

CAROL A. JOHNSTON, PH.D.

Kansas State University | Applied Human Sciences
806.239.7043 | cajohnston@k-state.edu

PROFESSIONAL EXPERIENCE

August 2023 - present	Assistant Professor Kansas State University <i>Applied Human Development</i>
August 2019 - 2023	Assistant Professor East Carolina University <i>Human Development and Family Sciences</i>
August 2019 - 2023	Quantitative Methodologist East Carolina University <i>College of Health and Human Performance</i>
August 2017 - August 2019	Postdoctoral Research Fellow <i>Interdisciplinary Collaborative on Development in Context</i> NSF Grant University of Texas at Austin <i>Population Research Center</i> PI's: Robert Crosnoe and Elizabeth T. Gershoff
June 2015 - June 2016	Doctoral Intern in Research, Innovation, and Product Design Center for Creative Leadership , Greensboro, NC
August 2011 - May 2017	Instructor and Research Assistant University of North Carolina at Greensboro <i>HDFS</i>
October 2009 - July 2011	Data Analyst Jones, Ltd. , Denver, CO
October 2008 - December 2009	Social Media and Website Consultant South Plains Food Bank , Lubbock, TX
August 2005 - May 2009	Research and Graduate Assistant Texas Tech University <i>HDFS</i>
August 2003 - August 2005	Legislative Correspondent United States Congressional Office , Washington, DC

EDUCATION

- Ph.D. *Human Development and Family Studies*, 2017
University of North Carolina at Greensboro
Doctoral Minor: Educational Research Methods
Dissertation: Examining the Direct and Indirect Effects of Multiple Family Transitions
Doctoral Committee: Mark A. Fine (chair), Daniel Perlman, Danielle Crosby, John Willse
- M.S. *Human Development and Family Studies*, 2009
Texas Tech University
Thesis: Examining the Impact of Social Networks and Religiosity on Adolescents' Academic Aspirations and Voluntary Community Service
- B.S. *Restaurant, Hotel, and Institutional Management*, 2003
Texas Tech University

RESEARCH INTERESTS

development in context, intergenerational family processes, family structure, life course, longitudinal methods

Analytic software: Stata, MPlus, Qualtrics, R/RStudio, HLM

REFEREED PUBLICATIONS: PUBLISHED/IN PRESS

*denotes graduate student +denotes equal contribution by authors

- Muldrow, A. F., Farr, D., & **Johnston, C.A.** (2025). Understanding gendered connections: Investigating the relationship between body dissatisfaction, weight status, and healthy eating intentions in a sample of first-year college students. *Journal of American College Health*, 1-9. PMID: 40768756 DOI: 10.1080/07448481.2025.2537090 (advanced online publication)
Metrics: 1-year IF: 1.5, 5-year IF: 2.4, Acceptance Rate: 29%
- Cless, J., & **Johnston, C. A.** Nelson-Goff, B., *Edwards, O. (2025). Childhood adversity, stress management, and reactions to sensitive content: A Latent Profile Analysis of undergraduates. *College Teaching*, 1-12. <https://doi.org/10.1080/87567555.2025.2516519>
- Das, B., Jensen, J., & **Johnston, C. A.** (2025). Examining Health and Social Support Among University Housekeepers: A Mixed-Methods Exploratory Study. *Health Promotion and Practice. Advance online publication*. <https://doi.org/10.15248399241309906>
Metrics: 1-year IF: 1.6, 5-year IF: 1.7, Acceptance Rate: 41%
- Baugh, E., Bergeson, C., **Johnston, C. A.**, & *Pearce, C. (2024). Lessons learned during the pandemic: Parental coping and the positive effects of COVID-19. *Family Relations*, 73, 2891-2909. <https://doi.org/10.1111/fare.13074>
Metrics: 1-year IF: 2.2, 5-year IF: 2.6, Acceptance Rate: 38%
- *+ Miller, A. & +**Johnston, C. A.**, (2024). Family structure and material hardship: Child and adolescent pathways to health and well-being. *Infant and Child Development*, 33, 2510. <https://doi.org/10.1002/icd.2510>
Metrics: 1-year IF: 2.8, 5-year IF: XX, Acceptance Rate: 29%
- Hinds, J. T., *Zahra, A. G., Ruiz, R. A., **Johnston, C. A.**, Sewell, K. B., & Lee, J. G. L. (2024). A scoping review of trends in the size of LGBT tobacco use disparities, 1996-2020, USA and Canada. *LGBT Health*, 12, 237-238. <https://doi.org/10.1089/lgbt.2023.0309>
Metrics: 1-year IF: 3.9
- Baugh, E, **Johnston, C. A.**, Bergeson, C., Tyndall, L., Nolan, M., & Ballard, S. M. (accepted). Parental stress and family functioning in the age of the COVID-19. *Groves Monograph 2021*
- Loyd, D., Nelson, R., Allsop, J., **Johnston, C. A.**. (2024). Making the grade with Recreational Therapy accreditation: Comparing the NCTRC Pass Rates of CAAHEP/CARTE accredited programs to national averages. *SCHOLE: A Journal of Leisure Studies and Recreation Education*, 39, 94-107. <https://doi.org/10.1080/1937156X.2024.2309392>
Metrics: 1-year IF: 1.0, 5-year IF: XX, Acceptance Rate: 25%
- Crosnoe, R., **Johnston, C. A.**, Gershoff, L., & Cavanagh, S. (2023). Family formation history and the psychological wellbeing of women from diverse racial/ethnic groups. *Journal of Health and Social Behavior*, 64, 261-279.
Metrics: 1-year IF: 6.3, 5-year IF: 7.2

