student Member 1999-2007

Clinical Member 2008-present

Conference Abstract Reviewer 2008-2012

Participant in AAMFT research conference 2001, 2002

National Council on Family Relations

Student Member 2000-2007

Member 2007-present

Conference Abstract Reviewer 2003-2005, 2007-2012

Family Therapy Section Officer: Member at Large 2008-2010

International Association for Relationship Research

Member 2008-present

Kansas Association for Marriage and Family Therapy

Member 1999-2001; 2007-present

Board Member, Treasurer 2010-2012

Minnesota Association for Marriage and Family Therapy  
Member 2002-2007

## **AWARDS AND HONORS**

*Reviewer of the Year* (2018), Journal of Marital and Family Therapy

*Top 50 Reviewer* (2015, 2016, 2017), Family Relations

FSHS Nominee, Kansas State University Graduate Faculty Award, 2019

Award Winner, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty

Excellence in Student Development, Kansas State University, 2013

Nominee, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty Excellence in  
Student Development, Kansas State University, 2010

Nominee, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty Excellence in  
Student Development, Kansas State University, 2008

## **UNIVERSITY COMMITTEES**

### **School of Family Studies and Human Services (FSHS)**

MFT Critical Conversations Committee—Faculty Sponsor (2015-present)

MFT Program Director Search Committee, Chair (2015-2016)

MFT Doctoral Program Admissions Coordinator (2010-2016)

FSHS Family Studies Faculty Search Committee (2016-17 Academic year)

FSHS School Director Search Committee (2013-2014)

FSHS Faculty Affairs Committee (2013, 2014)

FSHS 2025 Graduate Scholarly Experience Committee (2012, 2015)

FSHS School Director Search Committee (2008)

FSHS Undergraduate Curriculum Committee (2007-2011)

FSHS Academic Advisor Search Committee (2007)

FSHS Family Center Receptionist Search Committee (2009, 2010, 2011)

FSHS Air Force Family Advocacy Program Assistant Search Committee (2009, 2011, 2014)

FSHS MFT Faculty Search Committee (2010-11 Academic Year)

### **College of Human Ecology (CHE)**

CHE, Faculty Council, Chair-Elect (2018-19)

CHE, Diversity and Internationalization (DiveIn) Committee (2018-2019)

CHE, Environmental Health and Safety Committee (2018-2019)

CHE, Faculty Council (2015-16, 2016-17, 2017-18)

CHE, Hospitality Management Faculty Search Committee (2016-17 Academic Year)

CHE, Course Fee Committee (2014-16)

CHE, Faculty Affairs Committee (2012-14)

CHE, Dean Search Committee (2012-13 Academic Year)

CHE, Chair, 2025 Graduate Scholarly Experience Committee (2012)

CHE, 2025 Revision Committee (2015)

## **Kansas State University**

Faculty Senate (2011-2014)

Faculty Senate: Faculty Affairs Subcommittee (2011-2014)

## **STUDENTS MENTORED**

### **Doctoral Students – Chair**

- 2019 Yanqun Peng  
Dissertation: *The associations between attachment, sexual motivations, and sexual desire.*  
Future Position: Counselor, Purdue University Counseling Center
- 2017 Stacy Conner  
Dissertation: *Recovery-oriented systems of care (ROSC): Understanding individual and system-level barriers to implementation in an addictions treatment community*  
Current Position: Assistant Professor, Human Services Department, Washburn University, Topeka, KS
- 2016 Sharon L. Deitz  
Dissertation: *A theoretical framework of interracial couple relationship success: Empirical findings from a sample of black-white couples*  
Current Position: Visiting Assistant Professor, Department of Family Studies & Social Work, Miami University, Oxford, OH
- 2016 Darrin J. Knapp  
Dissertation: *A phenomenological exploration of relationship effort in emerging adult cyclical dating relationships.*  
Current Position: Assistant Professor, Norton School of Family Sciences, University of Arizona
- 2015 Nathan R. Hardy  
Dissertation: *Strengthen yourself, strengthen your relationships—A self-development based marriage and relationship education program: Development and initial pilot-testing.*  
Current Position: Assistant Professor, Department of Human Development and Family Studies, Oklahoma State University  
Past Position: Postdoctoral Research Fellow, Family Institute, Northwestern University
- 2015 Bryan Cafferky  
Dissertation: *Substance use and intimate partner violence: A meta-analysis.*  
Current Position: Assistant Professor, School of Behavioral Health, Loma Linda University  
2016 AAMFT Dissertation Award Winner
- 2014 M. Blake Berryhill  
Dissertation: *Coparenting and parental school involvement*  
Current Position: Assistant Professor and MFT Program Director, University of Alabama
- 2013 G. Cole Ratcliffe  
Dissertation: *Redefining commitment and attractive alternatives: Re-examining the Investment Model*  
Current Position: Assistant Professor, Department of Home & Family, BYU-Idaho
- 2013 Adryanna Siqueira Drake



