

SUGGESTED COURSE SEQUENCE FOR NUTRITION AND HEALTH NHLTH

FRESHMAN

ENGL 100	Expository Writing I	3
COMM 105	Public Speaking IA	2
	OR	
COMM 106	Public Speaking I	3
PSYCH 110	General Psychology	3
	OR	
SOCIO 211	Introduction to Sociology	<u>3</u>
FNDH 115	Intro Nutrition & Health Prof.	2
FNDH 132	Basic Nutrition	3
GNHE 210	Foundations of Human Ecology	1
CHM 210	Chemistry I	4
CHM 230	Chemistry II	4
BIOL 198	Principles of Biology	4
MATH 100	College Algebra	3
	OR	
MATH 220	Analytic Geometry & Calculus 1	<u>4</u>
		29-31

SOPHOMORE

ENGL 200	Expository Writing II	3
ECON 110	Principles of Macroeconomics	3
BIOL 341	Human Body I	4
BIOL 342	Human Body II	4
	OR	
KIN 360	Anatomy and Physiology	8
CHM 350	General Organic Chemistry	3
STAT 325	Introduction to Statistics	<u>3</u>
		20

JUNIOR

FNDH 400	Human Nutrition**	3
FNDH 413	Science of Food	4
FNDH 450	Nutritional Assessment**	2
FNDH 575	Research in Health Sciences	3
	11	
_____	Professional Elective Choice	<u>3</u>
		15

SENIOR

FNDH 510	Life Span Nutrition**	2
FNDH 600	Public Health Nutrition	3
_____	Professional Elective Choice	3
_____	Professional Elective Choice	<u>3</u>
		11

Courses that may be taken any semester:

Humanities Electives	6 Hours
Unrestricted Electives	37-40 Hours

* Fall only
** Spring only