### HUMAN DEVELOPMENT AND FAMILY SCIENCE (B.S. in Family Studies & Human Services)

**Name:** My Name  
**ID:** 123456

#### GENERAL STUDIES (42-43 HOURS)

**Communications (8-9 hours)**
- ENGL 100 (3) Expos Writing I  
- ENGL 200 (3) Expos Writing II  
- One of the following two courses:
  - COMM 105 (2) Public Speaking IA or  
  - COMM 106 (3) Public Speaking 1

**Social Science (12 hours)**
- ANTH 200 (3) Intro Cultural Anth  
- OR  
- ANTH 204 (3) Gen Ed Intro Cultural Anth  
- ECON 110 (3) Prin of Macroecon  
- OR  
- ECON 120 (3) Prin of Microecon  
- PSYCH 110 (3) Gen Psychology  
- SOCIO 211 (3) Intro Sociology

**Humanities (6 hours)**

**Sciences (7 hours) (One course must include a lab)**

**Quantitative Studies (6 hours)**
- MATH 100 (3) College Algebra  
- OR  
- MATH  (3) (College level calculus course)  
- STAT 325 (3) Intro to Statistics

**Integrative Health & Human Sciences Core (3 hours)**
- HHS 101 (0.5) Intro to Well-being  
- HHS 201 (0.5) Commun Well-being  
- HHS 202 (0.5) Social Well-being  
- HHS 203 (0.5) Finan Well-being  
- HHS 204 (0.5) Phys Well-being  
- HHS 301 (0.5) Career Well-being

#### > PROFESSIONAL STUDIES (62-63 HOURS)

(Grades of 'C' or higher required)

**Professional Courses (40 hours)**
- ECED 310 (3) Early Childhood  
- HDFS 102 (1) Orient to HDFS  
- HDFS 110 (3) Intro to Human Dev  
- HDFS 301 (3) Helping Relationships  
- HDFS 302 (3) Intro to Hum Sexuality  
- HDFS 350 (3) Fam Rel/Gender Roles  
- HDFS 375 (3) Meth in HDFS  
- HDFS 506 (3) Middle Chldhd/Adolsc  
- HDFS 510 (3) Human Dev & Aging  
- HDFS 550 (3) Fam Theory & Science  
- HDFS 552 (3) Fam and Diversity  
- FNDH 132 (3) Basic Nutrition  
- OR  
- FNDH 352 (3) Personal Wellness  
- OR  
- PFP 105 (3) Intro to PFP  
- OR  
- PFP 310 (3) Family/Consumer Econ

**UNRESTRICTED ELECTIVES (14-16 HOURS)**

(Only 100-799 level undergraduate courses may be applied)

**Professional Development Courses** (22-23 hours)

In consultation with advisor, select 9 credit hours in courses numbered 100 or higher related to academic and professional goals.

**AND**

In consultation with advisor, select 12 hours related to academic and professional goals. At least 9 hours must be at the 300-level or above. Students are encouraged to consider minors, certificates, and career track options identified by the HDFS faculty.

**Professional Track (14 hours)**

- HDFS 590 (2) Capstone Exp in HDFS

**Internship Track (approval required) (13 - 14 hours)**

- HDFS 579 (2) HDFS Intern Orient  
- HDFS 580 (5) HDFS Internship #  
- HDFS 585 (3) HDFS Prof Seminar

**Certified Family Life Educator:** Certification can be completed by either track in HDFS internship vs. Area of Concentration. Each track has a different procedure for applying. Check with advisor to determine which is right for you.

#### >Professional Development Courses** (22-23 hours)

Each student must complete at least 30 K-State resident credits for degree consideration. From K-State. Every student must complete 20 of the last 30 hours of resident credit at K-State. A minimum of 45 hours must be at a course level of 300 or above.

**Note:** College of Health and Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met. Up to half of the credits required for a four-year degree may be completed at an accredited two-year college. Maximum of 60 credits from a two-year institution.

120 Hours Required for Graduation

**Gr Chk** Initial  
**Summer/Fall 2021**