**K-STATE CORE (34 HOURS)**

- English (6 hours)
  - ENGL 100 (3) Expos Writing I
  - ENGL 200 (3) Expos Writing II

- Communications (3 hours)
  - COMM 106 (3) Public Speaking 1
  - COMM 322 (3) Intrprsnl Comm

- Math and Statistics (3 hours)
  - Math Pathways TBD

- Natural and Physical Sciences (4-5 hours)
  - One Subject area only, must include a lab

- Social Science (6 hours)
  - At least 2 courses in 2 subject areas

- Arts and Humanities (6 hours)
  - At least 2 courses in 2 subject areas

- Free Electives (6 hours)
  - Any 100 or 200 level courses may apply.

**K-STATE CORE MET**

**University Degree Requirements**

Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students must meet: [https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduatedegreerequirements](https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduatedegreerequirements)

**PROGRAM REQUIREMENTS (82 HOURS)**

- If any of the following courses are applied toward K-State Core Requirements, please consult your advisor on additional courses to meet the 120 hours.

**HHS Courses (3 Hours)**

- HHS 100 (1) WB 1: You & Community
- HHS 200 (1) WB 2: Mind & Body
- HHS 300 (1) WB 3: Money & Meaning

>Professional Courses (82 Hours)

- At least 2 courses in 2 subject areas

>Biological Sciences (20 hours)

- BIOL 198 (4) Prin of Biology
- BIOL 255 (4) Gen Microbiology
- BIOL 441 (4) Human Body I
- BIOL 442 (4) Human Body II
- BIOL 450 (4) Modern Genetics

>Physical Sciences (27 hours)

- BIOCH 521 (3) Gen Biochem
- CHM 210 (4) Chemistry I
- CHM 230 (4) Chemistry II
- CHM 531 (3) Org Chemistry I
- CHM 532 (2) Org Chemistry Lab
- CHM 550 (3) Org Chemistry II
- PHYS 113 (4) Gen Physics I
- PHYS 114 (4) Gen Physics II

>Nutritional Sciences (32 hours)

- FNDH 115 (3) Intro Hlth & Nutr Professns
- FNDH 132 (3) Basic Nutrition
- FNDH 313 (4) Science of Food
- FNDH 400 (3) Human Nutrition
- FNDH 450 (2) Nutr Assessment
- FNDH 510 (2) Life Span Nutrition
- FNDH 540 (2) Nutr Education & Prog Plng
- FNDH 575 (1) Res in Health Sciences
- FNDH 600 (3) Public Health Nutr
- FNDH 620 (3) Nutr Metabolism
- FNDH 631 (3) Clinical Nutrition I
- FNDH 632 (3) Clinical Nutrition II

**UNRESTRICTED ELECTIVES (4 HOURS)**

Only 100-799 level undergraduate courses may be applied

>Grades of C or higher are required.

**120 Hours Required for Graduation**

Gr Chk Initial Fall 2024

*Please refer to the DARS audit for official application of credits.*