Lanier, K., Wisseman, B. L., Strom, **C. J.**, **Johnston, C. A.**, Isler, C., DeVente, J., Newton, E., Pawlak, R., Allman-Tucker, A., McDonald, S. M., & May, L. (2023). Self-reported intake and RBC circulating EPA and DHA concentrations. *Nutrients*, 15, 1753.
Metrics: 1-year IF: 4.8, 5-year IF: 5.8, Acceptance Rate: 44%

Sousan, S., Wu, Q., Park, Y. M., Fresquez, S., Batts, N., Berrges, N., **Johnston, C. A.**, Tunnell, H., Pender, J., Soule, E. (2023). Laboratory Determination of Gravimetric Correction Factors for Real-time Area Measurements of Electronic Cigarette Aerosols: Part Two. *Aerosol Science and Technology*, 8, 810-825. <https://doi.org/10.1080/02786826.2023.2193234>
Metrics: 1-year IF: 2.8, 5-year IF: 3.4, Acceptance Rate: 44%

Egan, K. L., **Johnston, C. A.**, Jackson, J. T., Foster, S. E., & Lee, J. G. L. (2022). Implementation of medicine disposal programs at pharmacies in North Carolina: A longitudinal study, 2016 to 2021. *Journal of American Pharmacists Association*, 62, 1329-1337.
Metrics: 1-year IF: 2.5, 5-year IF: 2.3, Acceptance Rate: na%

Guangzhou, C., Janke, M. C., Liechty, T., Wong, J. D., West, S. T., Son, J. S., Juris, J., & **Johnston, C. A.** (2022). Sport participation for adults aged 50+ years: A socioecological analysis. *International Journal of Aging and Human Development*, 0. doi:10.1177/00914150221143958
Metrics: 1-year IF: 1.2, 5-year IF: 2.0, Acceptance Rate: 17%

Murphy, S. E., **Johnston, C. A.**, Strom, C., Isler, C., Haven, K., Newton, E., McDonald, S., & May, L.E. (2022). Influence of exercise on maternal blood pressure adaptation throughout pregnancy. *American Journal of Obstetrics and Gynecology Global Reports*, 29. doi: 10.1016/j.xagr.2021.100023. PMID: 36274965; PMCID: PMC9563355.
Metrics: 1-year IF: 8.7, 5-year IF: 2.0, Acceptance Rate: 17%

May, E., *Davis, B. N., **Johnston, C. A.**, Sarno, L. A., Steed, R. D., Strickland, D., McDonald, S. M., Newton, E. R., Isler, C., Yeo, S. & Kuehn, D. (2022). Influence of light intensity exercise during pregnancy on fetal echocardiographic measures. *Journal of Clinical Cardiology and Cardiovascular Interventions*, 5, 1-11. DOI: <https://doi.org/10.31579/2641-0419/237>
Metrics: 1-year IF: 3.9, 5-year IF: na, Acceptance Rate: 10%

Crosnoe, R., **Johnston, C. A.**, & Cavanagh, S. (2021). Maternal education and early childhood education across affluent English-speaking countries. *International Journal of Behavioral Development*, 43, 226-237. doi:10.1177/0165025421995915.
Metrics: 1-year IF: 2.4, 5-year IF: 3.3, Acceptance Rate: 18%

Raper, M. J., McDonald, S., **Johnston, C. A.**, Isler, C., Newton, E., Keuhn, D., Collier, D., Muldrow, A., Broskey, N.T., & May, L.E (2021). The Influence of Exercise During Pregnancy on Racial/Ethnic Health Disparities and Birth Outcomes. *BMC Pregnancy and Childbirth*, 21, 258-267. doi:10.1186/s12884-021-03717-5.
Metrics: 1-year IF: 2.8, 5-year IF: 3.4, Acceptance Rate: na

Johnston, C. A., Cavanagh, S., & Crosnoe, R. (2020). Family structure histories from childhood through adolescence and cohabitation among diverse young adult women and men. *Developmental Psychology*, 56 165-179. doi:10.1037/dev0000842.
Metrics: 1-year IF: 3.1, 5-year IF: 5.0, Acceptance Rate: 33%

Johnston, C. A., Crosnoe, R., Mernitz, S. E., & Pollitt, A. M. (2020). A comparison of methods for studying the developmental significance of family structure histories over the early life course. *Journal of Marriage and Family*, 82, 1110-1123. doi.org/10.1111/jomf.12639.
Metrics: 1-year IF: 3.9, 5-year IF: 5.2, Acceptance Rate: 17%

De Luca, S., Yan, Y., & **Johnston, C. A.** (2020). "Can we talk?": A longitudinal analysis of Latino and non-Hispanic parent-child connectedness and adolescent ideation. *Children's and Youth Services Review*, 10, 104775. doi: 10.1016/j.childyouth.2020.104775.
Metrics: 1-year IF: 2.4, 5-year IF: 3.0, Acceptance Rate: na

Fine, M. A., & **Johnston, C. A.** (2020). Divorce, marriage, and remarriage. In A. James (Ed.), *Black Families: A Systems Approach* (pp). San Diego, CA: Cognella Academic Press.

Fletcher, A. C., & **Johnston, C. A.** (2016). Parenting behaviors and child externalizing: A short-term investigation of directionality. *Journal of Child and Family Studies*, 25, 3150-3159. doi:10.1007/s10826-016-0467-9.
Metrics: 1-year IF: 1.6, 5-year IF: 2.4, Acceptance Rate: na

Buehler, C., Fletcher, A. C., **Johnston, C. A.**, & Weymouth, B. B. (2015). Perceptions of school experiences during the transition to middle school. *School Community Journal*, 25, 55-83.

