## INTEGRATIVE HUMAN SCIENCES

**BIHS Bachelor of Science in Integrative Human Sciences**

### GENERAL REQUIREMENTS (34-35 HOURS)
- **Communications (9-9 hours)**
  - **ENGL 100** (3) Expos Writing I
  - **ENGL 200** (3) Expos Writing II
  - One of the following two courses:
    - **COMM 105** (2) Public Speaking IA
    - **COMM 106** (3) Public Speaking 1

- **Humanities (3 hours)**
  - Select from K-State 8 list of approved humanities courses in consultation with advisor.

- **Social Science (6 hours)**
  - **PSYCH 110** (3) Gen Psychology
  - **AND** Choose one course from the following:
    - **ECON 110** (3) Prin of Macroecon
    - **ECON 120** (3) Prin of Microecon
    - **ANTH 200** (3) Intro Cultural Anth
    - **SOCS 211** (3) Intro Sociology
    - **POLS 100** (3) Intro Political Science
    - **POLS 115** (3) U.S. Politics

- **Sciences (8 hours)**
  - **BIOL 198** (4) Prin of Biology
  - **CHM 110** (3) Gen Chemistry
  - **AND**
    - **CHM 111** (1) Gen Chemistry Lab
    - **OR**
      - **CHM 210** (4) Chemistry I

- **Quantitative Studies (6 hours)**
  - **MATH 100** (3) College Algebra
  - **STAT** (3)

- **Integrative Health & Human Sciences Core (3 hours)**
  - **HHS 101** (0.5) Intro to Well-being
  - **HHS 201** (0.5) Commun Well-being
  - **HHS 202** (0.5) Social Well-being
  - **HHS 203** (0.5) Finan Well-being
  - **HHS 204** (0.5) Phys Well-being
  - **HHS 301** (0.5) Career Well-being

### PROFESSIONAL STUDIES (78 HOURS)
- **(Grades of 'C' or higher required)**

#### Integrative Human Sciences Core Courses (18 hours)
- **IHS 110** (1) Intro Integ Human Sci
- **IHS 310** (3) Foundns of Integ Human Sci
- **IHS 410** (2) Integ Human Sci Seminar
- **IHS 400** (3) IHS Internship
- **OR**
  - **EDCI 230** (1) Early Field Exp
  - **EDSEC 535** (2) Fam & Cons Sci Meth Pract
  - **HDFS 110** (3) Intro to Human Dev
  - **HDFS 350** (3) Interpersonal & Fam Rel
  - **CNRES 531** (3) Core Conflict Resolution

#### UNRESTRICTED ELECTIVES (7-8 HOURS)**
- Only 100-799 level undergraduate courses may be applied

### Areas of Concentration (60 HOURS)
In consultation with advisor, students select FOUR areas of concentration related to their personal professional goals for a total of 60 hours*. 42 of the 60 hours must be within the College of Health & Human Sciences**, and 30 of the 60 hours must be at the undergraduate upper-level # to meet graduation requirements.

**Students who are pursuing licensure in family and consumer sciences education work with their advisor to pursue the plan of requisites that will meet Kansas state licensure standards.**

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<th>Area of Concentration #1</th>
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**120 Hours Required for Graduation**

> Grades of C or higher are required.

**K-STATE 8 REQUIREMENTS MET**

Gr Chk: Initial

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Name: ______________________
ID: ______________________

Department of Applied Human Sciences
College of Health and Human Sciences
Kansas State University

- Grades of 'C' or higher required.
- University & Board of Regents Requirements - All students:
  - A maximum of 60 credits from an accredited two-year institution may be used toward degree requirements (half of the credits required).
  - Must complete at least 30 K-State resident credits for degree consideration.
  - Must complete 20 of the last 30 hours of resident credit at K-State.
  - A minimum of 45 hours must be at a course level of 300 or above.

**Fall 2022**