

JARED R. ANDERSON, PhD
Curriculum Vita

Couple and Family Therapy
School of Human Sciences
Kansas State University
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Manhattan, KS 66506
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ACADEMIC POSITIONS

2020-present	Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
2013-2020	Associate Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
2007-2013	Assistant Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
2002-2007	Graduate Research Assistant, Department of Family Social Science & School of Nursing, University of Minnesota, Minneapolis/St. Paul, MN
1999-2001	Graduate Research/Teaching Assistant, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
1999	Instructor, Department of International Education, China Institute of Technology, Nangang, Taiwan

EDUCATION

2002-2007	PhD Family Social Science Specialization: Marriage & Family Therapy University of Minnesota, St. Paul, MN Dissertation: <i>Developmental Trajectories of Marital Happiness in Lower-Quality Marriages: Predictors & Outcomes</i> Advisor: William J. Doherty, PhD
1999-2001	MS Marriage and Family Therapy Kansas State University, Manhattan, KS Thesis: <i>The Transtheoretical Model of Change Applied to Couples Therapy</i> Advisor: Briana S. Nelson Goff, PhD
1994-1998	BA Psychology

Graceland College, Lamoni, IA
Senior Thesis: *The relationship of parenting style to college student
attributional style, educational outcome, and extracurricular involvement*
Advisor: Melanie Cary, PhD

SCHOLARLY PUBLICATIONS

Articles in Refereed Journals

*Denotes Student Collaborator

*Portillo, M. F., **Anderson, J. R.**, Hubbard, A. K., & Stanfield, M. H. (*under review*). Pathways from sexual dysfunction to sexual satisfaction: The role of sexual communication, relationship closeness, and differentiation.

*Portillo, M. F., **Anderson, J. R.**, & Eisert, B. C. (*under review*). Motivation and marginalization: Predictors of relationship quality in consensually non-monogamous relationships.

Eisert, B. C., **Anderson, J. R.**, *Portillo, M. F. (*revise & resubmit*). The HISD-SF: A short form of the Hurlbert Index of Sexual Desire.

*Vail, S., L., Sun, T., **Anderson, J. R.**, & Spencer, C. M. (2025). Self-regulatory profile scale: Development and initial psychometric validation using exploratory structural equation modeling (ESEM). *Journal of Marital and Family Therapy*, 51, e70059. <https://doi.org/10.1111/jmft.70059>

Anderson, J. R., *Eisert, B. C., *Kim, J. A., *Fereidouni, H., *Portillo, M. F., *Sivandian, M., & *Zehr, P. (2025). Forty years of couple therapy process research and we're still just getting started: A review of quantitative research. *Journal of Marital and Family Therapy*, 51, e70013. <https://doi.org/10.1111/jmft.70013>

*Astle, S., *Langin, K., **Anderson, J. R.** & Moors, A. (2024). Understanding relationship labels: A content analysis of consensual non-monogamous relationship agreements. *Sexuality & Culture*, 28, 710-732.

Hardy, N. R., Lefthand, M., Griffes, S., Brosi, M. W., & **Anderson, J. R.** (2022). Autonomy and dyadic coping: A self-determination approach to relationship quality. *Journal of Couple & Relationship Therapy*, 21, 305-323. <https://doi.org/10.1080/15332691.2021.2016525>

*Hubbard, A. K., & **Anderson, J. R.** (2022). Understanding barriers to couples therapy. *Journal of Marital and Family Therapy*, 48, 1147-1162. <https://doi.org/10.1111/jmft.12589>

Min, J., Johnson, M. D., **Anderson, J. R.**, & Yurkiw, J. (2022). Intergenerational support exchanges between adult children and their parents across life transitions. *Journal of Marriage and Family*, 84, 367-392. <https://doi.org/10.1111/jomf.12787>

*Recognized as a *Top Cited Article* in JMF (for articles published between 1/1/22 and 12/31/23)

Spencer, C., & **Anderson, J. R.** (2021). Online relationship education programs improve individual and relationship functioning: A meta-analytic review. *Journal of Marital and Family Therapy*, 47, 485-500.

*Recognized as a *Top Cited Article* in JMFT (for articles published between 1/1/21 and 12/15/22)

*Hubbard, A. K., & **Anderson, J. R.** (2021). The moderating effect of gender on expectations and threats related to relationship help-seeking. *Journal of Couple & Relationship Therapy*, 20, 76-98. doi: 10.1080/15332691.2020.1757546

*Nikparvar, F., Stith, S. M., & **Anderson, J. R.**, Panaghi, L. (2021). Intimate partner violence in Iran: Factors associated with physical aggression victimization and perpetration. *Journal of Interpersonal Violence*, 36, 2772-2790. doi.org/10.1177/0886260518759060

*Conner, S. R., & **Anderson, J. R.** (2020). Are we acute-care or recovery-oriented? Exploring ideals and practices expressed within the substance use treatment and correctional systems. *Substance Use & Misuse*, 55, 2278-2290. doi: 10.1080/10826084.2020.1801742

Anderson, J. R. (2020). Inviting autonomy back to the table: The importance of autonomy for healthy relationship functioning. *Journal of Marital and Family Therapy*, 46, 3-14. doi: 10.1111/jmft.12413

Johnson, M. D., Neyer, F. J., & **Anderson, J. R.** (2019). Development of immigrant couple relations in Germany. *Journal of Marriage and Family*, 81, 1237-1252. doi: 10.1111/jomf.12580

*Peng, Y., & **Anderson, J. R.**, Johnson, M. D., & Liu, W. (2018). The associations between perceived harsh and controlling parenting, shame proneness, and psychological aggression among Chinese dating couples. *Violence and Victims*, 33, 759-772. doi: 10.1891/0886-6708.VV-D-17-00116

Johnson, M. D., Horne, R. M., Hardy, N. R., & **Anderson, J. R.** (2018). Temporality of couple conflict and relationship perceptions. *Journal of Family Psychology*, 32, 445-455. doi.org/10.1037/fam0000398

Trump, L. J., Novak, J. R., **Anderson, J. R.**, Mendenhall, T., Johnson, M. D., Scheufler, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2018). Evaluative coping, emotional distress, and adherence in couples with Type 2 diabetes. *Families, Systems, and Health*, 36, 87-96. doi.org/10.1037/fsh0000302

*Cafferky, B., Mendez, M., **Anderson, J. R.**, Stith, S. M. (2018). Substance use and intimate

partner violence: A meta-analytic review. *Psychology of Violence*, 8, 110-131.
doi.org/10.1037/vio0000074

Novak, J. R., **Anderson, J. R.**, Johnson, M. D., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2017). Associations between economic pressure and diabetes efficacy in couples with type 2 diabetes. *Family Relations*, 66, 273-286.

Novak, J. R., **Anderson, J. R.**, Johnson, M. D., Hardy, N. R., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2017). Does personality matter in diabetes adherence?: Exploring the pathways between neuroticism and patient adherence in couples with Type 2 diabetes. *Applied Psychology: Health and Well-Being*, 9, 207-227.

Anderson, J. R., Novak, J. R., Johnson, M. D., *Deitz, S. L., Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2016). A dyadic multiple mediation model of patient and spouse stressors predicting patient dietary and exercise adherence via depression symptoms and diabetes self-efficacy. *Journal of Behavioral Medicine*, 39, 1020-1032.

Johnson, M. D., Galambos, N., & **Anderson, J. R.** (2016). Skip the dishes? Not so fast! Sex and housework revisited. *Journal of Family Psychology*, 30, 203-213. doi: 10.1037/fam0000161

Lee, C. Y., **Anderson, J. R.**, & Klimes-Dougan, B. (2016). Potentially traumatic experiences, academic performance, and psychological distress: The role of shame. *Journal of Counseling & Development*, 94, 41-50. doi: 10.1002/jcad.12060

*Hardy, N. R., *Ratcliffe, G. C., *Soloski, K. L., **Anderson, J. R.**, & Willoughby, B. J. (2015). Associations between family of origin climate, relationship self-regulation, and marital outcomes. *Journal of Marital and Family Therapy*, 41, 508-521. doi: 10.1111/jmft.12090

Johnson, M. D., & **Anderson, J. R.** (2015). Temporal ordering of intimate relationship efficacy and conflict behaviors. *Journal of Marriage and Family*, 77, 968-981. doi: 10.1111/jomf.12198

*Hardy, N. R., Vennun, A., Johnson, M. D., **Anderson, J. R.**, *Luu, S., Liu, W. (2015). Associations between attention to warning signs, marital confidence, and interactional problem-solving among emerging adult couples in mainland china. *Emerging Adulthood*, 3, 194-203. doi: 10.1177/2167696814551385

*Deitz, S. L., **Anderson, J. R.**, Johnson, M. D., *Hardy, N. R., Zheng, F., & Liu, W. (2015). Young romance in China: Effects of family, attachment, relationship confidence, and problem solving. *Personal Relationships*, 22, 243-258. doi: 10.1111/pere.12077

Johnson, M. D., Nguyen, L., **Anderson, J. R.**, Liu, W., & Vennun, A. (2015). Shame and intimate relations in Mainland China. *Personal Relationships*, 22, 335-347. doi: 10.1111/pere.12083

- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2015). Spouse overprotection is indirectly associated with poorer dietary adherence for patients with type 2 diabetes via diabetes distress when active engagement is low. *British Journal of Health Psychology*, 20, 360-373. doi: 10.1111/bjhp.12105
- Johnson, M. D., Nguyn, L., **Anderson, J. R.**, Liu, W. L., & Vennun, A. V. (2015). Pathways to romantic relationship success among Chinese young adult couples: Contributions of family dysfunction, mental health problems, and negative couple interaction. *Journal of Social and Personal Relationships*, 32, 5-23. doi: 10.1177/0265407514522899
- Anderson, J. R.**, Johnson, M. D., Liu, W., Zheng, F., *Hardy, N. R., & *Lindstrom, R. A. (2014). Young adult romantic relationships in Mainland China: Perceptions of family of origin functioning are directly and indirectly associated with relationship success. *Journal of Social and Personal Relationships*, 31, 871-887. doi:10.1177/0265407513508727
- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2014). Spousal protective buffering and type 2 diabetes outcomes. *Health Psychology*, 33, 841-844. doi: 10.1037/hea0000054
- Johnson, M. D., **Anderson, J. R.**, Wilcox, A., Walker, A., Robbins, D. C., & Lewis, V. L. (2013). Relationship beliefs and illness appraisals are differentially associated with specific ways of coping in spouses of patients with type 2 diabetes. *Psychology & Health*, 28, 1442-1459. DOI: 10.1080/08870446.2013.822499
- Johnson, M. D., **Anderson, J. R.**, Walker, A., Wilcox, A., Lewis, V. L., & Robbins, D. C. (2013). Common dyadic coping is indirectly related to dietary and exercise adherence via patient and partner diabetes efficacy. *Journal of Family Psychology*, 27, 722-730. DOI: 10.1037/a0034006
- *Johnson, M. D., **Anderson, J. R.**, Liu, W., & Zheng, F., *Ratcliffe, G. C., *Jordan, R., & *Rutter, R. (2013). Prevalence and correlates of psychological aggression in male and female college students from Mainland China. *Partner Abuse*, 4, 314-331.
- *Johnson, M. D., & **Anderson, J. R.** (2013). The longitudinal association of marital confidence, time spent together, and marital satisfaction. *Family Process*, 52, 244-256. DOI: 10.1111/j.1545-5300.2012.01417.x
- Anderson, J. R.**, Stith, S. M., *Johnson, M. D., *Strachman-Miller, M., Amanor-Boadu, Y., & Linkh, D. M. (2013). Multi-couple group and self-directed PREP formats enhance relationship satisfaction and improve anger management skills in Air Force couples. *American Journal of Family Therapy*, 41, 121-133. DOI: 10.1080/01926187.2012.671104
- Anderson, J. R.**, *Adams, R. D., *Aducci, C. J., *Johnson, M. D., Liu, W., & Zheng, F. (2013).

Marital therapy help-seeking attitudes of young adults in Mainland China. *American Journal of Family Therapy*, 41, 63-71. DOI:10.1080/01926187.2011.638573

Anderson, J. R., *Aducci, C. J., *Adams, R. D., *Johnson, M. D., Liu, W., Zheng, F., & *Ratcliffe, G. C. (2012). Marital therapy in Mainland China: A qualitative study of young adults' knowledge, attitudes, and beliefs. *Journal of Family Psychotherapy*, 23, 238-254. DOI 10.1080/08975353.2012.705669

Amanor-Boadu, Y., Messing, J., Stith, S. M., **Anderson, J. R.,** O'Sullivan, C. & Campbell, J. (2012). Immigrant and nonimmigrant women: Factors that predict leaving an abusive relationship. *Violence Against Women*, 18, 610-632. DOI 10.1177/1077801212453139

Anderson, J. R., *Johnson, M. D., Nelson Goff, B. S., *Cline, L. E., *Lyon, S. L., & *Gurss, H (2011). Factors that differentiate distressed and non-distressed marriages in Army soldiers and spouses. *Marriage and Family Review*, 47, 459-473.

Anderson, J. R., *Chen, W. C., *Johnson, M. D., *Lyon, S. E., Lee, C-Y., Zheng, F., *Ratcliffe, G. C., & Peterson, F. R. (2011). Attitudes toward dating violence among college students in Mainland China: An exploratory study. *Violence and Victims*, 26, 631-647.

*Johnson, M. D., **Anderson, J. R.,** & Stith, S. M. (2011). An application of marital horizon theory to dating violence perpetration. *Family Science Review*, 16, 13-26.

*Johnson, M. D., **Anderson, J. R.,** & *Aducci, C. J. (2011). Understanding the decision to marry versus cohabit: The role of interpersonal dedication and constraints and the impact on life satisfaction. *Marriage and Family Review*, 47, 1-17.

Anderson, J. R., Van Ryzin, M. J., & Doherty, W. J., (2010). Developmental trajectories of marital happiness in continuously married individuals: A group-based modeling approach. *Journal of Family Psychology*, 24, 587-596.

Anderson, J. R., & Turner, W. L. (2010). When caregivers are in need of care: African American caregivers' preferences for their own later life care. *Journal of Aging Studies*, 24, 65-73.

Lee, C. Y., **Anderson, J. R.,** Horowitz, J. & August, G. (2009). Family income and parenting: The role of parental depression and social support. *Family Relations*, 58, 417-430.

Anderson, J. R., & Doherty, W. J. (2005). Democratic community initiatives: The case of overscheduled children. *Family Relations*, 54, 654-665.

Doherty, W. J., & **Anderson, J. R.** (2004). Community marriage initiatives. *Family Relations*, 53, 425-432.

Turner, W. J., Wallace, B. R., **Anderson, J. R.,** & Bird, C. (2004). The last mile of the way: Understanding caregiving in African American families at the end of life. *Journal of Marital and Family Therapy*, 30, 427-438.

Book Chapters

- Anderson, J. R.,** Durtschi, J. A., *Soloski, K., & Johnson, M. D. (2014). Mediation and moderation: Conceptual foundations and analytical applications. In R. B. Miller and L. N. Johnson (Eds.), *Advanced Methods in Family Therapy Research: A Focus on Validity and Change* (347-365). New York: Routledge.
- Anderson, J. R.,** Amanor-Boadu, Y., Stith, S. M., & Foster, R. E. (2012). Resilience in military marriages experiencing deployment. In D. Becvar (Ed.), *Handbook of Family Resilience* (pp. 105-118). New York: Springer.
- Doherty, W. J., & **Anderson, J. R.** (2006). Can a family-focused approach benefit health care? In K. Bogenschneider (Ed.), *Family policy matters: How policymaking affects families and what professionals can do* (2nd ed., pp. 85-95). Mahway, NJ: Lawrence Erlbaum.

Non-Refereed Publications

- Spencer, C., & **Anderson, J. R.** (2017). Sandra Stith. *Encyclopedia of Couple and Family Therapy*. doi: 10.1007/978-3-319-15877-8_796-1
- Anderson, J. R.** (2007, October). Promoting responsible fatherhood. *Shanghai Women*, 230, 21-23.
- Anderson, J. R.,** Willoughby, B. J., Gonzalez, C., Orieny, P., Gudmunson, C. G., Teik-Cheok Loy, J., & Schacher, G. (2007, September). The challenges of balancing the demands of fatherhood and graduate school. *NCFR Report: Family Focus on Family Science Careers, F7-F8*.

Unpublished Reports

- Anderson, J. R.,** Washburn-Busk, M., Langin, K., Helt, A., Bond, S., Evers, K., & Howard, L. (2020, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Bridges, J., Washburn-Busk, M., Gunsalus, B., Roth, R., Bond, S., & Meier-Hummel. (2019, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Iglesias, J., Tedoni, C., Gilmore, P., & Gunsalus, B. (2018, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Hubbard, A., Iglesias, J., Gilmore, P., & Gunsalus, B. (2017, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Hubbard, A., Novak, J. R., Gilmore, P., & Gunsalus, B. (2016, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.

- Anderson, J. R.,** Deitz, S. L., Hardy, N., Gilmore, P., & Bloom, L. (2015, June), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Durtschi, J. A., Kimmes, J., & Hardy, N. R. (2015, July), *Evaluation of the Strong Dads Program*. Manhattan, KS.
- Anderson, J. R.,** Bird, N., Engel, E., Spencer, C. & Stith, S. M. (2015, January), *U.S. Air Force Family Advocacy Program: Secondary Prevention Program Outcomes End of Year Report*. Manhattan, KS.
- Anderson, J. R.,** Luu, S., Hardy, N., Gilmore, P., Bloom, L., & Pilato, A. (2014, July), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Rutter, R., Bird, N. & Stith, S. M. (2014, January), *U.S. Air Force Family Advocacy Program: Secondary Prevention Program Outcomes End of Year Report*. Manhattan, KS.
- Anderson, J. R.,** Luu, S., Hardy, N., Gilmore, P., Bloom, L., & Pilato, A. (2013, November), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Luu, S., Hardy, N., Swanke, H., Gilmore, P., Schroeder, M., & Pilato, A. (2012, November), *State of the Family: Kansas Child & Family Wellbeing indicators*. Manhattan, KS.
- Anderson, J. R.,** Minner, J. S., Johnson, M. D., & Stith, S. M. (2012, January), *U.S. Air Force Family Advocacy Program: Secondary Prevention Program Outcomes End of Year Report*. Manhattan, KS.
- Nelson Goff, B. S., & **Anderson, J. R.** (2008, June). *Fort Riley military family survey: Family decisions to accompany soldiers study*. Manhattan, KS.

