

## **Kristin M. Anders, Ph.D.**

College of Health and Human Sciences  
Kansas State University  
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Manhattan, Kansas 66506  
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### **Education**

- Ph.D. 2017 Child and Family Studies, *The University of Tennessee, Knoxville*  
Dissertation: *Exploring Emerging Adults' Sexual Possible Selves, Development, and Pathways to Sexual Goal Attainment: A Three Part Examination*
- M.S. 2014 Child and Family Studies, *The University of Tennessee, Knoxville*  
Thesis: *Sexual Possible Selves in Emerging Adulthood*
- B.A. 2011 Psychology, *The University of Tennessee, Knoxville*  
Minor in Child and Family Studies

### **Professional Positions**

- 2025-present Associate Professor, School of Human Sciences, *Kansas State University*  
Programs: Human Development and Family Science; Prevention Science
- 2019-2025 Assistant Professor, Department of Applied Human Sciences, *Kansas State University*  
Programs: Human Development and Family Science; Prevention Science
- 2019-2019 Research Assistant Professor, School of Family Studies and Human Services, *Kansas State University*
- 2017-2019 Postdoctoral Fellow, College of Human Ecology, *Kansas State University*  
Funding: U.S. Department of Health and Human Services, *Administration for Children & Families*  
Supervisor: Dr. Michelle L. Toews

### **Publications (Peer Reviewed Journals)**

\*Undergraduate Student; \*\*Graduate Student; Impact Factor based on year of Publication

### **Articles in Refereed Journals**

Shigeto, A. & Anders, K. M. (2025). Co-rumination goals among emerging adult women in the US coping with sexual trauma. *Violence Against Women*. Advanced online publication: <https://doi.org/10.1177/10778012251362232> [Impact Factor = 1.7]

\*\*McAllister, P., Vennum, A., & **Anders, K. M.** (2025). “But it didn’t ruin me”: A feminist phenomenological analysis of trauma and healing after intimate partner violence. *Contemporary Family Therapy*. Advanced online publication: <https://doi.org/10.1007/s10591-025-09743-1> [Impact Factor = 0.7]

\*\*Rollins-Koons, A., Lawson, D., McCoy, M., Zhang, Y., & **Anders, K. M.** (2025). Achieving housing goals: Examining how housing adjustments relate to financial strain. *The Journal of Personal Finance*, 24(1), 63-75.

\*\*Astle, S., **Anders, K. M.**, \*\*McAllister, P., \*\*Hanna-Walker, V., & Yelland, E. (2025). The conceptualization and measurement of sexual self-concept and sexual self-schema: A systematic literature review. *Journal of Sex Research*, 62(1), 95-106.  
<https://doi.org/10.1080/00224499.2023.2244937> [Impact Factor = 3.6]

Shigeto, A., & **Anders, K. M.** (2025). “It’s almost boring when it should be enjoyable and fun”: College students’ definitions of bad sex. *Journal of Sex Research*, 62(4), 555-567.  
<https://doi.org/10.1080/00224499.2024.2319258> [Impact Factor = 3.6]

\*\*Astle, S., Pariera, K., **Anders, K. M.**, Brown-King, B., & Adams, M. (2024). Growing up intersex: A thematic analysis of intersex emerging adults’ key socialization experiences in childhood and adolescence. *Sex Roles*, 90(8), 994-1017. <https://doi.org/10.1007/s11199-024-01489-8> [Impact Factor = 3.8]

Olmstead, S. B., McMahan, K., & **Anders, K. M.** (2024). “It is a purposefully ambiguous term”: Examining emerging adults’ definitions of hooking up and how they vary by sex/gender and educational background. *Archives of Sexual Behavior*, 53(7), 2711-2725.  
<https://doi.org/10.1007/s10508-024-02911-8> [Impact Factor = 3.8]

\*\*Astle, S., Pariera, K., & **Anders, K. M.**, Brown-King, B., & Adams, M. (2024). “Support the shit out of them”: Intersex emerging adults’ recommendations for caregivers of an intersex child. *Sexuality & Culture*, 28(5), 2143-2174. <https://doi.org/10.1007/s12119-024-10223-1> [Impact Factor = 1.5]

\*\*Astle, S., \*\*McAllister, P., Spencer, C., \*\*Rivas-Koehl, M, Toews, M. L., & **Anders, K. M.** (2024). Mental health and substance use factors in relation to sexual violence victimization and perpetration in university samples: A meta-analysis. *Sexuality Research and Social Policy*, 21, 388-399. <https://doi.org/10.1007/s13178-023-00830-2> [Impact Factor = 2.6]

Spencer, C. M., \*\*Rivas-Koehl, M., \*\*Astle, S., Toews, M. L., \*\*McAllister, P., & **Anders, K. M.** (2024). Factors correlated with sexual assault victimization among college students in the United States: A meta-analysis. *Trauma, Violence, & Abuse*, 25, 246-259.  
<https://doi.org/10.1177/15248380221146800> [Impact factor = 10.570]

\*\*Astle, S., **Anders, K. M.**, Shigeto, A., & \*Rajesh, P. (2023). “Keep talking to me”: College-attending women’s desires for support from mothers, fathers, and friends/peers in healthy sexual decision-making. *Archives of Sexual Behavior*, 52, 1593-1606. <https://doi.org/10.1007/s10508-023-02538-1> [Impact Factor = 3.8]

\*\*Astle, S., **Anders, K. M.**, Shigeto, A., & \*Rodriguez, K. (2023). Sexual messages from mothers, fathers, peers, and media: A mixed methods latent class analysis. *Emerging Adulthood*, 11, 133-147. <https://doi.org/10.1177/21676968221098453> [Impact factor = 2.6]

Olmstead, S. B., **Anders, K. M.**, & Billen, R. (2023). Complexity in emerging adults’ emotional reactions to pornography use: It is not all good or bad. *American Journal of Sexuality Education*, 19(2), 184–210. <https://doi.org/10.1080/15546128.2023.2224122> [Impact Factor = 1.2]

Spencer, C. M., \*\*Rivas-Koehl, M., \*\*Astle, S., Toews, M. L., **Anders, K. M.**, & \*\*McAllister, P. (2023). Risk markers for male perpetration of sexual assault: A meta-analysis. *Trauma, Violence, & Abuse*, 24, 2486-2497. <https://doi.org/10.1177/15248380221097437> [Impact factor = 10.570]

\*\*Astle, S. & **Anders, K. M.** (2022). The relationship between topic-specific quality of parent-child sexual communication and measures of sexual self-concept and sexual subjectivity. *Journal of Sex Research*, 60(7), 1055–1067. <https://doi.org/10.1080/00224499.2022.2081312> [Impact Factor = 5.141]

Perez-Brena, N. J., **Anders, K. M.**, Toews, M. L., & Duncan, J. (2023). Adolescent parents’ intersecting identities and experiences: A qualitative examination of adolescents’, grandparents’, and school staff’s perspectives. *Journal of Child and Family Studies*, 32, 2665-2680. <https://doi.org/10.1007/s10826-022-02373-3> [Impact Factor = 2.784]

Olmstead, S. B., & **Anders, K. M.** (2022). Are the developmental features of emerging adulthood associated with willingness to engage in consensually nonmonogamous relationships? *Archives of Sexual Behavior*, 51(3), 1813-1822. <https://doi.org/10.1007/s10508-021-02258-4> [Impact factor = 3.8]

\*\*Astle, S., Shigeto, A., **Anders, K. M.**, \*Rodriguez, K., & \*Rajesh, P. (2022). Emerging adult men’s reports of sexual messages and desired support from parents, friends/peers, and online media in making sexual decisions during college. *Sexuality Research and Social Policy*, 19, 1598-1610. <https://doi.org/10.1007/s13178-022-00696-w> [Impact factor = 2.484]

