## NUTRITION AND HEALTH  
**NHLTH**  
Bachelor of Science in Human Nutrition

### GENERAL REQUIREMENTS (43-45 hours)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
</table>
| **Communications (8-9 hours)** | ENGL 100 (3) Expository Writing I  
ENGL 200 (3) Expository Writing II |
| **Social Science (6 hours)** | ECON 110 (3) Principles of Macroeconomics  
SOCIO 211 (3) Introduction to Sociology |
| **Humanities (6 Hours)** | Only 3 hours courses may be applied |
| **Natural and Physical Sciences (16 hours)** | BIOL 198 (4) Principles of Biology  
BIOL 341 (4) Human Body I  
AND  
BIOL 342 (4) Human Body I  
OR  
KIN 360 (8) Anatomy & Physiology |
| **Physical Sciences (4 hours)** | CHM 110 (3) General Chemistry  
AND  
CHM 111 (1) General Chemistry Lab  
OR  
CHM 210 (4) Chemistry I |
| **Quantitative Studies (6-7 hours)** | MATH 100 (3) College Algebra  
OR  
MATH 220 (4) Analytic Geom. & Calculus I |
| **Statistical Studies (3-4 hours)** | STAT 325 (3) Introduction to Statistics |
| **Integrative Human Ecology Course (1 hour)** | GNHE 210 (1) Foundations of Human Ecology |

- **K-State 8 Requirements Completed**

### PROFESSIONAL STUDIES (30-31 Hours)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UNRESTRICTED ELECTIVES (44-47 Hours)</strong></td>
<td>(Only courses at the 100-799 undergraduate level may be applied)</td>
</tr>
</tbody>
</table>

#### Three courses from the following:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
</table>
| **DIDACTIC PROGRAM** | FNDH 115 (2) Intro. Nutrition & Health Prof.  
FNDH 132 (3) Basic Nutrition  
FNDH 400 (3) Human Nutrition  
FNDH 413 (4) Science of Food  
FNDH 450 (2) Nutritional Assessment  
FNDH 510 (2) Life Span Nutrition  
FNDH 575 (3) Research in Health Sciences  
FNDH 600 (3) Public Health Nutrition  
FNDH 320 (3) Care & Prevention Athletic Injuries  
FNDH 340 (3) Food & Health  
FNDH 352 (3) Personal Wellness  
FNDH 553 (2) Pharmacology in Athletic Training  
FNDH 654 (3) Pathophysiology and Clinical Evaluation  
FNDH 620 (3) Nutrient Metabolism  
FNDH 631 (3) Clinical Nutrition I  
FNDH 632 (3) Clinical Nutrition II  
FNDH 635 (3) Nutrition and Exercise  
FNDH 720 (3) Admin of Health Care Organizations  
ACCTG 231 (3) Accounting for Business Operations  
FNDH 130 (1) Careers in Nutrition and Dietetics  
FNDH 342 (4) Food Production Management  
FNDH 426 (3) Financial Management in Dietetics  
FNDH 515 (3) Counseling Strategies in Dietetics  
FNDH 560 (3) Management in Dietetics *  
FNDH 632 (3) Clinical Nutrition II  
FNDH 570 (1) Research in Dietetics Practice* |

If admitted to the Kansas State University Coordinated Program these additional courses are required: FNDH 516, 517, 519, 520, 521, 561, and 562.

### Professional Studies (30-31 Hours)

- **Grades of “C” or higher are required.**

  Up to half of the credits for a four-year degree may be completed at an accredited two-year college.  *Maximum of 60 credits from a two-year institution.*

### To become a registered dietitian (RDN) requires enrollment in the ACEND-accredited dietetics education program at K-State that requires admission to either the Coordinated Program in Dietetics or the Didactic Program in Dietetics.

- Application for the **COORDINATED PROGRAM** is completed three semesters prior to the anticipated graduation date.

- Grades of B or higher are required in all science, accounting, and FNDH courses.

### Courses required in addition to B.S. in Human Nutrition requirements:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Courses</th>
</tr>
</thead>
</table>
| **ACCTG 231** (3) Accounting for Business Operations  
**FNDH 130** (1) Careers in Nutrition and Dietetics  
**FNDH 342** (4) Food Production Management  
**FNDH 426** (3) Financial Management in Dietetics  
**FNDH 515** (3) Counseling Strategies in Dietetics  
**FNDH 560** (3) Management in Dietetics *  
**FNDH 632** (3) Clinical Nutrition II  
**FNDH 570** (1) Research in Dietetics Practice* |

Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credits at K-State. A minimum of 45 hours must be at a course level of 300 or above.

### NOTE: The College of Health & Human Sciences requires a “C” or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

### 120 hours required for graduation.

---

**Department of Food, Nutrition, Dietetics & Health  
College of Health & Human Sciences  
Kansas State University**

---

**Spring 2020 (Effective: 1/1/2020)**