GRANTS & CONTRACTS

Funded External Grants & Contracts

- Kansas State University/Kansas Department of Children and Families.** *Update to the State of the Family Report*, 07/01/2019-6/30/2020, \$72,982.80 awarded 07/01/2019. Jared R. Anderson, Principal Investigator, 15% participation
- U.S. Air Force 2018 Family Advocacy Program Research Project**, National Institute of Food and Agriculture, 09/01/2018-08/31/2021, \$2,129,595.00 awarded 09/01/2017. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].
- Kansas State University/Kansas Department of Children and Families.** *Update to the State of the Family Report*, 07/01/2018-6/30/2019, \$72,982.80 awarded 07/01/2018. Jared R. Anderson, Principal Investigator, 15% participation

Social Sciences and Humanities Research Council of Canada/Insight Grant. *Modern Family Ties*, 3/15/2018-3/31/2023, \$162,282 (CAN). Award No: 435-2018-0004. Jared R. Anderson, Collaborator. [Matthew D. Johnson, PI; A. Galovan, Co-I; J. Min, F. Neyer, S. Walper, Collaborators].

Kansas State University/Kansas Department of Children and Families. *Update to the State of the Family Report*, 07/01/2017-6/30/2018, \$72,982.80 awarded 07/01/2017. Jared R. Anderson, Principal Investigator, 15% participation

U.S. Air Force 2017 Family Advocacy Program Research Project, National Institute of Food and Agriculture, 09/01/2017-08/31/2019, \$2,293,000.00 awarded 09/01/2017. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

Kansas Department for Children and Families. *Update to the State of the Family Report*, 07/01/2016-6/30/2017, \$72,982.80 awarded 07/01/2016. Jared R. Anderson, Principal Investigator, 13.5% participation.

Kansas Department for Children and Families. *Update to the State of the Family Report*, 07/01/2015-6/30/2016, \$66,348 awarded 07/01/2015. Jared R. Anderson, Principal Investigator, 12.5% participation.

U.S. Air Force 2015 Family Advocacy Program Research Project, National Institute of Food and Agriculture, 09/01/2015-08/31/2017, \$1,785,985.00 awarded 09/01/2015. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

Kansas Department for Children and Families. *Update to the State of the Family Report*, 07/01/2014-6/30/2015, \$66,348 awarded 07/01/2014. Jared R. Anderson, Principal Investigator, 15% participation.

Kansas Department for Children and Families. *Statewide Evaluation of the Strong Dads Program-Continuation*, 07/01/2014-6/30/2015, \$35,000 awarded. Jared R. Anderson, Co-PI, 10% participation [Jared A. Durtschi, Co-PI].

Social Sciences and Humanities Research Council of Canada/Insight Development Grant. *Longitudinal Determinants of Intimate Relationship Satisfaction and Stability*, 6/1/2014-5/31/2016, \$60,151 (CAN) awarded 6/1/2014. Jared R. Anderson, Collaborator. [Matthew D. Johnson, PI; Nancy Galambos, Collaborator].

Kansas Department for Children and Families. *Statewide Evaluation of the Strong Dads Program*, 01/01/2014-6/30/2014, \$56,025 awarded 01/01/2014. Jared R. Anderson, Co-PI, 15% participation [Jared A. Durtschi, Co-PI].

U.S. Air Force 2014 Family Advocacy Program Research Project, National Institute of Food and Agriculture, 09/01/2014-08/31/2017, \$2,064,716.00 awarded 09/01/2013. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

U.S. Air Force 2013 Family Advocacy Program Research Project, CSREES Award No. 2012-39575-20317, KSU Project No. GHFS00263, KSU Award No. FA9934, 09/01/2013-08/31/2016, \$1,214,350.00 awarded 09/01/2013. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

Kansas Department for Children and Families. *Update to the State of the Family Report*, 07/01/2013-6/30/2014, \$60,000 awarded 07/01/2013. Jared R. Anderson, Principal Investigator, 15% participation.

U.S. Air Force 2012 Family Advocacy Program Research Project, CSREES Award No. 2012-39575-20317, KSU Project No. GHFS00263, KSU Award No. FA9934, 09/01/2012-08/31/2014, \$1,128,336.00 awarded 09/01/2012. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

Kansas Department for Children and Families. *The Development of Kansas Child and Family Well-Being Indicators*, 07/01/2012-6/30/2013, \$65,000 awarded 07/01/2012. Jared R. Anderson, Principal Investigator, 15% participation.

Kansas Department of Social and Rehabilitation Services. *The Feasibility of Compiling and Tracking Child & Family Well Being Indicators in the State of Kansas*, 04/01/2012-06/30/2012, \$9,000 awarded 04/01/2012. Jared R. Anderson, Principal Investigator, 10% participation.

U.S. Air Force 2011 Family Advocacy Program Research Project, CSREES Award No. 2011-48353-30954, KSU Project No. GHFS602147, KSU Award No. FA9959, 09/01/2011-08/31/2013, \$863,636 awarded 09/01/2011. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

Kansas Department of Social and Rehabilitation Services. *Development of a Kansas Marriage Index*, 04/01/2011-09/30/2011, \$10,000 awarded 04/01/2011. Jared R. Anderson, Principal Investigator, 10% participation.

U.S. Air Force 2010 KSU/Air Force Family Advocacy Research Analysis and Support Project, CSREES Award No. 2009-48353-06045, KSU Project No. GHFS601872, KSU Award No. FA9978, 09/01/2010-08/31/2013, \$736,364 awarded 09/01/2010. Jared R. Anderson, Co-Investigator, 30% participation [Sandra M. Stith, PI].

U.S. Air Force 2009 KSU/Air Force Family Advocacy Research Analysis and Support Project, CSREES Award No. 2009-48353-06045, KSU Project No. GHFS601469, KSU Award No. SM9978, 09/01/2009-08/31/2013, \$789,091 awarded 09/01/2009. Jared R. Anderson, Co-Investigator, 20% participation [Sandra M. Stith, PI].

Kansas National Guard (USPFO for Kansas). *Family Resilience Program for Kansas National Guard Members and Their Families: A research and training grant*, 01/01/2009-09/30/2009, \$115,000 awarded 01/01/2009. Jared R. Anderson, Co-Principal Investigator, 20% participation [Briana S. Goff, Co-Principal Investigator].

Kansas National Guard (USPFO for Kansas). *Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard Families: A training grant, 2008, \$75,000 awarded. Jared R. Anderson, Co-Investigator. [Briana S. Nelson Goff, Principal Investigator; Johannes, E., Schumm, W., Maddux, E., Olsen, C., McCants, T., & Kahl, J., Co-Investigators].*

Fort Riley, KS. *Fort Riley Military Family Survey: Family Decisions to Accompany Soldiers Study, 01/01/2008-06/30/2008, \$16,600 awarded 01/01/2008. Jared R. Anderson, Co-Principal Investigator, 10% participation [Briana S. Nelson Goff, Co-Principal Investigator].*

Funded Internal Grants

Kansas State University's International Incentive Grant. *Research, teaching, and networking in China.* A travel grant proposal submitted to the International Incentive Grant Program, Office of International Programs, Kansas State University. Funded Budget: \$3,000.

Kansas State University's International Incentive Grant. *Research, teaching, and networking in China.* A travel grant proposal submitted to the International Incentive Grant Program, Office of International Programs, Kansas State University. Funded Budget: \$2,500.

Kansas State University's College of Human Ecology Sponsored Research Overhead Grant. *Systemic Health Behavior Change and Weight Management Following Bariatric Surgery.* A research grant proposal submitted to the College of Human Ecology Sponsored Research Overhead Funds (CHE SRO), Kansas State University. Funded budget: \$5,000. (Co-PI with Dr. C.R. Macchi)

Kansas State University's University Small Research Grant. *Systemic Health Behavior Change and Weight Management Following Bariatric Surgery.* A research grant proposal submitted to the Office of Research and Sponsored Programs (University Small Research Grants), Kansas State University. Funded budget: \$500. . (Co-PI with Dr. C.R. Macchi)

Kansas State University's University Small Research Grant. *The Transition to Marriage in the U.S. Army.* A research grant proposal submitted to the Office of Research and Sponsored Programs (University Small Research Grants), Kansas State University. Funded budget: \$5,000.

PROFESSIONAL PRESENTATIONS

Peer-Reviewed Scholarly Presentations

*Sivandian, M., Durtschi, J. A., & **Anderson, J. R.** (2025, November). Factors predicting relationship instability in a clinic sample. Poster presented at the National Council on Family Relations conference, Baltimore, MD.

*Sivandian, M., Durtschi, J. A., & **Anderson, J. R.** (2025, September). Sociocultural Factors

moderating the association between emotion regulation and relationship instability in a clinic sample. Poster presented at the National Council on Family Relations conference, Baltimore, MD.

