### General Studies (42-43 hours)

- **Communications (8-9 hours)**
  - ENGL 100 (3) Expos Writing I
  - ENGL 200 (3) Expos Writing II
  - One of the following two courses
    - COMM 105 (2) Public Speaking IA or
    - COMM 106 (3) Public Speaking I

- **Social Science (12 hours)**
  - ANTH 200 (3) Intro Cultural Anth
  - OR
    - ANTH 204 (3) Gen Ed Intro Cultural Anth
  - ECON 110 (3) Prin of Macroecon
  - OR
    - ECON 120 (3) Prin of Microecon
  - PSYCH 110 (3) Gen Psychology
  - SOCIO 211 (3) Intro Sociology

- **Humanities (6 hours)**

- **Sciences (7 hours) (One course must include a lab)**
  - (Life Science Elective)
  - (Physical Science Elective)

- **Quantitative Studies (6 hours)**
  - MATH 100 (3) College Algebra
  - OR
    - MATH 101 (3) College Algebra
  - STAT 325 (3) Intro to Statistics

- **Integrative Health & Human Sciences Core (3 hours)**
  - HHS 101 (0.5) Intro to Well-being
  - HHS 201 (0.5) Commun Well-being
  - HHS 202 (0.5) Social Well-being
  - HHS 203 (0.5) Finan Well-being
  - HHS 204 (0.5) Phys Well-being
  - HHS 301 (0.5) Career Well-being

### Professional Studies (62-63 hours)

- **B.S. in Human Development and Family Science**
- **Professional Courses (40 hours)**
  - ECED 310 (3) Early Childhood
  - HDFS 102 (1) Orient to HDFS
  - HDFS 110 (3) Intro to Human Dev
  - HDFS 301 (3) Helping Relationships
  - HDFS 302 (3) Intro to Hum Sexuality
  - HDFS 350 (3) Fam Rel/Gender Roles
  - HDFS 375 (3) Meth in HDFS
  - HDFS 506 (3) Middle Chldhd/Adolsc
  - HDFS 510 (3) Human Dev & Aging
  - HDFS 550 (3) Fam Theory & Science
  - HDFS 552 (3) Fam and Diversity
  - HDFS 670 (3) Wrkg with Parents
  - FNDH 132 (3) Basic Nutrition
  - OR
    - FNDH 352 (3) Personal Wellness
  - OR
    - PFP 105 (3) Intro to PFP
  - OR
    - PFP 310 (3) Family/Consumer Econ

### Unrestricted Electives (14-16 hours)

(Only 100-799 level undergraduate courses may be applied)

- **Professional Development Courses** (22-23 hours)

  - In consultation with advisor, select 9 credit hours in courses numbered 100 or higher related to academic and professional goals.

  - AND

  - In consultation with advisor, select 12 hours related to academic and professional goals. At least 9 hours must be at the **300-level or above**.

  - **Students are encouraged to consider** minors, certificates, and career track options identified by the HDFS faculty.

### Professional Track (14 hours)

- **Professional Track (14 hours)**
  - HDFS 590 (2) Capstone Exp in HDFS

### Internship Track (approval required) (13 - 14 hours)

- **Internship Track (approval required) (13 - 14 hours)**
  - HDFS 579 (2) HDFS Intern Orient
  - HDFS 580 (8) HDFS Internship #
  - HDFS 585 (3) HDFS Prof Seminar

- **Additional URE Available**

Each student must complete at least 30 K-State resident credits for degree consideration from K-State. Every student must complete 20 of the last 30 hours of resident credit at K-State. A minimum of 45 hours must be at a course level of 300 or above.

- **Note**: College of Health and Human Sciences requires a “C” or higher in "Professional Studies" courses, and the K-State 8 requirements must be met. Up to half of the credits required for a four-year degree may be completed at an accredited two-year college.

- **Maximum of 60 credits from a two-year institution.**

### 120 Hours Required for Graduation

- **Gr Chk**: Initial

- **K-State 8 REQUIREMENTS MET**

- **Spring 2022**