Johnston, C. A., & Fletcher, A. C. (2014). Maternal friendship facilitation strategies across middle childhood: Moderating effects of ethnicity and gender. *Journal of Social and Personal Relationships*, 32, 946-966. doi:10.1177/0265407514554518
Metrics: 1-year IF: 2.3, 5-year IF: 2.6, Acceptance Rate: na

MANUSCRIPTS: UNDER REVIEW

*denotes graduate or undergraduate student +denotes equal contribution by authors

Johnston, C. A., & Fine, M. A. (revise and resubmit). Multiple family transitions and children's externalizing and internalizing behaviors. *Family Transitions*

Cless, J., & **Johnston, C. A.** Nelson-Goff, B., *Edwards, O. (revise and resubmit). Childhood adversity, stress management, and reactions to sensitive content: A Latent Profile Analysis of undergraduates. *Journal of American College Health*

*Staten, S., **Johnston, C. A.,** Ferarro, A., & Wiles, B., (revise and resubmit). State of Families Brief Report: (Kansas 2025). *Marriage and Family Review*.

Baugh, E., **Johnston, C. A.,** Ballard, S., Lookabaugh, S., Mallete, J., & Harcourt-Medina, K. T. (revise and resubmit). THINK-VALUE-COMMUNICATE-LEAD (TVCL) to assess knowledge and skill acquisition in family and community services (FCS) students. *Marriage and Family Review*.

Ross, J. J., & **Johnston, C. A.** (under review). Attachment, Emotion Regulation, and Mental Health among African-American Emerging Adults. *Journal of Social and Personal Relationships*

MANUSCRIPTS: IN PREPARATION

Crosnoe, R., **Johnston, C. A.,** & Stritzel, H. (in preparation). A research note on historical trends in the link between single parent family structures and early adolescent substance use.

Johnston, C. A., Weiser, D., Cless, J., Weaver, S., & Nelson-Goff, B. (in preparation). Behind closed doors: Changes in relationship satisfaction and infidelity experiences. *Family Relations*

Johnston, C. A., Brown, D., & Warner, S. (in preparation). The role of connectedness in family instability and resilience. *Journal of Adolescence*

Muhammad, A., Blanchflower, T., **Johnston, C. A.,** & Chen, R. (in preparation). Maslow's theory of human motivation: Understanding post-secondary students' professional clothing insecurity. *Clothing and Textiles Research Journal*

Johnston, C. A., & Gershoff, E. T. (in preparation). Ecological context across childhood and early adolescence and risk taking behaviors.

Johnston, C. A., Crosnoe, R., & Gershoff, E. T. (in preparation). Mothers' partnerships, men in the household, and use of corporal punishment.

Gedaly, L., & **Johnston, C. A.** (in preparation). Predictors of Father-Child Relationship Quality: Father Engagement, Maternal Cumulative Partnerships, and Father Support of Mothers at Birth.

FUNDED GRANTS AND OTHER FUNDED ACTIVITIES

- 2025-2026 Principal Investigator. Co-Principal Investigator: Amber Vennum
Mary L. Vanier Professorship Research Support
Internal Support for: Family Structure Histories, Child Health, and Endogeneity in Cross-National Contexts (NIH R03); The Impact of Early Developmental Contexts on Later Relationship Patterns (NIH R03). Total costs: \$8,194.73
- 2024-2025 Principal Investigator. *Big XII Mentorship Fellowship*. University of Texas at Austin; Deb Umberson, Robert Crosnoe, Elizabeth Gershoff. Total Cost: \$2,500
- Fall 2023 *Visiting Scholar*. Invited by: Texas Tech Sexism Cinema Board (Michael Borshuk, Don Lavigne, Christy Rogers, Elizabeth Sharp, Jessica Smith, Dana Weiser, Allison Whitney).
- 2023-2025 Co-Investigator. Principal Investigator: Kathleen Egan. *Assessing Implementation of Pharmacy-Based Medication Disposal Programs: National Estimates, Neighborhood Inequities, and Determinants of Implementation*. Small Research Grant (R03). National Institute of Drug Abuse, National Institutes of Health (5R03DA055783-02). Total costs: \$151,000.
- 2022-2023 Co-Investigator. Principal Investigator: Tamra Church. *Understanding Health Care Worker Stress and Promoting Resiliency During COVID-19*. 2021 Pilot Grant awarded by the College of Health and Human Performance at East Carolina University. Total cost: \$4,833.
- 2020-2021 Co-Investigator. Principal Investigator: Eboni Baugh. *ENGAGE-REVIEW-EDUCATE: Stand with OED - Pledge to Act Against Racism and Injustice*. Total cost: \$2,000.
- 2019-2020 Principal Investigator. *Competitive Start-Up Fund Grant*. Division of Research Economic Development and Engagement, East Carolina University. Total cost: \$84,280.