\*\*Emanuels, S. K., Toews, M. L., Spencer, C. M., & **Anders, K. M.** (2022). Family-of-origin factors and teen dating violence victimization and perpetration: A meta-analysis. *Journal of Child and Family Studies*, 31, 1957-1967. <https://doi.org/10.1007/s10826-021-02221-w> [Impact factor = 2.784]

Perez-Brena, N. J., Toews, M. L., Feinberg, M., & **Anders, K. M.** (2022). Adapting a coparenting–focused prevention program for Latinx adolescent parents in a school context. *Family Process*, 61, 91-107. <https://doi.org/10.1111/famp.12651> [Impact Factor = 3.532]

Olmstead, S. B., \*\*McMahan, K., & **Anders, K. M.** (2021). Meanings ascribed to sex and commitment among college-attending and non-college emerging adults: A replication and extension. *Archives of Sexual Behavior*, *50*, 2435-2446. <https://doi.org/10.1007/s10508-021-02042-4> [Impact factor = 4.891]

Spencer, C. M., Toews, M. L., **Anders, K. M.**, & \*\*Emanuel, S. K. (2021). Risk markers for physical teen dating violence perpetration: A meta-analysis. *Trauma, Violence, & Abuse*, *22*(3), 619–631. <https://doi.org/10.1177/152483801987570> [Impact factor = 5.457]

**Anders, K. M.**, \*\*Goodcase, E., Yazedjian, A., & Toews, M. L. (2020). “Sex is easier to get and love is harder to find”: Costs and rewards of hooking up among first-year college students. *Journal of Sex Research*, *57*, 247-259. <https://doi.org/10.1080/00224499.2019.1667946> [Impact Factor = 5.141]

Spencer, C. M., **Anders, K. M.**, Toews, M. L., & \*\*Emanuel, S. K. (2020). Risk markers for physical teen dating violence victimization in the United States: A meta-analysis. *Journal of Youth and Adolescence*, *49*, 575-589. <https://doi.org/10.1007/s10964-020-01194-1> [Impact Factor = 4.381]

Toews, M. L., Spencer, C., **Anders, K. M.**, & \*\*Taylor, L. (2020). The role of campus environment on bystander intentions and behaviors. *Journal of American College Health*, *70*(5), 1486-1492. <https://doi.org/10.1080/07448481.2020.1807554> [Impact Factor = 3.087]

**Anders, K. M.**, & Olmstead, S. B. (2019). “Stepping out of my sexual comfort zone”: Comparing the sexual possible selves and strategies of college attending and non-college attending emerging adults. *Archives of Sexual Behavior*, *48*, 1877-1891. doi:10.1007/s10508-019-01477-0 [Impact factor = 3.223]

**Anders, K. M.**, & Olmstead, S. B. (2019). A qualitative examination of the sexual possible selves and strategies of first-semester college students: How sexual possible selves are developed during the transition to college. *Archives of Sexual Behavior*, *48*, 1859-1876. doi:10.1007/s10508-018-1332-2 [Impact factor = 3.223]

Olmstead, S. B., **Anders, K. M.**, \*\*Clemmons, D. M. A., & \*\*Davis, K. (2019). First semester college students’ perceptions of and expectations for involvement in college drinking culture. *Journal of The First-Year Experience & Students in Transition*, *31*, 51-67.

Olmstead, S. B., \*\*Norona, J. C., & **Anders, K. M.** (2019). How do college experience and sex differentiate the enactment of hookup scripts among emerging adults? *Archives of Sexual Behavior*, *48*, 1769-1783. doi:10.1007/s10508-018-1233-4 [Impact factor = 3.223]

Zorotovich, J., Johnson, E. I., & **Anders, K. M.** (2019). Subjective social status and possible selves among emerging adult college students. *Emerging Adulthood*. doi:10.1177/2167696819848242 [Impact factor = 0.974]

**Anders, K. M.,** & Olmstead, S. B. (2018). “I hope to remain the same”: Continuity and change in college students’ sexual possible selves across the first semester. *American Journal of Sexuality Education, 14*, 1-31. doi:10.1080/15546128.2018.1520669

**Anders, K. M.,** Olmstead, S. B., & Johnson, E. I. (2017). The sexual possible selves and strategies of first semester college students: What do they hope for and fear and how do they plan to get there? *Journal of Sex Research, 54*, 728-740. doi:10.1080/00224499.2016.1188877 [Impact factor = 2.902]

Olmstead, S. B., **Anders, K. M.,** & \*\*Conrad, K. A. (2017). Meanings for sex and commitment among first semester college men and women: A mixed-methods analysis. *Archives of Sexual Behavior, 46*, 1831-1842. doi:10.1007/s10508-016-0777-4 [Impact factor = 3.223]

Olmstead, S. B., \*\*Conrad, K. A., & **Anders, K. M.** (2017). First semester college students’ definitions of and expectations for engaging in hookups. *Journal of Adolescent Research, 33*, 275-305. doi:10.1177/0743558417698571 [Impact factor = 1.433]

### **Editor Reviewed Book Chapters and Encyclopedia Entries**

Olmstead, S. B., & **Anders, K. M.** (2021). Sexuality in emerging adulthood: A primer on theory. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in emerging adulthood*. New York, NY: Oxford University Press.

Olmstead, S. B., & **Anders, K. M.** (2021). Sexual activity in the context of romantic relationships. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in emerging adulthood*. New York, NY: Oxford University Press.

Olmstead, S. B., & **Anders, K. M.** (2021). Scripting theories. *Encyclopedia of Sociology* (2<sup>nd</sup> ed.). Wiley-Blackwell.

### **Manuscripts in Preparation**

\*Only first authored listed

**Anders, K. M.,** O’Toole, G., Kim, J. E., & Olthoff-Johnson, M. “So much concerning sex and my body in general”: College students’ wished for sexual health knowledge before college. (Data Analyzed, Finalizing Manuscript)

**Anders, K. M.,** \*\*Park, J. A. E., Ferraro, A. J., \*Woods, P., \*\*O’Toole, G. A. Examination of sexual identity and self-concept following a relationship dissolution. (Data Analyzed, Finalizing Manuscript)

**Anders, K. M.,** Spencer, C. M., Toews, M. L., & \*\*Emanuel, S. K. A meta-analysis of the risk markers for sexual teen dating violence: A brief report and call for more research. (Revising Manuscript)

## **Scholarly Presentations**

\*Undergraduate Student; \*\*Graduate Student; †published

### **Conference Presentations (peer-reviewed)**

**Anders, K. M.** & Shigeto, A. (2025, November). *“I would be there with them through the whole process”*: College students’ proposed course of action following a hypothetical disclosure of sexual violence. Paper submitted to the annual meeting for The Society for the Scientific Study of Sexuality, Philadelphia, PA.

**Anders, K. M.** & \*\*Kim, J. A. E. (2025, November). *A Qualitative Exploration of Healthcare Practitioners’ Experiences and Recommendations for Sexual Communication with Patients*. Poster accepted to the annual meeting for The Society for the Scientific Study of Sexuality, Philadelphia, PA.

\*\*Henault, J. L., **Anders, K. M.**, & \*\*Johnson-Olthoff, M. (2025, November). *Beyond the story: Experiences with sexually explicit literature during adolescence*. Poster accepted to the annual meeting for The Society for the Scientific Study of Sexuality, Philadelphia, PA.

\*\*O’Toole, G. A., & **Anders, K. M.** (2025, November). *Self-Determined Motivations for Contraceptive Use by College Students*. Poster submitted to the annual meeting for The Society for the Scientific Study of Sexuality, Philadelphia, PA.

\*\*Trout, C. M., Ferraro, A. J., & **Anders, K. M.** (2025, November). *Left out of the conversation? Understanding fathers’ roles in parent-child sexual communication amid divorce*. Paper submitted to the annual meeting for the National Council of Family Relations, Baltimore, MD.