- Dissertation: *Examining the relevance of parent-adolescent relationships in the romantic relationship quality of young adults*  
Current Position: Counselor, College of Veterinary Medicine, Kansas State University
- 2012 Rebekah D. Adams  
Dissertation: *Strong communities, strong families: An examination of the association of community functioning with psychological resilience, psychopathology and family outcomes in active duty Air Force members*  
Current Position: Clinician, Family Service & Guidance Center, Topeka, KS
- 2012 Jeremy Boyle-Co-Chair with Dr. Kristy Archuleta  
Dissertation: *Shared money, less conflict, stronger marriages: The relationship between money ownership perceptions, negative communication, financial satisfaction, marital satisfaction, and marital instability.*  
Current Position: Co-Owner, Swinton & Associates Counseling, Sandy, Utah
- 2012 Matthew D. Johnson  
Dissertation: *Examining the association of hooking up on marital processes and quality*  
Current Position: Associate Professor, Department of Human Ecology, University of Alberta
- 2011 Jonathan J. Swinton-Co-Chair with Dr. Sandra Stith  
Dissertation: *Adoptees and behavior problems: A meta-analysis*  
Current Position: Assistant Extension Professor, Utah State University

### **Doctoral Students – Committee Member**

- 2019 Eric Goodcase (CFT)  
Dissertation: *Every picture tells a story: A directive content analysis of the investment model on Instagram*
- 2019 Matthew Hunter Stanfield (CFT)  
Dissertation: *Examining men's disclosures, influences, and motivations for seeking therapy*
- 2019 Fatemeh Nikparvar (CFT)  
Dissertation: *Therapists' experiences of working with Iranian-immigrant IPV clients in the United States*
- 2019 Sara Stolberg Berkowicz (PFP)  
Dissertation: *Does gray divorce delay retirement?*
- 2018 Woo-Hyuk Kim (HM)  
Dissertation: *Exploring the effectiveness of green marketing strategies in hospitality*
- 2017 Prerana Dharnidharka (MFT)  
Dissertation: *Differentiation, negative attributions and sexual desire in committed relationships*
- 2017 Cameron Brown (MFT)  
Dissertation: *Chronic disease, depression, and adult attachment within romantic relationships: A longitudinal analysis of trajectories of physical health*
- 2016 Charity Clifford (MFT)  
Dissertation: *Testing the instrumental and reactive motivations of romantic relational aggression*
- 2016 Jonathan Kimmes (MFT)  
Dissertation: *Perception in young adult romantic relationships: A latent profile analysis*

- of trait mindfulness in relation to attachment and attributions*
- 2015 Racquel Tibbetts (PFP)  
Dissertation: *Examining how health and financial resources relates to stress*
- 2015 Edward Horwitz (PFP)  
Dissertation: *Three essays on the effectiveness of financial education in the workplace*
- 2014 Sarah Lyon (MFT)  
Dissertation: *Dating violence and the stay/leave decisions of young women in college*
- 2014 Kristy Soloski (MFT)  
Dissertation: *Identifying and predicting trajectories of binge drinking from adolescence to young adulthood*
- 2014 Kevin Garrett (MFT)  
Dissertation: *Sickle cell disease and the family: A multiple case study*
- 2013 C.J. Aducci (MFT)  
Dissertation: *Chickasaw family stories of historical trauma and resilience across the generations*
- 2012 Matt Loehr (Family Studies)  
Dissertation: *"I feel like they're my family": Characteristics of one successful resource couple who fosters high risk teenagers*
- 2012 Derek Hagey (MFT)  
Dissertation: *Collaborative treatment of erectile dysfunction: Thoughts from the membership of the sexual medicine society of North America*
- 2011 Tim Rarick (Life Span Human Development)  
Dissertation: *Importance of perceived adulthood and goal pursuit in emerging adult college students*
- 2011 Rebecca Culver-Turner (MFT)  
Dissertation: *Program evaluation: Marriage and Family Therapy Program's Incorporation of Multicultural Competencies*
- 2010 Stephanie Wick (MFT)  
Dissertation: *The couple adaptation to traumatic stress (CATS) model: Exploring the effects of war-related trauma and deployment on the couple relationship*
- 2009 Yvonne Amanor-Boadu (MFT)  
Dissertation: *A comparison of Immigrant and Non-Immigrant Women's Decision-Making in Violent Relationships*

