

CANCER SURVIVORS NEEDED FOR RESEARCH STUDY

If you are 18 years or older and are a survivor of cancer, you may be eligible to participate in a research study designed to create and provide physical activity intervention in nature and resources for rural cancer survivors.

Are you eligible?

- ✓ 18 years or older
- ✓ Live in the Manhattan, KS area
- ✓ Willing & able to engage in light to moderate physical activity
- ✓ At least **6 months post-treatment** or in remission
- ✓ Own a **smartphone**



Participant Benefits

- **Free Fitbit** to track activity (yours to keep!)
- **12-week guided exercise program** (2x per week) with an ACSM Cancer Exercise Specialist
- Learn how to stay active outdoors & support cancer survivorship research

Scan for More Information and How to Sign Up



KANSAS STATE
UNIVERSITY
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Interested? contact:
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