### GENERAL STUDIES (45-47 HOURS)

#### Communications (8-9)
- ENGL 100 (3) Expository Writing I
- ENGL 200 (3) Expository Writing II
- COMM 105 (2) Public Speaking I
- COMM 106 (3) Public Speaking I

#### Social Science (6 hours)
- ECON 110 (3) Principles of Macroeconomics
- PSYCH 110 (3) General Psychology
- OR
- SOCIO 211 (3) Introduction to Sociology

#### Humanities (6 hours)

#### Sciences (16 hours)

#### Biological Sciences (12 hours)
- BIOL 198 (4) Principles of Biology
- BIOL 441 (4) Human Body I
- AND
- BIOL 442 (4) Human Body II

#### Physical Sciences (4 hours)
- CHM 110 (3) General Chemistry
- OR
- CHM 111 (1) General Chemistry Laboratory
- CHM 210 (4) Chemistry I

#### Quantitative Studies (6-7 hours)
- MATH 100 (3) College Algebra
- OR
- MATH 220 (4) Analytic Geometry and Calculus I
- STAT 325 (3) Introduction to Statistics

#### Integrative Health & Human Sciences Core (3 hours)
- HHS 101 (0.5) Intro to Well-being
- HHS 201 (0.5) Community Well-being
- HHS 202 (0.5) Social Well-being
- HHS 203 (0.5) Financial Well-being
- HHS 204 (0.5) Physical Well-being
- HHS 301 (0.5) Career Well-being

### NUTRITION AND HEALTH

#### Bachelor of Science in Human Nutrition

#### PROFESSIONAL STUDIES (30-31 HOURS)
- FNDH 115 (2) Intro Health & Nutrition Professions
- FNDH 132 (3) Basic Nutrition
- FNDH 400 (3) Human Nutrition
- FNDH 413 (4) Science of Food
- FNDH 450 (2) Nutritional Assessment
- FNDH 510 (2) Life Span Nutrition
- FNDH 575 (3) Research Methods and Scientific Communication in Health Sciences
- FNDH 600 (3) Public Health Nutrition

#### Three courses from the following courses (8-9 hours)
- FNDH 320 (3) Care & Prevention of Athletic Injuries
- FNDH 340 (3) Food & Health
- FNDH 352 (3) Personal Wellness
- FNDH 553 (2) Pharmacology in Athletic Training
- OR
- FNDH 654 (3) Pathophysiology & Clinical Eval
- FNDH 620 (3) Nutrient Metabolism
- FNDH 631 (3) Clinical Nutrition I
- FNDH 632 (3) Clinical Nutrition II
- FNDH 635 (3) Nutrition and Exercise
- FNDH 720 (3) Admin of Health Care Organizations

#### UNRESTRICTED ELECTIVES (42-45 HOURS)
(Only 100-799 level undergraduate courses may be applied)

### To become a registered dietitian (RDN) requires enrollment in the ACEND-accredited dietetics education program at K-State that requires admission to either the Coordinated Program in Dietetics of the Didactic Program in Dietetics.

Contact the Department of Food, Nutritin, Dietetics and Health, 212 Justin Hall, for admission requirements and deadlines.

Students apply for admission to the DIDACTIC PROGRAM upon completion of specific course work.

Application for the COORDINATED PROGRAM is completed three semesters prior to the anticipated graduation date.

Grades of B or higher are required in all science, accounting, and FNDH courses.

Courses required in addition to the B.S. in Human Nutrition requirements:
- FNDH 130 (3) Careers in Nutrition and Dietetics
- FNDH 342 (4) Food Production Management
- FNDH 426 (3) Financial Management in Dietetics
- FNDH 515 (3) Counseling Strategies in Dietetics
- FNDH 560 (3) Management in Dietetics*
- FNDH 632 (3) Clinical Nutrition II
- FNDH 570 (1) Research in Dietetics Practice*

If admitted to the Kansas State University Coordinated Program these additional courses are required:
- FNDH 516, 517, 519, 520, 521, 561, and 562.

Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credit at K-State. A

Note: The College of Health and Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

Up to half of the credits required for a four-year degree may be completed at an accredited two-year college.

### 120 Hours Required for Graduation

#### K-STATE 8 REQUIREMENTS COMPLETE

Fall 2020 (Rev. 4-9-20)