

# Nutrition and Kinesiology

## NUKIN

### Recommended Sequence

#### First Year

<u>Fall</u>				<u>Spring</u>			
ENGL	100	Expository Writing I	3	COMM	106	Public Speaking I (preferred)	3
MATH	100	College Algebra	3	CHM	210	Chemistry I	4
FNDH	132	Basic Nutrition	3	CIS	101	Intro Computing System, Info Search, Security	1
PSYCH	110	General Psychology	3	CIS	102	Spreadsheet Apps.	1
		<b>OR</b>	3	CIS	103	Database Apps	1
SOCIO	211	Intro to Sociology	3	CIS	104	Word Processing Apps	1
KIN	220	Biobehavioral Bases Physical Activity	4	GNHE	210	Foundations in Human Ecology	1
			16				12

#### Second Year

<u>Fall</u>				<u>Spring</u>			
ENGL	200	Expository Writing II	3	KIN	360	Anatomy and Physiology	8
BIOL	198	Principles of Biology	4	ECON	110	Principles of Macroeconomics	3
CHM	230	Chemistry II	4				11
KIN	310	Measure Res Techniques in Kinesiology	4				
			15				

#### Third Year

<u>Fall</u>				<u>Spring</u>			
FNDH	413	Science of Food	4	BIOCH	521	General Biochemistry	3
KIN	335	Physiology of Exercise	4	FNDH	400	Human Nutrition	3
CHM	350	Organic Chemistry	3	FNDH	450	Nutritional Assessment	2
STAT	325	Intro to Statistics	3	KIN	336	Physiology of Exercise Lab	1
			14	KIN	601 or 603 or 607		3
							12

#### Fourth Year

<u>Fall</u>				<u>Spring</u>			
FNDH	600	Public Health Nutrition*	3	FNDH	510	Life Span Nutrition**	2
FNDH	620	Nutrient Metabolism*	3	FNDH	575	Research in Health Science	3
KIN	345	Public Health Physical Activity	5	KIN	—	300- Level or above elective course	3
KIN	602 or 610 or 612 or 616 or 655		3	—	—	Humanities course	3
			14	—	—	Humanities course	3
							14

#### Fifth Year

<u>Fall</u>				<u>Spring</u>			
FNDH	631	Clinical Nutrition I *	3	FNDH	632	Clinical Nutrition II **	3
FNDH	635	Nutrition and Exercise*	3	KIN	—	300- Level or above elective course	3
BIOL	455	Microbiology	(4)	KIN	—	300- Level or above elective course	3
		<b>OR</b>	(3)				9
FNDH	340	Food and Health	(3)				
KIN	—	300-level or above elective course	3				
			12-13				

\*Fall only \*\* Spring Only

Fall 2019