

Name: _____

ID: _____

SPORTS NUTRITION

SPTNU

Bachelor of Science in Sports Nutrition

Department of Food, Nutrition, Dietetics & Health
College of Health and Human Sciences
Kansas State University

GENERAL STUDIES (50-57 HOURS)

>Communications (8-9 hours)

ENGL 100 (3) Expository Writing I

ENGL 200 (3) Expository Writing II

One of the following two courses

COMM 105 (2) Public Speaking IA

COMM 106 (3) Public Speaking 1

>Social Science (6 hours)

ECON 110 (3) Principles of Macroeconomics

OR

ECON 120 (3) Principles of Microeconomics

PSYCH 110 (3) General Psychology

OR

SOCIO 211 (3) Introduction to Sociology

>Humanities (6 hours) *Only course of 3 credits or more*

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>Sciences (21-26 hours)

BIOL 198 (4) Principles of Biology

BIOL 441 (4) Human Body I

AND

BIOL 442 (4) Human Body II

OR

KIN 360 (8) Anatomy and Physiology

CHM 110 (3) General Chemistry and

CHM 111 (1) General Chemistry Laboratory

OR

CHM 210 (4) Chemistry I

AND

CHM 230 (4) Chemistry II

AND

CHM 350 (3) Organic Chemistry

AND

BIOCH 521 (3) General Biochemistry

OR

BIOCH 265 (5) Introductory Organic & Biochemistry

>Quantitative Studies (6-7 hours)

MATH 100 (3) College Algebra

OR

MATH 150 (3) Plane Trigonometry

OR

MATH 220 (4) Analytic Geometry and Calculus I

STAT 325 (3) Introduction to Statistics

>Integrative Health & Human Sciences Core (3 hours)

HHS 101 (0.5) Intro to Well-being

HHS 201 (0.5) Community Well-being

HHS 202 (0.5) Social Well-being

HHS 203 (0.5) Financial Well-being

HHS 204 (0.5) Physical Well-being

HHS 301 (0.5) Career Well-being

UNRESTRICTED ELECTIVES (15-22 HOURS)

(Only 100-799 level undergraduate courses may be applied)

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Note: The College of Health and Human Sciences requires a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.

Up to half of the credits required for a four-year degree may be completed at an accredited two-year college.

Maximum of 60 credits from a two-year institution.

>PROFESSIONAL STUDIES (48 HOURS)

>Sports Nutrition Core (42 hours)

FNDH 115 (2) Intro Health & Nutrition Prof

FNDH 132 (3) Basic Nutrition

FNDH 400 (3) Human Nutrition

FNDH 413 (4) Science of Food

FNDH 450 (2) Nutritional Assessment

FNDH 510 (2) Life Span Nutrition

FNDH 575 (3) Research Methods and Scientific Communications in Health Sciences

FNDH 620 (3) Nutrient Metabolism

FNDH 631 (3) Clinical Nutrition I

FNDH 635 (3) Sports Nutrition

KIN 220 (4) Biobehavioral Bases Phys Activity

KIN 335 (4) Physiology of Exercise

KIN 380 (3) Principles of Exercise Training

KIN 594 (3) Sport & Exercise Psychology

OR

EDSEC 250 (3) Scientific Principles of Coaching

>Upper-level FNDH Courses (6 hours) (300-level or above only)

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Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credit at K-State. A minimum of 45 hours must be at a course level of 300 or above.

120 Hours Required for Graduation

>Grades of "C" or higher are required

K-STATE 8 REQUIREMENTS COMPLETE

Fall 2020 (Rev. 4-16-20)