

# PRE-NURSING

## COLLEGE OF HEALTH AND HUMAN SCIENCES

### PRE-HEALTH AT K-STATE

At K-State, we do not have “pre-health” majors. Students interested in a health career will select one of the 250 majors offered at K-State and then declare their pre-health designation. As a pre-health student, you are paired with both an academic advisor, who makes sure you are completing classes to earn your degree, and a dedicated health professions advisor, who makes sure you are meeting the requirements of your professional school as well as helping you through the application process.

One of the great things about K-State not having a “pre-health” major is that students are able to select a major that is of both interest to them but will also provide them a great educational base to build on once they enter their professional school. While nursing schools have no preferred major required for admission, there are majors whose coursework aligns best to fulfill the prerequisites required for admission to nursing school.

**Common majors: nutrition and health, kinesiology, human development and family science, integrative human sciences**



Personalized health  
career advising



Hands-on career  
preparation



Dedicated student  
organizations



Above average  
placement

### PRE-HEALTH ADVISING

Pre-Health students have at least two advisors, an academic advisor; sometimes called a major advisor, and a pre-professional advisor; sometimes called a health professions advisor.

Major advisors help students understand what they must do to complete the requirements of their major (degree). Health professions advisors help students understand what they must do to become competitive applicants to health professional schools and programs.

### WHERE DO OUR STUDENTS GO?

BAKER UNIVERSITY  
AVILA UNIVERSITY  
MIDAMERICA NAZARENE  
UNIVERSITY OF KANSAS  
UNIVERSITY OF SAINT MARY  
WASHBURN UNIVERSITY  
WICHITA STATE UNIVERSITY  
CREIGHTON UNIVERSITY

### START YOUR APPLICATION PROCESS NOW

Pre-Health students begin their application to professional school the first day they step onto their college campus. Becoming a competitive applicant to any health professional school is a process that builds over time. Here are some ways to get a head start while in high school:

1. Take the highest-level courses available to you, particularly in math and science.
2. Study to learn, not to memorize; work to develop critical thinking skills and effective study habits.
3. Learn about your desired health care career through shadowing, serving as a CNA or researching the profession thoroughly online.
4. Volunteer and serve your community to show your interest in helping others.
5. Broaden your knowledge base to develop an appreciation for different ways of thinking and living through reading or interacting with those who have a different background, socioeconomic status or lifestyle.



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## PREPARING FOR NURSING SCHOOL

- Pre-nursing students choose one of two options:
  - Complete only the prerequisites for nursing schools of interest to them (approximately 65 hours).
  - Complete a degree, incorporating prerequisites for schools of interest to them.
- There is no preferred major for those who choose to complete a bachelor's degree at K-State.
- In addition to completing courses required by the nursing schools to which they plan to apply, scoring competitively on an entrance exam like the Test of Essential Academic Skills (TEAS) or the Nurse Entrance Test (NET) is required by some nursing schools.
- Requirements at individual nursing schools vary.
- Students who complete a 4-year nursing program will receive a Bachelor of Science in Nursing degree.

### PREREQUISITE COURSES

COURSE		HOURS
ENGL 100	Expository Writing I	3
ENGL 200	Expository Writing II	3
COMM 106	Public Speaking	3
BIOL 198	Biology I	4
BIOL 455	General Microbiology	4
BIOL 441	Human Body I	4
BIOL 442	Human Body II	4
OR		
KIN 360	Anatomy & Physiology	8
CHM 110	General Chemistry	3
CHM 111	General Chemistry Lab	1
FNDH 132	Basic Nutrition	3
HDFS 110	Intro to Human Development	3
OR		
PSYCH 520	Lifespan Personality Development	3
PSYCH 110	General Psychology	3
SOCIO 211	Intro to Sociology	3
MATH 100	College Algebra	3
STAT 325	Intro to Statistics	3

### AVAILABLE SPECIAL INTEREST COURSES

Social science and humanities requirements vary considerably among nursing programs. Students are encouraged to check with the schools of interest to them for specific requirements.

Survey of Western Art History	Medical Ethics
Introduction to Literature	Medical Terminology
Introduction to Gender, Women, Sexuality	Macroeconomics
History of the United States	World Regional Geography
History of Rock and Roll	US Politics
Introduction to American Music	Introduction to Music
Introduction to Music of the World	

## K-STATE & WICHITA STATE PATHWAY TO NURSING PROGRAM

The K-State & Wichita State Pathway to Nursing Program is a unique dual degree program, giving students the opportunity to earn both a Bachelor of Science degree from K-State and a Bachelor of Science in nursing degree from Wichita State University. Students will begin the program working towards their K-State bachelor's degree while fulfilling requirements needed for the nursing program. Once requirements are met, students will then submit an application to the Wichita State Traditional nursing program. Both degree programs will be based in Manhattan, Kansas.