\*\*Hedelund, A., \*\*Lee, H. J., Baptist, J., & **Anders, K. M.** (2025, November). *Navigating Loss: A Phenomenological Study of Bereavement Among International College Students*. Paper accepted to the annual meeting for the National Council of Family Relations, Baltimore, MD.

**Anders, K. M.**, \*\*Park, J. A. E., Ferraro, A. J., \*Woods, P., \*\*O’Toole, G. A. (2024, November). *Examination of sexual identity and self-concept following a relationship dissolution*. Poster presented at the annual meeting for The Society for the Scientific Study of Sexuality, San Diego, California.

**Anders, K. M.** & Shigeto, A. (2024, November). *Co-rumination about sexual violence among female college students*. Paper presented at the annual meeting for The Society for the Scientific Study of Sexuality, San Diego, California.

\*\*O’Toole, G. A., **Anders, K. M.**, \*Woods, P., & Ferraro, A. J. (2024, November). *Sexual orientation ambiguity following a relationship dissolution*. Poster presented at the annual meeting for The Society for the Scientific Study of Sexuality, San Diego, California.

\*\*Park, J. A. E., Ferraro, A. J., & **Anders, K. M.** (2024, November). *Why Didn't It Work?: A Qualitative Exploration of Reasons for Relationship Dissolution*. Paper presented at the annual meeting for the National Council of Family Relations, Bellevue, WA.

Toews, M. L., \*\*Henault, J., & **Anders, K. M.** (2024, July). *Predicting Sexual Violence Perpetration among College Students*. Paper presented at the annual meeting for the Violence Prevention Research Conference, Portsmouth, NH.

\*\*Park, J. A. E., Anderson, J., & **Anders, K. M.** (2024, June). *Sexual Assertiveness in New Relationships: The Mediating Effects of Clarity in Sexual Needs and Desires*. Paper presented at the annual meeting for the American Family Therapy Academy, Denver, CO.

\*\*O'Toole, G., **Anders, K. M.**, & \*\*Brown, K. (2023, November). "So much concerning sex and my body in general": College students' wished for sexual health knowledge before college. Paper presented at the annual meeting for The Society for the Scientific Study of Sexuality, New Orleans, LA.

†Olmstead, S. B., & **Anders, K. M.** (2023, November). *Testing A Sex-Focused Measure of the Developmental Features of Emerging Adulthood*. Poster presented at the annual meeting for the National Council of Family Relations, Orlando, FL.

Graf, A. S., \*\*Hanna-Walker, V., **Anders, K. M.**, & Olmstead, S. B. (2023, June). *Expanding Sexual Possible Selves into a Lifespan Model*. Poster presented at the annual meeting for the Society for the Psychological Study of Social Issues, Denver, CO.

Toews, M. L., \*\*Henault, J., & **Anders, K. M.** (2023, May). *A qualitative examination of male college students' sexual assault experiences*. Poster presented at the annual meeting for the Society for Prevention Research, Washington, D.C.

†**Anders, K. M.**, & Shigeto, A. (2022, November). "It's almost boring when it should be enjoyable and fun": College students' definitions of bad sex. Paper accepted at the annual meeting for The Society for the Scientific Study of Sexuality, Vancouver, BC.

†Olmstead, S. B., & **Anders, K. M.** (2022, November). *Emerging adults' recent hookup experiences: Differences based on college status and gender*. Paper presented at the annual meeting for National Council of Family Relations, Minneapolis, MN.

\*\*Bluhm, J., Olmstead, S. B., & **Anders, K. M.** (2022, November). "Good girl syndrome": An empirical exploration of a cultural construct. Paper presented at the annual meeting for National Council of Family Relations, Minneapolis, MN.

Toews, M. L., Duncan, J., Perez-Brena, N. J., & **Anders, K. M.** (2022, November). *Transition to parenthood among adolescents: A longitudinal examination of individual and couple development*. Paper presented at the annual meeting for National Conference on Family Relations, Minneapolis, MN.

†\*\*Astle, S., Spencer, C., Toews, M., \*\*Rivas-Koehl, M., \*\*McAllister, P., & **Anders, K. M.** (2022, November). *Factors associated with sexual assault victimization among college students in the U.S.* Paper presented at the National Council of Family Relations, Minneapolis, MN. **Won Top Student Proposal, Family & Consumer Education Section.**

**Anders, K. M.**, Spencer, C. M., \*\*Rivas-Koehl, M., \*\*McAllister, P., \*\*Astle, S., & Toews, M. L. (2021, November). *Multiple experiences of violence: The association between past victimization and sexual violence victimization during college.* Paper presented at the Society for the Study of Emerging Adulthood, virtual conference.

†\*\*Astle, S., **Anders, K. M.**, Shigeto, A. (2021, November). *Emerging Adult Men's Reports of Sexual Socialization and Desired Support from Mothers and Fathers in Making Sexual Decisions.* Paper presented at the Society for the Study of Emerging Adulthood, virtual conference.

†Olmstead, S. B., & **Anders, K. M.** (2021, November). *Sexuality in emerging adulthood: A primer on theory.* Symposium presented at the Society for the Study of Emerging Adulthood, virtual conference.

\*\*McAllister, P., \*\*Astle, S., **Anders, K. M.** (2021, November). *Sexual violence and sexual psychological well-being in emerging adulthood.* Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality in San Juan, Puerto Rico.

†\*\*Astle, S., \*\*McAllister, P., \*\*Hanna-Walker, V., **Anders, K. M.**, & Yelland, E. (2021, November). *Whose sexual self-concept and sexual self-schema is being measured and how?: A systematic literature review.* Poster presented at the annual meeting of the Society for the Scientific Study of Sexuality in San Juan, Puerto Rico.

†\*\*Astle, S., **Anders, K. M.**, \*\*McAllister, P., \*Turner, A. (2021, November). *The relationship between quality of parent-child sexual communication and measures of sexual psychological well-being.* Paper presented at the annual meeting for National Council of Family Relations, virtual conference.

\*\*You, J., **Anders, K. M.**, & Yelland, E. (2021, November). *Promoting parent-early adolescent sexual communication with a smartphone application- a literature review.* Poster presented at the annual meeting for National Council of Family Relations, virtual conference.

\*\*McAllister, P., Spencer, C. M., **Anders, K. M.**, \*\*Astle, S., Toews, M. L., & \*\*Rivas-Koehl, M. (2021, November). *Mental Health Factors and Sexual Violence Victimization and Perpetration in University Samples: A Meta-Analysis.* Paper presented at the annual meeting for National Council of Family Relations, virtual conference.

Spencer, C. M., Toews, M. L., **Anders, K. M.**, & Stith, S. (2021, November). *Are the risk markers for physical intimate partner violence perpetration similar among adolescents and adults?: A meta-analysis.* Paper presented at the annual meeting for National Council of Family Relations, virtual conference.

\*\*Rivas-Koehl, M., Spencer, C. M., Toews, M. L., **Anders, K. M.**, \*\*Astle, S., & \*\*McAllister, P. (2021, November). *Risk Markers for Male Sexual Violence Victimization on College Campuses: A Meta-Analysis*. Poster presented at the annual meeting for National Council of Family Relations, virtual conference.

†Spencer, C. M., \*\*McAllister, P., \*\*Astle, S., \*\*Rivas-Koehl, M., Toews, M. L., & **Anders, K. M.** (2021, November). *Risk Markers for Male Perpetration of Sexual Assault: A Meta-Analysis*. Poster to be presented at the annual meeting for National Council of Family Relations, virtual conference.

†Olmstead, S. B., & **Anders, K. M.** (2021, July). *Features of emerging adulthood and willingness to engage in consensual nonmonogamy*. Paper presented at the annual meeting of the International Association for Relationship Research. London, England.

