

MEGAN MCCOY, LMFT
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EDUCATION

- 2016 University of Georgia, Athens, G.A.
Ph.D. Human Development and Family Science, Marriage and Family Therapy
- 2008 Drexel University, Philadelphia, P.A.
Master of Science in Marriage and Family Therapy
- 2005 University of North Carolina at Chapel Hill, N.C.
Bachelor of Arts in Psychology

RESEARCH INTERESTS

My research program broadly focuses on best practices for clinical work and on how couples and families are impacted by their individual and systemic financial health. In addition, I am passionate about exploring issues of diversity and best practices for diverse populations.

MANUSCRIPTS

- Begina, M., Hickingbottom, J., Lutrell, E.G., & **McCoy, M.** (2018). Identify and Understand Clients' Money Scripts: A Framework for Using the KMSI-R. *Journal of Financial Planning*, 31(3), 46-55.
- Muruthi, B., **McCoy, M.**, Chou, J., & Farnham, A. (2018). Sexual Scripts and Narrative Therapy with Older Couples. *The American Journal of Family Therapy*, 46(1), 81-95.
- Muruthi, B., Watkins, K., **McCoy, M.**, Muruthi, J.R., Kiprono, F.J. (2017). "I Feel Happy that I Can be Useful to Others": Preliminary Study of East African Women and Their Remittance Behavior. *Journal of Family Economic Issues*, 38(3), 315-326.
- Abrams, B., Rush, K., Bermudez, M., **McCoy, M.**, & Stinson, M. (2016). Mothering my daughter: Afro- Caribbean mother's experiences of parenting in the US. *Women and Therapy*, 3-4, 413-431.
- Muruthi, B.A., Nasis, T., Jordan, L.S., **McCoy, M.**, Grogan, C., & Farnham, A. (2015). Collaborative Therapy Approach: Implications for Working with Afro-Caribbean Families Coping with Infidelity. *Journal of Systemic Therapies*, 34(3), 26-43.
- Asebedo, S., **McCoy, M.**, & Archuleta, K. L. (2014). 2013 Membership Profile of the Financial Therapy Association: A Strategic Planning Report. *Journal of Financial Therapy*, 4(2), 1-21.

McCoy, M., Ross, D. B., & Goetz, J. (2014). Narrative Financial Therapy: Integrating a Financial Planning Approach with Therapeutic Theory. *Journal of Financial Therapy*, 4(2), 22-42.

Stinson, M., George, D.V., **McCoy, M.,** Hjelmstad, L., Mennenga, K.D., & Bermudez, J.M. (2013). Finding Your Cadence: Introducing the Dynamic Developmental Framework of Supervision. *Journal of Systemic Therapies*, 32(4), 19-32.

McCoy, M., Ross, B., Hjelmstad, L., & Stinson, M. (2013). Who's in our clients' bed? A case illustration of sex therapy with a polyamorous couple. *Journal of Sex and Marital Therapy*, 41(2), 134-144.

McCoy, M., Hjelmstad, L., & Stinson, M., (2013). The Role of Tele-Mental Health in Therapy for Couples in Long-Distance Relationships. *Journal of Couple and Relationship Therapy*, 12(4), 339-358.

McCoy, M., Gale, J., Ford, M., & McCoy, R. (2013). A therapist's perspective of a financial planning course: Implications for financial therapy education and trainings. *Journal of Financial Therapy*, 4(1), 21-38.

McCoy, M., Stinson, M., & Bermudez, J. M. (2013). Utilizing a narrative approach to increase intimacy after prostate cancer. *Journal of Creativity in Mental Health*, 8(1), 48-69.

MANUSCRIPTS IN PREPARATION

White, K. J. & **McCoy, M.** (under review). Social capital and money talks in relationships. *Journal of Financial Counseling and Planning*.

Muruthi, B., Watkins, K., **McCoy, M.,** White, K.J., & Thomas, M. (under review). Parental Financial Socialization of Black Immigrant Women. *Journal of Family and Consumer Sciences*.

White, K. J., Watkins, K., & **McCoy, M.** (in progress). *Sustainability and Financial Planning*.

White, K.J. Jr. & **McCoy, M.** (in progress). Exploring the intersection between race and social capital and how that impacts financial conversations and use of financial professionals.

McCoy, M., Mancini, J., O'Neal, C., Gale, J., & Goetz, J. (in progress). Financial boundary ambiguity in military couples. *Journal of Marriage and Family*.

McCoy, M., Lucier-Greer, M., & Mancini, J. (in progress). Latchkey military youth: What we know about military youth who self-care. *Journal of Youth and Adolescence*.

BOOK CHAPTERS

Muruthi, B.A., **McCoy, M.**, & Farnham, A. (2016). Triangulation in the Family. In J. Lebow, A. Chambers & D.C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy* (pp. 1-4). New York: Springer Publishing.

Gale, J., Ross, D.B., & McCoy, M. (2016). Training the Narrative Therapist. In K. Jordin (Ed.), *Couple, Marriage, and Family Therapy Supervision* (pp. 289-308). New York: Springer Publishing.

