

# Kansas State University

## Human Nutrition - Nutrition and Health - Bachelor of Science

### COURSE SEQUENCE GUIDE

1

FALL		
ENGL 100	Expository Writing I	3
COMM 105 OR COMM 106	Public Speaking IA Public Speaking I	2 3
PSYCH 110 OR SOCIO 211	General Psychology Introduction to Sociology	3 3
FNDH 115	Health & Nutrition Professions	2
FNDH 132	Basic Nutrition	3
HHS 101	Intro to Well-being	0.5
HHS 201	Community Well-being	0.5
		14-15

SPRING		
BIOL 198	Principles of Biology	4
CHM 110/111 OR CHM 210	General Chemistry/Lab Chemistry 1	4 3
MATH 100 OR MATH 220	College Algebra Analytic Geometry & Calculus 1	3 4
_____	Humanities	3
HHS 202	Social Well-Being	0.5
HHS 203	Financial Well-Being	0.5
		15-16

2

ENGL 200	Expository Writing II	3
ECON 110	Principles of Macroeconomics	3
_____	Humanities	3
_____	Professional Electives	3
_____	Unrestricted Electives	3
		15

BIOL 441 & 442 OR KIN 360	Human Body 1 & II Anatomy and Physiology	8 3
STAT 325	Introduction to Statistics	3
FNDH 400	Human Nutrition**	3
_____	Unrestricted Elective	3
		17

3

FNDH 413	Science of Food	4
FNDH 575	Research & Health Sciences	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
HHS 204	Physical Well-being	0.5
HHS 301	Career Well-being	0.5
		14

FNDH 450	Nutritional Assessment**	2
_____	Professional Electives	3
_____	Professional Electives	3
_____	Professional Electives	3
_____	Unrestricted Elective	3-4
		14-15

4

FNDH 600	Public Health Nutrition*	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
		15

FNDH 510	Life Span Nutrition**	2
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3
_____	Unrestricted Elective	3-5
		14-16

"C" or higher in Professional Studies courses

\* Offered Fall Semester Only

\*\* Offered Spring Semester Only

**120 hours required for graduation**

Fall 2020