

## Internship in Kinesiology Experience

### Colin Amick

Colin is a 5th year senior in the Department of Kinesiology. Colin had an internship experience this past summer with the Sports Medicine Team for Sporting Kansas City soccer team. Colin shared a little insight to what it was like and some of what he learned this summer through this experience at the KSA meeting. Colin said he gained experience in a unique Physical Therapy setting while learning that working with athletes is a much different experience. He made several connections in the field and observed first-hand what a Physical Therapy career in sports looks like. Colin encourages students to gain internship experience to expand knowledge and explore the different settings. His favorite part was being able to interact with the players.



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# KSA

## Kinesiology Student Association Newsletter



## October - Exercise is Medicine Month

Exercise is Medicine On Campus (EIM-OC) was a success this October. EIM-OC is a program involving universities to engage in the promotion of physical activity. EIM encourages faculty, staff, and students to work together toward the overall goal of a healthy and active lifestyle. The role of KSA during this is to help promote, volunteer, participate, and share with your classmates. EIM-OC events took place during all weeks of October. Dr. Steven Blair presented to a full house in Forum Hall on October 17th on Physical Inactivity. Human Ecology Alumni Entrepreneur Award Winner Brett Bartholomew, a former Kinesiology major did a student Q&A session focused on his work in performance enhancement. Over 100 Kinesiology faculty and students as well as campus members joined in on a EIM-OC Campus Walk on October 24<sup>th</sup> was held at 12:30p.m. in Bosco Plaza. The participants were entered into a raffle for prizes like personal training sessions and a Fitbit. Want to be involved with EIM-OC. Contact a KSA Officer or EIM-OC coordinate Lauren McDaniel @[lmcdan@ksu.edu](mailto:lmcdan@ksu.edu) Come out and get involved in this unique and fun promoting of physical activity!

## Meeting History and Future Plans for KSA

This semester KSA has hosted three meetings, including an introductory meeting with Dr. Craig Harms, advisor Becky Gilmore, and Dr. Robert Pettay. The second KSA meeting hosted Lauren McDaniel and a panel of Kinesiology students to discuss their internship experience and answer questions. Lauren introduced Exercise is Medicine On Campus, and discussed internships in Kinesiology. If you are interested, or would like more information about internships for course credit or experience contact Internship Coordinator Lauren McDaniel. The November meeting hosted Sara Boro from the Education Abroad Center to talk about International opportunities. If you are interested in abroad opportunities involving Human Ecology, contact Sara Boro at the Office of International Programs. Students can look forward to the next KSA meeting, held in December, including a Holiday Gathering with Dean Buckwalter.



### **2017-2018 KSA OFFICERS**

- Katelyn Bell- President
- Paige Salts- Secretary
- Shayna Karmann- Treasurer
- Allison Bullinger- Intramurals
- Alexandra Hermann- Social Media Publicity
- Erin Kelley- Print and News Publicity
- Mary Morrissey- Exercise is Medicine Publicity
- Brooke Bennett- Exercise is Medicine Secretary
- Kelli Stallbaumer- Exercise is Medicine Vice President
- Alec Butenas- Event Development Vice President
- Hannah Mauler- Seminars President
- Amanda Goebel- KSA Meeting Coordinator Vice President

Future KSA meetings  
 December 5<sup>th</sup>  
 February 6<sup>th</sup>  
 March 6<sup>th</sup>  
 April 3<sup>rd</sup>  
 May 1<sup>st</sup>

All meetings begin at 6:30 pm