McCoy, M., Ross, D.B., & Goetz, J.W. (2015) Narrative Financial Therapy. In B.T. Klontz, S.L. Britt & K.L. Archuleta (Eds.), *Financial Therapy* (pp.235-252). New York: Springer Publishing.

BOOK REVIEWS

McCoy, M. & Ross, B. (2013). Financial therapy: 5 steps toward financial freedom. *Journal of Financial Therapy*, 4(1). 94-98.

McCoy, M., Gale, J. & Kim, J. (2011). MFT Researcher Interviews. *Journal of Marital and Family Therapy*, 37(3), 371-372.

JOURNAL REVIEWER EXPERIENCE

2018 Invited Reviewer for the *The Forum for Family and Consumer Issues*.

2018 Invited Reviewer for the *Journal of Financial Counseling and Planning*.

2014-2016 Invited Reviewer for the flagstone journal of the Financial Therapy Association, the *Journal of Financial Therapy*.

PRESENTATIONS

McCoy, M., Farnham, A., Muruthi, B., & Bermudez, M. (2017). Deconstructing Older Adult Sexual Intimacy Sexual Scripts. Research Presentation at the American Association for Marriage and Family Therapy Annual Conference. October 16th, 2017.

Muruthi, B., Watkins, K., **McCoy, M.**, Muruthi, J.R., Kiprono, F.J. (2016). Transnationalism and Family Resource Allocation for East African Immigrant Women. Paper Presentation at the Association for Financial Counseling, Planning and Education Conference. November 16th, 2016.

McCoy, M. (2014). Ten Considerations – Discussions that Matter. Discussant at the Financial Therapy Association Conference. October 16, 2014.

Jetson, D. & **McCoy, M.** (2013). Distance Counseling. Research Presentation at the Financial Therapy Association Conference. October 1, 2013.

- Gale, J., Goetz, J., Ross, B., DeGraff, A., & **McCoy, M.** (2013). Drafting Professional Standards for Financial Therapists: An Invitation to Join the Conversation. Research Presentation at the Financial Therapy Association Conference. September 30, 2013.
- McCoy, M.** & Ross, B. (2013). A case illustration of sensate focus therapy with a polyamorous couple. Research Presentation at the International Family Therapy Association Conference. February 21, 2013.
- McCoy, M.** & Ross, B. (2013). Alleviating the strain on your relationship while alleviating your wallet: Helping couples with financial strain through a narrative lens. Research Presentation at the International Family Therapy Association Conference. February 21, 2013.
- McCoy, M.,** Gale, J., Ford, M. & McCoy, R. (2012). A Therapist's Perspective of a Financial Planning Course: Implications for Financial Therapy. Poster Presentation at the Financial Therapy Association Conference. September 23, 2012.
- Ford, M., Goetz, J., & **McCoy, M.** (2012). Financial Trauma: Utilizing EMDR Therapy for Healing. Research Presentation at the Financial Therapy Association Conference. September 23, 2012.
- McCoy, M.,** Abrams, B., Ford, M., & Bermudez, J. M. (2012). Co-Constructing Preferred Money Scripts through a Contextual Lens Research Presentation at the Financial Therapy Association Conference. September 23, 2012.
- Ford, M., Baptist, J.A., Archuleta, K.L., & **McCoy, M.** (2012). A Live Demonstration of the Ford Financial Empowerment Model. Research Presentation at the Financial Therapy Association Conference. September 23, 2012.
- Stinson, M., Bermudez, J.M. **McCoy, M.,** & Abrams, B.A. (2012). Intersectionality of Latinos, Marital Satisfaction, Religiosity and Conflict Resolution. Poster Presentation at the American Association of Marriage and Family Therapy Conference. September 15, 2012.
- Abrams, B., Rush, K., **McCoy, M.,** & Stinson, M. (2012). Afro-Caribbean Single Women Parenting in the U.S. Poster Presentation at the American Association of Marriage and Family Therapy Conference. September 15, 2012.
- McCoy, M.** & Hjelmstad, L. (2012). Utilizing Skype in Couple's Therapy. Poster Presentation at the International Family Therapy Association. March 21, 2012.
- McCoy, M.,** Stinson, M., & Bermudez, J. M. (2012). Poster Presentation at the International Family Therapy Association, March 21, 2012.

McCoy, M. & Gale, J. (2012). Attending to Couples, Money, Food, and the Home: The Creation of an Interdisciplinary Clinic. Poster Presentation at the International Family Therapy Association, March 21, 2012.

McCoy, M & Hjelmstad, L. (2011). Exploring the Issue of Timing in Relational Financial Therapy. Research Presentation at the Financial Therapy Association Conference. September 12, 2011.

Hjelmstad, L., **McCoy, M,** & Wyczalkowski, C. (2011). Mechanisms of Successful Collaboration between Financial Planners and Marriage and Family Therapists. Roundtable Presentation at the Financial Therapy Association Conference. September 12, 2011.

