## General Studies (55-56 Hours)

### Communications (8-9 hours)
- ENGL 100  (3)  Expos Writing I
- ENGL 200  (3)  Expos Writing II
- One of the following two courses
  - COMM 105  (2)  Public Speaking IA
  - COMM 106  (3)  Public Speaking 1

### Social Science (9 hours)
- ECON 110  (3)  Prin of Macroecon
- PSYCH 110  (3)  Gen Psychology
- SOCIO 211  (3)  Intro to Sociology

### Humanities (6 hours)
- Only course of 3 or > credits applies

### Sciences (20 hours)
- BIOL 198  (4)  Prin of Biology
- BIOL 441  (4)  Human Body I
- AND
- BIOL 442  (4)  Human Body II
- OR
- KIN 360  (8)  Anatomy & Physiology
- One of the following two groups:
  - CHM 110  (3)  Gen Chemistry and
  - CHM 111  (1)  Gen Chemistry Lab
  - OR
  - CHM 210  (4)  Chemistry I
- AND
- PHYS 113  (4)  Physics I

### Quantitative Studies (9 hours)
- MATH 100  (3)  College Algebra
- MATH 150  (3)  Plane Trigonometry
- STAT 325  (3)  Intro Statistics

### Integrative Health & Human Sciences Core (3 hours)
- HHS 100  (1)  WB 1: You & Community
- HHS 200  (1)  WB 2: Mind & Body
- HHS 300  (1)  WB 3: Money & and Meaning

### Professional Studies (41 Hours)

#### Health, Athletic Training, Rehabilitation Courses (26 hours)
- FNDH 115  (3)  Intro Hlth & Nutr Professns
- FNDH 132  (3)  Basic Nutrition
- FNDH 320  (3)  Care & Prev Ath Inj
- FNDH 321  (2)  Medical Documentation
- FNDH 450  (2)  Nutritional Assessment
- FNDH 551  (3)  Eval/Ath Inj/Extrmts
- FNDH 556  (3)  Rehab & Condtn Athletic Injuries
- FNDH 575  (1)  Res in Health Sciences
- FNDH 635  (3)  Sports Nutrition
- FNDH 654  (3)  Pathophys and Clin Eval

#### Kinesiology Courses (12 hours)
- KIN 220  (4)  Biobeh Bases/Phys Act
- KIN 330  (3)  Biomechanics
- KIN 335  (4)  Physiology/Exercise
- KIN 336  (1)  Phys Ex Lab

#### Supportive Course (3 hours)
- GERON 215  (3)  Intro Gerontology

### Unrestricted Electives (23-24 Hours)
(Only 100-799 level undergraduate courses may be applied)

### 120 Hours Required for Graduation

#### Gr Chk
- Initial

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**College of Health and Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.**

**University & Board of Regents Requirements - All students:**
- A maximum of 60 credits from an accredited two-year institution may be used toward degree requirements (half of the credits required).
- Must complete at least 30 K-State resident credits for degree consideration.
- Must complete at least 15 of the last 30 upper level hours at K-State.
- A minimum of 45 hours must be at a course level of 300 or above.

**To earn the Athletic Training Certification, students must complete an accredited Masters in Athletic Training program and successfully pass the National Board Certification Examination (BOC).**

Additional information for High School, Transfer, and Post-Baccalaureate students is outlined on the next page (web), or back page (hard copy).

Please contact the Graduate Athletic Training Program Director at 785-532-5508 or fndh@k-state.edu.

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**Fall 2023 (REV. 3.14.23)**