GRANTS CURRENTLY UNDER REVIEW

- Summer 2025 Principal Investigator. *Family Structure Histories, Child Health, and Endogeneity in Cross-National Contexts*. Small Research Grant Award (R03). National Institute on Child Health and Human Development, National Institutes of Health. Total Cost: \$167,500.
- Spring 2025 Co-Investigator. Principal Investigator: Deonna Farr. *Applying an Equity-focused Exploration Process and Implementation Sustainment Framework to Racial Inequities in the Diagnostic Resolution of Abnormal Mammography Results*. NIH Research Enhancement Award (R15). National Cancer Institute, National Institutes of Health. Total cost: \$452,804.
- Spring 2025 Co-Investigator. Principal Investigator: Denver Brown. *A Whole-Day Approach to Understanding Physical Activity, Sedentary Behavior, and Sleep in Adolescent Hypertension Risk*. NIH Exploratory/Developmental Research Award (R21). National Heart, Lung, and Blood Institute, National Institutes of Health. Total cost: \$242,420

GRANTS NOT FUNDED

- Summer 2024 Co-Principal Investigator. Co-Principal Investigator: Bronwyn Fees. *Kansas Early Childhood Workforce Data and Research Capacity Project (KECW-DRC)*. Administration for Children and Families. Total cost: \$129,497.
- Fall 2023 Co-Investigator. Principal Investigator: Deonna Farr. *Applying an Equity-focused Exploration Process and Implementation Sustainment Framework to Racial Inequities in the Diagnostic Resolution of Abnormal Mammography Results*. NIH Research Enhancement Award (R15). National Cancer Institute, National Institutes of Health. Total cost: \$452,804. **Impact Factor: 39**
- Fall 2022 Co-Investigator. Principal Investigator: Stephanie Richards. *Socioeconomic impacts of La Crosse encephalitis in western North Carolina*. NIH Research Enhancement Award (R15). National Institute of Allergy and Infectious Diseases, National Institutes of Health. Total cost: \$458,170. **Impact Factor: 28**
- Fall 2022 Co-Investigator. Principal Investigator: Deonna Farr. *Applying an Equity-focused Exploration Process and Implementation Sustainment Framework to Racial Inequities in the Diagnostic Resolution of Abnormal Mammography Results*. NIH Research Enhancement Award (R15). National Cancer Institute, National Institutes of Health. Total cost: \$452,804. **Impact Factor: 33**
- Fall 2022 Co-Investigator. Principal Investigator: Kathleen Egan & Eric Soule. *Examination of CBD and Delta-8 Products: Reasons for Use, Reported Positive and Negative Effects, and Chemical Compounds Present in Products*. Research Project Grant (R01). National Institute on Drug Abuse, National Institutes of Health. Total cost: \$2,331,360.
- Summer 2022 Principal Investigator. *Family Structure Histories, Child Health, and Endogeneity in Cross-National Contexts*. Small Research Grant Award (R03). National Institute on Child Health and Human Development, National Institutes of Health. Total Cost: \$167,500. **Impact Score: 39; Percentile: 24**
- Summer 2022 Co-Investigator. Principal Investigator: Heather Panczykowski. *Taking the Reins: A Study Exploring the Effects of a Self-Care Group Using Equines on Parents of Children with Disabilities*. Applied Research Grant. Human Animal Bond Research Institute. Total cost: \$87,570.
- Summer 2022 Co-Investigator. Principal Investigator: Stacy Warner. *Game Changers: Building Community via Inclusive Sport*. Sub-Award Virginia Commonwealth University, U.S. Department of State. Total cost: \$140,806.

Spring 2022	Co-Investigator. Principal Investigator: Linda May. <i>Early Detection of Cardiometabolic Disease and Inflammation during Pregnancy</i> . American Heart Association. Total cost; \$200,000
Spring 2022	Principal Investigator. <i>CPR-C: Children, Parents, and Relationships during COVID-19</i> . Small Research Grant, JM Lewis Foundation. Total cost: \$50,000.
Fall 2021	Co-Investigator. Principal Investigator: Kathleen Egan. <i>Assessing Implementation of Pharmacy-Based Medication Disposal Programs: National Estimates, Neighborhood Inequities, and Determinants of Implementation</i> . Small Research Grant (R03). National Institute of Drug Abuse, National Institutes of Health. Total costs: \$151,000. Impact Factor: 38; Percentile: 24
Fall 2021	Co-Investigator. Principal Investigator: Mark Reardon. <i>IES Pandemic Recovery in SPED</i> . Institute for Education Sciences, Department of Education. Total cost: \$452,894.
Spring 2021	Co-Investigator. Principal Investigator: Deonna Farr. <i>Applying an Equity-focused Exploration Process and Implementation Sustainment Framework to Racial Inequities in the Diagnostic Resolution of Abnormal Mammography Results</i> . NIH Research Enhancement Award (R15). National Cancer Institute, National Institutes of Health. Total cost: \$452,804.
Fall 2020	Co-Investigator. Principal Investigator: Melissa Cox. <i>Mixed Methods Study of Risk Factors for High-Intensity Drinking at On-Premise Drinking Establishments</i> . NIH Exploratory/Developmental Research Award (R21). National Institute for Drug Abuse, National Institutes of Health. Total cost: \$426,544.
Fall 2020	Co-Investigator. Principal Investigator: Linda May. <i>Understanding Maternal and Placental Mechanisms of Preterm Birth and Preeclampsia for Early Detection</i> . Research Grant, Burroughs Wellcome Fund. Total cost: \$500,000.
Summer 2020	Co-Investigator. Principal Investigator: Linda May. <i>Eliminating Racial Disparities in Poor Pregnancy and Child Outcomes in Black Women and Children</i> . Research Grant, Johnson & Johnson Innovation Labs. Total cost: \$200,000.
Spring 2020	Co-Investigator. Principal Investigator: Stacy Warner. <i>Game Changers: Building Community via Inclusive Sport</i> . Bureau of Educational and Cultural Affairs, U.S. Department of State. Total cost: \$500,786.

