

CURRICULUM VITAE

Robert F. Pettay, PhD

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Professional Experience:

1998- Present Instructor/Advising Coordinator

Kansas State University, Department of Kinesiology

I serve as an instructor and advisor coordinator for undergraduate majors in the Department of Kinesiology. I am responsible for 9 hours of courses each semester including the Introductory Kinesiology course, Research Methods, Motor Control, Psychological Dynamics of Physical Activity, and special interest courses related to personality and injury. I also teach for the K-State First program in a pre-Physical Therapy CAT community. I also serve as advising coordinator and in this position I work with approximately 600-700 undergraduate Kinesiology majors and minors. I also serve faculty committees including the Diversity Task force for the College of Arts and Sciences, the Professional Titles Group, and as a faculty sponsor for the Kinesiology Student Association. Research has involved two grants as co-PI examining the use of Motivational Interviewing in peer counseling and working with probationary students. I have also served in state office positions for the the Kansas Academic Advising Network as vice-chair, chair, and past-chair and currently as the Region 7 Liaison.

1992-1997 Mathematics Instructor and Coach

Manhattan High School, Manhattan KS.

Course taught included Geometry, Algebra I, Trigonometry, Algebra III, Pre-Algebra, and Consumer Mathematics. I served on multiple organizations in the school district, and led several student groups. I was the assistant Women's basketball coach for four years.

1990-1992 Graduate Teaching Assistant

Kansas State University, Department of Kinesiology

Undergraduate course content included Tennis, Physical Activity, Basketball, Weight training, and Conditioning courses. Research involvement included older adult studies, and performance in university and high-school athletes.

1986-1989 **Mathematics Instructor and Coach**
Nemaha Valley High School, Seneca KS.
Course taught included Consumer Math, Pre-Algebra, Algebra I, and
Geometry. Coached girls basketball, boys basketball, football, and track.

Education

2000-2008 Doctor of Philosophy
Kansas State University, Manhattan KS
Major Area : Counselor Education
Graduation date : Spring, 2008
Advisor : Steve Benton, PhD.
Dissertation topic : Health Behaviors and Life Satisfaction in College Students

1993-1994 Masters of Science in Education
Kansas State University, Manhattan KS
Major Areas : Student Counseling and College Personnel Services
Graduation date : Summer, 1994
Advisor : Fred Bradley, PhD.

1990-1993 Master of Science
Kansas State University, Manhattan KS
Major Area : Sport and Exercise Psychology
Graduation date : Summer, 1993
Advisor : David Dzewaltowski, PhD.
Master's Thesis : The Effect of Modeling and Self-Modeling on Performance
and Self-efficacy for a Basketball Free-throw Task.

1981-1985 Bachelor of Science in Education;
Emporia State University, Emporia KS.
Major Areas : Mathematics Education and Coaching
Graduation Date: December, 1985 (Magna Cum Laude)
Advisor : George Downing, PhD.

Honors

Making a Difference Award, Women in Science and Engineering program, 2010
Best of KAAN Award, KAAN State Conference, \$200, 2009
College of Education Graduate Student Travel Grant, \$250, 2007
Best of KAAN Award, KAAN State Conference \$200, 2007
Faculty of the Game, Kansas State Women's Basketball, 2007
KAAN Professional Development award, \$200, 2006
Mortar Board Senior Honor Society, 2006
Outstanding Faculty Member, Kansas State Women's Volleyball, 2006
Lambda Chi Alpha, Exceptional Faculty Recognition Award, 2006
William L. Stamey Advising Award, College of Arts and Sciences, 2005
Making a Difference Award, Women in Science and Engineering program, 2005
Professor of the Year nominee, Kansas State University Housing and Dining, 2004
Presidential Award for Excellence in Undergraduate Advising Nominee, 2002
Carl Schrack Excellence in Teaching Award Nominee, 1997
Outstanding Kinesiology Graduate Student, 1991
Magna Cum Laude Graduate, Emporia State University, 1985

Professional Organizations

Kansas Academic Advising Network
National Academic Advising Association
American Public Health Association
American College of Sports Medicine

Professional Service

Kansas Academic Advising Network. Region 7 Liaison (2013)
Kansas Academic Advising Network. Past-Chair (2009)
Kansas Academic Advising Network. Chair (2008)
Kansas Academic Advising Network. Vice-Chair (2007)

Presentations - Professional meetings

Pettay, R.F. & Menke, D. (2013). Elevate Advisor Morale: An exploration of the causes of low morale and suggestions for improvement. National Academic Advising Association (NACADA). 2013 National Conference. Salt Lake City, Utah.