- *Park, J., **Anderson, J. R.** Anders, K. M., & Ferraro, A. F. (2024, November). Exploration of sexual assertiveness post-relationship dissolution: Differences based on repartnering. Paper presented at the Society for the Scientific Study of Sexuality conference, San Diego, CA.
- *Portillo, M. F. & **Anderson, J. R.** (2024, November). Factors associated with relationship quality in CNM relationships. Poster presented at the Society for the Scientific Study of Sexuality conference, San Diego, CA.
- *Portillo, M. F., Eisert, B. C., & **Anderson, J. R.** (2024, November). Self-determined motivations for being in a CNM relationship scale: First iteration. Poster presented at the Society for the Scientific Study of Sexuality conference, San Diego, CA.
- *Park, J., **Anderson, J. R.** Anders, K. M. (2024, June). Sexual assertiveness in new relationships: The mediating effects of clarity in sexual needs and desires. Poster presented at the American Family Therapy Academy conference, Denver, CO.
- *Eisert, B. C., *Park, J., & **Anderson, J. R.** (2023, November). Do relationship investment plans increase couples' commitment to therapy? Paper presented at the National Council on Family Relations conference, Orlando, FL.
- *Park, J., *Eisert, B. C., & **Anderson, J. R.** (2023, November). What's happening inside of the room? A systemic review of EFT's process research and theorized mechanisms of change. Paper presented at the National Council on Family Relations Annual conference, Orlando, FL.
- *Eisert, B., & **Anderson, J. R.** (2023, November). A short form of the Hurlbert Index of sexual desire. Poster presented at the Society for the Scientific Study of Sexuality conference, New Orleans, LA.
- *Eisert, B. C., **Anderson, J. R.**, Johnson, L. N., & Bradford, A. B. (2023, September). Is emotion regulation a mechanism of change in couple therapy? Paper presented at the Intervention Research in Systemic Family Therapy conference, Provo, UT.
- Anderson, J. R.**, *Eisert, B. (2023, June). Factors associated with self-determined motivations for couples therapy. Poster presented at the Self-Determination Theory conference, Orlando, FL.
- *Eisert, B., & **Anderson, J. R.** (2023, June). Development of the self-determined motivations for couples therapy scale. Poster presented at the Self-Determination Theory conference, Orlando, FL.
- *Eisert, B., & **Anderson, J. R.** (2022, November). Tomayto, Tomahto: Are the concepts of

attachment, differentiation, and codependency theory really talking about the same thing?
Paper presented at the National Council on Family Relations conference, Minneapolis, MN

- *Eisert, B., Kerns, A., **Anderson, J. R.** (2022, November). What's the difference? Diagonal reference modeling as an alternative approach to discrepancy scores. Poster presented at the Society for the Scientific Study of Sexuality conference, Vancouver, BC
- *Langin, K., *Astle, S., **Anderson, J. R.**, & Moors, A. (2020, November). Relationship structure diversity among people engaged in consensual non-monogamy: A content analysis of personally described definitions. Virtual brief communication presented at the Society for the Scientific Study of Sexuality (Online due to COVID-19).
- *Langin, K., *Astle, S., **Anderson, J. R.**, & Moors, A. (2020, November). Expanding couples therapy: A look at consensual non-monogamy. Virtual brief communication presented at the Society for the Scientific Study of Sexuality (Online due to COVID-19).
- *Washburn-Busk, M., & **Anderson, J. R.**, *Hubbard, A., *Stanfield, M. H., & *Langin, K. (2020, November). Higher levels of differentiation help to keep the sexual spark alive. Research discussion presented at the American Association for Marriage and Family Therapy Annual Conference, Orlando, FL (Online due to COVID-19).
- *Hubbard, A., & **Anderson, J. R.** (2020, November). Evaluating barriers to seeking couples therapy. Research discussion presented at the American Association for Marriage and Family Therapy Annual Conference, Orlando, FL (Online due to COVID-19).
- *Washburn-Busk, M., & **Anderson, J. R.** (2020, July). An unstable identity can contribute to pseudo-dedication. Paper to be presented at the International Association for Relationship Research conference, London, UK. *Conference Cancelled Due to COVID-19*
- Lefthand, M. J., Hardy, N. R., & **Anderson, J. R.** (2019, November). Autonomy and dyadic coping: A self-determination approach to relationship quality. Poster presented at National Council on Family Relations Annual Conference, Fort Worth, TX.
- Anderson, J. R.**, *Bridges, J., & *Washburn-Busk, M. (2019, May). Self-governed autonomy, reactivity, and individual and relational outcomes. Paper presented at the 7th International Self-Determination Theory Conference, Amsterdam, Netherlands.
- Anderson, J. R.**, *Washburn-Busk, M., *Bridges, J., *Morgan, P., & Johnson, M. D., (2019, May). Autonomy and emotional insecurity scales in pairfam: What are they measuring and what is their association with relationship dynamics and outcomes? Poster presented at the 6th International Pairfam Users Conference, Cologne, Germany.
- *Hubbard, A., & **Anderson, J. R.** (2018, November). The role gender plays in relationship help-seeking behavior. Poster presented at National Council on Family Relations Annual Conference, San Diego, CA.

- Knapp, D., & **Anderson, J. R.** (2018, November). Relationship effort in cyclical couple dating relationships. Poster presented at National Council on Family Relations Annual Conference, San Diego, CA.
- *Peng, Y., & **Anderson, J. R.** (2018, November). Predictors of psychological among Chinese dating couples. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
- *Tuft., A., *Cobia., D., Novak, J.R., & **Anderson, J. R.** (2018, November). Does relationship sacrifice predict couple coping in military couples? Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
- Johnson, M. D., Neyer, F. J., & **Anderson, J. R.** (2018, September). The development of immigrant couple relations. Poster presented for the Center for Lifespan Developmental Science (CELISE) inaugural workshop, Friedrich-Schiller-Universität Jena, Jena, Germany.
- *Ruhlman, L., Cless, J., Goodcase, E., & **Anderson, J. R.** (2017, November). Altering trauma survivors' romantic relationship appraisals via E-interventions. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- *Hubbard, A., *Busk, M., Hardy, N. R., & **Anderson, J. R.** (2017, November). Association between differentiation and sexual satisfaction via relationship attributions and sexual desire. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- *Peng, Y. & **Anderson, J. R.** (2017, November). Parenting behavior in family of origin is directly and indirectly associated with psychological violence among Chinese dating couples. Poster presented at National Council on Family Relations Annual Conference, Orlando, FL.
- *Stanfield, M. H., *Hubbard, A., *Iglesias, J., **Anderson, J. R.**, Dharnidharka, P., & Hardy, N. R. (2017, October). Sexual dysfunction to sexual satisfaction: Role of differentiation. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Atlanta, GA.
- Hardy, N. R., Tucker, E., **Anderson, J. R.**, & Dharnidharka, P. (2017, October). Differentiation, gridlock, and relationship outcomes. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Atlanta, GA.
- Hardy, N., Johnson, M. D., & **Anderson, J. R.** (2016, November). Couple conflict, relationship efficacy, and relationship outcomes. Paper presented at National Council on Family Relations Annual Conference, Minneapolis, MN.
- *Novak, J. R., **Anderson, J. R.**, Johnson, M. D., *Deitz, S. L., Walker, A., Lewis, V., &

Robinson, D. (2016, November). Patient and spouse stressors predicting patient diabetes adherence. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.

*Hubbard, A., *Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, November). Father work stress and its relation to negative interactions and problematic child behavior. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.

*Nikparvar, F. & **Anderson, J. R.** (2016, November). Marital beliefs in three generations of rural Iranians: A qualitative study. Poster presented at National Council on Family Relations Annual Conference, Minneapolis, MN.

*Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, October). Associations between economic pressure and diabetes efficacy in couples with Type 2 diabetes. Poster presented at Collaborative Family Healthcare Association, Charlotte, NC.

*Oseland, L., *Novak, J. R., **Anderson, J. R.**, & Johnson, M. D. (2016, October). Broken dreams and empty arms: The role of positive perceptions of parenthood pre-infertility on depression symptoms and marital instability after infertility. Poster presented at Collaborative Family Healthcare Association, Charlotte, NC.

Anderson, J. R., Johnson, M. D., & Chen, J. (2015, November). Trajectories of sexual frequency and their predictors. Poster presented at National Council on Family Relations Annual Conference, Vancouver, BC.

Johnson, M. D., **Anderson, J. R.**, & Galambos, N. L. (2015, November). Skip the dishes? Not so fast! Housework and couples' sexual development. Paper presented at National Council on Family Relations Annual Conference, Vancouver, BC.

*Hardy, Nathan R., **Anderson, J. R.**, Vennun, A. V., *Conner, S., *Deitz, S. L., *Busk, P., *Busk, M., *Peters, N., & *Casteel, M. (2015, November). Self-development in marriage and relationship education. Poster presented at National Council on Family Relations Annual Conference, Vancouver, BC.

*Deitz, S.L., **Anderson, J.R.**, Johnson, M.D., & *Hardy, N.R. (2015, September). Factors associated with marital quality in type 2 diabetes patients and their spouses. Poster presented at the American Association for Marriage and Family Therapy Annual Conference in Austin, TX.

Anderson, J. R., Johnson, M. D., & Chen, J. (2015, May). Sexual frequency trajectories in couple relationships: Individual and relational factors that predict group membership. Paper presented at the International User Conference of the German Family Panel Pairfam, Jena, Germany.

Johnson, M. D., & **Anderson, J. R.** (2015, May). Skip the dishes? Not so fast! Sex and the

division of labor revisited. Paper presented at the International User Conference of the German Family Panel Pairfam, Jena, Germany.

*Dharnidharka, P., Vennun, A. V., **Anderson, J. R.**, Johnson, M. D., Liu, W. (2014, July). Relationship cycling among emerging adult dating partners in China. Poster presented at the Second International Forum on Marriage and Family Therapy, Beijing, China.

*High, J., *Grant, D., *Luu, S., **Anderson, J. R.**, *Hardy, N., Johnson, M. D., & Liu, W. (2014, July). Young adult romantic relationships: Associations between psychological distress, shame, perceptions of partner's concern, and relationship satisfaction. Paper presented at the Second International Forum on Marriage and Family Therapy, Beijing, China.