RESEARCH PRESENTATIONS

*denotes graduate student +denotes equal contribution by authors

Johnston, C. A., Hardman, A. M., *Russell, W., & Weaver, S. (2025, November). *From Ecological Disruption to Adaptation: A Longitudinal Study of Family Resilience During COVID-19*. [Paper presentation]. National Council on Family Relations, Baltimore, MD

*Torres, S., **Johnston, C. A.**, Lookabaugh, S., & *Atene, S. (2025, November). *Women just want to have fun: A privilege, a struggle, or a right?* [Poster presentation]. National Council on Family Relations, Baltimore, MD

Ross, J. J. & **Johnston, C. A.** (2025, November). *Race-Related Stress, Discrimination, and Bias: Impacts on Relationships, Identity, and Well-Being*. [Poster presentation]. National Council on Family Relations, Baltimore, MD

Cless, J., **Johnston, C. A.**, *Edwards, O., Nelson-Goff, B. (2025, November). *Childhood Adversity, Stress Management, and Reactions to Sensitive Content: A Latent Profile Analysis of Undergraduates*. [Poster presentation]. National Council on Family Relations, Baltimore, MD

- Johnston, C. A., & Ross, J. J.** (2025, July). *Attachment, emotional regulation, and mental health among African American emerging adults*. [Conference presentation]. International Association of Relationship Research, London, EN
- Johnston, C. A., Hardman, A. M., & Weaver, S.** (2025, July). *His and her pandemic: COVID-19's differential impact on relationship satisfaction and role overload*. [Conference presentation]. International Association of Relationship Research, London, EN
- ***Johnson, C., Rehfeld, D., & Johnston, C. A.** (2025, April). *How do families talk about COVID-19?* [Poster presentation]. Research, Scholarly, and Creative Activities and Design (RSCAD) Forum. Kansas State University
- ***Garcia, D., Johnston, C. A., & Hardman, A. M.** (2025, April). *Extracurricular Activity Participation in Youth Mental Health*. [Poster presentation]. Undergraduate Research, Scholarly, and Creative Activities, and Design (RSCAD) Forum. Kansas State University.
- ***Woods, P., Ferarro, A. J., Anders, K. M., *O'Toole, G. A., & Johnston, C. A.** (2024, April). *What does it mean to be a partner? Identifying role expectations for partner status*. [Poster presentation]. Research, Scholarly, and Creative Activities, and Design (RSCAD) Forum. Kansas State University
Won Top Undergraduate Presentation
- ***Hice, H, *Saufley, A., *Pearce, C., Johnston, C. A., & Weaver, S.** (2023, November). *The impact of COVID-19 on parents' division of household and childcare labor and appreciation: Exploring gendered inequities and role overload*. [Poster presentation]. National Council on Family Relations, Orlando, FL
- ***Saufley, A., & Johnston, C. A.** (2023, November). *Revitalizing campus student affiliates in the aftermath of campus lockdowns: Challenges to and innovative strategies for engaging members*. [Poster presentation]. National Council on Family Relations, Orlando, FL
- Johnston, C. A. & Weaver, S.** (2023, November). *The impact of role overload on sleep quality and quantity among parents during the COVID-19 pandemic: A gendered perspective*. [Poster presentation]. National Council on Family Relations, Orlando, FL
- Johnston, C. A., & Warner, S. M.** (2023, April). *Family structure instability and the role of connectedness via sport for youth*. [Poster presented]. Society for Research on Adolescence, San Diego, CA
- Johnston, C. A., Weiser, D. & Weaver, S.** (2022, August). *Changes in satisfaction and sexual infidelity: The pandemic effect*. [Paper presentation]. International Association for Relationship Research, virtual conference.
- Johnston, C. A., Lookabaugh, S. & Weaver, S.** (2022, May). *Just a good night's sleep: The impact of the COVID-19 pandemic on parent and child sleep quality. Routines during Covid-19*. [Poster presentation]. Groves Conference on Marriage and Family, Nassau, Bahamas
- Johnston, C. A., & Weaver, S.** (2022, March). *The Interplay of Parental Overload, Support, and Children's Routines during Covid-19*. [Conference presentation]. Society for Research on Adolescence, New Orleans, LA

