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2) fax: (202) 690-7442; or

3) email: program.intake@usda.gov

This institution is an equal opportunity provider.
Kansas SNAP-Ed programming is coordinated and delivered by Kansas State Research and Extension in 59 counties and 4 Federally Recognized Tribes across Kansas. SNAP-Ed provided direct nutrition education to youth, adults, and seniors and partnered with local agencies and organizations using multi-level intervention and community engagement to exert greater impacts among Kansans.

Over 46,000 Kansans were reached by SNAP-Ed programs through multi-level intervention.

An average of 206,162 Kansans per month received SNAP benefits.

1 in 6 Kansas adults and 1 in 5 Kansas children faced hunger during COVID-19

1 in 3 Kansas adults are obese

2 in 5 Kansans consumed fruit less than once per day

1 in 5 Kansans consumed vegetables less than once per day

1 in 4 Kansas adults are physically inactive

1 in 5 Kansas adults and 1 in 5 Kansas children faced hunger during COVID-19

We empower limited resources Kansans to make healthy food choices and become physically active by providing a series of direct education lessons, reaching over 5,500 Kansans.

Empower low-income youth and adults to eat healthy foods and be physically active

Change policies, systems, and environments to make healthy choices easier and more desirable

Collaborate with community partners and coalitions to create a culture of health

theOUTCOMES

Community Gardens
13 sites
Increased access to fresh fruits and vegetables
Reach 500 people

Food Pantries
11 sites
- Distributed Senior Farmers Market Vouchers
- Expanded Use of SNAP/EBT
Reach 400+ people

Farmers’ Markets
4 sites
Increased access to fresh fruits and vegetables
Reach 500 people

After participating in the Kansas SNAP-Ed Program, participants of all ages made behavioral changes to improve their health.

50% adults ate fruit more times a day

57% adults exercised more days for at least 30 minutes each day

54% adults made grocery lists more often

61% adults thawed foods correctly more often

44% adults ate vegetables more times a day

52% adults planned meals more often

28% adults worried about food less often

COMMUNITY PROJECTS

weAll Food Systems Project: EAT 2030: For the Betterment of All Communities, USA. Title of Kansas and Nebraska, Oklahoma Title of Kansas, Nebraska Title of Nebraska. White Gold Prize for Pulmonary Dystrophy

2020 SNAP-Ed COUNTIES OR DISTRICTS

12% Hispanic

88% Non-Hispanic

1% Native Hawaiian or Other Pacific Islander

1% American Indian or Alaska Native

2% Asian

12% Black

84% White

AND