Anderson, J. R., Johnson, M. D., *Luu, S., Adams, R. D., *Hardy, N., Lewis, V., & Robbins, D. (2013, November). Diabetes distress is associated with marital outcomes through dyadic coping. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

*Hardy, N., **Anderson, J. R.**, Johnson, M. D., *Sibley, S., *Luu, S., & Wilcox, A. (2013, November). Neuroticism, diabetes distress, and dietary adherence among couples with type 2 diabetes. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

*Luu, S., Johnson, M. D., **Anderson, J. R.**, *Berryhill, M. B., *Hardy, N., & Wilcox, A. (2013, November). Couples' coping is related to diabetes management through self-efficacy. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

*Ratcliffe, G. C., *Solosky, K., **Anderson, J. R.**, & Willoughby, B. (2013, November). Relationship self-regulation as a mediator between family of origin factors and marital outcomes. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Nguyen, L., Johnson, M. D., **Anderson, J. R.**, Vennun, A., & Liu, W. (2013, November). Family support influences relationship outcomes in Chinese couples. Poster presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

*Luu, S., **Anderson, J. R.**, *Hardy, N., *Lindstrom, R., Johnson, M.D., & Liu, W. (2012, November). Family functioning and attachment influences on Chinese young adult relationships. Poster presented at the annual conference of the National Council on Family Relations, Phoenix, AZ.

Anderson, J. R., Johnson, M. D., & Travis, W. J. (2012, July). Factors associated with marital satisfaction in Air Force active duty members. Paper presented at the International Association for Relationship Research conference, Chicago, Il.

Anderson, J. R., Johnson, M. D., Liu, W., Zheng, F., & *Lindstrom, R. (2012, July). Young

adult romantic relationship development in Mainland China: A cross-cultural application of the DEARR model. Poster presented at the International Association for Relationship Research conference, Chicago, IL.

*Johnson, M. D. & **Anderson, J. R.** (2011, November). Marital confidence, positive couple behaviors, and marital satisfaction. Paper presented at the annual conference of the National Council on Family Relations, Orlando, FL.

*Siqueira Drake, A., **Anderson, J. R.**, *Johnson, M. D., Liu, W., Zheng, F. (2011, November). Attachment, depression, and relationship confidence in China. Poster presented at the annual conference on the National Council of Family Relations, Orlando, FL.

*Ratcliffe, G. C., *Johnson, M. D., **Anderson, J. R.**, *Jordan, R. A., *Rutter, R. M., & Liu, W. (2011, November). Prevalence and predictors of psychological aggression in male and female college students from Mainland China. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.

*Adams, R. D., *Aducci, C. J., *Johnson, M. D., & **Anderson, J. R.** (2011, November). Marital therapy help seeking attitudes of young adults in Mainland China. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.

*Siqueira Drake, A., **Anderson, J. R.**, & *Johnson, M. D. (2011, September). Attachment, dyadic coping, and military couples' satisfaction. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Ft. Worth, TX.

Anderson, J. R., & *Johnson, M. D. (2011, April). Dyadic coping mediates the relationship between PTSD and marital quality among newly married military couples. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.

Amanor-Boadu, Y., **Anderson, J. R.**, *Siqueira Drake, A., Stith, S. M., & Foster, R. E. (2011, April). Resiliency in Air Force couples following deployment. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.

Foster, R. E., **Anderson, J. R.**, & Stith, S. M. (2011, April). Comparing a self-directed and multi-couple group format of a relationship education program in the Air Force. Poster presented at the Forging the Partnership: DoD/USDA Family Resiliency Conference, Chicago, IL.

Anderson, J. R. & *Johnson, M. D. (2010, November). Factors associated with marital quality in newly married military couples. Paper session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

Stith, S. M., *Miller, M., **Anderson, J. R.**, Foster, R. E. (2010, November). A comparison of a home study versus a group couples enrichment program. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

*Johnson, M. D., **Anderson, J. R.**, & Aducci, C. J. (2010, November). Reasons for marriage and the association with life satisfaction. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

Anderson, J. R., Foster, R. E., Amanor-Boadu, Y. E., Strachman-Miller, M. L., Gorzek, M. A., & Stith, S. M. (2010, September). Resiliency in Air Force couples following deployment. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

*Johnson, M. D., **Anderson, J. R.**, & Stith, S. M. (2010, September). Testing the marital horizon theory with dating violence. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Amanor-Boadu, Y. E., Messing, J., Stith, S. M., **Anderson, J. R.**, & Campbell, J. (2010, September). Immigration and the decision to leave abusive relationships. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

*Miller, M., Stith, S. M., Foster, R. E. & **Anderson, J. R.** (2010, September). Comparative effectiveness of evidence-based couples programs. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.

Amanor-Boadu, Y. E., Messing, J., Stith, S. M., **Anderson, J. R.**, Os, C. & Campbell, J. (2010, July). Immigrant and non-immigrant women: Factors that predict leaving an abusive partner. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

Anderson, J. R., *Johnson, M. D., *Ratcliffe, G. C., *Wiedower, S. E., *Chen, W. C., Peterson, F. R. (2009, November). An application of marital horizon theory to emerging adults in China. Poster session presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

*Chen, W. C., **Anderson, J. R.**, *Wiedower, S. E., *Johnson, M., *Ratcliffe, G. C., & Lee, C. Y. (2009, November). Attitudes toward dating violence among Chinese college students. Paper presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

Peterson, F. R., **Anderson, J. R.**, Lee, C. Y., & Zheng, F. (2009, November). Chinese emerging adults: Sibling influence on risky behavior and attitudes. Paper presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

*Amanor-Boadu, Y., Messing, J., Stith, S., **Anderson, J. R.**, & Campbell, J. (2009, November). A comparison of foreign-born and U.S.-born women's decision-making in abusive relationships. Poster session presented at the annual conference of the National Council on Family Relations, San Francisco, CA.

*Wiedower, S. E., **Anderson, J. R.**, & Stith, S. (2009, October). *Impact of violence on couples' relationship satisfaction*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Sacramento, CA.

Anderson, J. R., Van Ryzin, M. J., & Doherty, W. J. (2008, November). *Developmental trajectories of marital happiness: A group-based approach*. Poster session presented at the annual conference of the National Council on Family Relations, Little Rock, AR.

Lee, C. Y., August, G., & **Anderson, J. R.** (2008, November). *Family income and parenting: The role of parental depression and social support*. Paper presented at the annual Conference of the National Council on Family Relations, Little Rock, AR.

*Swinton, J. J. & **Anderson, J. R.** (2008, November). *Physical and mental health in Chinese student populations*. Poster session presented at the annual conference of the Collaborative Family Healthcare Association, Denver, CO.

Anderson, J. R., Doherty, W. J., & Van Ryzin, M. J. (2008, October). *Developmental trajectories of marital happiness in lower-quality marriages*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy, Memphis, TN.

*Wiedower, S. E., **Anderson, J. R.**, & Stith, S. (2008, July). *Differential impact of dating violence on male and female college students' relationship satisfaction*. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

Anderson, J. R., Doherty, W. J., & Van Ryzin, M. J. (2008, July). *Developmental trajectories of marital happiness: Predictors and outcomes*. Paper presented at the International Association for Relationship Research Conference, Providence, RI.

Anderson, J. R., Wilde, J., & *Wiedower, S. E. (2007, November). From fragile to flourishing: Insights from "Expert" couples. Poster session presented at the Sixty-Ninth Annual Conference of the National Council on Family Relations, Pittsburgh, PA.

Anderson, J. R., & Turner, W. L. (2006, November). Caring for our own: A study of African American caregivers end of life care preferences. Poster session presented at the Sixty-Eighth Annual Conference of the National Council on Family Relations, Minneapolis, MN.

Anderson, J. R. (2004, November). Cultural factors that influence nursing home placement in African American families. Paper presented at the Sixty-Sixth Annual Conference of the National Council on Family Relations, Orlando, FL.

White, M., West, D., Peterson, F. R., McIntyre, J., Zukowski-McDaniel, K., & **Anderson, J. R.**

(2002, October). Understanding the process of between session change. Poster session presentation at the Sixtieth Annual Conference of the American Association for Marriage and Family Therapy, Cincinnati, OH.

Nelson, B., Berg, N., Cromwell, T., Dunbar, C., Peterson, R., **Anderson, J. R.**, Carter, S., Joy, A., and MacDougall, K. (2001, December). Traumatized couples: Characteristics and clinical interventions. Workshop presented at the Fifteenth Annual International Society for Traumatic Stress Studies Conference, New Orleans, LA.

Anderson, J. R., Nelson, B., & White, M. (2001, October). The transtheoretical model of change applied to couples therapy. Poster session presentation at the Fifty-Ninth Annual American Association for Marriage and Family Therapy conference, Nashville, TN.

Invited International Presentations

Anderson, J. R. (2014, July). Determining clinical effectiveness: An introduction to client focused progress monitoring. Invited presentation given at the Second International Forum on Marriage and Family Therapy, Beijing, China.

Anderson, J. R. (2012, May). Discernment counseling: Working with mixed agenda couples. Invited lecture given at the Academy of Family Therapy, Hong Kong, China.

Anderson, J. R. (2012, May). Young adult romantic relationship development in the U.S. Invited lecture given at Beijing Normal University, Beijing, China.

Anderson, J. R., Vennun, A. V., *Ratcliffe, G. C., & *Hardy, N. (2012, May). Family therapy case consultation. Invited case consultation provided at Beijing Normal University—Zhuhai, Zhuhai, China.

Anderson, J. R., Vennun, A. V., *Ratcliffe, G. C., *Hardy, N., *Pixler, C., *Luu, S., & *Rutter, R. M. (2012, May). An introduction to marriage and family therapy in the U.S. Invited lecture given at South China Normal University, Guangzhou, China.