- Johnston, C. A.,** Weaver, S., Zvonkovic, A. M. & Harcourt-Medina, K. T. (2021, November). *"It's Been a Rough Year:" Can Emotion Regulatory Cognitive and Behavioral Strategies Moderate the Impact of Chronic and Increasing Overload on Parents' Mental Health?* [Poster presentation]. National Council on Family Relations, virtual conference.
- Baugh, E., **Johnston, C. A.,** *Bergeson, C. (2021, November). *The Role of Social Support for Parents and Families During the COVID-19 Pandemic.* [Poster presentation]. National Council on Family Relations, virtual conference.
- Egan K. L., **Johnston C. A.,** Foster S. E., & Lee J. G. L. (2021, October). *Implementation of medication disposal programs at retail pharmacies in North Carolina: A longitudinal study, 2016 to 2021.* [Conference presentation]. American Public Health Association, Denver, CO
- Weaver, S., **Johnston, C. A.,** Perry, N., Zvonkovic, A. M. & VanSchagen, A. (2021, April). *Children's Behavioral Patterns During Covid-19: Relation to Parental Overload, Emotional Regulation, and Emotion Work.* [Poster presentation]. Society for Research on Child Development, virtual conference
- Johnston, C. A.,** & Fine, M. A., (2020, July). *The long reach of family instability: How changing maternal relationships in early childhood directly and indirectly impacts adolescents behavior.* [Conference presentation]. International Association for Relationship Research, virtual conference.
- Johnston, C. A.,** Harcourt-Medina, K. T., & Mallette, J. (2020, November). *Predictors of Substance Use: Family Structure Changes, Father Engagement, and Mother-Father Relationship Quality.* [Conference symposium]. National Council on Family Relations, virtual conference.
- Johnston, C. A.,** & Crosnoe, R., (2020, June). *Family formation history and the wellbeing of women from diverse racial/ethnic groups.* [Poster presentation]. International Society for the Study for the Study of Behavioural Development, Rhodes, Greece, canceled due to coronavirus pandemic.
- Johnston, C. A.,** & Mernitz, S.E., (2020, April). *A Tale of Two Sequences: Family Formation Sequences for Two Adult Cohorts.* [Poster presentation]. Population Association of America meeting, virtual.
- Murphy, S., Isler, C., Haven, K., Newton, E., **Johnston, C. A.,** & May, L. E., (2020, April). *The influence of maternal exercise types on resting blood pressure during pregnancy.* [Conference presentation]. NC OB/GYN Society, Kiawah, N.C.
- Johnston, C. A.,** *Edgington, C., & Ela, E. (2020, March). *Childhood ecological context and adolescent sexual behavior.* [Poster presentation]. Society for Research on Adolescence, San Diego, C.A., canceled due to the coronavirus pandemic.
- Gedaly, L. R., **Johnston, C. A.,** & *Sommers, S. (2019, November). *Predictors of father-child relationship quality: Father engagement, family structure changes, and father support of mothers at birth.* [Conference symposium]. National Council on Family Relations, Fort Worth, TX
- Cavanagh, S., *Kudym, M., **Johnston, C. A.,** & Cha, H. (2019, April). *Maternal characteristics and child health: A cross-national comparison.* [Poster presentation]. Population Association of America, Austin, TX

Johnston, C. A., Mernitz, S. E, & Pollitt, A. M. (2018, November). Family instability and non-parental care predict early onset alcohol and marijuana use. In B. B. Weymouth & **C. A. Johnston** (Co-chairs), *Innovative Approaches to Understanding Risk within Family Contexts*. [Conference symposium]. National Council on Family Relations, San Diego, CA

Weaver, S. & **Johnston, C. A.** (2018, August). *"But I'm Your Instructor": Sexual harassment of TA's, Instructors, and Faculty by Students*. [Conference presentation]. Ending Sexual Harassment in the Academy Summit, Lubbock, TX

Johnston, C. A., Fine, M. A., Crosby, D., Willse, J., & Perlman, D. (2018, July). *Family instability and children's externalizing and internalizing behavior*. [Paper presentation]. International Association of Relationship Research, Fort Collins, CO

Wood, C. A., **Johnston, C. A.,** & Perlman, D., (2017, November). *Examining the direct and indirect links between loneliness, social withdrawal, and clinical symptoms of alcohol and marijuana abuse*. [Poster presentation]. National Council on Family Relations, Orlando, FL

Wood, C.A., **Johnston, C.A.,** & Perlman, D., (2017, March). *Social isolation and loneliness predicting the trajectory of drug abuse from emerging adulthood into adulthood*. [Poster presentation]. Society for Research in Child Development, Austin, TX.

Perlman, D. & **Johnston, C.A.** (2014, November). Discussant for Paper Session: Dyadic Data Analysis (Erin Kramer Holmes, Presider) discussant at the NCFR Theory Construction and Research Methodology Workshops, Baltimore, MD.

Bentley, G., Jackson, S. C., & **Johnston, C. A.** (2014, November). *Interdisciplinary: More than just a buzzword*. [Poster presentation]. National Council on Family Relations, Baltimore, MD.

Fletcher, A. C. & **Johnston, C. A.,** Wang, D. (2014, March). *Parenting stress and social support as contextual influences on the expression of parenting styles and practices*. [Poster presentation]. Society for Research on Adolescents, Austin, TX.

Johnston, C. A. & Fletcher, A. C. (2014, March). *Transactional relations between parental acceptance and youth social competence*. Poster presentation Society for Research on Adolescents, Austin, TX.

Buehler, C., Fletcher, A. C., **Johnston, C. A.** & Weymouth, B. (2013, November). *Perceptions of school experiences during the transition into middle school*. [Poster presentation]. National Council on Family Relations, San Antonio, TX.

Su, J., & **Johnston, C. A.** (2012, November). *Pretend play in natural settings and children's subsequent social competence: Data from the United States and Finland*. [Poster presentation]. National Council on Family Relations, San Antonio, TX.

Fletcher, A. C. & **Johnston, C. A.** (2012, November). *Maternal characteristics as predictors of friendship facilitation in middle childhood*. [Poster presentation]. National Council on Family Relations, Phoenix, AZ.

Hart, S. L., Behrens, K. Y., **Johnston, C. A.,** & Ross, J. J. (2007, November). *Jealousy's presentation at 9-months predicts attachment status at 12-months*. [Paper presentation]. Society for Research in Child Development, Boston, MA.