Pettay, R.F. & Menke, D. (2013). Elevate Advisor Morale: An exploration of the causes of low morale and suggestions for improvement. Kansas Academic Advising Network. 2013 State Meeting, McPherson, KS.

Pettay, R.F. (2012). Kaizem and Advising. Kansas Academic Advising Network. 2012 State Conference, Pittsburg, KS.

Pettay, R.F. (2012). Motivational Interviewing and Probationary Students. NACADA Region 7 Conference. Rogers, Arkansas.

Pettay, R.F. (2011). A Mountain to Climb: Strategies for Working with Probationary Students. National Academic Advising Association (NACADA). 2011 National Conference. Denver, Colorado.

Pettay, R.F. (2011) I think I can: Advising Self-Efficacy and Academic Self-Efficacy. Kansas Academic Advising Network. 2011 State Conference, Lawrence, KS.

Pettay, R.F. (2011). Artificial Intelligence or Advising Intelligence. NACADA Region 7 Conference. (2011). Oklahoma City, Oklahoma.

Pettay, R. F. (2010). Moving and Mentoring : Intervention, Description, and Initial Results of a School-based Mentoring program to increase Physical Activity and Fruit and Vegetable Consumption in High School Students. American Public Health Association (APHA). 2010 National Conference, Denver, Colorado.

Pettay, R.F. & Hughey, J. (2010). Motivational Interviewing, Academic Self-Efficacy and Probationary Students. National Academic Advising Association (NACADA). 2010 National Conference, Orlando, Florida.

Pettay, R.F. (2010). Health Behaviors and the College Student. National Academic Advising Association (NACADA). 2010 National Conference, Orlando, Florida.

Pettay, R.F. (2010). Artificial Intelligence or Advising Intelligence. Kansas Academic Advising Network. 2010 State Conference, Salina, KS.

Pettay, R.F. (2010). The Advising Syllabus/Advising as Teaching - Hot Topic. Kansas Academic Advising Network. 2010 State Conference, Salina, KS.

Pettay, R.F. (2010). Health behaviors and the college student. NACADA Region 7 Conference. 2010 Region 7 Conference, Overland Park, KS.

Pettay, R.F. (2009). Socratic Questioning : Getting to the heart of the problem. National Academic Advising Association. 2009 National Conference, San Antonio, TX.

Pettay, R.F. (2009). Health behaviors and the college student. Kansas Academic Advising Network. 2009 State Conference, Wichita, KS.

Pettay, R.F. (2008) Motivational Interviewing in advising : Working with student to change. National Academic Advising Association. 2008 National Conference, Chicago, IL.

Pettay, R.F. (2008). Paint by numbers : Using Socratic Questioning to help finish the picture. Kansas Academic Advising Network State Conference, Overland Park, KS.

Wilcox, D., & Pettay, R.F. (2008). Identifying and working with the high-risk student. KAAN Drive-In Seminar. May 14th. K-State Salina.

Pettay, R.F. (2008). Motivational interviewing in advising : Working with students to change. NACADA Region 7 Conference. Springfield, MO.

Pettay, R.F. (2007). Development and integration of an advising course into the curriculum. National Academic Advising Association. 2007 National Conference, Baltimore, MD.

Pettay, R.F. (2007). Motivational interviewing in advising : Working with students to change. Kansas Academic Advising Network. 2007 State Conference, Hays, KS.

Pettay, R.F. (2006). Making the transition from prescriptive advising to advising as teaching. National Academic Advising Association. 2006 National Conference, Indianapolis, IN.

Pettay, R.F., & Benton, S.L. (2002) Differences in college student misperceptions of peer alcohol use. Society of Behavioral Medicine. 2002 National Conference. Washington, DC.

Pettay, R.F., & Dzewaltowski, D.D. (2001). The effect of modeling and self-modeling in a basketball free-throw task. National American Society for Psychology of Sport and Physical Activity. 2001 National Conference. St. Louis, MO.

Webinars

Drake, J., Reynolds, M., Schreiner, L., Amundsen, S., Pettay, R.F., Kincanon, K., Schulenburg, J., Varney, J., & McClellan, J. (March 3, 2010). Reaching and Retaining Students: Effective Academic Advising Strategies. NACADA.

Pre-Conference Workshops

Pettay, R.F. (2013). Motivational Interviewing in Advising. 3 hour pre-conference workshop. NACADA National Conference, Salt Lake City, Utah.

Pettay, R.F. (2012). Motivational Interviewing in Advising. 4 hour pre-conference workshop. NACADA National Conference, Nashville, TN.

Presentations - Service

Acacia Fraternity - April 25th, 2012. *Harmony and Physical Activity*.

Kinesiology Student Association Faculty Presentation - October 17th, 2011. *Kinesiology Advising and Careers*.