Anderson, J. R. (2010, May). Marriage and divorce in the United States: Current Trends. Invited lecture given at Beijing Normal University, Beijing, China.

Anderson, J. R., & *Johnson, M. D. (2009, May). Treatment of juvenile offenders: An introduction to multisystemic therapy. Invited lecture given to Guangzhou juvenile court judges, practicing psychologists, and psychology faculty, Guangzhou, China.

Anderson, J. R., & *Johnson, M. D. (2009, May). Emerging adults in China: A research update. Invited lecture given at South China Normal University, Guangzhou, China.

*Swinton, J. J., & **Anderson, J. R.** (2008, May). Helping friends with internet problems. Invited lecture to 800 community participants in Dongguang City, China.

Anderson, J. R., & *Wiedower, S. E. (2008, May). Couple communication, conflict management, and intimate partner violence. Invited lecture given at the Clear Sky Counseling Center, Guangzhou, China.

Anderson, J. R. (2008, May). Adolescent romantic relationships: Current research and U.S. trends. Invited lecture given at South China Normal University, Guangzhou, China.

Anderson, J. R. (2007, June). Becoming a marriage and family therapist in the United States: Overview of the accreditation process, degree requirements, and licensure procedures. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

Anderson, J. R. (2007, June). Promoting responsible fatherhood through U.S. federal policy. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

Anderson, J. R. (2002, March). Family Therapy: History, present status, and case implementation. Invited lecture given at South China Normal University, Guangzhou, China.

Anderson, J. R. (2002, March). Parenting strategies and case consultation. Invited presentation at the First Yu Cai Kindergarten Guang Dong, Guangzhou, China.

Invited Presentations & Workshops

Anderson, J. R. Williams, B., May, S., & Stith, S. M. (2019, January). *Update on FAP secondary prevention programs*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R. (2018, September). *Understanding Pre/Post measures and outcomes*. United States Air Force Family Advocacy Program Prevention Staff Training, San Antonio, TX.

Anderson, J. R. (2018, August). *Child and family wellbeing indicators: Atchison County*. Atchison Unity in the Community Group, Atchison, Kansas.

Anderson, J. R., Williams, B., May, S., Du, J., & Stith, S. M. (2018, January). *Secondary prevention programs: Brief overview of outcomes*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R. (2017, September). *Update on FAP secondary prevention programs*. United States Air Force Family Advocacy Program Prevention Staff Training, Orlando, FL.

Anderson, J. R., Dharnidharka, P., Du, J., Walker, M., & Ormsby, L. (2017, February). *Nurturing Parent Program Quality Assurance Evaluation*. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., Williams, B., Spencer, C., Du, J., & Stith, S. M. (2017, February).

Secondary prevention programs: Brief overview of seven-year outcomes. Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., Dharnidharka, P., Walker, M., & Ormsby, L. (2016, January). *Nurturing Parent Program Quality Assurance Evaluation.* Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., Williams, B., Novak, J., Engel, E., & Stith, S. M. (2016, January). *Secondary prevention programs: Brief overview of six-year outcomes.* Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., & Deitz, S. L. (2015, July). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Salina Regional Summit.

Anderson, J. R., & Deitz, S. L. (2015, July). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Topeka Regional Summit.

Anderson, J. R., & Deitz, S. L. (2015, June). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Pittsburg Regional Summit.

Anderson, J. R., & Deitz, S. L. (2015, June). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Wichita Regional Summit.

Anderson, J. R., & Deitz, S. L. (2015, April). Overview of 2015 Kansas child and family well-being indicators report. Presentation given at the Kansas Community Leadership Enterprise, Kansas City Regional Summit.

Anderson, J. R., Walker, M., Ormsby, L., Dharnidharka, P., & Deitz, S. L. (2015, January). *Nurturing Parent Program Quality Assurance Evaluation.* Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., Williams, B., Bird, N., Luu, S., Spencer, C., & Stith, S. M. (2015, January). *Secondary prevention programs: Brief overview of five-year outcomes.* Annual Air Force Mental Health Division Research Review Meeting, San Antonio, Texas.

Anderson, J. R., Luu, S., & Dharnidharka, P. (2014, January). *New parent support program evaluation.* Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R., Stith, S. M., Rutter, R. M., & Luu, S. (2014, January). *Secondary prevention programs: Brief overview of four-year outcomes.* Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R., Lindstrom, R., & Stith, S. M. (2013, January). *New parent support program evaluation*. Annual Air Force Supported Research Review, San Antonio, Texas.

Stith, S. M., **Anderson, J. R.,** Minner, J. S., Dominguez, M., & Cafferky, B. (2013, January). *Prevention program analyses: Secondary prevention programs, evaluation of the Family Advocacy Safety Education Seminar and overview of the partner violence risk factor meta-analysis*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R., Stith, S. M., Minner, J. S., & Johnson, M. D. (2012, February). *Secondary prevention program analyses*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R., Stith, S. M., Siqueira-Drake, A., Horst, K. (2012, February). *Understanding resiliency in Air Force couples following deployment: Final report*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R. (2012, March). *Compassion fatigue: Understanding secondary traumatic stress, burn-out, and self-care*. Workshop presented at the Chaplain Resiliency Workshop, Ft. Riley, Kansas.

Anderson, J. R., Stith, S. M., Cook, J., & Minner, J. S. (2011, February). *Secondary prevention program analyses*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R., Amanor-Boadu, Y., & Stith, S. M. (2011, February). *Understanding resiliency in Air Force couples following deployment*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R. (2011, February). *Marriage and infidelity*. Workshop presented at the Building an Army Strong Marriage Seminars, Ft. Riley, Kansas.

Anderson, J. R. (2010, January). *Marriage and infidelity*. Workshop presented at the Building an Army Strong Marriage Seminars, Ft. Riley, Kansas.

Anderson, J. R., Amanor-Boadu, Y., & Stith, S. M. (2010, January). *Understanding resiliency in Air Force couples following deployment*. Annual Air Force Supported Research Review, San Antonio, Texas.

Anderson, J. R. (2009, September). *Beyond skills deficits: How historical factors, contemporary cultural factors and individual values influence our marriages*. Presentation given at the Kansas Healthy Marriage Conference, Lawrence, Kansas.

Anderson, J. R. (2008, September). *Happily ever after? How the multiple pathways of marital quality are linked to health and well-being*. Presentation given at the Kansas Healthy Marriage Conference, Wichita, Kansas.

Nelson Goff, B. S., & **Anderson, J. R.** (2008, August). *Fort Riley Military Family Survey*. Victory Leaders Symposium, Fort Riley, KS.

- Anderson, J. R.** (2008, April). *The impact of friends, family and co-workers on our health*. A workshop presented at the 4th Annual HealthFest at the Rock Springs 4-H Center, Junction City, Kansas.
- Anderson, J. R., & Kelleher, M.** (2006, November). *Building strong relationships*. A six-hour PREP workshop conducted for clients of Community Action of Minneapolis.
- Anderson, J. R., & Von Weiss, C.** (2006, October). *Skills for building and enhancing healthy relationships*. An eight-hour PREP workshop for couples presented in Edina, MN.
- Anderson, J. R., & Von Weiss, C.** (2006, April). *Skills for building and enhancing healthy relationships*. An eight-hour PREP workshop for couples presented in Edina, MN.
- Anderson, J. R.** (2006, March). *Physically exhausted but can't sleep: A brief overview of insomnia in primary care*. Noon conference presentation at St. John's Hospital for physicians and medical residents. Woodbury, MN.
- Anderson, J. R.** (2006, March). *Who's got time to be married?* Workshop presented at the quarterly meeting of the Minnesota Retrouvaille association.
- Anderson, J. R.** (2006, January/February). *Skills for building healthy families*. A six-week psychoeducational workshop presented to individuals, couples, and families in Brooklyn Center, MN.
- Anderson, J. R.** (2001, October). *Understanding grief and bereavement*. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.
- Anderson, J. R.** (2001, March). *Being there for the bereaved*. Presentation at the First Annual Community Training Seminar presented by Homecare and Hospice, Manhattan, KS.
- Anderson, J. R.** (2000, October). *Understanding grief and bereavement*. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.

PROFESSIONAL REVIEW: ACADEMIC JOURNAL & GRANT REVIEW

Academic Journal Review

Editorial Board

2013-present Journal of Marital and Family Therapy
2016-present Family Relations

2013-2021 Journal of Marriage and Family
2020-2021 Journal of Social and Personal Relationships

(2018): Named "Reviewer of the Year" for Journal of Marital and Family Therapy
(2017): Named a "Top 50 Reviewer" for Family Relations, out of a pool of over 500 reviewers

(2016): Named a “Top 50 Reviewer” for Family Relations, out of a pool of 511 reviewers
(2015): Named a “Top 50 Reviewer” for Family Relations, out of a pool of 453 reviewers

Ad Hoc Reviewer

Journal of Family Issues, Violence and Victims, Contemporary Family Therapy, Journal of Social and Personal Relationships, Journal of Family Psychology, Psychology & Health, Journal of Behavioral Medicine, Personal Relationships, Clinical Diabetes and Endocrinology, Journal of Family Theory & Review, Military Behavioral Health

Grant Reviewer

Grant Reviewer. (2012, April). Enhancing father engagement within the United States Air Force Environment. Air Force Family Advocacy Program, San Antonio, TX.