INVITED PRESENTATIONS AND WORKSHOPS

Spring 2025	ASCEND Workshop on Mentoring, postdoctoral fellows across the United States
Fall 2024	AHS Lunch Presentations, co-presenter with Dr. Hardman on Packback in the Classroom
Summer 2024	TVEM Workshop, Center for Population Research, University of Texas at Austin
Spring 2024	Plenary Speaker, Texas Council on Family Relations
Fall 2022	Modern Techniques for Mediation, College of Health and Human Performance, ECU
Spring 2022	HDFS Colloquium Speaker, Texas Tech University
Spring 2021	Missing Data Techniques, College of Health and Human Performance, ECU
Summer 2020	Statistical Comparisons of Groups of Data, Office of Faculty Excellence, ECU
Spring 2019	The Use of Sequence Analysis II, Presenter In <i>Methods Data Blitz</i> , Population Research Center, University of Texas at Austin.
Spring 2018	The Use of Sequence Analysis I, Presenter In <i>Methods Data Blitz</i> , Population Research Center, University of Texas at Austin.
Summer 2021	Introduction to R, Office of Faculty Excellence Data Series, ECU
Summer 2020	Introduction to MPlus, College of Health and Human Performance, ECU
Fall 2019	Introduction to R, College of Health and Human Performance, ECU

METHODOLOGICAL TRAINING

Advanced Statistical Training

Summer 2022	Multilevel Structural Equation Modeling: Kristopher Preacher
Summer 2020	Missing Data: Paul Allison
Summer 2020	Multilevel Modeling: Dan Bauer and Patrick Curran
Summer 2020	Longitudinal Structural Equation Modeling: Dan Bauer and Patrick Curran
Summer 2012	Hierarchical Linear Models Workshop: Aline Sayer

Statistical Software Training

Summer 2016	Duke Summer Institute for Professional Studies: Angel Harris
Summer 2016	Mplus Workshop: Andrew Supple
Fall 2016	NCFR Analyzing Data using Stata: Alan Aycock
Summer 2014	Mplus Latent Class Analysis: Andrew Supple
Summer 2013	Structural Equation Modeling using Mplus and AMOS: UNCG

Software Expertise:

Mplus, Stata, HLM, Qualtrics

Software Proficient:

R/RStudio, CardioBatch, CardioEdit, MatLab

GRADUATE STUDENTS AND MENTEES

current	Carah Porter KINE Ph.D. candidate Serving as a mentor/consultant on NIH F31
2021	Emily Perry Masters in Human Development and Family Science Concentration: Child Life Specialist
2020	Aubrie Shanahan Masters in Human Development and Family Science Concentration: Child Life Specialist <i>Graduated 2022</i>
2019	Elisa Staniec Masters in Human Development and Family Science Concentration: Child Life Specialist <i>Thesis: Childhood Chronic Illness: How does it affect the future career goals of the individual?</i> <i>Graduated 2021</i> Internship: Marshfield Children's Hospital, Madison, WI Current: WakeMed Child Life Specialist, Raleigh, NC
2019	Claire Edgington Masters in Marriage and Family Therapy <i>Thesis Equivalency: Childhood and Early Adolescent Ecological Context: Youth Sexual Behavior and Health Trajectories</i> <i>Graduated 2021</i> Current: Licensed Marriage and Family Therapist

Graduate Student Committees

*Outstanding Graduate Student

2025	Melanie Livengood	IDEA	committee member
2025	Eric Parks	Couple and Family Therapy dissertation	committee member
2025	Carah Porter	Kinesiology dissertation	committee member
2024	Susana Torres	HDFS thesis	temp committee chair
2024	Grace O'Toole	HDFS dissertation	committee member
2024	Sharaden Staten	HDFS thesis	committee member
2023	Madison Harmon	HDFS thesis	committee member
2022	Ayesha Moore	HDFS project	committee member
2021	Emily Perry	HDFS thesis	committee chair
2021	Aubrie Shanahan	HDFS thesis	committee chair
2021	Kirstin Franklin	HDFS thesis	committee member
2020	*Elisa Staneic	HDFS thesis	committee chair
2020	*Annelyse Iglesias	HDFS thesis	committee member
2020	Lauren Parks	Kinesiology thesis	committee member
2020	Brianna Anderson	Kinesiology thesis	committee member
2019	Claire Edgington	Marriage & Family Therapy thesis equivalency	committee chair
2019	Anna Morris	HDFS thesis	committee member

TEACHING EXPERIENCE

Spring 2025	Instructor , Department of Human Development and Family Sciences, KSU Social Justice in the Family
-------------	--