†\*\*Astle, S., **Anders, K. M.**, Shigeto, A., & \*Rajesh, P. (2020, November). *College students' desires for support in healthy sexual decision-making from three sources*. Paper presented at the annual meeting for The Society for the Scientific Study of Sexuality, virtual conference.

†\*\*Astle, S., **Anders, K. M.**, Shigeto, A., & \*Rodriguez, K. (2020, November). *College students' sexual socialization from four main sources: A "mixed methods" approach*. Paper presented at the annual meeting for National Conference on Family Relations, virtual conference.

\*\*Astle, S., McAllister, P., **Anders, K. M.**, Vennum, A., Toews, M. L., \*\*Morrison, K., & \*\*Taylor, L. (2019, November). *Examining depression, sexual decision-making, and gender on adolescents' motivations for sex*. Paper presented at the annual meeting for National Conference on Family Relations, Fort Worth, TX.

†Spencer, C. M., Toews, M. L., **Anders, K. M.**, & \*\*Colburn, S. K. (2019, November). *Risk markers for physical teen dating violence perpetration: A meta-analysis*. Paper presented at the annual meeting for National Conference on Family Relations, Fort Worth, TX.

Toews, M. L., Spencer, C. M., **Anders, K. M.**, & \*\*Colburn, S. K. (2019, November). *Risk markers for emotional teen dating violence perpetration: A meta-analysis*. Paper presented at the annual meeting for National Conference on Family Relations, Fort Worth, TX.

†\*\*Colburn, S. K., Spencer, C. M., Toews, M. L., & **Anders, K. M.** (2019, November). *Family of origin risk markers for physical teen dating violence: A meta-analysis*. Paper presented at the annual meeting for National Conference on Family Relations, Fort Worth, TX.

Toews, M. L., Clifford, C., \*Gevoek, S., **Anders, K. M.**, & Vennum, A. (2019, November). *The 5 Cs of Positive Youth Development as promotive factors of mental health among adolescents*. Paper presented at the annual meeting for National Conference on Family Relations, Fort Worth, TX.

**Anders, K. M.,** & Olmstead, S. B. (2019, October). *The relationship between sexual identity development and motivations for sex among a sample of college and non-college emerging adults*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Toronto, Canada.

†Olmstead, S. B., **Anders, K. M.,** & \*\*Davis, K. (2019, October). *Do emerging adults' hookup definitions differ based on college-attendance and gender?* Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Toronto, Canada.

\*\*Astle, S., Vennum, A., \*\*McAllister, P., **Anders, K. M.,** \*\*Morrison, K., \*\*Washburn-Busk, M., \*\*Taylor, L., \*\*Goodcase, E., \*\*Kanter, J.B., & Monk, J. K. (2019, October). *So you want to broaden your impact but aren't sure how...start here!* Pre-conference workshop presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Toronto, Canada.

Vennum, A., Monk, J. K., \*\*McAllister, P., \*\*Astle, S., **Anders, K. M.,** & \*\*Goodcase, E. (2019, October). *Reducing disparities in relational and mental health outcomes through adaptive mobile relationship education*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Toronto, Canada. [**Remarkable Applied Award**]

†Toews, M. L., Perez-Brena, N. J., **Anders, K. M.,** & Duncan, J. (2019, July). *"We have a more good relationship": An overview and evaluation of a relationship education program for pregnant and parenting adolescents*. Paper presented at the mini-conference for International Association for Relationship Research in Brighton, England.

**Anders, K. M.,** \*\*Goodcase, E., \*\*Scroggs, B., Toews, M. L., Vennum, A., & \*\*Colburn, S. (2018, November). *Social norms in adolescence: Perceptions of peers' sexual and romantic behaviors and sexual values*. Paper presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

†**Anders, K. M.,** \*\*Goodcase, E., Yazedjian, A., & Toews, M. L. (2018, November). *"Sex is easier to get and love is harder to find": Costs and rewards of hooking up for college students*. Poster presented at the annual meeting for National Council on Family Relations, San Diego, CA.

Toews, M. L., **Anders, K. M.,** Perez-Brena, N. J., & \*Mayen De La Paz, S. (2018, November). *I have hope": Exploring pregnant and parenting Latino adolescents' possible selves*. Paper presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

\*\*Washburn-Busk, M., Vennum, A., **Anders, K. M.,** & Toews, M. L. (2018, November). *Predictive factors of certainty about sexual values in adolescence*. Paper presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

\*\*Goodcase, E., \*\*Love, H., & **Anders, K. M.** (2018, November). *Communication methods and relationship satisfaction in emerging adults*. Paper presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

†Perez-Brena, N. J., Toews, M. L., **Anders, K. M.**, \*\*Colburn, S., & \*Hoss, L. (2018, November). *Being “as good of parents as teenagers”*: *Intersecting experiences of adolescent parents*. Paper presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

†Olmstead, S. B., \*\*Davis, K., \*Treadway, K., & **Anders, K. M.** (2018, November). *Sex and commitment among college-attending and non-college attending emerging adults*. Poster presented at the annual meeting for National Conference on Family Relations, San Diego, CA.

Toews, M. L., \*\*Goodcase, E., \*\*Spencer, C., & **Anders, K. M.** (2018, July). *Predicting bystander behavior: An application of the theory of planned behavior*. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

†**Anders, K. M.**, & Olmstead, S. B. (2017, November) *An examination of developmental influences on emerging adults’ sexual identities*. Paper presented at the annual meeting for National Council on Family Relations, Orlando, FL.

†**Anders, K. M.**, & Olmstead, S. B. (2017, November) *Comparing the sexual possible selves and strategies of college attending versus non-college attending emerging adults*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Washington, D.C.

†Olmstead, S. B., & **Anders, K. M.** (2017, November) *Emerging adults’ emotional reactions to pornography use: Influences and outcomes*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Washington, D.C.

†Olmstead, S. B., \*\*Norona, J., & **Anders, K. M.** (2017, November) *Emerging adults’ hookup scripts: Differences based on sex and college attendance?* Paper presented at the annual meeting for National Council on Family Relations, Orlando, FL.

\*\*Halladay, M., **Anders, K. M.**, & Olmstead, S. B. (2017, November) *Sexting behaviors and sexual identity among emerging adults (college and non-college)*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Washington, D.C.

**Anders, K. M.**, Olmstead, S. B., & Moore, E. W. (2016, November) *College student’s [mis]perceptions of peer hook up behaviors: Investigating changes in injunctive and descriptive norms based on sexual identity development*. Poster presented at the annual meeting for National Council on Family Relations, Minneapolis, MN. **Won Top Student Proposal, Education & Enrichment Section.**

†Olmstead, S. B., **Anders, K. M.**, & \*\*Conrad, K. A. (2016, November) *Meanings for sex and commitment among first semester college men and women: A two study mixed-methods analysis*. Poster presented at the annual meeting for National Council on Family Relations, Minneapolis.

†**Anders, K. M.**, Olmstead, S. B., & Johnson, E. I. (2015, October). *The sexual possible selves and strategies of first semester college men and women*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Miami, FL.

†Olmstead, S. B., **Anders, K. M.**, & \*Clemmons, D. M. A. (2015, October). *Expectations for involvement in the college drinking culture among first semester college men and women*. Paper presented at the bi-annual meeting for the Society for the Study of Emerging Adulthood, Miami, FL.

Roberson, P., Zorotovich, J., & **Anders, K. M.** (2014, November). *Differences among emerging adults: A replication and extension of Amato's (2011) work*. Paper presented at the annual meeting for the National Council on Family Relations, Baltimore, MD.

†Zorotovich, J., **Anders, K. M.**, & Johnson, E. I. (2014, March). *Social status and possible selves in emerging adulthood*. Poster presented at the biennial meeting for the Society for Research on Adolescence, Austin, TX.