Grant Reviewer. (2006, August). Demonstration projects in post-adoption services and marriage education. Children’s Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

Grant Reviewer. (2005, August). Demonstration projects that improve child well-being by fostering healthy marriages within underserved communities. Children’s Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

PROFESSIONAL CREDENTIALS

American Association for Marriage and Family Therapy (AAMFT) Clinical Fellow (2008-present)

American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor
Licensed Clinical Marriage & Family Therapist, State of Kansas, License No. 2854

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

American Association for Marriage and Family Therapy (AAMFT)

Student Member 1999-2007

Clinical Member 2008-present

Conference Abstract Reviewer 2008-2012

Participant in AAMFT research conference 2001, 2002

National Council on Family Relations

Student Member 2000-2007

Member 2007-present

Conference Abstract Reviewer 2003-2005, 2007-2012

Family Therapy Section Officer: Member at Large 2008-2010

International Association for Relationship Research
Member 2008-2019

Kansas Association for Marriage and Family Therapy
Member 1999-2001; 2007-2018
Board Member, Treasurer 2010-2012

Minnesota Association for Marriage and Family Therapy
Member 2002-2007

AWARDS AND HONORS

Reviewer of the Year (2018), Journal of Marital and Family Therapy
Top 5% Reviewer (2019), Journal of Social and Personal Relationships
Top 50 Reviewer (2015, 2016, 2017), Family Relations
Award Winner, College of Health and Human Sciences, Kansas State University Graduate Faculty Award, 2020
FSHS Nominee, Kansas State University Graduate Faculty Award, 2019
Award Winner, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty Excellence in Student Development, Kansas State University, 2013
Nominee, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty Excellence in Student Development, Kansas State University, 2010
Nominee, College of Human Ecology (CHE) Dawley-Scholer Award for Faculty Excellence in Student Development, Kansas State University, 2008

UNIVERSITY COMMITTEES

Department of Applied Human Sciences, AHS (Formerly the School of Family Studies and Human Services, FSHS)

CFT Doctoral Program Admissions Coordinator (2010-2016, 2022-present)
CFT Program Director Search Committee, Chair (2015-2016)
CFT Critical Conversations Committee—Faculty Sponsor (2015-2022)
AHS Department Head Search Committee (2022-23)
AHS Department Committee of Planning (DCOP), Chair (2020-21)
AHS Couples and Family Therapy UG Club Advisor (2020-2024)
FSHS Family Studies Faculty Search Committee (2016-17 Academic year)
FSHS School Director Search Committee (2013-2014)
FSHS Faculty Affairs Committee (2013, 2014)
FSHS 2025 Graduate Scholarly Experience Committee (2012, 2015)
FSHS School Director Search Committee (2008)
FSHS Undergraduate Curriculum Committee (2007-2011)
FSHS Academic Advisor Search Committee (2007)
FSHS Family Center Receptionist Search Committee (2009, 2010, 2011)
FSHS Air Force Family Advocacy Program Assistant Search Committee (2009, 2011, 2014)
FSHS MFT Faculty Search Committee (2010-11 Academic Year)

College of Health and Human Sciences, CHHS (Formerly the College of Human Ecology, CHE)

CHHS, Integrative Studies Program Committee (2020-present)
CHHS, Faculty Council, Past Chair (2020-21)
CHHS, Faculty Council, Chair (2019-20)
CHHS, College Committee on Planning, CCOP (2020-21)
CHE, Faculty Council, Chair-Elect (2018-19)
CHE, Diversity and Internationalization (DiveIn) Committee (2018-2019)
CHE, Environmental Health and Safety Committee (2018-2019)
CHE, Faculty Council (2015-16, 2016-17, 2017-18)
CHE, Hospitality Management Faculty Search Committee (2016-17 Academic Year)
CHE, Course Fee Committee (2014-16)
CHE, Faculty Affairs Committee (2012-14)
CHE, Dean Search Committee (2012-13 Academic Year)
CHE, Chair, 2025 Graduate Scholarly Experience Committee (2012)
CHE, 2025 Revision Committee (2015)

Kansas State University

FAB Social Science Review Committee (2023-24)
Faculty Senate (2011-2014)
Faculty Senate: Faculty Affairs Subcommittee (2011-2014)

STUDENTS MENTORED

Doctoral Students – Chair

2025 Ju Ann Park
Dissertation: *Motivating adult learners: Development and validation of the self-determined motivations for sexual learning scale (MSL)*

2024 Brady Eisert
Dissertation: *Do relationship investment plans increase couples' commitment to therapy?*

2023 Summer Vail (Co-Chair)
Dissertation: *Self-regulatory profile scale: Development and initial psychometric validation using Exploratory Structural Equation Modeling (ESEM)*
Current Position: Owner, Relational Wealth Therapy (SC & KS)

2023 Kara Langin
Dissertation: *Consensually non-monogamous partnerships seeking therapy: A phenomenological approach*
Current Position: Assistant Professor, Human Services Department, Washburn University, Topeka, KS

2019 Yanqun Peng
Dissertation: *The associations between attachment, sexual motivations, and sexual desire.*

- Current Position: Staff Therapist, Purdue University Counseling Center
- 2017 Stacy Conner
Dissertation: *Recovery-oriented systems of care (ROSC): Understanding individual and system-level barriers to implementation in an addictions treatment community*
Current Position: Associate Professor, Department Chair, Human Services Department, Washburn University, Topeka, KS
- 2016 Sharon L. Deitz
Dissertation: *A theoretical framework of interracial couple relationship success: Empirical findings from a sample of black-white couples*
Current Position: Visiting Assistant Professor, Department of Family Studies & Social Work, Miami University, Oxford, OH
- 2016 Darrin J. Knapp
Dissertation: *A phenomenological exploration of relationship effort in emerging adult cyclical dating relationships.*
Current Position: Associate Professor of Practice, Human Development and Family Sciences, Associate Director, Norton School of Human Ecology, University of Arizona
- 2015 Nathan R. Hardy
Dissertation: *Strengthen yourself, strengthen your relationships—A self-development based marriage and relationship education program: Development and initial pilot-testing.*
Current Position: Associate Professor & Program Director, Marriage and Family Therapy Program, Department of Human Development and Family Studies, Oklahoma State University
- 2015 Bryan Cafferky
Dissertation: *Substance use and intimate partner violence: A meta-analysis.*
Current Position: Associate Professor, School of Behavioral Health, Loma Linda University, 2016 AAMFT Dissertation Award Winner
- 2014 M. Blake Berryhill
Dissertation: *Coparenting and parental school involvement*
Current Position: Associate Professor and MFT Program Director, University of Alabama
- 2013 G. Cole Ratcliffe
Dissertation: *Redefining commitment and attractive alternatives: Re-examining the Investment Model*
Current Position: Associate Professor, Department of Home & Family, BYU-Idaho
- 2013 Adryanna Siqueira Drake
Dissertation: *Examining the relevance of parent-adolescent relationships in the romantic relationship quality of young adults*
Current Position: Clinical Assistant Professor, College of Veterinary Medicine, Kansas State University
- 2012 Rebekah D. Reyes Adams
Dissertation: *Strong communities, strong families: An examination of the association of community functioning with psychological resilience, psychopathology and family outcomes in active duty Air Force members*
Current Position: Assistant Professor of Marriage and Family Therapy, Friends University, Overland Park, KS

- 2012 Jeremy Boyle-Co-Chair with Dr. Kristy Archuleta
Dissertation: *Shared money, less conflict, stronger marriages: The relationship between money ownership perceptions, negative communication, financial satisfaction, marital satisfaction, and marital instability.*
Current Position: Owner, Boyle & Associates Counseling, Sandy, Utah
- 2012 Matthew D. Johnson
Dissertation: *Examining the association of hooking up on marital processes and quality*
Current Position: Professor, Department of Human Ecology, University of Alberta
- 2011 Jonathan J. Swinton-Co-Chair with Dr. Sandra Stith
Dissertation: *Adoptees and behavior problems: A meta-analysis*
Current Position: Executive Director, Gastineau Human Services, Juneau, AK

Doctoral Students – Committee Member

- 2024 Megan Palmer (CFT)
Dissertation: *An examination of how individuals experience a traumatic bond: A latent profile analysis expanding traumatic bonding theory.*
- 2024 Kamille Greene (CFT)
Dissertation: *Promoting change through the voices of Black graduate students: A qualitative exploration of Black graduate students in MFT programs*
- 2023 Brooke Keilholtz (CFT)
Dissertation: *Predictors and outcomes of different types of violent and cyclical relationships: A latent profile analysis*
- 2020 James Bridges (CFT)
Dissertation: *Clinical implications of privilege awareness raising for couple and family therapists: A phenomenological qualitative design.*
- 2020 Preston Morgan (CFT)
Dissertation: *The depressive symptom contagion between romantic partners explained by anxious attachment, relationship instability, and verbal aggression.*
- 2019 Eric Goodcase (CFT)
Dissertation: *Every picture tells a story: A directive content analysis of the investment model on Instagram*
- 2019 Matthew Hunter Stanfield (CFT)
Dissertation: *Examining men's disclosures, influences, and motivations for seeking therapy*
- 2019 Fatemeh Nikparvar (CFT)
Dissertation: *Therapists' experiences of working with Iranian-immigrant IPV clients in the United States*
- 2019 Sara Stolberg Berkowicz (PFP)
Dissertation: *Does gray divorce delay retirement?*
- 2018 Woo-Hyuk Kim (HM)
Dissertation: *Exploring the effectiveness of green marketing strategies in hospitality*
- 2017 Prerana Dharnidharka (MFT)
Dissertation: *Differentiation, negative attributions and sexual desire in committed relationships*
- 2017 Cameron Brown (MFT)