Kinesiology Student Association Faculty Seminar- March 24th, 2010. *Kinesiology Advising and Careers*.

Kinesiology Student Association Faculty Seminar- September 23rd, 2009. *The Advising Experience*

Rossville High School Health Fair - April 25th, 2007. *Lifetime fitness*

Salina Technical College - March 8th, 2006. Academic Advising Unit. *Development of an advising curriculum and advising syllabus.*

Publications

Hughey, J. & Pettay, R.F. (2013). Motivational Interviewing Approach. In J.K. Drake, P. Jordan, & M.A. Miller (Eds.), *Academic Advising Approaches: Strategies That Teach Students to Make the Most of College*. San Francisco, CA: Jossey-Bass and Manhattan, KS: National Academic Advising Association.

Pettay, R.F. (2009). Motivational Interviewing in advising : Working with students to change. *NACADA : Academic Advising Today*, 32(2).

Pettay, R.F. (2007). Making the transition from prescriptive advising to advising as teaching. *NACADA : Academic Advising Today*, 30(2).

Scholarship and Awards

2009-2011 - NACADA Research Grant. “Motivational Interviewing”, Award \$2,500.
(Role : Co-PI; Dr. Judy Hughey).

2008-2010 - Sunflower Foundation. “Moving and Mentoring”, Award \$24,862.
(Role : Co-PI; Dr. Fred Newton).

2007 - Honors Program Instructor, \$1500

2000-2003 KSU-PDS Partnership Project - participant representing Kinesiology Department, funded for 4 months Summer Salary.

2000- PEW Grant - Peer Mentoring Project, \$1500

University Teaching Experience

Instructor - Department of Kinesiology, Kansas State University (1998-present)

Developed or adapted and taught courses in Motor Control, Personality in Sport and Exercise, Psychology of Sport and Exercise Injury, Psychological Dynamics of Physical Activity, and Measurement and Research in Kinesiology. Co-instructor of Biobehavioral Basis of Physical Activity. Recently developed online version of Biobehavioral bases of Physical activity course in unison with another instructor. Teach for K-State First program. Developed and have offered a CAT Community course for the last 3 years. Instructed graduate seminar for new graduate students in Kinesiology department. TEVALS for instruction in courses consistently average 4.5 out of 5.0 scale.

Courses taught : Biobehavioral Bases of Exercise, Measurement and Research in Kinesiology, Psychological Dynamics of Physical Activity, Personality in Sport and Exercise, Psychology of Sport and Exercise Injury, Motor Control, Graduate Seminar, Pre-PT CAT Community.

Department of Education, Kansas State University

Taught EDCEP 835 Foundations of Academic Advising and have served as a reader for course.

Department, College, and University Services

Academic Affairs Committee. College of Human Ecology (2013).

K-State First CAT Community. Pre-Physical Therapy course. Developed and instruct for the K-State First program.

Professional Titles Group (2012). Development of a title structure for non-tenure track faculty.

Supervisor - Kinesiology Division of Continuing Education activity courses. Assist with curriculum standards and supervise Kinesiology courses offered through Division of Continuing Education

Faculty sponsor of Kinesiology Student Association

Curriculum Committee for Kinesiology. Assisted in course development, adoption, and scheduling. Responsible for editing Undergraduate Handbook and curriculum checklist for department.

Telefund Committee sponsor (1998-2012). Responsible for recruitment of students for Telefund fundraising, and supervision of callers.

Scholarship Committee. Assisted in reviewing scholarship applications and determining funding.

Editor - Kinesiology Alumni Newsletter (2005-2011). Developed content and directed publication of alumni newsletter sent to over 1200 alumni.

Supervisor - Lifetime Sport Classes (2007-present). Developed content and supervised 10 graduate students instructing over 300 undergraduate students in a variety of Lifetime Sport courses.

Diversity Task Force - College of Arts and Sciences (2007-present). Working with faculty in college to develop ways to increase diversity in college.

Development Committee for Graduate Degree in College Student Personnel with an emphasis on Intercollegiate Athletics (2005). Provided assistance and feedback for development of program.

Student Learning Outcomes Committee (2005 - present). Assisted in development of Student Learning Outcomes (SLO's) for department, and assisted in assessment of outcomes in several courses.

Open House Chair (2006-present). Supervised structure and recruitment for University Open House.

Diversity Banquet (2009). Coordinated 2009 Diversity banquet for College of Arts and Sciences.

University Library Committee (2009-2011). Providing faculty input to library staff.

K-CAT Connections Course - Pre-Physical Therapy (2010). Developed connections course connecting Biology 198 and Kinesiology 220 to enhance student retention.