### **Invited Workshop**

Toews, M. L., Vennum, A., & **Anders, K. M.** (2024, May). *Building Healthy Relationships: How You Can Become the Architect*. Family and Consumer Sciences Academy, Kansas State University.

Kuborn, S., Love, H., **Anders, K. M.**, Hartenstein, J., & Ferraro, A. (2023, November). *Strengths-Based Leadership Allocation and Collaborative Action Planning for New Affiliates*. Affiliate Councils Workshop, National Council of Family Relations, Orlando, FL.

Center for Advocacy, Response, and Education Office (2023, April). *Campus Climate Survey Panel Discussion*. Sexual Assault Awareness Month event, Kansas State University. *Role*: Invited Panel Member

Henault, J., & **Anders, K. M.** (2021, June). *Bystander Intervention: Newest Research, Avenues for Advancement, and Future Implications*. Safe Zone Advanced Workshop, Kansas State University.

**Anders, K. M.** (2018, December). *Qualitative Coding Workshop*. Invited to construct and lead a coding workshop on conducting research and coding using applied thematic analysis in collaboration with Arizona State University and the University of Arizona.

### **Invited Presentations and Addresses**

**Anders, K. M.** (2025, April). *Risk Factors for Violence in Sexual and Romantic Relationships Across Adolescence and Emerging Adulthood: A Call for Research and Action*. Institute for Collaboration on Health, Intervention, and Policy (InCHIP), University of Connecticut.

**Anders, K. M.**, & Toews, M. L. (2019, October). *Data blitz: Sexual violence and coercion in emerging adulthood*. Invited presentation at the Society for the Study of Emerging Adulthood bi-annual conference, Toronto, Canada.

**Anders, K. M.** (2018, September). *#SocialMedia: Professional and research applications*. Invited presentation for K-State Graduate Student Council Professional Development Seminars at Kansas State University.

**Anders, K. M.** (2017, September). *The great sex-pectations*. Invited conference speaker at *Escape From Rape: A Cultural Change* conference at East Tennessee State University.

Olmstead, S. B., & **Anders, K. M.** (2016, September). *Emerging adult sexuality: Development, meanings, and exposure to health risks*. Series of papers presented at VOLS 2 VOLS Peer Health Education Program, University of Tennessee.

**Anders, K. M.**, Olmstead, S. B., & Johnson, E. I. (2015, March). *Sexual possible selves in emerging adulthood*. Poster presented at the College of Education, Health, and Human Sciences Dean's Advisory Board, University of Tennessee.

### **Other Presentations and Addresses**

\*\*O'Toole, G., **Anders, K. M.**, & \*\*Park, J. A. E. (2024, April). "*So much concerning sex and my body in general*": *College students' wished for sexual health knowledge before college*. Poster presented at the Research, Scholarly and Creative Activities, and Design (RSCAD) Forum, Kansas State University.

\*\*Park, J. A. E., Ferraro, A. J., & **Anders, K. M.** (2024, April). *Why Didn't It Work?: A Qualitative Exploration of Reasons for Relationship Dissolution*. Poster presented at the Research, Scholarly and Creative Activities, and Design (RSCAD) Forum, Kansas State University. **Won Top Graduate Presentation.**

\*Woods, P., Ferraro, A. J., **Anders, K. M.**, \*\*O'Toole, G. A., & Johnston, C. (2024, April). *What does it mean to be a partner? Identifying role expectations for the partner status*. Poster presented at the Research, Scholarly and Creative Activities, and Design (RSCAD) Forum, Kansas State University. **Won Top Undergraduate Presentation.**

Astle, S., **Anders, K. M.**, & Vennum, A. (2019, March). *Beyond the Journal: Methods for Engaging Researchers in Public Scholarship*. Presentation submitted for the Kansas State University Science Communication Conference, Manhattan, KS.

Halladay, M., **Anders, K. M.**, & Olmstead, S. B. (2017, March). *Sexting! It's happening: An investigation into sexting behaviors and sexual identity with emerging adults (college and non-college)*. Paper presented at the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee. **Won Viewer's Choice Award**

**Anders, K. M.**, & Olmstead, S. B. (2016, March). *College student's [mis]perceptions of peer hook up behaviors*. Poster presented at the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee.

**Anders, K. M.**, Olmstead, S. B., & Johnson, E. I. (2015, March). *Sexual possible selves in emerging adulthood*. Paper presented at the College of Education, Health, and Human Sciences annual Spring Research Colloquium, University of Tennessee.

Olmstead, S. B., **Anders, K. M.**, & Clemmons, D. M. A. (2015, February). *Expectations for involvement in the college drinking culture among first semester college men and women*. Child and Family Studies Colloquium, University of Tennessee, Knoxville.

**Anders, K. M.**, Olmstead, S. B., & Johnson, E. I. (2015, February). *Sexual possible selves in emerging adulthood*. Paper presented at the annual Quint State symposium.

Zorotovich, J., **Anders, K. M.**, & Johnson, E. I. (2014, February). *Social status and possible selves in emerging adulthood*. Paper presented at the annual Quint State symposium.

### **External Grant Seeking Experience**

2021 Toews, M. L., Vennum, A., & **Anders, K. M.** (Funded). *#RelationshipGoals-Beyond Just Talking: A Comprehensive PREP Program*. U.S. Department of Health & Human Services. **Role:** Project Co-Director; \$321,100 per year (Up to 3 years; \$963,300 total)

2021 Toews, M. L., Vennum, A., **Anders, K. M.**, & Conroy, N. E. (Not Funded). *Intersectional Trauma-Informed Violence Prevention and Response Policies and Practices: Defining and Measuring Success for Colleges and Universities*. Department of Justice. **Role:** Co-Principal Investigator, \$450,000

2021 Toews, M. L., Vennum, A., & **Anders, K. M.** (Not Funded). *#RelationshipGoals: Teen Parenting Edition*. Center for Disease Control. **Role:** Co-Investigator, \$468,654

2021 **\*\*Rivas-Koehl, M., & Anders, K.M.** (Not Funded). *Understanding the conceptualization of sexual violence: Detecting patterns in the way individuals choose to label their experiences as sexual violence*. American Psychological Foundation, \$1,250

2020 Vennum, A., Toews, M. L. & **Anders, K. M.** (Approved, Not Funded). *#RelationshipGoals: An Evidence-Informed Relationship Education Program for At-Risk Youth in High School*. Administration for Children and Families. **Role:** Co-Principal Investigator, \$4,395,524

2018 Vennum, A., Baptist, J., & Toews, M. L. (Not Funded). *Awaken: Integrating Racism and Discrimination Prevention into a Youth Violence Prevention Intervention*. National Institute on Minority Health and Health Disparities. **Role:** Collaborating Author

### **Internal Grant Seeking Experience**

2025 **Anders, K. M.** & Ferraro, A. J. (Funded). *A Three-Study Exploration of Co-Parents' Parent-Child Sexual Communication: Leveraging Integrative Perspectives in the Context of Divorce Education*. Mary L. Vanier Professorship Research Support Award. Department of Applied Human Sciences, Kansas State University, \$10,000