- Dissertation: *Chronic disease, depression, and adult attachment within romantic relationships: A longitudinal analysis of trajectories of physical health*
- 2016 Charity Clifford (MFT)
Dissertation: *Testing the instrumental and reactive motivations of romantic relational aggression*
- 2016 Jonathan Kimmes (MFT)
Dissertation: *Perception in young adult romantic relationships: A latent profile analysis of trait mindfulness in relation to attachment and attributions*
- 2015 Racquel Tibbetts (PFP)
Dissertation: *Examining how health and financial resources relates to stress*
- 2015 Edward Horwitz (PFP)
Dissertation: *Three essays on the effectiveness of financial education in the workplace*
- 2014 Sarah Lyon (MFT)
Dissertation: *Dating violence and the stay/leave decisions of young women in college*
- 2014 Kristy Soloski (MFT)
Dissertation: *Identifying and predicting trajectories of binge drinking from adolescence to young adulthood*
- 2014 Kevin Garrett (MFT)
Dissertation: *Sickle cell disease and the family: A multiple case study*
- 2013 C.J. Aducci (MFT)
Dissertation: *Chickasaw family stories of historical trauma and resilience across the generations*
- 2012 Matt Loehr (Family Studies)
Dissertation: *"I feel like they're my family": Characteristics of one successful resource couple who fosters high risk teenagers*
- 2012 Derek Hagey (MFT)
Dissertation: *Collaborative treatment of erectile dysfunction: Thoughts from the membership of the sexual medicine society of North America*
- 2011 Tim Rarick (Life Span Human Development)
Dissertation: *Importance of perceived adulthood and goal pursuit in emerging adult college students*
- 2011 Rebecca Culver-Turner (MFT)
Dissertation: *Program evaluation: Marriage and Family Therapy Program's Incorporation of Multicultural Competencies*
- 2010 Stephanie Wick (MFT)
Dissertation: *The couple adaptation to traumatic stress (CATS) model: Exploring the effects of war-related trauma and deployment on the couple relationship*
- 2009 Yvonne Amanor-Boadu (MFT)
Dissertation: *A comparison of Immigrant and Non-Immigrant Women's Decision-Making in Violent Relationships*

Master's Students – Thesis Chair

- 2024 Maria Portillo
Thesis: *Self-determination and relationship quality in consensual non-monogamous relationships*

- 2020 Christina Wilson
Thesis: *The association between differentiation of self and romantic relationship outcomes and the mediating role of communication behaviors.*
- 2017 Aimee Hubbard
Thesis: *Relationship help-seeking and the Health Belief Model: How the perceptions of threats and expectations are associated with help-seeking behavior*
- 2014 Stacy Conner
Thesis: *Frequency of pornography use is associated with lower relationship confidence through depression symptoms and physical assault among Chinese young adults*
- 2013 Sharon Luu
Thesis: *Testing the reciprocal relationships between marital attitudes, time spent together, and marital satisfaction among newlyweds: A cross-lagged path model*
- 2013 Rachel Lindstrom
Thesis (Co-chair with Dr. Amber Vennum): *Cyclicity and the relationship between neuroticism, communication, and relationship satisfaction in cohabiting couples*
- 2012 Nathan Hardy
Thesis: *Relationship confidence in newlywed military marriages: Relationship confidence partially mediates the link between attachment and communication*
- 2011 G. Cole Ratcliffe
Thesis: *The use of sexually explicit material in sex therapy*
- 2009 Matt Johnson
Thesis: *An application of marital horizon theory to dating violence perpetration*

Master's Students – Thesis Committee Member

- 2024 Mariah Moore
Thesis: *Illicit affairs: Examining the relationship between types of infidelity and IPV in men and women*
- 2020 Brooke Keilholtz
Thesis: *Examination of Black and White mothers beliefs and insecurity outcomes related to public assistance utilization and non-utilization*
- 2019 Scott May
Thesis: *Changes in sexual satisfaction across three years of the transition to parenthood predicted by sexual communication and sexual esteem*
- 2017 James Bridges
Thesis: *Instrumentalism and couple's therapy: Influential impacts on therapist's values, neutrality, and perceived role in couple's therapy*
- 2017 Laura Schachtner
Thesis: *Premarital self-disclosure predicting distal marital outcomes*
- 2017 Preston Morgan
Thesis: *Sexual and relationship satisfaction associated with shifts in dyadic trajectories of depressive symptoms in German couples across four years*
- 2016 Chelsea Spencer
Thesis: *Factors related to college students' decisions to report sexual assault*
- 2016 Allen Mallory
Thesis: *Family sexual communication and sexual attitudes: Understanding the influence*

- on couples sexual communication*
- 2014 Prerana Dharnidharka
Thesis: *From friends to romantic partners: An exploration of non-arranged romantic relationship development among young adults in India*
- 2013 James Kale Monk
Thesis: *Commitment and sacrifice in emerging adult cyclical and noncyclical romantic relationships*
- 2011 Aaron Norton
Thesis: *Internet boundaries for social networking: Impact of trust and satisfaction*
- 2010 Josh Cook
Thesis: *Predictors of sexual coercion in a college sample*
- 2009 Marcos Mendez
Thesis: *An examination of the relationship between various mental health problems and the three subfactors of the Rutgers Alcohol Problem Index*
- 2008 Tim Rarick
Thesis: *Happiness orientation and life satisfaction of emerging adults.*

Outside Chair

- 2021 Amy Sellers
Dissertation: *An autoethnography of an adoptee's search for, and reunion with, her birth family while pursuing higher education*
- 2020 Amanda Martens
Dissertation: *"Maybe next time he'll think before he cheats": Masculine honor beliefs and perceptions of women's aggressive responses to men's infidelity*
- 2016 Kevin Cook
Dissertation: *The multicultural competence of entry level housing professionals in the upper midwest*
- 2014 Mercy Palamuleni
Dissertation: *Three essays on the macroeconomics of human capital and growth*
- 2012 Tyler Freeman
Dissertation: *An investigation of the evolutionary constraints on visual attention to threat.*

TEACHING EXPERIENCE

Kansas State University

Undergraduate

HHS 101 Introduction to Well-Being
HHS 300 Money & Meaning
HHS 301 & 301z Career Well-Being
HDFS 301 The Helping Relationship
HDFS 302 Introduction to Human Sexuality
HDFS 350 Family Relationships & Gender Roles (Graduate Student Instructor, '00)
HHS 101 Introduction to Well-Being

Graduate FSHS 700 Academic Writing (MS/PHD)
FSHS 865 Human Sexuality
FSHS 868 Pre-Practicum II (MS)
FSHS 870 Principles of MFT (MS)
CFT 870 Couples & Sex Therapy (MS)
CFT 877 Individual & Family Assessment (MS)
CFT 885 Practicum in MFT (MS)
FSHS 894 Marriage & Relationship Education (MS/PhD)
FSHS 906 Statistical Methods in FSHS II (PhD-PFP program)
CFT 983 CFT Research (PhD)
CFT 985 Practicum in MFT (PhD)
CFT 986 Practicum in MFT Supervision (PhD)

University of Minnesota

Undergraduate FSOS 4150-6 The Making of a Healthy Marriage (Graduate Student
Instructor)
FSOS 4150-7 Marriage in America (Graduate Student Instructor)
FSOS 4103 Family Policy (Graduate Teaching Assistant)

CLINICAL EXPERIENCE

2007-present Clinical Supervisor/Marriage and Family Therapist, K-State Family
Center, Manhattan, KS (*Conduct clinical supervision of MS and PhD MFT students,
conduct couples therapy*)

2005-2007 Marriage and Family Therapy Doctoral Intern, Center for Life
Transformation, Brooklyn Center, MN (*Individual, couple, and family therapy*)

2003-2007 Marriage and Family Therapy Doctoral Intern, University Family
Physicians, Phalen Village Clinic, University of Minnesota Medical
School, Minneapolis, MN (*Individual, couple, and family therapy/Trained medical
residents in patient communication and conducted psychosocial consultations.*)

2001 Marriage and Family Therapy Intern, St. Isidore's Catholic Student
Center, Manhattan, KS (*Pre-marital counseling*)

2000-2001 Marriage and Family Therapy Intern, The Family Center & Family
Preservation Services, Kansas State University, Manhattan, KS (*Individual,
Couple, and Family Therapy & In-Home Family Therapy*)

2000-2001 Marriage and Family Therapy Intern, Homecare and Hospice, Manhattan,
KS (*Bereavement Counselor*)

TRAINING/CERTIFICATIONS

Structural Equation Modeling: Five-day intensive course conducted by Todd Little, PhD.
University of Kansas Summer Institutes in Statistics, Lawrence, KS. (2011)

Meta-Analysis: Five-day intensive course conducted by Noel Card, PhD. University of Kansas
Summer Institutes in Statistics, Lawrence, KS. (2012)

Certified Instructor for the Prevention and Relationship Enhancement Program (PREP)

Certified Prepare/Enrich Counselor

Certified Gottman Educator (CGE) for the Bringing Baby Home Program

Completed Instructor training in the Couples Communication Program I & II

Completed Training in the Couples Coping Enhancement Training (CCET)

Completed One-Year Couples Therapy Institute Training in the Developmental Model (Ellyn
Bader & Peter Pearson)

Completed Six-Month Sex Therapy Training with the Institute for Relational Intimacy (Martha
Kaupi)