McCoy, M. (2011). Perceptions of Sexism: Is the military to blame? Poster Presentation at the Southeastern Symposium on Child and Family Development. February 18, 2011.

TEACHING EXPERIENCE

Winter 2017-Present Kansas State University Lecturer

- PFP 769: Relationships and Money
- PFP 768: Introduction to Financial Therapy
- PFP 771: Financial Therapy Theory and Research

July 2017-Present Adjunct Faculty North Central University

- MFT 5101: Foundations for Graduate Study in MFT
- MFT 5102: Legal, Ethical, and Professional Development in MFT
- MFT 5104: Treatment Planning and Traditional MFT
- MFT 5105: Recovery-Oriented Care & Postmodern Therapy
- MFT 6101: Human Development and Family Dynamics Across the Lifespan
- DMFT 8701: Financial Administration and Budgeting in MFT
- DMFT 8706: The Business of Therapy

Fall 2010 University of Georgia Lecturer

CHFD 4870: Human Sexuality across the Life Span

- Instructor of Record for 20 undergraduate students
- Student quantitative evaluation of performance was 4.8 out of 5

RESEARCH EXPERIENCE

2010-2013 Family and Community Resilience Laboratory, UGA

- Created literature reviews, publications, and government reports based on empirical research and analysis
- Developed and created multiple 40+ min surveys
- Collected data six Army garrisons from March 2012- January 2013

- Used Excel, SPSS, Amos, and MPlus to import, clean, and analyze survey data from 1,036 military youth
- Focused on producing empirical results related to military family research
- Edited and organized academic and research references using EndNote software

2004-2006 Department of Social Psychology, UNC-CH

- Office work, data entry, and participant recruitment
- Conducted semi-structured interviews
- Observational Coding Paradigms

2004-2005 Department of Psychometrics, UNC-CH

- Office work, data entry, and participant recruitment

LICENSES/CERTIFICATIONS

2016 Full License for Marriage and Family Therapy in South Carolina

2015 Full License for Marriage and Family Therapy in Georgia

2014 Developmental Individual Difference Relationship-based /Floortime Certified

- Trained in the Developmental, Individual Difference, Relationship-based (*DIR*®) Model which is a framework that helps clinicians assess and develop intervention programs tailored to individuals with Autism Spectrum Disorders (ASD) and other developmental challenges. The objectives of the *DIR*® Model are to build healthy foundations for social, emotional, and intellectual capacities rather than focusing on skills and isolated behaviors.

2012 Eye Movement Desensitization and Response Certified Therapist

- Certified Therapist in Eye Movement Desensitization and Reprocessing (EMDR) is a comprehensive, integrative psychotherapy approach. It contains elements of many effective psychotherapies in structured protocols that are designed to maximize treatment effects.

2010 Certified Prepare/Enrich Trainer

- Trained and certified in implementing the customized couple assessments completed online that identifies a couple's strength and growth areas. It is also used for marriage counseling, marriage enrichment, and dating couples considering engagement.

CLINICAL EXPERIENCE

- 2016-2017 *Firm Foundations Counseling and Wellness, Columbia S.C.*
- Provided outpatient therapy for children, adolescents, and their families
- 2014-2015 *The Community School, Atlanta G.A.*
- Provide individual and family therapy with adults on the autistic spectrum and for family members with a child on the autistic spectrum
 - Functioned as the family liaison for five families whose child attended the school
- 2009-2013 *Aspire Clinic, Athens G.A.*
- Provides therapy for members of the Athens, Georgia community
 - Collaborated with financial planners, nutritionists, and housing and design in conjoint sessions
- 2008-2009 *United Family Services, Monroe N.C.*
- Provided outpatient therapy for children, adolescents, and their families
 - Supported children through the medical examination and interview process at the Sexual Assault Center (Treehouse).
- 2008-2007 *NET Outpatient, Philadelphia P.A.*
- Provided outpatient therapy for individuals, couples, and families (children, adolescents, and adults)
- 2006-2007 *NET Family Focus, Philadelphia P.A.*
- Provided in-home therapy for eight families in North East Philadelphia
 - Accompanied families in schools, medical settings, and social service settings as an advocate.

SERVICE

- 2017-present Committe Chair for Social Media and Marketing for the Financial Therapy Association's Board of Directors
- 2017-present Committe Chair for Special Topics Webinars for the Financial Therapy Association's Board of Directors
- 2013 Student Member of the Financial Therapy Association's Board of Directors
- 2011 Treasurer for the University of Georgia's Department of Child and Family Development's Graduate Student Organization
- 2011 Reader for undergraduate student Curo Thesis

AWARDS

- 2013 Anne and Earl Haltiwanger Scholarship (\$1250), College of Family and Consumer Science, University of Georgia
- 2012 Student Travel Scholarship (\$500), Financial Therapy Association
- 2014 Student Travel Scholarship (\$500), Financial Therapy Association

PROFESSIONAL ORGANIZATIONS

American Association for Marriage and Family Therapy

South Carolina Association for Marriage and Family Therapy

Georgia Association for Marriage and Family Therapy

Financial Therapy Association