- 2025 **Anders, K. M.** & Ferraro, A. J. (Funded). *A Qualitative Exploration of Parent-Child Sexual Communication Practices and Congruency among Divorced and Divorcing Co-Parents*. College of Health and Human Sciences Exploratory/Developmental Research Grant, Kansas State University, \$5,000
- 2025 Spencer, C., McCoy, M., **Anders, K. M.** & Butler, M. (Funded). *Examining Financial Abuse in Military Families through the Financial Resilience Framework and Family Financial Socialization Theory*. Mary L. Vanier Professorship Research Support Award. Department of Applied Human Sciences, Kansas State University, \$10,000
- 2024 McCoy, M., Johnston, C. A., **Anders, K. M.** & Ferraro, A. J. (Not Funded). *A transdisciplinary examination of queer individuals' well-being and identity in light of transition to parenthood*. College of Health and Human Sciences Exploratory/Developmental Research Grant, Kansas State University, \$10,000
- 2023 **Anders, K. M.** & Ferraro, A. (Funded). *Identity development and sexual well-being following relationship dissolution*. Applied Human Sciences Support of Training and Research Awards, Kansas State University, \$5,000
- 2022 **Anders, K. M.** (Funded). *Practitioner-patient sexual communication: A pilot study of education, experiences, and recommendations by health care practitioners*. University Small Research Grant, Kansas State University, \$5,000
- 2020 **Anders, K. M.**, & Vennum, A. (Funded). *Increasing access to public scholarship through a mobile platform for communities and scholars: Working to elevate myrelevate through a twine assessment*. Kansas State University, FSHS Public Service Incentive Awards, \$5,000
- 2016 **Anders, K. M.** (Funded). The University of Tennessee, Hazel Taylor Spitze Graduate Fellowship, \$3,500
- 2016 **Anders, K. M.** (Not Funded). The University of Tennessee, Yates Dissertation Fellowship, \$10,000

### **Faculty Mentor of Student Grants**

- 2025 \*\*Olthoff-Johnson, M., Henault, J., & **Anders, K. M. [Faculty Mentor]**. (Under Review). Graduate Student Research Grant, The Society for the Scientific Study of Sexuality.
- 2022 \*\*Astle, S., & **Anders, K. M. [Faculty Mentor]**. (Funded). Student Research Development Award, International Academy of Sex Research. \$1,000

- 2022 \*\*Astle, S. [PI], Toews, M. [Co-I], **Anders, K. [Co-I]** (Not Funded). *The relationship between mothers' experiences of sexual violence and parent-adolescent communication about sexual violence*. NCFR Olson Grant: Bridging Research, Theory, and Practice. \$10,000
- 2022 \*\*Henault, J., Toews, M. L., & **Anders, K. M. [Faculty Mentor]**. (Funded). Robert H. Poresky Research Funding, College of Health and Human Sciences, Kansas State University. \$2,500
- 2022 \*\*Astle, S., & **Anders, K. M. [Faculty Mentor]**. (Funded). Robert H. Poresky Research Funding, College of Health and Human Sciences, Kansas State University. \$2,500
- 2021 \*\*Astle, S., & **Anders, K. M. [Co-PI]**. (Funded). *The Influence of Parent-Child Sexual Communication on Intersex Emerging Adults' Sexual Well-Being*. Society for the Study of Emerging Adulthood Small Grants Program. \$1,000

### **Research Experience**

- 2022-present SHARE Team, Principal Investigator, Department of Applied Human Science, *Kansas State University*
- Leading a team of undergraduate and graduate researchers on multiple quantitative and qualitative projects
  - Healthcare Providers sexual communication project (mixed methods)
  - College student sexual development (mixed methods)
- 2021-present CLIMATE Survey Team, Co-principal Investigator, *Kansas State University*  
Co-PIs: Dr. Michelle Toews, Clara Kientz, Jessica Henault
- Created and conducted university wide multi-part Climate Survey data collection for undergraduate and graduate students; university faculty/staff
  - Running analyses on data; manuscript preparation and dissemination
  - Meeting with and presenting findings to President's Cabinet and other university administration
- 2021-present Sexual Possible Selves Collaboration, Co-principal Investigator, *Multi-university Collaboration*  
Co-PIs: Drs. Allyson Graff (PI; *Northern Kentucky University*); Spencer Olmstead (*University of Tennessee-Knoxville*); Veronica Hanna-Walker (*University of Connecticut*)
- Received grant funding to conduct a multi-step analysis of Sexual Possible Selves Measure (Anders et al., 2017) including quantitative measurement creation and validation and qualitative interviews with specialized populations

- 2019-present IDOL Team, Co-leader, College of Health and Human Sciences, *Kansas State University*  
 Co-leaders: Drs. Anthony Ferraro & Erin Yelland
- Co-leading a team of masters and doctoral students on data collection, manuscript construction, and dissemination of research
  - Research initiatives focused on examining identity development over the lifespan and across relationship transitions
  - Grant funding for collaborative project focused on identity development and sexual well-being following relationship dissolution
- 2019-2024 HAARRT Team, Co-principal Investigator, College of Health and Human Sciences, *Kansas State University*  
 Co-PI: Dr. Michelle Toews
- Conducted a meta-analytic review of risk markers associated with sexual violence among college students
  - Constructed and implemented a national data collection on sexual violence and consent among college attending and non-college attending young adults
  - Co-leading a team of masters and doctoral students on data collection, manuscript construction, and dissemination of research
- 2017-2020 #RelationshipGoals Project, *Kansas State University*  
 Study Manager; Facilitator
- Facilitate #RG Project, a healthy relationship and sexual avoidance programming to approximately 100 7<sup>th</sup> and 9<sup>th</sup> graders per year
  - Lead focus group data collection; Help manage survey collection
- 2017-2022 Relevate, *Kansas State University*  
 Director of Communications and Marketing
- Manage and promote public presence of My Relevate and content through online communication, social media, and conference outreach
  - Create and disseminate relationship research to public audiences
- 2017-2019 Postdoctoral Fellow, College of Human Ecology, *Kansas State University*  
 Funding source: *Administration for Children & Families, U.S. Department of Health & Human Services*  
 Advisor: Dr. Michelle L. Toews
- Assisting in management and implementation of two federally funded grant interventions on healthy relationships and sexuality of adolescent youth
  - Leading qualitative coding teams and data analytics of doctoral, masters, and undergraduate students (HAARRT Team)
  - Mentoring several doctoral, master's, and undergraduate students, including voluntarily serving on a master's thesis committee
  - Assisted in constructing and writing a grant application for a NIMHD funded grant for a youth violence intervention curriculum aimed reducing interpersonal and structural racism and discrimination

- 2017-2019 Relationship Survey, *Kansas State University*  
Study Manager
- Help create and manage multi-year, longitudinal data collection among undergraduate students ( $N = 700$ )
  - Manage studies, manuscripts, and academic presentations based off multiple years of data collection
- 2016-2017 Principal Investigator/Study Director, Department of Child & Family Studies, *The University of Tennessee, Knoxville*  
Faculty Advisor/Co-PI: Dr. Spencer Olmstead
- Constructed and implemented three separate data collection series for several ongoing projects, including nationally representative data set ( $N = 800$ )
  - Led a team of doctoral graduate students in data analyses and coding meetings
  - Created and conducted qualitative interviews ( $N = 36$ ) and a two-wave longitudinal examination ( $N = 80$ )
- 2012-2017 Graduate Research Assistant, Department of Child & Family Studies, *The University of Tennessee, Knoxville*  
Supervisor(s): Drs. Spencer Olmstead; Elizabeth I. Johnson
- Directed participant recruitment and data collection for several projects
  - Conducted qualitative interviews
  - Coded and analyzed quantitative data, manuscript preparation
- 2010-2011 Undergraduate Research Assistant, Department of Experimental Psychology, *The University of Tennessee, Knoxville*  
Supervisor: Dr. Gregory Reynolds

### **Curriculum Development**

*#RELATIONSHIPGOALS-Beyond Just Talking* (an online trauma-informed relationship education curriculum for high school youth)

*#RELATIONSHIPGOALS* (a trauma-informed relationship education curriculum for high school youth)

### **Teaching Experience**

#### **Undergraduate Courses**

\*Moved to online format due to COVID-19

*Kansas State University*

HHS 200: Mind & Body (Well-Being course)