### **Master's Students – Chair**

- 2017 Aimee Hubbard  
Thesis: *Relationship help-seeking and the Health Belief Model: How the perceptions of threats and expectations are associated with help-seeking behavior*
- 2017 Jordan Crosson  
Clinical Paper: *Treatment of generalized anxiety with co-morbid major depression disorder in emerging adult women*
- 2016 Emily Engel  
Clinical Paper: *Shame in female college students*
- 2016 Christyne Stephenson  
Clinical Paper: *Families experiencing autism: An integrated theoretical model and*

- clinical case illustration*
- 2015 Laura Lee Baird  
Clinical Paper: *The impact of early child relationships on young adult romantic relationships*
- 2014 Stacy Conner  
Thesis: *Frequency of pornography use is associated with lower relationship confidence through depression symptoms and physical assault among Chinese young adults*
- 2014 Heidi Swanke  
Clinical Paper: *Treatment for families in foster care*
- 2013 Sharon Luu  
Thesis: *Testing the reciprocal relationships between marital attitudes, time spent together, and marital satisfaction among newlyweds: A cross-lagged path model*
- 2013 Rachael Rutter  
Clinical Paper: *Treating alcohol dependence in adults: An integrated approach*
- 2013 Rachel Lindstrom  
Thesis (Co-chair with Dr. Amber Vennum): *Cyclicalities and the relationship between neuroticism, communication, and relationship satisfaction in cohabiting couples*
- 2013 Lisa Blohm  
Clinical Paper: *Infidelity and military couples*
- 2013 James “Bo” Minner  
Clinical Paper: *Working in a school setting with adolescents with conduct problems*
- 2013 Caitlin Pixler  
Clinical Paper: *Childhood traumatic grief/grieving while the client is grieving*
- 2012 Nathan Hardy  
Thesis: *Relationship confidence in newlywed military marriages: Relationship confidence partially mediates the link between attachment and communication*
- 2012 Elisabeth Ruby  
Clinical Paper: *An integrated approach to working with military couples*
- 2012 Megan Stout  
Clinical Paper: *Substance use in college students*
- 2011 Jennifer Vitas  
Clinical Paper: *Building a triadic relational bridge: Attachment-based therapy for child victims of trauma*
- 2011 G. Cole Ratcliffe  
Thesis: *The use of sexually explicit material in sex therapy*
- 2010 Adryanna Siqueira  
Clinical Paper: *Family therapy and Asperger’s syndrome*
- 2010 Ashley Cook  
Clinical Paper: *Emerging adult women dealing with depression and self-esteem issues*
- 2010 Katie Kittell  
Clinical Paper: *Adolescents grieving the loss of a sibling or close friend.*
- 2009 Matt Johnson  
Thesis: *An application of marital horizon theory to dating violence perpetration*
- 2009 Emily Zeigler  
Clinical Paper: *Anorexia nervosa*
- 2008 Whitney Thomas

- 2008 Clinical Paper: *Military couples on the brink*  
Lesley Hill  
Clinical Paper: *Child sexual abuse*

**Master's Students – Committee Member**

- 2019 Scott May  
Thesis: *Changes in sexual satisfaction across three years of the transition to parenthood predicted by sexual communication and sexual esteem*
- 2018 Tommy Childs  
Clinical Paper: *Treating posttraumatic stress disorder in adults*
- 2017 James Bridges  
Thesis: *Instrumentalism and couple's therapy: Influential impacts on therapist's values, neutrality, and perceived role in couple's therapy*
- 2017 Laura Schachtner  
Thesis: *Premarital self-disclosure predicting distal marital outcomes*
- 2017 Preston Morgan  
Thesis: *Sexual and relationship satisfaction associated with shifts in dyadic trajectories of depressive symptoms in German couples across four years*
- 2016 Chelsea Spencer  
Thesis: *Factors related to college students' decisions to report sexual assault*
- 2016 Allen Mallory  
Thesis: *Family sexual communication and sexual attitudes: Understanding the influence on couples sexual communication*
- 2015 Paul Busk  
Clinical Paper: *Treating couples where one partner is struggling with sex addiction*
- 2015 Nicole Lawson  
Clinical Paper: *Treating anxiety through individual and couples therapy*
- 2014 Prerana Dharnidharka  
Thesis: *From friends to romantic partners: An exploration of non-arranged romantic relationship development among young adults in India*
- 2014 Sarah Webb  
Clinical Paper: *Differentiation in emerging adulthood: An examination of the development of "solid-self" through a Bowen family systems theory perspective.*
- 2013 Kaleb Beyer  
Clinical Paper: *Working with children transitioning to a new family structure.*
- 2013 James Kale Monk  
Thesis: *Commitment and sacrifice in emerging adult cyclical and noncyclical romantic relationships*
- 2012 Cristine Glendening  
Clinical Paper: *An approach to infidelity*
- 2011 Aaron Norton  
Thesis: *Internet boundaries for social networking: Impact of trust and satisfaction*
- 2011 Jennifer Mentzer  
Report: *How sociocultural influences impact young women's body image*
- 2010 Josh Cook  
Thesis: *Predictors of sexual coercion in a college sample*

