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ID _____

**NUTRITION AND HEALTH
NHLTH
Bachelor of Science in Human Nutrition**

Department of Food, Nutrition, Dietetics & Health
College of Health & Human Sciences
Kansas State University

>GENERAL REQUIREMENTS (50-52 hours)

> Communications (8-9 hours)

- _____ ENGL 100 (3) Expository Writing I
- _____ ENGL 200 (3) Expository Writing II

- _____ COMM 105 (2) Public Speaking IA
- OR**
- _____ COMM 106 (3) Public Speaking I

> Social Science (6 hours)

- _____ ECON 110 (3) Principles of Macroeconomics
- _____ PSYCH 110 (3) General Psychology
- OR**
- _____ SOCIO 211 (3) Introduction to Sociology

>Humanities (6 Hours)

(Only 3 hours courses may be applied)

- _____ () _____
- _____ () _____

>Natural and Physical Sciences (23 hours)

>Biological Science (12 hours)

- _____ BIOL 198 (4) Principles of Biology
- _____ BIOL 341 (4) Human Body I
- AND**
- _____ BIOL 342 (4) Human Body II
- OR**
- _____ KIN 360 (8) Anatomy and Physiology

>Physical Sciences (11 hours)

- _____ CHM 210 (4) Chemistry I
- _____ CHM 230 (4) Chemistry II
- _____ CHM 350 (3) General Organic Chemistry

> Quantitative Studies (6-7 hours)

- _____ MATH 100 (3) College Algebra
- OR**
- _____ MATH 220 (4) Analytic Geom. and Calculus I
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- _____ STAT 325 (3) Introduction to Statistics

> Integrative Human Ecology Course (1 hour)

- _____ GNHE 210 (1) Foundations of Human Ecology

>PROFESSIONAL STUDIES (30-31 Hours)

- _____ FNDH 115 (2) Intro. Nutrition & Health Prof.
- _____ FNDH 132 (3) Basic Nutrition
- _____ FNDH 400 (3) Human Nutrition
- _____ FNDH 413 (4) Science of Food
- _____ FNDH 450 (2) Nutritional Assessment
- _____ FNDH 510 (2) Life Span Nutrition
- _____ FNDH 575 (3) Research in Health Sciences
- _____ FNDH 600 (3) Public Health Nutrition

Three courses from the following:

- _____ FNDH 320 (3) Care & Prevention Athletic Injuries
- _____ FNDH 340 (3) Food & Health
- _____ FNDH 352 (3) Personal Wellness

- _____ FNDH 553 (2) Pharmacology in Athletic Training

OR

- _____ FNDH 554 (2) General Medical Conditions in Athlete

- _____ FNDH 620 (3) Nutrient Metabolism
- _____ FNDH 631 (3) Clinical Nutrition I
- _____ FNDH 632 (3) Clinical Nutrition II
- _____ FNDH 635 (3) Nutrition and Exercise

UNRESTRICTED ELECTIVES (37-40 Hours)

(Only courses at the 100-799 undergraduate level may be applied)

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> Grades of "C" or higher are required.

Up to half of the credits for a four-year degree may be completed at an accredited two-year college. *Maximum of 60 credits from a two-year institution.

To become a registered dietitian (RDN) requires enrollment in the ACEND-accredited dietetics education program at K-State that requires admission to either the Coordinated Program in Dietetics or the Didactic Program in Dietetics.

Contact the Department of Food, Nutrition, Dietetics and Health (212 Justin Hall) for admission requirements and deadlines.

Students apply for admission to the *DIDACTIC PROGRAM* upon completion of specific course work.

Application for the *COORDINATED PROGRAM* is completed three semesters prior to the anticipated graduation date.

Grades of B or higher are required in all science, accounting, and FNDH courses.

Courses required in addition to B.S. in Human Nutrition requirements:

- _____ ACCTG 231 (3) Accounting for Business Operations
- _____ FNDH 130 (1) Careers in Nutrition and Dietetics
- _____ FNDH 342 (4) Food Production Management
- _____ FNDH 426 (3) Financial Management in Dietetics
- _____ FNDH 515 (3) Counseling Strategies in Dietetics
- _____ FNDH 560 (3) Management in Dietetics *
- _____ FNDH 632 (3) Clinical Nutrition II
- _____ FNDH 570 (1) Research in Dietetics Practice*

If admitted to the Kansas State University Coordinated Program these additional courses are required: FNDH 516, 517, 519, 520, 521, 561, and 562.

Fall 2019

Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credits at K-State. A minimum of 45 hours must be at a course level of 300 or above.

NOTE: The College of Health & Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

120 hours required for graduation.

Fall 2019 (rev. 5/28/19)