	Instructor , College of Health and Human Sciences, KSU Grant Writing and Management
Fall 2024	Instructor , Department of Applied Human Sciences, KSU Statistical Methods in HDFS, Regression
	Instructor , Department of Applied Human Sciences, KSU Family and Social Policy
Spring 2024	Instructor , Department of Human Development and Family Sciences, KSU Social Justice in the Family
Fall 2023	Instructor , Department of Applied Human Sciences, KSU Research Methods in Family Studies
Fall 2023	Graduate Instructor , Department of Applied Human Sciences, KSU Family Policy
Fall 2023	Instructor , Department of Applied Human Sciences, KSU Family and Social Policy
Spring 2023	Graduate Instructor , Department of Human Development and Family Sciences, ECU Statistics in Human Development and Family Sciences
Spring 2023	Instructor , Department of Human Development and Family Sciences, ECU Grant Writing, Fundraising, and Leadership Development
Fall 2022	Instructor , Department of Human Development and Family Sciences, ECU Individual, Family, and Romantic Relationships
Spring 2022	Graduate Instructor , Department of Human Development and Family Sciences, ECU Statistics in Human Development and Family Sciences
Fall 2021	Instructor , Department of Human Development and Family Sciences, ECU Marriage and Family Relations
Spring 2021	Graduate Instructor , Department of Human Development and Family Sciences, ECU Statistics in Human Development and Family Sciences
Fall 2020	Instructor , Department of Human Development and Family Sciences, ECU Grant Writing, Fundraising, and Leadership Development
Summer 2020	Instructor , Department of Human Development and Family Sciences, ECU Grant Writing, Fundraising, and Leadership Development
Spring 2020	Graduate Instructor , Department of Human Development and Family Sciences, ECU Statistics in Child and Family Studies
Spring 2017	Instructor , Department of Human Development and Family Studies, UNCG Senior Capstone: Professional Development in HDFS
Fall 2016	Instructor , Department of Human Development and Family Studies, UNCG Senior Capstone: Professional Development in HDFS
Spring 2016	Instructor , Department of Human Development and Family Studies, UNCG Senior Capstone: Professional Development in HDFS
Fall 2015	Instructor , Department of Human Development and Family Studies, UNCG Senior Capstone: Professional Development in HDFS
Spring 2015	Instructor , Department of Human Development and Family Studies, UNCG Development of School Aged Children Instructor , School of Health and Human Sciences, UNCG Academic and Personal Success II
Fall 2014	Instructor , School of Health and Human Sciences, UNCG Academic and Personal Success I

Summer 2014	Instructor , Human Development and Family Studies, UNCG Infant and Child Development
Summer 2013	Instructor , Human Development and Family Studies, UNCG Infant and Child Development
Summer 2012	Instructor , Human Development and Family Studies, UNCG Families and Children in the Global Perspective
Spring 2012	Co-Instructor , Human Development and Family Studies, UNCG Families and Close Relationships
Fall 2011	Co-Instructor , Human Development and Family Studies, UNCG Adolescent Development

AWARDS AND HONORS

2017	Outstanding Graduate Teaching Award , Recipient, School of Health and Human Services (University of North Carolina at Greensboro)
2014	Outstanding Graduate Teaching Award , Nominee, School of Health and Human Services (University of North Carolina at Greensboro)
2012	Family Research Methodological Studies Award , Center for Research on Families (University of Massachusetts, Amherst)
2007	Applied Issues in Relationship Research , Attendee, IARR New Scholars' Workshop (Boston College)

UNIVERSITY SERVICE

Kansas State University

Spring 2025	Social Impact Lab activity co-led with Dr. Hardman
Spring 2025	Co-mentor, Manhattan High College Research Course
Spring 2025	Task Force Co-Chair: Workload Policy, Annual Evaluation, Performance & Merit Raises
2024-2025	IDEA Scholarship Panel
2024-present	KSU HHS CCOP member
2023-present	KSU's S(he) Speaks Cinema Committee, KSU co-founder
2023-2024	Curriculum Efficiency Taskforce, member

East Carolina University

2022-2023	HDFS Personnel Committee, member
2022-2023	HDFS Search Committee, member
2021-2023	ECU Women's Faculty Writing Program, Co-director
2022-2023	ECU Living Learning Community inclusiveECU, Co-advisor
2021-2023	ECU HDFS Comprehensive Exam Review Committee, member
2020-2023	ECU HDFS Diversity & Inclusion Committee, member
2020-2023	ECU HDFS Revision of Yearly Assessment Committee, member
2020-2021	HHP Grant writing group, member and co-leader
2019-2023	ECU Council on Family Relations student affiliate, Co-faculty advisor
2019-2021	Data Science, Master of Science curriculum, member

UNC Greensboro

2015-2017	HDFS Diversity Committee (UNCG), member
2012-2013	Committee on Diversity and Inclusion (UNCG), student representative
2012-2014	HDFS Colloquium Committee (UNCG), Co-chair
2011-2012	Vice-Chair, HDFS Colloquium Committee (UNCG)

PROFESSIONAL SERVICE & ACTIVITIES

2025-2027	Chair-Elect, <i>NCFR Feminist and Family Science Section</i>
2024-present	Board Member, <i>Midwest Council on Family Relations</i>
2024-present	Treasurer, <i>Groves Conference on Marriage and Family</i>
2023-present	Secretary/Treasurer, <i>NCFR Feminist and Family Science Section</i>
2023-2024	Program Committee member, <i>Society for Research on Adolescence</i> , Chicago, IL
2023-2024	Co-Program Chair, <i>Groves Conference on Marriage and Family</i> , Harlem, New York
2023-present	Board Member, <i>Groves Conference on Marriage and Family</i>
2024-present	Co-Editor, Special Issue on Multiple Family Transitions, <i>Family Transitions</i>
2024-present	Co-Editor, Civil Rights and Intersecting Identities: Social Movements for Equality and Justice, <i>Groves Monograph</i>
2023-present	Editorial Review Board Member, <i>Family Transitions</i>
2023-present	Editorial Review Board Member, <i>Family Relations</i>
2023-present	Reviewer, <i>Journal of Divorce and Remarriage</i>
2022-present	Reviewer, <i>Social Science Research</i>
2020-present	Reviewer, <i>Family Relations</i>
2020-present	Reviewer, <i>Marriage and Family Review</i>
2019-present	Reviewer, <i>Demography</i>
2018-present	Reviewer, <i>Journal of Family Theory and Review</i>
2015-present	Reviewer, <i>Journal of Social and Personal Relationships</i>

PROFESSIONAL ORGANIZATIONS

National Council on Family Relations
Population Association of America
Groves Conference on Marriage and Family
Society for Research on Adolescence
Society for Research on Child Development
International Association for Relationship Research