- 2010 Carla Morgan  
Clinical Paper: *Couples dealing with infidelity*
- 2010 Cheryl Lugo  
Report: *Reparative therapy and the AAMFT code of ethics*
- 2009 Heidi Oesterle  
Report: *Adoption and identity development*
- 2009 Marcos Mendez  
Thesis: *An examination of the relationship between various mental health problems and the three subfactors of the Rutgers Alcohol Problem Index*
- 2008 Erin Sanders-Hahs  
Report: *The impact of hate crime trauma on gay and lesbian interpersonal relationships.*
- 2008 Tim Rarick  
Thesis: *Happiness orientation and life satisfaction of emerging adults.*
- 2008 Erin Bishop  
Report: *Attitudes toward abortion and family life education*

### **Outside Chair**

- 2016 Kevin Cook  
Dissertation: *The multicultural competence of entry level housing professionals in the upper midwest*
- 2014 Mercy Palamuleni  
Dissertation: *Three essays on the macroeconomics of human capital and growth*
- 2012 Tyler Freeman  
Dissertation: *An investigation of the evolutionary constraints on visual attention to threat.*

## **TEACHING EXPERIENCE**

### **Kansas State University**

- Undergraduate      HDFS 301 The Helping Relationship  
                         HDFS 302 Introduction to Human Sexuality  
                         HDFS 350 Family Relationships & Gender Roles (Graduate Student  
                         Instructor, '00)
- Graduate            FSHS 700 Academic Writing (MS/PHD)  
                         FSHS 868 Pre-Practicum II (MS)  
                         FSHS 870 Principles of MFT (MS)  
                         CFT 870 Couples & Sex Therapy (MS)  
                         CFT 877 Individual & Family Assessment (MS)  
                         CFT 885 Practicum in MFT (MS)  
                         FSHS 894 Marriage & Relationship Education (MS/PhD)  
                         FSHS 906 Statistical Methods in FSHS II (PhD-PFP program)  
                         CFT 983 CFT Research (PhD)  
                         CFT 985 Practicum in MFT (PhD)  
                         CFT 986 Practicum in MFT Supervision (PhD)

## **University of Minnesota**

Undergraduate      FSOS 4150-6 The Making of a Healthy Marriage (Graduate Student Instructor)  
FSOS 4150-7 Marriage in America (Graduate Student Instructor)  
FSOS 4103 Family Policy (Graduate Teaching Assistant)

## **CLINICAL EXPERIENCE**

2007-present      Clinical Supervisor/Marriage and Family Therapist, K-State Family Center, Manhattan, KS (*Conduct clinical supervision of MS and PhD MFT students, conduct couples therapy*)

2005-2007      Marriage and Family Therapy Doctoral Intern, Center for Life Transformation, Brooklyn Center, MN (*Individual, couple, and family therapy*)

2003-2007      Marriage and Family Therapy Doctoral Intern, University Family Physicians, Phalen Village Clinic, University of Minnesota Medical School, Minneapolis, MN (*Individual, couple, and family therapy/Trained medical residents in patient communication and conducted psychosocial consultations.*)

2001      Marriage and Family Therapy Intern, St. Isidore's Catholic Student Center, Manhattan, KS (*Pre-marital counseling*)

2000-2001      Marriage and Family Therapy Intern, The Family Center & Family Preservation Services, Kansas State University, Manhattan, KS (*Individual, Couple, and Family Therapy & In-Home Family Therapy*)

2000-2001      Marriage and Family Therapy Intern, Homecare and Hospice, Manhattan, KS (*Bereavement Counselor*)

## **TRAINING/CERTIFICATIONS**

*Structural Equation Modeling*: Five-day intensive course conducted by Todd Little, PhD. University of Kansas Summer Institutes in Statistics, Lawrence, KS. (2011)

*Meta-Analysis*: Five-day intensive course conducted by Noel Card, PhD. University of Kansas Summer Institutes in Statistics, Lawrence, KS. (2012)

Certified Instructor for the Prevention and Relationship Enhancement Program (PREP)

Certified Prepare/Enrich Counselor

Certified Gottman Educator (CGE) for the Bringing Baby Home Program

Completed instructor training in the Couples Communication Program I & II

Completed Training in the Couples Coping Enhancement Training (CCET)