### GENERAL STUDIES (45-47 HOURS)

- **>Grades of C or above required**
- **>Communications (8-9 hours)**
  - ENGL 100 (3) Expos Writing I
  - ENGL 200 (3) Expos Writing II
- **One of the following two courses**
  - COMM 105 (2) Public Speaking 1A
  - COMM 106 (3) Public Speaking 1
- **>Social Science (6 hours)**
  - ECON 110 (3) Prin of Macroecon
  - PSYCH 110 (3) Gen Psychology
  - OR
  - SOCIO 211 (3) Intro Sociology
- **>Humanities (6 hours)**
  - OR
- **>Sciences (16 hours)**
  - **>Biological Sciences (12 hours)**
    - BIOL 198 (4) Prin of Biology
    - BIOL 441 (4) Human Body 1
    - AND
    - BIOL 442 (4) Human Body 2
    - OR
    - KIN 360 (8) Anatomy & Physiology
  - **>Physical Sciences (4 hours)**
    - CHM 110 (3) Gen Chemistry
    - CHM 111 (1) Gen Chemistry Lab
    - OR
    - CHM 210 (4) Chemistry I
- **>Quantitative Studies (6-7 hours)**
  - MATH 100 (3) College Algebra
  - OR
  - MATH 220 (4) Analy Geom/Calc I
  - STAT 325 (3) Intro to Statistics
- **>Integrative Health & Human Sciences Core (3 hours)**
  - HHS 100 (1) WB 1: You & Community
  - HHS 200 (1) WB 2: Mind & Body
  - HHS 300 (1) WB 3: Money & Meaning

### PROFESSIONAL STUDIES (32 HOURS)

- FNDH 115 (3) Intro Hlth & Nutr Professns
- FNDH 132 (3) Basic Nutrition
- FNDH 400 (3) Human Nutrition
- FNDH 413 (4) Science of Food
- FNDH 450 (2) Nutr Assessment
- FNDH 510 (2) Life Span Nutrition
- FNDH 540 (2) Nutr Education & Prog Ping
- FNDH 575 (1) Res in Health Sciences
- FNDH 600 (3) Public Health Nutr

Three courses from the following courses (9 hours)
- FNDH 320 (3) Care & Prev Ath Inj
- FNDH 352 (3) Personal Wellness
- FNDH 654 (3) Pathophys & Clin Eval
- FNDH 620 (3) Nutr Metabolism
- FNDH 631 (3) Clinical Nutrition I
- FNDH 632 (3) Clinical Nutrition II
- FNDH 635 (3) Sports Nutrition
- FNDH 720 (3) Admin Hlth Care Org

### UNRESTRICTED ELECTIVES (41-43 HOURS)

(Only 100-799 level undergraduate courses may be applied)

### NUTRITION AND HEALTH NHLTH
Bachelor of Science in Human Nutrition

120 Hours Required for Graduation

**>Grades of C or higher required.**

College of Health and Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

**University & Board of Regents Requirements - All students:**
- A maximum of 60 credits from an accredited two-year institution may be used toward degree requirements (half of the credits required).
- Must complete at least 30 K-State resident credits for degree consideration.
- Must complete at least 15 of the last 30 upper level hours at K-State.
- A minimum of 45 hours must be at a course level of 300 or above.

### K-STATE 8 REQUIREMENTS MET

Gr Chk [ ] Initial [ ]

Fall 2023