

FOUR-YEAR INSTRUCTIONAL PLAN

(Suggested course sequence for Undergraduate non-certification program Athletic Training Students)

Freshman Year

Fall

Expository Writing I	ENGL	100	3
Gen. Chem & Lab/Chemistry I	CHM	110/111 or 210	4
Basic Nutrition	FNDH	132	3
College Algebra	MATH	100	3
Intro Athletic Training	FNDH	120	2
Intro Athletic Training Lab	FNDH	121	<u>1</u>
Total			16

Spring

General Psychology	PSYCH	110	3
Principles of Biology	BIOL	198	4
Behavior. Basis of Phys Act	KIN	220	4
Public Speaking I	COMM	106	3
Foundations of Human Ecology	GNHE	210	1
Intro to Nutrition & Health Prof	FNDH	115	<u>2</u>
Total			17

Sophomore Year

Fall

A&P	KIN	360	8
Care and Prevention	FNDH	320	3
Sociology	SOCIO	211	<u>3</u>
Total			14

Spring

Princ of Macroeconomics	ECON	110	3
Physiology of Exercise	KIN	335	4
Expository Writing II	ENGL	200	3
Intro to Gerontology	GERON	315	3
Humanities			<u>3</u>
Total			16

Junior Year

Fall

Research Methods	FNDH	575	3
Biomechanics	KIN	330	3
Physiology of Exercise Lab	KIN	336	1
Eval of Ath Inj Extremities	FNDH	551	3
Plane Trigonometry	MATH	150	3
Pharmacology	FNDH	553	<u>2</u>
Total			15

Spring

Introduction to Statistics	STAT	325	3
Physics I	PHYS	113	4
General Medical Conditions	FNDH	554	2
Humanities			3
* Electives			<u>3</u>
Total			15

Apply for Admission to Professional Phase for Masters degree

Senior Year

Fall

Nutrition and Exercise	FNDH	635	3
* Electives			<u>12-13</u>
Total			15-16

Spring

Nutritional Assessment	FNDH	450	2
*Electives	_____	—	<u>10</u>
Total			12

*May vary depending if MATH 220 vs MATH 100 or COMM 105 vs COMM 106