- *In-person course*: Spring 2025

HDFS 550: Application of Theories in HDFS

- *In-person course*: Fall 2024

HDFS 506: Adolescent and Emerging Adult Development

- *In-person course*: Fall 2022, Fall 2024
- *Online course*: Spring 2023

HDFS 375: Research Methods in HDFS

- *Online course*: Fall 2022

HDFS 506: Middle Childhood and Adolescence

- *In-person course*: Spring 2020\*
- *Online course*: Fall 2019; Fall 2020; Spring 2021; Fall 2021

HDFS 302: Introduction to Human Sexuality

- *In-person course*: Spring 2020\*, Spring 2022, Spring 2023
- *Online course*: Summer 2020; Spring 2021; Summer 2021

FYS 110/HDFS 110: Introduction to Human Development

- *Hybrid course*: Fall 2020
- *Online course*: Fall 2020

*The University of Tennessee, Knoxville*

CFS 240: Human Sexuality

- *In-person course*: Summer 2015; Spring 2015

## **Graduate Courses**

*Kansas State University*

HDFS 809: Qualitative Methods in HDFS

- *In-person course*: Spring 2024; Spring 2025

HDFS 852: Theories of Human Development and Family Science

- *In-person course*: Fall 2023; Fall 2024

FSHS 800: AFS First Year Graduate Seminar

- *Online course*: Fall 2020 (co-led course)

HDFS 852: Family Theories

- *In-person course*: Fall 2019; Fall 2021

FSHS 865: Human Sexuality

- *In-person course*: Summer 2019

FSHS 808: Modern Romance: Relationships in Adolescence and Emerging Adulthood

- *In-person course*: Spring 2018

## **Guest Lecturer**

*Kansas State University*

CFT 824: Parent-child Sexual Communication lecture in *Parent-Child Interaction*

HDFS 375: Research lecture series in *Research Methods in HDFS*

FSHS 979: Public scholarship in research for *Advanced Professional Issues in FSHS*

HDFS 552: Diversity in sexual violence lecture for *Families and Diversity*

HDFS 302: Created online sexual violence lecture for *Human Sexuality*

## Graduate Teaching Assistant

*The University of Tennessee, Knoxville*

CFS 211: Development in Infancy and Childhood

CFS 395: Introduction to Research Methods and Statistics

CFS 240: Human Sexuality

FYS 129: Developing Healthy Romantic Relationships (First Year Studies)

### Supervision of Graduate Teaching Assistants

\*Independent instructor

HDFS 506: Adolescent and Emerging Adult Development

- \*Bailey Grey (Fall 2023; Spring 2024)
- \*Vincent Ngafeeson (Spring 2025)

HDFS 305: Family Violence across the Life Course

- \*Summer Vail (Fall 2022)
- \*Brooke Keilholtz (Spring 2023)

HDFS 506: Middle Childhood and Adolescence

- \*Jennifer Reiger (Spring 2022)

HDFS 302: Introduction to Human Sexuality

- \*Paige McAllister (Spring 2020)
- \*Shelby Astle (Spring 2021)
- \*Julia Hagen (Spring 2022)
- \*Kamille Green (Spring 2023)
- \*Maria Portillo (Spring 2024; Fall 2024; Spring 2025)
- \*Ashley Gomes (Spring 2024; Fall 2024; Spring 2025)

### Current Graduate Student Committees (Doctoral Degree Students)

*Chair*

- Jessica Henault, Ph.D. in Prevention Science, *Kansas State University*
  - Estimated completion May 2027
- Misti Johnson-Olthoff, Ph.D. in Prevention Science, *Kansas State University*
  - Estimated completion May 2026
- Grace O'Toole, Ph.D. in Prevention Science, *Kansas State University*
  - Estimated completion May 2026

*Committee Member*

- Maria Portillo, Ph.D. in Couple and Family Therapy, *Kansas State University*
  - Estimated completion in May 2026
- Sarah Egbo, Ph.D. in Prevention Science, *Kansas State University*
  - Estimated completion May 2027

## **Current Graduate Student Committees (Master's Degree Students)**

### *Committee Member*

- Charissa Trout, M.S. in HDFS (Prevention Science), *Kansas State University*
  - Estimated completion in May 2026
- Peyton Woods, M.S. in HDFS (Prevention Science), *Kansas State University*
  - Estimated completion in May 2026

## **Completed Graduate Student Chair or Co-chair**

- Lindey Schmechel, Ph.D. in Health and Human Sciences (Couple and Family Therapy), *Completed Summer 2025*
- Katlin Brown, M.S. in HDFS (Prevention Science), *Completed Spring 2023*
- Shelby Astle, Ph.D. in Health and Human Sciences (Prevention Science), *Completed Spring 2023*
- Paige McAllister, Ph.D. in Human Ecology (Couple and Family Therapy), *Completed Spring 2022*
- Jing You, M.S. in HDFS (Applied Family Science), *Completed Summer 2020*

## **Completed Graduate Student Committee Member**

- Preshous Benjamin, Ph.D. in Health and Human Sciences (Couple and Family Therapy), *Completed Spring 2025*
- Paige Keen, Ph.D. in Health and Human Sciences (Couple and Family Therapy), *Completed Spring 2025*
- Vincent Ngafeeson, Ph.D. in Health and Human Sciences (Couple and Family Therapy), *Completed Spring 2025*
- Ju Ann Esther Park, Ph.D. in Health and Human Sciences (Couple and Family Therapy), *Completed Spring 2025*
- Brandon Ratzlaff, Ph.D. in Personal Financial Planning, *Completed Spring 2025*
- Grace Jackelen, M.S. in Gerontology, *Completed Spring 2025*
- Kristen Galle, M.S. in Gerontology, *Completed Spring 2025*
- Ashlyn Rollins-Koons, Ph.D. in Personal Financial Planning, *Completed Fall 2024*
- Maria Portillo, M.S. in HDFS (Couple and Family Therapy), *Completed Summer 2024*
- Josh Harris, Ph.D. in Personal Financial Planning, *Completed Summer 2023*
- Rhianna Nelson, M.S. in Family and Community Services, *Completed Summer 2023*
- Vanessa Eberle, M.S. in HDFS (Prevention Science), *Completed Summer 2023*
- Renee Wilkins-Clark, Ph.D. in Human Ecology (Applied Family Science), *Completed Spring 2022*
- Jennifer Andres, M.S. in Family and Community Services, *Completed Summer 2021*
- Zijun Wu, M.S. in HDFS (Applied Family Science), *Completed Summer 2021*
- Paige McAllister, M.S. in HDFS (Couples and Family Therapy), *Completed Fall 2019*
- Sarah Colburn, M.S. in HDFS (Applied Family Science), *Completed Spring 2019*

## **Completed Outside Committee Member**

- Marilyn Ashley, Ph.D. in Experimental Psychology at University of Ottawa, *Completed Spring 2025*

- Jason Hughes, Ph.D. in Special Education, Counseling, and Student Affairs, *Completed Summer 2021*

## **Service Experience**

### **Professional Service**

#### *Associate Editor:*

2025-present *Archives of Sexual Behavior*

#### *Editorial Board:*

2023-present *Journal of Sex Research*

2020-present *Archives of Sexual Behavior*

#### *Society for the Study of Emerging Adulthood*

#### Appointed Positions

2020-2022 Communications Chair (Appointed Leadership Chair)

2018-2020 Communications Co-Chair (Appointed Leadership Chair)

2017-2022 Emerging Scholar Co-Chair, Sexuality Topic Network

#### Committee Positions

2021-2021 Conference planning committee member

2021-2021 SSEA Conference Award Committee

2020-2023 ProjectCARE Leadership Team

2019-2019 Sexuality Topic Network Research Award Committee

2019-2019 Co-Chair, Sexuality and Romantic Relationship Topic Network Pre-Conference Workshop, SSEA 2019 conference

2015-2021 Conference session chair, SSEA bi-annual conference

2015-2021 Abstract reviewer, SSEA bi-annual conference

#### *National Council on Family Relations:*

2020-present Relationship Violence Focus Group Co-Chair

2018-2022 Conference session facilitator, NCFR annual conference

2017-present Abstract reviewer for NCFR annual conference

#### *Mid-Central Council on Family Relations:*

2023-2025 Co-founder and Membership and Marketing Chair

#### *Journal of Family Theory and Review*

2019-2021 Digital Scholarship Board, Member

#### *Ad hoc reviewer for scholarly journals:*

2025-present *Journal of Marriage and Family*

2024-present *Journal of Family Violence*

2024-present *Journal of Interpersonal Violence*

2023-present *Journal of Social and Personal Relationships*

2022-present *Journal of Sex Research*

2022-present *Violence, Trauma, & Abuse*  
 2022-present *Journal of Sex & Marital Therapy*  
 2021-present *Sexuality Research and Social Policy*  
 2021-present *Sex Education*  
 2020-present *Personal Relationships*  
 2020-present *Child Maltreatment*  
 2020-present *Emerging Adulthood*  
 2020-present *Marriage & Family Review*  
 2019-present *Journal of Adolescent Research*  
 2018-present *Archives of Sexual Behavior*  
 2018-present *American Journal of Sexuality Education*  
 2017-2017 *The Open Psychology Journal*

*Ad hoc reviewer in training for scholarly journals:*

2014-2017 *Journal of Sex Research*  
 2014-2017 *Archives of Sexual Behavior*  
 2014-2017 *Emerging Adulthood*

*Memberships in Professional Societies*

2024-present The Society for the Scientific Study of Sexuality (SSSS)  
 2022-present International Academy of Sex Research (IASR)  
 2019-2020 International Association for Relationship Research (IARR)  
 2017-2019 National Postdoctoral Association (NPA)  
 2016-present National Council on Family Relations (NCFR)  
 2015-2023 Society for the Study on Emerging Adulthood (SSEA)  
 2013-2015 Society for Research on Adolescence (SRA)

**University Service (Kansas State University)**

2024-present Faculty Senate, College of Health and Human Sciences Representative  
 2024-present Faculty Affairs subcommittee, College of Health and Human Sciences Representative  
 2024-present S(he) Speaks Cinema Organizing Committee  
 2023-2024 A WellCAT Journey Organizing Committee  
 2022-2024 Culture of Respect Campus Leadership Team  
 2022-present Certified Graduate Faculty-Doctoral Certification  
 2020-2021 Discrimination Grievance Process at K-State Committee  
 2020-2023 K-State Honor Council, College of Health and Human Sciences Representative  
 2020-2022 Graduate Faculty Status  
 2020-2020 Five-year Review of Associate Dean for Research Committee, College of Health and Human Sciences  
 2019-2024 Sexual Assault Task Force  
 2018-2020 Graduate Faculty Associate  
 2018-2019 Co-Chair, K-State Postdoctoral Association  
 2017-2018 Communications Officer, K-State Postdoctoral Association

### **University Service (University of Tennessee)**

2014 Graduate Student Advisory Board Panel, Child & Family Studies Representative  
2013-2015 Graduate Student Senate Representative  
2013-2015 Travel Funds Committee, Graduate Student Senate

### **Departmental Service (Kansas State University)**

2024-present Tenure Mentor/Journal Ranking Task Force Leader  
2024-2024 Rising Professionals Event Planning Team  
2023-present HDFS Recruitment and Marketing Committee  
2023-present AHS Scholarship Committee  
2022-2023 Faculty Search Committee, Human Development and Family Science  
2021-2021 HDFS ACTION Committee (Undergraduate/Graduate Curriculum Review)  
2020-2020 HDFS Academic Advisor Search Committee Chair  
2020-2021 Integrated Applied Learning Committee  
2019-2022 Professional Development Coordinator, Graduate Student Retention Committee

### **Departmental Service (University of Tennessee)**

2015-2016 Faculty Search Committee, Child and Family Studies  
2013-2015 Vice President of Child Development, Graduate Student Organization  
2013-2014 Scheduling Chair, Quint State Committee  
2012-2013 Social Committee, Graduate Student Organization  
2012-2013 Student Advisor, Department of Child & Family Studies Advising Center

### **Licensure/Certification**

2020 Wildcats Make a Pact: Bystander Intervention Trainer, *Kansas State University*  
2015 Best Practices in Teaching, *The University of Tennessee, Knoxville*  
2015 Measuring Health Disparities, *Michigan Public Health Training Center*

### **Public Scholarship**

2019 Interviewed for the Revise & Resubmit Podcast  
2019 Interviewed for the Scholars Ship Podcast

### **Community Practice Experience**

2018 Amazing Race to Empower Youth, Manhattan, KS  

- Helped plan and implement a healthy relationship community event aimed to strengthen mentor and youth relationships in Manhattan

  
2011-2012 Quality of Life Director, Hillcrest West, Knoxville, TN  

- Assisted social work department and led activity therapy to increase quality of care for patients in a skilled nursing facility

- 2011-2012 Behavioral Health Technician, Acadia Village, Louisville, TN
- Performed individual and group therapeutic sessions with adolescents diagnosed with depressive and conduct disorders

### **Honors and Awards**

- 2025 Honored as Professor of the Week, Faculty Senate, *Kansas State University*
- 2024 Nominated for the Myers-Alford Teaching Award, College of Health and Human Sciences, *Kansas State University*
- 2024 Making a Difference Award, College of Health and Human Sciences, *Kansas State University*
- 2023 Honored as Woman of Distinction, Office for the Advancement of Women in Science and Engineering, *Kansas State University*
- 2023 Awarded the Commerce Bank and W. T. Kemper Foundation Undergraduate Outstanding Teaching Award, *Kansas State University*
- 2023 Nominated for the Presidential Faculty Award for Excellence in Undergraduate Teaching, *Kansas State University* \*Note: disqualified from receiving due to being awarded Commerce Bank and W. T. Kemper Foundation award
- 2023 Nominated for the Myers-Alford Teaching Award, College of Health and Human Sciences, *Kansas State University* \*Note: disqualified from receiving due to being awarded Commerce Bank and W. T. Kemper Foundation award
- 2019 Remarkable Applied Contributions on Emerging Adulthood, *Society for Study on Emerging Adulthood: The Relevance Team*
- 2019 Nominated for the Distinguished Dissertation in Emerging Adulthood Award, *Society for Study on Emerging Adulthood*
- 2018 Membership Spotlight, *Society for Study on Emerging Adulthood*
- 2017 NCFR Honors Student, *National Council on Family Relations*
- 2017 Chancellor's Award for Extraordinary Professional Promise, *The University of Tennessee, Knoxville*
- 2017 Dean's Professional Development Award, *The University of Tennessee, Knoxville*, \$250
- 2017 Viewer's Choice Award for Oral Presentation at CEHHS Colloquium, *The University of Tennessee, Knoxville*, \$175
- 2016 Top Student Proposal, Education & Enrichment Section, *National Council on Family Relations*, \$275
- 2016 Graduate Student Senate Travel Award, *The University of Tennessee, Knoxville*, \$830
- 2015 Professional Development Award, *The University of Tennessee, Knoxville*, \$500
- 2015 Graduate Student Senate Travel Award, *The University of Tennessee, Knoxville*, \$780
- 2014 Chancellor's Fellowship Award, *The University of Tennessee, Knoxville*, \$40,000 (4-year award)
- 2014 Graduate Research Assistant Summer Assistantship, *The University of Tennessee, Knoxville*, \$3,000
- 2014 Graduate Student Senate Travel Award, *The University of Tennessee, Knoxville*, \$775